

4. Instruction tables

Lists of instruction latencies, throughputs and micro-operation breakdowns for Intel, AMD, and VIA CPUs

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Introduction

This is the fourth in a series of five manuals:

1. Optimizing software in C++: An optimization guide for Windows, Linux, and Mac platforms.
2. Optimizing subroutines in assembly language: An optimization guide for x86 platforms.
3. The microarchitecture of Intel, AMD, and VIA CPUs: An optimization guide for assembly programmers and compiler makers.
4. Instruction tables: Lists of instruction latencies, throughputs and micro-operation breakdowns for Intel, AMD, and VIA CPUs.
5. Calling conventions for different C++ compilers and operating systems.

The latest versions of these manuals are always available from www.agner.org/optimize.
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The present manual contains tables of instruction latencies, throughputs and micro-operation breakdown and other tables for x86 family microprocessors from Intel, AMD, and VIA.

The figures in the instruction tables represent the results of my measurements rather than the official values published by microprocessor vendors. Some values in my tables are higher or lower than the values published elsewhere. The discrepancies can be explained by the following factors:

- My figures are experimental values while figures published by microprocessor vendors may be based on theory or simulations.
- My figures are obtained with a particular test method under particular conditions. It is possible that different values can be obtained under other conditions.
- Some latencies are difficult or impossible to measure accurately, especially for memory access and type conversions that cannot be chained.
- Latencies for moving data from one execution unit to another are listed explicitly in some of my tables while they are included in the general latencies in some tables published by microprocessor vendors.

Most values are the same in all microprocessor modes (real, virtual, protected, 16-bit, 32-bit, 64-bit). Values for far calls and interrupts may be different in different modes. Call gates have not been tested.

Instructions with a LOCK prefix have a long latency that depends on cache organization and possibly RAM speed. If there are multiple processors or cores or direct memory access (DMA) devices, then all locked instructions will lock a cache line for exclusive access, which may involve RAM access. A LOCK prefix typically costs more than a hundred clock cycles, even on single-processor systems. This also applies to the XCHG instruction with a memory operand.

If any text in the pdf version of this manual is unreadable, then please refer to the spreadsheet version.

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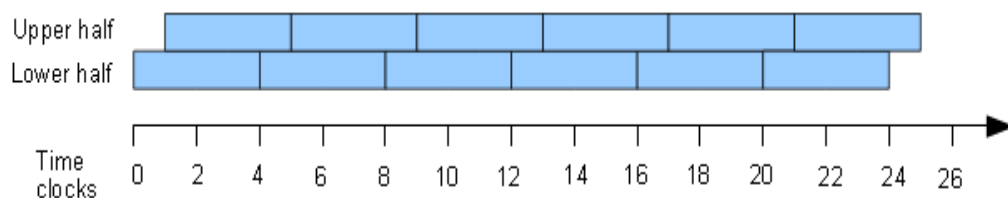
Definition of terms

Instruction The instruction name is the assembly code for the instruction. Multiple instructions or multiple variants of the same instruction may be joined into the same line. Instructions with and without a V prefix to the name may not be listed separately because they have the same values, even if the V prefix version has more operands.

Operands Operands can be different types of registers, memory, or immediate constants. Abbreviations used in the tables are: i = immediate constant, r = any general purpose register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x or xmm = 128 bit xmm register, y = 256 bit ymm register, z = 512 bit zmm register, v = any vector register, sr = segment register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.

Latency The latency of an instruction is the delay that the instruction generates in a dependency chain. The measurement unit is clock cycles. Where the clock frequency is varied dynamically, the figures refer to the core clock frequency. The numbers listed are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity may increase the latencies by possibly more than 100 clock cycles on many processors, except in move, shuffle and Boolean instructions. Floating point overflow, underflow, subnormal or NAN results may give similar delays in some processors. A missing value in the table means that the value has not been measured or that it cannot be measured in a meaningful way.

Some processors have a pipelined execution unit that is smaller than the largest register size so that different parts of the operand are calculated at different times. Assume, for example, that we have a long dependency chain of 128-bit vector instructions running in a fully pipelined 64-bit execution unit with a latency of 4. The lower 64 bits of each operation will be calculated at times 0, 4, 8, 12, 16, etc. And the upper 64 bits of each operation will be calculated at times 1, 5, 9, 13, 17, etc. as shown in the figure below. If we look at one 128-bit instruction in isolation, the latency will be 5. But if we look at a long chain of 128-bit instructions, the total latency will be 4 clock cycles per instruction plus one extra clock cycle in the end. The latency in this case is listed as 4 in the tables because this is the value it adds to a dependency chain.



Reciprocal throughput The throughput is the maximum number of instructions of the same kind that can be executed per clock cycle when the operands of each instruction are independent of the preceding instructions. The values listed are the reciprocals of the throughputs, i.e. the average number of clock cycles per instruction when the instructions are not part of a limiting dependency chain. For example, a reciprocal throughput of 2 for FMUL means that a new FMUL instruction can start executing 2 clock cycles after a previous FMUL. A reciprocal throughput of 0.33 for ADD means that the execution units can handle 3 integer additions per clock cycle. The reason for listing the reciprocal values is that this makes comparisons between latency and throughput easier. The reciprocal throughput is also called issue latency. The values listed are for a single thread or a single core. A missing value in the table means that the value has not been measured.

Definition of terms

μops	Uop or μop is an abbreviation for micro-operation. Processors with out-of-order cores are capable of splitting complex instructions into μops. For example, a read-modify instruction may be split into a read-μop and a modify-μop. The number of μops that an instruction generates is important when certain bottlenecks in the pipeline limit the number of μops per clock cycle.
Execution unit	The execution core of a microprocessor has several execution units. Each execution unit can handle a particular category of μops, for example floating point additions. The information about which execution unit a particular μop goes to can be useful for two purposes. Firstly, two μops cannot execute simultaneously if they need the same execution unit. And secondly, some processors have a latency of an extra clock cycle when the result of a μop executing in one execution unit is needed as input for a μop in another execution unit.
Execution port	The execution units are clustered around a few execution ports on most Intel processors. Each μop passes through an execution port to get to the right execution unit. An execution port can be a bottleneck because it can handle only one μop at a time. Two μops cannot execute simultaneously if they need the same execution port, even if they are going to different execution units.
Instruction set	<p>This indicates which instruction set an instruction belongs to. The instruction is only available in processors that support this instruction set. The most important instruction sets are listed on the next page. Availability in processors prior to 80386 does not apply for 32-bit and 64-bit operands. Availability in the MMX instruction set does not apply to 128-bit packed integer instructions, which require SSE2. Availability in the SSE instruction set does not apply to double precision floating point instructions, which require SSE2.</p> <p>32-bit instructions are available in 80386 and later. 64-bit instructions in general purpose registers are available only under 64-bit operating systems. Instructions that use XMM registers (SSE and later), YMM registers (AVX and later), and ZMM registers (AVX512 and later) are only available under operating systems that support these register sets.</p>

How the values were measured

The values in the tables are measured with the use of my own test programs, which are available from www.agner.org/optimize/testp.zip

The time unit for all measurements is CPU clock cycles. It is attempted to obtain the highest clock frequency if the clock frequency is varying with the workload. Many Intel processors have a performance counter named "core clock cycles". This counter gives measurements that are independent of the varying clock frequency. Where no "core clock cycles" counter is available, the "time stamp counter" is used (RDTSC instruction). In cases where this gives inconsistent results (e.g. in AMD Bobcat) it is necessary to make the processor boost the clock frequency by executing a large number of instructions (> 1 million) or turn off the power-saving features in the BIOS setup.

Instruction throughputs are measured with a long sequence of instructions of the same kind, where subsequent instructions use different registers in order to avoid dependence of each instruction on the previous one. The input registers are cleared in the cases where it is impossible to use different registers. The test code is carefully constructed in each case to make sure that no other bottleneck is limiting the throughput than the one that is being measured.

Instruction latencies are measured in a long dependency chain of identical instructions where the output of each instruction is used as input for the next instruction.

The sequence of instructions should be long, but not so long that it doesn't fit into the level-1 code cache. A typical length is 100 instructions of the same type. This sequence is repeated in a loop if a larger number of instructions is desired.

Definition of terms

It is not possible to measure the latency of a memory read or write instruction with software methods. It is only possible to measure the combined latency of a memory write followed by a memory read from the same address. What is measured here is not actually the cache access time, because in most cases the microprocessor is smart enough to make a "store forwarding" directly from the write unit to the read unit rather than waiting for the data to go to the cache and back again. The latency of this store forwarding process is arbitrarily divided into a write latency and a read latency in the tables. But in fact, the only value that makes sense to performance optimization is the sum of the write time and the read time.

A similar problem occurs where the input and the output of an instruction use different types of registers. For example, the MOVD instruction can transfer data between general purpose registers and XMM vector registers. The value that can be measured is the combined latency of data transfer from one type of registers to another type and back again ($A \rightarrow B \rightarrow A$). The division of this latency between the $A \rightarrow B$ latency and the $B \rightarrow A$ latency is sometimes obvious, sometimes based on guesswork, μop counts, indirect evidence, or triangular sequences such as $A \rightarrow B \rightarrow \text{Memory} \rightarrow A$. In many cases, however, the division of the total latency between $A \rightarrow B$ latency and $B \rightarrow A$ latency is arbitrary. However, what cannot be measured cannot matter for performance optimization. What counts is the sum of the $A \rightarrow B$ latency and the $B \rightarrow A$ latency, not the individual terms.

The μop counts are usually measured with the use of the performance monitor counters (PMCs) that are built into modern microprocessors. The PMCs for VIA processors are undocumented, and the interpretation of these PMCs is based on experimentation.

The execution ports and execution units that are used by each instruction or μop are detected in different ways depending on the particular microprocessor. Some microprocessors have PMCs that can give this information directly. In other cases it is necessary to obtain this information indirectly by testing whether a particular instruction or μop can execute simultaneously with another instruction/ μop that is known to go to a particular execution port or execution unit. On some processors, there is a delay for transmitting data from one execution unit (or cluster of execution units) to another. This delay can be used for detecting whether two different instructions/ μops are using the same or different execution units.

Instruction sets

Explanation of instruction sets for x86 processors

x86	This is the name of the common instruction set, supported by all processors in this lineage.
80186	This is the first extension to the x86 instruction set. New integer instructions: PUSH i, PUSHA, POPA, IMUL r,r,i, BOUND, ENTER, LEAVE, shifts and rotates by immediate $\neq 1$.
80286	System instructions for 16-bit protected mode.
80386	The eight general purpose registers are extended from 16 to 32 bits. 32-bit addressing. 32-bit protected mode. Scaled index addressing. MOVZX, MOVZX, IMUL r,r, SHLD, SHRD, BT, BTR, BTS, BTC, BSF, BSR, SETcc.
80486	BSWAP. Later versions have CPUID.
x87	This is the floating point instruction set. Supported when a 8087 or later coprocessor is present. Some 486 processors and all processors since Pentium/K5 have built-in support for floating point instructions without the need for a coprocessor.
80287	FSTSW AX
80387	FPREM1, FSIN, FCOS, FSINCOS.
Pentium	RDTSC, RDPMS.
PPro	Conditional move (CMOV, FCMOV) and fast floating point compare (FCOMI) instructions introduced in Pentium Pro. These instructions are not supported in Pentium MMX, but are supported in all processors with SSE and later.
MMX	Integer vector instructions with packed 8, 16 and 32-bit integers in the 64-bit MMX registers MM0 - MM7, which are aliased upon the floating point stack registers ST(0) - ST(7).
SSE	Single precision floating point scalar and vector instructions in the new 128-bit XMM registers XMM0 - XMM7. PREFETCH, SFENCE, FXSAVE, FXRSTOR, MOVNTQ, MOVNTPS. The use of XMM registers requires operating system support.
SSE2	Double precision floating point scalar and vector instructions in the 128-bit XMM registers XMM0 - XMM7. 64-bit integer arithmetics in the MMX registers. Integer vector instructions with packed 8, 16, 32 and 64-bit integers in the XMM registers. MOVNTI, MOVNTPD, PAUSE, LFENCE, MFENCE.
SSE3	FISTTP, LDDQU, MOVDDUP, MOVSHDUP, MOVSLDUP, ADDSUBPS, ADDSPPD, HADDPS, HADDPD, HSUBPS, HSUBPD.
SSSE3	(Supplementary SSE3): PSHUFB, PHADDW, PHADDSW, PHADDD, PMADDUBSW, PHSUBW, PHSUBSW, PHSUBD, PSIGNB, PSIGNW, PSIGND, PMULHRWS, PABSB, PABSW, PABSD, PALIGNR.
64 bit	<p>This instruction set is called x86-64, x64, AMD64 or EM64T. It defines a new 64-bit mode with 64-bit addressing and the following extensions: The general purpose registers are extended to 64 bits, and the number of general purpose registers is extended from eight to sixteen. The number of XMM registers is also extended from eight to sixteen, but the number of MMX and ST registers is still eight. Data can be addressed relative to the instruction pointer. There is no way to get access to these extensions in 32-bit mode</p> <p>Most instructions that involve segmentation are not available in 64 bit mode. Direct far jumps and calls are not allowed, but indirect far jumps, indirect far calls and far returns are allowed. These are used in system code for switching mode. Segment registers DS, ES, and SS cannot be used. The FS and GS segments and segment prefixes are available in 64 bit mode and are used for addressing thread environment blocks and processor environment blocks</p>

Instruction sets

Instructions not available in 64 bit mode	<p>The following instructions are not available in 64-bit mode: PUSHA, POPA, BOUND, INTO, BCD instructions: AAA, AAS, DAA, DAS, AAD, AAM, undocumented instructions (SALC, ICEBP, 82H alias for 80H opcode), SYSENTER, SYSEXIT, ARPL. On some early Intel processors, LAHF and SAHF are not available in 64 bit mode. Increment and decrement register instructions cannot be coded in the short one-byte opcode form because these codes have been reassigned as REX prefixes.</p> <p>Most instructions that involve segmentation are not available in 64 bit mode. Direct far jumps and calls are not allowed, but indirect far jumps, indirect far calls and far returns are allowed. These are used in system code for switching mode. PUSH CS, PUSH DS, PUSH ES, PUSH SS, POP DS, POP ES, POP SS, LDS and LES instructions are not allowed. CS, DS, ES and SS prefixes are allowed but ignored. The FS and GS segments and segment prefixes are available in 64 bit mode and are used for addressing thread environment blocks and processor environment blocks.</p>
SSE4.1	MPSADBW, PHMINPOSUW, PMULDQ, PMULLD, DPPS, DPPD, BLEND..., PMIN..., PMAX..., ROUND..., INSERT..., EXTRACT..., PMOVSX..., PMOVZX..., PTEST, PCMPEQQ, PACKUSDW, MOVNTDQA
SSE4.2	CRC32, PCMPESTRI, PCMPESTRM, PCMPISTRI, PCMPISTRM, PCMPGTQ, POPCNT.
AES	AESDEC, AESDECLAST, AESENC, AESENCLAST, AESIMC, AESKEYGENASSIST.
CLMUL	PCLMULQDQ.
AVX	The sixteen 128-bit XMM registers are extended to 256-bit YMM registers with room for further extension in the future. The use of YMM registers requires operating system support. Floating point vector instructions are available in 256-bit versions. Almost all previous XMM instructions now have two versions: with and without zero-extension into the full YMM register. The zero-extension versions have three operands in most cases. Furthermore, the following instructions are added in AVX: VBROADCASTSS, VBROADCASTSD, VEXTRACTF128, VINSERTF128, VLDMXCSR, VMASKMOVPS, VMASKMOVPD, VPERMILPD, VPERMIL2PD, VPERMILPS, VPERMIL2PS, VPERM2F128, VSTMXCSR, VZEROALL, VZERoupper.
AVX2	Integer vector instructions are available in 256-bit versions. Furthermore, the following instructions are added in AVX2: ANDN, BEXTR, BLSI, BLSMSK, BLSR, BZHI, INVPCID, LZCNT, MULX, PEXT, PDEP, RORX, SARX, SHLX, SHRX, TZCNT, VBROADCASTI128, VBROADCASTSS, VBROADCASTSD, VEXTRACTI128, VGATHERDPD, VGATHERQPD, VGATHERDPS, VGATHERQPS, VPGATHERDD, VPGATHERQD, VPGATHERDQ, VPGATHERQQ, VINSERTI128, VPERM2I128, VPERMD, VPERMPD, VPERMPS, VPERMQ, VPMASKMOVD, VPMASKMOVQ, VPSLLVD, VPSLLVQ, VPSRAVD, VPSRLVD, VPSRLVQ.
FMA3	(FMA): Fused multiply and add instructions: VFMADDxxxPD, VFMADDxxxPS, VFMADDxxxSD, VFMADDxxxSS, VFMA DDSUBxxxPD, VFMA DDSUBxxxPS, VFMSUBADDxxxPD, VFMSUBADDxxxPS, VFMSUBxxxPD, VFMSUBxxxPS, VFMSUBxxxSD, VFMSUBxxxSS, VFNMADDxxxPD, VFNMADDxxxPS, VFNMADDxxxSD, VFNMADDxxxSS, VFNM SUBxxxPD, VFNM SUBxxxPS, VFNM SUBxxxSD, VFNM SUBxxxSS.
FMA4	Same as Intel FMA, but with 4 different operands according to a preliminary Intel specification which is now supported only by some AMD processors. Intel's FMA specification has later been changed to FMA3, which is now also supported by AMD.
MOVBE	MOVBE
POPCNT	POPCNT
PCLMUL	PCLMULQDQ
XSAVE	
XSAVEOPT	
RDRAND	RDRAND

Instruction sets

RDSEED	RDSEED
BMI1	ANDN, BEXTR, BLSI, BLSMSK, BLSR, LZCNT, TXCNT
BMI2	BZHI, MULX, PDEP, PEXT, RORX, SARX, SHRX, SHLX
ADX	ADCX, ADOX, CLAC
AVX512F	The 256-bit YMM registers are extended to 512-bit ZMM registers. The number of vector registers is extended to 32 in 64-bit mode, while there are still only 8 vector registers in 32-bit mode. 8 new vector mask registers k0 – k7. Masked vector instructions. Many new instructions. Single- and double precision floating point vectors are always supported. Other instructions are supported if the various optional AVX512 variants, listed below, are supported as well.
AVX512BW	Vectors of 8-bit and 16-bit integers in ZMM registers.
AVX512DQ	Some additional instructions with vectors of 32-bit and 64-bit integers in ZMM registers.
AVX512VL	The vector operations defined for 512-bit vectors in the various AVX512 subsets, including masked operations, can be applied to 128-bit and 256-bit vectors as well.
AVX512CD	Conflict detection instructions
AVX512ER	Approximate exponential function, reciprocal and reciprocal square root
AVX512PF	Gather and scatter prefetch
SHA	Secure hash algorithm
MPX	Memory protection extensions
SMAP	CLAC, STAC
CVT16	VCVTPH2PS, VCVTPS2PH.
3DNow	(AMD only. Obsolete). Single precision floating point vector instructions in the 64-bit MMX registers. Only available on AMD processors. The 3DNow instructions are: FEMMS, PAVGUSB, PF2ID, PFACC, PFADD, PFCMPEQ/GT/GE, PFMAX, PFMIN, PFRCP/IT1/IT2, PFRSQRT/IT1, PFSUB, PFSUBR, PI2FD, PMULHRW, PREFETCH/W.
3DNowE	(AMD only. Obsolete). PF2IW, PFNACC, PFPNACC, PI2FW, PSWAPD.
PREFETCHW	This instruction has survived from 3DNow and now has its own feature name
PREFETCHWT1	PREFETCHWT1
SSE4A	(AMD only). EXTRQ, INSERTQ, LZCNT, MOVNTSD, MOVNTSS, POPCNT. (POPCNT shared with Intel SSE4.2).
XOP	(AMD only. Obsolete). VFRCZPD, VFRCZPS, VFRCZSD, VFRCZSS, VPCMOV, VPCOMB, VPCOMD, VPCOMQ, PCOMW, VPCOMUB, VPCOMUD, VPCOMUQ, VPCOMUW, VPHADDBD, VPHADDBQ, VPHADDBW, VPHADDDQ, VPHADDUBD, VPHADDUBQ, VPHADDUBW, VPHADDUDQ, VPHADDUWD, VPHADDUWQ, VPHADDWD, VPHADDWQ, VPHSUBBW, VPHSUBDQ, VPHSUBWD, VPMACSD, VPMACSDQH, VPMACSDQL, VPMACSSDD, VPMACSSDQH, VPMACSSDQL, VPMACSSWD, VPMACSSWW, VPMACSWD, VPMACSSWW, VPMADCSSWD, VPMADCSSW, VPPER, VPROTB, VPROTD, VPROTQ, VPROTW, VPSHAB, VPSHAD, VPSHAQ, VPSHAW, VPSHLB, VPSHLD, VPSHLQ, VPSHLW.

Microprocessor versions tested

The tables in this manual are based on testing of the following microprocessors

Processor name	Microarchitecture Code name	Family number (hex)	Model number (hex)	Comment
AMD K7 Athlon		6	6	Step. 2, rev. A5
AMD K8 Opteron		F	5	Stepping A
AMD K10 Opteron		10	2	2350, step. 1
AMD Bulldozer	Bulldozer, Zambezi	15	1	FX-6100, step 2
AMD Piledriver	Piledriver	15	2	FX-8350, step 0. And others
AMD Steamroller	Steamroller, Kaveri	15	30	A10-7850K, step 1
AMD Excavator	Bristol Ridge	15	65	A10-9700E, step 1
AMD Ryzen	Zen 1	17	1	Ryzen 7 1800X, step. 1
AMD Ryzen 3700	Zen 2	17	71	Ryzen 7 3700X, step. 0
AMD Ryzen 5000	Zen 3	19	21	Ryzen 7 5800X, step. 0
AMD Ryzen 9	Zen 4	19	61	Ryzen 9 7900X, step. 2
AMD Ryzen 9	Zen 5	1A	44	9800X3D
AMD Bobcat	Bobcat	14	1	E350, step. 0
AMD Kabini	Jaguar	16	0	A4-5000, step 1
Intel Pentium	P5	5	2	
Intel Pentium MMX	P5	5	4	Stepping 4
Intel Pentium II	P6	6	6	
Intel Pentium III	P6	6	7	
Intel Pentium 4	Netburst	F	2	Stepping 4, rev. B0
Intel Pentium 4 EM64T	Netburst, Prescott	F	4	Xeon. Stepping 1
Intel Pentium M	Dothan	6	D	Stepping 6, rev. B1
Intel Core Duo	Yonah	6	E	Not fully tested
Intel Core 2 (65 nm)	Merom	6	F	T5500, Step. 6, rev. B2
Intel Core 2 (45 nm)	Wolfdale	6	17	E8400, Step. 6
Intel Core i7	Nehalem	6	1A	i7-920, Step. 5, rev. D0
Intel 2nd gen. Core	Sandy Bridge	6	2A	i5-2500, Step 7
Intel 3rd gen. Core	Ivy Bridge	6	3A	i7-3770K, Step 9
Intel 4th gen. Core	Haswell	6	3C	i7-4770K, step. 3
Intel 5th gen. Core	Broadwell	6	56	D1540, step 2
Intel 6th gen. Core	Skylake	6	5E	Step. 3
Intel 7th gen. Core	Skylake-X, Cascade L.	6	55	Step. 4
Intel 9th gen. Core	Coffee Lake	6	9E	Step. B
Intel 10th gen. Core	Cannon Lake	6	66	Step. 3
Intel 10th gen. Core	Ice Lake	6	7E	Step. 5
Intel 11th gen. Core	Tiger Lake	6	8C	Step. 1
Intel Atom 330	Diamondville	6	1C	Step. 2
Intel Bay Trail	Silvermont	6	37	Step. 3
Intel Apollo Lake	Goldmont	6	5C	Step. 9
Intel Gemini Lake	Goldmont Plus	6	7A	Step. 1
Intel Jasper Lake	Tremont	6	9C	Step. 0
Intel Xeon Phi	Knights Landing	6	57	Step. 1
VIA Nano L2200		6	F	Step. 2
VIA Nano L3050	Isaiah	6	F	Step. 8 (prerelease sample)

AMD K7**List of instruction timings and macro-operation breakdown***Explanation of column headings:*

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, xmm = 128 bit xmm register, sr = segment register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers. Instructions with more than 2 macro-operations use microcode.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity, and exceptions increase the delays. The latency listed does not include the memory operand where the operand is listed as register or memory (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution unit:	Indicates which execution unit is used for the macro-operations. ALU means any of the three integer ALU's. ALU0_1 means that ALU0 and ALU1 are both used. AGU means any of the three integer address generation units. FADD means floating point adder unit. FMUL means floating point multiplier unit. FMISC means floating point store and miscellaneous unit. FA/M means FADD or FMUL is used. FANY means any of the three floating point units can be used. Two macro-operations can execute simultaneously if they go to different execution units.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOV	r,r	1	1	1/3	ALU	Any addr. mode. Add 1 clk if code segment base ≠ 0
MOV	r,i	1	1	1/3	ALU	
MOV	r8,m8	1	4	1/2	ALU, AGU	do.
MOV	r16,m16	1	4	1/2	ALU, AGU	
MOV	r32,m32	1	3	1/2	AGU	do.
MOV	m8,r8H	1	8	1/2	AGU	AH, BH, CH, DH
MOV	m8,r8L	1	2	1/2	AGU	Any other 8-bit register
MOV	m16/32,r	1	2	1/2	AGU	Any addressing mode
MOV	m,i	1	2	1/2	AGU	
MOV	r,sr	1	2	1		
MOV	sr,r/m	6	9-13	8		
MOVZX, MOVSX	r,r	1	1	1/3	ALU	
MOVZX, MOVSX	r,m	1	4	1/2	ALU, AGU	

AMD K7

CMOVcc	r,r	1	1	1/3	ALU	Timing depends on hw
CMOVcc	r,m	1		1/2	ALU, AGU	
XCHG	r,r	3	2	1	ALU	
XCHG	r,m	3	16	16	ALU, AGU	
XLAT		2	5		ALU, AGU	
PUSH	r	1		1	ALU, AGU	
PUSH	i	1		1	ALU, AGU	
PUSH	m	2		1	ALU, AGU	
PUSH	sr	2		1	ALU, AGU	
PUSHF(D)		1		1	ALU, AGU	
PUSHA(D)		9		4	ALU, AGU	
POP	r	2		1	ALU, AGU	
POP	m	3		1	ALU, AGU	
POP	DS/ES/FS/GS	6		10	ALU, AGU	
POP	SS	9		18	ALU, AGU	
POPF(D)		2		1	ALU, AGU	
POPA(D)		9		4	ALU, AGU	
LEA	r16,[m]	2	3	1	AGU	Any addr. size Any addr. size
LEA	r32,[m]	1	2	1/3	AGU	
LAHF		4	3	2	ALU	
SAHF		2	2	2	ALU	
SALC		1	1	1	ALU	
LDS, LES, ...	r,m	10		9		
BSWAP	r	1	1	1/3	ALU	
Arithmetic instructions						
ADD, SUB	r,r/i	1	1	1/3	ALU	
ADD, SUB	r,m	1	1	1/2	ALU, AGU	
ADD, SUB	m,r	1	7	2.5	ALU, AGU	
ADC, SBB	r,r/i	1	1	1/3	ALU	
ADC, SBB	r,m	1	1	1/2	ALU, AGU	
ADC, SBB	m,r/i	1	7	2.5	ALU, AGU	
CMP	r,r/i	1	1	1/3	ALU	
CMP	r,m	1		1/2	ALU, AGU	
INC, DEC, NEG	r	1	1	1/3	ALU	
INC, DEC, NEG	m	1	7	3	ALU, AGU	
AAA, AAS		9	5	5	ALU	latency ax=3, dx=4
DAA		12	6	6	ALU	
DAS		16	7	7	ALU	
AAD		4	5		ALU0	
AAM		31	13		ALU	
MUL, IMUL	r8/m8	3	3	2	ALU0	
MUL, IMUL	r16/m16	3	3	2	ALU0_1	
MUL, IMUL	r32/m32	3	4	3	ALU0_1	
IMUL	r16,r16/m16	2	3	2	ALU0	
IMUL	r32,r32/m32	2	4	2.5	ALU0	
IMUL	r16,(r16),i	2	4	1	ALU0	
IMUL	r32,(r32),i	2	5	2	ALU0	
IMUL	r16,m16,i	3		2	ALU0	
IMUL	r32,m32,i	3		2	ALU0	
DIV	r8/m8	32	24	23	ALU	

AMD K7

DIV	r16/m16	47	24	23	ALU
DIV	r32/m32	79	40	40	ALU
IDIV	r8	41	17	17	ALU
IDIV	r16	56	25	25	ALU
IDIV	r32	88	41	41	ALU
IDIV	m8	42	17	17	ALU
IDIV	m16	57	25	25	ALU
IDIV	m32	89	41	41	ALU
CBW, CWDE		1	1	1/3	ALU
CWD, CDQ		1	1	1/3	ALU
Logic instructions					
AND, OR, XOR	r,r	1	1	1/3	ALU
AND, OR, XOR	r,m	1	1	1/2	ALU, AGU
AND, OR, XOR	m,r	1	7	2.5	ALU, AGU
TEST	r,r	1	1	1/3	ALU
TEST	r,m	1	1	1/2	ALU, AGU
NOT	r	1	1	1/3	ALU
NOT	m	1	7	2.5	ALU, AGU
SHL, SHR, SAR	r,i/CL	1	1	1/3	ALU
ROL, ROR	r,i/CL	1	1	1/3	ALU
RCL, RCR	r,1	1	1	1/3	ALU
RCL	r,i	9	4	4	ALU
RCR	r,i	7	3	3	ALU
RCL	r,CL	9	3	3	ALU
RCR	r,CL	7	3	3	ALU
SHL,SHR,SAR,ROL,ROR	m,i /CL	1	7	3	ALU, AGU
RCL, RCR	m,1	1	7	4	ALU, AGU
RCL	m,i	10	5	4	ALU, AGU
RCR	m,i	9	8	4	ALU, AGU
RCL	m,CL	9	6	4	ALU, AGU
RCR	m,CL	8	7	3	ALU, AGU
SHLD, SHRD	r,r,i	6	4	2	ALU
SHLD, SHRD	r,r,cl	7	4	3	ALU
SHLD, SHRD	m,r,i/CL	8	7	3	ALU, AGU
BT	r,r/i	1	1	1/3	ALU
BT	m,i	1		1/2	ALU, AGU
BT	m,r	5		2	ALU, AGU
BTC, BTR, BTS	r,r/i	2	2	1	ALU
BTC	m,i	5	7	2	ALU, AGU
BTR, BTS	m,i	4	7	2	ALU, AGU
BTC, BTR, BTS	m,r	8	6	3	ALU, AGU
BSF	r,r	19	7	7	ALU
BSR	r,r	23	9	9	ALU
BSF	r,m	20	8	8	ALU, AGU
BSR	r,m	23	10	10	ALU, AGU
SETcc	r	1	1	1/3	ALU
SETcc	m	1		1/2	ALU, AGU
CLC, STC		1		1/3	ALU
CMC		1	1	1/3	ALU
CLD		2		1	ALU
STD		3		2	ALU

AMD K7

Control transfer instructions						
JMP	short/near	1		2	ALU	low values = real mode
JMP	far	16-20	23-32			
JMP	r	1		2	ALU	
JMP	m(near)	1		2	ALU, AGU	
JMP	m(far)	17-21	25-33			low values = real mode
Jcc	short/near	1		1/3 - 2	ALU	rcp. t.= 2 if jump
J(E)CXZ	short	2		1/3 - 2	ALU	rcp. t.= 2 if jump
LOOP	short	7	3-4	3-4	ALU	
CALL	near	3	2	2	ALU	
CALL	far	16-22	23-32			low values = real mode
CALL	r	4	3	3	ALU	
CALL	m(near)	5	3	3	ALU, AGU	
CALL	m(far)	16-22	24-33			low values = real mode
RETN		2	3	3	ALU	
RETN	i	2	3	3	ALU	
RETF		15-23	24-35			low values = real mode
RETF	i	15-24	24-35			low values = real mode
IRET		32	81			real mode
INT	i	33	42			real mode
BOUND	m	6		2		values are for no jump
INTO		2		2		values are for no jump
String instructions						
LODS		4	2	2		
REP LODS		5	2	2		values per count
STOS		4	2	2		
REP STOS		3	1	1		values per count
MOVS		7	3	3		
REP MOVS		4	1-4	1-4		values per count
SCAS		5	2	2		
REP SCAS		5	2	2		values per count
CMPS		7	6	6		
REP CMPS		6	3-4	3-4		values per count
Other						
NOP (90)		1	0	1/3	ALU	
Long NOP (0F 1F)		1	0	1/3	ALU	
ENTER		i,0	12	12	12	
LEAVE		3		3		3 ops, 5 clk if 16 bit
CLI		8-9		5		
STI		16-17		27		
CPUID		19-28	44-74			
RDTSC		5		11		
RDPNC		9		11		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes	
Move instructions							
FLD	r	1	2	1/2	FA/M	Low latency immediately after FCOMI	
FLD	m32/64	1	4	1/2	FANY		
FLD	m80	7	16	4			
FBLD	m80	30	41	39			
FST(P)	r	1	2	1/2	FA/M		
FST(P)	m32/64	1	3	1	FMISC		
FSTP	m80	10	7	5			
FBSTP	m80	260		188			
FXCH	r	1	0	0.4			
FILD	m	1	9	1	FMISC		
FIST(P)	m	1	7	1	FMISC, FA/M		
FLDZ, FLD1		1		1	FMISC		
FCMOVcc	st0,r	9	6	5	FMISC, FA/M		
FFREE	r	1		1/3	FANY		
FINCSTP, FDECSTP		1	0	1/3	FANY		
FNSTSW	AX	2	6-12	12	FMISC, ALU	Low latency immediately after FCOM FTST	
FSTSW	AX	3	6-12	12	FMISC, ALU		do.
FNSTSW	m16	2		8	FMISC, ALU		do.
FNSTCW	m16	3		1	FMISC, ALU		
FLDCW	m16	14		42	FMISC, ALU	faster if unchanged	
Arithmetic instructions							
FADD(P),FSUB(R)(P)	r/m	1	4	1	FADD	Low values are for round divisors	
FIADD,FISUB(R)	m	2	4	1-2	FADD,FMISC		
FMUL(P)	r/m	1	4	1	FMUL		
FIMUL	m	2	4	2	FMUL,FMISC		
FDIV(R)(P)	r/m	1	11-25	8-22	FMUL		
FIDIV(R)	m	2	12-26	9-23	FMUL,FMISC		
FABS, FCHS		1	2	1	FMUL		
FCOM(P), FUCOM(P)	r/m	1	2	1	FADD		
FCOMPP, FUCOMPP		1	2	1	FADD		
FCOMI(P)	r	1	3	1	FADD		
FICOM(P)	m	2		1	FADD, FMISC		
FTST		1	2	1	FADD		
FXAM		2		2	FMISC, ALU		
FRNDINT		5	10	3			
FPREM		1	7-10	8	FMUL		
FPREM1		1	8-11	8	FMUL		
Math							
FSQRT		1	35	12	FMUL		
FSIN		44	90-100				

AMD K7

FCOS	51	90-100			
FSINCOS	76	100-150			
FPTAN	46	100-200			
FPATAN	72	160-170			
FSCALE	5	8			
FXTRACT	7	11			
F2XM1	8	27			
FYL2X	49	126			
FYL2XP1	63	147			
Other					
FNOP	1	0	1/3	FANY	
(F)WAIT	1	0	1/3	ALU	
FNCLEX	7		24	FMISC	
FNINIT	25		92	FMISC	
FNSAVE	76		147		
FRSTOR	65		120		
FXSAVE	44		59		
FXRSTOR	85		87		

Integer MMX instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOVD	r32, mm	2	7	2	FMISC, ALU	
MOVD	mm, r32	2	9	2	FANY, ALU	
MOVD	mm,m32	1		1/2	FANY	
MOVD	m32, r	1		1	FMISC	
MOVQ	mm,mm	1	2	1/2	FA/M	
MOVQ	mm,m64	1		1/2	FANY	
MOVQ	m64,mm	1		1	FMISC	
MOVNTQ	m,mm	1		2	FMISC	
PACKSSWB/DW						
PACKUSWB	mm,r/m	1	2	2	FA/M	
PUNPCKH/LBW/WD	mm,r/m	1	2	2	FA/M	
PSHUFW	mm,mm,i	1	2	1/2	FA/M	
MASKMOVQ	mm,mm	32		24		
PMOVBMSKB	r32,mm	3		3	FADD	
PEXTRW	r32,mm,i	2	5	2	FMISC, ALU	
PINSRW	mm,r32,i	2	12	2	FA/M	
Arithmetic instructions						
PADDB/W/D PADDSB/W						
PADDUSB/W PSUBB/W/						
D PSUBSB/W PSUBUSB/						
W	mm,r/m	1	2	1/2	FA/M	
PCMPEQ/GT B/W/D	mm,r/m	1	2	1/2	FA/M	
PMULLW PMULHW						
PMULHUW	mm,r/m	1	3	1	FMUL	
PMADDWD	mm,r/m	1	3	1	FMUL	
PAVGB/W	mm,r/m	1	2	1/2	FA/M	
PMIN/MAX SW/UB	mm,r/m	1	2	1/2	FA/M	
PSADBW	mm,r/m	1	3	1	FADD	

AMD K7

Logic						
PAND PANDN POR PXOR	mm,r/m	1	2	1/2	FA/M	
PSLL/RLW/D/Q PSRAW/ D	mm,i/mm/m	1	2	1/2	FA/M	
Other						
EMMS		1		1/3	FANY	

Floating point XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOVAPS	r,r	2	2	1	FA/M	
MOVAPS	r,m	2		2	FMISC	
MOVAPS	m,r	2		2	FMISC	
MOVUPS	r,r	2	2	1	FA/M	
MOVUPS	r,m	5		2		
MOVUPS	m,r	5		2		
MOVSS	r,r	1	2	1	FA/M	
MOVSS	r,m	2	4	1	FANY FMISC	
MOVSS	m,r	1	3	1	FMISC	
MOVHPS, MOVLHPS	r,r	1	2	1/2	FA/M	
MOVHPS, MOVLPS	r,m	1		1/2	FMISC	
MOVHPS, MOVLPS	m,r	1		1	FMISC	
MOVNTPS	m,r	2		4	FMISC	
MOVMSKPS	r32,r	3		2	FADD	
SHUFPS	r,r/m,i	3	3	3	FMUL	
UNPCK H/L PS	r,r/m	2	3	3	FMUL	
Conversion						
CVTPI2PS	xmm,mm	1	4		FMISC	
CVT(T)PS2PI	mm,xmm	1	6		FMISC	
CVTSS2SS	xmm,r32	4		10	FMISC	
CVT(T)SS2SI	r32,xmm	2		3	FMISC	
Arithmetic						
ADDSS SUBSS	r,r/m	1	4	1	FADD	
ADDPS SUBPS	r,r/m	2	4	2	FADD	
MULSS	r,r/m	1	4	1	FMUL	
MULPS	r,r/m	2	4	2	FMUL	
						Low values are for round divi- sors, e.g. powers of 2.
DIVSS	r,r/m	1	11-16	8-13	FMUL	do.
DIVPS	r,r/m	2	18-30	18-30	FMUL	
RCPSS	r,r/m	1	3	1	FMUL	
RCPPS	r,r/m	2	3	2	FMUL	
MAXSS MINSS	r,r/m	1	2	1	FADD	
MAXPS MINPS	r,r/m	2	2	2	FADD	
CMPccSS	r,r/m	1	2	1	FADD	

AMD K7

CMPccPS	r,r/m	2	2	2	FADD	
COMISS UCOMISS	r,r/m	1	2	1	FADD	
Logic						
ANDPS/D ANDNPS/D ORPS/D XORPS/D	r,r/m	2	2	2	FMUL	
Math						
SQRTSS	r,r/m	1	19	16	FMUL	
SQRTPS	r,r/m	2	36	36	FMUL	
RSQRTSS	r,r/m	1	3	1	FMUL	
RSQRTPS	r,r/m	2	3	2	FMUL	
Other						
LDMXCSR	m	8		9		
STMXCSR	m	3		10		

3DNow instructions (obsolete)

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move and convert instructions						
PREFETCH(W)	m	1		1/2	AGU	
PF2ID	mm,mm	1	5	1	FMISC	
PI2FD	mm,mm	1	5	1	FMISC	
PF2IW	mm,mm	1	5	1	FMISC	3DNow E
PI2FW	mm,mm	1	5	1	FMISC	3DNow E
PSWAPD	mm,mm	1	2	1/2	FA/M	3DNow E
Integer instructions						
PAVGUSB	mm,mm	1	2	1/2	FA/M	
PMULHRW	mm,mm	1	3	1	FMUL	
Floating point instructions						
PFADD/SUB/SUBR	mm,mm	1	4	1	FADD	
PFCMPEQ/GE/GT	mm,mm	1	2	1	FADD	
PFMAX/MIN	mm,mm	1	2	1	FADD	
PFMUL	mm,mm	1	4	1	FMUL	
PFACC	mm,mm	1	4	1	FADD	
PFPNACC, PFPNACC	mm,mm	1	4	1	FADD	3DNow E
PFRCP	mm,mm	1	3	1	FMUL	
PFRCPIT1/2	mm,mm	1	4	1	FMUL	
PFRSQRT	mm,mm	1	3	1	FMUL	
PFRSQIT1	mm,mm	1	4	1	FMUL	
Other						
FEMMS	mm,mm	1		1/3	FANY	

AMD K8

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, xmm = 128 bit xmm register, sr = segment register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers. Instructions with more than 2 macro-operations use microcode.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity, and exceptions increase the delays. The latency listed does not include the memory operand where the operand is listed as register or memory (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution unit:	Indicates which execution unit is used for the macro-operations. ALU means any of the three integer ALU's. ALU0_1 means that ALU0 and ALU1 are both used. AGU means any of the three integer address generation units. FADD means floating point adder unit. FMUL means floating point multiplier unit. FMISC means floating point store and miscellaneous unit. FA/M means FADD or FMUL is used. FANY means any of the three floating point units can be used. Two macro-operations can execute simultaneously if they go to different execution units.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOV	r,r	1	1	1/3	ALU	
MOV	r,i	1	1	1/3	ALU	
MOV	r8,m8	1	4	1/2	ALU, AGU	Any addressing mode.
MOV	r16,m16	1	4	1/2	ALU, AGU	Add 1 clock if code segment base ≠ 0
MOV	r32,m32	1	3	1/2	AGU	
MOV	r64,m64	1	3	1/2	AGU	
MOV	m8,r8H	1	8	1/2	AGU	AH, BH, CH, DH
MOV	m8,r8L	1	3	1/2	AGU	Any other 8-bit register
MOV	m16/32/64,r	1	3	1/2	AGU	Any addressing mode
MOV	m,i	1	3	1/2	AGU	
MOV	m64,i32	1	3	1/2	AGU	
MOV	r,sr	1	2	1/2-1		
MOV	sr,r/m	6	9-13	8		
MOVNTI	m,r	1		2-3	AGU	
MOVZX, MOVZX	r,r	1	1	1/3	ALU	
MOVZX, MOVZX	r,m	1	4	1/2	ALU, AGU	
MOVSXD	r64,r32	1	1	1/3	ALU	

K8

MOVSXD	r64,m32	1		1/2	ALU, AGU	Timing depends on hw
CMOVcc	r,r	1	1	1/3	ALU	
CMOVcc	r,m	1		1/2	ALU, AGU	
XCHG	r,r	3	2	1	ALU	
XCHG	r,m	3	16	16	ALU, AGU	
XLAT		2	5		ALU, AGU	
PUSH	r	1	1	1	ALU, AGU	
PUSH	i	1	1	1	ALU, AGU	
PUSH	m	2	1	1	ALU, AGU	
PUSH	sr	2	1	1	ALU, AGU	
PUSHF(D/Q)		5	2	2	ALU, AGU	
PUSHA(D)		9	4	4	ALU, AGU	
POP	r	2	1	1	ALU, AGU	
POP	m	3	1	1	ALU, AGU	
POP	DS/ES/FS/GS	4-6	8	8	ALU, AGU	
POP	SS	7-9	28	28	ALU, AGU	
POPF(D/Q)		25	10	10	ALU, AGU	
POPA(D)		9	4	4	ALU, AGU	
LEA	r16,[m]	2	3	1	AGU	Any address size
LEA	r32,[m]	1	2	1/3	AGU	Any address size
LEA	r64,[m]	1	2	1/3	AGU	Any address size
LAHF		4	3	2	ALU	Any address size Any address size Any address size
SAHF		1	1	1/3	ALU	
SALC		1	1	1/3	ALU	
LDS, LES, ...	r,m	10		9		
BSWAP	r	1	1	1/3	ALU	
PREFETCHNTA	m	1		1/2	AGU	
PREFETCHT0/1/2	m	1		1/2	AGU	
SFENCE		6		8		
LFENCE		1		5		
MFENCE		7		16		
IN	r,i/DX	270				
OUT	i/DX,r	300				
Arithmetic instructions						
ADD, SUB	r,r/i	1	1	1/3	ALU	latency ax=3, dx=4
ADD, SUB	r,m	1	1	1/2	ALU, AGU	
ADD, SUB	m,r	1	7	2.5	ALU, AGU	
ADC, SBB	r,r/i	1	1	1/3	ALU	
ADC, SBB	r,m	1	1	1/2	ALU, AGU	
ADC, SBB	m,r/i	1	7	2.5	ALU, AGU	
CMP	r,r/i	1	1	1/3	ALU	
CMP	r,m	1		1/2	ALU, AGU	
INC, DEC, NEG	r	1	1	1/3	ALU	
INC, DEC, NEG	m	1	7	3	ALU, AGU	
AAA, AAS		9	5	5	ALU	
DAA		12	6	6	ALU	
DAS		16	7	7	ALU	
AAD		4	5		ALU0	
AAM		31	13		ALU	
MUL, IMUL	r8/m8	1	3	1	ALU0	
MUL, IMUL	r16/m16	3	3-4	2	ALU0_1	

K8

MUL, IMUL	r32/m32	2	3	1	ALU0_1	latency rax=4, rdx=5
MUL, IMUL	r64/m64	2	4-5	2	ALU0_1	
IMUL	r16,r16/m16	1	3	1	ALU0	
IMUL	r32,r32/m32	1	3	1	ALU0	
IMUL	r64,r64/m64	1	4	2	ALU0_1	
IMUL	r16,(r16),i	2	4	1	ALU0	
IMUL	r32,(r32),i	1	3	1	ALU0	
IMUL	r64,(r64),i	1	4	2	ALU0	
IMUL	r16,m16,i	3		2	ALU0	
IMUL	r32,m32,i	3		2	ALU0	
IMUL	r64,m64,i	3		2	ALU0_1	
DIV	r8/m8	31	15	15	ALU	
DIV	r16/m16	46	23	23	ALU	
DIV	r32/m32	78	39	39	ALU	
DIV	r64/m64	143	71	71	ALU	
IDIV	r8	40	17	17	ALU	
IDIV	r16	55	25	25	ALU	
IDIV	r32	87	41	41	ALU	
IDIV	r64	152	73	73	ALU	
IDIV	m8	41	17	17	ALU	
IDIV	m16	56	25	25	ALU	
IDIV	m32	88	41	41	ALU	
IDIV	m64	153	73	73	ALU	
CBW, CWDE, CDQE		1	1	1/3	ALU	
CWD, CDQ, CQO		1	1	1/3	ALU	
Logic instructions						
AND, OR, XOR	r,r	1	1	1/3	ALU	
AND, OR, XOR	r,m	1	1	1/2	ALU, AGU	
AND, OR, XOR	m,r	1	7	2.5	ALU, AGU	
TEST	r,r	1	1	1/3	ALU	
TEST	r,m	1	1	1/2	ALU, AGU	
NOT	r	1	1	1/3	ALU	
NOT	m	1	7	2.5	ALU, AGU	
SHL, SHR, SAR	r,i/CL	1	1	1/3	ALU	
ROL, ROR	r,i/CL	1	1	1/3	ALU	
RCL, RCR	r,1	1	1	1/3	ALU	
RCL	r,i	9	3	3	ALU	
RCR	r,i	7	3	3	ALU	
RCL	r,CL	9	4	4	ALU	
RCR	r,CL	7	3	3	ALU	
SHL,SHR,SAR,ROL,ROR	m,i /CL	1	7	3	ALU, AGU	
RCL, RCR	m,1	1	7	4	ALU, AGU	
RCL	m,i	10	9	4	ALU, AGU	
RCR	m,i	9	8	4	ALU, AGU	
RCL	m,CL	9	7	4	ALU, AGU	
RCR	m,CL	8	8	3	ALU, AGU	
SHLD, SHRD	r,r,i	6	3	3	ALU	
SHLD, SHRD	r,r,cl	7	3	3	ALU	
SHLD, SHRD	m,r,i/CL	8	6	3	ALU, AGU	
BT	r,r/i	1	1	1/3	ALU	
BT	m,i	1		1/2	ALU, AGU	

K8

BT	m,r	5		2	ALU, AGU	
BTC, BTR, BTS	r,r/i	2	2	1	ALU	
BTC	m,i	5	7	2	ALU, AGU	
BTR, BTS	m,i	4	7	2	ALU, AGU	
BTC	m,r	8	5	5	ALU, AGU	
BTR, BTS	m,r	8	8	3	ALU, AGU	
BSF	r16/32,r	21	8	8	ALU	
BSF	r64,r	22	9	9	ALU	
BSR	r,r	28	10	10	ALU	
BSF	r16,m	20	8	8	ALU, AGU	
BSF	r32,m	22	9	9	ALU, AGU	
BSF	r64,m	25	10	10	ALU, AGU	
BSR	r,m	28	10	10	ALU, AGU	
SETcc	r	1	1	1/3	ALU	
SETcc	m	1		1/2	ALU, AGU	
CLC, STC		1		1/3	ALU	
CMC		1	1	1/3	ALU	
CLD		1		1/3	ALU	
STD		2		1/3	ALU	
Control transfer instructions						
JMP	short/near	1		2	ALU	
JMP	far	16-20	23-32			low values = real mode
JMP	r	1		2	ALU	
JMP	m(near)	1		2	ALU, AGU	
JMP	m(far)	17-21	25-33			low values = real mode
Jcc	short/near	1		1/3 - 2	ALU	recip. thrp.= 2 if jump
J(E/R)CXZ	short	2		1/3 - 2	ALU	recip. thrp.= 2 if jump
LOOP	short	7	3-4	3-4	ALU	
CALL	near	3	2	2	ALU	
CALL	far	16-22	23-32			low values = real mode
CALL	r	4	3	3	ALU	
CALL	m(near)	5	3	3	ALU, AGU	
CALL	m(far)	16-22	24-33			low values = real mode
RETN		2	3	3	ALU	
RETN	i	2	3	3	ALU	
RETF		15-23	24-35			low values = real mode
RETF	i	15-24	24-35			low values = real mode
IRET		32	81			real mode
INT	i	33	42			real mode
BOUND	m	6		2		values are for no jump
INTO		2		2		values are for no jump
String instructions						
LODS		4	2	2		
REP LODS		5	2	2		values are per count

K8

STOS	4	2	2		
REP STOS	1.5 - 2	0.5 - 1	0.5 - 1		values are per count
MOVS	7	3	3		
REP MOVS	3	1-2	1-2		values are per count
SCAS	5	2	2		
REP SCAS	5	2	2		values are per count
CMPS	2	3	3		
REP CMPS	6	2	2		values are per count
Other					
NOP (90)	1	0	1/3	ALU	
Long NOP (0F 1F)	1	0	1/3	ALU	
ENTER	i,0	12	12	12	
LEAVE	2		3		3 ops, 5 clk if 16 bit
CLI	8-9		5		
STI	16-17		27		
CPUID	22-50	47-164			
RDTSC	6	10	7		
RDPNC	9	12	7		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
FLD	r	1	2	1/2	FA/M	
FLD	m32/64	1	4	1/2	FANY	
FLD	m80	7	16	4		
FBLD	m80	30	41	39		
FST(P)	r	1	2	1/2	FA/M	
FST(P)	m32/64	1	3	1	FMISC	
FSTP	m80	10	7	5		
FBSTP	m80	260	173	160		
FXCH	r	1	0	0.4		
FILD	m	1	9	1	FMISC	
FIST(P)	m	1	7	1	FMISC, FA/M	
FLDZ, FLD1		1		1	FMISC	
FCMOVcc	st0,r	9	4-15	4	FMISC, FA/M	Low latency immediately after FCOMI
FFREE	r	1		2	FANY	
FINCSTP, FDECSTP		1	0	1/3	FANY	
FNSTSW	AX	2	6-12	12	FMISC, ALU	Low latency immediately after FCOM
FSTSW	AX	3	6-12	12	FMISC, ALU	do.
FNSTSW	m16	2		8	FMISC, ALU	do.
FNSTCW	m16	3		1	FMISC, ALU	
FLDCW	m16	18		50	FMISC, ALU	faster if unchanged
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	4	1	FADD	
FIADD,FISUB(R)	m	2	4	1-2	FADD,FMISC	
FMUL(P)	r/m	1	4	1	FMUL	

K8

FIMUL	m	2	4	2	FMUL, FMISC	Low values are for round divisors do.
FDIV(R)(P)	r/m	1	11-25	8-22	FMUL	
FIDIV(R)	m	2	12-26	9-23	FMUL, FMISC	
FABS, FCHS		1	2	1	FMUL	
FCOM(P), FUCOM(P)	r/m	1	2	1	FADD	
FCOMPP, FUCOMPP		1	2	1	FADD	
FCOMI(P)	r	1	3	1	FADD	
FICOM(P)	m	2		1	FADD, FMISC	
FTST		1	2	1	FADD	
FXAM		2		1	FMISC, ALU	
FRNDINT		5	10	3		
FPREM		1	7-10	8	FMUL	
FPREM1		1	8-11	8	FMUL	
Math						
FSQRT		1	27	12	FMUL	
FLDPI, etc.		1		1	FMISC	
FSIN		66	140-190			
FCOS		73	150-190			
FSINCOS		98	170-200			
FPTAN		67	150-180			
FPATAN		97	217			
FSCALE		5	8			
FXTRACT		7	12	7		
F2XM1		53	126			
FYL2X		72	179			
FYL2XP1		75	175			
Other						
FNOP		1	0	1/3	FANY	
(F)WAIT		1	0	1/3	ALU	
FNCLEX		8		27	FMISC	
FNINIT		26		100	FMISC	
FNSAVE		77		171		
FRSTOR		70		136		
FXSAVE		61		56		
FXRSTOR		101		95		

Integer MMX and XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOVD	r32, mm	2	4	2	FMISC, ALU	Moves 64 bits. Name of instruction differs
MOVD	mm, r32	2	9	2	FANY, ALU	
MOVD	mm, m32	1		1/2	FANY	
MOVD	r32, xmm	3	2	2	FMISC, ALU	
MOVD	xmm, r32	3	3	2		
MOVD	xmm, m32	2		1	FANY	
MOVD	m32, r	1		1	FMISC	
MOVD (MOVQ)	r64, mm/xmm	2	4	2	FMISC, ALU	

K8

MOVD (MOVQ)	mm,r64	2	9	2	FANY, ALU	do.
MOVD (MOVQ)	xmm,r64	3	9	2	FANY, ALU	do.
MOVQ	mm,mm	1	2	1/2	FA/M	
MOVQ	xmm,xmm	2	2	1	FA/M, FMISC	
MOVQ	mm,m64	1		1/2	FANY	
MOVQ	xmm,m64	2		1	FANY, FMISC	
MOVQ	m64,mm/x	1		1	FMISC	
MOVDQA	xmm,xmm	2	2	1	FA/M	
MOVDQA	xmm,m	2		2	FMISC	
MOVDQA	m,xmm	2		2	FMISC	
MOVDQU	xmm,m	4		2		
MOVDQU	m,xmm	5		2		
MOVDQ2Q	mm,xmm	1	2	1/2	FA/M	
MOVQ2DQ	xmm,mm	2	2	1	FA/M, FMISC	
MOVNTQ	m,mm	1		2	FMISC	
MOVNTDQ	m,xmm	2		3	FMISC	
PACKSSWB/DW						
PACKUSWB	mm,r/m	1	2	2	FA/M	
PACKSSWB/DW						
PACKUSWB	xmm,r/m	3	3	2	FA/M	
PUNPCKH/LBW/WD/ DQ	mm,r/m	1	2	2	FA/M	
PUNPCKH/LBW/WD/ DQ	xmm,r/m	2	2	2	FA/M	
PUNPCKHQDQ	xmm,r/m	2	2	1	FA/M	
PUNPCKLQDQ	xmm,r/m	1	2	1/2	FA/M	
PSHUFD	xmm,xmm,i	3	3	1.5	FA/M	
PSHUFW	mm,mm,i	1	2	1/2	FA/M	
PSHUFL/HW	xmm,xmm,i	2	2	1	FA/M	
MASKMOVQ	mm,mm	32		13		
MASKMOVDQU	xmm,xmm	64		26		
PMOVMASKB	r32,mm/xmm	1	2	1	FADD	
PEXTRW	r32,mm/x,i	2	5	2	FMISC, ALU	
PINSRW	mm,r32,i	2	12	2	FA/M	
PINSRW	xmm,r32,i	3	12	3	FA/M	
Arithmetic instructions						
PADDB/W/D/Q						
PADDSB/W						
PADDUSB/W PSUBB/ W/D/Q PSUBSB/W						
PSUBUSB/W	mm,r/m	1	2	1/2	FA/M	
PADDB/W/D/Q						
PADDSB/W ADDUSB/ W PSUBB/W/D/Q						
PSUBSB/W						
PSUBUSB/W	xmm,r/m	2	2	1	FA/M	
PCMPEQ/GT B/W/D	mm,r/m	1	2	1/2	FA/M	
PCMPEQ/GT B/W/D	xmm,r/m	2	2	1	FA/M	
PMULLW PMULHW						
PMULHUW						
PMULUDQ	mm,r/m	1	3	1	FMUL	
PMULLW PMULHW						
PMULHUW						
PMULUDQ	xmm,r/m	2	3	2	FMUL	

K8

PMADDWD	mm,r/m	1	3	1	FMUL
PMADDWD	xmm,r/m	2	3	2	FMUL
PAVGB/W	mm,r/m	1	2	1/2	FA/M
PAVGB/W	xmm,r/m	2	2	1	FA/M
PMIN/MAX SW/UB	mm,r/m	1	2	1/2	FA/M
PMIN/MAX SW/UB	xmm,r/m	2	2	1	FA/M
PSADBW	mm,r/m	1	3	1	FADD
PSADBW	xmm,r/m	2	3	2	FADD
Logic					
PAND PANDN POR PXOR	mm,r/m	1	2	1/2	FA/M
PAND PANDN POR PXOR	xmm,r/m	2	2	1	FA/M
PSLL/RL W/D/Q PSRAW/D	mm,i/mm/m	1	2	1/2	FA/M
PSLL/RL W/D/Q PSRAW/D	x,i/x/m	2	2	1	FA/M
PSLLDQ, PSRLDQ	xmm,i	2	2	1	FA/M
Other					
EMMS		1		1/3	FANY

Floating point XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes	
Move instructions							
MOVAPS/D	r,r	2	2	1	FA/M	SSE3 SSE3	
MOVAPS/D	r,m	2		2	FMISC		
MOVAPS/D	m,r	2		2	FMISC		
MOVUPS/D	r,r	2	2	1	FA/M		
MOVUPS/D	r,m	4		2			
MOVUPS/D	m,r	5		2			
MOVSS/D	r,r	1	2	1	FA/M		
MOVSS/D	r,m	2	4	1	FANY FMISC		
MOVSS/D	m,r	1	3	1	FMISC		
MOVHLPs, MOVLHPS	r,r	1	2	1/2	FA/M		
MOVHPS/D, MOVLPS/D	r,m	1		1	FMISC		
MOVHPS/D, MOVLPS/D	m,r	1		1	FMISC		
MOVDDUP	r,r	2	2	1			
MOVSH/LDUP	r,r	2	2	2			
MOVNTPS/D	m,r	2		3	FMISC		
MOVMSKPS/D	r32,r	1	8	1	FADD		
SHUFPS/D	r,r/m,i	3	3	2	FMUL		
UNPCK H/L PS/D	r,r/m	2	3	3	FMUL		
Conversion							
CVTTPS2PD	r,r/m	2	4	2	FMISC		
CVTPD2PS	r,r/m	4	8	3	FMISC		

K8

CVTSD2SS	r,r/m	3	8	8	FMISC	
CVTSS2SD	r,r/m	1	2	1	FMISC	
CVTDQ2PS	r,r/m	2	5	2	FMISC	
CVTDQ2PD	r,r/m	2	5	2	FMISC	
CVT(T)PS2DQ	r,r/m	2	5	2	FMISC	
CVT(T)PD2DQ	r,r/m	4	8	3	FMISC	
CVTPI2PS	xmm,mm	1	4	1	FMISC	
CVTPI2PD	xmm,mm	2	5	2	FMISC	
CVT(T)PS2PI	mm,xmm	1	6	1	FMISC	
CVT(T)PD2PI	mm,xmm	3	8	2	FMISC	
CVTSI2SS	xmm,r32	3	14	2	FMISC	
CVTSI2SD	xmm,r32	2	12	2	FMISC	
CVT(T)SD2SI	r32,xmm	2	10	2	FMISC	
CVT(T)SS2SI	r32,xmm	2	9	2	FMISC	
Arithmetic						
ADDSS/D SUBSS/D	r,r/m	1	4	1	FADD	
ADDPS/D SUBPS/D	r,r/m	2	4	2	FADD	
HADDPS/D HSUBPS/D	r,r/m	2	4	2	FADD	SSE3
MULSS/D	r,r/m	1	4	1	FMUL	
MULPS/D	r,r/m	2	4	2	FMUL	
						Low values are for round divisors, e.g. powers of 2.
DIVSS	r,r/m	1	11-16	8-13	FMUL	do.
DIVPS	r,r/m	2	18-30	18-30	FMUL	do.
DIVSD	r,r/m	1	11-20	8-17	FMUL	do.
DIVPD	r,r/m	2	16-34	16-34	FMUL	do.
RCPSS	r,r/m	1	3	1	FMUL	
RCPPS	r,r/m	2	3	2	FMUL	
MAXSS/D MINSS/D	r,r/m	1	2	1	FADD	
MAXPS/D MINPS/D	r,r/m	2	2	2	FADD	
CMPccSS/D	r,r/m	1	2	1	FADD	
CMPccPS/D	r,r/m	2	2	2	FADD	
COMISS/D UCOMISS/D	r,r/m	1	2	1	FADD	
Logic						
ANDPS/D ANDNPS/D						
ORPS/D XORPS/D	r,r/m	2	2	2	FMUL	
Math						
SQRTSS	r,r/m	1	19	16	FMUL	
SQRTPS	r,r/m	2	36	36	FMUL	
SQRTSD	r,r/m	1	27	24	FMUL	
SQRTPD	r,r/m	2	48	48	FMUL	
RSQRTSS	r,r/m	1	3	1	FMUL	
RSQRTPS	r,r/m	2	3	2	FMUL	
Other						
LDMXCSR	m	8		9		
STMXCSR	m	3		10		

AMD K10

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, xmm = 128 bit xmm register, sr = segment register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers. Instructions with more than 2 macro-operations use microcode.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity, and exceptions increase the delays. The latency listed does not include the memory operand where the operand is listed as register or memory (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution unit:	Indicates which execution unit is used for the macro-operations. ALU means any of the three integer ALU's. ALU0_1 means that ALU0 and ALU1 are both used. AGU means any of the three integer address generation units. FADD means floating point adder unit. FMUL means floating point multiplier unit. FMISC means floating point store and miscellaneous unit. FA/M means FADD or FMUL is used. FANY means any of the three floating point units can be used. Two macro-operations can execute simultaneously if they go to different execution units.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOV	r,r	1	1	1/3	ALU	
MOV	r,i	1	1	1/3	ALU	
MOV	r8,m8	1	4	1/2	ALU, AGU	Any addr. mode. Add 1 clock if code segment base ≠ 0
MOV	r16,m16	1	4	1/2	ALU, AGU	
MOV	r32,m32	1	3	1/2	AGU	
MOV	r64,m64	1	3	1/2	AGU	
MOV	m8,r8H	1	8	1/2	AGU	AH, BH, CH, DH
MOV	m8,r8L	1	3	1/2	AGU	Any other 8-bit reg.
MOV	m16/32/64,r	1	3	1/2	AGU	Any addressing mode
MOV	m,i	1	3	1/2	AGU	
MOV	m64,i32	1	3	1/2	AGU	
MOV	r,sr	1	3-4	1/2		
MOV	sr,r/m	6	8-26	8		from AMD manual
MOVNTI	m,r	1		1	AGU	
MOVZX, MOVZX	r,r	1	1	1/3	ALU	
MOVZX, MOVZX	r,m	1	4	1/2	ALU, AGU	
MOVSLD	r64,r32	1	1	1/3	ALU	

K10

MOVSXD	r64,m32	1	4	1/2	ALU, AGU	Timing depends on hw
CMOVcc	r,r	1	1	1/3	ALU	
CMOVcc	r,m	1	4	1/2	ALU, AGU	
XCHG	r,r	2	1	1	ALU	
XCHG	r,m	2	21	19	ALU, AGU	
XLAT		2	5	5	ALU, AGU	
PUSH	r	1		1/2	ALU, AGU	
PUSH	i	1		1/2	ALU, AGU	
PUSH	m	2		1	ALU, AGU	
PUSH	sr	2		1	ALU, AGU	
PUSHF(D/Q)		9		3	ALU, AGU	
PUSHA(D)		9	6	6	ALU, AGU	
POP	r	1		1/2	ALU, AGU	
POP	m	3	3	1	ALU, AGU	
POP	DS/ES/FS/GS	6	10	8	ALU, AGU	
POP	SS	10	26	16	ALU, AGU	
POPF(D/Q)		28	16	11	ALU, AGU	
POPA(D)		9	6	6	ALU, AGU	
LEA	r16,[m]	2	3	1	ALU, AGU	Any address size ≤ 2 source operands W. scale or 3 opr.
LEA	r32/64,[m]	1	1	1/3	ALU	
LEA	r32/64,[m]	1	2	1/3	AGU	
LAHF		4	3	2	ALU	
SAHF		1	1	1/3	ALU	
SALC		1	1	1	ALU	3DNow
LDS, LES, ...	r,m	10		10		
BSWAP	r	1	1	1/3	ALU	
PREFETCHNTA	m	1		1/2	AGU	
PREFETCHT0/1/2	m	1		1/2	AGU	
PREFETCH(W)	m	1		1/2	AGU	
SFENCE		6		8		
LFENCE		1		1		
MFENCE		4		33		
IN	r,i/DX	~270				
OUT	i/DX,r	~300				
Arithmetic instructions						
ADD, SUB	r,r/i	1	1	1/3	ALU	
ADD, SUB	r,m	1		1/2	ALU, AGU	
ADD, SUB	m,r	1	4	1	ALU, AGU	
ADC, SBB	r,r/i	1	1	1/3	ALU	
ADC, SBB	r,m	1		1/2	ALU, AGU	
ADC, SBB	m,r/i	1	4	1	ALU, AGU	
CMP	r,r/i	1	1	1/3	ALU	
CMP	r,m	1		1/2	ALU, AGU	
INC, DEC, NEG	r	1	1	1/3	ALU	
INC, DEC, NEG	m	1	7	2	ALU, AGU	
AAA, AAS		9	5	5	ALU	
DAA		12	6	6	ALU	
DAS		16	7	7	ALU	
AAD		4	5	5	ALU0	
AAM		30	13	13	ALU	
MUL, IMUL	r8/m8	1	3	1	ALU0	
MUL, IMUL	r16/m16	3	3	2	ALU0_1	
						latency ax=3, dx=4

K10

MUL, IMUL	r32/m32	2	3	1	ALU0_1	latency rax=4, rdx=5
MUL, IMUL	r64/m64	2	4	2	ALU0_1	
IMUL	r16,r16/m16	1	3	1	ALU0	
IMUL	r32,r32/m32	1	3	1	ALU0	
IMUL	r64,r64/m64	1	4	2	ALU0_1	
IMUL	r16,(r16),i	2	4	1	ALU0	
IMUL	r32,(r32),i	1	3	1	ALU0	
IMUL	r64,(r64),i	1	4	2	ALU0	
IMUL	r16,m16,i	3		2	ALU0	
IMUL	r32,m32,i	3		2	ALU0	
IMUL	r64,m64,i	3		2	ALU0_1	
DIV	r8/m8		17	17	ALU	
IDIV	r8		19	19	ALU	
IDIV	m8		22	22	ALU	
DIV	r16/m16		15-30	15-30	ALU	Depends on number of significant bits in absolute value of dividend. See AMD software optimization guide.
DIV	r32/m32		15-46	15-46	ALU	
DIV	r64/m64		15-78	15-78	ALU	
IDIV	r16/m16		24-39	24-39	ALU	
IDIV	r32/m32		24-55	24-55	ALU	
IDIV	r64/m64		24-87	24-87	ALU	
CBW, CWDE, CDQE		1	1	1/3	ALU	
CWD, CDQ, CQO		1	1	1/3	ALU	
Logic instructions						
AND, OR, XOR	r,r	1	1	1/3	ALU	
AND, OR, XOR	r,m	1		1/2	ALU, AGU	
AND, OR, XOR	m,r	1	4	1	ALU, AGU	
TEST	r,r	1	1	1/3	ALU	
TEST	r,m	1		1/2	ALU, AGU	
NOT	r	1	1	1/3	ALU	
NOT	m	1	7	1	ALU, AGU	
SHL, SHR, SAR	r,i/CL	1	1	1/3	ALU	
ROL, ROR	r,i/CL	1	1	1/3	ALU	
RCL, RCR	r,1	1	1	1	ALU	
RCL	r,i	9	3	3	ALU	
RCR	r,i	7	3	3	ALU	
RCL	r,CL	9	4	4	ALU	
RCR	r,CL	7	3	3	ALU	
SHL,SHR,SAR,ROL,RCR	m,i /CL	1	7	1	ALU, AGU	
RCL, RCR	m,1	1	7	1	ALU, AGU	
RCL	m,i	10	7	5	ALU, AGU	
RCR	m,i	9	7	6	ALU, AGU	
RCL	m,CL	9	8	6	ALU, AGU	
RCR	m,CL	8	7	5	ALU, AGU	
SHLD, SHRD	r,r,i	6	3	2	ALU	
SHLD, SHRD	r,r,cl	7	3	3	ALU	
SHLD, SHRD	m,r,i/CL	8	7.5	6	ALU, AGU	
BT	r,r/i	1	1	1/3	ALU	
BT	m,i	1		1/2	ALU, AGU	
BT	m,r	5	7	2	ALU, AGU	
BTC, BTR, BTS	r,r/i	2	2	1/3	ALU	
BTC	m,i	5	9	1.5	ALU, AGU	
BTR, BTS	m,i	4	9	1.5	ALU, AGU	

K10

BTC	m,r	8	8	10	ALU, AGU	
BTR, BTS	m,r	8	8	7	ALU, AGU	
BSF	r,r	6	4	3	ALU	
BSR	r,r	7	4	3	ALU	
BSF	r,m	7	7	3	ALU, AGU	
BSR	r,m	8	7	3	ALU, AGU	
POPCNT	r,r/m	1	2	1	ALU	SSE4.A / SSE4.2
LZCNT	r,r/m	1	2	1	ALU	SSE4.A, AMD only
SETcc	r	1	1	1/3	ALU	
SETcc	m	1		1/2	ALU, AGU	
CLC, STC		1		1/3	ALU	
CMC		1	1	1/3	ALU	
CLD		1		1/3	ALU	
STD		2		2/3	ALU	
Control transfer instructions						
JMP	short/near	1		2	ALU	
JMP	far	16-20	23-32			low values = real mode
JMP	r	1		2	ALU	
JMP	m(near)	1		2	ALU, AGU	
JMP	m(far)	17-21	25-33			low values = real mode
Jcc	short/near	1		1/3 - 2	ALU	recip. thrp.= 2 if jump
J(E/R)CXZ	short	2		2/3 - 2	ALU	recip. thrp.= 2 if jump
LOOP	short	7		3	ALU	
CALL	near	3	2	2	ALU	
CALL	far	16-22	23-32			low values = real mode
CALL	r	4	3	3	ALU	
CALL	m(near)	5	3	3	ALU, AGU	
CALL	m(far)	16-22	24-33			low values = real mode
RETN		2	3	3	ALU	
RETN	i	2	3	3	ALU	
RETF		15-23	24-35			low values = real mode
RETF	i	15-24	24-35			low values = real mode
IRET		32	81			real mode
INT	i	33	42			real mode
BOUND	m	6		2		values are for no jump
INTO		2		2		values are for no jump
String instructions						
LODS		4	2	2		
REP LODS		5	2	2		values are per count
STOS		4	2	2		
REP STOS		2	1	1		values are per count
MOVS		7	3	3		
REP MOVS		3	1	1		values are per count
SCAS		5	2	2		
REP SCAS		5	2	2		values are per count
CMPS		7	3	3		
REP CMPS		3	1	1		values are per count
Other						
NOP (90)		1	0	1/3	ALU	
Long NOP (0F 1F)		1	0	1/3	ALU	

K10

ENTER		i,0	12		12	3 ops, 5 clk if 16 bit
LEAVE		2		3		
CLI		8-9		5		
STI		16-17		27		
CPUID		22-50	47-164			
RDTSC		30		67		
RDPMC		13		5		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
FLD	r	1	2	1/2	FA/M	
FLD	m32/64	1	4	1/2	FANY	
FLD	m80	7	13	4		
FBLD	m80	20	94	30		
FST(P)	r	1	2	1/2	FA/M	
FST(P)	m32/64	1	2	1	FMISC	
FSTP	m80	10	8	7		
FBSTP	m80	218	167	163		
FXCH	r	1	0	1/3		
FILD	m	1	6	1	FMISC	
FIST(P)	m	1	4	1	FMISC	
FLDZ, FLD1		1		1	FMISC	
FCMOVcc	st0,r	9			FMISC, FA/M	Low latency immediately after FCOMI
FFREE	r	1		1/3	FANY	
FINCSTP, FDECSTP		1	0	1/3	FANY	
FNSTSW	AX	2		16	FMISC, ALU	Low latency immediately after FCOM FTST do. do. faster if unchanged
FSTSW	AX	3		14	FMISC, ALU	
FNSTSW	m16	2		9	FMISC, ALU	
FNSTCW	m16	3		2	FMISC, ALU	
FLDCW	m16	12		14	FMISC, ALU	
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	4	1	FADD	
FIADD,FISUB(R)	m	2		4	FADD,FMISC	
FMUL(P)	r/m	1	4	1	FMUL	
FIMUL	m	2		4	FMUL,FMISC	
FDIV(R)(P)	r/m	1	?	24	FMUL	
FIDIV(R)	m	2	31	24	FMUL,FMISC	
FABS, FCHS		1	2	2	FMUL	
FCOM(P), FUCOM(P)	r/m	1		1	FADD	
FCOMPP, FUCOMPP		1		1	FADD	
FCOMI(P)	r	1		1	FADD	
FICOM(P)	m	2		1	FADD, FMISC	
FTST		1		1	FADD	
FXAM		2		1	FMISC, ALU	
FRNDINT		6		37		
FPREM		1		7	FMUL	
FPREM1		1		7	FMUL	

K10

Math						
FSQRT		1	35	35	FMUL	
FLDPI, etc.		1		1	FMISC	
FSIN		45	~51?			
FCOS		51	~90?			
FSINCOS		76	~125?			
FPTAN		45	~119			
FPATAN		9	151?	45?		
FSCALE		5	9	29		
FXTRACT		11	9	41		
F2XM1		8	65	30?		
FYL2X		8	13	30?		
FYL2XP1		12	114	44?		
Other						
FNOP		1	0	1/3	FANY	
(F)WAIT		1	0	1/3	ALU	
FNCLEX		8		28	FMISC	
FNINIT		26		103	FMISC	
FNSAVE	m	77	162	149		
FRSTOR	m	70	133	149		
FXSAVE	m	61	63	58		
FXRSTOR	m	85	89	79		

Integer MMX and XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOVD	r32, mm	1	3	1	FADD	
MOVD	mm, r32	2	6	3		
MOVD	mm, m32	1	4	1/2	FANY	
MOVD	r32, xmm	1	3	1	FADD	
MOVD	xmm, r32	2	6	3		
MOVD	xmm, m32	1	2	1/2		
MOVD	m32, mm/x	1	2	1	FMISC	
MOVD (MOVQ)	r64, mm/x	1	3	1	FADD	Moves 64 bits. Name of instruction differs
MOVD (MOVQ)	mm, r64	2	6	3		do.
MOVD (MOVQ)	xmm, r64	2	6	3	FMUL, ALU	do.
MOVQ	mm, mm	1	2	1/2	FA/M	
MOVQ	xmm, xmm	1	2.5	1/3	FANY	
MOVQ	mm, m64	1	4	1/2	FANY	
MOVQ	xmm, m64	1	2	1/2	?	
MOVQ	m64, mm/x	1	2	1	FMISC	
MOVDQA	xmm, xmm	1	2.5	1/3	FANY	
MOVDQA	xmm, m	1	2	1/2	?	
MOVDQA	m, xmm	2	2	1	FMUL, FMISC	
MOVDQU	xmm, m	1	2	1/2		
MOVDQU	m, xmm	3	3	2		
MOVDQ2Q	mm, xmm	1	2	1/3	FANY	
MOVQ2DQ	xmm, mm	1	2	1/3	FANY	

K10

MOVNTQ	m,mm	1		1	FMISC	
MOVNTDQ	m,xmm	2		1	FMUL,FMISC	
PACKSSWB/DW						
PACKUSWB	mm,r/m	1	2	1/2	FA/M	
PACKSSWB/DW						
PACKUSWB	xmm,r/m	1	3	1/2	FA/M	
PUNPCKH/LBW/WD/DQ	mm,r/m	1	2	1/2	FA/M	
PUNPCKH/LBW/WD/DQ	xmm,r/m	1	3	1/2	FA/M	
PUNPCKHQDQ	xmm,r/m	1	3	1/2	FA/M	
PUNPCKLQDQ	xmm,r/m	1	3	1/2	FA/M	
PSHUFD	xmm,xmm,i	1	3	1/2	FA/M	
PSHUFW	mm,mm,i	1	2	1/2	FA/M	
PSHUFL/HW	xmm,xmm,i	1	2	1/2	FA/M	
MASKMOVQ	mm,mm	32		13		
MASKMOVDQU	xmm,xmm	64		24		
PMOVMASKB	r32,mm/xmm	1	3	1	FADD	
PEXTRW	r32,mm/x,i	2	6	1		
PINSRW	mm/x,r32,i	2	9	3	FA/M	
INSERTQ	xmm,xmm	3	6	2	FA/M	SSE4.A, AMD only
INSERTQ	xmm,xmm,i,i	3	6	2	FA/M	SSE4.A, AMD only
EXTRQ	xmm,xmm	1	2	1/2	FA/M	SSE4.A, AMD only
EXTRQ	xmm,xmm,i,i	1	2	1/2	FA/M	SSE4.A, AMD only
Arithmetic instructions						
PADDB/W/D/Q						
PADDSB/W						
PADDUSB/W PSUBB/W/D/Q PSUBSB/W	mm/xmm,r/m	1	2	1/2	FA/M	
PSUBUSB/W	mm/xmm,r/m	1	2	1/2	FA/M	
PCMPEQ/GT B/W/D						
PMULLW PMULHW						
PMULHUW						
PMULUDQ	mm/xmm,r/m	1	3	1	FMUL	
PMADDWD	mm/xmm,r/m	1	3	1	FMUL	
PAVGB/W	mm/xmm,r/m	1	2	1/2	FA/M	
PMIN/MAX SW/UB	mm/xmm,r/m	1	2	1/2	FA/M	
PSADBW	mm/xmm,r/m	1	3	1	FADD	
Logic						
PAND PANDN POR						
PXOR	mm/xmm,r/m	1	2	1/2	FA/M	
PSLL/RL W/D/Q						
PSRAW/D	mm,i/mm/m	1	2	1/2	FA/M	
PSLL/RL W/D/Q						
PSRAW/D	x,i/mm/x	1	3	1/2	FA/M	
PSLLDQ, PSRLDQ	xmm,i	1	3	1/2	FA/M	
Other						
EMMS		1		1/3	FANY	

Floating point XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes
Move instructions						
MOVAPS/D	r,r	1	2.5	1/2	FANY	
MOVAPS/D	r,m	1	2	1/2	?	
MOVAPS/D	m,r	2	2	1	FMUL,FMISC	
MOVUPS/D	r,r	1	2.5	1/2	FANY	
MOVUPS/D	r,m	1	2	1/2	?	
MOVUPS/D	m,r	3	3	2	FMISC	
MOVSS/D	r,r	1	2	1/2	FA/M	
MOVSS/D	r,m	1	2	1/2	?	
MOVSS/D	m,r	1	2	1	FMISC	
MOVHLPS, MOVLHPS	r,r	1	3	1/2	FA/M	
MOVHPS/D, MOVLPS/D	r,m	1	4	1/2	FA/M	
MOVHPS/D, MOVLPS/D	m,r	1		1	FMISC	
MOVNTPS/D	m,r	2		3	FMUL,FMISC	
MOVNTSS/D	m,r	1		1	FMISC	
MOVMSKPS/D	r32,r	1	3	1	FADD	
SHUFPS/D	r,r/m,i	1	3	1/2	FA/M	
UNPCK H/L PS/D	r,r/m	1	3	1/2	FA/M	
Conversion						
CVTPS2PD	r,r/m	1	2	1	FMISC	
CVTPD2PS	r,r/m	2	7	1		
CVTSD2SS	r,r/m	3	8	2		
CVTSS2SD	r,r/m	3	7	2		
CVTDQ2PS	r,r/m	1	4	1	FMISC	
CVTDQ2PD	r,r/m	1	4	1	FMISC	
CVT(T)PS2DQ	r,r/m	1	4	1	FMISC	
CVT(T)PD2DQ	r,r/m	2	7	1		
CVTPI2PS	xmm,mm	2	7	1		
CVTPI2PD	xmm,mm	1	4	1	FMISC	
CVT(T)PS2PI	mm,xmm	1	4	1	FMISC	
CVT(T)PD2PI	mm,xmm	2	7	1		
CVTSI2SS	xmm,r32	3	14	3		
CVTSI2SD	xmm,r32	3	14	3		
CVT(T)SD2SI	r32,xmm	2	8	1	FADD,FMISC	
CVT(T)SS2SI	r32,xmm	2	8	1	FADD,FMISC	
Arithmetic						
ADDSS/D SUBSS/D	r,r/m	1	4	1	FADD	
ADDPs/D SUBPs/D	r,r/m	1	4	1	FADD	
MULSS/D	r,r/m	1	4	1	FMUL	
MULPS/D	r,r/m	1	4	1	FMUL	
DIVSS	r,r/m	1	16	13	FMUL	
DIVPS	r,r/m	1	18	15	FMUL	
DIVSD	r,r/m	1	20	17	FMUL	
DIVPD	r,r/m	1	20	17	FMUL	
RCPSS RCPPS	r,r/m	1	3	1	FMUL	

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K10

MAXSS/D MINSS/D	r,r/m	1	2	1	FADD	
MAXPS/D MINPS/D	r,r/m	1	2	1	FADD	
CMPccSS/D	r,r/m	1	2	1	FADD	
CMPccPS/D	r,r/m	1	2	1	FADD	
COMISS/D UCOMISS/D	r,r/m	1		1	FADD	
Logic						
ANDPS/D ANDNPS/D ORPS/D XORPS/D	r,r/m	1	2	1/2	FA/M	
Math						
SQRTSS	r,r/m	1	19	16	FMUL	
SQRTPS	r,r/m	1	21	18	FMUL	
SQRTSD	r,r/m	1	27	24	FMUL	
SQRTPD	r,r/m	1	27	24	FMUL	
RSQRTSS	r,r/m	1	3	1	FMUL	
RSQRTPS	r,r/m	1	3	1	FMUL	
Other						
LDMXCSR	m	12	12	10		
STMXCSR	m	3	12	11		

Obsolete 3DNow instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution unit	Notes	
Move and convert instructions						3DNow extension 3DNow extension 3DNow extension	
PF2ID	mm,mm						
PI2FD	mm,mm						
PF2IW	mm,mm						
PI2FW	mm,mm						
PSWAPD	mm,mm						
Integer instructions							
PAVGUSB	mm,mm						
PMULHRW	mm,mm						
Floating point instructions							
PFADD/SUB/SUBR	mm,mm	1	4	1	FADD	3DNow extension	
PFCMPEQ/GE/GT	mm,mm	1	2	1	FADD		
PFMAX/MIN	mm,mm	1	2	1	FADD		
PFMUL	mm,mm	1	4	1	FMUL		
PFACC	mm,mm	1	4	1	FADD		
PFNACC, PFPNACC	mm,mm	1	4	1	FADD		
PFRCP	mm,mm	1	3	1	FMUL		
PFRCPIT1/2	mm,mm	1	4	1	FMUL		
PFRSQRT	mm,mm	1	3	1	FMUL		
PFRSQIT1	mm,mm	1	4	1	FMUL		
Other							
FEMMS	mm,mm						

K10

Thank you to Xucheng Tang for doing the measurements on the K10.

AMD Bulldozer

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers. Instructions with more than 2 macro-operations use microcode.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity, and exceptions increase the delays. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: Integer pipes: EX0: integer ALU, division EX1: integer ALU, multiplication, jump EX01: can use either EX0 or EX1 AG01: address generation unit 0 or 1 Floating point and vector pipes: P0: floating point add, mul, div, convert, shuffle, shift P1: floating point add, mul, div, shuffle, shift P2: move, integer add, boolean P3: move, integer add, boolean, store P01: can use either P0 or P1 P23: can use either P2 or P3 Two macro-operations can execute simultaneously if they go to different execution pipes
Domain:	Tells which execution unit domain is used: ivec: integer vector execution unit. fp: floating point execution unit. fma: floating point multiply/add subunit. inherit: the output operand inherits the domain of the input operand. ivec/fma means the input goes to the ivec domain and the output comes from the fma domain. There is an additional latency of 1 clock cycle if the output of an ivec instruction goes to the input of a fp or fma instruction, and when the output of a fp or fma instruction goes to the input of an ivec or store instruction. There is no latency between the fp and fma units. All other latencies after memory load and before memory store instructions are included in the latency counts. An fma instruction has a latency of 5 if the output goes to another fma instruction, 6 if the output goes to an fp instruction, and 6+1 if the output goes to an ivec or store instruction.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
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Bulldozer

Move instructions						
MOV	r,r	1	1	0.5	EX01	all addr. modes all addr. modes
MOV	r,i	1	1	0.5	EX01	
MOV	r,m	1	4	0.5	AG01	
MOV	m,r	1	4	1	EX01 AG01	
MOV	m,i	1		1		
MOVNTI	m,r	1	5	2		
MOVZX, MOVZX	r,r	1	1	0.5	EX01	
MOVZX	r,m	1	5	0.5	EX01	
MOVZX	r,m	1	4	0.5	EX01	
MOVSLD	r64,r32	1	1	0.5	EX01	
MOVSLD	r64,m32	1	5	0.5	EX01	
CMOVCc	r,r	1	1	0.5	EX01	
CMOVCc	r,m	1		0.5	EX01	
XCHG	r,r	2	1	1	EX01	
XCHG	r,m	2	~50	~50	EX01	Timing depends on hw
XLAT		2	6	2		
PUSH	r	1		1		
PUSH	i	1		1		
PUSH	m	2		1.5		
PUSHF(D/Q)		8		4		
PUSHA(D)		9		9		
POP	r	1		1		
POP	m	2		1		
POPF(D/Q)		34		19		
POPA(D)		14		8		
LEA	r16,[m]	2	2-3		EX01	
LEA	r32,[m]	2	2-3		EX01	
LEA	r32/64,[m]	1	2	0.5	EX01	any addr. size 16 bit addr. size scale factor > 1 or 3 operands all other cases
LEA	r32/64,[m]	1	1	0.5	EX01	
LAHF		4	3	2		
SAHF		2	2	1		
SALC		1	1	1		
BSWAP	r	1	1	0.5	EX01	
PREFETCHNTA	m	1		0.5		
PREFETCHT0/1/2	m	1		0.5		
PREFETCH/W	m	1		0.5		
SFENCE		6		89		
LFENCE		1		0.25		
MFENCE		6		89		
Arithmetic instructions						
ADD, SUB	r,r	1	1	0.5	EX01	AMD 3DNow
ADD, SUB	r,i	1	1	0.5	EX01	
ADD, SUB	r,m	1		0.5	EX01	
ADD, SUB	m,r	1	7-8	1	EX01	
ADD, SUB	m,i	1	7-8	1	EX01	
ADC, SBB	r,r	1	1		EX01	
ADC, SBB	r,i	1	1		EX01	
ADC, SBB	r,m	1	1	1	EX01	
ADC, SBB	m,r	1	9	1	EX01	

Bulldozer

ADC, SBB	m,i	1	9	1	EX01
CMP	r,r	1	1	0.5	EX01
CMP	r,i	1	1	0.5	EX01
CMP	r,m	1		0.5	EX01
INC, DEC, NEG	r	1	1	0.5	EX01
INC, DEC, NEG	m	1	7-8	1	EX01
AAA, AAS		10	6		
DAA		16	9		
DAS		20	10		
AAD		4	6		
AAM		9	20	20	
MUL, IMUL	r8/m8	1	4	2	EX1
MUL, IMUL	r16/m16	2	4	2	EX1
MUL, IMUL	r32/m32	1	4	2	EX1
MUL, IMUL	r64/m64	1	6	4	EX1
IMUL	r16,r16/m16	1	4	2	EX1
IMUL	r32,r32/m32	1	4	2	EX1
IMUL	r64,r64/m64	1	6	4	EX1
IMUL	r16,(r16),i	2	5	2	EX1
IMUL	r32,(r32),i	1	4	2	EX1
IMUL	r64,(r64),i	1	6	4	EX1
IMUL	r16,m16,i	2		2	EX1
IMUL	r32,m32,i	2		2	EX1
IMUL	r64,m64,i	2		4	EX1
DIV	r8/m8	14	20	20	EX0
DIV	r16/m16	18	15-27	15-28	EX0
DIV	r32/m32	16	16-43	16-43	EX0
DIV	r64/m64	16	16-75	16-75	EX0
IDIV	r8/m8	33	23	20	EX0
IDIV	r16/m16	36	23-33	20-27	EX0
IDIV	r32/m32	36	22-48	20-43	EX0
IDIV	r64/m64	36	22-79	20-75	EX0
CBW, CWDE, CDQE		1	1		EX01
CDQ, CQO		1	1	0.5	EX01
CWD		2	1	1	EX01
Logic instructions					
AND, OR, XOR	r,r	1	1	0.5	EX01
AND, OR, XOR	r,i	1	1	0.5	EX01
AND, OR, XOR	r,m	1		0.5	EX01
AND, OR, XOR	m,r	1	7-8	1	EX01
AND, OR, XOR	m,i	1	7-8	1	EX01
TEST	r,r	1	1	0.5	EX01
TEST	r,i	1	1	0.5	EX01
TEST	m,r	1		0.5	EX01
TEST	m,i	1		0.5	EX01
NOT	r	1	1	0.5	EX01
NOT	m	1	7	1	EX01
SHL, SHR, SAR	r,i/CL	1	1	0.5	EX01
ROL, ROR	r,i/CL	1	1	0.5	EX01
RCL	r,1	1	1		EX01
RCL	r,i	16	8		EX01
RCL	r,cl	17	9		EX01

Bulldozer

RCR	r,1	1	1		EX01	
RCR	r,i	15	8		EX01	
RCR	r,cl	16	8		EX01	
SHLD, SHRD	r,r,i	6	3	3	EX01	
SHLD, SHRD	r,r,cl	7	4	3.5	EX01	
SHLD, SHRD	m,r,i/CL	8		3.5	EX01	
BT	r,r/i	1	1	0.5	EX01	
BT	m,i	1		0.5	EX01	
BT	m,r	7		3.5	EX01	
BTC, BTR, BTS	r,r/i	2	2	1	EX01	
BTC, BTR, BTS	m,i	4		2	EX01	
BTC, BTR, BTS	m,r	10		5	EX01	
BSF	r,r	6	3	3	EX01	
BSF	r,m	8	4	4	EX01	
BSR	r,r	7	4	4	EX01	
BSR	r,m	9		5	EX01	
LZCNT	r,r	1	2	2	EX0	SSE4.A
POPCNT	r,r/m	1	4	2	EX1	SSE4.2
SETcc	r	1	1	0.5	EX01	
SETcc	m	1		1	EX01	
CLC, STC		1		0.5	EX01	
CMC		1	1		EX01	
CLD		2		3		
STD		2		4		
POPCNT	r16/32,r16/32	1	4	2		SSE4A
POPCNT	r64,r64	1	4	4		SSE4A
LZCNT	r,r	2	2	2		SSE4A
EXTRQ	x,i,i	1	3	1	P1	SSE4A
EXTRQ	x,x	1	3	1	P1	SSE4A
INSERTQ	x,x,i,i	1	3	1	P1	SSE4A
INSERTQ	x,x	1	3	1	P1	SSE4A
Control transfer instructions						
JMP	short/near	1		2	EX1	
JMP	r	1		2	EX1	
JMP	m	1		2	EX1	
Jcc	short/near	1		1-2	EX1	2 if jumping
fused CMP+Jcc	short/near	1		1-2	EX1	2 if jumping
J(E/R)CXZ	short	1		1-2	EX1	2 if jumping
LOOP	short	1		1-2	EX1	2 if jumping
LOOPE LOOPNE	short	1		1-2	EX1	2 if jumping
CALL	near	2		2	EX1	
CALL	r	2		2	EX1	
CALL	m	3		2	EX1	
RET		1		2	EX1	
RET	i	4		2-3	EX1	
BOUND	m	11		5		for no jump
INTO		4		24		for no jump
String instructions						
LODS		3		3		
REP LODS		6n		3n		
STOS		3		3		

Bulldozer

REP STOS		2n		2n		small n
REP STOS		3 per 16B		3 per 16B		best case
MOVS		5		3		
REP MOVS		2n		2n		small n
REP MOVS		4 per 16B		3 per 16B		best case
SCAS		3		3		
REP SCAS		7n		4n		
CMPS		6		3		
REP CMPS		9n		4n		
Synchronization						
LOCK ADD	m,r	1	~55			
XADD	m,r	4	10			
LOCK XADD	m,r	4	~51			
CMPXCHG	m8,r8	5	15			
LOCK CMPXCHG	m8,r8	5	~51			
CMPXCHG	m,r16/32/64	6	14			
LOCK CMPXCHG	m,r16/32/64	6	~52			
CMPXCHG8B	m64	18	15			
LOCK CMPXCHG8B	m64	18	~53			
CMPXCHG16B	m128	22	52			
LOCK CMPXCHG16B	m128	22	~94			
Other						
NOP (90)		1		0.25	none	
Long NOP (0F 1F)		1		0.25	none	
PAUSE		40		43		
ENTER	a,0	13		22		
ENTER	a,b	11+5b		16+4b		
LEAVE		2		4		
CPUID		37-63		112-280		
RDTSC		36		42		
RDPMC		22		300		
CRC32	r32,r8	3	3	2		
CRC32	r32,r16	5	5	5		
CRC32	r32,r32	5	6	6		
XGETBV		4		31		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
FLD	r	1	2	0.5	P01	fp
FLD	m32/64	1	8	1		fp
FLD	m80	8	14	4		fp
FBLD	m80	60	61	40	P0 P1 P2 P3	fp
FST(P)	r	1	2	0.5	P01	fp
FST(P)	m32/64	2	8	1		fp
FSTP	m80	13	9	20		fp
FBSTP	m80	239	240	244	P0 P1 F3	fp
FXCH	r	1	0	0.5	P01	inherit
FILD	m	1	12	1	F3	fp

Bulldozer

FIST(P)	m	2	8	1	P0 F3	fp
FLDZ, FLD1		1		0.5	P01	fp
FCMOVcc	st0,r	8	3	3	P0 P1 F3	fp
FFREE	r	1		0.25	none	
FINCSTP, FDECSTP		1	0	0.25	none	inherit
FNSTSW	AX	4	~13	22	P0 P2 P3	
FNSTSW	m16	3	~13	19	P0 P2 P3	
FLDCW	m16	1		3		
FNSTCW	m16	3		2		
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	5-6	1	P01	fma
FIADD,FISUB(R)	m	2		2	P01	fma
FMUL(P)	r/m	1	5-6	1	P01	fma
FIMUL	m	2		2	P01	fma
FDIV(R)(P)	r	1	10-42	5-18	P01	fp
FDIV(R)	m	2			P01	fp
FIDIV(R)	m	2			P01	fp
FABS, FCHS		1	2	0.5	P01	fp
FCOM(P), FUCOM(P)	r/m	1		0.5	P01	fp
FCOMPP, FUCOMPP		1		0.5	P01	fp
FCOMI(P)	r	2	2	1	P0 P1 F3	fp
FICOM(P)	m	2		1	P01	fp
FTST		1		0.5	P01	fp
FXAM		1	~20	0.5	P01	fp
FRNDINT		1	4	1	P0	fp
FPREM		1	19-62		P0	fp
FPREM1		1	19-65		P0	fp
Math						
FSQRT		1	10-53		P01	
FLDPI, etc.		1		0.5	P01	
FSIN		10-162	65-210	65-210	P0 P1 P3	
FCOS		160-170	~160	~160	P0 P1 P3	
FSINCOS		12-166	95-160	95-160	P0 P1 P3	
FPTAN		11-190	95-245	95-245	P0 P1 P3	
FPATAN		10-355	60-440	60-440	P0 P1 P3	
FSCALE		8	52		P0 P1 P3	
FXTRACT		12	10	5	P0 P1 P3	
F2XM1		10	64-71		P0 P1 P3	
FYL2X		10-175			P0 P1 P3	
FYL2XP1		10-175			P0 P1 P3	
Other						
FNOP		1		0.25	none	
(F)WAIT		1		0.25	none	
FNCLEX		18		57	P0	
FNINIT		31		170	P0	
FNSAVE	m864	103	300	300	P0 P1 P2 P3	
FRSTOR	m864	76	312	312	P0 P3	

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD	r32/64, mm/x	1	8	1		
MOVD	mm/x, r32/64	2	10	1		
MOVD	mm/x, m32	1	6	0.5		
MOVD	m32, mm/x	1	5	1		
MOVQ	mm/x, mm/x	1	2	0.5	P23	
MOVQ	mm/x, m64	1	6	0.5		
MOVQ	m64, mm/x	1	5	1	P3	
MOVDQA	xmm, xmm	1	0	0.25	none	inherit domain
MOVDQA	xmm, m	1	6	0.5		
MOVDQA	m, xmm	1	5	1	P3	
VMOVDQA	ymm, ymm	2	2	0.5	P23	
VMOVDQA	ymm, m256	2	6	1		
VMOVDQA	m256, ymm	4	5	3	P3	
MOVDQU	xmm, xmm	1	0	0.25	none	inherit domain
MOVDQU	xmm, m	1	6	0.5		
MOVDQU	m, xmm	1	5	1	P3	
LDDQU	xmm, m	1	6	0.5		
VMOVDQU	ymm, m256	2	6	1-2		
VMOVDQU	m256, ymm	8	6	10	P2 P3	
MOVDQ2Q	mm, xmm	1	2	0.5	P23	
MOVQ2DQ	xmm, mm	1	2	0.5	P23	
MOVNTQ	m, mm	1	6	2	P3	
MOVNTDQ	m, xmm	1	6	2	P3	
MOVNTDQA	xmm, m	1	6	0.5		
PACKSSWB/DW	mm/x, r/m	1	2	1	P1	
PACKUSWB	mm/x, r/m	1	2	1	P1	
PUNPCKH/LBW/WD/DQ	mm/x, r/m	1	2	1	P1	
PUNPCKHQDQ	xmm, r/m	1	2	1	P1	
PUNPCKLQDQ	xmm, r/m	1	2	1	P1	
PSHUFB	mm/x, r/m	1	3	1	P1	
PSHUFD	xmm, xmm, i	1	2	1	P1	
PSHUFW	mm, mm, i	1	2	1	P1	
PSHUFL/HW	xmm, xmm, i	1	2	1	P1	
PALIGNR	mm/x, r/m, i	1	2	1	P1	
PBLENDW	xmm, r/m	1	2	0.5	P23	SSE4.1
MASKMOVQ	mm, mm	31	38	37	P3	
MASKMOVDQU	xmm, xmm	64	48	61	P1 P3	
PMOVMASKB	r32, mm/x	2	10	1	P1 P3	
PEXTRB/W/D/Q	r, x/mm, i	2	10	1	P1 P3	AVX
PINSRB/W/D/Q	x/mm, r, i	2	12	2	P1	
PMOVSXBW/BD/BQ/WD/WQ/DQ	xmm, xmm	1	2	1	P1	SSE4.1
PMOVZXBW/BD/BQ/WD/WQ/DQ	xmm, xmm	1	2	1	P1	SSE4.1
VPCMOV	x, x, x, x/m	1	2	1	P1	AMD XOP
VPCMOV	y, y, y, y/m	2	2	2	P1	AMD XOP
VPPERM	x, x, x, x/m	1	2	1	P1	AMD XOP

Bulldozer

Arithmetic instructions							
PADDB/W/D/Q/SB/SW/USB/USW	mm/x,r/m	1	2	0.5	P23		
PSUBB/W/D/Q/SB/SW/USB/USW	mm/x,r/m	1	2	0.5	P23		
PHADD/SUB(S)W/D	x,x	3	5	2	P1 P23	SSSE3	
PHADD/SUB(S)W/D	x,m	4	5	2	P1 P23	SSSE3	
PCMPEQ/GT B/W/D	mm/x,r/m	1	2	0.5	P23		
PCMPEQQ	mm/x,r/m	1	2	0.5	P23	SSE4.1	
PCMPGTQ	mm/x,r/m	1	2	0.5	P23	SSE4.2	
PMULLW PMULHW							
PMULHUW PMULUDQ	mm/x,r/m	1	4	1	P0		
PMULLD	xmm,r/m	1	5	2	P0	SSE4.1	
PMULDQ	xmm,r/m	1	4	1	P0	SSE4.1	
PMULHRSW	mm/x,r/m	1	4	1	P0	SSSE3	
PMADDWD	mm/x,r/m	1	4	1	P0		
PMADDUBSW	mm/x,r/m	1	4	1	P0		
PAVGB/W	mm/x,r/m	1	2	0.5	P23		
PMIN/MAX SB/SW/ SD							
UB/UW/UD	mm/x,r/m	1	2	0.5	P23		
PHMINPOSUW	xmm,r/m	2	4	1	P1 P23	SSE4.1	
PABSB/W/D	mm/x,r/m	1	2	0.5	P23	SSSE3	
PSIGNB/W/D	mm/x,r/m	1	2	0.5	P23	SSSE3	
PSADBW	mm/x,r/m	2	4	1	P23		
MPSADBW	x,x,i	8	8	4	P1 P23	SSE4.1	
VPCOMB/W/D/Q	x,x,x/m,i	1	2	0.5	P23	AMD XOP latency 0 if i=6,7	
VPCOMUB/W/D/Q	x,x,x/m,i	1	2	0.5	P23	AMD XOP latency 0 if i=6,7	
VPHADDBW/BD/BQ/WD/WQ/DQ	x,x/m	1	2	0.5	P23	AMD XOP	
VPHADDUBW/BD/BQ/WD/WQ/DQ	x,x/m	1	2	0.5	P23	AMD XOP	
VPHSUBBW/WD/DQ	x,x/m	1	2	0.5	P23	AMD XOP	
VPMACSWW/WD	x,x,x/m,x	1	4	1	P0	AMD XOP	
VPMACSD	x,x,x/m,x	1	5	2	P0	AMD XOP	
VPMACSDQH/L	x,x,x/m,x	1	4	1	P0	AMD XOP	
VPMACSSWW/WD	x,x,x/m,x	1	4	1	P0	AMD XOP	
VPMACSSD	x,x,x/m,x	1	5	2	P0	AMD XOP	
VPMACSSDQH/L	x,x,x/m,x	1	4	1	P0	AMD XOP	
VPMADCSWD	x,x,x/m,x	1	4	1	P0	AMD XOP	
VPMADCSSWD	x,x,x/m,x	1	4	1	P0	AMD XOP	
Logic							
PAND PANDN POR							
PXOR	mm/x,r/m	1	2	0.5	P23		
PSLL/RL W/D/Q							
PSRAW/D	mm/x,r/m	1	3	1	P1		
PSLL/RL W/D/Q							
PSRAW/D	mm/x,i	1	2	1	P1		
PSLLDQ, PSRLDQ	xmm,i	1	2	1	P1		
PTEST	xmm,r/m	2		1	P1 P3	SSE4.1	
VPROTB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP	
VPROTB/W/D/Q	x,x,i	1	2	1	P1	AMD XOP	
VPSHAB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP	

Bulldozer

VPSHLB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP
String instructions						
PCMPESTRI	x,x,i	27	17	10	P1 P2 P3	SSE4.2
PCMPESTRM	x,x,i	27	10	10	P1 P2 P3	SSE4.2
PCMPISTRI	x,x,i	7	14	3	P1 P2 P3	SSE4.2
PCMPISTRM	x,x,i	7	7	4	P1 P2 P3	SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	5	12	7	P1	pclmul
AESDEC	x,x	2	5	2	P01	aes
AESDECLAST	x,x	2	5	2	P01	aes
AESENC	x,x	2	5	2	P01	aes
AESENCLAST	x,x	2	5	2	P01	aes
AESIMC	x,x	1	5	1	P0	aes
AESKEYGENASSIST	x,x,i	1	5	1	P0	aes
Other						
EMMS		1		0.25		

Floating point XMM and YMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
MOVAPS/D MOVUPS/D	x,x	1	0	0.25	none	inherit domain
VMOVAPS/D	y,y	2	2	0.5	P23	ivec
MOVAPS/D MOVUPS/D	x,m128	1	6	0.5		
VMOVAPS/D						
VMOVUPS/D	y,m256	2	6	1-2		
MOVAPS/D MOVUPS/D	m128,x	1	5	1	P3	
VMOVAPS/D	m256,y	4	5	3	P3	
VMOVUPS/D	m256,y	8	6	10	P2 P3	
MOVSS/D	x,x	1	2	0.5	P01	fp
MOVSS/D	x,m32/64	1	6	0.5		
MOVSS/D	m32/64,x	1	5	1		
MOVHPS/D MOVLPS/D	x,m64	1	7	1		
MOVHPS/D	m64,x	2	8	1	P1 P3	
MOVLPS/D	m64,x	1	7	1	P3	
MOVLHPS MOVHLPS	x,x	1	2	1	P1	ivec
MOVMSKPS/D	r32,x	2	10	1	P1 P3	
VMOVMSKPS/D	r32,y					
MOVNTPS/D	m128,x	1	6	2	P3	
VMOVNTPS/D	m256,y					
MOVNTSS/SD	m,x	1		4	P3	SSE4A
SHUFPS/D	x,x/m,i	1	2	1	P1	ivec
VSHUFPS/D	y,y,y/m,i	2	2	2	P1	ivec
VPERMILPS/PD	x,x,x/m	1	3	1	P1	ivec
VPERMILPS/PD	y,y,y/m	2	3	2	P1	ivec

Bulldozer

VPERMILPS/PD	x,x/m,i	1	2	1	P1	ivec
VPERMILPS/PD	y,y/m,i	2	2	2	P1	ivec
VPERM2F128	y,y,y,i	8	4	3	P23	ivec
VPERM2F128	y,y,m,i	10		4	P23	ivec
BLENDPS/PD	x,x/m,i	1	2	0.5	P23	ivec
VBLENDPS/PD	y,y,y/m,i	2	2	1	P23	ivec
BLENDVPS/PD	x,x/m,xmm0	1	2	1	P1	ivec
VBLENDVPS/PD	y,y,y/m,y	2	2	2	P1	ivec
MOVDDUP	x,x	1	2	1	P1	ivec
MOVDDUP	x,m64	1		0.5		
VMOVDDUP	y,y	2	2	2	P1	ivec
VMOVDDUP	y,m256	2		1		
VBROADCASTSS	x,m32	1	6	0.5		
VBROADCASTSS	y,m32	2	6	0.5	P23	
VBROADCASTSD	y,m64	2	6	0.5	P23	
VBROADCASTF128	y,m128	2	6	0.5	P23	
MOVSH/LDUP	x,x	1	2	1	P1	ivec
MOVSH/LDUP	x,m128	1		0.5		
VMOVSH/LDUP	y,y	2	2	2	P1	ivec
VMOVSH/LDUP	y,m256	2		1		
UNPCKH/LPS/D	x,x/m	1	2	1	P1	ivec
VUNPCKH/LPS/D	y,y,y/m	2	2	2	P1	ivec
EXTRACTPS	r32,x,i	2	10	1	P1 P3	
EXTRACTPS	m32,x,i	2	14	1	P1 P3	
VEXTRACTF128	x,y,i	1	2	1	P23	ivec
VEXTRACTF128	m128,y,i	2	7	1	P23	
INSERTPS	x,x,i	1	2	1	P1	
INSERTPS	x,m32,i	1		1	P1	
VINSERTF128	y,y,x,i	2	2	1	P23	ivec
VINSERTF128	y,y,m128,i	2	9	1	P23	
VMASKMOVPS/D	x,x,m128	1	9	0.5	P01	
VMASKMOVPS/D	y,y,m256	2	9	1	P01	
VMASKMOVPS/D	m128,x,x	18	22	7	P0 P1 P2 P3	
VMASKMOVPS/D	m256,y,y	34	25	13	P0 P1 P2 P3	
Conversion						
CVTPD2PS	x,x	2	7	1	P01	fp
VCVTPD2PS	x,y	4	7	2	P01	fp
CVTPS2PD	x,x	2	7	1	P01	fp
VCVTPS2PD	y,x	4	7	2	P01	fp
CVTSD2SS	x,x	1	4	1	P0	fp
CVTSS2SD	x,x	1	4	1	P0	fp
CVTDQ2PS	x,x	1	4	1	P0	fp
VCVTDQ2PS	y,y	2	4	2	P0	fp
CVT(T) PS2DQ	x,x	1	4	1	P0	fp
VCVT(T) PS2DQ	y,y	2	4	2	P0	fp
CVTDQ2PD	x,x	2	7	1	P01	fp
VCVTDQ2PD	y,x	4	8	2	P01	fp
CVT(T)PD2DQ	x,x	2	7	1	P01	fp
VCVT(T)PD2DQ	x,y	4	7	2	P01	fp
CVTPI2PS	x,mm	1	4	1	P0	fp
CVT(T)PS2PI	mm,x	1	4	1	P0	fp
CVTPI2PD	x,mm	2	7	1	P0 P1	fp

Bulldozer

CVT(T) PD2PI	mm,x	2	7	1	P0 P1	fp
CVTSI2SS	x,r32	2	14	1	P0	fp
CVT(T)SS2SI	r32,x	2	13	1	P0	fp
CVTSI2SD	x,r32/64	2	14	1	P0	fp
CVT(T)SD2SI	r32/64,x	2	13	1	P0	fp
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	5-6	0.5	P01	fma
ADDPSS/D SUBPSS/D	x,x/m	1	5-6	0.5	P01	fma
VADDPSS/D VSUBPSS/D	y,y,y/m	2	5-6	1	P01	fma
ADDSSUBPSS/D	x,x/m	1	5-6	0.5	P01	fma
VADDSSUBPSS/D	y,y,y/m	2	5-6	1	P01	fma
HADDPSS/D HSUBPSS/D	x,x	3	10	2	P01 P1	ivec/fma
HADDPSS/D HSUBPSS/D	x,m128	4		2	P01 P1	ivec/fma
VHADDPSS/D						
VHSUBPSS/D	y,y,y	8	10	4	P01 P1	ivec/fma
VHADDPSS/D						
VHSUBPSS/D	y,y,m	10		4	P01 P1	ivec/fma
MULSS MULSD	x,x/m	1	5-6	0.5	P01	fma
MULPSS MULPD	x,x/m	1	5-6	0.5	P01	fma
VMULPSS VMULPD	y,y,y/m	2	5-6	1	P01	fma
DIVSS DIVPSS	x,x/m	1	9-24	4.5-9.5	P01	fp
VDIVPSS	y,y,y/m	2	9-24	9-19	P01	fp
DIVSD DIVPD	x,x/m	1	9-27	4.5-11	P01	fp
VDIVPD	y,y,y/m	2	9-27	9-22	P01	fp
RCPSS/PS	x,x/m	1	5	1	P01	fp
VRCPSS	y,y/m	2	5	2	P01	fp
CMPSS/D						
CMPSS/D	x,x/m	1	2	0.5	P01	fp
VCMPSS/D	y,y,y/m	2	2	1	P01	fp
COMISS/D UCOMISS/D	x,x/m	2		1	P01 P3	fp
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x/m	1	2	0.5	P01	fp
VMAXPSS/D VMINPSS/D	y,y,y/m	2	2	1	P01	fp
ROUNDSS/SD/PS/PD	x,x/m,i	1	4	1	P0	fp
VROUNDSS/SD/PS/PD						
PD	y,y/m,i	2	4	2	P0	fp
DPPS	x,x,i	16	25	6	P01 P23	fma
DPPS	x,m128,i	18		7	P01 P23	fma
VDPPS	y,y,y,i	25	27	13	P01 P3	fma
VDPPS	y,m256,i	29		13	P01 P3	fma
DPPD	x,x,i	15	15	5	P01 P23	fma
DPPD	x,m128,i	17		6	P01 P23	fma
VFMADDSS/SD	x,x,x,x/m	1	5-6	0.5	P01	AMD FMA4
VFMADDPSS/PD	x,x,x,x/m	1	5-6	0.5	P01	AMD FMA4
VFMADDPSS/PD	y,y,y,y/m	2	5-6	1	P01	AMD FMA4
All other FMA4 instructions: same as above						AMD FMA4
Math						

Bulldozer

SQRTSS/PS	x,x/m	1	14-15	4.5-12	P01	fp
VSQRTPS	y,y/m	2	14-15	9-24	P01	fp
SQRTSD/PD	x,x/m	1	24-26	4.5-16.5	P01	fp
VSQRTPD	y,y/m	2	24-26	9-33	P01	fp
RSQRTSS/PS	x,x/m	1	5	1	P01	fp
VRSQRTPS	y,y/m	2	5	2	P01	fp
VFRCZSS/SD/PS/PD	x,x	2	10	2	P01	AMD XOP
VFRCZSS/SD/PS/PD	x,m	3	10	2	P01	AMD XOP
Logic						
AND/ANDN/OR/XORPS/ PD	x,x/m	1	2	0.5	P23	ivec
VAND/ANDN/OR/ XORPS/PD	y,y,y/m	2	2	1	P23	ivec
Other						
VZEROUPPER		9		4		32 bit mode
VZEROUPPER		16		5		64 bit mode
VZEROALL		17		6	P2 P3	32 bit mode
VZEROALL		32		10	P2 P3	64 bit mode
LDMXCSR	m32	1	10	4	P0 P3	
STMXCSR	m32	2	19	19	P0 P3	
FXSAVE	m4096	67	136	136	P0 P1 P2 P3	
FXRSTOR	m4096	116	176	176	P0 P1 P2 P3	
XSAVE	m	122	196	196	P0 P1 P2 P3	
XRSTOR	m	177	250	250	P0 P1 P2 P3	

AMD Piledriver

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers. Instructions with more than 2 macro-operations use microcode.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity, and exceptions increase the delays. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: Integer pipes: EX0: integer ALU, division EX1: integer ALU, multiplication, jump EX01: can use either EX0 or EX1 AG01: address generation unit 0 or 1 Floating point and vector pipes: P0: floating point add, mul, div, convert, shuffle, shift P1: floating point add, mul, div, shuffle, shift P2: move, integer add, boolean P3: move, integer add, boolean, store P01: can use either P0 or P1 P23: can use either P2 or P3 Two macro-operations can execute simultaneously if they go to different execution pipes
Domain:	Tells which execution unit domain is used: ivec: integer vector execution unit. fp: floating point execution unit. fma: floating point multiply/add subunit. inherit: the output operand inherits the domain of the input operand. ivec/fma means the input goes to the ivec domain and the output comes from the fma domain. There is an additional latency of 1 clock cycle if the output of an ivec instruction goes to the input of a fp or fma instruction, and when the output of a fp or fma instruction goes to the input of an ivec or store instruction. There is no latency between the fp and fma units. All other latencies after memory load and before memory store instructions are included in the latency counts. An fma instruction has a latency of 5 if the output goes to another fma instruction, 6 if the output goes to an fp instruction, and 6+1 if the output goes to an ivec or store instruction.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
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Piledriver

Move instructions						
MOV	r8,r8	1	1	0.5	EX01	all addr. modes all addr. modes
MOV	r16,r16	1	1	0.5	EX01	
MOV	r32,r32	1	1	0.3	EX01 or AG01	
MOV	r64,r64	1	1	0.3	EX01 or AG01	
MOV	r,i	1	1	0.5	EX01	
MOV	r,m	1	4	0.5	AG01	
MOV	m,r	1	4	1	EX01 AG01	
MOV	m,i	1		1		
MOVNTI	m,r	1	4	2		
MOVZX, MOVZX	r16,r8	1	1	1	EX01	
MOVZX, MOVZX	r32,r	1	1	0.5	EX01	
MOVZX, MOVZX	r64,r	1	1	0.5	EX01	
MOVZX	r,m	1	5	0.5	EX01	
MOVZX	r,m	1	4	0.5	EX01	
MOVSLD	r64,r32	1	1	0.5	EX01	Timing depends on hw
MOVSLD	r64,m32	1	5	0.5	EX01	
CMOVcc	r,r	1	1	0.5	EX01	
CMOVcc	r,m	1		0.5	EX01	
XCHG	r8,r8	2	1	1	EX01	
XCHG	r16,r16	2	1	1	EX01	
XCHG	r32,r32	2	1	0.5	EX01	
XCHG	r64,r64	2	1	0.5	EX01	
XCHG	r,m	2	~40	~40	EX01	
XLAT		2	6	2		
PUSH	r	1		1		
PUSH	i	1		1		
PUSH	m	2		1		
PUSHF(D/Q)		8		4		
PUSHA(D)		9		9		
POP	r	1		1		any addr. size 16 bit addr. size scale factor > 1 or 3 operands all other cases
POP	m	2		1		
POPF(D/Q)		34		18		
POPA(D)		14		8		
LEA	r16,[m]	2	2-3		EX01	
LEA	r32,[m]	2	2-3		EX01	
LEA	r32/64,[m]	1	2	0.5	EX01	
LEA	r32/64,[m]	1	1	0.5	EX01	
LAHF		4	3	2		
SAHF		2	2	1		
SALC		1	1	1		
BSWAP	r	1	1	0.5	EX01	
PREFETCHNTA	m	1		0.5		PREFETCHW
PREFETCHT0/1/2	m	1		0.5		
PREFETCH/W	m	1		0.5		
SFENCE		7		81		
LFENCE		1		0.25		
MFENCE		7		81		
Arithmetic instructions						
ADD, SUB	r,r	1	1	0.5	EX01	

Piledriver

ADD, SUB	r,i	1	1	0.5	EX01
ADD, SUB	r,m	1		0.5	EX01
ADD, SUB	m,r	1	7-8	1	EX01
ADD, SUB	m,i	1	7-8	1	EX01
ADC, SBB	r,r	1	1		EX01
ADC, SBB	r,i	1	1		EX01
ADC, SBB	r,m	1	1	1	EX01
ADC, SBB	m,r	1	9	1	EX01
ADC, SBB	m,i	1	9	1	EX01
CMP	r,r	1	1	0.5	EX01
CMP	r,i	1	1	0.5	EX01
CMP	r,m	1		0.5	EX01
CMP	m,i	1		0.5	EX01
INC, DEC, NEG	r	1	1	0.5	EX01
INC, DEC, NEG	m	1	7-8	1	EX01
AAA, AAS		10	6		
DAA		16	9		
DAS		20	10		
AAD		4	6		
AAM		10	15	15	
MUL, IMUL	r8/m8	1	4	2	EX1
MUL, IMUL	r16/m16	2	4	2	EX1
MUL, IMUL	r32/m32	1	4	2	EX1
MUL, IMUL	r64/m64	1	6	4	EX1
IMUL	r16,r16/m16	1	4	2	EX1
IMUL	r32,r32/m32	1	4	2	EX1
IMUL	r64,r64/m64	1	6	4	EX1
IMUL	r16,(r16),i	2	5	2	EX1
IMUL	r32,(r32),i	1	4	2	EX1
IMUL	r64,(r64),i	1	6	4	EX1
IMUL	r16,m16,i	2		2	EX1
IMUL	r32,m32,i	2		2	EX1
IMUL	r64,m64,i	2		4	EX1
DIV	r8/m8	9	17-22	13-22	EX0
DIV	r16/m16	7	13-26	13-25	EX0
DIV	r32/m32	2	12-40	12-40	EX0
DIV	r64/m64	2	13-71	13-71	EX0
IDIV	r8/m8	9	17-21	13-18	EX0
IDIV	r16/m16	7	13-26	13-25	EX0
IDIV	r32/m32	2	13-40	13-40	EX0
IDIV	r64/m64	2	13-71	13-71	EX0
CBW, CWDE, CDQE		1	1		EX01
CDQ, CQO		1	1	0.5	EX01
CWD		2	1	1	EX01
Logic instructions					
AND, OR, XOR	r,r	1	1	0.5	EX01
AND, OR, XOR	r,i	1	1	0.5	EX01
AND, OR, XOR	r,m	1		0.5	EX01
AND, OR, XOR	m,r	1	7-8	1	EX01
AND, OR, XOR	m,i	1	7-8	1	EX01
TEST	r,r	1	1	0.5	EX01
TEST	r,i	1	1	0.5	EX01

Piledriver

TEST	m,r	1		0.5	EX01	
TEST	m,i	1		0.5	EX01	
NOT	r	1	1	0.5	EX01	
NOT	m	1	7-8	1	EX01	
ANDN	r,r,r	1	1	0.5	EX01	BMI1
SHL, SHR, SAR	r,i/CL	1	1	0.5	EX01	
ROL, ROR	r,i/CL	1	1	0.5	EX01	
RCL	r,1	1	1		EX01	
RCL	r,i	16	7		EX01	
RCL	r,cl	17	7		EX01	
RCR	r,1	1	1		EX01	
RCR	r,i	15	7		EX01	
RCR	r,cl	16	6		EX01	
SHLD, SHRD	r,r,i	6	3	3	EX01	
SHLD, SHRD	r,r,cl	7	3	3	EX01	
SHLD, SHRD	m,r,i/CL	8		3.5	EX01	
BT	r,r/i	1	1	0.5	EX01	
BT	m,i	1		0.5	EX01	
BT	m,r	7		4	EX01	
BTC, BTR, BTS	r,r/i	2	2	1	EX01	
BTC, BTR, BTS	m,i	4	20		EX01	
BTC, BTR, BTS	m,r	10	21		EX01	
BSF	r,r	6	3	3	EX01	
BSF	r,m	8	4	4	EX01	
BSR	r,r	7	4	4	EX01	
BSR	r,m	9		5	EX01	
SETcc	r	1	1	0.5	EX01	
SETcc	m	1		1	EX01	
CLC, STC		1		0.5	EX01	
CMC		1	1		EX01	
CLD		2		3		
STD		2		4		
POPCNT	r16/32,r16/32	1	4	2		SSE4.2
POPCNT	r64,r64	1	4	4		SSE4.2
LZCNT	r,r	1	2	2	EX0	LZCNT
TZCNT	r,r	2	2	2		BMI1
BEXTR	r,r,r	2	2	0.67		BMI1
BEXTR	r,r,i	2	2	0.67		AMD TBM
BLSI	r,r	2	2	1		BMI1
BLSMSK	r,r	2	2	1		BMI1
BLSR	r,r	2	2	1		BMI1
BLCFILL	r,r	2	2	1		AMD TBM
BLCI	r,r	2	2	1		AMD TBM
BLCIC	r,r	2	2	1		AMD TBM
BLCMSK	r,r	2	2	1		AMD TBM
BLCS	r,r	2	2	1		AMD TBM
BLSFILL	r,r	2	2	1		AMD TBM
BLSI	r,r	2	2	1		AMD TBM
BLSIC	r,r	2	2	1		AMD TBM
T1MSKC	r,r	2	2	1		AMD TBM
TZMSK	r,r	2	2	1		AMD TBM
Control transfer instructions						

Piledriver

JMP	short/near	1		2	EX1	
JMP	r	1		2	EX1	
JMP	m	1		2	EX1	
Jcc	short/near	1		1-2	EX1	2 if jumping
fused CMP+Jcc	short/near	1		1-2	EX1	2 if jumping
J(E/R)CXZ	short	1		1-2	EX1	2 if jumping
LOOP	short	1		1-2	EX1	2 if jumping
LOOPE LOOPNE	short	1		1-2	EX1	2 if jumping
CALL	near	2		2	EX1	
CALL	r	2		2	EX1	
CALL	m	3		2	EX1	
RET		1		2	EX1	
RET	i	4		2	EX1	
BOUND	m	11		5		for no jump
INTO		4		2		for no jump
String instructions						
LODS		3		3		
REP LODS	m8/m16	6n		3n		
REP LODS	m32/m64	6n		2.5n		
STOS		3		3		
REP STOS		1n		1n		small n
REP STOS		3 per 16B		3 per 16B		best case
MOVS		5		3		
REP MOVS		1-3n		1n		small n
REP MOVS		4.5 pr 16B		3 per 16B		best case
SCAS		3		3		
REP SCAS		7n		3-4n		
CMPS		6		3		
REP CMPS		9n		4n		
Synchronization						
LOCK ADD	m,r	1	~40			
XADD	m,r	4	20			
LOCK XADD	m,r	4	~39			
CMPXCHG	m,r8/16	5	23			
LOCK CMPXCHG	m,r8/16	5	~40			
CMPXCHG	m,r32/64	6	20			
LOCK CMPXCHG	m,r32/64	6	~40			
CMPXCHG8B	m64	18	25			
LOCK CMPXCHG8B	m64	18	~42			
CMPXCHG16B	m128	22	66			
LOCK CMPXCHG16B	m128	22	~80			
Other						
NOP (90)		1		0.25	none	
Long NOP (0F 1F)		1		0.25	none	
PAUSE		40		40		
ENTER	a,0	13		21		
ENTER	a,b	20+3b		16+4b		
LEAVE		2		4		
CPUID		38-64		105-271		
XGETBV		4		30		

Piledriver

RDTSC		36		42		
RDPMC		21		310		
CRC32	r32,r8	3	3	2		
CRC32	r32,r16	5	5	5		
CRC32	r32,r32	5	6	6		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
FLD	r	1	2	0.5	P01	fp
FLD	m32/64	1	7	1		fp
FLD	m80	8	20	4		fp
FBLD	m80	60	64	35	P0 P1 P2 P3	fp
FST(P)	r	1	2	0.5	P01	fp
FST(P)	m32/64	2	7	1		fp
FSTP	m80	13	22	20		fp
FBSTP	m80	239	220		P0 P1 F3	fp
FXCH	r	1	0	0.5	P01	inherit
FILD	m	1	11	1	F3	fp
FIST(T)(P)	m	2	7	1	P0 F3	fp
FLDZ, FLD1		1		0.5	P01	fp
FCMOVcc	st0,r	8	3	3	P0 P1 F3	fp
FFREE	r	1		0.25	none	
FINCSTP, FDECSTP		1	0	0.25	none	inherit
FNSTSW	AX	3		19	P0 P2 P3	
FNSTSW	m16	2		17	P0 P2 P3	
FLDCW	m16	1		3		
FNSTCW	m16	2		2		
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	5-6	1	P01	fma
FIADD,FISUB(R)	m	2		2	P01	fma
FMUL(P)	r/m	1	5-6	1	P01	fma
FIMUL	m	2		2	P01	fma
FDIV(R)(P)	r	1	9-40	4-16	P01	fp
FDIV(R)	m	1			P01	fp
FIDIV(R)	m	2			P01	fp
FABS, FCHS		1	2	0.5	P01	fp
FCOM(P), FUCOM(P)	r/m	1		0.5	P01	fp
FCOMPP, FUCOMPP		1		0.5	P01	fp
FCOMI(P)	r	2	2	1	P0 P1 F3	fp
FICOM(P)	m	2		1	P01	fp
FTST		1		0.5	P01	fp
FXAM		1	~20	0.5	P01	fp
FRNDINT		1	4	1	P0	fp
FPREM		1	17-60		P0	fp
FPREM1		1	17-60		P0	fp
Math						
FSQRT		1	14-50	5-20	P01	
FLDPI, etc.		1		0.5	P01	

Piledriver

FSIN		10-162	60-210	60-146	P0 P1 P3
FCOS		160-170	~154	~154	P0 P1 P3
FSINCOS		12-166	86-141	86-141	P0 P1 P3
FPTAN		11-190	166-231	86-204	P0 P1 P3
FPATAN		10-355	60-352	60-352	P0 P1 P3
FSCALE		8	44	5	P0 P1 P3
FXTRACT		12	7	5	P0 P1 P3
F2XM1		10	60-73		P0 P1 P3
FYL2X		10-176			P0 P1 P3
FYL2XP1		10-176			P0 P1 P3
Other					
FNOP		1		0.25	none
(F)WAIT		1		0.25	none
FNCLEX		18		54	P0
FNINIT		31		134	P0
FNSAVE	m864	103	300	300	P0 P1 P2 P3
FRSTOR	m864	76	236	236	P0 P3

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD	r32/64, mm/x	1	8	1		P3
MOVD	mm/x, r32/64	2	10	1		
MOVD	mm/x, m32	1	6	0.5		
MOVD	m32, mm/x	1	5	1		P3
MOVQ	mm/x, mm/x	1	2	0.5	P23	
MOVQ	mm/x, m64	1	6	0.5		
MOVQ	m64, mm/x	1	5	1	P3	
MOVDQA	xmm, xmm	1	0	0.25	none	inherit domain
MOVDQA	xmm, m	1	6	0.5		
MOVDQA	m, xmm	1	5	1	P3	
VMOVDQA	ymm, ymm	2	2	0.5	P23	
VMOVDQA	ymm, m256	2	6	1		
VMOVDQA	m256, ymm	4	11	17	P3	
MOVDQU	xmm, xmm	1	0	0.25	none	inherit domain
MOVDQU	xmm, m	1	6	0.5		
MOVDQU	m, xmm	1	5	1	P3	
LDDQU	xmm, m	1	6	0.5		
VMOVDQU	ymm, m256	2	6	1		
VMOVDQU	m256, ymm	8	14	20	P2 P3	
MOVDQ2Q	mm, xmm	1	2	0.5	P23	
MOVQ2DQ	xmm, mm	1	2	0.5	P23	
MOVNTQ	m, mm	1	5	2	P3	
MOVNTDQ	m, xmm	1	5	2	P3	
MOVNTDQA	xmm, m	1	6	0.5		
PACKSSWB/DW	mm/x, r/m	1	2	1	P1	
PACKUSWB	mm/x, r/m	1	2	1	P1	
PUNPCKH/LBW/WD/DQ	mm/x, r/m	1	2	1	P1	

Piledriver

PUNPCKHQDQ	xmm,r/m	1	2	1	P1	
PUNPCKLQDQ	xmm,r/m	1	2	1	P1	
PSHUFB	mm/x,r/m	1	3	1	P1	
PSHUFD	xmm,xmm,i	1	2	1	P1	
PSHUFW	mm,mm,i	1	2	1	P1	
PSHUFL/HW	xmm,xmm,i	1	2	1	P1	
PALIGNR	mm/x,r/m,i	1	2	1	P1	
PBLENDW	xmm,r/m	1	2	0.5	P23	SSE4.1
MASKMOVQ	mm,mm	31	36	59	P3	
MASKMOVDQU	xmm,xmm	64	59	92	P1 P3	
PMOVMSKB	r32,mm/x	2	10	1	P1 P3	
PEXTRB/W/D/Q	r,x/mm,i	2	10	1	P1 P3	SSE4.1
PINSRB/W/D/Q	x/mm,r,i	2	12	2	P1	
EXTRQ	x,i,i	1	3	1	P1	AMD SSE4A
EXTRQ	x,x	1	1	1	P1	AMD SSE4A
INSERTQ	x,x,i,i	1	1	1	P1	AMD SSE4A
INSERTQ	x,x	1	1	1	P1	AMD SSE4A
PMOVSBW/BD/BQ/ WD/WQ/DQ	x,x	1	2	1	P1	SSE4.1
PMOVZBW/BD/BQ/ WD/WQ/DQ	x,x	1	2	1	P1	SSE4.1
VPCMOV	x,x,x,x/m	1	2	1	P1	AMD XOP
VPCMOV	y,y,y,y/m	2	2	2	P1	AMD XOP
VPPERM	x,x,x,x/m	1	2	1	P1	AMD XOP
Arithmetic instructions						
PADDB/W/D/Q/SB/SW/ USB/USW	mm/x,r/m	1	2	0.5	P23	
PSUBB/W/D/Q/SB/SW/ USB/USW	mm/x,r/m	1	2	0.5	P23	
PHADD/SUB(S)W/D	x,x	3	5	2	P1 P23	SSSE3
PHADD/SUB(S)W/D	x,m	4	5	2	P1 P23	SSSE3
PCMPEQ/GT B/W/D	mm/x,r/m	1	2	0.5	P23	
PCMPEQQ	mm/x,r/m	1	2	0.5	P23	SSE4.1
PCMPGTQ	mm/x,r/m	1	2	0.5	P23	SSE4.2
PMULLW PMULHW						
PMULHUW PMULUDQ	mm/x,r/m	1	4	1	P0	
PMULLD	x,r/m	1	5	2	P0	SSE4.1
PMULDQ	x,r/m	1	4	1	P0	SSE4.1
PMULHRSW	mm/x,r/m	1	4	1	P0	SSSE3
PMADDWD	mm/x,r/m	1	4	1	P0	
PMADDUBSW	mm/x,r/m	1	4	1	P0	
PAVGB/W	mm/x,r/m	1	2	0.5	P23	
PMIN/MAX SB/SW/ SD UB/UW/UD	mm/x,r/m	1	2	0.5	P23	
PHMINPOSUW	x,r/m	2	4	1	P1 P23	SSE4.1
PABSB/W/D	mm/x,r/m	1	2	0.5	P23	SSSE3
PSIGNB/W/D	mm/x,r/m	1	2	0.5	P23	SSSE3
PSADBW	mm/x,r/m	2	4	1	P23	
MPSADBW	x,x,i	8	8	4	P1 P23	SSE4.1
VPCOMB/W/D/Q	x,x,x/m,i	1	2	0.5	P23	AMD XOP latency 0 if i=6,7
VPCOMUB/W/D/Q	x,x,x/m,i	1	2	0.5	P23	AMD XOP latency 0 if i=6,7

Piledriver

VPHADDBW/BD/BQ/WD/WQ/DQ	x,x/m	1	2	0.5	P23	AMD XOP
VPHADDUBW/BD/BQ/WD/WQ/DQ	x,x/m	1	2	0.5	P23	AMD XOP
VPHSUBBW/WD/DQ	x,x/m	1	2	0.5	P23	AMD XOP
VPMACSWW/WD	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMACSD	x,x,x/m,x	1	5	2	P0	AMD XOP
VPMACSDQH/L	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMACSSWW/WD	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMACSSD	x,x,x/m,x	1	5	2	P0	AMD XOP
VPMACSSDQH/L	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMADCSWD	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMADCSSWD	x,x,x/m,x	1	4	1	P0	AMD XOP
Logic						
PAND PANDN POR PXOR	mm/x,r/m	1	2	0.5	P23	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,r/m	1	3	1	P1	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,i	1	2	1	P1	
PSLLDQ, PSRLDQ	x,i	1	2	1	P1	
PTEST	x,r/m	2		1	P1 P3	SSE4.1
VPROTB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP
VPROTB/W/D/Q	x,x,i	1	2	1	P1	AMD XOP
VPSHAB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP
VPSHLB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP
String instructions						
PCMPESTRI	x,x,i	27	16	10	P1 P2 P3	SSE4.2
PCMPESTRM	x,x,i	27	10	10	P1 P2 P3	SSE4.2
PCMPISTRI	x,x,i	7	13	3	P1 P2 P3	SSE4.2
PCMPISTRM	x,x,i	7	7	4	P1 P2 P3	SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	5	12	7	P1	pclmul
VPCLMULQDQ	x,x,x,i	6	12	7	P1	pclmul
PCLMULQDQ	x,x,m,i	7	12	7	P1	pclmul
AESDEC	x,x	2	5	2	P01	aes
AESDECLAST	x,x	2	5	2	P01	aes
AESENC	x,x	2	5	2	P01	aes
AESENCLAST	x,x	2	5	2	P01	aes
AESIMC	x,x	1	5	1	P0	aes
AESKEYGENASSIST	x,x,i	1	5	1	P0	aes
Other						
EMMS		1		0.25		

Floating point XMM and YMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						

Piledriver

MOVAPS/D MOVUPS/D	x,x	1	0	0.25	none	inherit domain
VMOVAPS/D	y,y	2	2	0.5	P23	ivec
MOVAPS/D MOVUPS/D	x,m128	1	6	0.5		
VMOVAPS/D						
VMOVUPS/D	y,m256	2	6	1		
MOVAPS/D MOVUPS/D	m128,x	1	5	1	P3	
VMOVAPS/D	m256,y	4	11	17	P3	
VMOVUPS/D	m256,y	8	15	20	P2 P3	
MOVSS/D	x,x	1	2	0.5	P01	fp
MOVSS/D	x,m32/64	1	6	0.5		
MOVSS/D	m32/64,x	1	5	1		
MOVHPS/D	x,m64	1	8	1	P1	
MOVLPS/D	x,m64	1	7	0.5	P01	
MOVHPS/D	m64,x	2	7	1	P1 P3	
MOVLPS/D	m64,x	1	6	1	P3	
MOVLHPS MOVHLPS	x,x	1	2	1	P1	ivec
MOVMSKPS/D	r32,x	2	10	1	P1 P3	
VMOVMSKPS/D	r32,y	2		1		
MOVNTPS/D	m128,x	1	5	2	P3	
VMOVNTPS/D	m256,y	4		18		
MOVNTSS/SD	m,x	1		4	P3	AMD SSE4A
SHUFPS/D	x,x/m,i	1	2	1	P1	ivec
VSHUFPS/D	y,y,y/m,i	2	2	2	P1	ivec
VPERMILPS/PD	x,x,x/m	1	3	1	P1	ivec
VPERMILPS/PD	y,y,y/m	2	3	2	P1	ivec
VPERMILPS/PD	x,x/m,i	1	2	1	P1	ivec
VPERMILPS/PD	y,y/m,i	2	2	2	P1	ivec
VPERM2F128	y,y,y,i	8	4	3	P23	ivec
VPERM2F128	y,y,m,i	10		4	P23	ivec
BLENDPS/PD	x,x/m,i	1	2	0.5	P23	ivec
VBLENDPS/PD	y,y,y/m,i	2	2	1	P23	ivec
BLENDVPS/PD	x,x/m,xmm0	1	2	1	P1	ivec
VBLENDVPS/PD	y,y,y/m,y	2	2	2	P1	ivec
MOVDDUP	x,x	1	2	1	P1	ivec
MOVDDUP	x,m64	1		0.5		
VMOVDDUP	y,y	2	2	2	P1	ivec
VMOVDDUP	y,m256	2		1		
VBROADCASTSS	x,m32	1	6	0.5		
VBROADCASTSS	y,m32	2	6	0.5	P23	
VBROADCASTSD	y,m64	2	6	0.5	P23	
VBROADCASTF128	y,m128	2	6	0.5	P23	
MOVSH/LDUP	x,x	1	2	1	P1	ivec
MOVSH/LDUP	x,m128	1		0.5		
VMOVSH/LDUP	y,y	2	2	2	P1	ivec
VMOVSH/LDUP	y,m256	2		1		
UNPCKH/LPS/D	x,x/m	1	2	1	P1	ivec
VUNPCKH/LPS/D	y,y,y/m	2	2	2	P1	ivec
EXTRACTPS	r32,x,i	2		1	P1 P3	
EXTRACTPS	m32,x,i	2	6	1	P1 P3	
VEEXTRACTF128	x,y,i	1	2	0.5	P23	ivec
VEEXTRACTF128	m128,y,i	2	6	1	P23	

Piledriver

INSERTPS	x,x,i	1	2	1	P1	
INSERTPS	x,m32,i	1	7	2	P1	
VINSERTF128	y,y,x,i	2	2	1	P23	ivec
VINSERTF128	y,y,m128,i	2	13	1	P23	
VMASKMOVPS/D	x,x,m128	1	7	0.5	P01	
VMASKMOVPS/D	y,y,m256	2	13	1	P01	
VMASKMOVPS/D	m128,x,x	18	~100	~90	P0 P1 P2 P3	
VMASKMOVPS/D	m256,y,y	34	~190	~180	P0 P1 P2 P3	
Conversion						
CVTPD2PS	x,x	2	8	1	P01	ivec/fp
VCVTPD2PS	x,y	4	7	2	P01	ivec/fp
CVTPS2PD	x,x	2	8	1	P01	ivec/fp
VCVTPS2PD	y,x	4	8	2	P01	ivec/fp
CVTSD2SS	x,x	1	4	1	P0	fp
CVTSS2SD	x,x	1	4	1	P0	fp
CVTDQ2PS	x,x	1	4	1	P0	fp
VCVTDQ2PS	y,y	2	4	2	P0	fp
CVT(T) PS2DQ	x,x	1	4	1	P0	fp
VCVT(T) PS2DQ	y,y	2	4	2	P0	fp
CVTDQ2PD	x,x	2	8	1	P01	ivec/fp
VCVTDQ2PD	y,x	4	8	2	P01	ivec/fp
CVT(T)PD2DQ	x,x	2	8	1	P01	fp/ivec
VCVT(T)PD2DQ	x,y	4	7	2	P01	fp/ivec
CVTPI2PS	x,mm	2	8	1	P0 P23	ivec/fp
CVT(T)PS2PI	mm,x	1	4	1	P0	fp
CVTPI2PD	x,mm	2	7	1	P0 P1	ivec/fp
CVT(T) PD2PI	mm,x	2	7	1	P0 P1	fp/ivec
CVTSI2SS	x,r32	2	13	1	P0	fp
CVT(T)SS2SI	r32,x	2	12	1	P0 P3	fp
CVTSI2SD	x,r32/64	2	13	1	P0	fp
CVT(T)SD2SI	r32/64,x	2	12	1	P0 P3	fp
VCVTPS2PH	x/m,x,i	2	8	2	P0 P1	F16C
VCVTPS2PH	x/m,y,i	4	8	2	P0 P1	F16C
VCVTPH2PS	x,x/m	2	8	2	P0 P1	F16C
VCVTPH2PS	y,x/m	4	8	2	P0 P1	F16C
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	5-6	0.5	P01	fma
ADDPS/D SUBPS/D	x,x/m	1	5-6	0.5	P01	fma
VADDPS/D VSUBPS/D	y,y,y/m	2	5-6	1	P01	fma
ADDSUBPS/D	x,x/m	1	5-6	0.5	P01	fma
VADDSUBPS/D	y,y,y/m	2	5-6	1	P01	fma
HADDPS/D HSUBPS/D	x,x	3	10	2	P01 P1	ivec/fma
HADDPS/D HSUBPS/D	x,m	4		2	P01 P1	ivec/fma
VHADDPS/D						
VHSUBPS/D	y,y,y/m	8	10	4	P01 P1	ivec/fma
MULSS MULSD	x,x/m	1	5-6	0.5	P01	fma
MULPS MULPD	x,x/m	1	5-6	0.5	P01	fma
VMULPS VMULPD	y,y,y/m	2	5-6	1	P01	fma
DIVSS DIVPS	x,x/m	1	9-24	5-10	P01	fp

Piledriver

VDIVPS	y,y,y/m	2	9-24	9-20	P01	fp
DIVSD DIVPD	x,x/m	1	9-27	5-10	P01	fp
VDIVPD	y,y,y/m	2	9-27	9-18	P01	fp
RCPSS/PS	x,x/m	1	5	1	P01	fp
VRCPPS	y,y/m	2	5	2	P01	fp
CMPSS/D						
CMPSS/D	x,x/m	1	2	0.5	P01	fp
VCMPSS/D	y,y,y/m	2	2	1	P01	fp
COMISS/D UCOMISS/ D	x,x/m	2		1	P01 P3	fp
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x/m	1	2	0.5	P01	fp
VMAXPS/D VMINPS/D	y,y,y/m	2	2	1	P01	fp
ROUNDSS/SD/PS/PD	x,x/m,i	1	4	1	P0	fp
VROUNDSS/SD/PS/ PD	y,y/m,i	2	4	2	P0	fp
DPPS	x,x,i	16	25	6	P01 P23	SSE4.1
DPPS	x,m,i	18		7	P01 P23	SSE4.1
VDPPS	y,y,y,i	25	27	13	P01 P3	SSE4.1
VDPPS	y,m,i	29		13	P01 P3	SSE4.1
DPPD	x,x,i	15	15	5	P01 P23	SSE4.1
DPPD	x,m,i	17		6	P01 P23	SSE4.1
VFMADD132SS/SD	x,x,x/m	1	5-6	0.5	P01	FMA3
VFMADD132PS/PD	x,x,x/m	1	5-6	0.5	P01	FMA3
VFMADD132PS/PD	y,y,y/m	2	5-6	1	P01	FMA3
All other FMA3 instructions: same as above						FMA3
VFMADDSS/SD	x,x,x,x/m	1	5-6	0.5	P01	AMD FMA4
VFMADDPS/PD	x,x,x,x/m	1	5-6	0.5	P01	AMD FMA4
VFMADDPS/PD	y,y,y,y/m	2	5-6	1	P01	AMD FMA4
All other FMA4 instructions: same as above						AMD FMA4
Math						
SQRTSS/PS	x,x/m	1	13-15	5-12	P01	fp
VSQRTPS	y,y/m	2	14-15	9-24	P01	fp
SQRTSD/PD	x,x/m	1	24-26	5-15	P01	fp
VSQRTPD	y,y/m	2	24-26	9-29	P01	fp
RSQRTSS/PS	x,x/m	1	5	1	P01	fp
VRSQRTPS	y,y/m	2	5	2	P01	fp
VFRCZSS/SD/PS/PD	x,x	2	10	2	P01	AMD XOP
VFRCZSS/SD/PS/PD	x,m	3	10	2	P01	AMD XOP
Logic						
AND/ANDN/OR/XORPS/ PD	x,x/m	1	2	0.5	P23	ivec
VAND/ANDN/OR/ XORPS/PD	y,y,y/m	2	2	1	P23	ivec
Other						
VZEROUPPER		9		4	P2 P3	32 bit mode
VZEROUPPER		16		5	P2 P3	64 bit mode
VZEROALL		17		6	P2 P3	32 bit mode
VZEROALL		32		10	P2 P3	64 bit mode
LDMXCSR	m32	7		34	P0 P3	

Piledriver

STMXCSR	m32	2		17	P0 P3	
FXSAVE	m4096	67	136	136	P0 P1 P2 P3	
FXRSTOR	m4096	116	176	176	P0 P1 P2 P3	
XSAVE	m	122	196	196	P0 P1 P2 P3	
XRSTOR	m	177	250	250	P0 P1 P2 P3	

AMD Steamroller

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers. Instructions with more than 2 macro-operations use microcode.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: Integer pipes: EX0: integer ALU, division EX1: integer ALU, multiplication, jump EX01: can use either EX0 or EX1 AG01: address generation unit 0 or 1 Floating point and vector pipes: P0: floating point add, mul, div. Integer add, mul, bool P1: floating point add, mul, div. Shuffle, shift, pack P2: Integer add. Bool, store P01: can use either P0 or P1 P02: can use either P0 or P2 Two macro-operations can execute simultaneously if they go to different execution pipes
Domain:	Tells which execution unit domain is used: ivec: integer vector execution unit. fp: floating point execution unit. fma: floating point multiply/add subunit. inherit: the output operand inherits the domain of the input operand. ivec/fma means the input goes to the ivec domain and the output comes from the fma domain. There is an additional latency of 1 clock cycle if the output of an ivec instruction goes to the input of a fp or fma instruction, and when the output of a fp or fma instruction goes to the input of an ivec or store instruction. There is no latency between the fp and fma units. All other latencies after memory load and before memory store instructions are included in the latency counts. An fma instruction has a latency of 5 if the output goes to another fma instruction, 6 if the output goes to an fp instruction, and 6+1 if the output goes to an ivec or store instruction.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions		1	1	0.5	EX01	
MOV	r8,r8					

Steamroller

MOV	r16,r16	1	1	0.5	EX01	
MOV	r32,r32	1	1	0.25	EX01 or AG01	
MOV	r64,r64	1	1	0.25	EX01 or AG01	
MOV	r,i	1	1	0.5	EX01	
MOV	r,m	1	3	0.5	AG01	all addr. modes
MOV	m,r	1	4	1	EX01 AG01	all addr. modes
MOV	m,i	1		1		
MOVNTI	m,r	1	4	1		
MOVZX, MOVSX	r,r	1	1	0.5	EX01	
MOVSX	r,m	1	5	0.5	EX01	
MOVZX	r,m	1	4	0.5	EX01	
MOVSXD	r64,r32	1	1	0.5	EX01	
MOVSXD	r64,m32	1	5	0.5	EX01	
CMOVcc	r,r	1	1	0.5	EX01	
CMOVcc	r,m	1		0.5	EX01	
XCHG	r8,r8	2	1	1	EX01	
XCHG	r16,r16	2	1	1	EX01	
XCHG	r32,r32	2	1	0.5	EX01	
XCHG	r64,r64	2	1	0.5	EX01	
XCHG	r,m	2	~38	~38	EX01	Timing depends on hw
XLAT		2	6	2		
PUSH	r	1		1		
PUSH	i	1		1		
PUSH	m	2		1		
PUSHF(D/Q)		8		4		
PUSHA(D)		9		9		
POP	r	1		1		
POP	m	2		1		
POPF(D/Q)		34		19		
POPA(D)		14		8		
POP	sp	1	2			
LEA	r16,[m]	2	2-3		EX01	any addr. size
LEA	r32,[m]	1	2		EX01	16 bit addr. size
LEA	r32/64,[m]	1	2	0.5	EX01	scale factor > 1
LEA	r32/64,[m]	1	1	0.5	EX01	or 3 operands
LAHF		4	3	2		all other cases
SAHF		2	2	1		
SALC		1	1	1		
BSWAP	r	1	1	0.5	EX01	
PREFETCHNTA	m	1		0.5		
PREFETCHT0/1/2	m	1		0.5		
PREFETCH/W	m	1		0.5		PREFETCHW
SFENCE		7		~80		
LFENCE		1		0.25		
MFENCE		7		~80		
Arithmetic instructions						
ADD, SUB	r,r	1	1	0.5	EX01	
ADD, SUB	r,i	1	1	0.5	EX01	
ADD, SUB	r,m	1		0.5	EX01	
ADD, SUB	m,r	1	7	1	EX01	

Steamroller

ADD, SUB	m,i	1	7	1	EX01
ADC, SBB	r,r	1	1		EX01
ADC, SBB	r,i	1	1		EX01
ADC, SBB	r,m	1	1	1	EX01
ADC, SBB	m,r	1	9	1	EX01
ADC, SBB	m,i	1	9	1	EX01
CMP	r,r	1	1	0.5	EX01
CMP	r,i	1	1	0.5	EX01
CMP	r,m	1		0.5	EX01
CMP	m,i	1		0.5	EX01
INC, DEC, NEG	r	1	1	0.5	EX01
INC, DEC, NEG	m	1	7	1	EX01
AAA, AAS		10	6		
DAA		16	8		
DAS		20	10		
AAD		4	6		
AAM		10	15	15	
MUL, IMUL	r8/m8	1	4	2	EX1
MUL, IMUL	r16/m16	2	4	2	EX1
MUL, IMUL	r32/m32	1	4	2	EX1
MUL, IMUL	r64/m64	1	6	4	EX1
IMUL	r16,r16/m16	1	4	2	EX1
IMUL	r32,r32/m32	1	4	2	EX1
IMUL	r64,r64/m64	1	6	4	EX1
IMUL	r16,(r16),i	2	5	2	EX1
IMUL	r32,(r32),i	1	4	2	EX1
IMUL	r64,(r64),i	1	6	4	EX1
IMUL	r16,m16,i	2		2	EX1
IMUL	r32,m32,i	2		2	EX1
IMUL	r64,m64,i	2		4	EX1
DIV	r8/m8	9	17-22	13-17	EX0
DIV	r16/m16	7	15-25	15-25	EX0
DIV	r32/m32	2	13-39	13-39	EX0
DIV	r64/m64	2	13-70	13-70	EX0
IDIV	r8/m8	9	17-22	13-17	EX0
IDIV	r16/m16	7	14-25	14-24	EX0
IDIV	r32/m32	2	13-39	13-39	EX0
IDIV	r64/m64	2	13-70	13-70	EX0
CBW, CWDE, CDQE		1	1		EX01
CDQ, CQO		1	1	0.5	EX01
CWD		2	1	1	EX01
Logic instructions					
AND, OR, XOR	r,r	1	1	0.5	EX01
AND, OR, XOR	r,i	1	1	0.5	EX01
AND, OR, XOR	r,m	1		0.5	EX01
AND, OR, XOR	m,r	1	7	1	EX01
AND, OR, XOR	m,i	1	7	1	EX01
TEST	r,r	1	1	0.5	EX01
TEST	r,i	1	1	0.5	EX01
TEST	m,r	1		0.5	EX01
TEST	m,i	1		0.5	EX01
NOT	r	1	1	0.5	EX01

Steamroller

NOT	m	1	7	1	EX01	BMI1
ANDN	r,r,r	1	1	0.5	EX01	
SHL, SHR, SAR	r,i/CL	1	1	0.5	EX01	
ROL, ROR	r,i/CL	1	1	0.5	EX01	
RCL	r,1	1	1		EX01	
RCL	r,i	16	7		EX01	
RCL	r,cl	17	7		EX01	
RCR	r,1	1	1		EX01	
RCR	r,i	15	7		EX01	
RCR	r,cl	16	7		EX01	
SHLD, SHRD	r,r,i	6	3	3	EX01	
SHLD, SHRD	r,r,cl	7-8	4	4	EX01	
SHLD, SHRD	m,r,i/CL	8		4	EX01	
BT	r,r/i	1	1	0.5	EX01	
BT	m,i	1		0.5	EX01	
BT	m,r	7		3.5	EX01	
BTC, BTR, BTS	r,r/i	2	2	1	EX01	
BTC, BTR, BTS	m,i	4		2	EX01	
BTC, BTR, BTS	m,r	10		5	EX01	
BSF	r,r	6	3	3	EX01	
BSF	r,m	8	4	4	EX01	
BSR	r,r	7	4	4	EX01	SSE4.2 SSE4.2 LZCNT BMI1 BMI1 AMD TBM BMI1 BMI1 BMI1 AMD TBM AMD TBM AMD TBM AMD TBM AMD TBM AMD TBM AMD TBM AMD TBM AMD TBM AMD TBM
BSR	r,m	9		5	EX01	
SETcc	r	1	1	0.5	EX01	
SETcc	m	1		1	EX01	
CLC, STC		1		0.5	EX01	
CMC		1	1		EX01	
CLD		2		3		
STD		2		4		
POPCNT	r16/32,r16/32	1	4	2		
POPCNT	r64,r64	1	4	4		
LZCNT	r,r	1	2	2	EX0	
TZCNT	r,r	2	2	2		
BEXTR	r,r,r	2	2	1		
BEXTR	r,r,i	2	2	1		
BLSI	r,r	2	2	1		
BLSMSK	r,r	2	2	1		
BLSR	r,r	2	2	1		
BLCFILL	r,r	2	2	1		
BLCI	r,r	2	2	1		
BLCIC	r,r	2	2	1		
BLCMSK	r,r	2	2	1		
BLCS	r,r	2	2	1		
BLSFILL	r,r	2	2	1		
BLSI	r,r	2	2	1		
BLSIC	r,r	2	2	1		
T1MSKC	r,r	2	2	1		
TZMSK	r,r	2	2	1		
Control transfer instructions						
JMP	short/near	1		2	EX1	
JMP	r	1		2	EX1	
JMP	m	1		2	EX1	

Steamroller

Jcc	short/near	1		1-2	EX1	2 if jumping
fused CMP+Jcc	short/near	1		1-2	EX1	2 if jumping
J(E/R)CXZ	short	1		1-2	EX1	2 if jumping
LOOP	short	1		1-2	EX1	2 if jumping
LOOPE LOOPNE	short	1		1-2	EX1	2 if jumping
CALL	near	2		2	EX1	
CALL	r	2		2	EX1	
CALL	m	3		2	EX1	
RET		1		2	EX1	
RET	i	4		2	EX1	
BOUND	m	11		5		for no jump
INTO		4		2		for no jump
String instructions						
LODS		3		3		
REP LODS	m8/m16	6n		3n		
REP LODS	m32/m64	6n		2.5n		
STOS		3		3		
REP STOS		1n		~1n		small n
REP STOS		3 per 16B		2 per 16B		best case
MOVS		5		3		
REP MOVS		~1n		~1n		small n
REP MOVS		4-5 pr 16B		~2 per 16B		best case
SCAS		3		3		
REP SCAS		7n		3-4n		
CMPS		6		3		
REP CMPS		9n		4n		
Synchronization						
LOCK ADD	m,r	1	~39			
XADD	m,r	4	9-12			
LOCK XADD	m,r	4	~39			
CMPXCHG	m,r8	5	15			
CMPXCHG	m,r16	6	15			
CMPXCHG	m,r32/64	6	13			
LOCK CMPXCHG	m8,r8	5	~40			
LOCK CMPXCHG	m16,r16	6	~40			
LOCK CMPXCHG	m,r32/64	6	~40			
CMPXCHG8B	m64	18	~14			
LOCK CMPXCHG8B	m64	18	~42			
CMPXCHG16B	m128	24	~47			
LOCK CMPXCHG16B	m128	24	~80			
Other						
NOP (90)		1		0.25	none	
Long NOP (0F 1F)		1		0.25	none	
PAUSE		8		4		
ENTER	a,0	13		21		
ENTER	a,b	11+5b		20-30		
LEAVE		2		3		
CPUID		38-64		100-300		
XGETBV		4		30		
RDTSC		44		78		

Steamroller

RDTSCP		44		105		rdtscp
RDPMC		22		360		
CRC32	r32,r8	3	3	2		
CRC32	r32,r16	5	5	5		
CRC32	r32,r32	7	6	6		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
FLD	r	1	2	0.5	P01	fp
FLD	m32/64	1	7	1		fp
FLD	m80	8	11	4		fp
FBLD	m80	60	52	34	P0 P1 P2	fp
FST(P)	r	1	2	0.5	P01	fp
FST(P)	m32/64	2	7	1		fp
FSTP	m80	13	14	19		fp
FBSTP	m80	239	222	222	P0 P1 P2	fp
FXCH	r	1	0	0.5	P01	inherit
FILD	m	1	11	1	P01	fp
FIST(T)(P)	m	2	7	1	P0 P2	fp
FLDZ, FLD1		1		0.5	P01	fp
FCMOVcc	st0,r	8	3	3	P0 P1 P2	fp
FFREE	r	1		0.25	none	
FINCSTP, FDECSTP		1	0	0.25	none	inherit
FNSTSW	AX	3	11	19	P0 P2	
FNSTSW	m16	2		17	P0 P2	
FLDCW	m16	1		3		
FNSTCW	m16	2		2		
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	5	1	P01	fma
FIADD,FISUB(R)	m	2		2	P01	fma
FMUL(P)	r/m	1	5	1	P01	fma
FIMUL	m	2		2	P01	fma
FDIV(R)(P)	r	1	9-37	4-16	P01	fp
FDIV(R)	m	1			P01	fp
FIDIV(R)	m	2		4	P01	fp
FABS, FCHS		1	2	0.5	P01	fp
FCOM(P), FUCOM(P)	r/m	1		0.5	P01	fp
FCOMPP, FUCOMPP		1		0.5	P01	fp
FCOMI(P)	r	2	2	1	P01 P2	fp
FICOM(P)	m	2		1	P01	fp
FTST		1		0.5	P01	fp
FXAM		1	26	0.5	P01	fp
FRNDINT		1	4	1	P0	fp
FPREM FPREM1		1	17-60	12-53	P0	fp
Math						
FSQRT		1	10-50	5-20	P01	
FLDPI, etc.		1		0.5	P01	
FSIN		10-164	60-210	60-165	P0 P1 P2	

Steamroller

FCOS		18-166	76-158		P0 P1 P2	
FSINCOS		12-168		90-165	P0 P1 P2	
FPTAN		11-192	90-245	90-210	P0 P1 P2	
FPATAN		10-365	60-440	60-365	P0 P1 P2	
FSCALE		10	49	5	P0 P1 P2	
FXTRACT		12	8	5	P0 P1 P2	
F2XM1		10-18	60-74		P0 P1 P2	
FYL2X		9-183	60-280		P0 P1 P2	
FYL2XP1		206	~390		P0 P1 P2	
Other						
FNOP		1		0.25	none	
(F)WAIT		1		0.25	none	
FNCLEX		18		63	P0	
FNINIT		31		131	P0	
FNSAVE	m864	98	256	256	P0 P1 P2	
FRSTOR	m864	73	166	166	P0 P2	

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD	r32/64, mm/x	1	8	1	P2	
MOVD	mm/x, r32/64	2	9	1		
MOVD	mm/x, m32	1	2	0.5		
MOVD	m32, mm/x	1	3	1		
MOVQ	mm/x, mm/x	1	2	0.5	P02	
MOVQ	mm/x, m64	1	2	0.5		
MOVQ	m64, mm/x	1	3	1		
MOVDQA	x, x	1	0	0.25	none	inherit domain
MOVDQA	x, m	1	6	0.5		
MOVDQA	m, x	1	5	1	P2	
VMOVDQA	y, y	2	6	0.5	P02	
VMOVDQA	y, m256	2	5	1		
VMOVDQA	m256, y	2	4	1	P2	
MOVDQU	x, x	1	0	0.25	none	inherit domain
MOVDQU	x, m	1	6	0.5		
MOVDQU	m, x	1	5	1	P2	
LDDQU	x, m	1	6	0.5		
VMOVDQU	y, m256	2	7	1		
VMOVDQU	m256, y	2	6	1		
MOVDQ2Q	mm, x	1	1	0.5	P02	
MOVQ2DQ	x, mm	1	1	0.5	P02	
MOVNTQ	m, mm	1	5	1	P2	
MOVNTDQ	m, x	1	5	1	P2	
MOVNTDQA	x, m	1	2	0.5		
PACKSSWB/DW	mm/x, r/m	1	2	1	P1	
PACKUSWB	mm/x, r/m	1	2	1	P1	
PUNPCKH/LBW/WD/DQ	mm/x, r/m	1	2	1	P1	
PUNPCKHQDQ	x, r/m	1	2	1	P1	

Steamroller

PUNPCKLQDQ	x,r/m	1	2	1	P1	
PSHUFB	mm/x,r/m	1	3	1	P1	
PSHUFD	x,x,i	1	2	1	P1	
PSHUFW	mm,mm,i	1	2	1	P1	
PSHUFL/HW	x,x,i	1	2	1	P1	
PALIGNR	mm/x,r/m,i	1	2	1	P1	
PBLENDW	x,r/m	1	2	0.5	P02	SSE4.1
MASKMOVQ	mm,mm	31	32	16	P2	
MASKMOVDQU	x,x	65	45	31	P0 P1 P2	
PMOVMSKB	r32,mm/x	2	5	1	P1 P2	
PEXTRB/W/D/Q	r,x/mm,i	2	5	1	P1 P2	SSE4.1
PINSRB/W/D/Q	x/mm,r,i	2	6	1	P1	
EXTRQ	x,i,i	1	3	1	P1	AMD SSE4A
EXTRQ	x,x	1	1	1	P1	AMD SSE4A
INSERTQ	x,x,i,i	1	1	1	P1	AMD SSE4A
INSERTQ	x,x	1	1	1	P1	AMD SSE4A
PMOVSBXW/BD/BQ/ WD/WQ/DQ	x,x	1	2	1	P1	SSE4.1
PMOVZXBW/BD/BQ/ WD/WQ/DQ	x,x	1	2	1	P1	SSE4.1
VPCMOV	x,x,x,x/m	1	2	1	P1	AMD XOP
VPCMOV	y,y,y,y/m	2	2	2	P1	AMD XOP
VPPERM	x,x,x,x/m	1	2	1	P1	AMD XOP
Arithmetic instructions						
PADDB/W/D/Q/SB/SW/ USB/USW	mm/x,r/m	1	2	0.5	P02	
PSUBB/W/D/Q/SB/SW/ USB/USW	mm/x,r/m	1	2	0.5	P02	
PHADD/SUB(S)W/D	x,x	3	5	2	P02 2P1	SSSE3
PCMPEQ/GT B/W/D	mm/x,r/m	1	2	0.5	P02	
PCMPEQQ	mm/x,r/m	1	2	0.5	P02	SSE4.1
PCMPGTQ	mm/x,r/m	1	2	0.5	P02	SSE4.2
PMULLW PMULHW PMULHUW PMULUDQ	mm/x,r/m	1	4	1	P0	
PMULLD	x,r/m	1	5	2	P0	SSE4.1
PMULDQ	x,r/m	1	4	1	P0	SSE4.1
PMULHRSW	mm/x,r/m	1	4	1	P0	SSSE3
PMADDWD	mm/x,r/m	1	4	1	P0	
PMADDUBSW	mm/x,r/m	1	4	1	P0	
PAVGB/W	mm/x,r/m	1	2	0.5	P02	
PMIN/MAX SB/SW/ SD UB/UW/UD	mm/x,r/m	1	2	0.5	P02	
PHMINPOSUW	x,r/m	2	4	1	P1 P02	SSE4.1
PABSB/W/D	mm/x,r/m	1	2	0.5	P02	SSSE3
PSIGNB/W/D	mm/x,r/m	1	2	0.5	P02	SSSE3
PSADBW	mm/x,r/m	2	4	1	P02	
MPSADBW	x,x,i	8	8	4	P1 P02	SSE4.1
VPCOMB/W/D/Q	x,x,x/m,i	1	2	0.5	P02	AMD XOP latency 0 if i=6,7
VPCOMUB/W/D/Q	x,x,x/m,i	1	2	0.5	P02	AMD XOP latency 0 if i=6,7
VPHADDBW/BD/BQ/ WD/WQ/DQ	x,x/m	1	2	0.5	P02	AMD XOP

Steamroller

VPHADDUBW/BD/BQ/WD/WQ/DQ	x,x/m	1	2	0.5	P02	AMD XOP
VPHSUBBW/WD/DQ	x,x/m	1	2	0.5	P02	AMD XOP
VPMACSWW/WD	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMACSSD	x,x,x/m,x	1	5	2	P0	AMD XOP
VPMACSDQH/L	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMACSSWW/WD	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMACSSD	x,x,x/m,x	1	5	2	P0	AMD XOP
VPMACSSDQH/L	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMADCSWD	x,x,x/m,x	1	4	1	P0	AMD XOP
VPMADCSSWD	x,x,x/m,x	1	4	1	P0	AMD XOP
Logic						
PAND PANDN POR PXOR	mm/x,r/m	1	2	0.5	P02	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,r/m	1	3	1	P1	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,i	1	2	1	P1	
PSLLDQ, PSRLDQ	x,i	1	2	1	P1	
PTEST	x,r/m	2	14	1	P1 P2	SSE4.1
VPROTB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP
VPROTB/W/D/Q	x,x,i	1	2	1	P1	AMD XOP
VPSHAB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP
VPSHLB/W/D/Q	x,x,x/m	1	3	1	P1	AMD XOP
String instructions						
PCMPESTRI	x,x,i	30	11	11	P0 P1 P2	SSE4.2
PCMPESTRM	x,x,i	30	10	10	P0 P1 P2	SSE4.2
PCMPISTRI	x,x,i	9	5	5	P0 P1 P2	SSE4.2
PCMPISTRM	x,x,i	8	6	6	P0 P1 P2	SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	7	11	7	P1	pclmul
VPCLMULQDQ	x,x,x,i	7	11	7	P1	pclmul
PCLMULQDQ	x,x,m,i	8		7	P1	pclmul
AESDEC	x,x	2	5	1	P01	aes
AESDECLAST	x,x	2	5	1	P01	aes
AESENC	x,x	2	5	1	P01	aes
AESENCLAST	x,x	2	5	1	P01	aes
AESIMC	x,x	1	5	1	P0	aes
AESKEYGENASSIST	x,x,i	1	5	1	P0	aes
Other						
EMMS		1		0.25		

Floating point vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
MOVAPS/D MOVUPS/D	x,x	1	0	0.25	none	inherit domain

Steamroller

VMOVAPS/D	y,y	2	2	0.5	P02	ivec
MOVAPS/D MOVUPS/D	x,m128	1	6	0.5		
VMOVAPS/D						
VMOVUPS/D	y,m256	2	6	1		
MOVAPS/D MOVUPS/D	m128,x	1	5	1	P2	
VMOVAPS/D	m256,y	2	5	2	P2	
VMOVUPS/D	m256,y	2	5	2	P2	
MOVSS/D	x,x	1	2	0.5	P01	fp
MOVSS/D	x,m32/64	1	6	0.5		
MOVSS/D	m32/64,x	1	5	1	P2	
MOVHPS/D	x,m64	1	6	1	P1	
MOVLPS/D	x,m64	1	6	0.5	P01	
MOVHPS/D	m64,x	2	6	1	P1 P2	
MOVLPS/D	m64,x	1	5	1	P2	
MOVLHPS MOVHLPS	x,x	1	2	1	P1	ivec
MOVMSKPS/D	r32,x	2	5	1	P1 P2	
VMOVMSKPS/D	r32,y	2	15	1	P1 P2	
MOVNTPS/D	m128,x	1	3	1	P2	
VMOVNTPS/D	m256,y	2	3	2-3	P2	
MOVNTSS/SD	m,x	1		3	P2	AMD SSE4A
SHUFPS/D	x,x/m,i	1	2	1	P2	ivec
VSHUFPS/D	y,y,y/m,i	2	2	2	P2	ivec
VPERMILPS/PD	x,x,x/m	1	3	1	P1	ivec
VPERMILPS/PD	y,y,y/m	2	3	2	P1	ivec
VPERMILPS/PD	x,x/m,i	1	2	1	P1	ivec
VPERMILPS/PD	y,y/m,i	2	2	2	P1	ivec
VPERM2F128	y,y,y,i	8	4	3.5	P0 P2	ivec
VPERM2F128	y,y,m,i	12		4	P0 P2	ivec
BLENDPS/PD	x,x/m,i	1	2	0.5	P01	fp
VBLENDPS/PD	y,y,y/m,i	2	2	1	P01	fp
BLENDVPS/PD	x,x/m,xmm0	1	2	0.5	P01	
VBLENDVPS/PD	y,y,y/m,y	2	2	1	P01	
MOVDDUP	x,x	1	2	1	P1	ivec
MOVDDUP	x,m64	1		0.5		
VMOVDDUP	y,y	2	2	2	P1	ivec
VMOVDDUP	y,m256	2		1		
VBROADCASTSS	x,m32	1	8	0.5		
VBROADCASTSS	y,m32	2	8	0.5	P02	
VBROADCASTSD	y,m64	2	8	0.5	P02	
VBROADCASTF128	y,m128	2	8	0.5	P02	
MOVSH/LDUP	x,x	1	2	1	P1	ivec
MOVSH/LDUP	x,m128	1		0.5		
VMOVSH/LDUP	y,y	2	2	2	P1	ivec
VMOVSH/LDUP	y,m256	2		1		
UNPCKH/LPS/D	x,x/m	1	2	1	P1	ivec
VUNPCKH/LPS/D	y,y,y/m	2	2	2	P1	ivec
EXTRACTPS	r32,x,i	2		1	P1 P2	
EXTRACTPS	m32,x,i	2	10	1	P1 P2	
VEEXTRACTF128	x,y,i	1	2	0.5	P02	ivec
VEEXTRACTF128	m128,y,i	2	10	1	P0 P2	
INSERTPS	x,x,i	1	2	1	P1	

Steamroller

INSERTPS	x,m32,i	1	9	2	P1	
VINSERTF128	y,y,x,i	2	2	1	P02	ivec
VINSERTF128	y,y,m128,i	2	10	1	P02	
VMASKMOVPS/D	x,x,m128	1	9	0.5	P01	
VMASKMOVPS/D	y,y,m256	2	9	1	P01	
VMASKMOVPS/D	m128,x,x	20	~35	8	P0 P1 P2	
VMASKMOVPS/D	m256,y,y	41	~35	16	P0 P1 P2	
Conversion						
CVTPD2PS	x,x	2	6	1	P01	ivec/fp
VCVTPD2PS	x,y	4	6	2	P01	ivec/fp
CVTPS2PD	x,x	2	6	1	P01	ivec/fp
VCVTPS2PD	y,x	4	6	2	P01	ivec/fp
CVTSD2SS	x,x	1	4	1	P0	fp
CVTSS2SD	x,x	1	4	1	P0	fp
CVTDQ2PS	x,x	1	4	1	P0	fp
VCVTDQ2PS	y,y	2	4	2	P0	fp
CVT(T) PS2DQ	x,x	1	4	1	P0	fp
VCVT(T) PS2DQ	y,y	2	4	2	P0	fp
CVTDQ2PD	x,x	2	7	1	P01	ivec/fp
VCVTDQ2PD	y,x	4	7	2	P01	ivec/fp
CVT(T)PD2DQ	x,x	2	7	1	P01	fp/ivec
VCVT(T)PD2DQ	x,y	4	7	2	P01	fp/ivec
CVTPI2PS	x,mm	2	6	1	P0 P2	ivec/fp
CVT(T)PS2PI	mm,x	1	5	1	P0	fp
CVTPI2PD	x,mm	2	7	1	P0 P1	ivec/fp
CVT(T) PD2PI	mm,x	2	7	1	P0 P1	fp/ivec
CVTSI2SS	x,r32	2	13	1	P0	fp
CVT(T)SS2SI	r32,x	2	12	1	P0 P2	fp
CVTSI2SD	x,r32/64	2	12	1	P0	fp
CVT(T)SD2SI	r32/64,x	2	12	1	P0 P2	fp
VCVTPS2PH	x/m,x,i	2	7	2	P0 P1	F16C
VCVTPS2PH	x/m,y,i	4	7	2	P0 P1	F16C
VCVTPH2PS	x,x/m	2	7	2	P0 P1	F16C
VCVTPH2PS	y,x/m	4	7	2	P0 P1	F16C
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	5-6	1	P01	fma
ADDPS/D SUBPS/D	x,x/m	1	5-6	1	P01	fma
VADDPS/D VSUBPS/D	y,y,y/m	2	5-6	2	P01	fma
ADDSUBPS/D	x,x/m	1	5-6	1	P01	fma
VADDSUBPS/D	y,y,y/m	2	5-6	1	P01	fma
HADDPS/D HSUBPS/D	x,x	4	10	2	P0 P1	ivec/fma
VHADDPS/D						
VHSUBPS/D	y,y,y/m	8	10	4	P01 P1	ivec/fma
MULSS MULSD	x,x/m	1	5-6	0.5	P01	fma
MULPS MULPD	x,x/m	1	5-6	0.5	P01	fma
VMULPS VMULPD	y,y,y/m	2	5-6	1	P01	fma
DIVSS DIVPS	x,x/m	1	9-17	4-6	P01	fp
VDIVPS	y,y,y/m	2	9-17	9-12	P01	fp
DIVSD DIVPD	x,x/m	1	9-32	4-13	P01	fp

Steamroller

VDIVPD	y,y,y/m	2	9-32	9-27	P01	fp
RCPSS/PS	x,x/m	1	5	1	P01	fp
VRCPPS	y,y/m	2	5	2	P01	fp
CMPSS/D						
CMPSS/D	x,x/m	1	2	0.5	P01	fp
VCMPPS/D	y,y,y/m	2	2	1	P01	fp
COMISS/D UCOMISS/D	x,x/m	2		1	P01 P2	fp
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x/m	1	2	0.5	P01	fp
VMAXPS/D VMINPS/D	y,y,y/m	2	2	1	P01	fp
ROUNDSS/SD/PS/PD	x,x/m,i	1	4	1	P0	fp
VROUNDSS/SD/PS/PD	y,y/m,i	2	4	2	P0	fp
DPPS	x,x,i	9	25	4	P0 P1	SSE4.1
DPPS	x,m,i	10		5	P0 P1	SSE4.1
VDPPS	y,y,y,i	13	25	8	P0 P1	SSE4.1
VDPPS	y,m,i	15		8	P0 P1	SSE4.1
DPPD	x,x,i	7	14	3	P0 P1	SSE4.1
DPPD	x,m,i	8		4	P0 P1	SSE4.1
VFMADD132SS/SD	x,x,x/m	1	5-6	0.5	P01	FMA3
VFMADD132PS/PD	x,x,x/m	1	5-6	0.5	P01	FMA3
VFMADD132PS/PD	y,y,y/m	2	5-6	1	P01	FMA3
All other FMA3 instructions: same as above						FMA3
VFMADDSS/SD	x,x,x,x/m	1	5-6	0.5	P01	AMD FMA4
VFMADDPS/PD	x,x,x,x/m	1	5-6	0.5	P01	AMD FMA4
VFMADDPS/PD	y,y,y,y/m	2	5-6	1	P01	AMD FMA4
All other FMA4 instructions: same as above						AMD FMA4
Math						
SQRTSS/PS	x,x/m	1	12-13	4-9	P01	fp
VSQRTPS	y,y/m	2	12-13	9-18	P01	fp
SQRTSD/PD	x,x/m	1	26-29	4-18	P01	fp
VSQRTPD	y,y/m	2	27-28	9-37	P01	fp
RSQRTSS/PS	x,x/m	1	5	1	P01	fp
VRSQRTPS	y,y/m	2	5	2	P01	fp
VFRCZSS/SD/PS/PD	x,x	2	10	2	P01	AMD XOP
VFRCZSS/SD/PS/PD	x,m	4		2	P01	AMD XOP
Logic						
AND/ANDN/OR/XORPS/PD	x,x/m	1	2	0.5	P02	ivec
VAND/ANDN/OR/XORPS/PD	y,y,y/m	2	2	1	P02	ivec
Other						
VZEROUPPER		9		4		32 bit mode
VZEROUPPER		16		5		64 bit mode
VZEROALL		17		6	P02	32 bit mode
VZEROALL		32		10	P02	64 bit mode
LDMXCSR	m32	9		36	P0 P2	
STMXCSR	m32	2		17	P0 P2	
FXSAVE	m4096	59-67		78	P0 P1 P2	

Steamroller

FXRSTOR	m4096	104-112		160	P0 P1 P2	
XSAVE	m	121-137		147-166	P0 P1 P2	
XRSTOR	m	191-209		291-297	P0 P1 P2	

AMD Excavator

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers. Instructions with more than 2 macro-operations use microcode.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m). The numbers are approximate.
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: Integer pipes: EX0: integer ALU, division EX1: integer ALU, multiplication, jump EX01: can use either EX0 or EX1 AG01: address generation unit 0 or 1 Floating point and vector pipes: P0: floating point add, mul, div. Integer add, mul, bool P1: floating point add, mul, div. Shuffle, shift, pack P2: Integer add. Bool, store P01: can use either P0 or P1 P02: can use either P0 or P2 Two macro-operations can execute simultaneously if they go to different execution pipes
Domain:	Tells which execution unit domain is used: ivec: integer vector execution unit. fp: floating point execution unit. fma: floating point multiply/add subunit. inherit: the output operand inherits the domain of the input operand. ivec/fma means the input goes to the ivec domain and the output comes from the fma domain. There is an additional latency of 1 clock cycle if the output of an ivec instruction goes to the input of a fp or fma instruction, and when the output of a fp or fma instruction goes to the input of an ivec or store instruction. There is no latency between the fp and fma units. All other latencies after memory load and before memory store instructions are included in the latency counts. An fma instruction has a latency of 5 if the output goes to another fma instruction, 6 if the output goes to an fp instruction, and 6+1 if the output goes to an ivec or store instruction.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions		1	1	0.5	EX01	
MOV	r8,r8					

Excavator

MOV	r16,r16	1	1	0.5	EX01	
MOV	r32,r32	1	1	0.25	EX01 or AG01	
MOV	r64,r64	1	1	0.25	EX01 or AG01	
MOV	r,i	1	1	0.25	EX01 or AG01	
MOV	r,m	1	3	0.5	AG01	all addr. modes
MOV	m,r	1	4	1	EX01 AG01	all addr. modes
MOV	m,i	1		1		
MOVNTI	m,r	1	4	1		
MOVZX, MOVZX	r,r	1	1	0.25		
MOVZX	r,m	1	5	0.5	EX01	
MOVZX	r,m	1	4	0.5	EX01	
MOVSLD	r64,r32	1	1	0.25	EX01	
MOVSLD	r64,m32	1	5	0.5	EX01	
CMOVcc	r,r	1	2	0.5	EX01	
CMOVcc	r,m	1		0.5	EX01	
XCHG	r8,r8	2	1	1	EX01	
XCHG	r16,r16	2	1	1	EX01	
XCHG	r32,r32	2	1	0.5	EX01	
XCHG	r64,r64	2	1	0.5	EX01	
XCHG	r,m	2	~50	~50	EX01	Timing depends on hardware
XLAT		2	6	2		
PUSH	r	1		1		
PUSH	i	1		1		
PUSH	m	2		1		
PUSHF(D/Q)		8		4		
PUSHA(D)		9		9		
POP	r	1		0.5		
POP	m	2		1		
POPF(D/Q)		34		12		
POPA(D)		14		8		
POP	sp	1	1	2		
LEA	r16,[m]	2	2-3		EX01	
LEA	r32/64,[m]	1	1	0.5	EX01	all other cases
LAHF		4	2	2		
SAHF		2	2	1		
SALC		1	1	1		
BSWAP	r	1	1	0.5	EX01	
PREFETCHNTA	m	1		0.5		
PREFETCHT0/1/2	m	1		0.5		
PREFETCH/W	m	1		0.5		PREFETCHW
SFENCE		7		~100		
LFENCE		1		0.25		
MFENCE		7		~100		
Arithmetic instructions						
ADD, SUB	r,r	1	1	0.25		
ADD, SUB	r,i	1	1	0.25		
ADD, SUB	r,m	1		0.5	EX01	
ADD, SUB	m,r	1	7	1	EX01	
ADD, SUB	m,i	1	7	1	EX01	
ADC, SBB	r,r	1	1		EX01	
ADC, SBB	r,i	1	1		EX01	

Excavator

ADC, SBB	r,m	1	1	1	EX01	approximate timings
ADC, SBB	m,r	1	9	1	EX01	
ADC, SBB	m,i	1	9	1	EX01	
CMP	r,r	1	1	0.25	EX01	
CMP	r,i	1	1	0.25	EX01	
CMP	r,m	1		0.5	EX01	
CMP	m,i	1		0.5	EX01	
INC, DEC, NEG	r	1	1	0.25	EX01	
INC, DEC, NEG	m	1	7	1	EX01	
AAA, AAS		10	5			
DAA		16	8			
DAS		20	9			
AAD		4	5			
AAM		10	15	15		
MUL, IMUL	r8/m8	1	3	2	EX1	
MUL, IMUL	r16/m16	2	3	2	EX1	
MUL, IMUL	r32/m32	1	3	2	EX1	
MUL, IMUL	r64/m64	1	5	4	EX1	
IMUL	r16,r16/m16	1	3	2	EX1	
IMUL	r32,r32/m32	1	3	2	EX1	
IMUL	r64,r64/m64	1	5	4	EX1	
IMUL	r16,(r16),i	2	5	2	EX1	
IMUL	r32,(r32),i	1	4	2	EX1	
IMUL	r64,(r64),i	1	6	4	EX1	
IMUL	r16,m16,i	2		2	EX1	
IMUL	r32,m32,i	2	4	2	EX1	
IMUL	r64,m64,i	2	7	4	EX1	
DIV	r8/m8	9	17-19		EX0	approximate timings
DIV	r16/m16	7	16-26		EX0	
DIV	r32/m32	2	14-42		EX0	
DIV	r64/m64	2	14-74		EX0	
IDIV	r8/m8	9	15-19		EX0	
IDIV	r16/m16	7	16-26		EX0	
IDIV	r32/m32	2	14-42		EX0	
IDIV	r64/m64	2	15-74		EX0	
CBW, CWDE, CDQE		1	1		EX01	
CDQ, CQO		1	1	0.5	EX01	
CWD		2	1	1	EX01	
Logic instructions						BMI1
AND, OR, XOR	r,r	1	1	0.33		
AND, OR, XOR	r,i	1	1	0.33		
AND, OR, XOR	r,m	1		0.5	EX01	
AND, OR, XOR	m,r	1	7	1	EX01	
AND, OR, XOR	m,i	1	7	1	EX01	
TEST	r,r	1	1	0.25		
TEST	r,i	1	1	0.25		
TEST	m,r	1		0.5	EX01	
TEST	m,i	1		0.5	EX01	
NOT	r	1	1	0.33		
NOT	m	1	7	1	EX01	
ANDN	r,r,r	1	1	0.33		BMI1
SHL, SHR, SAR	r,i/CL	1	1	0.5	EX01	

Excavator

ROL, ROR	r,i/CL	1	1	0.5	EX01	
RCL	r,1	1	1		EX01	
RCL	r,i	16	4		EX01	
RCL	r,cl	17	5		EX01	
RCR	r,1	1	1		EX01	
RCR	r,i	15	5		EX01	
RCR	r,cl	16	5		EX01	
SHLD, SHRD	r,r,i	6	3	3	EX01	
SHLD, SHRD	r,r,cl	7	3	3	EX01	
SHLD, SHRD	m,r,i/CL	8		4	EX01	
BT	r,r/i	1	1	0.5	EX01	
BT	m,i	1		0.5	EX01	
BT	m,r	7		4	EX01	
BTC, BTR, BTS	r,r/i	2	2	1	EX01	
BTC, BTR, BTS	m,i	4		2	EX01	
BTC, BTR, BTS	m,r	10		4	EX01	
BSF	r,r	6	3	3	EX01	
BSF	r,m	8	4	4	EX01	
BSR	r,r	7	4	4	EX01	
BSR	r,m	9		5	EX01	
SETcc	r	1	1	0.5	EX01	
SETcc	m	1		1	EX01	
CLC, STC		1		0.25		
CMC		1	1		EX01	
CLD		2		3		
STD		2		4		
POPCNT	r,r	1	4	1		SSE4.2
LZCNT	r,r	2	2	2	EX0	LZCNT
TZCNT	r,r	2	2	2		BMI1
BEXTR	r,r,r	1	1	0.5		BMI1
BEXTR	r,r,i	1	1	0.5		AMD TBM
BLSI	r,r	2	2	0.5		BMI1
BLSMSK	r,r	2	2	0.5		BMI1
BLSR	r,r	2	2	0.5		BMI1
BLCFILL	r,r	2	2	0.5		AMD TBM
BLCI	r,r	2	2	0.5		AMD TBM
BLCIC	r,r	2	2	0.5		AMD TBM
BLCMSK	r,r	2	2	0.5		AMD TBM
BLCS	r,r	2	2	0.5		AMD TBM
BLSFILL	r,r	2	2	0.5		AMD TBM
BLSI	r,r	2	2	0.5		AMD TBM
BLSIC	r,r	2	2	0.5		AMD TBM
T1MSKC	r,r	2	2	0.5		AMD TBM
TZMSK	r,r	2	2	0.5		AMD TBM
Control transfer instructions						
JMP	short/near	1		2	EX1	
JMP	r	1		2	EX1	
JMP	m	1		2	EX1	
Jcc	short/near	1		1-2	EX1	2 if jumping
fused CMP+Jcc	short/near	1		1-2	EX1	2 if jumping
J(E/R)CXZ	short	1		1-2	EX1	2 if jumping
LOOP	short	1		1-2	EX1	2 if jumping

Excavator

LOOPE LOOPNE	short	1		1-2	EX1	2 if jumping
CALL	near	2		2	EX1	
CALL	r	2		2	EX1	
CALL	m	3		2	EX1	
RET		1		2	EX1	
RET	i	4		2	EX1	
BOUND	m	11		4		for no jump
INTO		4		2		for no jump
String instructions						
LODS		3		3		
REP LODS	m8/m16	6n		2n – 3n		
STOS		3		3		
REP STOS		1n		~1n		small n
REP STOS		3 per 16B		2 per 16B		best case
MOVS		5		3		
REP MOVS		~1n		~1n		small n
REP MOVS		4-5 pr 16B		~2 per 16B		best case
SCAS		3		3		
REP SCAS		7n		3-4n		
CMPS		6		3		
REP CMPS		9n		4n		
Synchronization						
LOCK ADD	m,r	1	~35			
XADD	m,r	4	~10			
LOCK XADD	m,r	4	~35			
CMPXCHG	m,r8	5	11			
CMPXCHG	m,r16	6	11			
CMPXCHG	m,r32/64	6	12			
LOCK CMPXCHG	m8,r8	5	~40			
LOCK CMPXCHG	m16,r16	6	~40			
LOCK CMPXCHG	m,r32/64	6	~40			
CMPXCHG8B	m64	18	~14			
LOCK CMPXCHG8B	m64	18	~42			
CMPXCHG16B	m128	24	~40			
LOCK CMPXCHG16B	m128	24	~80			
Other						
NOP (90)		1		0.25	none	
Long NOP (0F 1F)		1		0.25	none	
PAUSE		8		4		
ENTER	a,0	13		21		
ENTER	a,b	11+5b		20-30		
LEAVE		2		3		
CPUID		38-64		100-300		
XGETBV		4		30		
RDTSC		44		78		
RDTSCP		44		105		
RDPNC		22		380		
CRC32	r32,r8	3	3	2		
CRC32	r32,r16	5	5	5		
CRC32	r32,r32	7	6	6		
						rdtscp

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
FLD	r	1	2	0.5	P01	fp
FLD	m32/64	1	6	1		fp
FLD	m80	9	15	3		fp
FBLD	m80	61	52	34	P0 P1 P2	fp
FST(P)	r	1	2	0.5	P01	fp
FST(P)	m32/64	2	6	1		fp
FSTP	m80	13	14	19		fp
FBSTP	m80	240	222	222	P0 P1 P2	fp
FXCH	r	1	0	0.5	P01	inherit
FILD	m	1	11	1	P01	fp
FIST(T)(P)	m	2	7	1	P0 P2	fp
FLDZ, FLD1		1		0.5	P01	fp
FCMOVcc	st0,r	8	3	3	P0 P1 P2	fp
FFREE	r	1		0.25	none	
FINCSTP, FDECSTP		1	0	0.25	none	inherit
FNSTSW	AX	3	11	19	P0 P2	
FNSTSW	m16	2		15	P0 P2	
FLDCW	m16	1		3		
FNSTCW	m16	2		2		
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	5	1	P01	fma
FIADD,FISUB(R)	m	2		2	P01	fma
FMUL(P)	r/m	1	5	1	P01	fma
FIMUL	m	2		2	P01	fma
FDIV(R)(P)	r	1	9-37	4-16	P01	fp
FDIV(R)	m	1			P01	fp
FIDIV(R)	m	2		4	P01	fp
FABS, FCHS		1	2	0.5	P01	fp
FCOM(P), FUCOM(P)	r/m	1		0.5	P01	fp
FCOMPP, FUCOMPP		1		0.5	P01	fp
FCOMI(P)	r	2	2	1	P01 P2	fp
FICOM(P)	m	2		1	P01	fp
FTST		1		0.5	P01	fp
FXAM		1	26	0.5	P01	fp
FRNDINT		1	4	1	P0	fp
FPREM FPREM1		1	17-60	12-53	P0	fp
Math						
FSQRT		1	10-20	5-20	P01	
FLDPI, etc.		1		0.5	P01	
FSIN		10-164	60-210	60-165	P0 P1 P2	
FCOS		18-166	76-158		P0 P1 P2	
FSINCOS		12-168		90-165	P0 P1 P2	
FPTAN		11-192	90-245	90-210	P0 P1 P2	
FPATAN		10-365	60-440	60-365	P0 P1 P2	
FSCALE		8	15	4	P0 P1 P2	

Excavator

EXTRACT		13	8	5	P0 P1 P2	
F2XM1		10-18	60-74		P0 P1 P2	
FYL2X		9-183	60-280		P0 P1 P2	
FYL2XP1		206	~390		P0 P1 P2	
Other						
FNOP		1		0.25	none	
(F)WAIT		1		0.25	none	
FNCLEX		20		63	P0	
FNINIT		34		150	P0	
FNSAVE	m864	100	~250	~250	P0 P1 P2	
FRSTOR	m864	78	~150	~150	P0 P2	

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD	r32, mm	1	7	1		
MOVD	mm, r32	2	8	1		
MOVD/Q	r32/64, x	1	7	1		
MOVD/Q	x, r32/64	2	9	1		
MOVD	mm/x, m32	1	5	0.5		
MOVD	m32, mm/x	1	4	1	P2	
MOVQ	mm/x, mm/x	1	2	0.5		
MOVQ	mm/x, m64	1	5	0.5		
MOVQ	m64, mm/x	1	4	1	P2	
MOVDQA	x, x	1	0	0.25		renaming
MOVDQA	x, m	1	5	0.5		
MOVDQA	m, x	1	4	1	P2	
VMOVDQA	y, y	2	2	0.5		lower half renamed
VMOVDQA	y, m	2	5	1		
VMOVDQA	m, y	2	4	2	P2	
MOVDQU	x, x	1	0	0.25		renaming
MOVDQU	x, m	1	5	0.5		
MOVDQU	m, x	1	4	1	P2	
LDDQU	x, m	1	5	0.5		
VMOVDQU	y, m	2	5	1		
VMOVDQU	m, y	2	4	2	P2	
MOVDQ2Q	mm, x	1	2	0.5		
MOVQ2DQ	x, mm	1	2	0.5		
MOVNTQ	m, mm	1	4	1	P2	
MOVNTDQ	m, x	1	4	1	P2	
VMOVNTDQA	m, y	2	5	2		
MOVNTDQA	x, m	1	4	0.5		
VMOVNTDQA	y, m	2	5	1		
PACKSSWB/DW	mm/x, r/m	1	2	1	P1	
PACKUSWB	mm/x, r/m	1	2	1	P1	
VPACKSSWB/DW	y, r/m	2	2	2	P1	
VPACKUSWB	y, r/m	2	2	2	P1	
PUNPCKH/LBW/WD/DQ	mm/x, r/m	1	2	1	P1	

Excavator

PUNPCKL/HQDQ	x,r/m	1	2	1	P1	
VPUNPCKL/HQDQ	y,r/m	2	2	2	P1	
PSHUFB	mm/x,r/m	1	2	1	P1	
VPSHUFB	y,r/m	2	2	2	P1	
PSHUFD	x,x,i	1	2	1	P1	
VPSHUFD	y,y,i	2	2	2	P1	
PSHUFW	mm,mm,i	1	2	1	P1	
PSHUFL/HW	x,x,i	1	2	1	P1	
VPSHUFL/HW	y,y,i	2	2	2	P1	
PALIGNR	mm/x,r/m,i	1	2	1	P1	
VPALIGNR	y,r/m,i	2	2	2	P1	
PBLENDW	x,r/m,i	1	2	0.5	P02	
PBLENDW	y,r/m,i	2	2	1	P02	
MASKMOVQ	mm,mm	31	~50	~50		
MASKMOVDQU	x,x	65	~50	~50		
VPMASKMOVD/Q	x,x,m	1	6	0.5		
VPMASKMOVD/Q	y,y,m	2	6	1		
VPMASKMOVD/Q	m,x,x	2	10-40	30		
VPMASKMOVD/Q	m,y,y	4	10-40	60		
PMOVMASKB	r32,mm/x	2	8	1	P12	
VPMOVMASKB	r32,y	2	9	2	P12	
PEXTRB/W/D/Q	r,x/mm,i	2	9	1	P1 P2	
PINSRB/W/D/Q	x/mm,r,i	2	10	1	P1	
EXTRQ	x,i,i	1	2	1	P1	AMD SSE4A
EXTRQ	x,x	1	2	1	P1	AMD SSE4A
INSERTQ	x,x,i,i	1	1	1	P1	AMD SSE4A
INSERTQ	x,x	1	2	1	P1	AMD SSE4A
PMOVSXBW/BD/BQ/ WD/WQ/DQ	x,x	1	2	1	P1	
PMOVSXBW/BD/BQ/ WD/WQ/DQ	y,x	3	3	3	P1	
PMOVZXBW/BD/BQ/ WD/WQ/DQ	x,x	1	2	1	P1	
PMOVZXBW/BD/BQ/ WD/WQ/DQ	y,x	3	3	3	P1	
VINSERTI128	y,y,x,i	2	2	1	P0 P2	AVX2
VINSERTI128	y,y,m,i	2	7	1	P0 P2	AVX2
VPBROADCAST B/W/D/Q	x,x	1	2	1	P1	AVX2
VPBROADCAST B/W/D/Q	x,m					
VPBROADCAST B/W/D/Q	y,x	2	3	2	P1	AVX2
VPBROADCAST B/W/D/Q	y,m					
VBROADCASTI128	y,m128	2	5	0.5	P02	AVX2
VPGATHERDD	x,[r+s*x],x	34		15		AVX2
VPGATHERDD	y,[r+s*y],y	51		21		AVX2
VPGATHERQD	x,[r+s*x],x	25		13		AVX2
VPGATHERQD	x,[r+s*y],x	32		14		AVX2
VPGATHERDQ	x,[r+s*x],x	24		13		AVX2
VPGATHERDQ	y,[r+s*x],y	32		15		AVX2
VPGATHERQQ	x,[r+s*x],x	24		49		AVX2
VPGATHERQQ	y,[r+s*y],y	31		15		AVX2

Excavator

Arithmetic instructions						
PADDB/W/D/Q/SB/SW/						
USB/USW	mm/x,r/m	1	2	0.5	P02	
VPADD..	y,y,r/m	2	2	1	P02	
PSUBB/W/D/Q/SB/SW/						
USB/USW	mm/x,r/m	1	2	0.5	P02	
VPSUB..	y,y,r/m	2	2	1	P02	
PHADD/SUB(S)W/D	mm,mm	3	4	2	P0 P1 P2	
PHADD/SUB(S)W/D	x,x	4	4	2	P0 P1 P2	
VPHADD/SUB(S)W/D	y,y,y	8	4	4	P0 P1 P2	
PCMPEQ B/W/D/Q	mm/x,r/m	1	2	0.5	P02	
VPCMPEQ B/W/D/Q	y,y,r/m	2	2	1	P02	
PCMPGT B/W/D/Q	mm/x,r/m	1	2	0.5	P02	
VPCMPGT B/W/D/Q	y,y,r/m	2	2	1	P02	
PMULLW PMULHW						
PMULHUW PMULLD						
PMULDQ PMULUDQ	mm/x,r/m	1	4	1	P0	
VPMULLW VPMULHW						
PMULLD VPMULHUW						
VPMULDQ						
VPMULUDQ	y,y,r/m	2	4	2	P0	
PMULHRSW	mm/x,r/m	1	4	1	P0	
VPMULHRSW	y,y,r/m	2	4	2	P0	
PMADDWD	mm/x,r/m	1	4	1	P0	
VPMADDWD	y,y,r/m	2	4	2	P0	
PMADDUBSW	mm/x,r/m	1	4	1	P0	
VPMADDUBSW	y,y,r/m	2	4	2	P0	
PAVGB/W	mm/x,r/m	1	2	0.5	P02	
VPAVGB/W	mm/x,r/m	2	2	1	P02	
PMIN/MAX SB/SW/ SD						
UB/UW/UD	mm/x,r/m	1	2	0.5	P02	
VPMIN/MAX SB/SW/						
SD UB/UW/UD	y,y,r/m	2	2	1	P02	
PHMINPOSUW	x,r/m	2	3	1	P02 P1	
PABSB/W/D	mm/x,r/m	1	2	0.5	P02	
VPABSB/W/D	y,r/m	2	2	1	P02	
PSIGNB/W/D	mm/x,r/m	1	2	0.5	P02	
VPSIGNB/W/D	y,r/m	2	2	1	P02	
PSADBW	mm/x,r/m	2	4	1	P02	
VPSADBW	y,y,r/m	4	4	2	P02	
MPSADBW	x,x,i	12	7	4	P0 P1 P2	
VMPSADBW	y,y,y,i	8	7	8	P0 P1 P2	
Logic						
PAND PANDN POR						
PXOR	mm/x,r/m	1	2	0.5	P02	
VPAND VPANDN						
VPOR VPXOR	y,y,r/m	2	2	1	P02	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,r/m	1	2	1	P1	
VPSLL/RL W/D/Q VP-						
SRAW/D	y,y,x/m	2	2	2	P1	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,i	1	2	1	P1	

Excavator

VPSLL/RL W/D/Q VP-SRAW/D	y,y,i	2	2	2	P1	
PSLLDQ, PSRLDQ	x,i	1	2	1	P1	
VPSLLDQ VPSRLDQ	y,y,i	2	2	2	P1	
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	x,x,x	1	2	1	P1	AVX2
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	y,y,y	2	2	2	P1	AVX2
PTEST	x,r/m	2		1	P1 P2	
VPTEST	y,y/m	4		2	P1 P2	
String instructions						
PCMPESTRI	x,x,i	31	42	9		SSE4.2
PCMPESTRI	x,m,i	31				SSE4.2
PCMPESTRM	x,x,i	30	37	8		SSE4.2
PCMPESTRM	x,m,i	31				SSE4.2
PCMPISTRI	x,x,i	10	21	6		SSE4.2
PCMPISTRI	x,m,i	9				SSE4.2
PCMPISTRM	x,x,i	8	26	5		SSE4.2
PCMPISTRM	x,m,i	10				SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	4	5	5		pclmul
AESDEC	x,x	2	4	1	P01	aes
AESDECLAST	x,x	2	4	1	P01	aes
AESENC	x,x	2	5	1	P01	aes
AESENCLAST	x,x	2	4	1	P01	aes
AESIMC	x,x	1	4	1	P0	aes
AESKEYGENASSIST	x,x,i	1	4	1	P0	aes
Other						
EMMS		1		0.25		

Floating point vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
MOVAPS/D MOVUPS/D	x,x	1	0	0.25	none	inherit domain
VMOVAPS/D	y,y	2	2	0.5	P02	ivec
MOVAPS/D MOVUPS/D	x,m128	1	5	0.5		
VMOVAPS/D						
VMOVUPS/D	y,m256	2	5	1		
MOVAPS/D MOVUPS/D	m128,x	1	4	1	P2	
VMOVAPS/D	m256,y	2	4	2	P2	
VMOVUPS/D	m256,y	2	4	2	P2	
MOVSS/D	x,x	1	2	0.5	P01	
MOVSS/D	x,m32/64	1	5	0.5		
MOVSS/D	m32/64,x	1	4	1	P2	

Excavator

MOVHPS/D	x,m64	1	6	1	P2	
MOVLPS/D	x,m64	1	6	0.5	P01	
MOVHPS/D	m64,x	2	6	2	P2	
MOVLPS/D	m64,x	1	6	1	P2	
MOVLHPS MOVHLPS	x,x	1	2	1	P2	
MOVMSKPS/D	r32,x	2	8	1	P1 P2	
VMOVMSKPS/D	r32,y	3	8	2	P1 P2	
MOVNTPS/D	m128,x	1	4	1	P2	
VMOVNTPS/D	m256,y	2	4	3	P2	
MOVNTSS/SD	m,x	2				AMD SSE4A
SHUFPS/D	x,x/m,i	1	2	1	P2	ivec
VSHUFPS/D	y,y,y/m,i	2	2	2	P2	ivec
VPERMILPS/PD	x,x,x/m	1	3	1	P1	ivec
VPERMILPS/PD	y,y,y/m	2	3	2	P1	ivec
VPERMILPS/PD	x,x/m,i	1	2	1	P1	ivec
VPERMILPS/PD	y,y/m,i	2	2	2	P1	ivec
VPERM2F128	y,y,y,i	8	4	3	P0 P2	ivec
VPERM2F128	y,y,m,i	12		4	P0 P2	ivec
BLENDPS/PD	x,x/m,i	1	2	0.5	P01	fp
VBLENDPS/PD	y,y,y/m,i	2	2	1	P01	fp
BLENDVPS/PD	x,x/m,xmm0	1	2	0.5	P01	
VBLENDVPS/PD	y,y,y/m,y	2	2	0.5	P01	
MOVDDUP	x,x	1	2	1	P1	ivec
MOVDDUP	x,m64	1		0.5		
VMOVDDUP	y,y	2	2	2	P1	ivec
VMOVDDUP	y,m256	2		1		
VBROADCASTSS	x,x	1	2	1	P2	
VBROADCASTSS	x,m32	1	5	0.5		
VBROADCASTSS/SD	y,x	2	3	2	P2	
VBROADCASTSS/SD	y,m32	2	5	0.5	P02	
VBROADCASTF128	y,m128	2	5	0.5	P02	
MOVSH/LDUP	x,x	1	2	1	P1	ivec
MOVSH/LDUP	x,m128	1		0.5		
VMOVSH/LDUP	y,y	2	3	2	P1	ivec
VMOVSH/LDUP	y,m256	2		1		
UNPCKH/LPS/D	x,x/m	1	2	1	P2	
VUNPCKH/LPS/D	y,y,y/m	2	2	2	P2	
EXTRACTPS	r32,x,i	2	9	2	P2	
EXTRACTPS	m32,x,i	2	6	2	P2	
VEXTRACTF128	x,y,i	1	2	0.5	P02	ivec
VEXTRACTF128	m128,y,i	2	7	1	P0 P2	
INSERTPS	x,x,i	1	2	1	P2	
INSERTPS	x,m32,i	1	7	1	P2	
VINSERTF128	y,y,x,i	2	2	1	P02	ivec
VINSERTF128	y,y,m128,i	2	8	1	P02	
VMASKMOVPS/D	x,x,m128	1	8	0.5	P01	
VMASKMOVPS/D	y,y,m256	2	8	1	P01	
VMASKMOVPS/D	m128,x,x	20	~40		P0 P1 P2	
VMASKMOVPS/D	m256,y,y	41	~40		P0 P1 P2	
Conversion						
CVTPD2PS	x,x	2	6	1	P0 P2	
VCVTPD2PS	x,y	4	6	2	P0 P2	

Excavator

CVTPS2PD	x,x	2	6	1	P0 P2	
VCVTPS2PD	y,x	4	6	2	P0 P2	
CVTSD2SS	x,x	1	4	1	P0	
CVTSS2SD	x,x	1	4	1	P0	
CVTDQ2PS	x,x	1	4	1	P0	
VCVTDQ2PS	y,y	2	4	2	P0	
CVT(T) PS2DQ	x,x	1	4	1	P0	
VCVT(T) PS2DQ	y,y	2	4	2	P0	
CVTDQ2PD	x,x	2	5	1	P0 P2	
VCVTDQ2PD	y,x	4	5	2	P0 P2	
CVT(T)PD2DQ	x,x	2	5	1	P0 P2	
VCVT(T)PD2DQ	x,y	4	5	2	P0 P2	
CVTPI2PS	x,mm	2	5	1	P0 P2	
CVT(T)PS2PI	mm,x	1	5	1	P0	
CVTPI2PD	x,mm	2	6	1	P0 P1	
CVT(T) PD2PI	mm,x	2	6	1	P0 P1	
CVTSI2SS	x,r32	2	12	1	P0 int	
CVT(T)SS2SI	r32,x	2	12	1	P0 P2	
CVTSI2SD	x,r32/64	2	12	1	P0 int	
CVT(T)SD2SI	r32/64,x	2	12	1	P0 P2	
VCVTPS2PH	x/m,x,i	2	6	2	P0 P1	F16C
VCVTPS2PH	x/m,y,i	4	6	2	P0 P1	F16C
VCVTPH2PS	x,x/m	2	6	2	P0 P1	F16C
VCVTPH2PS	y,x/m	4	6	2	P0 P1	F16C
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	5	1	P01	fma
ADDPS/D SUBPS/D	x,x/m	1	5	1	P01	fma
VADDPS/D VSUBPS/D	y,y,y/m	2	5	2	P01	fma
ADDSUBPS/D	x,x/m	1	5	1	P01	fma
VADDSUBPS/D	y,y,y/m	2	5	1	P01	fma
HADDPS/D HSUBPS/D	x,x	4	9	2	P0 P1	ivec/fma
VHADDPS/D						
VHSUBPS/D	y,y,y/m	8	9	3	P01 P1	ivec/fma
MULSS MULSD	x,x/m	1	5	0.5	P01	fma
MULPS MULPD	x,x/m	1	5	0.5	P01	fma
VMULPS VMULPD	y,y,y/m	2	5	1	P01	fma
DIVSS DIVPS	x,x/m	1	12	4	P01	fp
VDIVPS	y,y,y/m	2	12	8	P01	fp
DIVSD DIVPD	x,x/m	1	8-22	4-8	P01	fp
VDIVPD	y,y,y/m	2	8-22	8-16	P01	fp
RCPSS/PS	x,x/m	1	5	1	P01	fp
VRCPPS	y,y/m	2	5	2	P01	fp
CMPSS/D						
CMPPS/D	x,x/m	1	2	0.5	P01	fp
VCMPPS/D	y,y,y/m	2	2	1	P01	fp
COMISS/D UCOMISS/ D	x,x/m	2	8	1	P01 P2	fp
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x/m	1	2	0.5	P01	fp
VMAXPS/D VMINPS/D	y,y,y/m	2	2	1	P01	fp

Excavator

ROUNDSS/SD/PS/PD	x,x/m,i	1	4	1	P0	fp
VROUNDSS/SD/PS/PD	y,y/m,i	2	4	2	P0	fp
DPPS	x,x/m,i	9	20	4	P0 P1	
VDPPS	y,y,y,i	13	22	5	P0 P1	
VDPPS	y,m,i	15		6	P0 P1	
DPPD	x,x,i	7	14	4	P0 P1	
DPPD	x,m,i	8		4	P0 P1	
VFMADD132SS/SD	x,x,x/m	1	5	0.5	P01	FMA3
VFMADD132PS/PD	x,x,x/m	1	5	0.5	P01	FMA3
VFMADD132PS/PD	y,y,y/m	2	5	1	P01	FMA3
All other FMA3 instructions: same as above						FMA3
VFMADDSS/SD	x,x,x,x/m	1	5	0.5	P01	AMD FMA4
VFMADDPS/PD	x,x,x,x/m	1	5	0.5	P01	AMD FMA4
VFMADDPS/PD	y,y,y,y/m	2	5	1	P01	AMD FMA4
All other FMA4 instructions: same as above						AMD FMA4
Math						
SQRTSS/PS	x,x/m	1	13	4	P01	fp
VSQRTPS	y,y/m	2	13	9	P01	fp
SQRTSD/PD	x,x/m	1	16	4-9	P01	fp
VSQRTPD	y,y/m	2	16	8-19	P01	fp
RSQRTSS/PS	x,x/m	1	4	1	P01	fp
VRSQRTPS	y,y/m	2	4	2	P01	fp
VFRCZSS/SD/PS/PD	x,x	2	38	4	P01	AMD XOP
VFRCZSS/SD/PS/PD	x,m	3			P01	AMD XOP
Logic						
AND/ANDN/OR/XORPS/PD	x,x/m	1	2	0.5	P02	ivec
VAND/ANDN/OR/XORPS/PD	y,y,y/m	2	2	1	P02	ivec
Other						
VZEROUPPER		10		4		32 bit mode
VZEROUPPER		17		5		64 bit mode
VZEROALL		18		6	P02	32 bit mode
VZEROALL		33		9	P02	64 bit mode
LDMXCSR	m32	9		~50		
STMXCSR	m32	2		~50		
FXSAVE	m4096	76		100		32 bit mode
FXSAVE	m4096	84		180		64 bit mode
FXRSTOR	m4096	124		250		32 bit mode
FXRSTOR	m4096	129		150		64 bit mode
XSAVE	m	139		215		32 bit mode
XSAVE	m	155		170		64 bit mode
XRSTOR	m	204		350		32 bit mode
XRSTOR	m					64 bit mode

AMD Zen 1

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: P0: Floating point and vector pipe 0 P1: Floating point and vector pipe 1 P2: Floating point and vector pipe 2 P3: Floating point and vector pipe 3 P0 P1: Uses both P0 and P1 P01: Uses either P0 and P1 Where no unit is specified, it uses one or more integer pipe or address generation units. Two micro-operations can execute simultaneously if they go to different execution pipes
Domain:	Tells which execution unit domain is used: ivec: integer vector execution unit. fp: floating point execution unit. inherit: the output operand inherits the domain of the input operand. There is an additional latency of 1 clock cycle if the output of an ivec instruction goes to the input of a fp instruction, and when the output of a fp instruction goes to the input of an ivec instruction. All other latencies after memory load and before memory store instructions are included in the latency counts.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOV	r8,r8	1	1	0.25		renaming renaming
MOV	r16,r16	1	1	0.25		
MOV	r32,r32	1	0	0.3		
MOV	r64,r64	1	0	0.2		
MOV	r,i	1		0.25		
MOV	r,m	1	4	0.5		
MOV	m,r	1	3	1		
MOV	m,i	1		1		
MOVNTI	m,r	1	high	1		
MOVZX, MOVSX	r,r	1	1	0.25		

Zen1

MOVZX, MOVSX	r,m	1	4	0.5	
MOVSLD	r64,r32	1	1	0.25	
MOVSLD	r64,m32	1	3	0.5	
CMOVCc	r,r	1	1	0.25	
CMOVCc	r,m	1		0.5	
XCHG	r8,r8	2	1	1	
XCHG	r16,r16	2	1	1	
XCHG	r32,r32	2	0	0.33	renaming
XCHG	r64,r64	2	0	0.33	renaming
XCHG	r,m	2	~30	~30	depends on hw
XLAT		2	5	2	
PUSH	r	1		1	
PUSH	i	1		1	
PUSH	m	2		1	
PUSHF(D/Q)		9		4	
PUSH	sp	2		1	
PUSHA(D)		9		8	
POP	r	1		0.5	
POP	m	2		1	
POPF(D/Q)		35		13	
POPA(D)		9		4	
POP	sp	1	2	2	
LEA	r16,[m]	2	2	1	
LEA	r32,[m]	1	1	0.5	64 bit mode
LEA	r32/64,[m]		1	0.5	rip relative
LEA	r32/64,[m]	1	1	0.25	all other cases
LAHF		4	3	2	
SAHF		2	2	0.5	
SALC		1	1	1	
BSWAP	r	1	1	0.25	
MOVBE	r,[m]	1		0.5	MOVBE
MOVBE	[m],r	1		1	MOVBE
PREFETCHNTA	m	1		0.5	
PREFETCHT0/1/2	m	1		0.5	
PREFETCH/W	m	1		0.5	PREFETCHW
SFENCE		4		~20	
LFENCE		1		0.25	
MFENCE		7		~70	
Arithmetic instructions					
ADD, SUB	r,r	1	1	0.25	
ADD, SUB	r,i	1	1	0.25	
ADD, SUB	r,m	1		0.5	
ADD, SUB	m,r	1	6	1	
ADD, SUB	m,i	1	6	1	
ADC, SBB	r,r	1	1		
ADC, SBB	r,i	1	1		
ADC, SBB	r,m	1	1	1	
ADC, SBB	m,r	1	6	1	
ADC, SBB	m,i	1	6	1	
ADCX ADOX	r,r	1	1	1	ADX
CMP	r,r	1	1	0.25	
CMP	r,i	1	1	0.25	

Zen1

CMP	r,m	1		0.5	
CMP	m,i	1		0.5	
INC, DEC, NEG	r	1	1	0.25	
INC, DEC, NEG	m	1	6	1	
AAA, AAS		10	6		
DAA		16	8		
DAS		20	9		
AAD		4	5		
AAM		4	13		
MUL, IMUL	r8/m8	1	3	1	
MUL, IMUL	r16/m16	3	3	2	
MUL, IMUL	r32/m32	2	3	2	
MUL, IMUL	r64/m64	2	3	2	
IMUL	r,r	1	3	1	
IMUL	r,m	1		1	
IMUL	r16,r16,i	2	4	1	
IMUL	r32,r32,i	1	3	1	
IMUL	r64,r64,i	1	3	1	
IMUL	r16,m16,i	2		1	
IMUL	r32,m32,i	1		1	
IMUL	r64,m64,i	1		1	
MULX	r,r,r	2	4	2	BMI2
DIV	r8/m8	1	13-16	13-16	
DIV	r16/m16	2	14-21	14-21	
DIV	r32/m32	2	14-30	14-30	
DIV	r64/m64	2	14-46	14-45	
IDIV	r8/m8	1	13-16	13-16	
IDIV	r16/m16	2	13-21	14-22	
IDIV	r32/m32	2	14-30	14-30	
IDIV	r64/m64	2	14-47	14-45	
CBW		1	1	1	
CWDE, CDQE		1	1	0.5	
CDQ, CQO		1	1	0.25	
CWD		2	1	1	
Logic instructions					
AND, OR, XOR	r,r	1	1	0.25	
AND, OR, XOR	r,i	1	1	0.25	
AND, OR, XOR	r,m	1		0.5	
AND, OR, XOR	m,r	1	6	1	
AND, OR, XOR	m,i	1	6	1	
TEST	r,r	1	1	0.25	
TEST	r,i	1	1	0.25	
TEST	m,r	1		0.5	
TEST	m,i	1		0.5	
NOT	r	1	1	0.25	
NOT	m	1	6	1	
ANDN	r,r,r	1	1	0.25	
SHL, SHR, SAR	r,i/CL	1	1	0.25	
ROL, ROR	r,i/CL	1	1	0.25	
RCL	r,1	1	1	1	
RCL	r,i	9	4	4	
RCL	r,cl	9	4	4	
					depends on operand values
					BMI1

Zen1

RCR	r,1	1	1	1	
RCR	r,i	7	3	3	
RCR	r,cl	7	3	3	
SHLD, SHRD	r,r,i	6	3	3	
SHLD, SHRD	r,r,cl	7	3	3	
SHLD, SHRD	m,r,i/CL	8		3	
SARX	r,r,r	1	1	0.25	BMI2
SHLX	r,r,r	1	1	0.25	BMI2
SHRX	r,r,r	1	1	0.25	BMI2
RORX	r,r,i	1	1	0.25	BMI2
BT	r,r/i	1	1	0.25	
BT	m,i	1		0.5	
BT	m,r	5		3	
BTC, BTR, BTS	r,r/i	2	2	0.5	
BTC, BTR, BTS	m,i	4		2	
BTC, BTR, BTS	m,r	8		3	
BSF	r,r	6	3	3	
BSF	r,m	8	4	4	
BSR	r,r	6	4	4	
BSR	r,m	8	4	4	
SETcc	r	1	1	0.5	
SETcc	m	1		2	
CLC, STC		1		0.25	
CMC		1	1		
CLD		2		3	
STD		2		4	
POPCNT	r,r	1	1	0.25	SSE4.2
LZCNT	r,r	1	1	0.25	LZCNT
TZCNT	r,r	2	2	0.5	BMI1
BEXTR	r,r,r	1	1	0.25	BMI1
BLSI	r,r	2	2	0.5	BMI1
BLSMSK	r,r	2	2	0.5	BMI1
BLSR	r,r	2	2	0.5	BMI1
PDEP	r,r,r	6	18	18	BMI2
PEXT	r,r,r	7	18	18	BMI2
BZHI	r,r,r	1	1	0.25	BMI2
Control transfer instructions					
JMP	short/near	1		2	
JMP	r	1		2	
JMP	m	1		2	
Jcc	short/near	1		0.5-2	2 if jumping
fused CMP+Jcc	short/near	1		0.5-2	2 if jumping
J(E/R)CXZ	short	1		0.5-2	2 if jumping
LOOP	short	1		2	2 if jumping
LOOPE LOOPNE	short	1		2	2 if jumping
CALL	near	2		2	
CALL	r	2		2	
CALL	m	6		2	
RET		1		2	
RET	i	2		2	
BOUND	m	11		3	for no jump
INTO		4		2	for no jump

Zen1

Zen1							
String instructions							
LODS	m	3		3		small n best case	
REP LODS		6n		2n			
STOS		3		3			
REP STOS		1n		~1n			
REP STOS		3 per 16B		1 per 16B			
MOVS		5		3			
REP MOVS		~1n		~1n			
REP MOVS		4 pr 16B		1 per 16B			
SCAS		3		3			
REP SCAS		7n		2n			
CMPS		6		3			
REP CMPS		9n		3n			
Synchronization							
LOCK ADD	m,r	1	~17			rdtscp	
XADD	m,r	4	7				
LOCK XADD	m,r	4	~23				
CMPXCHG	m,r8	5	8				
CMPXCHG	m,r16	6	8				
CMPXCHG	m,r32/64	6	8				
LOCK CMPXCHG	m8,r8	5	~22				
LOCK CMPXCHG	m16,r16	6	~22				
LOCK CMPXCHG	m,r32/64	6	~22				
CMPXCHG8B	m64	18	8				
LOCK CMPXCHG8B	m64	18	~22				
CMPXCHG16B	m128	27	13				
LOCK CMPXCHG16B	m128	27	~21				
Other							
NOP (90)	a,0	1		0.2		rdtscp	
Long NOP (0F 1F)		1		0.2			
PAUSE		8		3			
ENTER		12		16			
ENTER		a,b	11+3b		~18+b		
LEAVE		2		3			
CPUID		37-50		125-133			
XGETBV				42			
RDTSC		37		36			
RDTSCP		64		64			
RDPMC	20		20				
CRC32	r32,r8	3	3	3			
CRC32	r32,r16	3	3	3			
CRC32	r32,r32	3	3	3			
RDRAND RDSEED	r16/32	13		~1200			
RDRAND RDSEED	r64	19		~2500			

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						

Zen1

FLD	r	1	1	1	P3
FLD	m32/64	1	6	1	P1
FLD	m80	8	7	4	
FBLD	m80	24		24	P2 P3
FST(P)	r	1	1	1	P3
FST(P)	m32/64	2	5	1	P2 P3
FSTP	m80	15	8		
FBSTP	m80	274		~145	P2 P3
FXCH	r	1	0	0.25	
FILD	m	1	8	1	P3
FIST(T)(P)	m	2	5	1	P2 P3
FLDZ, FLD1		1		1	P3
FCMOVcc	st0,r	7	3	3	P0 P1 P2 P3
FFREE	r	1	0	0.25	
FINCSTP, FDECSTP		1	0	0.25	
FNSTSW	AX	3		16	P2 P3
FNSTSW	m16	2		14	P2 P3
FLDCW	m16	1		2	P3
FNSTCW	m16	2		2	P2 P3
Arithmetic instructions					
FADD(P),FSUB(R)(P)	r/m	1	5	1	P0
FIADD,FISUB(R)	m	2		1	P0 P3
FMUL(P)	r/m	1	5	1	P0
FIMUL	m	2		1	P0 P3
FDIV(R)(P)	r	1	8-15	4-6	P3
FDIV(R)	m	1			P3
FIDIV(R)	m	2			P3
FABS, FCHS		1	1	1	P3
FCOM(P), FUCOM(P)	r/m	1		1	P0
FCOMPP, FUCOMPP		1		1	P0
FCOMI(P)	r	2		1	P2
FICOM(P)	m	2		1	P0 P3
FTST		1		1	P0
FXAM		1		1	P3
FRNDINT		1	4	3	
FPREM FPREM1		2		12-50	
Math					
FSQRT		1	8-21	4-10	P3
FLDPI, etc.		1		1	P3
FSIN		11-60	50-170		P0 P3
FCOS		55	50-115		
FSINCOS		80-140	60-120		P0 P3
FPTAN		11-52	~90	50-80	
FPATAN		11-82	50-160	45-150	
FSCALE		8	9	4	P0 P2 P3
FXTRACT		13	10	7	P0 P2 P3
F2XM1		10	~50		P2 P3
FYL2X		10-25	~50	~50	P0 P2 P3
FYL2XP1		69	~135	~135	P0 P2 P3
Other					

Zen1

FNOP		1		0.25		
(F)WAIT		1		0.25		
FNCLEX		20		45		
FNINIT		34		85		
FNSAVE	m864	99		~160		
FRSTOR	m864	77		~130		

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD	r32, mm	1	3	1		
MOVD	mm, r32	2	3	1		
MOVD	r32/64, x	1	3	1		
MOVD	x, r32/64	1	3	1		
MOVD	mm/x, m32	1	4	0.5		
MOVD	m32, mm/x	1	4	1	P2	
MOVQ	mm/x, mm/x	1	1	0.25	P0123	
MOVQ	mm/x, m64	1	4	0.5		
MOVQ	m64, mm/x	1	4	1	P2	
MOVDQA	x, x	1	0	0.25		renaming
MOVDQA	x, m	1	3	0.5		
MOVDQA	m, x	1	4	1	P2	
VMOVDQA	y, y	2	1	0.5		lower half renamed
VMOVDQA	y, m256	2	3	1		
VMOVDQA	m256, y	2	4	2	P2	
MOVDQU	x, x	1	0	0.25		renaming
MOVDQU	x, m	1	3	0.5		
MOVDQU	m, x	1	4	1	P2	
LDDQU	x, m	1	3	0.5		
VMOVDQU	ymm, m256	2	3	1		
VMOVDQU	m256, ymm	2	4	2	P2	
MOVDQ2Q	mm, xmm	1	1	0.25	P0123	
MOVQ2DQ	xmm, mm	1	1	0.25	P0123	
MOVNTQ	m, mm	1	~900	1	P2	
MOVNTDQ	m, xmm	1	~900	1	P2	
MOVNTDQA	xmm, m	1	3	0.5		
PACKSSWB/DW	mm/x, r/m	1	1	0.5	P12	
PACKUSWB	mm/x, r/m	1	1	0.5	P12	
VPACKSSWB/DW	y, r/m	2	1	1	P12	
VPACKUSWB	y, r/m	2	1	1	P12	
PUNPCKH/LBW/WD/DQ	mm/x, r/m	1	1	0.5	P12	ivec
PUNPCKL/HQDQ	xmm, r/m	1	1	0.5	P12	
VPUNPCKL/HQDQ	y, r/m	2	1	1	P12	
PSHUFB	mm/x, r/m	1	1	0.5	P12	
VPSHUFB	y, r/m	2	1	1	P12	
PSHUFD	x, x, i	1	1	0.5	P12	
VPSHUFD	y, y, i	2	1	1	P12	
PSHUFW	mm, mm, i	1	1	0.5	P12	
PSHUFL/HW	x, x, i	1	1	0.5	P12	

Zen1

VPSHUFL/HW	y,y,i	2	1	1	P12	
PALIGNR	mm/x,r/m,i	1	1	0.5	P12	
VPALIGNR	y,r/m,i	2	1	1	P12	
PBLENDW	x,r/m,i	1	1	0.33	P013	SSE4.1
PBLENDW	y,r/m,i	2	1	0.67	P013	
VPERMD	v,v,v	3	5	4	2P1 P02	
VPERMD	v,v,m	4		4		
VPERMQ	v,v,i	3	2	2		
VPERMQ	v,m,i	4		2		
VPERM2I128	v,v,v,i	8	4	3		
VPERM2I128	v,v,m,i	12		4		
VEEXTRACTI128	x,y,i	1		1		
VEEXTRACTI128	m,y,i	2	8	2		
VINSERTI128	y,x,i	2		0.5		
MASKMOVQ	mm,mm	30	~3000	~9		
MASKMOVDQU	x,x	60	~3000	~18		
PMOVMASKB	r32,mm/x	1	3	1	P2	
VPMOVMASKB	r32,y	2	3	2	P2	
PEXTRB/W/D/Q	r,x/mm,i	2	3	1	P1 P2	SSE4.1
PINSRB/W/D/Q	x/mm,r,i	2	3	1	P12	
EXTRQ	x,i,i	2	6	4		AMD SSE4A
EXTRQ	x,x	1	4	4	P1	AMD SSE4A
INSERTQ	x,x,i,i	2	4	4	P0 P1	AMD SSE4A
INSERTQ	x,x	1	4	4	P1	AMD SSE4A
PMOVSXBW/BD/BQ/ WD/WQ/DQ	x,x	1	1	0.5	P12	SSE4.1
PMOVZXBW/BD/BQ/ WD/WQ/DQ	x,x	1	1	0.5	P12	SSE4.1
VINSERTI128	y,y,x,i	2	1	.67	P013	AVX2
VINSERTI128	y,y,m,i	2	4	1	P013	AVX2
VPBROADCAST B/W/D/Q	x,x	1	1	0.5	P12	AVX2
VPBROADCAST B/W/D/Q	x,m	1	4	1		AVX2
VPBROADCAST B/W/D/Q	y,x	2	1	1	P12	AVX2
VPBROADCAST B/W/D/Q	y,m	2		0.5		AVX2
VBROADCASTI128	y,m128	2	3	0.5		AVX2
VPGATHERDD	x,[r+s*x],x	38		13	P0 P1 P2	AVX2
VPGATHERDD	y,[r+s*y],y	66		20	P0 P1 P2	AVX2
VPGATHERQD	x,[r+s*x],x	24		9	P0 P1 P2	AVX2
VPGATHERQD	x,[r+s*y],x	36		12	P0 P1 P2	AVX2
VPGATHERDQ	x,[r+s*x],x	23		9	P0 P1 P2	AVX2
VPGATHERDQ	y,[r+s*x],y	35		12	P0 P1 P2	AVX2
VPGATHERQQ	x,[r+s*x],x	23		9	P0 P1 P2	AVX2
VPGATHERQQ	y,[r+s*y],y	35		12	P0 P1 P2	AVX2
Arithmetic instructions						
PADDB/W/D/Q/SB/SW/ USB/USW	mm/x,r/m	1	1	0.33		ivec
VPADD..	y,y,r/m	2	1	0.67		
PSUBB/W/D/Q/SB/SW/ USB/USW	mm/x,r/m	1	1	0.33		
VPSUB..	y,y,r/m	2	1	0.67		

Zen1

PHADD/SUB(S)W/D	x,x	4	2	2	P0 P1 P2 P3	SSSE3
VPHADD/SUB(S)W/D	y,y,y	8	3	3	P0 P1 P2 P3	
PCMPEQ B/W/D	mm/x,r/m	1	1	0.33	P013	
VPCMPEQ B/W/D	y,y,r/m	2	2	0.67	P013	
PCMPEQQ	mm/x,r/m	1	1	0.5	P03	
VPCMPEQQ	y,y,r/m	2	2	1	P03	
PCMPGT B/W/D	mm/x,r/m	1	1	0.33	P013	
VPCMPGT B/W/D	y,y,r/m	2	2	0.67	P013	
PCMPGTQ	mm/x,r/m	1	1	1	P0	
VPCMPGTQ	y,y,r/m	2		2	P0	
PMULLW PMULHW						
PMULHUW PMULDQ						
PMULUDQ	mm/x,r/m	1	3	1	P0	
VPMULLW VPMULHW						
VPMULHUW						
VPMULDQ						
VPMULUDQ	y,y,r/m	2	3	2	P0	
PMULLD	x,r/m	1	4	2	P0	SSE4.1
VPMULLD	y,y,r/m	2	4	4	P0	
PMULHRSW	mm/x,r/m	1	4	1	P0	SSSE3
VPMULHRSW	y,y,r/m	2	4	2	P0	
PMADDWD	mm/x,r/m	1	3	1	P0	
VPMADDWD	y,y,r/m	2	3	2	P0	
PMADDUBSW	mm/x,r/m	1	4	1	P0	
VPMADDUBSW	y,y,r/m	2	4	2	P0	
PAVGB/W	mm/x,r/m	1	1	0.5	P03	
VPAVGB/W	mm/x,r/m	2	1	1	P03	
PMIN/MAX SB/SW/ SD						
UB/UW/UD	mm/x,r/m	1	1	0.33	P013	
VPMIN/MAX SB/SW/						
SD UB/UW/UD	y,y,r/m	2	1	0.67	P013	
PHMINPOSUW	x,r/m	1	3	2		SSE4.1
PABSB/W/D	mm/x,r/m	1	1	0.5	P03	SSSE3
VPABSB/W/D	y,r/m	2	1	1	P03	
PSIGNB/W/D	mm/x,r/m	1	1	0.5	P03	SSSE3
VPSIGNB/W/D	y,r/m	2	1	1	P03	SSSE3
PSADBW	mm/x,r/m	1	3	1	P0	
VPSADBW	y,y,r/m	1	3	2	P0	
MPSADBW	x,x,i	4	4	2	P0 P1 P2	SSE4.1
VMPSADBW	y,y,y,i	8	4	3		
Logic						
PAND PANDN POR						
PXOR	mm/x,r/m	1	1	0.25	P0123	ivec
VPAND VPANDN						
VPOR VPXOR	y,y,r/m	2	1	0.5	P0123	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,r/m	1	1	1	P2	
VPSLL/RL W/D/Q VP-						
SRAW/D	y,y,x/m	2	1	2	P2	
PSLL/RL W/D/Q						
PSRAW/D	mm/x,i	1	1	1	P2	
VPSLL/RL W/D/Q VP-						
SRAW/D	y,y,i	2	1	2	P2	
PSLLDQ, PSRLDQ	x,i	1	1	0.5	P12	

Zen1

VPSLLDQ VPSRLDQ	y,y,i	2	1	1	P12	
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	x,x,x	1	3	2	P1	AVX2
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	y,y,y	2	3	4	P1	AVX2
PTEST	x,r/m	1	2	1	P2	SSE4.1
VPTEST	y,y/m	3	4	2	P1 P2	
String instructions						
PCMPESTRI	x,x,i	6	8	3	P1 P2	SSE4.2
PCMPESTRI	x,m,i	12		4		SSE4.2
PCMPESTRM	x,x,i	7	8	3	P0 P1 P2	SSE4.2
PCMPESTRM	x,m,i	12		4		SSE4.2
PCMPISTRI	x,x,i	2	11	2	P1 P2	SSE4.2
PCMPISTRI	x,m,i	3		2		SSE4.2
PCMPISTRM	x,x,i	3	7	2	P1 P2	SSE4.2
PCMPISTRM	x,m,i	4		2		SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	4	4	2		pclmul
AESDEC	x,x	1	4	0.5	P01	aes
AESDECLAST	x,x	1	4	0.5	P01	aes
AESENC	x,x	1	4	0.5	P01	aes
AESENCLAST	x,x	1	4	0.5	P01	aes
AESIMC	x,x	1	4	0.5	P01	aes
AESKEYGENASSIST	x,x,i	1	4	0.5	P01	aes
SHA1RND4S	x,x,i	1	6	4	P1	sha
SHA1NEXTE	x,x	1	1	1	P1	sha
SHA1MSG1	x,x	2	2	1	multi	sha
SHA1MSG2	x,x	1	1	0.5	P12	sha
SHA256RND4S	x,x	1	4	2	P1	sha
SHA256MSG1	x,x	2	2	0.5	P0123	sha
SHA256MSG2	x,x	4	3	2	P0123	sha
Other						
EMMS		1		0.25		

Floating point XMM and YMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
MOVAPS/D MOVUPS/D	x,x	1	0	0.25	none	inherit
VMOVAPS/D	y,y	2	1	0.5		inherit
MOVAPS/D MOVUPS/D	x,m128	1	3	0.5		
VMOVAPS/D						
VMOVUPS/D	y,m256	2	5	1		
MOVAPS/D MOVUPS/D	m128,x	1	4	1	P2	

Zen1

VMOVAPS/D							
VMOVUPS/D	m256,y	2	3	2	P2		
MOVSS/D	x,x	1	1	0.25	P0123		
MOVSS/D	x,m32/64	1	4	0.5			
MOVSS/D	m32/64,x	1	4	1	P2		
MOVHPS/D	x,m64	1	4	0.5	P12		
MOVLPS/D	x,m64	1	4	0.5	P12		
MOVHPS/D	m64,x	2	5	1	P1 P2		
MOVLPS/D	m64,x	1	4	1	P1 P2		
MOVLHPS MOVHLPS	x,x	1	1	0.5	P12	ivec	
MOVMSKPS/D	r32,x	1	3	1	P2		
VMOVMSKPS/D	r32,y	1	3	1	P2		
MOVNTPS/D	m128,x	1	~950	1	P2		
VMOVNTPS/D	m256,y	2	~950	2	P2		
MOVNTSS/SD	m,x	1		4	P2	AMD SSE4A	
SHUFPS/D	x,x/m,i	1	1	0.5	P12	ivec	
VSHUFPS/D	y,y,y/m,i	2	1	1	P2	ivec	
VPERMILPS/PD	x,x,x/m	1	3	2	P1		
VPERMILPS/PD	y,y,y/m	2	4	4	P1		
VPERMILPS/PD	x,x/m,i	1	1	0.5	P12		
VPERMILPS/PD	y,y/m,i	2	1	1	P12		
VPERM2F128	y,y,y,i	8	3	3	P0 P1 P3		
VPERM2F128	y,y,m,i	12		4	P0 P1 P3		
VPERMPS	y,y,y	3	5	4	P0 P1 P2	AVX2	
VPERMPS	y,y,m	4		4		AVX2	
VPERMPD	y,y,i	3	2	2	P0 P1 P2 P3	AVX2	
VPERMPD	y,m,i	4		2	P0 P1 P2 P3	AVX2	
BLENDPS/PD	x,x/m,i	1	1	0.5	P01	fp	
VBLENDPS/PD	y,y,y/m,i	2	1	1	P01		
BLENDVPS/PD	x,x/m,xmm0	1	1	0.5	P01		
VBLENDVPS/PD	y,y,y/m,y	2	1	1	P01		
MOVDDUP	x,x	1	1	0.5	P12	ivec	
MOVDDUP	x,m64	1		0.5			
VMOVDDUP	y,y	2	1	1	P12		
VMOVDDUP	y,m256	2		1			
VBROADCASTSS/D	x,x	1	1	0.5	P12		
VBROADCASTSS/D	y,x	2	1	1	P12		
VBROADCASTSS/D	x,m	2	3	0.5			
VBROADCASTSS	y,m32	2	3	1			
VBROADCASTF128	y,m128	2	4	5			
MOVSH/LDUP	x,x/m	1	1	0.5	P12	ivec	
VMOVSH/LDUP	y,y/m	2		1	P12		
UNPCKH/LPS/D	x,x/m	1	1	0.5	P12		
VUNPCKH/LPS/D	y,y,y/m	2	1	1	P12		
EXTRACTPS	r32,x,i	2	3	1	P1 P2		
EXTRACTPS	m32,x,i	2	6	1	P1 P2		
VEEXTRACTF128	x,y,i	1	1	0.33	P013		
VEEXTRACTF128	m128,y,i	2	7	1	P01 P2		
INSERTPS	x,x,i	1	1	0.5	P12	ivec	
INSERTPS	x,m32,i	1	4	1	P12		
VINSERTF128	y,y,x,i	2	1	0.5	P013		
VINSERTF128	y,y,m128,i	2	5	1	P013		
VMASKMOVPS/D	x,x,m128	1	4	1	P01		

Zen1

VMASKMOVPS/D	y,y,m256	2	4	1	P01	
VMASKMOVPS/D	m128,x,x	19	~50	5	P1 P2	
VMASKMOVPS/D	m256,y,y	42	~50	11	P1 P2	
VGATHERDPS	x,[r+s*x],x	38		13	P0 P1 P2	AVX2
VGATHERDPS	y,[r+s*y],y	66		20	P0 P1 P2	AVX2
VGATHERQPS	x,[r+s*x],x	24		9	P0 P1 P2	AVX2
VGATHERQPS	x,[r+s*y],x	36		12	P0 P1 P2	AVX2
VGATHERDPD	x,[r+s*x],x	23		9	P0 P1 P2	AVX2
VGATHERDPD	y,[r+s*x],y	35		12	P0 P1 P2	AVX2
VGATHERQPD	x,[r+s*x],x	23		9	P0 P1 P2	AVX2
VGATHERQPD	y,[r+s*y],y	35		12	P0 P1 P2	AVX2
Conversion						
CVTPD2PS	x,x	1	3	1	P3	fp
VCVTPD2PS	x,y	2	5	2	P3	
CVTPS2PD	x,x	1	3	1	P3	
VCVTPS2PD	y,x	2	5	2	P3	
CVTSD2SS	x,x	1	3	1	P3	
CVTSS2SD	x,x	1	3	1	P3	
CVTDQ2PS	x,x	1	4	1	P3	
VCVTDQ2PS	y,y	2	4	2	P3	
CVT(T) PS2DQ	x,x	1	4	1	P3	mixed domain
VCVT(T) PS2DQ	y,y	2	4	2	P3	
CVTDQ2PD	x,x	2	6	1	P12 P3	
VCVTDQ2PD	y,x	4	6	2	P12 P3	
CVT(T)PD2DQ	x,x	2	6	1	P12 P3	
VCVT(T)PD2DQ	x,y	4	6	2	P12 P3	
CVTPI2PS	x,mm	2	6	1	P12 P3	
CVT(T)PS2PI	mm,x	2	6	1	P12 P3	
CVTPI2PD	x,mm	2	6	1	P12 P3	
CVT(T) PD2PI	mm,x	2	6	1	P12 P3	
CVTSI2SS	x,r32	2	8	1		
CVT(T)SS2SI	r32,x	2	7	1	P2 P3	
CVTSI2SD	x,r32/64	2	8	1		
CVT(T)SD2SI	r32/64,x	2	7	1	P2 P3	
VCVTPS2PH	x/m,x,i	2	6	2	P1 P3	
VCVTPS2PH	x/m,y,i	4	6	2	P12 P3	
VCVTPH2PS	x,x/m	2	6	2	P1 P3	
VCVTPH2PS	y,x/m	4	6	2	P12 P3	
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	3	0.5	P23	fp
ADDPS/D SUBPS/D	x,x/m	1	3	0.5	P23	fp
VADDPS/D VSUBPS/D	y,y,y/m	2	3	1	P23	fp
ADDSUBPS/D	x,x/m	1	3	0.5	P23	fp
VADDSUBPS/D	y,y,y/m	2	3	1	P23	
HADDPS/D HSUBPS/D	x,x	4	7	2	P1 P2 P3	
VHADDPS/D						
VHSUBPS/D	y,y,y/m	8	7	3	P1 P2 P3	mixed domain
MULSS MULPS	x,x/m	1	3	0.5	P01	fp
MULSD MULPD	x,x/m	1	4	0.5	P01	fp

Zen1

VMULPS	y,y,y/m	2	3	1	P01	fp
VMULPD	y,y,y/m	2	4	1	P01	fp
DIVSS DIVPS	x,x/m	1	10	3	P3	
VDIVPS	y,y,y/m	2	10	6	P3	
DIVSD DIVPD	x,x/m	1	8-13	4-5	P3	
VDIVPD	y,y,y/m	2	8-13	8-9	P3	
RCPSS/PS	x,x/m	1	5	1	P01	
VRCPPS	y,y/m	2	5	2	P01	
CMPSS/D						
CMPSS/D	x,x/m	1	1	0.5	P01	
VCMPPS/D	y,y,y/m	2	1	1	P01	
COMISS/D UCOMISS/ D	x,x/m	2	4	1	P012	
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x/m	1	1	0.5	P01	fp
VMAXPS/D VMINPS/D	y,y,y/m	2	1	1	P01	
ROUNDSS/SD/PS/PD	x,x/m,i	1	4	1	P3	fp
VROUNDSS/SD/PS/ PD	y,y/m,i	2	4	2	P3	fp
DPPS	x,x,i	8	15	4	P0 P1 P2 P3	SSE4.1
DPPS	x,m,i	10		5	P0 P1 P2 P3	SSE4.1
VDPPS	y,y,y,i	13	16	5	P0 P1 P2 P3	SSE4.1
VDPPS	y,m,i	14		5	P0 P1 P2 P3	SSE4.1
DPPD	x,x,i	3	10	3	P0 P1 P2 P3	SSE4.1
DPPD	x,m,i	5		4	P0 P1 P2 P3	SSE4.1
VFMADD132SS/SD	x,x,x/m	1	5	0.5	P01	FMA3
VFMADD132PS/PD	x,x,x/m	1	5	0.5	P01	FMA3
VFMADD132PS/PD	y,y,y/m	2	5	1	P01	FMA3
All other FMA3 instructions: same as above					P01	FMA3
VFMADDSS/SD	x,x,x,x/m	1	5	0.5	P01	Not officially supported. Don't use!
VFMADDPS/PD	x,x,x,x/m	1	5	0.5	P01	
VFMADDPS/PD	y,y,y,y/m	2	5	1	P01	
All other FMA4 instructions: same as above						
Math						
SQRTSS/PS	x,x/m	1	9-10	4-5	P3	fp
VSQRTPS	y,y/m	2	9-10	8-10		
SQRTSD/PD	x,x/m	1	14-15	4-8		
VSQRTPD	y,y/m	2	14-15	8-16		
RSQRTSS/PS	x,x/m	1	5	1	P01	
VRSQRTPS	y,y/m	2	5	2	P01	
Logic						
AND/ANDN/OR/XORPS/ PD	x,x/m	1	1	0.25	P0123	fp
VAND/ANDN/OR/ XORPS/PD	y,y,y/m	2	1	0.5	P0123	
Other						
VZEROUPPER		10		4		32 bit mode
VZEROUPPER		17		6		64 bit mode
VZEROALL		18		6		32 bit mode
VZEROALL		33		11		64 bit mode

Zen1

LDMXCSR	m32	1		16		
STMXCSR	m32	2		14		
FXSAVE	m4096	87		90		
FXRSTOR	m4096	121		140		
XSAVE	m	160		166		
XSAVEOPT	m	97		130		
XRSTOR	m	213		340		
XSAVEC	m	111		150		

AMD Zen 2

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Similar instructions with or without V name prefix and with two or three operands behave the same unless otherwise noted.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, v = any vector register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: P0: Floating point and vector pipe 0 P1: Floating point and vector pipe 1 P2: Floating point and vector pipe 2 P3: Floating point and vector pipe 3 P0 P1: Uses both P0 and P1 P01: Uses either P0 and P1 Where no unit is specified, it uses one or more integer pipe or address generation units. Two micro-operations can execute simultaneously if they go to different execution pipes
Domain:	Tells which execution unit domain is used: ivec: integer vector execution unit. fp: floating point execution unit. inherit: the output operand inherits the domain of the input operand. There is an additional latency of 1 clock cycle if the output of an ivec instruction goes to the input of a fp instruction, and when the output of a fp instruction goes to the input of an ivec instruction. All other latencies after memory load and before memory store instructions are included in the latency counts.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOV	r8,r8	1	1	0.3		
MOV	r16,r16	1	1	0.3		
MOV	r32,r32	1	0	0.25		renaming
MOV	r64,r64	1	0	0.25		renaming
MOV	r,i	1		0.25		
MOV	r,m8/16	1	4	0.5		
MOV	r,m32/64	1	0-4	0.5		may mirror
MOV	m,r8/16	1	3	1		
MOV	m,r32/64	1	0-3	1		may mirror

Zen2

MOV	m,i	1		1	
MOVNTI	m,r	1	~900	1	
MOVZX, MOVZX	r,r	1	1	0.25	
MOVZX, MOVZX	r,m	1	3-4	0.5	
MOVSXD	r64,r32	1	1	0.25	
MOVSXD	r64,m32	1	3	0.5	
CMOVcc	r,r	1	1	0.3	
CMOVcc	r,m	1		0.5	
XCHG	r8,r8	2	1	1	
XCHG	r16,r16	2	1	1	
XCHG	r32,r32	2	0	0.33	renaming
XCHG	r64,r64	2	0	0.33	renaming
XCHG	r,m	2	~18	~18	depends on hw
XLAT		2	5	2	
PUSH	r	1		1	
PUSH	i	1		1	
PUSH	m	2		1	
PUSHF(D/Q)		9		4	
PUSH	sp	2		1	
PUSHA(D)		9		8	
POP	r	1		0.5	
POP	m	2		1	
POPF(D/Q)		35		13	
POPA(D)		9		4	
POP	sp	1	2	2	
LEA	r16,[m]	2	2	1	
LEA	r32/64,[m]	1	1	0.5	rip relative
LEA	r32/64,[m]	1	1-2	0.25	all other cases
LAHF		4	3	2	
SAHF		2	2	0.5	
SALC		1	1	1	
BSWAP	r	1	1	0.3	
MOVBE	r,[m]	1		0.5	MOVBE
MOVBE	[m],r	1		1	MOVBE
PREFETCHNTA	m	1		0.5	
PREFETCHT0/1/2	m	1		0.5	
PREFETCH/W	m	1		0.5	PREFETCHW
SFENCE		1		1	
LFENCE		1		11	
MFENCE		7		~78	
Arithmetic instructions					
ADD, SUB	r,r	1	1	0.3	
ADD, SUB	r,i	1	1	0.3	
ADD, SUB	r,m	1		0.5	
ADD, SUB	m8/16,r	1	7	1	
ADD, SUB	m32/64,r	1	1	1	mirrored in cpu
ADC, SBB	r,r	1	1		
ADC, SBB	r,i	1	1		
ADC, SBB	r,m	1	1	1	
ADC, SBB	m8/16,r/i	1	7	1	
ADC, SBB	m32/64,r/i	1	1	1	mirrored in cpu
ADCX ADOX	r,r	1	1	1	ADX

Zen2

CMP	r,r	1	1	0.25	mirrored in cpu
CMP	r,i	1	1	0.25	
CMP	r,m	1		0.5	
CMP	m,i	1		0.5	
INC, DEC, NEG	r	1	1	0.3	
INC, DEC, NEG	m8/16	1	7	1	
INC, DEC, NEG	m32/64	1	1	1	
AAA, AAS		10	6		
DAA		16	9		
DAS		20	9		
AAD		4	5		
AAM		4	13	13	
MUL, IMUL	r8/m8	1	3	1	
MUL, IMUL	r16/m16	3	3	2	
MUL, IMUL	r32/m32	2	3	1	
MUL, IMUL	r64/m64	2	3	1	
IMUL	r,r	1	3	1	
IMUL	r,m	1		1	
IMUL	r16,r16,i	2	4	1	
IMUL	r32,r32,i	1	3	1	
IMUL	r64,r64,i	1	3	1	
IMUL	r16,m16,i	2		1	
IMUL	r32,m32,i	1		1	
IMUL	r64,m64,i	1		1	
MULX	r,r,r	2	4	1	BMI2
DIV	r8/m8	1	12-15	12-15	depends on operand values
DIV	r16/m16	2	13-20	13-20	
DIV	r32/m32	2	13-28	13-28	
DIV	r64/m64	2	13-44	13-44	
IDIV	r8/m8	1	12-15	12-15	
IDIV	r16/m16	2	13-20	13-20	
IDIV	r32/m32	2	13-28	13-28	
IDIV	r64/m64	2	13-44	13-44	
CBW		1	1	0.5	mirrored in cpu
CWDE, CDQE		1	1	0.5	
CDQ, CQO		1	1	0.25	
CWD		2	1	1	
Logic instructions					
AND, OR, XOR	r,r	1	1	0.3	
AND, OR, XOR	r,i	1	1	0.3	
AND, OR, XOR	r,m	1		0.5	
AND, OR, XOR	m8/16,r/i	1	7	1	
AND, OR, XOR	m32/64,r/i	1	1	1	
TEST	r,r	1	1	0.25	mirrored in cpu BMI1
TEST	r,i	1	1	0.25	
TEST	m,r	1		0.5	
TEST	m,i	1		0.5	
NOT	r	1	1	0.3	
NOT	m8/16	1	7	1	
NOT	m32/64	1	1	1	
ANDN	r,r,r	1	1	0.25	
SHL, SHR, SAR	r,i/CL	1	1	0.3	

Zen2

ROL, ROR	r,i/CL	1	1	0.3	
RCL	r,1	1	1	1	
RCL	r,i	9	4	4	
RCL	r,cl	9	4	4	
RCR	r,1	1	1	1	
RCR	r,i	7	3	3	
RCR	r,cl	7	3	3	
SHLD, SHRD	r,r,i	6	3	3	
SHLD, SHRD	r,r,cl	7	3	3	
SHLD, SHRD	m,r,i/CL	8		3	
SARX	r,r,r	1	1	0.25	BMI2
SHLX	r,r,r	1	1	0.25	BMI2
SHRX	r,r,r	1	1	0.25	BMI2
RORX	r,r,i	1	1	0.25	BMI2
BT	r,r/i	1	1	0.25	
BT	m,i	1		0.5	
BT	m,r	5		3	
BTC, BTR, BTS	r,r/i	2	2	0.67	
BTC, BTR, BTS	m,i	4	9	2	
BTC, BTR, BTS	m,r	8	9	3	
BSF	r,r	6	3	3	
BSF	r,m	8	4	4	
BSR	r,r	6	4	4	
BSR	r,m	8	5	4	
SETcc	r	1	1	0.5	
SETcc	m	1		2	
CLC, STC		1		0.25	
CMC		1	1	1	
CLD		1		3	
STD		1		4	
POPCNT	r,r	1	1	0.25	SSE4.2
LZCNT	r,r	1	1	0.25	LZCNT
TZCNT	r,r	2	2	0.5	BMI1
BEXTR	r,r,r	1	1	0.25	BMI1
BLSI	r,r	2	2	0.5	BMI1
BLSMSK	r,r	2	2	0.5	BMI1
BLSR	r,r	2	2	0.5	BMI1
PDEP	r,r,r	6	19	19	BMI2
PEXT	r,r,r	7	19	19	BMI2
BZHI	r,r,r	1	1	0.25	BMI2
Control transfer instructions					
JMP	short/near	1		2	
JMP	r	1		2	
JMP	m	1		2	
Jcc	short/near	1		0.5-2	
fused CMP+Jcc	short/near	1		0.5-2	0.5 predicted not taken. 2 predicted taken.
J(E/R)CXZ	short	1		0.5-2	Higher if mispredicted
LOOP	short	1		0.5-2	
LOOPE LOOPNE	short	1		0.5-2	
CALL	near	2		2	
CALL	r	2		2	
CALL	m	6		2	

Zen2

RET		1		2		
RET	i	2		2		
BOUND	m	11		4		for no jump
INTO		4		2		for no jump
String instructions						
LODS		3		3		
REP LODS	m	6n		2n		
STOS		3		3		
REP STOS		3n		~1n		small n
REP STOS		2 per 16B		0.5 per 16B		best case
MOVS		5		3		
REP MOVS		~1n		~1n		small n
REP MOVS		2 pr 16B		0.5 per 16B		best case
SCAS		3		3		
REP SCAS		7n		2n		
CMPS		6		3		
REP CMPS		9n		3n		
Synchronization						
LOCK ADD	m,r	1	~17			
XADD	m,r	4	7			
LOCK XADD	m,r	4	~17			
CMPXCHG	m,r8	5	9			
CMPXCHG	m,r16/32/64	6	9			
LOCK CMPXCHG	m,r	5	~17			
CMPXCHG8B	m64	18	9			
LOCK CMPXCHG8B	m64	18	~17			
CMPXCHG16B	m128	27	14			
LOCK CMPXCHG16B	m128	27	~17			
Other						
NOP (90)		1		0.2		
Long NOP (0F 1F)		1		0.2		
PAUSE		8		~65		
ENTER	a,0	12		18		
ENTER	a,b	11+3b		~20+b		
LEAVE		2		3		
CPUID		37-68		130-140		
XGETBV		38		48		
RDTSC		37		37		
RDTSCP		37		67		rdtscp
RDPMC		19		21		
CRC32	r32,r8	1	3	3		
CRC32	r32,r16	1	3	3		
CRC32	r32,r32	1	3	3		
RDRAND RDSEED	r16/32	11		~1900		
RDRAND RDSEED	r64	17		~3700		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
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Zen2

Move instructions						
FLD	r	1	1	1	P3	
FLD	m32/64	1	6	1	P1	
FLD	m80	8	7	4		
FBLD	m80	24		24	P2 P3	
FST(P)	r	1	1	1	P3	
FST(P)	m32/64	2	5	1	P2 P3	
FSTP	m80	15	8			
FBSTP	m80	274		~155	P2 P3	
FXCH	r	1	0	0.5		
FILD	m	1	8	1	P3	
FIST(T)(P)	m	2	5	1	P2 P3	
FLDZ, FLD1		1		1	P3	
FCMOVcc	st0,r	7	3	3	P0 P1 P2 P3	
FFREE	r	1	0	0.25		
FINCSTP, FDECSTP		1	0	0.25		
FNSTSW	AX	3		16	P2 P3	
FNSTSW	m16	2		14	P2 P3	
FLDCW	m16	1		2	P3	
FNSTCW	m16	2		2	P2 P3	
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	5	1	P0	
FIADD,FISUB(R)	m	2		1	P0 P3	
FMUL(P)	r/m	1	5	1	P0	
FIMUL	m	2		1	P0 P3	
FDIV(R)(P)	r	1	15	6	P3	
FDIV(R)	m	1			P3	
FIDIV(R)	m	2			P3	
FABS, FCHS		1	1	1	P3	
FCOM(P), FUCOM(P)	r/m	1		1	P0	
FCOMPP, FUCOMPP		1		1	P0	
FCOMI(P)	r	2		1	P0 P2	
FICOM(P)	m	2		1	P0 P3	
FTST		1		1	P0	
FXAM		1		1	P3	
FRNDINT		1	3	3		
FPREM FPREM1		2		12-60		
Math						
FSQRT		1	22	8	P3	
FLDPI, etc.		1		1	P3	
FSIN		11-60	50-170		P0 P3	
FCOS		16-60	50-120			
FSINCOS		11-85	75-140		P0 P3	
FPTAN		11-52	75-95			
FPATAN		11-82	50-160			
FSCALE		8	8	4	P0 P2 P3	
FXTRACT		13	8	8	P0 P2 P3	
F2XM1		10	55		P2 P3	
FYL2X		10-25	~50	~50	P0 P2 P3	
FYL2XP1		69	~145	~145	P0 P2 P3	

Zen2

Other						
FNOP		1		0.25		
(F)WAIT		1		0.25		
FNCLEX		20		49		
FNINIT		34		92		
FNSAVE	m864	99		~186		
FRSTOR	m864	77		~140		

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD	r32, mm	1	3	1		
MOVD	mm, r32	2	4	1		
MOVD/Q	r32/64, x	1	3	1	P2	
MOVD/Q	x, r32/64	1	3	1		
MOVD	mm/x, m32	1	4	0.5		
MOVD	m32, mm/x	1	4	1	P2	
MOVQ	mm/x, mm/x	1	1	0.25	P0123	
MOVQ	mm/x, m64	1	4	0.5		
MOVQ	m64, mm/x	1	4	1	P2	
MOVDQA	x, x	1	0	0.25		renaming
MOVDQA	x, m	1	4	0.5		
MOVDQA	m, x	1	4	1	P2	
VMOVDQA	y, y	1	0	0.25		renaming
VMOVDQA	y, m256	1	4	0.5		
VMOVDQA	m256, y	1	4	1	P2	
MOVDQU	x, x	1	0	0.25		renaming
MOVDQU	x, m	1	4	0.5		
MOVDQU	m, x	1	4	1	P2	
LDDQU	x, m	1	4	0.5		
VMOVDQU	y, m	1	4	0.5		
VMOVDQU	m, y	1	4	1	P2	
MOVDQ2Q	mm, x	1	1	0.25	P0123	
MOVQ2DQ	x, mm	1	1	0.25	P0123	
MOVNTQ	m, mm	1	~930	1	P2	
MOVNTDQ	m, x	1	~940	1	P2	
MOVNTDQA	x, m	1	5	0.5		
PACKSSWB/DW	mm/x, r/m	1	1	0.5	P12	
PACKUSWB	mm/x, r/m	1	1	0.5	P12	
VPACKSSWB/DW	v, r/m	1	1	0.5	P12	
VPACKUSWB	v, r/m	1	1	0.5	P12	
PUNPCKH/LBW/WD/DQ	v, r/m	1	1	0.5	P12	
PUNPCKL/HQDQ	v, r/m	1	1	0.5	P12	
PSHUFB	v, r/m	1	1	0.5	P12	
PSHUFD	v, v, i	1	1	0.5	P12	
PSHUFW	mm, mm, i	1	1	0.5	P12	
PSHUFL/HW	v, v, i	1	1	0.5	P12	
PALIGNR	v, r/m, i	1	1	0.5	P12	
PBLENDW	v, r/m, i	1	1	0.33	P013	

Zen2

VPERMD	v,v,v	2	8	1	P12	
VPERMD	v,v,m	3		2		
VPERMQ	v,v,i	2	6	1	P12	
VPERMQ	v,m,i	3		2		
VPERM2I128	v,v,v,i	1	3	1	P2	
VPERM2I128	v,v,m,i	1		1		
VEEXTRACTI128	x,y,i	1		1	P2	
VEEXTRACTI128	m,y,i	2	8	2		
VINSERTI128	y,x,i	1	1	1	P2	
VINSERTI128	y,m,i	1		1		
MASKMOVQ	mm,mm	30	~2000	~9		
MASKMOVDQU	x,x	60	~5000	~18		
PMOVMSKB	r32,mm	1	3	1	P2	
PMOVMSKB	r32,x	1	3	2	P2	
VPMOVMSKB	r32,y	1	5	2	P2	
PEXTRB/W/D/Q	r,x/mm,i	2	3	1	P1 P2	
PINSRB/W/D/Q	x/mm,r,i	2	3	1	P1 P2	
EXTRQ	x,i,i	2	3	2	P0 P1	AMD SSE4A
EXTRQ	x,x	1	2	2	P1	AMD SSE4A
INSERTQ	x,x,i,i	2	2	2	P0 P1	AMD SSE4A
INSERTQ	x,x	1	2	2	P1	AMD SSE4A
PMOVSBXW/BD/BQ/ WD/WQ/DQ	x,x	1	1	0.5	P12	
VPMOVSBXW/BD/BQ/ WD/WQ/DQ	y,x	2	4	1	P12	
PMOVZXBW/BD/BQ/ WD/WQ/DQ	x,x	1	1	0.5	P12	
VPMOVZXBW/BD/BQ/ WD/WQ/DQ	y,x	2	4	1	P12	
VINSERTI128	y,y,x,i	1	1	1	P2	AVX2
VINSERTI128	y,y,m,i	1	5	1	P2	AVX2
VPBROADCAST B/W/D/Q	x,x	1	1	0.5	P12	AVX2
VPBROADCAST B/W/D/Q	x,m			0.5		AVX2
VPBROADCAST B/W/D	y,x	2	4	1	P12	AVX2
VPBROADCASTQ	y,x	1	1	1	P2	AVX2
VPBROADCAST B/W/D/Q	y,m			0.5		AVX2
VBROADCASTI128	y,m128	1	4	0.5		AVX2
VPGATHERDD	x,[r+s*x],x	32		9	P0 P1 P2	AVX2
VPGATHERDD	y,[r+s*y],y	60		16	P0 P1 P2	AVX2
VPGATHERQD	x,[r+s*x],x	20		6	P0 P1 P2	AVX2
VPGATHERQD	x,[r+s*y],x	32		9	P0 P1 P2	AVX2
VPGATHERDQ	x,[r+s*x],x	19		6	P0 P1 P2	AVX2
VPGATHERDQ	y,[r+s*x],y	32		9	P0 P1 P2	AVX2
VPGATHERQQ	x,[r+s*x],x	19		6	P0 P1 P2	AVX2
VPGATHERQQ	y,[r+s*y],y	32		9	P0 P1 P2	AVX2
Arithmetic instructions						
PADDB/W/D/Q	v,r	1	1	0.33	P013	
PADDB/W/D/Q	v,m	1	1	0.5		
PADD(U)SB/W	v,r/m	1	1	0.5	P03	
PSUBB/W/D/Q	v,r	1	1	0.33	P013	

Zen2

PSUB(U)SB/W	v,r/m	1	1	0.5	P03	
PHADD/SUB(S)W/D	mm,mm	3	2	2	P0 P1 P2 P3	
PHADD/SUB(S)W/D	x,x	4	2	2	P0 P1 P2 P3	
VPHADD/SUB(S)W/D	y,y,y	3	2	2	P0 P1 P2 P3	
PCMPEQ B/W/D	v,v	1	1	0.33	P013	
PCMPEQQ	v,v	1	1	0.5	P03	
PCMPGT B/W/D	v,v	1	1	0.33	P013	
PCMPGTQ	v,v	1	1	1	P0	
PMULLW PMULHW						
PMULHUW PMULDQ						
PMULUDQ	v,v	1	3	1	P0	
PMULLD	v,v	1	4	2	P0	
PMULHSW	v,v	1	4	1	P0	
PMADDWD	v,v	1	3	1	P0	
PMADDUBSW	v,v	1	4	1	P0	
PAVGB/W	v,v	1	1	0.5	P03	
PMIN/MAX SB/SW/ SD						
UB/UW/UD	v,v	1	1	0.33	P013	
PHMINPOSUW	x,x	1	3	2		
PASB/W/D	v,v	1	1	0.5	P03	
PSIGNB/W/D	v,v	1	1	0.5	P03	
PSADBW	v,v	1	3	1	P0	
MPSADBW	x,x,i	4	4	2	P0 P1 P2	
Logic						
PAND PANDN POR						
PXOR	v,v	1	1	0.25	P0123	
PSLL/RL W/D/Q						
PSRAW/D	v,v	1	1	1	P2	
VPSLL/RL W/D/Q VP-						
SRAW/D	v,v,i	1	1	1	P2	
PSLLDQ, PSRLDQ	v,i	1	1	0.5	P12	
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	v,v,v	1	3	2	P1	AVX2
PTEST	v,v	1	3	1	P2	
String instructions						
PCMPESTRI	x,x,i	6	11	3	P1 P2	SSE4.2
PCMPESTRI	x,m,i	12		4		SSE4.2
PCMPESTRM	x,x,i	7	7	3	P0 P1 P2	SSE4.2
PCMPESTRM	x,m,i	12		4		SSE4.2
PCMPISTRI	x,x,i	2	8	2	P1 P2	SSE4.2
PCMPISTRI	x,m,i	3		2		SSE4.2
PCMPISTRM	x,x,i	3	7	2	P1 P2	SSE4.2
PCMPISTRM	x,m,i	4		2		SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	4	4	2		pclmul
AESDEC	x,x	1	4	0.5	P01	aes
AESDECLAST	x,x	1	4	0.5	P01	aes
AESENC	x,x	1	4	0.5	P01	aes
AESENCLAST	x,x	1	4	0.5	P01	aes
AESIMC	x,x	1	4	0.5	P01	aes

Zen2

AESKEYGENASSIST	x,x,i	1	4	0.5	P01	aes
SHA1RND\$4	x,x,i	1	6	4	P1	sha
SHA1NEXTE	x,x	1	1	1	P1	sha
SHA1MSG1	x,x	2	2	1	multi	sha
SHA1MSG2	x,x	1	1	0.5	P12	sha
SHA256RND\$2	x,x	1	4	2	P1	sha
SHA256MSG1	x,x	2	2	0.5	P0123	sha
SHA256MSG2	x,x	4	3	2	P0123	sha
Other						
EMMS		1		0.25		

Floating point XMM and YMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
MOVAPS/D	v,v	1	0	0.25	none (rename)	inherit
MOVUPS/D	v,v	1	0	0.25	none (rename)	inherit
MOVAPS/D MOVUPS/D	x,m128	1	4	0.5		
VMOVAPS/D VMOVUPS/D	y,m256	1	5	0.5		
MOVAPS/D MOVUPS/D	m128,x	1	4	1	P2	
VMOVAPS/D VMOVUPS/D	m256,y	1	4	1	P2	
MOVSS/D	x,x	1	1	0.25	P0123	
MOVSS/D	x,m32/64	1	4	0.5		
MOVSS/D	m32/64,x	1	4	1	P2	
MOVHPS/D	x,m64	1	5	0.5	P12	
MOVLPS/D	x,m64	1	5	0.5	P12	
MOVHPS/D	m64,x	2	5	1	P1 P2	
MOVLPS/D	m64,x	1	4	1	P1 P2	
MOVLHPS MOVHLPS	x,x	1	1	0.5	P12	ivec
MOVMSKPS/D	r32,x	1	3	1	P2	
VMOVMSKPS/D	r32,y	1	5	1	P2	
MOVNTPS/D	m,v	1	~950	1	P2	
MOVNTSS/SD	m,x	1		3	P2	AMD SSE4A
SHUFPS/D	v,v/m,i	1	1	0.5	P12	ivec
VPERMILPS/PD	v,v,v/m	1	3	2	P1	
VPERMILPS/PD	v,v/m,i	1	1	0.5	P12	
VPERM2F128	y,y,y/m,i	1	3	1	P2	
VPERMPS	y,y,y	2	8	2	P12	AVX2
VPERMPS	y,y,m	3		2		AVX2
VPERMPD	y,y,i	2	6	1	P12	AVX2
VPERMPD	y,m,i	3		1		AVX2
BLENDPS/PD	y,y,i	1	1	0.33	P013	
BLENDVPS/PD	x,x/m,xmm0	1	1	0.5	P01	
VBLENDVPS/PD	v,v,v/m,v	1	1	0.5	P01	
MOVDDUP	v,v	1	1	0.5	P12	ivec
MOVDDUP	x,m64	1	9	0.5		
VMOVDDUP	y,m256	1		0.5		
VBROADCASTSS/D	x,x	1	1	0.5	P12	
VBROADCASTSS/D	y,x	2	4	1	P12	
VBROADCASTSS/D	v,m	1	4	0.5		

Zen2

VBROADCASTF128	y,m128	1	4	0.5		
MOVSH/LDUP	v,v	1	1	0.5	P12	ivec
UNPCKH/LPS/D	v,v/m	1	1	0.5	P12	
EXTRACTPS	r32,x,i	2	4	1	P1 P2	
EXTRACTPS	m32,x,i	2	5	1	P1 P2	
VEEXTRACTF128	x,y,i	1	3	1	P2	
VEEXTRACTF128	m128,y,i	2	6	1	P2	
INSERTPS	x,x,i	1	1	0.5	P12	ivec
INSERTPS	x,m32,i	1	5	1	P12	
VINSERTF128	y,y,x,i	1	1	1	P2	
VINSERTF128	y,y,m128,i	1	5	1	P2	
VMASKMOVPS/D	v,v,m	1	5-6	0.5	P01	
VMASKMOVPS/D	m128,x,x	19	~50	6		
VMASKMOVPS/D	m256,y,y	44	~23	12		
VGATHERDPS	x,[r+s*x],x	32		9		AVX2
VGATHERDPS	y,[r+s*y],y	60		16		AVX2
VGATHERQPS	x,[r+s*x],x	20		6		AVX2
VGATHERQPS	x,[r+s*y],x	32		9		AVX2
VGATHERDPD	x,[r+s*x],x	19		6		AVX2
VGATHERDPD	y,[r+s*x],y	32		9		AVX2
VGATHERQPD	x,[r+s*x],x	19		6		AVX2
VGATHERQPD	y,[r+s*y],y	32		9		AVX2
Conversion						
CVTPD2PS	x,x	1	3	1	P3	fp
VCVTPD2PS	x,y	2	5	2	P2 P3	
CVTPS2PD	x,x	1	3	1	P3	
VCVTPS2PD	y,x	2	5	2	P2 P3	
CVTSD2SS	x,x	1	3	1	P3	
CVTSS2SD	x,x	1	3	1	P3	
CVTDQ2PS	v,v	1	3	1	P3	
CVT(T) PS2DQ	v,v	1	3	1	P3	mixed domain
CVTDQ2PD	x,x	1	3	1	P3	
VCVTDQ2PD	y,x	2	5	1	P2 P3	
CVT(T)PD2DQ	x,x	1	3	1	P3	
VCVT(T)PD2DQ	x,y	2	5	1	P2	P3
CVTPI2PS	x,mm	3	6	1	P1 P2 P3	
CVT(T)PS2PI	mm,x	1	3	1	P3	
CVTPI2PD	x,mm	3	6	1	P1 P2 P3	
CVT(T) PD2PI	mm,x	2	4	1	P12 P3	
CVTSI2SS	x,r32	2	7	1		
CVT(T)SS2SI	r32,x	2	6	1	P2 P3	
CVTSI2SD	x,r32/64	2	7	1		
CVT(T)SD2SI	r32/64,x	2	6	1	P2 P3	
VCVTPS2PH	x/m,x,i	1	3	1	P3	
VCVTPS2PH	x/m,y,i	2	5	1	P2 P3	
VCVTPH2PS	x,x/m	1	3	1	P3	
VCVTPH2PS	y,x/m	2	5	1	P2 P3	
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	3	0.5	P23	fp
ADDPS/D SUBPS/D	v,v/m	1	3	0.5	P23	fp
ADDSUBPS/D	v,v/m	1	3	0.5	P23	fp

Zen2

HADD/SUBPS/D	x,x	4	7	2	P1 P2 P3	
VHADD/SUBPS/D	y,y,y/m	3	7	2	P1 P2 P3	mixed domain
MULSS MULSD	x,x/m	1	3	0.5	P01	fp
MULPS MULPD	v,v/m	1	3	0.5	P01	fp
DIVSS DIVPS	v,v/m	1	10	3	P3	
DIVSD DIVPD	v,v/m	1	13	5	P3	
RCPSS/PS	v,v/m	1	5	1	P01	
CMPSS/SD/PS/PD	v,v/m	1	1	0.5	P01	
(U)COMISS/SD	x,x/m	2	5	1	P012	
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	v,v/m	1	1	0.5	P01	fp
ROUNDSS/SD/PS/PD	v,v/m,i	1	3	1	P3	fp
DPPS	x,x,i	8	15	4	P0 P1 P2 P3	SSE4.1
VDPPS	y,y,y,i	7	15	4	P0 P1 P2 P3	
DPPD	x,x,i	3	9	3	P0 P1 P2 P3	SSE4.1
VFMADD132PS/PD	v,v,v/m	1	5	0.5	P01	FMA3
All other FMA3 instructions: same as above					P01	FMA3
Math						
SQRTSS/PS	v,v/m	1	14	6	P3	
SQRTSD/PD	v,v/m	1	20	9	P3	
RSQRTSS/PS	x,x/m	1	5	1	P01	
VRSQRTPS	y,y/m	1	3-4	1	P01	
Logic						
AND(N)/OR/XORPS/PD	v,v/m	1	1	0.25	P0123	fp
Other						
VZEROUPPER		1		0.25		
VZEROALL		10		4		32 bit mode
VZEROALL		18		6		64 bit mode
LDMXCSR	m32	1		17		
STMXCSR	m32	2		16		
FXSAVE	m4096	85		77		32 bit mode
FXSAVE	m4096	93		85		64 bit mode
FXRSTOR	m4096	137		182		32 bit mode
FXRSTOR	m4096	142		182		64 bit mode
XSAVE, XSAVEOPT	m	110		103		32 bit mode
XSAVE, XSAVEOPT	m	112		104		64 bit mode
XRSTOR	m	182		216		32 bit mode
XRSTOR	m	162		184		64 bit mode
XSAVEC	m	295		320		32 bit mode
XSAVEC	m	277		290		64 bit mode

AMD Zen 3

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Similar instructions with or without V name prefix and with two or three operands behave the same unless otherwise noted.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, v = any vector register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: P0: Floating point and vector pipe 0 P1: Floating point and vector pipe 1 P2: Floating point and vector pipe 2 P3: Floating point and vector pipe 3 P0 P1: Uses both P0 and P1 P01: Uses either P0 and P1 Where no unit is specified, it may use one or more integer pipe or address generation units. Two micro-operations can execute simultaneously if they go to different execution pipes
Domain:	Tells which execution unit domain is used: ivec: integer vector execution unit. fp: floating point execution unit. inherit: the output operand inherits the domain of the input operand. There is an additional latency of 1 clock cycle if the output of an ivec instruction goes to the input of a fp instruction, and when the output of a fp instruction goes to the input of an ivec instruction. All other latencies after memory load and before memory store instructions are included in the latency counts.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOV	r8,r8	1	1	0.25		
MOV	r8h,r8	1	1	0.5		
MOV	r16,r16	1	1	0.25		
MOV	r32,r32	1	0	0.17		renaming
MOV	r64,r64	1	0	0.17		renaming
MOV	r,i	1		0.25		
MOV	r,m8/16	1	3	0.33		
MOV	r,m32/64	1	0-3	0.33		may mirror
MOV	m,r8/16	1	3	0.5		

Zen3

MOV	m,r32/64	1	0-3	0.5	may mirror
MOV	m,i	1		0.5	
MOVNTI	m,r	1	~900	1	renaming renaming depends on hw
MOVZX, MOVZX	r,r	1	1	0.25	
MOVZX, MOVZX	r,m	1	3-4	0.33	
MOVSLD	r64,r32	1	1	0.25	
MOVSLD	r64,m32	1	3	0.33	
CMOVcc	r,r	1	1	0.5	
CMOVcc	r,m	1		0.5	
XCHG	r8,r8	2	1	1	
XCHG	r16,r16	2	1	1	
XCHG	r32,r32	2	0	0.33	
XCHG	r64,r64	2	0	0.33	
XCHG	r,m	2	7-8	7-8	
XLAT		3	6	2	
PUSH	r	1		0.5	
PUSH	i	1		0.5	
PUSH	m	2		1	
PUSHF(D/Q)		11		4	
PUSH	sp	2		1	
PUSHA(D)		9		4	
POP	r	1		0.33	rip relative 1-2 components 3 components
POP	m	2		1	
POPF(D/Q)		37		13	
POPA(D)		16		6	
POP	sp	1		2	
LEA	r16,[m]	2	1-4	1	
LEA	r32/64,[m]	1	1	0.25	
LEA	r32/64,[m]	1	1	0.25	
LEA	r32/64,[m]	2	2	0.5	
LAHF		1	1	1	
SAHF		1	1	0.25	
SALC		1	1	1	
BSWAP	r	1	1	0.25	
MOVBE	r,[m]	1		0.33	
MOVBE	[m],r	2		0.5	
PREFETCHNTA	m	1		0.33	PREFETCHW
PREFETCHT0/1/2	m	1		0.33	
PREFETCH/W	m	1		0.33	
SFENCE		1		1	
LFENCE		1		10	
MFENCE		6		~60	
Arithmetic instructions					
ADD, SUB	r,r	1	1	0.25	
ADD, SUB	r,i	1	1	0.25	
ADD, SUB	r,m	1		0.33	
ADD, SUB	m,r	1	7-8	1	
ADC, SBB	r,r	1	1	1	
ADC, SBB	r,i	1	1	1	
ADC, SBB	r,m	1	1	1	
ADC, SBB	m,r/i	1	8	1	
ADCX ADOX	r,r	1	1	1	ADX

Zen3						
CMP	r,r	1	1	0.25	BMI2 depends on operand values	
CMP	r,i	1	1	0.25		
CMP	r,m	1		0.33		
CMP	m,i	1		0.33		
INC, DEC, NEG	r	1	1	0.25		
INC, DEC, NEG	m	1	7-8	1		
AAA, AAS		10	6			
DAA		16	8			
DAS		20	10			
AAD		4	5			
AAM		4	13	4		
MUL, IMUL	r8/m8	1	3	1		
MUL, IMUL	r16/m16	3	3	2		
MUL, IMUL	r32/m32	2	3	1		
MUL, IMUL	r64/m64	2	3	1		
IMUL	r,r	1	3	1		
IMUL	r,m	1		1		
IMUL	r16,r16,i	2	4	1		
IMUL	r32,r32,i	1	3	1		
IMUL	r64,r64,i	1	3	1		
IMUL	r16,m16,i	2		1		
IMUL	r32,m32,i	1		1		
IMUL	r64,m64,i	1		1		
MULX	r,r,r	2	4	1		
DIV	r8/m8	2	11	4		
DIV	r16/m16	2	11-12	4		
DIV	r32/m32	2	9-12	6		
DIV	r64/m64	2	9-17	7-12		
IDIV	r8/m8	2	11	4		
IDIV	r16/m16	2	11-12	4		
IDIV	r32/m32	2	9-12	6		
IDIV	r64/m64	2	9-17	7-12		
CBW		1	1	0.25		
CWDE, CDQE		1	1	0.25		
CDQ, CQO		1	1	0.25		
CWD		2	1	1		
Logic instructions					BMI1	
AND, OR, XOR	r,r	1	1	0.25		
AND, OR, XOR	r,i	1	1	0.25		
AND, OR, XOR	r,m	1		0.33		
AND, OR, XOR	m,r/i	1	7-8	1		
TEST	r,r	1	1	0.25		
TEST	r,i	1	1	0.25		
TEST	m,r	1		0.33		
TEST	m,i	1		0.33		
NOT	r	1	1	0.25		
NOT	m	1	7-8	1		
ANDN	r,r,r	1	1	0.25		
SHL, SHR, SAR	r,i/CL	1	1	0.5		
ROL, ROR	r,i/CL	1	1	0.5		
RCL	r,1	1	1	1		
RCL	r,i	9	4	4		

Zen3

RCL	r,cl	9	4	4	
RCR	r,1	1	1	1	
RCR	r,i	7	3	3	
RCR	r,cl	7	3	3	
SHLD, SHRD	r,r,i	4	2	2	
SHLD, SHRD	r,r,cl	5	2	2	
SHLD, SHRD	m,r,i/CL	6			
SARX	r,r,r	1	1	0.5	BMI2
SHLX	r,r,r	1	1	0.5	BMI2
SHRX	r,r,r	1	1	0.5	BMI2
RORX	r,r,i	1	1	0.5	BMI2
BT	r,r/i	1	1	0.5	
BT	m,i	2		0.5	
BT	m,r	7		3	
BTC, BTR, BTS	r,r/i	2	2	1	
BTC, BTR, BTS	m,i	4		2	
BTC, BTR, BTS	m,r	9		3	
BSF	r,r	6	3	3	
BSF	r,m	8	4	4	
BSR	r,r	6	4	4	
BSR	r,m	8		5	
SETcc	r	1	1	0.5	
SETcc	m	2		3	
CLC		1		0.17	
STC		1		0.25	
CMC		1	1	1	
CLD		1		3	
STD		1		4	
POPCNT	r,r	1	1	0.25	SSE4.2
LZCNT	r,r	1	1	0.25	LZCNT
TZCNT	r,r	2	2	0.5	BMI1
BEXTR	r,r,r	1	1	0.5	BMI1
BLSI	r,r	2	2	0.5	BMI1
BLSMSK	r,r	2	2	0.5	BMI1
BLSR	r,r	2	2	0.5	BMI1
PDEP	r,r,r	1	3	1	BMI2
PEXT	r,r,r	1	3	1	BMI2
BZHI	r,r,r	1	1	0.5	BMI2
Control transfer instructions					
JMP	short/near	1		1	more if > 2 jmp per 16 bytes
JMP	r	1		1	
JMP	m	1		1	
Jcc	short/near	1		0.5-1	0.5 predicted not taken. 1 predicted taken. Higher if mispredicted
fused CMP+Jcc	short/near	1		0.5-2	
J(E/R)CXZ	short	1		0.5-1	
LOOP	short	1		0.5-1	
LOOPE LOOPNE	short	1		0.5-1	
CALL	near	2		2	
CALL	r	2		2	
CALL	m	6		2	
RET		2		2	

Zen3

RET	i	5		2		
BOUND	m	13		4		for no jump
INTO		4		2		for no jump
String instructions						
LODS		4		3		
REP LODS	m	7n		2n		
STOS		3		3		
REP STOS		2n		~1n		small n
REP STOS		2 per 16B		0.5 per 16B		best case
MOVS		5		3		
REP MOVS		< 1n		< 1n		small n
REP MOVS		1.5 pr 16B		0.5 per 16B		best case
SCAS		4		3		
REP SCAS		8n		2n		
CMPS		6		3		
REP CMPS		10n		3n		
Synchronization						
LOCK ADD	m,r	1	~8			
XADD	m,r	4	8			
LOCK XADD	m,r	4	8			
CMPXCHG	m,r8	5	9			
CMPXCHG	m,r16/32/64	6	9			
LOCK CMPXCHG	m,r	5-6	9			
CMPXCHG8B	m64	19	10			
LOCK CMPXCHG8B	m64	19	10			
CMPXCHG16B	m128	28	15			
LOCK CMPXCHG16B	m128	28	15			
Other						
NOP (90)		1		0.17		
Long NOP (0F 1F)		1		0.17		
PAUSE		9		~65		
ENTER	a,0	12		19		
ENTER	a,b	11+3b		~20+b		
LEAVE		2		3		
CPUID		40-100		130-150		
XGETBV		39		45		
RDTSC		44		36		
RDTSCP		44		68		rdtscp
RDPMC		20		20		
CRC32	r32,r8	1	3	1		
CRC32	r32,r16	1	3	1		
CRC32	r32,r32	1	3	1		
RDRAND	r	55		~75		
RDSEED	r16/32	23		~3000		
RDSEED	r64	32		~6100		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
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Zen3

Move instructions						
FLD	r	1	1	0.5	P01	
FLD	m32/64	1	7	0.5	P23	
FLD	m80	10	8	4		
FBLD	m80	25	34	25		
FST(P)	r	1	1	0.5	P01	
FST(P)	m32/64	2	7	1		
FSTP	m80	17	8			
FBSTP	m80	278		130		
FXCH	r	1	0	0.25	P0123	
FILD	m	1	11	1	P0	
FIST(T)(P)	m	2	7	1	P0 P1	
FLDZ, FLD1		1		1	P1	
FCMOVcc	st0,r	7	4	3		
FFREE	r	1	0	0.25		
FINCSTP, FDECSTP		1	0	0.25		
FNSTSW	AX	3		19		
FNSTSW	m16	2		15		
FLDCW	m16	1		2	P0	
FNSTCW	m16	2		2		
Arithmetic instructions						
FADD(P),FSUB(R)(P)	r/m	1	6-7	2	P01	
FIADD,FISUB(R)	m	2	2	1	P01	
FMUL(P)	r/m	1	6-7	1	P01	
FIMUL	m	3		2		
FDIV(R)(P)	r	1	15	6	P01	
FDIV(R)	m	1				
FIDIV(R)	m	2		6		
FABS, FCHS		1	1	0.5	P01	
FCOM(P), FUCOM(P)	r/m	1		1	P01	
FCOMPP, FUCOMPP		1		1		
FCOMI(P)	r	2	11	1		
FICOM(P)	m	2		1		
FTST		1		1	P01	
FXAM		1		0.5	P01	
FRNDINT		1	4	2	P01	
FPREM FPREM1		2	24-70	14-50		
Math						
FSQRT		1	25	10		
FLDPI, etc.		1		1		
FSIN		30-130	40-200		P0 P1	
FCOS		30-60	50-140		P0 P1	
FSINCOS		60-120	80-150		P0 P1	
FPTAN		40-100	60-120		P0 P1	
FPATAN		40-120	50-180		P0 P1	
FSCALE		8	11	4	P0 P1	
FEXTRACT		13	11	5	P0 P1	
F2XM1		42	50-60		P0 P1	
FYL2X		47	40-60		P0 P1	
FYL2XP1		120	40-180		P0 P1	

Zen3

Other						
FNOP		1		0.25		
(F)WAIT		1		0.25		
FNCLEX		21		49		
FNINIT		35		100		
FNSAVE	m864	102		~150		
FRSTOR	m864	79		~118		

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD	r32, mm	1	3	1		
MOVD	mm, r32	2	4	1		
MOVD/Q	r32/64, x	1	3	1		
MOVD/Q	x, r32/64	1	3	1		
MOVD	mm/x, m32	1	4	0.5		
MOVD	m32, mm/x	1	5	1		
MOVQ	mm/x, mm/x	1	1	0.25		
MOVQ	mm/x, m64	1	4	0.5		
MOVQ	m64, mm/x	1	5	1		
MOVDQA	x, x	1	0	0.17	none	renaming
MOVDQA	x, m	1	4	0.5		
MOVDQA	m, x	1	5	1		
VMOVDQA	y, y	1	0	0.17	none	renaming
VMOVDQA	y, m256	1	5	0.5		
VMOVDQA	m256, y	1	5	1		
MOVDQU	x, x	1	0	0.17	none	renaming
MOVDQU	x, m	1	4	0.5		
MOVDQU	m, x	1	5	1		
LDDQU	x, m	1	4	0.5		
VMOVDQU	y, m	1	5	0.5		
VMOVDQU	m, y	1	5	1		
MOVDQ2Q	mm, x	1	1	0.25		
MOVQ2DQ	x, mm	2	2	0.5		
MOVNTQ	m, mm	1	~800	1		
MOVNTDQ	m, x	1	~800	1		
VMOVNTDQ	m, y	1	~800	1		
MOVNTDQA	x, m	1	5	0.5		
MOVNTDQA	y, m	1	5	0.5		
PACKSSWB/DW	mm/x, r/m	1	1	0.5	P12	
PACKUSWB	mm/x, r/m	1	1	0.5	P12	
VPACKSSWB/DW	v, r/m	1	1	0.5	P12	
VPACKUSWB	v, r/m	1	1	0.5	P12	
PUNPCKH/LBW/WD/DQ	v, r/m	1	1	0.5	P12	
PUNPCKL/HQDQ	v, r/m	1	1	0.5	P12	
PSHUFB	v, r/m	1	1	0.5	P12	
PSHUFD	v, v, i	1	1	0.5	P12	
PSHUFW	mm, mm, i	1	1	0.5	P12	
PSHUFL/HW	v, v, i	1	1	0.5	P12	

Zen3

PALIGNR	v,r/m,i	1	1	0.5	P12	
PBLENDW	v,r/m,i	1	1	0.25	P0123	
VPERMD	v,v,v	2	8	1	P01	
VPERMD	v,v,m	3		2		
VPERMQ	v,v,i	2	6.5	1	P02 P1	
VPERMQ	v,m,i	3		1		
VPERM2I128	v,v,v,i	1	3.5	1	P01	
VPERM2I128	v,v,m,i	1		1		
VEEXTRACTI128	x,y,i	1	3.5	1	P01	
VEEXTRACTI128	m,y,i	2	8	1	P01	
VINSERTI128	y,x,i	1	2	1	P01	
VINSERTI128	y,m,i	1	6	1	P01	
MASKMOVQ	mm,mm	40	~850	~9		
MASKMOVDQU	x,x	75	~850	~18		
PMOVMSKB	r32,mm	1	3	1		
PMOVMSKB	r32,x	1	3	1		
VPMOVMSKB	r32,y	1	5	1		
PEXTRB/W/D/Q	r,x/mm,i	2	4	1	P12	
PINSRB/W/D/Q	x/mm,r,i	2	4	1	P1	
EXTRQ	x,i,i	2	3	1	P0123	AMD SSE4A
EXTRQ	x,x	1		0.5	P01	AMD SSE4A
INSERTQ	x,x,i,i	2		0.5	P0123	AMD SSE4A
INSERTQ	x,x	1		0.5	P01	AMD SSE4A
PMOVSBXW/BD/BQ/ WD/WQ/DQ	x,x	1	1	0.5	P12	
VPMOVSBXW/BD/BQ/ WD/WQ/DQ	y,x	2	4	1	P12	
PMOVZXBW/BD/BQ/ WD/WQ/DQ	x,x	1	1	0.5	P12	
VPMOVZXBW/BD/BQ/ WD/WQ/DQ	y,x	2	4	1	P12	
VINSERTI128	y,y,x,i	1	2	1	P01	AVX2
VINSERTI128	y,y,m,i	1	5	1	P01	AVX2
VPBROADCAST B/W/D/Q	x,x	1	1	0.5	P12	AVX2
VPBROADCAST B/W/D/Q	x,m	1		0.5		AVX2
VPBROADCAST B/W/D/Q	y,x	1	2	1	P01	AVX2
VPBROADCAST B/W/D/Q	y,m	1		0.5		AVX2
VBROADCASTI128	y,m128	1	4	0.5		AVX2
VPGATHERDD	x,[r+s*x],x	23		5	P0 P1 P2	AVX2
VPGATHERDD	y,[r+s*y],y	39		9	P0 P1 P2	AVX2
VPGATHERQD	x,[r+s*x],x	15		4	P0 P1 P2	AVX2
VPGATHERQD	x,[r+s*y],x	23		5	P0 P1 P2	AVX2
VPGATHERDQ	x,[r+s*x],x	19		4	P0 P1 P2	AVX2
VPGATHERDQ	y,[r+s*x],y	23		5	P0 P1 P2	AVX2
VPGATHERQQ	x,[r+s*x],x	15		4	P0 P1 P2	AVX2
VPGATHERQQ	y,[r+s*y],y	23		5	P0 P1 P2	AVX2
Arithmetic instructions						
PADDB/W/D/Q	v,v	1	1	0.25	P0123	ivec
PADDB/W/D/Q	v,m	1		0.5		
PADD(U)SB/W	v,v	1	1	0.5	P01	

Zen3

PSUBB/W/D/Q	v,v	1	1	0.25	P0123	
PSUB(U)SB/W	v,v	1	1	0.5	P01	
PHADD/SUB(S)W/D	mm,mm	3	2	2		
PHADD/SUB(S)W/D	x,x	4	2	2		
VPHADD/SUB(S)W/D	y,y,y	3	2	2		
PCMPEQ B/W/D	v,v	1	1	0.25	P0123	
PCMPEQQ	v,v	1	1	0.5	P01	
PCMPGT B/W/D	v,v	1	1	0.25	P0123	
PCMPGTQ	v,v	1	1	1	P0123	
PMULLW PMULHW						
PMULHUW PMULLD						
PMULDQ PMULUDQ	v,v	1	3	0.5	P03	
PMULHSW	v,v	1	3	0.5	P03	
PMADDWD	v,v	1	3	0.5	P03	
PMADDUBSW	v,v	1	3	0.5	P03	
PAVGB/W	v,v	1	1	0.5	P01	
PMIN/MAX SB/SW/ SD						
UB/UW/UD	v,v	1	1	0.25	P0123	
PHMINPOSUW	x,x	1	3	0.5	P01	
PABSB/W/D	v,v	1	1	0.5	P01	
PSIGNB/W/D	v,v	1	1	0.5	P01	
PSADBW	v,v	1	3	0.5	P03	
MPSADBW	x,x,i	4	4	2		
VMPSADBW	y,y,y,i	3	4	2		
Logic						
PAND PANDN POR						
PXOR	v,v	1	1	0.25	P0123	ivec
PSLL/RL W/D/Q						
PSRAW/D	v,v	1	1	0.5	P12	
VPSLL/RL W/D/Q VP-						
SRAW/D	v,v,i	1	1	0.5	P12	
PSLLDQ, PSRLDQ	v,i	1	1	0.5	P12	
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	v,v,v	1	1	0.5	P12	AVX2
PTEST	v,v	2		1	P12	
String instructions						
PCMPESTRI	x,x,i	8	10	3		SSE4.2
PCMPESTRI	x,m,i	12		4		SSE4.2
PCMPESTRM	x,x,i	7	6	3		SSE4.2
PCMPESTRM	x,m,i	12		4		SSE4.2
PCMPISTRI	x,x,i	4	8	2		SSE4.2
PCMPISTRI	x,m,i	4		2		SSE4.2
PCMPISTRM	x,x,i	3	6	2		SSE4.2
PCMPISTRM	x,m,i	4		2		SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	4	4	2		pclmul
VPCLMULQDQ	y,y,y,i	4	4	2		pclmul
AESDEC	x,x	1	4	0.5	P01	aes
VAESDEC	y,y,y	1	4	0.5	P01	aes
AESDECLAST	x,x	1	4	0.5	P01	aes

Zen3

VAESDECLAST	v,v,v	1	4	0.5	P01	aes
AESENC	x,x	1	4	0.5	P01	aes
VAESENCLAST	v,v,v	1	4	0.5	P01	aes
AESENCLAST	x,x	1	4	0.5	P01	aes
VAESENCLAST	v,v,v	1	4	0.5	P01	aes
AESIMC	x,x	1	4	0.5	P01	aes
AESKEYGENASSIST	x,x,i	1	4	0.5	P01	aes
SHA1RND4	x,x,i	1	6	2	P01	sha
SHA1NEXTE	x,x	1	1	0.5	P01	sha
SHA1MSG1	x,x	2	2	0.5	P0123	sha
SHA1MSG2	x,x	1	1	0.5	P12	sha
SHA256RND4	x,x	1	4	2		sha
SHA256MSG1	x,x	2	2	0.5	P0123	sha
SHA256MSG2	x,x	4	3	2	P12	sha
Other						
EMMS		1		0.25		

Floating point XMM and YMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Domain, notes
Move instructions						
MOVAPS/D	v,v	1	0	0.17	none	inherit
MOVUPS/D	v,v	1	0	0.17	none	inherit
MOVAPS/D MOVUPS/D	x,m128	1	4	0.5		
VMOVAPS/D VMOVUPS/D	y,m256	1	5	0.5		
MOVAPS/D MOVUPS/D	m128,x	1	5	1		
VMOVAPS/D VMOVUPS/D	m256,y	1	5	1		
MOVSS/D	x,x	1	1	0.25	P0123	
MOVSS/D	x,m32/64	1	4	0.5		
MOVSS/D	m32/64,x	1	5	1		
MOVHPS/D	x,m64	1	5	0.5	P12	
MOVHPS/D	m64,x	2	6	1	P12	
MOVLPS/D	x,m64	1	5	0.5	P0123	
MOVLPS/D	m64,x	1		1	P12	
MOVLHPS MOVHLPS	x,x	1	1	0.5	P12	
MOVMSKPS/D	r32,x	1	3	1		
VMOVMSKPS/D	r32,y	1	5	1		
MOVNTPS/D	m,v	1	~820	1		
MOVNTSS/SD	m,x	1		1		AMD SSE4A
SHUFPS/D	v,v/m,i	1	1	0.5	P12	
VPERMILPS/PD	v,v,v/m	1	3	0.5	P01	
VPERMILPS/PD	v,v/m,i	1	1	0.5	P12	
VPERM2F128	y,y,y/m,i	1	3.5	0.5	P01	
VPERMPS	y,y,y	2	8	1	P01	AVX2
VPERMPS	y,y,m	3		2		AVX2
VPERMPD	y,y,i	2	6.5	1	P1 P02	AVX2
VPERMPD	y,m,i	3		2		AVX2
BLENDPS/PD	y,y,i	1	1	0.25	P0123	
BLENDVPS/PD	x,x/m,ymm0	1	1	0.5	P01	
VBLENDVPS/PD	v,v,v/m,v	1	1	0.5	P01	

Zen3

MOVDDUP	v,v	1	1	0.5	P12	
MOVDDUP	x,m64	1	15	0.5		
VMOVDDUP	y,m256	1		0.5		
VBROADCASTSS/D	x,x	1	1	0.5	P12	
VBROADCASTSS/D	y,x	1	2	1	P01	
VBROADCASTSS/D	v,m	1	4	0.5		
VBROADCASTF128	y,m128	1	4	0.5		
MOVSH/LDUP	v,v	1	1	0.5	P12	
UNPCKH/LPS/D	v,v/m	1	1	0.5	P12	
EXTRACTPS	r32,x,i	1	4	1	P12	
EXTRACTPS	m32,x,i	2		1		
VEEXTRACTF128	x,y,i	1	3	1	P01	
VEEXTRACTF128	m128,y,i	2	9	1	P2	
INSERTPS	x,x,i	1	1	0.5	P12	
INSERTPS	x,m32,i	1	5	1	P12	
VINSERTF128	y,y,x,i	1	2	0.5	P01	
VINSERTF128	y,y,m128,i	1	6	0.5	P01	
VMASKMOVPS/D	v,v,m	1	5	0.5	P01	
VMASKMOVPS/D	m128,x,x	18	18	6		
VMASKMOVPS/D	m256,y,y	42	22	12		
VGATHERDPS	x,[r+s*x],x	23		5		AVX2
VGATHERDPS	y,[r+s*y],y	39		9		AVX2
VGATHERQPS	x,[r+s*x],x	15		4		AVX2
VGATHERQPS	x,[r+s*y],x	23		5		AVX2
VGATHERDPD	x,[r+s*x],x	15		4		AVX2
VGATHERDPD	y,[r+s*x],y	23		5		AVX2
VGATHERQPD	x,[r+s*x],x	15		4		AVX2
VGATHERQPD	y,[r+s*y],y	23		5		AVX2
Conversion						
CVTPD2PS	x,x	1	3	0.5	P23	
VCVTPD2PS	x,y	2	5	1	P0123	
CVTPS2PD	x,x	1	3	0.5	P23	
VCVTPS2PD	y,x	2	6	1	P0123	
CVTSD2SS	x,x	1	3	0.5	P23	
CVTSS2SD	x,x	1	3	0.5	P23	
CVTDQ2PS	v,v	1	3	0.5	P23	
CVT(T) PS2DQ	v,v	1	3	0.5	P23	
CVTDQ2PD	x,x	1	3	0.5	P23	
VCVTDQ2PD	y,x	2	6	1		
CVT(T)PD2DQ	x,x	1	3	0.5	P23	
VCVT(T)PD2DQ	x,y	2	5	1		
CVTPI2PS	x,mm	2	5	0.5		
CVT(T)PS2PI	mm,x	1	4	0.5		
CVTPI2PD	x,mm	2	5	1		
CVT(T) PD2PI	mm,x	2	5	0.5		
CVTSI2SS	x,r32	2	6	1		
CVT(T)SS2SI	r32,x	2	6	1		
CVTSI2SD	x,r32/64	2	7	1		
CVT(T)SD2SI	r32/64,x	2	6	1		
VCVTPS2PH	x/m,x,i	1	3	0.5	P23	
VCVTPS2PH	x/m,y,i	2	6	1		
VCVTPH2PS	x,x/m	2	3	0.5	P23	

Zen3

VCVTPH2PS	y,x/m	2	5	1		
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	3	0.5	P23	fp
ADDPs/D SUBPs/D	v,v/m	1	3	0.5	P23	
ADDSSUBPs/D	v,v/m	1	3	0.5	P23	
HADD/SUBPs/D	x,x	4	6	2		
VHADD/SUBPs/D	y,y,y/m	3	6	2		
MULPS MULPD	v,v/m	1	3	0.5	P01	fp
DIVSS DIVPS	v,v/m	1	10.5	3.5	P01	
DIVSD DIVPD	v,v/m	1	13.5	4.5	P01	
RCPSS/PS	v,v/m	1	3	0.5	P01	
CMPSS/SD/PS/PD	v,v/m	1	1	0.5	P23	
(U)COMISS/SD	x,x/m	1	5	1	P23	
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	v,v/m	1	1	0.5	P23	fp
ROUNDSS/SD/PS/PD	v,v/m,i	1	3	0.5	P23	fp
DPPS	x,x,i	8	15	4		SSE4.1
VDPPS	y,y,y,i	7	15	4		
DPPD	x,x,i	3	9	3		SSE4.1
VFMADD132PS/PD	v,v,v/m	1	4	0.5	P01	FMA3
All other FMA3 instructions: same as above					P01	FMA3
Math						
SQRTSS/PS	v,v/m	1	14	5	P01	
SQRTSD/PD	v,v/m	1	20	9	P01	
RSQRTSS/PS	x,x/m	1	3	0.5	P01	
VRSQRTPS	y,y/m	1	1.5	1	P01	
Logic						
AND(N)/OR/XORPS/PD	v,v/m	1	1	0.25	P0123	fp
Other						
VZEROUPPER		1		0.17		
VZEROALL		10		4		32 bit mode
VZEROALL		18		6		64 bit mode
LDMXCSR	m32	7	13	20		
STMXCSR	m32	2	13	15		
FXSAVE	m4096	96		77		32 bit mode
FXSAVE	m4096	104		85		64 bit mode
FXRSTOR	m4096	141		180		32 bit mode
FXRSTOR	m4096	146		180		64 bit mode
XSAVE, XSAVEOPT	m	130		100		32 bit mode
XSAVE, XSAVEOPT	m	132		100		64 bit mode
XRSTOR	m	212		230		32 bit mode
XRSTOR	m	193		200		64 bit mode
XSAVEC	m	346		340		32 bit mode
XSAVEC	m	329		310		64 bit mode

AMD Zen 4

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Similar instructions with or without V name prefix and with two or three operands behave the same unless otherwise noted.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, z = 512 bit zmm register, xy = vector register no bigger than 256 bits, v = any vector register, k = mask register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: P0: Floating point and vector pipe 0 P1: Floating point and vector pipe 1 P2: Floating point and vector pipe 2 P3: Floating point and vector pipe 3 P0 P1: Uses both P0 and P1 P01: Uses either P0 and P1 Where no unit is specified, it may use one or more integer pipe or address generation units. Two micro-operations can execute simultaneously if they go to different execution pipes

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOV	r8,r8	1	1	0.25		
MOV	r8h,r8	1	1	0.5		
MOV	r16,r16	1	1	0.25		
MOV	r32,r32	1	0	0.17		renaming
MOV	r64,r64	1	0	0.17		renaming
MOV	r,i	1	1	0.25		
MOV	r,m	1	0-4	0.33		may mirror
MOV	m,r	1	0-4	0.5		may mirror
MOV	m,i	1		0.5		
MOVNTI	m,r	1	~900	1		
MOVZX, MOVZX	r,r	1	1	0.25		
MOVZX, MOVZX	r,m	1	4	0.33		
MOVSLD	r64,r32	1	1	0.25		
MOVSLD	r64,m32	1	3	0.33		
CMOVCc	r,r	1	1	0.5		

Zen4

CMOVcc	r,m	1		0.5	
XCHG	r8,r8	2	1	1	
XCHG	r16,r16	2	1	1	
XCHG	r32,r32	2	0	0.33	renaming
XCHG	r64,r64	2	0	0.33	renaming
XCHG	r,m	2	7-8	7-8	depends on hw
XLAT		3	6	2	
PUSH	r	1		0.5	
PUSH	i	1		0.5	
PUSH	m	2		1	
PUSHF(D/Q)		11		4	
PUSH	sp	2		1	
PUSHA(D)		9		4	
POP	r	1		0.33	
POP	m	2		1	
POPF(D/Q)		36		13	
POPA(D)		16		6	
POP	sp	1		2	
LEA	r16,[m]	2	1-3	1	
LEA	r32/64,[m]	1	1	0.25	rip relative
LEA	r32/64,[m]	1	1	0.25	1-2 components
LEA	r32/64,[m]	2	2	0.5	3 components
LAHF		1	1	1	
SAHF		1	1	0.25	
SALC		1	1	1	
BSWAP	r	1	1	0.25	
MOVBE	r,[m]	1		0.33	MOVBE
MOVBE	[m],r	2		0.5	MOVBE
PREFETCHNTA	m	1		0.33	
PREFETCHT0	m	1		0.33	
PREFETCHT1/2	m	1		1	
PREFETCHW	m	1		0.33	PREFETCHW
SFENCE		1		1	
LFENCE		1		10	
MFENCE		6		~60	
Arithmetic instructions					
ADD, SUB	r,r	1	1	0.25	
ADD, SUB	r,i	1	1	0.25	
ADD, SUB	r,m	1		0.33	
ADD, SUB	m,r8/16	2	7-8	1	
ADD, SUB	m,r32/64	2	1	1	may mirror
ADC, SBB	r,r	1	1	1	
ADC, SBB	r,i	1	1	1	
ADC, SBB	r,m	1	1	1	
ADC, SBB	m,r8/16	2	8	1	
ADC, SBB	m,r32/64	2	1	1	may mirror
ADCX ADOX	r,r	1	1	1	ADX
CMP	r,r	1	1	0.25	
CMP	r,i	1	1	0.25	
CMP	r,m	1		0.33	
CMP	m,i	1		0.33	
INC, DEC, NEG	r	1	1	0.25	

Zen4					
INC, DEC, NEG	m32/64	2	1	1	may mirror
AAA, AAS		10	6		
DAA		16	8		
DAS		20	10		
AAD		4	5		
AAM		4	13	4	
MUL, IMUL	r8/m8	1	3	1	
MUL, IMUL	r16/m16	3	3	2	
MUL, IMUL	r32/m32	2	3	1	
MUL, IMUL	r64/m64	2	3	1	
IMUL	r,r	1	3	1	
IMUL	r,m	1		1	
IMUL	r16,r16,i	2	4	1	
IMUL	r32,r32,i	1	3	1	
IMUL	r64,r64,i	1	3	1	
IMUL	r16,m16,i	2		1	
IMUL	r32,m32,i	1		1	
IMUL	r64,m64,i	1		1	
MULX	r,r,r	2	4	1	
DIV	r8/m8	1	12	4	
DIV	r16/m16	2	12-13	4	
DIV	r32/m32	2	10-13	6	
DIV	r64/m64	2	10-18	7-12	
IDIV	r8/m8	1	12	4	
IDIV	r16/m16	2	12-13	4	
IDIV	r32/m32	2	10-13	6	
IDIV	r64/m64	2	10-18	7-12	
CBW		1	1	0.33	
CWDE, CDQE		1	1	0.33	
CDQ, CQO		1	1	0.5	
CWD		2	1	1	
Logic instructions					
AND, OR, XOR	r,r	1	1	0.25	may mirror
AND, OR, XOR	r,i	1	1	0.25	
AND, OR, XOR	r,m	1		0.33	
AND, OR, XOR	m,r/i	1	1	0.5	
TEST	r,r	1	1	0.25	
TEST	r,i	1	1	0.25	
TEST	m,r	1		0.33	
TEST	m,i	1		0.33	
NOT	r	1	1	0.25	may mirror BMI1
NOT	m	1	1	0.5	
ANDN	r,r,r	1	1	0.25	
SHL, SHR, SAR	r,i/CL	1	1	0.5	
ROL, ROR	r,i/CL	1	1	0.5	
RCL	r,1	1	1	1	
RCL	r,i	9	4	4	
RCL	r,cl	9	4	4	
RCR	r,1	1	1	1	
RCR	r,i	7	3	3	
RCR	r,cl	7	3	3	
SHLD, SHRD	r,r,i	4	2	2	

Zen4

SHLD, SHRD	r,r,cl	5	2	2	
SHLD, SHRD	m,r,i/CL	6			
SARX	r,r,r	1	1	0.5	BMI2
SHLX	r,r,r	1	1	0.5	BMI2
SHRX	r,r,r	1	1	0.5	BMI2
RORX	r,r,i	1	1	0.5	BMI2
BT	r,r/i	1	1	0.5	
BT	m,i	2		0.5	
BT	m,r	7		3	
BTC, BTR, BTS	r,r/i	2	2	1	
BTC, BTR, BTS	m,i	4		2	
BTC, BTR, BTS	m,r	9		3	
BSF	r,r	1	1	0.25	
BSF	r,m	1		0.33	
BSR	r,r	1	1	0.25	
BSR	r,m	1		0.33	
SETcc	r	1	1	0.5	
SETcc	m	2		1	
CLC		1		0.17	
STC		1		0.25	
CMC		1	1	1	
CLD		1		3	
STD		1		4	
POPCNT	r,r	1	1	0.25	SSE4.2
LZCNT	r,r	1	1	0.25	LZCNT
TZCNT	r,r	1	1	0.25	BMI1
BEXTR	r,r,r	1	1	0.5	BMI1
BLSI	r,r	1	1	0.25	BMI1
BLSMSK	r,r	1	1	0.25	BMI1
BLSR	r,r	1	1	0.25	BMI1
PDEP	r,r,r	1	3	1	BMI2
PEXT	r,r,r	1	3	1	BMI2
BZHI	r,r,r	1	1	0.5	BMI2
Control transfer instructions					
JMP	short/near	1		1	more if > 3 jmp per 16 bytes
JMP	r	1		1	
JMP	m	2		1	
Jcc	short/near	1		0.5-2	0.5 predicted not taken. 1 predicted taken. Higher if mispredicted
fused CMP+Jcc	short/near	1		0.5-2	
J(E/R)CXZ	short	1		0.5-2	
LOOP	short	1		0.5-2	
LOOPE LOOPNE	short	1		0.5-2	
CALL	near	2		2	
CALL	r	2		2	
CALL	m	4		2	
RET		2		2	
RET	i	3		2	
BOUND	m	13		4	for no jump for no jump
INTO		4		2	
String instructions					

Zen4

LODS		4		3		
REP LODS	m	7n		2n		
STOS		3		3		
REP STOS		<1		<1		small n
REP STOS		1 per 16B		0.5 per 16B		best case
MOVS		5		3		
REP MOVS		< 1n		< 1n		small n
REP MOVS		1 pr 16B		0.5 per 16B		best case
SCAS		4		3		
REP SCAS		8n		2n		
CMPS		6		3		
REP CMPS		10n		3n		
Synchronization						
LOCK ADD	m,r	2	~8			
XADD	m,r	4	8			
LOCK XADD	m,r	4	8			
CMPXCHG	m,r8	5	9			
CMPXCHG	m,r16/32/64	6	9			
LOCK CMPXCHG	m,r	5	9			
CMPXCHG8B	m64	15	10			
LOCK CMPXCHG8B	m64	15	10			
CMPXCHG16B	m128	26	15			
LOCK CMPXCHG16B	m128	26	15			
Other						
NOP (90)		0-1		0.08		may fuse
Long NOP (0F 1F)		0-1		0.08		may fuse
PAUSE		8		~65		
ENTER	a,0	12		19		
ENTER	a,b	11+3b		20+b		
LEAVE		2		3		
CPUID		43-112		140-170		
XGETBV		56		48		
RDTSC		46		34		
RDTSCP		46		64		rdtscp
RDPMC		27		22		
CRC32	r,r	1	3	1		
RDRAND	r	58		65		
RDSEED	r16/32	25		~42000		
RDSEED	r64	35		~85000		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
FLD	r	1	1	0.5	P01	
FLD	m32/64	1	7	0.5	P23	
FLD	m80	10	9	16		
FBLD	m80	25	34	26		
FST(P)	r	1	1	0.5	P01	
FST(P)	m32/64	2	6	1	P01	

Zen4

FSTP	m80	17	8	5	
FBSTP	m80	288	186	192	
FXCH	r	1	0	0.25	P0123
FILD	m	1	13	1	P0
FIST(T)(P)	m	2	7	1	P01
FLDZ, FLD1		1		1	P1
FCMOVcc	st0,r	7	4	3	
FFREE	r	1	0	0.25	
FINCSTP, FDECSTP		1	0	0.25	
FNSTSW	AX	3		19	
FNSTSW	m16	2		15	
FLDCW	m16	1		2	P0
FNSTCW	m16	2		2	
Arithmetic instructions					
FADD(P),FSUB(R)(P)	r/m	1	7	2	P01
FIADD,FISUB(R)	m	2		1	P01 P23
FMUL(P)	r/m	1	7	2	P01
FIMUL	m	2		2	
FDIV(R)(P)	r	1	15	6	P01
FDIV(R)	m	1		6	
FIDIV(R)	m	2		6	
FABS, FCHS		1	1	0.5	P01
FCOM(P), FUCOM(P)	r/m	1		1	P01
FCOMPP, FUCOMPP		1		1	
FCOMI(P)	r	2	11	1	
FICOM(P)	m	2		1	
FTST		1		1	P01
FXAM		1		0.5	P01
FRNDINT		1	5	1	P01
FPREM FPREM1		2	24-70	14-50	
Math					
FSQRT		1	25	10	
FLDPI, etc.		1		1	
FSIN		12-60	50-200		P0 P1
FCOS		18-60	60-150		P0 P1
FSINCOS		12-100	80-150		P0 P1
FPTAN		10-60	60-120		P0 P1
FPATAN		10-100	50-190		P0 P1
FSCALE		8	11	4	P0 P1
FXTRACT		13	12	5	P0 P1
F2XM1		10-18	50-60		P0 P1
FYL2X		10-60	40-60		P0 P1
FYL2XP1		70	~170		P0 P1
Other					
FNOP		1		0.25	
(F)WAIT		1		0.25	
FNCLEX		21		49	
FNINIT		35		100	
FNSAVE	m864	102		~155	
FRSTOR	m864	79		143	

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes	
Move instructions							
MOVD	r32, mm	1	3	1	P13	renaming	
MOVD	mm, r32	2	4	1			
MOVD/Q	r32/64, x	1	3	1			
MOVD/Q	x, r32/64	2	4	1			
MOVD	mm/x,m32	1	5	0.5	none		
MOVD	m32,mm/x	1	4	1			
MOVQ	mm/x,mm/x	1	1	0.25			
MOVQ	mm/x,m64	1	5	0.5			
MOVQ	m64,mm/x	1	4	1	P0123		
MOVDQA/U	v,v	1	0	0.17			
MOVDQA/U	x,m128	1	5	0.5			
MOVDQA/U	m128,x	1	4	1			
VMOVDQA/U	y,m256	1	5	0.5	P12		
VMOVDQA/U	m256,y	1	6	1			
VMOVDQA/U	z,m512	1	6	1			
VMOVDQA/U	m512,z	2	6	2			
LDDQU	x,m	1	5	0.5	P0123		
MOVDQ2Q	mm,x	1	1	0.25			
MOVQ2DQ	x,mm	2	1	0.5			
MOVNTQ	m,mm	1	~1000	1			
MOVNTDQ	m,x	1	~1000	1	P12		
VMOVNTDQ	m,y	1	~1000	1			
MOVNTDQA	xy,m	1	5	0.5			
MOVNTDQA	z,m	1	6	1			
PACKSS/USWB/DW	xy,r	1	2	0.5	P123		
PACKSS/USWB/DW	z,r	1	2	1			
PUNPCKH/LBW/WD/DQ	xy,r	1	1	0.33			
PUNPCKH/LBW/WD/DQ	z,r	1	1	0.67			
PUNPCKL/HQDQ	xy,r	1	1	0.33	P123		avx512bitalg avx512bitalg
PSHUFB	xy,r/m	1	2	0.5	P12		
PSHUFB	z,r/m	1	2	1	P12		
PSHUFD	xy,xy,i	1	1	0.33	P123		
PSHUFD	z,z,i	1	1	0.67	P123		
PSHUFW	mm,mm,i	1	1	0.33	P123		
PSHUFL/HW	xy,xy,i	1	1	0.33	P123		
PSHUFL/HW	z,z,i	1	1	0.67	P123		
VSHUFI32X4	z,z,z,i	1	4	1	P12		
VSHUFI64X2	z,z,z,i	1	4	1	P12		
VPSHUFBITQMB	k,x,x	1	3	0.5	P01		
VPSHUFBITQMB	k,yz,yz	1	4	0.5	P01		
PALIGNR	xy,xy,i	1	2	0.5	P12		
PALIGNR	z,z,i	1	2	1	P12		
VALIGND	x,x,x,i	1	2	0.5	P12		
VALIGND	y,y,y,i	1	4	0.5	P12		
VALIGND	z,z,z,i	1	5	1	P12		

Zen4

VALIGNQ	x,x,x,i	1	2	0.5	P12	
VALIGNQ	y,y,y,i	1	3	0.5	P12	
VALIGNQ	z,z,z,i	1	4	1	P12	
PBLENDVB	x,x,xmm0	1	1	0.5	P12	
VPBLENDVB	xy,xy,xy,xy	1	1	0.5	P12	
PBLENDW	xy,xy,i	1	1	0.25	P0123	
VPBLEND	xy,xy,xy,i	1	1	0.25	P0123	
VPBLENDM B/W/D/Q	v{k},v,v	1	1	0.5		
VPERMW	z,z,z	1	5	1	P12	
VPERMD	xy,xy,xy	1	4	0.5	P12	
VPERMD	z,z,z	1	5	1	P12	
VPERMQ	xy,xy,i	1	4	0.5	P12	
VPERMQ	z,z,i	1	5	1	P12	
VPERMQ	z,z,z	1	5	1	P12	
VPERM21128	y,y,y,i	1	3	0.5	P12	
VPERM2 B/W/D/Q	x,x,x	1	3	0.5	P12	
VPERM2 B/W/D/Q	y,y,y	1	4	0.5	P12	
VPERM2 B/W/D/Q	z,z,z	1	5	1	P12	
VPERMT2 B/W/D/Q	x,x,x	1	3	0.5	P12	
VPERMT2 B/W/D/Q	y,y,y	1	4	0.5	P12	
VPERMT2 B/W/D/Q	z,z,z	1	5	1	P12	
VEEXTRACTI128	x,y,i	1	3	0.5	P12	
VEEXTRACTI128	m,y,i	2		1	P12	
VINSERTI128	y,x,i	1	3	0.5	P12	
VINSERTI128	y,m,i	2		0.5	P12	
MASKMOVQ	mm,mm	40	~1000	9		
MASKMOVDQU	x,x	75	~1000	18		
VPMASKMOVD	v,v,m	1	7	0.5	P01	
VPMASKMOVD	m,v,v	19	20-30	6	P3	
VPMASKMOVQ	v,v,m	1	6	0.5	P01	
VPMASKMOVQ	m,v,v	18	30-70	4	P3	
PMOVMSKB	r32,mm	1	3	1		
PMOVMSKB	r32,x	1	3	1		
VPMOVMSKB	r32,y	1	3	1		
PEXTRB/W/D/Q	r,x/mm,i	2	4	1	P12	
VEEXTRACTI128	x,y,i	1	3	0.5	P12	
PINSRB/W/D/Q	x/mm,r,i	2	4	1	P1	
VINSERTI128	y,y,x,i	1	1	0.5	P12	
VINSERTI32X4	z,z,x,i	1	1	1	P12	
VINSERTI64X4	z,z,y,i	1	1	1	P12	
EXTRQ	x,i,i	2	3	0.5	P12	AMD SSE4A
EXTRQ	x,x	1		0.5	P12	AMD SSE4A
INSERTQ	x,x,i,i	2		0.5	P12	AMD SSE4A
INSERTQ	x,x	1		0.5	P12	AMD SSE4A
PMOVXSBW/BD/BQ/ WD/WQ/DQ	xy,xy	1	2	0.5	P12	
PMOVZSBW/BD/BQ/ WD/WQ/DQ	xy,xy	1	2	0.5	P12	
VPBROADCAST B/W/D/Q	x,x	1	1	0.33	P123	AVX2
VPBROADCAST B/W/D/Q	x,m	1		0.5		AVX2
VPBROADCAST B/W/D/Q	y,x	1	1	0.5	P12	AVX2

Zen4

VPBROADCAST B/W/D/Q	y,m	1		0.5		
VBROADCASTI128	y,m128	1	5	0.5		AVX2 AVX2
VPCOMPRESSB/W/D/Q	x{k},x	1	2			AVX512VBMI2
VPCOMPRESSB/W/D/Q	y{k},y	1	4			AVX512VBMI2
VPCOMPRESSB/W/D/Q	z{k},z	1	5			AVX512VBMI2
VPEXPANDB/W/D/Q	x{k},x	1	2			AVX512VBMI2
VPEXPANDB/W/D/Q	y{k},y	1	4			AVX512VBMI2
VPEXPANDB/W/D/Q	z{k},z	1	5			AVX512VBMI2
VPGATHERDD	x,[r+s*x],x	24		5	P0123	AVX2
VPGATHERDD	y,[r+s*y],y	42		8		
VPGATHERDQ	x,[r+s*x],x	18		4		
VPGATHERDQ	y,[r+s*x],y	24		5		
VPGATHERQD	x,[r+s*x],x	18		4		
VPGATHERQD	x,[r+s*y],x	24		5		
VPGATHERQQ	x,[r+s*x],x	18		4		
VPGATHERQQ	y,[r+s*y],y	24		5		
VPGATHERDD	x{k},[r+s*x]	24		5		AVX512VL
VPGATHERDD	y{k},[r+s*y]	41		9		
VPGATHERDD	z{k},[r+s*z]	81		17		
VPGATHERDQ	x{k},[r+s*x]	17		4		
VPGATHERDQ	y{k},[r+s*x]	24		5		
VPGATHERDQ	z{k},[r+s*y]	46		9		
VPGATHERQD	x{k},[r+s*x]	18		4		
VPGATHERQD	x{k},[r+s*y]	24		5		
VPGATHERQD	y{k},[r+s*z]	46		9		
VPGATHERQQ	x{k},[r+s*x]	17		4		
VPGATHERQQ	y{k},[r+s*y]	24		5		
VPGATHERQQ	z{k},[r+s*z]	48		10		
VPSCATTERDD	[r+s*x]{k},x	27		6		
VPSCATTERDD	[r+s*y]{k},y	48		13		
VPSCATTERDD	[r+s*z]{k},z	89		24		
VPSCATTERDQ	[r+s*x]{k},x	17		4		
VPSCATTERDQ	[r+s*x]{k},y	28		7		
VPSCATTERDQ	[r+s*y]{k},z	48		9		
VPSCATTERQD	[r+s*x]{k},x	17		4		
VPSCATTERQD	[r+s*y]{k},x	27		6		
VPSCATTERQD	[r+s*z]{k},y	48		12		
VPSCATTERQQ	[r+s*x]{k},x	17		4		
VPSCATTERQQ	[r+s*y]{k},y	27		7		
VPSCATTERQQ	[r+s*z]{k},z	48		12		
Arithmetic instructions						
PADD/SUBB/W/D/Q	xy,xy	1	1	0.25	P0123	
PADD/SUBB/W/D/Q	z,z	1	1	0.5	P0123	
PADD/SUBB/W/D/Q	v,m	1		0.5		
PADD/SUB(U)SB/W	xy,xy	1	2	0.5	P01	
PHADD/SUB(S)W/D	mm,mm	3	2	2		
PHADD/SUB(S)W/D	x,x	4	2	2		
VPHADD/SUB(S)W/D	y,y,y	3	2	2		
PCMPEQ/GT B/W/D	v,v	1	1	0.25	P0123	
PCMPEQ/GT Q	v,v	1	2	0.5	P01	
VPCMPEQ/GT B/W/D/Q	k,x,x	1	3	0.5	P01	

Zen4

VPCMPEQ/GT B/W/D/Q	k,y,y	1	4	0.5	P01	
VPCMPEQ/GT B/W/D/Q	k,z,z	1	5	1	P01	
PMULLW PMULHW						
PMULHUW PMULLD						
PMULDQ PMULUDQ	xy,xy	1	3	0.5	P01	
PMULLW PMULHW						
PMULHUW PMULLD						
PMULDQ PMULUDQ	z,z,z	1	3	1	P01	
PMULHRSW	xy,xy	1	3	0.5	P01	
PMULHRSW	z,z,z	1	3	1	P01	
PMADDWD/UBSW	xy,xy	1	3	0.5	P01	
PMADDWD/UBSW	z,z,z	1	3	1	P01	
PAVGB/W	xy,xy	1	2	0.25	P0123	
PAVGB/W	z,z,z	1	2	0.5	P0123	
PMIN/MAX SB/SW/ SD						
UB/UW/UD	xy,xy	1	1	0.25	P0123	
PMIN/MAX SB/SW/ SD						
UB/UW/UD	z,z,z	1	1	0.5	P0123	
VPMIN/MAX SQ/UQ	xy,xy,xy	1	2	0.5	P01	
VPMIN/MAX SQ/UQ	z,z,z	1	2	1	P01	
PHMINPOSUW	x,x	1	3	0.5	P12	
PABSB/W/D	xy,xy	1	2	0.5	P01	
VPABSB/W/D	z,z,z	1	2	1	P01	
PSIGNB/W/D	xy,xy	1	2	0.5	P01	
PSADBW	xy,xy	1	3	0.5	P01	
VPSADBW	z,z,z	1	3	1	P01	
MPSADBW	x,x,i	4	5	2	P012	
VMPSADBW	y,y,y,i	3	5	2	P012	
VPOPCNTB/W	xy,xy	1	2	0.5	P01	avx512bitalg
VPOPCNTD/Q	xy,xy	1	2	0.5	P01	avx512vpopcndq
VPOPCNTB/W/D/Q	z,z	1	2	1	P01	
VPMADD52H/L UQ	xy,xy,xy	1	4	0.5	P01	avx512ifma
VPMADD52H/L UQ	z,z,z	1	4	1	P01	avx512ifma
VPDPBUSD(S)	xy,xy,xy	1	4	0.5	P01	avx512vnni
VPDPBUSD(S)	z,z,z	1	4	1	P01	avx512vnni
VPDPWSSD(S)	xy,xy,xy	1	4	0.5	P01	avx512vnni
VPDPWSSD(S)	z,z,z	1	4	1	P01	avx512vnni
Logic						
PAND PANDN POR						
PXOR	xy,xy	1	1	0.25	P0123	
VPAND PANDN POR						
PXOR	z,z,z	1	1	0.5	P0123	
PTEST	xy,xy	2		1	P12	
VPTESTMB/W/D/Q	k,x,x	1	3	0.5	P01	
VPTESTMB/W/D/Q	k,y,y	1	4	0.5	P01	
VPTESTMB/W/D/Q	k,z,z	1	5	1	P01	
PSLL/RL W/D/Q						
PSRAW/D	xy,xy	2	1	0.5	P12	
VPSLL/RL W/D/Q VP-						
SRAW/D	z,z,z	2	1	1	P12	
VPSLL/RL W/D/Q VP-						
SRAW/D	xy,xy,i	1	1	0.5	P23	
VPSLL/RL W/D/Q VP-						
SRAW/D	z,z,i	1	1	1	P23	

Zen4

PSLLDQ, PSRLDQ	xy,xy,i	2	1	0.5	P12	
PSLLDQ, PSRLDQ	z,z,i	2	1	1	P12	
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	xy,xy,xy	1	1	0.5	P23	AVX2
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	z,z,z	1	1	1	P23	AVX2
VPSHL/R DW/D/Q	xy,xy,xy,i	1	2	0.5	P01	avx512vbmi2
VPSHL/R DW/D/Q	z,z,z,i	1	2	1	P01	avx512vbmi2
VPSHLVDW/D/Q	xy,xy,xy,i	1	2	0.5	P01	avx512vbmi2
VPSHLVDW/D/Q	z,z,z,i	1	2	1	P01	avx512vbmi2
VPMULTISHIFTQB	xy,xy,xy	1	3	0.5	P01	avx512vbmi
VPMULTISHIFTQB	z,z,z	1	3	1	P01	avx512vbmi
VPROL/R D/Q	xy,xy,i	1	3	0.5	P01	
VPROL/R D/Q	z,z,i	1	3	1	P01	
VPROL/R V D/Q	xy,xy,xy	1	3	0.5	P01	
VPROL/R V D/Q	z,z,z	1	3	1	P01	
VPLZCNT D/Q	xy,xy	1	2	0.5	P01	
VPLZCNT D/Q	z,z	1	2	1	P01	
VPTERNLOG D/Q	xy,xy,xy	1	1	0.5	P0123	
VPTERNLOG D/Q	z,z,z	1	1	1	P0123	
String instructions						
PCMPESTRI	x,x,i	8	3	3		SSE4.2
PCMPESTRI	x,m,i	12		4		SSE4.2
PCMPESTRM	x,x,i	7	7	7		SSE4.2
PCMPESTRM	x,m,i	12		4		SSE4.2
PCMPISTRI	x,x,i	4	2	2		SSE4.2
PCMPISTRI	x,m,i	4		3		SSE4.2
PCMPISTRM	x,x,i	3	7	7		SSE4.2
PCMPISTRM	x,m,i	4		3		SSE4.2
Encryption						
PCLMULQDQ	xy,xy,i	4	4	2	P023	pclmul
VPCLMULQDQ	z,z,z,i	4	4	2		pclmul
AESDEC	xy,xy	1	4	0.5	P01	aes
VAESDEC	z,z,z	1	4	1	P01	aes
AESDECLAST	xy,xy	1	4	0.5	P01	aes
VAESDECLAST	z,z,z	1	4	1	P01	aes
AESENC	x,x	1	4	0.5	P01	aes
VAESENC	xy,xy,xy	1	4	0.5	P01	aes
VAESENC	z,z,z	1	4	1	P01	aes
AESENCLAST	x,x	1	4	0.5	P01	aes
VAESENCLAST	xy,xy,xy	1	4	0.5	P01	aes
VAESENCLAST	z,z,z	1	4	1	P01	aes
AESIMC	xy,xy	1	4	0.5	P01	aes
VAESIMC	z,z,z	1	4	1	P01	aes
AESKEYGENASSIST	x,x,i	1	4	0.5	P01	aes
SHA1RND\$4	x,x,i	1	6	2	P01	sha
SHA1NEXTE	x,x	1	2	0.5	P01	sha
SHA1MSG1	x,x	2	2	0.5	P0123	sha
SHA1MSG2	x,x	1	2	0.5	P12	sha
SHA256RND\$2	x,x	1	4	2	P01	sha

Zen4

SHA256MSG1	x,x	2	3	0.5	P0123	sha
SHA256MSG2	x,x	4	5	2	P0123	sha
Other						
EMMS		1		0.25		
VGF2P8AFFINEINVQB	v,v,v,i	1	3	0.5-1	P01	avx512gfni
VGF2P8AFFINEQB	v,v,v,i	1	3	0.5-1	P01	avx512gfni
VGF2P8MULB	v,v,v	1	3	0.5-1	P01	avx512gfni
VPCONFLICTD/Q	x,x	1	2	0.5	P01	avx512cd
VPCONFLICTD/Q	y,y	2	6	0.67	P012	avx512cd
VPCONFLICTD/Q	z,z	2	6	1.33	P012	avx512cd

Floating point XMM and YMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVAPS/D	v,v	1	0	0.17	none	renaming
MOVUPS/D	v,v	1	0	0.17	none	renaming
MOVAPS/D MOVUPS/D	x,m128	1	5	0.5		
MOVAPS/D MOVUPS/D	m128,x	1	4	1		
VMOVAPS/D VMOVUPS/D	y,m256	1	5	0.5		
VMOVAPS/D VMOVUPS/D	m256,y	1	5	1		
VMOVAPS/D VMOVUPS/D	z,m512	1	6	1		
VMOVAPS/D VMOVUPS/D	m512,z	2	6	2		
MOVSS/D	x,x	1	1	0.25	P0123	
MOVSS/D	x,m32/64	1	5	0.5		
MOVSS/D	m32/64,x	1	4	1		
MOVHPS/D	x,m64	1	5	0.5	P123	
MOVHPS/D	m64,x	2	6	1		
MOVLPS/D	x,m64	1	5	0.5	P0123	
MOVLPS/D	m64,x	1	5	1		
MOVLHPS MOVHLPS	x,x	1	1	0.5	P12	
MOVMSKPS/D	r32,x	1	3	1		
VMOVMSKPS	r32,y	1	4	1		
VMOVMSKPD	r32,y	1	3	1		
MOVNTPS/D	m,xy	1	~1000	1		
MOVNTPS/D	m,z	2	~1000			
SHUFPS/D	xy,xy,i	1	1	0.33	P123	
VSHUFPS/D	z,z,i	1	1	0.67	P123	
VSHUFF32X4	z,z,z,i	1	4	1	P12	
VPERMILPS/PD	xy,xy,xy	1	2	0.5	P12	
VPERMILPS/PD	z,z,z	1	2	1	P12	
VPERMILPS/PD	xy,xy,i	1	1	0.33	P123	
VPERMILPS/PD	z,z,i	1	1	0.67	P123	
VPERM2F128	y,y,y/m,i	1	3	0.5	P12	
VPERMPS/PD	y,y,y	1	4	0.5	P12	
VPERMPS/PD	z,z,z	1	5	1		
VPERMI/T 2PS/PD	x,x,x	1	3	0.5	P12	
VPERMI/T 2PS/PD	y,y,y	1	4	0.5	P12	
VPERMI/T 2PS/PD	z,z,z	1	5	1	P12	

Zen4

BLENDPS/PD	xy,xy,i	1	1	0.25	P0123
BLENDVPS/PD	x,x/m,xmm0	1	1	0.5	P01
VBLENDVPS/PD	y,y,y,y	1	1	0.5	P01
VBLENDMPS	xy{k},xy,xy	1	1	0.25	P0123
VBLENDMPS	z{k},z,z	1	1	0.5	P0123
MOVDDUP	xy,xy	1	1	0.33	P123
MOVDDUP	x,m64	1	17	0.5	
VMOVDDUP	y,m256	1		0.5	
VBROADCASTSS/D	x,x	1	1	0.33	P123
VBROADCASTSS/D	y,x	1	1	0.5	P12
VBROADCASTSS/D	z,x	1	1	1	P12
VBROADCASTSS/D	xy,m	1	5	0.5	P12
VBROADCASTSS/D	z,m	1	6	1	P12
VBROADCASTF128	y,m128	1	5	0.5	P12
VBROADCASTF32X4/64x2	z,m	1	6	1	P12
MOVSH/LDUP	xy,xy	1	1	0.33	P123
VMOVSH/LDUP	z,z	1	1	0.67	P123
UNPCKH/LPS/D	xy,xy	1	1	0.33	P123
UNPCKH/LPS/D	z,z	1	1	0.67	P123
EXTRACTPS	r32,x,i	2	4	1	P12
EXTRACTPS	m32,x,i	2	5	1	
VEEXTRACTF128	x,y,i	1	3	0.5	P12
VEEXTRACTF128	m128,y,i	2	7	1	P12
VEEXTRACTF32X4/64x2	x,z,i	1	4	1	P12
VEEXTRACTF32X4/64x2	m128,z,i	2	8	1	P12
VEEXTRACTF32X8	y,z	1	4	1	P12
VEEXTRACTF32X8	m256,z,i	2	9	1	P12
INSERTPS/PD	x,x,i	1	1	0.33	P123
INSERTPS/PD	x,m32,i	1	5	0.5	P123
VINSERTF128	y,y,x,i	1	1	0.5	P12
VINSERTF128	y,y,m128,i	1	6	0.5	P01
VINSERTF32x4	z,z,x,i	1	1	0.5	P12
VINSERTF32x4	z,z,m128,i	1	6	0.5	P12
VINSERTF64x4	z,z,y,i	1	1	1	P12
VINSERTF64x4	z,z,m256,i	1	8	1	P12
VMASKMOVPS/D	x,x,m	1	6	0.5	P01
VMASKMOVPS/D	y,y,m	1	7	0.5	P01
VMASKMOVPS/D	m128,x,x	18	18	6	
VMASKMOVPS/D	m256,y,y	42	22	12	
VCOMPRESSPS/PD	x{k},x	2	2		
VCOMPRESSPS/PD	y{k},y	2	4		
VCOMPRESSPS/PD	z{k},z	2	5		
VEXPANDPS/PD	x{k},x	2	2		
VEXPANDPS/PD	y{k},y	2	4		
VEXPANDPS/PD	z{k},z	2	5		
VGATHERDPS	x,[r+s*x],x	24		5	P0123
VGATHERDPS	y,[r+s*y],y	42		8	
VGATHERDPD	x,[r+s*x],x	18		4	
VGATHERDPD	y,[r+s*x],y	24		5	
VGATHERQPS	x,[r+s*x],x	18		4	
VGATHERQPS	x,[r+s*y],x	24		5	
VGATHERQPD	x,[r+s*x],x	18		4	
VGATHERQPD	y,[r+s*y],y	24		5	

VGATHERDPS	$x\{k\}, [r+s*x]$	24		5	
VGATHERDPS	$y\{k\}, [r+s*y]$	41		9	
VGATHERDPS	$z\{k\}, [r+s*z]$	81		17	
VGATHERDPD	$x\{k\}, [r+s*x]$	17		4	
VGATHERDPD	$y\{k\}, [r+s*x]$	24		5	
VGATHERDPD	$z\{k\}, [r+s*y]$	46		9	
VGATHERQPS	$x\{k\}, [r+s*x]$	18		4	
VGATHERQPS	$x\{k\}, [r+s*y]$	24		5	
VGATHERQPS	$y\{k\}, [r+s*z]$	46		9	
VGATHERQPD	$x\{k\}, [r+s*x]$	17		4	
VGATHERQPD	$y\{k\}, [r+s*y]$	24		5	
VGATHERQPD	$z\{k\}, [r+s*z]$	48		10	
VSCATTERDPS	$[r+s*x]\{k\}, x$	27		6	
VSCATTERDPS	$[r+s*y]\{k\}, y$	48		13	
VSCATTERDPS	$[r+s*z]\{k\}, z$	89		22	
VSCATTERDPD	$[r+s*x]\{k\}, x$	17		4	
VSCATTERDPD	$[r+s*x]\{k\}, y$	28		7	
VSCATTERDPD	$[r+s*y]\{k\}, z$	48		9	
VSCATTERDPD	$[r+s*x]\{k\}, x$	17		4	
VSCATTERDPD	$[r+s*y]\{k\}, x$	27		6	
VSCATTERDPD	$[r+s*z]\{k\}, y$	48		12	
VSCATTERQPD	$[r+s*x]\{k\}, x$	17		4	
VSCATTERQPD	$[r+s*y]\{k\}, y$	27		7	
VSCATTERQPD	$[r+s*z]\{k\}, z$	48		12	
Conversion					
CVTPD2PS	x, x	1	3	0.5	P23
VCVTPD2PS	x, y	2	5	1	P123
VCVTPD2PS	y, z	2	6	1	P123
CVTPS2PD	x, x	2	3	1	P123
VCVTPS2PD	y, x	2	5	1	P123
VCVTPS2PD	z, y	2	6	1	P123
CVTSD2SS	x, x	1	3	0.5	P23
CVTSS2SD	x, x	1	3	0.5	P23
CVTDQ2PS	v, v	1	3	0.5-1	P23
CVT(T)PS2DQ	v, v	1	3	0.5-1	P23
CVTDQ2PD	x, x	1	3	0.5	P23
VCVTDQ2PD	y, x	2	5	0.67	P123
VCVT(T)PD2DQ	x, y	2	5	1	P123
VCVTDQ2PD	z, y	2	6	1	P123
VCVT(T)PD2DQ	y, z	2	7	2	P123
VCVT(T)PD2QQ	v, v	1	3	0.5-1	P23
VCVTQQ2PD	v, v	1	3	0.5-1	P23
VCVT(T)PD2UDQ	x, x	1	3	0.5	P23
VCVT(T)PD2UDQ	x, y	2	5	0.67	P123
VCVT(T)PD2UDQ	y, z	2	6	1.33	P123
VCVTUDQ2PD	x, x	1	3	0.5	P23
VCVTUDQ2PD	y, x	2	5	0.67	P123
VCVTUDQ2PD	z, y	2	7	1.33	P123
VCVT(T)PD2UQQ	v, v	1	3	0.5-1	P23
VCVTUQQ2PD	v, v	1	3	0.5-1	P23
VCVT(T)PS2QQ	x, x	1	3	0.5	P23
VCVT(T)PS2QQ	y, x	2	5	0.67	P123

Zen4

VCVT(T)PS2QQ	z,y	2	6	1.33	P123	
VCVTQQ2PS	x,x	1	3	0.5	P23	
VCVTQQ2PS	x,y	2	5	0.67	P123	
VCVTQQ2PS	y,z	2	7	1.33	P123	
VCVT(T)PS2UDQ	v,v	1	3	0.5-1	P23	
VCVTUDQ2PS	v,v	1	3	0.5-1	P23	
VCVT(T)PS2UQQ	x,x	1	3	0.5	P23	
VCVT(T)PS2UQQ	y,x	2	5	0.67	P123	
VCVT(T)PS2UQQ	z,y	2	6	1.33	P123	
VCVTUQQ2PS	x,x	1	3	0.5	P23	
VCVTUQQ2PS	x,y	2	5	0.67	P123	
VCVTUQQ2PS	y,z	2	7	1.33	P123	
CVTPI2PS	x,mm	2	3	0.5	P0123	
CVT(T)PS2PI	mm,x	1	4	0.5	P23	
CVTPI2PD	x,mm	2	4	2	P0123	
CVT(T)PD2PI	mm,x	1	3	0.5	P23	
CVTSI2SS	x,r32	2	6	1	P23	
CVT(T)SS2SI	r32,x	2	6	1	P23	
CVTSI2SD	x,r32/64	2	6	1	P23	
CVT(T)SD2SI	r32/64,x	2	6	1	P23	
CVT(T)SS2USI	r32/64,x	2	6	1	P23	
CVTUSI2SS	x,r32/64	2	6	1.5	P2 P23	
CVT(T)SD2USI	r32/64,x	2	6	1	P23	
CVTUSI2SD	x,r32/64	2	6	1.5	P2 P23	
VCVTPS2PH	x,x,i	1	3	0.5	P23	
VCVTPS2PH	x,y,i	2	5	1	P123	
VCVTPS2PH	y,z,i	2	7	1	P123	
VCVTPH2PS	x,x	1	3	0.5	P23	
VCVTPH2PS	y,x	2	5	1	P123	
VCVTPH2PS	z,y	2	6	1	P123	
VCVTNE(2)PS2BF16	x,x,x	1	3	0.5	P23	avx512bf16
VCVTNE(2)PS2BF16	y,y,y	2	6	0.67	P123	avx512bf16
VCVTNE(2)PS2BF16	z,z,z	2	7	1.67	P123	avx512bf16
Arithmetic						
ADDSS/D SUBSS/D	x,x	1	3	0.5	P23	
ADDPS/D SUBPS/D	xy,xy	1	3	0.5	P23	
ADDPS/D SUBPS/D	z,z,z	1	3	1	P23	
ADDSUBPS/D	v,v	1	3	0.5-1	P23	
HADD/SUBPS/D	x,x	4	4	2	P23	
VHADD/SUBPS/D	y,y,y	3	4	2	P21	
MULPS/PD	xy,xy	1	3	0.5	P01	
VMULPS/PD	z,z,z	1	3	1	P01	
DIVSS DIVPS	xy,xy	1	11-13	3	P01	
VDIVPS	z,z,z	1	11-13	6	P01	
DIVSD DIVPD	xy,xy	1	13	5	P01	
VDIVPD	z,z,z	1	13	9	P01	
RCPSS/PS	xy,xy	1	4	0.5	P01	
VRCP14SS/PS	xy,xy,xy	1	5	0.5	P01	
VRCP14PS	xy,xy,xy	1	5	1	P01	
CMPSS/SD/PS/PD	xy,xy	1	2	0.5	P23	
VCMPSS/PD	k,x,x,i	1	3	0.5	P01	
VCMPSS/PD	k,y,y,i	1	4	0.5	P01	

Zen4

VCMPSS/PS/SD	k,z,z,i	1	5	1	P01	
(U)COMISS/SD	x,x/m	1	4	1	P23	
MAX/MIN SS/SD/PS/PD	xy,xy	1	2	0.5	P23	
MAX/MIN SS/SD/PS/PD	z,z,z	1	2	1	P23	
VRANGE SS/SD/PS/PD	v,v	1	2	0.5-1	P23	
ROUNDSS/SD/PS/PD	xy,xy,i	1	3	0.5	P23	
VRNDSCALESS/PS/SD/PD	v,v	1	3	0.5-1	P23	
VREDUCE SS/PS/SD/PD	v,v	2	6	1-2	P23	
DPPS	x,x,i	8	11	4	P0 P12	SSE4.1
VDPPS	y,y,y,i	7	11	4	P0 P12	
DPPD	x,x,i	3	7	3	P0 P23	SSE4.1
VDPBF16PS	v,v,v	1	6	3	P01	AVX512BF16
VDBPSADBW	v,v,v	2	4	1	P0123	
VFIXUPIMM SS/SD/PS/PD	v,v,v	1	2	1	P01	
VFPCLASS SS/SD	k,x,i	1	3	0.5	P01	
VFPCLASS PS/PD	k,x,i	1	3	0.5	P01	
VFPCLASS PS/PD	k,y,i	1	4	0.5	P01	
VFPCLASS PS/PD	k,z,i	1	5	1	P01	
VFMADD...PS/PD	xy,xy,xy	1	4	0.5	P01	FMA3
VFMADD...PS/PD	z,z,z	1	4	1	P01	
Math						
SQRTSS/PS	xy,xy	1	15	5	P01	
VSQRTPS	z,z	1	15	10	P01	
SQRTSD/PD	xy,xy	1	21	8	P01	
VSQRTPD	z,z	1	21	16	P01	
RSQRTSS/PS	xy,xy	1	4	0.5	P01	
VRSQRTPS	y,y	1	2	0.5	P01	
VRSQRT14PS	x,x	1	5	0.5	P01	
VRSQRT14PS	y,y	1	2	0.5	P01	
VRSQRT14PS	z,z	1	2	1	P01	
VGETEXP SS/SD/PS/PD	v,v	1	3	0.5-1	P23	
VGETMANT						
SS/SD/PS/PD	v,v	1	3	0.5-1	P23	
VSCALEF SS/SD/PS/PD	v,v,v	2	6	1-2	P23	
Logic						
AND(N)/OR/XORPS/PD	xy,xy	1	1	0.25	P0123	
AND(N)/OR/XORPS/PD	z,z,z	1	1	0.5	P0123	
Other						
VZEROUPPER		1		1		
VZEROALL		10		4		32 bit mode
VZEROALL		18		6		64 bit mode
LDMXCSR	m32	6	13	21		
STMXCSR	m32	2	13	15		
FXSAVE	m4096	110		76		32 bit mode
FXSAVE	m4096	118		85		64 bit mode
FXRSTOR	m4096	173		200		32 bit mode
FXRSTOR	m4096	162		200		64 bit mode
XSAVE	m	277		150		32 bit mode
XSAVE	m	339		192		64 bit mode
XSAVEOPT	m	204		123		32 bit mode

Zen4

XSAVEOPT	m	247		140		64 bit mode
XRSTOR	m	416		452		32 bit mode
XRSTOR	m	416		440		64 bit mode
XSAVEC	m	623		600		32 bit mode
XSAVEC	m	247		166		64 bit mode

Mask register instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
KMOVB/W/D	k,k	1	1	0.5	P23	
KMOVQ	k,k	1	1	1	P23	
KMOVB/W/D	k,m	2	6	0.5		
KMOVQ	k,m	2	7	1		
KMOVB/W/D/Q	m,k	1	6	1	P01	
KMOVB/W/D/Q	k,r	2	5	1	P1	
KMOVB/W/D	r,k	1	4	1		
KMOVQ	r,k	1	5	1		
VPBROADCASTMB2Q	v,k	1	2	0.5	P01	
VPBROADCASTMW2D	v,k	1	2	0.5	P01	
KUNPCKBW	k,k,k	1	1	0.5	P23	
KUNPCKWD	k,k,k	1	1	0.5	P23	
KUNPCKDQ	k,k,k	1	1	1	P23	
VPMOVM2 B/W/D/Q	v,k	1	2	0.25	P0123	
VPMOVB/W/D/Q 2M	k,x	1	2	0.5	P01	
VPMOVB/W/D/Q 2M	k,y	1	3	0.5	P01	
VPMOVB2M	k,z	1	3	0.5	P01	
VPMOVW/D/Q 2M	k,z	1	4	0.5	P01	
Arithmetic and logic instructions						
KADDB/W/D	k,k,k	1	1	0.5	P23	
KADDQ	k,k,k	1	1	1	P23	
KSHIFTLB/W/D	k,k,i	1	1	0.5	P23	
KSHIFTLQ	k,k,i	1	1	1	P23	
KANDB/W/D	k,k,k	1	1	0.5	P23	
KANDQ	k,k,k	1	1	1	P23	
KANDNB/W/D	k,k,k	1	1	0.5	P23	
KANDNQ	k,k,k	1	1	1	P23	
KORB/W/D	k,k,k	1	1	0.5	P23	
KORQ	k,k,k	1	1	1	P23	
KXORB/W/D	k,k,k	1	1	0.5	P23	
KXORB/W/D/Q	k,k,k	1	1	1	P23	
KXNORB/W/D	k,k,k	1	1	0.5	P23	
KXNORQ	k,k,k	1	1	1	P23	
KNOTB/W/D	k,k	1	1	0.5	P23	
KNOTQ	k,k	1	1	1	P23	
KTESTB/W/D/Q	k,k	1	6	1	P23	
KORTESTB/W/D/Q	k,k	1	6	1	P23	

AMD Zen 5

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Similar instructions with or without V name prefix and with two or three operands behave the same unless otherwise noted.
Operands:	i = immediate constant, r = any register, r8/16 = 8 or 16 bit register, r32 = 32-bit register, etc. mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, z = 512 bit zmm register, xy = vector register no bigger than 256 bits, v = any vector register, k = mask register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of macro-operations issued from instruction decoder to schedulers.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. The latency listed does not include the memory operand where the listing for register and memory operand are joined (r/m).
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/3 indicates that the execution units can handle 3 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe or unit is used for the macro-operations: P0: Floating point and vector pipe 0 P1: Floating point and vector pipe 1 P2: Floating point and vector pipe 2 P3: Floating point and vector pipe 3 P01: Uses either P0 and P1 Where no unit is specified, it may use one or more integer pipe or address generation units. Two micro-operations can execute simultaneously if they go to different execution pipes

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes, instruction set
Move instructions						
MOV	r8/16,r8/16	1	1	0.2		
MOV	r8h,r8	1	1	0.5		
MOV	r32,r32	1	0	0.17		renaming
MOV	r64,r64	1	0	0.17		renaming
MOV	r8/16,i	1	1	0.2		
MOV	r32/64,i	1	1	0.17		
MOV	r8/16,m	1	1	0.5		
MOV	r32/64,m	1	0-4	0.25		may mirror
MOV	m8/16,r	1		0.5		
MOV	m32/64,r	1	0-4	0.5		may mirror
MOV	m,i	1		0.5		
MOVNTI	m,r	1	~6	1		
MOVZX, MOVSX	r16,r8	1	1	0.5		
MOVZX, MOVSX	r32/64,r	1	1	0.17		
MOVZX, MOVSX	r16,m8	1		0.5		
MOVZX, MOVSX	r32/64,m	1	4	0.25		

Zen5

MOVSXD	r64,r32	1	1	0.17	
MOVSXD	r64,m32	1	5	0.25	
CMOVcc	r,r	1	1	0.25	except cmovle
CMOVLE	r,r	2	1	0.5	
CMOVcc	r,m	1		0.25	
XCHG	r8/16,r8/16	2	1	1	
XCHG	r32/64,r32/64	2	0	0.25	renaming
XCHG	r,m	2	~20	~20	depends on hw
XLAT		2	6	0.5	
PUSH	r	1		0.5	
PUSH	i	1		0.5	
PUSH	m	2		0.5	
PUSHF(D/Q)		9		4	
PUSH	sp	2		0.5	
PUSHA(D)		9		4	
POP	r	1		0.25	
POP	m	2		0.5	
POPF(D/Q)		35		13	
POPA(D)		9		4	
POP	sp	1		2	
LEA	r16,[m]	2-4	1-2	1	
LEA	r32/64,[m]	1	1	0.33	rip relative
LEA	r32/64,[m]	1	1	0.17	1-2 components
LEA	r32/64,[m]	2	2	0.5	3 components
LEA	r,[r64]	1	0	0.17	renaming
LAHF		1	1	1	
SAHF		1	1	0.17	
SALC		1	1	1	
BSWAP	r	1	1	0.25	
MOVBE	r,[m]	1		0.25	movbe
MOVBE	[m],r	2		0.5	movbe
PREFETCHNTA	m	1		0.25	
PREFETCHT0/1/2	m	1		0.25	
PREFETCHW	m	1		0.25	prefetchw
SFENCE		1		0.5	
LFENCE		1		11	
MFENCE		6		~82	
Arithmetic instructions					
ADD, SUB	r,r	1	1	0.18	
ADD, SUB	r,i	1	1	0.25	
ADD, SUB	r,m	1		0.25	
ADD, SUB	m,r	1	0-1	0.5	may mirror
ADC, SBB	r,r	1	1	1	
ADC, SBB	r,i	1	1	1	
ADC, SBB	r,m	1	1	1	
ADC, SBB	m,r	1	1	1	may mirror
ADCX ADOX	r,r	1	1	1	ADX
CMP	r,r	1	1	0.17	
CMP	r,i	1	1	0.17	
CMP	r,m	1		0.25	
CMP	m,i	1		0.25	
INC, DEC, NEG	r	1	1	0.20	

Zen5					
INC, DEC, NEG	m32/64	1	1	1	may mirror
AAA, AAS		10	6		
DAA		16	7		
DAS		20	8		
AAD		4	5		
AAM		4	13	4	
MUL, IMUL	r8/m8	1	3	0.33	
MUL, IMUL	r16/m16	3	3	2	
MUL, IMUL	r32/m32	2	3	0.67	
MUL, IMUL	r64/m64	2	3	0.67	
IMUL	r,r	1	3	0.67	
IMUL	r16,r16,i	2	3	1	
IMUL	r32,r32,i	1	3	0.33	
IMUL	r64,r64,i	1	3	0.33	
MULX	r,r,r	2	4	0.67	
DIV	r8/m8	1	12	4	
DIV	r16/m16	2	12	4	
DIV	r32/m32	2	11-14	6	
DIV	r64/m64	2	11-19	7-13	
IDIV	r8/m8	1	12	4	
IDIV	r16/m16	2	11-12	4	
IDIV	r32/m32	2	11-14	6	
IDIV	r64/m64	2	11-19	7-13	
CBW		1	1	0.33	
CWDE		1	1	0.25	
CDQE		1	1	0.33	
CDQ		1	1	0.33	
CQO		1	1	0.33	
CWD		2	1	1	
Logic instructions					
AND, OR, XOR	r,r	1	1	0.20	may mirror
AND, OR, XOR	r,i	1	1	0.19	
AND, OR, XOR	r,m	1		0.25	
AND, OR, XOR	m,r/i	1	1	0.67	
TEST	r,r	1	1	0.17	
TEST	r,i	1	1	0.17	
TEST	m,r	1		0.25	
TEST	m,i	1		0.25	
NOT	r	1	1	0.19	may mirror BMI1
NOT	m	1	1	0.75	
ANDN	r,r,r	1	1	0.17	
SHL, SHR, SAR	r,i/CL	1	1	0.33	
ROL, ROR	r,i/CL	1	1	0.33	
RCL	r,1	1	1	1	
RCL	r,i	9	4	4	
RCL	r,cl	9	4	4	
RCR	r,1	1	1	1	
RCR	r,i	7	3	3	
RCR	r,cl	7	3	3	
SHLD, SHRD	r,r,i	4	2	1	
SHLD, SHRD	r,r,cl	5	2	1	
SHLD, SHRD	m,r,i/CL	6			

Zen5

SARX	r,r,r	1	1	0.33	BMI2
SHLX	r,r,r	1	1	0.33	BMI2
SHRX	r,r,r	1	1	0.33	BMI2
RORX	r,r,i	1	1	0.33	BMI2
BT	r,r/i	1	1	0.33	
BT	m,i	1		0.33	
BT	m,r	6		3	
BTC, BTR, BTS	r,r/i	2	2	1	
BTC, BTR, BTS	m,i	4		2	
BTC, BTR, BTS	m,r	9		3	
BSF	r,r	1	1	0.33	
BSF	r,m	1		0.33	
BSR	r,r	1	1	0.33	
BSR	r,m	1		0.33	
SETcc	r	1	1	0.5	
SETcc	m	1		0.5	
CLC		1		0.13	
STC		1		0.17	
CMC		1	1	1	
CLD		1		3	
STD		1		4	
POPCNT	r,r	1	1	0.17	SSE4.2
LZCNT	r,r	1	1	0.17	LZCNT
TZCNT	r,r	1	1	0.33	BMI1
BEXTR	r,r,r	1	1	0.33	BMI1
BLSI	r,r	1	1	0.33	BMI1
BLSMSK	r,r	1	1	0.33	BMI1
BLSR	r,r	1	1	0.33	BMI1
PDEP	r,r,r	1	3	0.33	BMI2
PEXT	r,r,r	1	3	0.33	BMI2
BZHI	r,r,r	1	1	0.33	BMI2
Control transfer instructions					
JMP	short/near	1		0.5	more if > 4 jmp per 16 bytes
JMP	r	1		1	
JMP	m	1		1	
Jcc	taken	1		0.5	Higher if mispredicted
Jcc	not taken	1		0.33	
fused CMP+Jcc		1		0.33-0.5	
J(E/R)CXZ	short	1		0.33-0.5	
LOOP	short	1		~0.5	
LOOPE LOOPNE	short	1		~0.5	
CALL	near	2		2	
CALL	r	2		2	
CALL	m	6		3	
RET		1		2	
RET	i	4		2	
BOUND	m	12		4	for no jump
INTO		4		2	for no jump
String instructions					
LODS		3		3	

Zen5

REP LODS	m	6n		2n		
STOS		3		3		
REP STOS		<1n		<1n		for small n
REP STOS		0.25 pr 16B		0.5 per 16B		best case
MOVS		5		3		
REP MOVS		< 1n		< 1n		for small n
REP MOVS		0.8 pr 16B		0.33 per 16B		best case
SCAS		3		3		
REP SCAS		7n		2n		
CMPS		6		3		
REP CMPS		10n		3n		
Synchronization						
LOCK ADD	m,r	1	15-20			
XADD	m,r	4	8			
LOCK XADD	m,r	4	20			
CMPXCHG	m,r8	5	9			
CMPXCHG	m,r16/32/64	6	9			
LOCK CMPXCHG	m,r	5-6	20			
CMPXCHG8B	m64	15	9			
LOCK CMPXCHG8B	m64	15	19			
CMPXCHG16B	m128	26	19			
LOCK CMPXCHG16B	m128	26	19			
Other						
NOP (90)		0-1		0.125		
Long NOP (0F 1F)		0-1		0.125		
PAUSE		8		65		
ENTER	a,0	12		20		
ENTER	a,b	11+3b		21+b		
LEAVE		2		3		
CPUID		30-115		130-180		
XGETBV		52		48		
RDTSC		27		38		
RDTSCP		39		68		rdtscp
RDPMC		26		24		
CRC32	r,r	1	3	1		
RDRAND	r	56		67		
RDSEED	r16/32	22		~42000		
RDSEED	r64	36		~84000		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
FLD	r	1	2	0.5	P12	
FLD	m32/64	1	7	0.5	P23	
FLD	m80	10	13	4		
FBLD	m80	25	35	27		
FST(P)	r	1	2	0.5	P12	
FST(P)	m32/64	2	7	1	P1	
FSTP	m80	16	7	5		

Zen5

FBSTP	m80	278	169	175	
FXCH	r	1	0	0.5	P0123
FILD	m	1	10	1	P1
FIST(T)(P)	m	2	7	1	P1
FLDZ, FLD1		1		1	P1
FCMOVcc	st0,r	7	3	3	
FFREE	r	1		0.5	
FINCSTP, FDECSTP		1	0	0.5	
FNSTSW	AX	3		18	
FNSTSW	m16	2		14	
FLDCW	m16	1		2	P1
FNSTCW	m16	2		2	P1
Arithmetic instructions					
FADD(P),FSUB(R)(P)	r/m	1	6	2	P2
FIADD,FISUB(R)	m	2	6	1	P1 P2
FMUL(P)	r/m	1	6	2	P2
FIMUL	m	2	6	1	
FDIV(R)(P)	r	1	15	5	P1
FDIV(R)	m	1		5	
FIDIV(R)	m	2		5	
FABS, FCHS		1	2	0.5	P12
FCOM(P), FUCOM(P)	r/m	1		1	P1
FCOMPP, FUCOMPP		1		1	
FCOMI(P)	r	2	10	1	P1
FICOM(P)	m	2		2	P1
FTST		1		1	P1
FXAM		1		0.5	P12
FRNDINT		1	4	1	P1
FPREM FPREM1		2	23-67	14-50	
Math					
FSQRT		1	22	8	
FLDPI, etc.		1		1	P1
FSIN		11-60	60-200		P12
FCOS		15-60	60-150		P12
FSINCOS		11-90	80-150		P12
FPTAN		53	60-120		
FPATAN		11-90	60-180		
FSCALE		8	10	4	
FXTRACT		13	8	5	
F2XM1		10-18	60-70		
FYL2X		10-60	50-60		
FYL2XP1		69	~160		
Other					
FNOP		1		0.5	
(F)WAIT		1		0.5	
FNCLEX		20		58	
FNINIT		34		105	
FNSAVE	m864	100		164	32 bit mode
FNSAVE	m864	100		185	64 bit mode
FRSTOR	m864	78		150	

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVD/Q	r32/64, mm	1	4	0.5		
MOVD/Q	mm, r32/64	2	5	1	P0123	
MOVD/Q	r32/64, x	1	4	0.5		
MOVD/Q	x, r32/64	2	5	1	P0123	
MOVD	mm/x,m32	1	5	0.5		
MOVD	m32,mm/x	1	4	0.5		
MOVQ	mm/x,mm/x	1	1	0.25	P0123	
MOVQ	mm/x,m64	1	5	0.5		
MOVQ	m64,mm/x	1	4	0.5		
MOVDQA/U	v,v	1	0	0.17	none	renaming
MOVDQA/U	x,m128	1	5	0.5		
MOVDQA/U	m128,x	1	4	0.5		
VMOVDQA/U	y,m256	1	5	0.5		
VMOVDQA/U	m256,y	1	4	0.5		
VMOVDQA32	z,m512	1	5	0.5		
VMOVDQA32	m512,z	2	6	1		
LDDQU	x,m	1	5	0.5		
MOVDQ2Q	mm,x	1	2	0.25	P0123	
MOVQ2DQ	x,mm	2	4	0.5	P0123	
MOVNTQ	m,mm	1		1		
MOVNTDQ	m,x	1	4	1		
MOVNTDQA	m,y	1	4	1		
MOVNTDQA	xy,m	1	5	0.5		
MOVNTDQA	z,m	1	6	0.5		
PACKSS/USWB/DW	v,v	1	2	0.5	P12	
PUNPCKH/LBW/WD/DQ	v,v	1	2	0.25	P0123	
PUNPCKL/HQDQ	xy,r	1	2	0.25	P0123	
PSHUFB	v,v	1	2	0.5	P12	
PSHUFD	v,v,i	1	2	0.25	P0123	
PSHUFW	mm,mm,i	1	2	0.25	P0123	
PSHUFL/HW	v,v,i	1	2	0.25	P0123	
VSHUFI32X4	z,z,z,i	1	5	0.5	P12	
VSHUFI64X2	z,z,z,i	1	5	0.5	P12	
VPSHUFBITQMB	k,x,x	1	3	0.5	P12	avx512bitalg
VPSHUFBITQMB	k,y,y	1	4	0.5	P12	avx512bitalg
VPSHUFBITQMB	k,z,z	1	6	0.5	P12	avx512bitalg
PALIGNR	v,v,i	1	2	0.5	P12	
VALIGND/Q	x,x,x,i	1	2	0.5	P12	
VALIGND/Q	y,y,y,i	1	4	0.5	P12	
VALIGND/Q	z,z,z,i	1	5	0.5	P12	
PBLENDVB	x,x,xmm0	1	2	1	P12	
VPBLENDVB	xy,xy,xy,xy	1	2	0.5	P12	
PBLENDW	xy,xy,i	1	2	0.25	P0123	
VPBLEND	xy,xy,xy,i	1	2	0.25	P0123	
VPBLENDM B/W/D/Q	v{k},v,v	1	2	0.25	P0123	

Zen5

VPERMW	z,z,z	1	5	0.5	P12	
VPERMD	xy,xy,xy	1	4	0.5	P12	
VPERMD	z,z,z	1	5	0.5	P12	
VPERMQ	v,v,i	1	4	0.5	P12	
VPERMQ	z,z,z	1	5	0.5	P12	
VPERM2I128	y,y,y,i	1	3	0.5	P12	
VPERMI2 B/W/D/Q	x,x,x	1	3	0.5	P12	
VPERMI2 B/W/D/Q	y,y,y	1	4	0.5	P12	
VPERMI2 B/W/D/Q	z,z,z	1	5	0.5	P12	
VPERMT2 B/W/D/Q	x,x,x	1	3	0.5	P12	
VPERMT2 B/W/D/Q	y,y,y	1	4	0.5	P12	
VPERMT2 B/W/D/Q	z,z,z	1	5	0.5	P12	
VEEXTRACTI128	x,y,i	1	3	0.5	P12	
VEEXTRACTI128	m,y,i	2	7	0.5	P12	
VINSERTI128	y,x,i	1	2	0.5	P12	
VINSERTI128	y,m,i	2	7	1	P12	
MASKMOVQ	mm,mm	32	~50	9		
MASKMOVDQU	x,x	59	~40	17		
VPMASKMOVD	v,v,m	1	7	0.5	P01	
VPMASKMOVD	m,v,v	18	10	10	P12	
VPMASKMOVQ	v,v,m	1	7	0.5	P01	
VPMASKMOVQ	m,v,v	2	10	0.5	P12	
PMOVMSKB	r32,mm	2	4	0.5		
PMOVMSKB	r32,x	1	4	0.5		
VPMOVMSKB	r32,y	1	4	0.5		
PEXTRB/W/D/Q	r,x/mm,i	2	6	0.5	P0123	
VEEXTRACTI128	x,y,i	1	3	0.5	P12	
PINSRB/W/D/Q	x/mm,r,i	2	5	1	P0123	
VINSERTI128	y,y,x,i	1	2	0.5	P12	
VINSERTI32X4	z,z,x,i	1	2	0.5	P12	
VINSERTI64X4	z,z,y,i	1	2	0.5	P12	
EXTRQ	x,i,i	2	3	0.5	P12	AMD SSE4A
EXTRQ	x,x	1	3	0.5	P12	AMD SSE4A
INSERTQ	x,x,i,i	2		0.5	P0123	AMD SSE4A
INSERTQ	x,x	2		0.5	P0123	AMD SSE4A
PMOVSBW/BD/BQ/ WD/WQ/DQ	xy,xy	1	2	0.5	P12	
PMOVZXBW/BD/BQ/ WD/WQ/DQ	xy,xy	1	2	0.5	P12	
VPBROADCAST B/W/D/Q	x,x	1	2	0.5	P12	AVX2
VPBROADCAST B/W/D/Q	x,m	1		0.5		AVX2
VPBROADCAST B/W/D/Q	y,x	1	2	0.5	P12	AVX2
VPBROADCAST B/W/D/Q	y,m	1		0.5		AVX2
VBROADCASTI128	y,m128	1	5	0.5		AVX2
VPCOMPRESSB/W/D/Q	x{k},x	2	2			AVX512VBMI2
VPCOMPRESSB/W/D/Q	y{k},y	2	4			AVX512VBMI2
VPCOMPRESSB/W/D/Q	z{k},z	2	5			AVX512VBMI2
VEXPANDB/W/D/Q	x{k},x	2	2			AVX512VBMI2
VEXPANDB/W/D/Q	y{k},y	2	4			AVX512VBMI2
VEXPANDB/W/D/Q	z{k},z	2	5			AVX512VBMI2

Zen5

VPGATHERDD	x,[r+s*x],x	20		4	P0123	AVX2
VPGATHERDD	y,[r+s*y],y	32		7		
VPGATHERDQ	x,[r+s*x],x	14		3		
VPGATHERDQ	y,[r+s*x],y	20		5		
VPGATHERQD	x,[r+s*x],x	16		3		
VPGATHERQD	x,[r+s*y],x	20		4		
VPGATHERQQ	x,[r+s*x],x	14		3		
VPGATHERQQ	y,[r+s*y],y	20		4		
VPGATHERDD	x{k},[r+s*x]	19		4		AVX512VL
VPGATHERDD	y{k},[r+s*y]	32		6		
VPGATHERDD	z{k},[r+s*z]	64		13		
VPGATHERDQ	x{k},[r+s*x]	14		3		
VPGATHERDQ	y{k},[r+s*x]	19		4		
VPGATHERDQ	z{k},[r+s*y]	38		8		
VPGATHERQD	x{k},[r+s*x]	14		3		
VPGATHERQD	x{k},[r+s*y]	19		4		
VPGATHERQD	y{k},[r+s*z]	35		7		
VPGATHERQQ	x{k},[r+s*x]	13		3		
VPGATHERQQ	y{k},[r+s*y]	19		4		
VPGATHERQQ	z{k},[r+s*z]	40		8		
VPSCATTERDD	[r+s*x]{k},x	27		6		
VPSCATTERDD	[r+s*y]{k},y	48		9		
VPSCATTERDD	[r+s*z]{k},z	88		17		
VPSCATTERDQ	[r+s*x]{k},x	16		3		
VPSCATTERDQ	[r+s*x]{k},y	28		5		
VPSCATTERDQ	[r+s*y]{k},z	48		9		
VPSCATTERQD	[r+s*x]{k},x	16		3		
VPSCATTERQD	[r+s*y]{k},x	27		5		
VPSCATTERQD	[r+s*z]{k},y	48		9		
VPSCATTERQQ	[r+s*x]{k},x	16		3		
VPSCATTERQQ	[r+s*y]{k},y	27		5		
VPSCATTERQQ	[r+s*z]{k},z	48		9		
Arithmetic instructions						
PADD/SUBB/W/D/Q	v,v	1	2	0.25	P0123	
PADD/SUBB/W/D/Q	v,m	1		0.5		
PADD/SUB(U)SB/W	xy,xy	1	2	0.5	P03	
PHADD/SUB(S)W/D	mm,mm	3	2	2		
PHADD/SUB(S)W/D	x,x	4	2	2		
VPHADD/SUB(S)W/D	y,y,y	3	4	2		
PCMPEQ/GT B/W/D	v,v	1	2	0.25	P0123	
PCMPEQ/GT Q	v,v	1	2	0.5	P03	
VPCMPEQ/GT B/W/D/Q	k,x,x	1	3	0.5	P12	
VPCMPEQ/GT B/W/D/Q	k,y,y	1	4	0.5	P12	
VPCMPEQ/GT B/W/D/Q	k,z,z	1	6	0.5	P12	
PMULLW PMULHW						
PMULHUW PMULLD						
PMULDQ PMULUDQ	v,v,v	1	3	0.5	P01	
PMULHSW	v,v,v	1	3	0.5	P01	
PMADDWD/UBSW	v,v,v	1	3	0.5	P01	
PAVGB/W	v,v,v	1	2	0.25	P0123	
PMIN/MAX SB/SW/ SD						
UB/UW/UD	v,v,v	1	2	0.25	P0123	

Zen5

VPMIN/MAX SQ/UQ	v,v,v	1	2	0.5	P03	
PHMINPOSUW	x,x	1	2	0.5	P12	
PABSB/W/D	v,v,v	1	2	0.5	P03	
PSIGNB/W/D	xy,xy	1	2	0.5	P03	
PSADBW	v,v,v	1	3	0.5	P01	
MPSADBW	xy,xy,i	3	5	2	P012	
VPOPCNTB/W	xy,xy	1	2	0.5	P01	avx512bitalg
VPOPCNTD/Q	xy,xy	1	2	0.5	P01	avx512vpopcntdq
VPOPCNTB/W/D/Q	z,z	1	2	0.5	P01	
VPMADD52H/L UQ	v,v,v	1	4	0.5	P01	avx512ifma
VPDPBUSD(S)	v,v,v	1	4	0.5	P01	avx512vnni
VPDPWSSD(S)	v,v,v	1	4	0.5	P01	avx512vnni
VPMADD52HUQ	v,v,v	1	4	0.5	P01	avx512ifma
VPMADD52LUQ	v,v,v	1	4	0.5	P01	avx512ifma
Logic						
PAND PANDN POR						
PXOR	v,v,v	1	2	0.25	P0123	
PTEST	xy,xy	2		0.5	P12	
VPTESTMB/W/D/Q	k,x,x	1	4	0.5	P01	
VPTESTMB/W/D/Q	k,y,y	1	4	0.5	P01	
VPTESTMB/W/D/Q	k,z,z	1	6	0.5	P12	
PSLL/RL W/D/Q						
PSRAW/D	v,v,v	1	2	0.5	P01	
VPSLL/RL W/D/Q VP-						
SRAW/D	v,v,i	1	2	0.5	P23	
PSLLDQ, PSRLDQ	v,v,i	1	2	0.5	P12	
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	v,v,v	1	2	0.5	P23	AVX2
VPSHL/R DW/D/Q	v,v,v,i	1	2	0.5	P01	avx512vbmi2
VPSHLDVW/D/Q	v,v,v,i	1	2	0.5	P01	avx512vbmi2
VPMULTISHIFTQB	v,v,v	1	3	0.5	P01	avx512vbmi
VPROL/R D/Q	v,v,i	1	2	0.5	P01	
VPROL/R V D/Q	v,v,v	1	2	0.5	P01	
VPLZCNT D/Q	v,v	1	2	0.5	P03	
VPTERNLOG D/Q	v,v,v	1	3	1	P0123	
String instructions						
PCMPESTRI	x,x,i	8	9	3		SSE4.2
PCMPESTRI	x,m,i	12		4		SSE4.2
PCMPESTRM	x,x,i	7	7	3		SSE4.2
PCMPESTRM	x,m,i	12		4		SSE4.2
PCMPISTRI	x,x,i	6	9	2		SSE4.2
PCMPISTRI	x,m,i	4		3		SSE4.2
PCMPISTRM	x,x,i	3	7	2		SSE4.2
PCMPISTRM	x,m,i	4		1		SSE4.2
Encryption						
PCLMULQDQ	v,v,v,i	4	5	2	P0123	pclmul
VAESENC	v,v,v	1	4	0.5	P01	aes
VAESENCLAST	v,v,v	1	4	0.5	P01	aes
VAESIMC	v,v,v	1	4	0.5	P01	aes
AESKEYGENASSIST	x,x,i	1	4	0.5	P01	aes

Zen5

SHA1RND4	x,x,i	1	6	2	P12	sha
SHA1NEXTE	x,x	1	2	0.5	P03	sha
SHA1MSG1	x,x	2	4	0.5	P0123	sha
SHA1MSG2	x,x	1	2	0.5	P12	sha
SHA256RND4	x,x	1	4	2	P12	sha
SHA256MSG1	x,x	2	4	0.5	P0123	sha
SHA256MSG2	x,x	4	6	2	P0123	sha
GF2P8AFFINEINVQB	v,v,v	1	3	0.5	P12	gfni
VG2P8AFFINEQB	v,v,v	1	3	0.5	P12	gfni
VG2P8MULB	v,v,v	1	3	0.5	P12	gfni
Other						
EMMS		1		0.5		
VG2P8AFFINEINVQB	v,v,v,i	1	3	0.5-1	P12	avx512gfni
VG2P8AFFINEQB	v,v,v,i	1	3	0.5-1	P12	avx512gfni
VG2P8MULB	v,v,v	1	3	0.5-1	P12	avx512gfni
VPCONFLICTD/Q	x,x	1	2	0.5	P12	avx512cd
VPCONFLICTD/Q	y,y	2	7	1	P12	avx512cd
VPCONFLICTD/Q	z,z	2	7	1	P12	avx512cd

Floating point XMM and YMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
MOVAPS/D	v,v	1	0	0.17	none	renaming
MOVUPS/D	v,v	1	0	0.17	none	renaming
MOVAPS/D MOVUPS/D	x,m128	1	5	0.5		
MOVAPS/D MOVUPS/D	m128,x	1	4	0.5		
VMOVAPS/D VMOVUPS/D	y,m256	1	5	0.5		
VMOVAPS/D VMOVUPS/D	m256,y	1	4	0.5		
VMOVAPS/D VMOVUPS/D	z,m512	1	5	0.5		
VMOVAPS/D VMOVUPS/D	m512,z	2	6	1		
MOVSS/D	x,x	1	2	0.25	P0123	
MOVSS/D	x,m32/64	1	5	0.5		
MOVSS/D	m32/64,x	1	4	0.5		
MOVHPS/D	x,m64	1	6	0.5	P123	
MOVHPS/D	m64,x	2	7	0.5		
MOVLPS/D	x,m64	1	5	0.5	P0123	
MOVLPS/D	m64,x	1	6	0.5		
MOVLHPS MOVHLPS	x,x	1	2	0.25	P0123	
MOVMSKPS/D	r32,xy	1	4	0.5		
MOVNTPS/D	m,xy	1	5?	0.5		
MOVNTPS/D	m,z	2	~200	1		
SHUFPS/D	v,v,i	1	2	0.25	P0123	
VSHUFF32X4	z,z,z,i	1	5	0.5	P12	
VPERMILPS/PD	v,v,v	1	2	0.5	P12	
VPERMILPS/PD	v,v,i	1	2	0.25	P0123	
VPERM2F128	y,y,y/m,i	1	3	0.5	P12	
VPERMPS/PD	y,y,y	1	4	0.5	P12	
VPERMPS/PD	z,z,z	1	5	0.5	P12	

Zen5

VPERMI/T 2PS/PD	x,x,x	1	3	0.5	P12
VPERMI/T 2PS/PD	y,y,y	1	4	0.5	P12
VPERMI/T 2PS/PD	z,z,z	1	5	0.5	P12
BLENDPS/PD	xy,xy,i	1	2	0.25	P0123
BLENDVPS/PD	x,x/m,xmm0	1	2	1	P01
VBLENDVPS/PD	y,y,y,y	1	2	0.5	P01
VBLENDMPS	v{k},v,v	1	2	0.25	P0123
MOVDDUP	v,v	1	2	0.25	P0123
MOVDDUP	x,m64	1	11	0.5	
VMOVDDUP	y,m256	1		0.5	
VBROADCASTSS/D	v,v	1	2	0.25	P0123
VBROADCASTSS/D	v,m	1	5	0.5	
VBROADCASTF128	y,m128	1	5	0.5	P12
VBROADCASTF32X4/64x2	z,m	1	7	0.5	P12
MOVSH/LDUP	v,v	1	2	0.25	P0123
UNPCKH/LPS/D	v,v	1	2	0.25	P0123
EXTRACTPS	r32,x,i	2	6	0.5	P0123
EXTRACTPS	m32,x,i	2	6	0.5	
VEEXTRACTF128	x,y,i	1	3	0.5	P12
VEEXTRACTF128	m128,y,i	2	7	0.5	P12
VEEXTRACTF32X4/64x2	x,z,i	1	5	0.5	P12
VEEXTRACTF32X4/64x2	m128,z,i	2	9	0.5	P12
VEEXTRACTF32X8	y,z	1	4	0.5	P12
VEEXTRACTF32X8	m256,z,i	2	8	0.5	P12
INSERTPS/PD	x,x,i	1	2	0.25	P0123
INSERTPS/PD	x,m32,i	1	7	1	
VINSERTF128	y,y,x,i	1	2	0.5	P12
VINSERTF128	y,y,m128,i	1	7	0.5	P12
VINSERTF32x4	z,z,x,i	1	2	0.5	P12
VINSERTF32x4	z,z,m128,i	1	7	0.5	P12
VINSERTF64x4	z,z,y,i	1	2	0.5	P12
VINSERTF64x4	z,z,m256,i	1	7	0.5	P12
VMASKMOVPS/D	xy,xy,m	1	7	0.5	P01
VMASKMOVPS/D	m128,x,x	2	10	0.5	
VMASKMOVPS/D	m256,y,y	2	10	0.5	
VCOMPRESSPS/PD	x{k},x	2	2		
VCOMPRESSPS/PD	y{k},y	2	4		
VCOMPRESSPS/PD	z{k},z	2	5		
VEXPANDPS/PD	x{k},x	2	2		
VEXPANDPS/PD	y{k},y	2	4		
VEXPANDPS/PD	z{k},z	2	5		
VGATHERDPS	x,[r+s*x],x	20		4	P0123
VGATHERDPS	y,[r+s*y],y	31		7	
VGATHERDPD	x,[r+s*x],x	14		3	
VGATHERDPD	y,[r+s*x],y	20		6	
VGATHERQPS	x,[r+s*x],x	16		3	
VGATHERQPS	x,[r+s*y],x	20		4	
VGATHERQPD	x,[r+s*x],x	14		3	
VGATHERQPD	y,[r+s*y],y	20		4	
VGATHERDPS	x{k},[r+s*x]	19		4	
VGATHERDPS	y{k},[r+s*y]	32		6	
VGATHERDPS	z{k},[r+s*z]	64		13	
VGATHERDPD	x{k},[r+s*x]	14		3	

Zen5

VGATHERDPD	$y\{k\}, [r+s*x]$	19		4	
VGATHERDPD	$z\{k\}, [r+s*y]$	38		8	
VGATHERQPS	$x\{k\}, [r+s*x]$	14		3	
VGATHERQPS	$x\{k\}, [r+s*y]$	19		4	
VGATHERQPS	$y\{k\}, [r+s*z]$	35		7	
VGATHERQPD	$x\{k\}, [r+s*x]$	13		3	
VGATHERQPD	$y\{k\}, [r+s*y]$	19		4	
VGATHERQPD	$z\{k\}, [r+s*z]$	40		8	
VSCATTERDPS	$[r+s*x]\{k\}, x$	27		6	
VSCATTERDPS	$[r+s*y]\{k\}, y$	48		9	
VSCATTERDPS	$[r+s*z]\{k\}, z$	88		17	
VSCATTERDPD	$[r+s*x]\{k\}, x$	16		3	
VSCATTERDPD	$[r+s*x]\{k\}, y$	28		5	
VSCATTERDPD	$[r+s*y]\{k\}, z$	48		9	
VSCATTERDPD	$[r+s*x]\{k\}, x$	16		3	
VSCATTERDPD	$[r+s*y]\{k\}, x$	27		5	
VSCATTERDPD	$[r+s*z]\{k\}, y$	48		9	
VSCATTERQPD	$[r+s*x]\{k\}, x$	16		3	
VSCATTERQPD	$[r+s*y]\{k\}, y$	27		5	
VSCATTERQPD	$[r+s*z]\{k\}, z$	48		9	
Conversion					
CVTPD2PS	x, x	1	3	0.5	P23
VCVTPD2PS	x, y	2	6	1	P123
VCVTPD2PS	y, z	2	7	1	P123
CVTPS2PD	x, x	1	3	0.5	P23
VCVTPS2PD	y, x	2	5	1	P123
VCVTPS2PD	z, y	2	6	1	P123
CVTSD2SS	x, x	1	3	0.5	P23
CVTSS2SD	x, x	1	2	0.5	P23
CVTDQ2PS	v, v	1	3	0.5	P23
CVT(T)PS2DQ	v, v	1	3	0.5	P23
CVTDQ2PD	x, x	1	3	0.5	P23
CVTPD2DQ	x, x	1	3	0.5	P23
VCVTDQ2PD	y, x	2	5	1	P123
VCVT(T)PD2DQ	x, y	2	6	1	P123
VCVTDQ2PD	z, y	2	6	1	P123
VCVT(T)PD2DQ	y, z	2	7	1	P123
VCVTPD2QQ	v, v	1	3	0.5	P23
VCVTQQ2PD	v, v	1	3	0.5	P23
VCVT(T)PD2UDQ	x, x	1	3	0.5	P23
VCVT(T)PD2UDQ	x, y	2	6	1	P123
VCVT(T)PD2UDQ	y, z	2	7	1	P123
VCVTUDQ2PD	x, x	1	3	0.5	P23
VCVTUDQ2PD	y, x	2	5	1	P123
VCVTUDQ2PD	z, y	2	3	1	P123
VCVT(T)PD2UQQ	v, v	1	3	0.5	P23
VCVTUQQ2PD	v, v	1	3	0.5	P23
VCVT(T)PS2QQ	x, x	1	3	0.5	P23
VCVT(T)PS2QQ	y, x	2	5	1	P123
VCVT(T)PS2QQ	z, y	2	6	1	P123
VCVTQQ2PS	x, x	1	3	0.5	P23
VCVTQQ2PS	x, y	2	6	1	P123

Zen5

VCVTQQ2PS	y,z	2	7	1.33	P123	
VCVT(T)PS2UDQ	v,v	1	3	0.5	P23	
VCVTUDQ2PS	v,v	1	3	0.5	P23	
VCVT(T)PS2UQQ	x,x	1	3	0.5	P23	
VCVT(T)PS2UQQ	y,x	2	5	1	P123	
VCVT(T)PS2UQQ	z,y	2	6	1	P123	
VCVTUQQ2PS	x,x	1	3	0.5	P23	
VCVTUQQ2PS	x,y	2	6	1	P123	
VCVTUQQ2PS	y,z	2	7	1	P123	
CVTPI2PS	x,mm	2	4	0.5	P0123	
CVT(T)PS2PI	mm,x	1	4	0.5	P23	
CVTPI2PD	x,mm	2	4	2	P0123	
CVT(T)PD2PI	mm,x	1	4	0.5	P23	
CVTSI2SS	x,r32	2	7	1	P23	
CVT(T)SS2SI	r32,x	2	6	0.5	P23	
CVTSI2SD	x,r32/64	2	7	1	P23	
CVT(T)SD2SI	r32/64,x	2	6	0.5	P23	
CVT(T)SS2USI	r32/64,x	2	6	0.5	P23	
CVTUSI2SS	x,r32/64	2	7	1	P23	
CVT(T)SD2USI	r32/64,x	2	6	0.5	P23	
CVTUSI2SD	x,r32/64	2	7	1	P23	
VCVTPS2PH	x,x,i	1	3	0.5	P23	
VCVTPS2PH	x,y,i	2	6	1	P123	
VCVTPS2PH	y,z,i	2	7	1	P123	
VCVTPH2PS	x,x	1	3	0.5	P23	
VCVTPH2PS	y,x	2	5	1	P123	
VCVTPH2PS	z,y	2	6	1	P123	
VCVTNE2PS2BF16	x,x,x	1	3	0.5	P23	avx512bf16
VCVTNE2PS2BF16	y,y,y	2	6	1	P123	avx512bf16
VCVTNE2PS2BF16	z,z,z	2	7	1	P123	avx512bf16
Arithmetic						
ADDSS/D SUBSS/D	v,v,v	1	2	0.5	P23	
ADDSS/D SUBSS/D	v,v,v	1	2	0.5	P23	
HADD/SUBPS/D	x,x	4	5	2	P123	
VHADD/SUBPS/D	y,y,y	3	5	2	P123	
(V)MULPS/PD	v,v,v	1	3	0.5	P01	
(V)DIVSS DIVPS	v,v,v	1	10-11	3	P1	
(V)DIVSD DIVPD	v,v,v	1	13	4	P1	
RCPSS/PS	xy,xy	1	4	0.5	P12	
VRCP14SS/PS	v,v,v	1	5	0.5	P12	
CMP..SS/SD/PS/PD	xy,xy	1	2	0.5	P23	
VCMPPS/PD	k,x,x,i	1	3	0.5	P12	
VCMPPS/PD	k,y,y,i	1	4	0.5	P12	
VCMPPS/PD	k,z,z,i	1	6	0.5	P12	
(U)COMISS/SD	x,x/m	1	6	0.5	P23	
MAX/MIN SS/SD/PS/PD	v,v,v	1	2	0.5	P23	
VRANGE SS/SD/PS/PD	v,v	1	2	0.5	P23	
ROUNDSS/SD/PS/PD	xy,xy,i	1	3	0.5	P23	
VRNDSCALE SS/..	v,v,i	1	3	0.5	P23	
VREDUCE SS/..	v,v	2	6	1	P23	
DPPS	x,x,i	8	13	4	P0123	SSE4.1
VDPPS	y,y,y,i	7	13	4	P0123	

Zen5

DPPD	x,x,i	3	8	3	P0123	SSE4.1
VDPBF16PS	v,v,v	1	6	3	P01	AVX512BF16
VDBPSADBW	v,v,v	2	5	0.5	P0123	
VFIXUPIMM SS/..	v,v,v	1	2	1	P01	
VFPCLASS SS/SD	k,x,i	1	3	0.5	P12	
VFPCLASS PS/PD	k,x,i	1	3	0.5	P12	
VFPCLASS PS/PD	k,y,i	1	4	0.5	P12	
VFPCLASS PS/PD	k,z,i	1	6	0.5	P12	
VFMADD...PS/PD	v,v,v	1	4	0.5	P01	FMA3
Math						
SQRTSS/PS	v,v	1	14	4-5	P1	
SQRTSD/PD	v,v	1	20	7-8	P1	
RSQRTSS/PS	x,x	1	4	0.5	P12	
VRSQRTPS	y,y	1	2	0.5	P12	
VRSQRT14PS	x,x	1	5	0.5	P12	
VRSQRT14PS	yz,yz	1	2	0.5	P12	
VGETEXP SS/..	v,v	1	3	0.5	P23	
VGETMANT SS/..	v,v	1	3	0.5	P23	
VSCALEF SS/..	v,v,v	2	6	1	P23	
Logic						
AND(N)/OR/XORPS/PD	z,z,z	1	2	0.25	P0123	
Other						
VZEROUPPER		1		1		
VZEROALL		10		4		32 bit mode
VZEROALL		18		6		64 bit mode
LDMXCSR	m32	1		16	P1	
STMXCSR	m32	2		14	P1	
FXSAVE	m4096	103		74		32 bit mode
FXSAVE	m4096	111		78		64 bit mode
FXRSTOR	m4096	168		206		32 bit mode
FXRSTOR	m4096	157		202		64 bit mode
XSAVE	m	256		150		32 bit mode
XSAVE	m	318		170		64 bit mode
XSAVEOPT	m	183		123		32 bit mode
XSAVEOPT	m	226		138		64 bit mode
XRSTOR	m	394		445		32 bit mode
XRSTOR	m	395		415		64 bit mode
XSAVEC	m	582		584		32 bit mode
XSAVEC	m	228		146		64 bit mode

Mask register instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipes	Notes
Move instructions						
KMOVB/W/D/Q	k,k	1	1	0.5	P03	
KMOVB/W/D/Q	k,m	2	6	0.5	P12	
KMOVB/W/D/Q	m,k	1	5	1		
KMOVB/W/D/Q	k,r	2	5	1	P12	
KMOVB/W/D/Q	r,k	1	4	1		

Zen5

VPBROADCASTMB2Q	v,k	1	2	0.5	P12	
VPBROADCASTMW2D	v,k	1	2	0.5	P12	
KUNPCKBW	k,k,k	1	1	0.5	P03	
KUNPCKWD	k,k,k	1	1	0.5	P03	
KUNPCKDQ	k,k,k	1	1	0.5	P03	
VPMOVM2 B/W/D/Q	v,k	1	2	0.25	P0123	
VPMOVB/W/D/Q 2M	k,x	1	3	0.5	P12	
VPMOVB/W/D/Q 2M	k,y	1	4	0.5	P12	
VPMOVB/W/D/Q 2M	k,z	1	6	0.5	P12	
Arithmetic and logic instructions						
KADDB/W/D/Q	k,k,k	1	1	0.5	P03	
KSHIFTLB/W/D/Q	k,k,i	1	1	0.5	P03	
KANDB/W/D/Q	k,k,k	1	1	0.5	P03	
KANDNB/W/D/Q	k,k,k	1	1	0.5	P03	
KORB/W/D/Q	k,k,k	1	1	0.5	P03	
KXORB/W/D/Q	k,k,k	1	1	0.5	P03	
KXNORB/W/D/Q	k,k,k	1	1	0.5	P03	
KNOTB/W/D/Q	k,k	1	1	0.5	P03	
KTESTB/W/D/Q	k,k	2	7	0.5	P03	
KORTESTB/W/D/Q	k,k	2	7	0.5	P03	

AMD Bobcat

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, xmm = 128 bit xmm register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of micro-operations issued from instruction decoder to schedulers. Instructions with more than 2 micro-operations are micro-coded.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity, and exceptions increase the delays. The latencies listed do not include memory operands where the operand is listed as register or memory (r/m). The clock frequency varies dynamically, which makes it difficult to measure latencies. The values listed are measured after the execution of millions of similar instructions, assuming that this will make the processor boost the clock frequency to the highest possible value.
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/2 indicates that the execution units can handle 2 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe is used for the micro-operations. I0 means integer pipe 0. I0/1 means integer pipe 0 or 1. FP0 means floating point pipe 0 (ADD). FP1 means floating point pipe 1 (MUL). FP0/1 means either one of the two floating point pipes. Two micro-operations can execute simultaneously if they go to different execution pipes.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes
Move instructions						
MOV	r,r	1	1	0.5	I0/1	
MOV	r,i	1		0.5	I0/1	
MOV	r,m	1	4	1	AGU	Any addr. mode
MOV	m,r	1	4	1	AGU	Any addr. mode
MOV	m8,r8H	1	7	1	AGU	AH, BH, CH, DH
MOV	m,i	1		1	AGU	
MOVNTI	m,r	1	6	1	AGU	
MOVZX, MOVZX	r,r	1	1	0.5	I0/1	
MOVZX, MOVZX	r,m	1	5	1		
MOVSXD	r64,r32	1	1	0.5		
MOVSXD	r64,m32	1	5	1		
CMOVcc	r,r	1	1	0.5	I0/1	
CMOVcc	r,m	1		1		
XCHG	r,r	2	1	1	I0/1	
XCHG	r,m	3	20			Timing dep. on hw
XLAT		2	5			
PUSH	r	1		1		

Bobcat

PUSH	i	1		1		
PUSH	m	3		2		
PUSHF(D/Q)		9		6		
PUSHA(D)		9		9		
POP	r	1		1		
POP	m	4		4		
POPF(D/Q)		29		22		
POPA(D)		9		8		
LEA	r16,[m]	2	3	2	I0	Any address size
LEA	r32/64,[m]	1	1	0.5	I0/1	no scale, no offset
LEA	r32/64,[m]	1	2-4	1	I0	w. scale or offset
LEA	r64,[m]	1		0.5	I0/1	RIP relative
LAHF		4	4	2		
SAHF		1	1	0.5	I0/1	
SALC		1	1			
BSWAP	r	1	1	0.5	I0/1	
PREFETCHNTA	m	1		1	AGU	
PREFETCHT0/1/2	m	1		1	AGU	
PREFETCH	m	1		1	AGU	AMD only
SFENCE		4		~45	AGU	
LFENCE		1		1	AGU	
MFENCE		4		~45	AGU	
Arithmetic instructions						
ADD, SUB	r,r/i	1	1	0.5	I0/1	
ADD, SUB	r,m	1		1		
ADD, SUB	m,r	1		1		
ADC, SBB	r,r/i	1	1	1	I0/1	
ADC, SBB	r,m	1		1		
ADC, SBB	m,r/i	1	6-7			
CMP	r,r/i	1	1	0.5	I0/1	
CMP	r,m	1		1		
INC, DEC, NEG	r	1	1	0.5	I0/1	
INC, DEC, NEG	m	1	6			
AAA		9	5			
AAS		9	10			
DAA		12	7			
DAS		16	8			
AAD		4	5			
AAM		33	23	23		
MUL, IMUL	r8/m8	1	3	1	I0	
MUL, IMUL	r16/m16	3	3-5		I0	latency ax=3, dx=5
MUL, IMUL	r32/m32	2	3-4	2	I0	latency eax=3, edx=4
MUL, IMUL	r64/m64	2	6-7		I0	latency rax=6, rdx=7
IMUL	r16,r16/m16	1	3	1	I0	
IMUL	r32,r32/m32	1	3	1	I0	
IMUL	r64,r64/m64	1	6	4	I0	
IMUL	r16,(r16),i	2	4	3	I0	
IMUL	r32,(r32),i	1	3	1	I0	
IMUL	r64,(r64),i	1	7	4	I0	
DIV	r8/m8	1	27	27	I0	
DIV	r16/m16	1	33	33	I0	
DIV	r32/m32	1	49	49	I0	

Bobcat

DIV	r64/m64	1	81	81	I0	
IDIV	r8/m8	1	29	29	I0	
IDIV	r16/m16	1	37	37	I0	
IDIV	r32/m32	1	55	55	I0	
IDIV	r64/m64	1	81	81	I0	
CBW, CWDE, CDQE		1	1		I0/1	
CWD, CDQ, CQO		1	1		I0/1	
Logic instructions						
AND, OR, XOR	r,r	1	1	0.5	I0/1	
AND, OR, XOR	r,m	1		1		
AND, OR, XOR	m,r	1		1		
TEST	r,r	1	1	0.5	I0/1	
TEST	r,m	1		1		
NOT	r	1	1	0.5	I0/1	
NOT	m	1		1		
SHL, SHR, SAR	r,i/CL	1	1	0.5	I0/1	
ROL, ROR	r,i/CL	1	1	0.5	I0/1	
RCL, RCR	r,1	1	1	1	I0/1	
RCL	r,i	9	5	5		
RCR	r,i	7	4	4		
RCL	r,CL	9	6	5		
RCR	r,CL	9	5	4		
SHL,SHR,SAR,ROL, ROR	m,i /CL	1	7	1		
RCL, RCR	m,1	1	7	1		
RCL	m,i	10		~15		
RCR	m,i	9	18	~14		
RCL	m,CL	9		15		
RCR	m,CL	8		15		
SHLD, SHRD	r,r,i	6	3	3		
SHLD, SHRD	r,r,cl	7	4	4		
SHLD, SHRD	m,r,i/CL	8	18	15		
BT	r,r/i	1		0.5		
BT	m,i	1		1		
BT	m,r	5		3		
BTC, BTR, BTS	r,r/i	2	2	1		
BTC	m,i	5		15		
BTR, BTS	m,i	4-5		15		
BTC	m,r	8	16	13		
BTR, BTS	m,r	8	15	15		
BSF, BSR	r,r	11	6	6		
BSF, BSR	r,m	11		6		
POPCNT	r,r/m	9	12	5		SSE4.A/SSE4.2
LZCNT	r,r/m	8	5			SSE4.A, AMD only
SETcc	r	1	1	0.5		
SETcc	m	1		1		
CLC, STC		1		0.5	I0/1	
CMC		1	1	0.5	I0/1	
CLD		1		1	I0	
STD		2		2	I0,I1	
Control transfer instructions						

Bobcat

JMP	short/near	1		2		
JMP	r	1		2		
JMP	m(near)	1		2		
Jcc	short/near	1		1/2 - 2		recip. t. = 2 if jump
J(E/R)CXZ	short	2		1 - 2		recip. t. = 2 if jump
LOOP	short	8		4		
CALL	near	2		2		
CALL	r	2		2		
CALL	m(near)	5		2		
RET		1		~3		
RET	i	4		~4		
BOUND	m	8		4		values for no jump
INTO		4		2		values for no jump
String instructions						
LODS		4		~3		
REP LODS		5		~3		values are per count
STOS		4		2		
REP STOS		2				best case 6-7 B/clock
MOVS		7		5		
REP MOVS		2				best case 5 B/clock
SCAS		5		3		
REP SCAS		6		3		values are per count
CMPS		7		4		
REP CMPS		6		3		values are per count
Other						
NOP (90)		1	0	0.5	I0/1	
Long NOP (0F 1F)		1	0	0.5	I0/1	
PAUSE		6		6		
ENTER	i,0		12		36	
ENTER	a,b		10+6b		34+6b	
LEAVE		2		3		32 bit mode
CPUID		30-52	70-830			
RDTSC		26		87		
RDPMS		14		8		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes
Move instructions						
FLD	r	1	2	0.5	FP0/1	
FLD	m32/64	1	6	1	FP0/1	
FLD	m80	7	14	5		
FBLD	m80	21	30	35		
FST(P)	r	1	2	0.5	FP0/1	
FST(P)	m32/64	1	6	1	FP1	
FSTP	m80	16	19	9		
FBSTP	m80	217	177	180		
FXCH	r	1	0	1	FP1	
FILD	m	1	9	1	FP1	
FIST(T)(P)	m	1	6	1		

Bobcat

FLDZ, FLD1		1		1	FP1
FCMOVcc	st0,r	12	7	7	FP0/1
FFREE	r	1		1	FP1
FINCSTP, FDECSTP		1	1	1	FP1
FNSTSW	AX	2	~20	10	FP1
FNSTSW	m16	2	~20	10	FP1
FNSTCW	m16	3		2	FP0
FLDCW	m16	12		10	FP1
Arithmetic instructions					
FADD(P),FSUB(R)(P)	r	1	3	1	FP0
FADD(P),FSUB(R)(P)	m	1	3	1	FP0
FIADD,FISUB(R)	m	2		3	FP0,FP1
FMUL(P)	r	1	5	3	FP1
FMUL(P)	m	1	5	3	FP1
FIMUL	m	2			FP1
FDIV(R)(P)	r	1	19	19	FP1
FDIV(R)(P)	m	1		19	FP1
FIDIV(R)	m	2		19	FP1
FABS, FCHS		1	2	2	FP1
FCOM(P), FUCOM(P)	r	1		1	FP0
FCOM(P), FUCOM(P)	m	1		1	FP0
FCOMPP, FUCOMPP		1		1	FP0
FCOMI(P)	r	1	2	2	FP0
FICOM(P)	m	2		1	FP0, FP1
FTST		1		1	FP0
FXAM		2		2	FP1
FRNDINT		5	11		FP0, FP1
FPREM		1	11-16		FP1
FPREM1		1	11-19		FP1
Math					
FSQRT		1	31		FP1
FLDPI, etc.		1		1	FP0
FSIN		4-44	27-105	27-105	FP0, FP1
FCOS		11-51	51-94	51-94	FP0, FP1
FSINCOS		11-75	48-110	48-110	FP0, FP1
FPTAN		~45	~113	~113	FP0, FP1
FPATAN		9-75	49-163	49-163	FP0, FP1
FSCALE		5	8		FP0, FP1
FXTRACT		7	9		FP0, FP1
F2XM1		30-56	~60		FP0, FP1
FYL2X		8	29		FP0, FP1
FYL2XP1		12	44		FP0, FP1
Other					
FNOP		1	0	0.5	FP0, FP1
(F)WAIT		1	0	0.5	ALU
FNCLEX		9		30	FP0, FP1
FNINIT		26		78	FP0, FP1
FNSAVE	m	85		163	FP0, FP1
FRSTOR	m	80		123	FP0, FP1
FXSAVE	m	71		105	FP0, FP1

FXRSTOR	m	111		118	FP0, FP1	
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Integer MMX and XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes	
Move instructions							
MOVD	r32, mm	1	7	1	FP0	Moves 64 bits. Name differs do. do.	
MOVD	mm, r32	1	7	3	FP0/1		
MOVD	mm,m32	1	5	1	FP0/1		
MOVD	r32, xmm	1	6	1	FP0		
MOVD	xmm, r32	3	6	3	FP1		
MOVD	xmm,m32	2	5	1	FP1		
MOVD	m32,mm/x	1	6	2	FP1		
MOVD (MOVQ)	r64,mm/x	1	7	1	FP0		
MOVD (MOVQ)	mm,r64	2	7	3	FP0/1		
MOVD (MOVQ)	xmm,r64	3	7	3	FP0/1		
MOVQ	mm,mm	1	1	0.5	FP0/1		
MOVQ	xmm,xmm	2	1	1	FP0/1		
MOVQ	mm,m64	1	5	1	FP0/1		
MOVQ	xmm,m64	2	5	1	FP1		
MOVQ	m64,mm/x	1	6	2	FP1		
MOVDQA	xmm,xmm	2	1	1	FP0/1		
MOVDQA	xmm,m	2	6	2	AGU		
MOVDQA	m,xmm	2	6	3	FP1		
MOVDQU, LDDQU	xmm,m	2	6-9	2-5.5	AGU		
MOVDQU	m,xmm	2	6-9	3-6	FP1		
MOVDQ2Q	mm,xmm	1	1	0.5	FP0/1		
MOVQ2DQ	xmm,mm	2	1	1	FP0/1		
MOVNTQ	m,mm	1	13	1.5	FP1		
MOVNTDQ	m,xmm	2	13	3	FP1		
PACKSSWB/DW	mm,r/m	1	1	0.5	FP0/1		
PACKUSWB							
PACKSSWB/DW	xmm,r/m	3	2	2	FP0/1		
PACKUSWB							
PUNPCKH/LBW/WD/DQ	mm,r/m	1	1	0.5			
PUNPCKH/LBW/WD/DQ							
PUNPCKHQDQ	xmm,r/m	2	1	1	FP0, FP1		
PUNPCKLQDQ							
PSHUFB	mm,mm	1	2	1	FP0/1		Suppl. SSE3
PSHUFB	xmm,xmm	6	3	3	FP0/1		
PSHUFD	xmm,xmm,i	3	2	2	FP0/1	Suppl. SSE3	
PSHUFW	mm,mm,i	1	1	0.5	FP0/1		
PSHUFL/HW	xmm,xmm,i	2	2	2	FP0/1	Suppl. SSE3	
PALIGNR	xmm,xmm,i	20	19	12	FP0/1		
MASKMOVQ	mm,mm	32	146-1400	130-1170	FP0, FP1		
MASKMOVDQU	xmm,xmm	64	279-3000	260-2300	FP0, FP1		
PMOVBMSKB	r32,mm/x	1	8	2	FP0		
PEXTRW	r32,mm/x,i	2	12	2	FP0, FP1		
PINSRW	mm,r32,i	2	10	6	FP0/1		
PINSRW	xmm,r32,i	3	10		FP0/1		

Bobcat

INSERTQ	xmm,xmm	3	3-4	3	FP0, FP1	SSE4.A, AMD only
INSERTQ	xmm,xmm,i,i	3	3-4	3	FP0, FP1	SSE4.A, AMD only
EXTRQ	xmm,xmm	1	1	1	FP0/1	SSE4.A, AMD only
EXTRQ	xmm,xmm,i,i	1	2	2	FP0/1	SSE4.A, AMD only
Arithmetic instructions						
PADDB/W/D/Q	mm,r/m	1	1	0.5	FP0/1	
PADDSB/W						
PADDUSB/W PSUBB/W						
W/D/Q PSUBSB/W						
PSUBUSB/W	xmm,r/m	2	1	1	FP0/1	
PADDB/W/D/Q						
PADDSB/W ADDUSB/W						
PSUBB/W/D/Q PSUBSB/W						
PSUBUSB/W	mm,r/m	1	1	0.5	FP0/1	Suppl. SSE3
PHADD/SUBW/SW/D	xmm,r/m	2	4	1	FP0/1	Suppl. SSE3
PCMPEQ/GT B/W/D	mm,r/m	1	1	0.5	FP0/1	
PCMPEQ/GT B/W/D	xmm,r/m	2	1	1	FP0/1	
PMULLW PMULHW	mm,r/m	1	2	1	FP0	
PMULHUW						
PMULUDQ						
PMULLW PMULHW						
PMULHUW	xmm,r/m	2	2	2	FP0	
PMULUDQ						
PMULHSW						
PMULHSW						
PMADDWD	mm,r/m	1	2	1	FP0	
PMADDWD	xmm,r/m	2	2	2	FP0	
PMADDUBSW	mm,r/m	1	2	1	FP0	Suppl. SSE3
PMADDUBSW	xmm,r/m	2	2	2	FP0	Suppl. SSE3
PAVGB/W	mm,r/m	1	1	0.5	FP0/1	
PAVGB/W	xmm,r/m	2	1	1	FP0/1	
PMIN/MAX SW/UB	mm,r/m	1	1	0.5	FP0/1	
PMIN/MAX SW/UB	xmm,r/m	2	1	1	FP0/1	
PABSB/W/D	mm,r/m	1	1	0.5	FP0/1	Suppl. SSE3
PABSB/W/D	xmm,r/m	2	1	1	FP0/1	Suppl. SSE3
PSIGNB/W/D	mm,r/m	1	1	0.5	FP0/1	Suppl. SSE3
PSIGNB/W/D	xmm,r/m	2	1	1	FP0/1	Suppl. SSE3
PSADBW	mm,r/m	1	2	2	FP0	
PSADBW	xmm,r/m	2	2	2	FP0, FP1	
Logic						
PAND PANDN POR	mm,r/m	1	1	0.5	FP0/1	
PXOR						
PAND PANDN POR	xmm,r/m	2	1	1	FP0/1	
PXOR						
PSLL/RL W/D/Q	mm,i/mm/m	1	1	1	FP0/1	
PSRAW/D						
PSLL/RL W/D/Q	xmm,i/xmm/m	2	1	1	FP0/1	
PSRAW/D						
PSLLDQ, PSRLDQ	xmm,i	2	1	1	FP0/1	
Other						

EMMS		1		0.5	FP0/1	
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Floating point XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes
Move instructions						
MOVAPS/D	r,r	2	1	1	FP0/1	
MOVAPS/D	r,m	2	6	2	AGU	
MOVAPS/D	m,r	2	6	3	FP1	
MOVUPS/D	r,r	2	1	1	FP0/1	
MOVUPS/D	r,m	2	6-9	2-6	AGU	
MOVUPS/D	m,r	2	6-9	3-6	FP1	
MOVSS/D	r,r	1	1	0.5	FP0/1	
MOVSS/D	r,m	2	6	2	FP1	
MOVSS/D	m,r	1	5	2	FP1	
MOVHLPs, MOVLHPS						
	r,r	1	1	0.5	FP0/1	
MOVHPS/D, MOVLPS/D						
	r,m	1	6	2	AGU	
MOVHPS/D, MOVLPS/D						
	m,r	1	5	3	FP1	
MOVNTPS/D	m,r	2	12	3	FP1	
MOVNTSS/D	m,r	1	12	2	FP1	SSE4.A, AMD only
MOVDDUP	r,r	2	2	1	FP0/1	SSE3
MOVDDUP	r,m64	2	7	2	FP0/1	SSE3
MOVSHDUP,						
MOVSLDUP	r,r	2	1	1	FP0/1	
MOVSHDUP,						
MOVSLDUP	r,m	2	12	3	AGU	
MOVMSKPS/D	r32,r	1	~6	2	FP0	
SHUFPS/D	r,r/m,i	3	2	2	FP0/1	
UNPCK H/L PS/D	r,r/m	2	1	1	FP0/1	
Conversion						
CVTTPS2PD	r,r/m	2	5	2	FP1	
CVTPD2PS	r,r/m	4	5	3	FP0, FP1	
CVTSD2SS	r,r/m	3	5	3	FP0, FP1	
CVTSS2SD	r,r/m	1	4	1	FP1	
CVTDQ2PS	r,r/m	2	4	4	FP1	
CVTDQ2PD	r,r/m	2	5	2	FP1	
CVT(T)PS2DQ	r,r/m	2	4	4	FP1	
CVT(T)PD2DQ	r,r/m	4	6	3	FP0, FP1	
CVTPI2PS	xmm,mm	1	4	2	FP1	
CVTPI2PD	xmm,mm	2	5	2	FP1	
CVT(T)PS2PI	mm,xmm	1	4	1	FP1	
CVT(T)PD2PI	mm,xmm	3	6	2	FP0, FP1	
CVTSI2SS	xmm,r32	3	12	3	FP0, FP1	
CVTSI2SD	xmm,r32	2	11	3	FP1	
CVT(T)SS2SI	r32,xmm	2	12	1	FP0, FP1	
CVT(T)SD2SI	r32,xmm	2	11	1	FP0, FP1	
Arithmetic						
ADDSS/D SUBSS/D	r,r/m	1	3	1	FP0	

Bobcat

ADDPS/D SUBPS/D	r,r/m	2	3	2	FP0	SSE3
ADDSUBPS/D	r,r/m	2	3	2	FP0	
HADDPS/D HSUBPS/D	r,r/m	2	3	2	FP0	SSE3
MULSS	r,r/m	1	2	1	FP1	
MULSD	r,r/m	1	4	2	FP1	
MULPS	r,r/m	2	2	2	FP1	
MULPD	r,r/m	2	4	4	FP1	
DIVSS	r,r/m	1	13	13	FP1	
DIVPS	r,r/m	2	38	38	FP1	
DIVSD	r,r/m	1	17	17	FP1	
DIVPD	r,r/m	2	34	34	FP1	
RCPSS	r,r/m	1	3	1	FP1	
RCPPS	r,r/m	2	3	2	FP1	
MAXSS/D MINSS/D	r,r/m	1	2	1	FP0	
MAXPS/D MINPS/D	r,r/m	2	2	2	FP0	
CMPccSS/D	r,r/m	1	2	1	FP0	
CMPccPS/D	r,r/m	2	2	2	FP0	
COMISS/D UCOMISS/D	r,r/m	1		1	FP0	
Logic						
ANDPS/D ANDNPS/D ORPS/D XORPS/D	r,r/m	2	1	1	FP0/1	
Math						
SQRTSS	r,r/m	1	14	14	FP1	
SQRTPS	r,r/m	2	48	48	FP1	
SQRTSD	r,r/m	1	24	24	FP1	
SQRTPD	r,r/m	2	48	48	FP1	
RSQRTSS	r,r/m	1	3	1	FP1	
RSQRTPS	r,r/m	2	3	2	FP1	
Other						
LDMXCSR	m	12		10	FP0, FP1	
STMXCSR	m	3		11	FP0, FP1	

AMD Jaguar

List of instruction timings and macro-operation breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, xmm = 128 bit xmm register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
Ops:	Number of micro-operations issued from instruction decoder to schedulers. Instructions with more than 2 micro-operations are micro-coded.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity and exceptions increase the delays. The latencies listed do not include memory operands where the operand is listed as register or memory (r/m). The clock frequency varies dynamically, which makes it difficult to measure latencies. The values listed are measured after the execution of millions of similar instructions, assuming that this will make the processor boost the clock frequency to the highest possible value.
Reciprocal throughput:	This is also called issue latency. This value indicates the average number of clock cycles from the execution of an instruction begins to a subsequent independent instruction of the same kind can begin to execute. A value of 1/2 indicates that the execution units can handle 2 instructions per clock cycle in one thread. However, the throughput may be limited by other bottlenecks in the pipeline.
Execution pipe:	Indicates which execution pipe is used for the micro-operations. I0 means integer pipe 0. I0/1 means integer pipe 0 or 1. FP0 means floating point pipe 0 (ADD). FP1 means floating point pipe 1 (MUL). FP0/1 means either one of the two floating point pipes. Two micro-operations can execute simultaneously if they go to different execution pipes.

Integer instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes
Move instructions						
MOV	r,r	1	1	0.5	I0/1	Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode Any addressing mode
MOV	r,i	1		0.5	I0/1	
MOV	r8/16,m	1	4	1	AGU	
MOV	m,r8/16	1	4	1	AGU	
MOV	r32/64,m	1	3	1	AGU	
MOV	m,r32/64	1	0	1	AGU	
MOV	m,i	1		1	AGU	
MOVNTI	m,r	1	6	1	AGU	
MOVZX, MOVZX	r,r	1	1	0.5	I0/1	
MOVZX, MOVZX	r,m	1	4	1		
MOVSLD	r64,r32	1	1	0.5		
MOVSLD	r64,m32	1	3	1		
CMOVCc	r,r	1	1	0.5	I0/1	
CMOVCc	r,m	1		1		

Jaguar						
XCHG	r8,r8	3	2	2	I0/1	Timing depends on hw
XCHG	r,r	2	1	1	I0/1	
XCHG	r,m	3	16			
XLAT		2	5	3		
PUSH	r	1		1		
PUSH	i	1		1		
PUSH	m	2		1		
PUSH	SP	2		1		
PUSHF(D/Q)		9		6		
PUSHA(D)		9		8		
POP	r	1		1		
POP	m	3		2		
POP	SP	1		2		
POPF(D/Q)		29		18		
POPA(D)		9		8		Any address size 1-2 comp., no scale 3 comp. or scale RIP relative
LEA	r16,[m]	2	3	2	I0	
LEA	r32/64,[m]	1	1	0.5	I0/1	
LEA	r32/64,[m]	1	2	1	I0	
LEA	r64,[m]	1		0.5	I0/1	
LAHF		4	3	2		
SAHF		1	1	0.5	I0/1	
SALC		1	1	1		
BSWAP	r	1	1	0.5	I0/1	
MOVBE	r,m	1		1		
MOVBE	m,r	1		1		
PREFETCHNTA	m	1		~100	AGU	
PREFETCHT0/1/2	m	1		~100	AGU	
PREFETCHW	m	1		~100	AGU	
LFENCE		1		0.5	AGU	MOVBE MOVBE
MFENCE		4		~45	AGU	
SFENCE		4		~45	AGU	
Arithmetic instructions						
ADD, SUB	r,r/i	1	1	0.5	I0/1	
ADD, SUB	r,m	1		1		
ADD, SUB	m,r	1	6	1		
ADC, SBB	r,r/i	1	1	1	I0/1	
ADC, SBB	r,m	1		1		
ADC, SBB	m,r/i	1	8			
CMP	r,r/i	1	1	0.5	I0/1	
CMP	r,m	1		1		
INC, DEC, NEG	r	1	1	0.5	I0/1	
INC, DEC, NEG	m	1	6	1		
AAA		9	5			
AAS		9	8			
DAA		12	6			
DAS		16	8			
AAD		4	5			
AAM		8	14	13		
MUL, IMUL	r8/m8	1	3	1	I0	
MUL, IMUL	r16/m16	3	3	3	I0	
MUL, IMUL	r32/m32	2	3	2	I0	

Jaguar

MUL, IMUL	r64/m64	2	6	5	I0	
IMUL	r16,r16/m16	1	3	1	I0	
IMUL	r32,r32/m32	1	3	1	I0	
IMUL	r64,r64/m64	1	6	4	I0	
IMUL	r16,(r16),i	2	4	1	I0	
IMUL	r32,(r32),i	1	3	1	I0	
IMUL	r64,(r64),i	1	6	4	I0	
DIV	r8/m8	1	11-14	11-14	I0	
DIV	r16/m16	2	12-19	12-19	I0	
DIV	r32/m32	2	12-27	12-27	I0	
DIV	r64/m64	2	12-43	12-43	I0	
IDIV	r8/m8	1	11-14	11-14	I0	
IDIV	r16/m16	2	12-19	12-19	I0	
IDIV	r32/m32	2	12-27	12-27	I0	
IDIV	r64/m64	2	12-43	12-43	I0	
CBW, CWDE, CDQE		1	1		I0/1	
CWD, CDQ, CQO		1	1		I0/1	
Logic instructions						
AND, OR, XOR	r,i	1	1	0.5	I0/1	
AND, OR, XOR	r,r	1	1	0.5	I0/1	
AND, OR, XOR	r,m	1		1		
AND, OR, XOR	m,r	1	6	1		
ANDN	r,r,r	1	1	0.5		BMI1
ANDN	r,r,m	2		1		BMI1
TEST	r,i	1	1	0.5	I0/1	
TEST	r,r	1	1	0.5	I0/1	
TEST	r,m	1		1		
NOT	r	1	1	0.5	I0/1	
NOT	m	1	6	1		
SHL, SHR, SAR	r,i/CL	1	1	0.5	I0/1	
ROL, ROR	r,i/CL	1	1	0.5	I0/1	
RCL, RCR	r,1	1	1	1	I0/1	
RCL	r,i	9	5	5		
RCR	r,i	7	4	4		
RCL	r,CL	9	5	5		
RCR	r,CL	7	4	4		
SHL,SHR,SAR,ROL, ROR	m,i /CL	1	6	1		
RCL, RCR	m,1	1		1		
RCL	m,i	10		11		
RCR	m,i	9		11		
RCL	m,CL	9		11		
RCR	m,CL	8		11		
SHLD, SHRD	r,r,i	6	3	3		
SHLD, SHRD	r,r,cl	7	4	4		
SHLD, SHRD	m,r,i/CL	8		11		
BT	r,r/i	1		0.5		
BT	m,i	1		1		
BT	m,r	5		3		
BTC, BTR, BTS	r,r/i	2	2	1		
BTC	m,i	5		11		
BTR, BTS	m,i	4		11		

Jaguar

BTC, BTR, BTS	m,r	8		11		
BSF	r,r	7	4	4		
BSR	r,r	8	4	4		
BSF, BSR	r,m	8		4		
POPCNT	r,r/m	1	1	0.5		SSE4A/SSE4.2
LZCNT	r,r	1	1	0.5		SSE4A/LZCNT
TZCNT	r,r	2	2	1		BMI1
BLSI BLSR	r,r	2	2	1		BMI1
BLSI BLSR	r,m	3		2		BMI1
BLSMSK	r,r	2	2	1		BMI1
BLSMSK	r,m	3		2		BMI1
BEXTR	r,r,r	1	1	0.5		BMI1
BEXTR	r,m,r	2		1		BMI1
SETcc	r	1	1	0.5		
SETcc	m	1		1		
CLC, STC		1		0.5	I0/1	
CMC		1	1		I0/1	
CLD		1		1	I0	
STD		2		2	I0,I1	
Control transfer instructions						
JMP	short/near	1		2		
JMP	r	1		2		
JMP	m(near)	1		2		
Jcc	short/near	1		0.5 - 2		2 if jumping
J(E/R)CXZ	short	2		1 - 2		2 if jumping
LOOP	short	8		5		
LOOPE LOOPNE	short	10		6		
CALL	near	2		2		
CALL	r	2		2		
CALL	m(near)	5		2		
RET		1		3		
RET	i	4		3		
BOUND	m	8		4		values are for no jump
INTO		4		2		values are for no jump
String instructions						
LODS		4		2		
REP LODS		~5n		~3n		
STOS		4		2		
REP STOS		~2n		~n		for small n
REP STOS		2/16B		1/16B		best case
MOVS		7		4		
REP MOVS		~2n		~1.5n		for small n
REP MOVS		2/16B		1/16B		best case
SCAS		5		3		
REP SCAS		~6n		~3n		
CMPS		7		4		
REP CMPS		~6n		~3n		
Synchronization						

Jaguar

LOCK ADD	m,r	1	19			
XADD	m,r	4	11			
LOCK XADD	m,r	4	16			
CMPXCHG	m,r8	5	11			
LOCK CMPXCHG	m,r8	5	16			
CMPXCHG	m,r16/32/64	6	11			
LOCK CMPXCHG	m,r16/32/64	6	17			
CMPXCHG8B	m64	18	11			
LOCK CMPXCHG8B	m64	18	19			
CMPXCHG16B	m128	28	32			
LOCK CMPXCHG16B	m128	28	38			
Other						
NOP (90)		1		0.5	I0/1	
Long NOP (0F 1F)		1		0.5	I0/1	
PAUSE		37		46		
ENTER		i,0	12		18	
ENTER		a,b	10+6b	17+3b		
LEAVE		2		3		32 bit mode
CPUID		30-59	70-230			
XGETBV		5		5		
RDTSC		34		41		
RDTSCP		34		42		rdtscp
RDPMC		30		27		
CRC32	r,r	3	3	2		
CRC32	r,m	4		2		

Floating point x87 instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes
Move instructions						
FLD	r	1	2	0.5	FP0/1	
FLD	m32/64	1	4	1	FP0/1	
FLD	m80	7	9	5		
FBLD	m80	21	24	29		
FST(P)	r	1	2	0.5	FP0/1	
FST(P)	m32/64	1	3	1	FP1	
FSTP	m80	10	9	7		
FBSTP	m80	217	167	168		
FXCH	r	1	0	1	FP1	
FILD	m	1	8	1	FP1	
FIST(T)(P)	m	1	4	1	FP1	
FLDZ, FLD1		1		1	FP1	
FCMOVcc	st0,r	12	7	7	FP0/1	
FFREE	r	1		1	FP1	
FINCSTP, FDECSTP		1	1	1	FP1	
FNSTSW	AX	2		11	FP1	
FNSTSW	m16	2		11	FP1	
FNSTCW	m16	3		2	FP0	
FLDCW	m16	12		9	FP1	
Arithmetic instructions						

Jaguar

FADD(P),FSUB(R)(P)	r	1	3	1	FP0
FADD(P),FSUB(R)(P)	m	1		1	FP0
FIADD,FISUB(R)	m	2		2	FP0,FP1
FMUL(P)	r	1	5	3	FP1
FMUL(P)	m	1		3	FP1
FIMUL	m	1			FP1
FDIV(R)(P)	r	1	22	22	FP1
FDIV(R)(P)	m	1		22	FP1
FIDIV(R)	m	2		22	FP1
FABS, FCHS		1	2	2	FP1
FCOM(P), FUCOM(P)	r	1		1	FP0
FCOM(P), FUCOM(P)	m	1		1	FP0
FCOMPP, FUCOMPP		1		1	FP0
FCOMI(P)	r	1		2	FP0
FICOM(P)	m	2		1	FP0, FP1
FTST		1		1	FP0
FXAM		2		2	1FP1
FRNDINT		5	8	4	FP0, FP1
FPREM		1	11-54		FP1
FPREM1		1	11-56		FP1
Math					
FSQRT		1	35	35	FP1
FLDPI, etc.		1		1	FP0
FSIN		4-44	30-139	30-151	FP0, FP1
FCOS		11-51	38-93		FP0, FP1
FSINCOS		11-76	55-122	55-180	FP0, FP1
FPTAN		11-45	55-177	55-177	FP0, FP1
FPATAN		9-75	44-167	44-167	FP0, FP1
FSCALE		5	27		FP0, FP1
FXTRACT		7	9	6	FP0, FP1
F2XM1		8	32-37		FP0, FP1
FYL2X		8-51	30-120	30-120	FP0, FP1
FYL2XP1		61	~160	~160	FP0, FP1
Other					
FNOP		1		0.5	FP0/1
(F)WAIT		1	0	0.5	ALU
FNCLEX		9		32	FP0, FP1
FNINIT		27		78	FP0, FP1
FNSAVE	m	88	138-150	138-150	FP0, FP1
FRSTOR	m	80	136	136	FP0, FP1

Integer vector instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes
Move instructions						
MOVD	r32, mm	1	4	1	FP0	
MOVD	mm, r32	2	6	1	FP0/1	
MOVD	mm,m32	1	4	1	AGU	
MOVD	r32, x	1	4	1	FP0	
MOVD	x, r32	2	6	1	FP1	

Jaguar

MOVD	x,m32	1	4	1	AGU	Moves 64 bits.Name of instruction differs
MOVD	m32,mm/x	1	3	1	FP1	
MOVD / MOVQ	r64,mm/x	1	4	1	FP0	
MOVQ	mm,r64	2	6	1	FP0/1	
MOVQ	x,r64	2	6	1	FP0/1	do.
MOVQ	mm,mm	1	1	0.5	FP0/1	do.
MOVQ	x,x	1	1	0.5	FP0/1	
MOVQ	mm/x,m64	1	4	1	AGU	
MOVQ	m64,mm/x	1	3	1	FP1	
MOVDQA	x,x	1	1	0.5	FP0/1	
VMOVDQA	y,y	2	1	1	FP0/1	AVX
MOVDQA	x,m	1	4	1	AGU	
VMOVDQA	y,m	2	4	2	AGU	AVX
MOVDQA	m,x	1	3	1	FP1	
VMOVDQA	m,y	2	3	2	FP1	AVX
MOVDQU, LDDQU	x,m	1	4	1	AGU	
MOVDQU	m,x	1	3	1	FP1	
MOVDQ2Q	mm,x	1	1	0.5	FP0/1	
MOVQ2DQ	x,mm	1	1	0.5	FP0/1	
MOVNTQ	m,mm	1	429	2	FP1	
MOVNTDQ	m,x	1	429	2	FP1	
PACKSSWB/DW						
PACKUSWB	mm,r/m	1	1	0.5	FP0/1	
PACKSSWB/DW						
PACKUSWB	x,r/m	1	2	0.5	FP0/1	
PUNPCKH/LBW/WD/DQ	mm,r/m	1	1	0.5	FP0/1	
PUNPCKH/LBW/WD/DQ	x,r/m	1	2	0.5	FP0/1	
PUNPCKH/LQDQ	x,r/m	1	2	0.5	FP0/1	
PSHUFB	mm,mm	1	1	0.5	FP0/1	Suppl. SSE3
PSHUFB	x,x	3	4	2	FP0/1	Suppl. SSE3
PSHUFD	x,x,i	1	2	0.5	FP0/1	
PSHUFW	mm,mm,i	1	1	0.5	FP0/1	
PSHUFL/HW	x,x,i	1	1	0.5	FP0/1	
PALIGNR	x,x,i	1	2	0.5	FP0/1	Suppl. SSE3
PBLENDW	x,r/m	1	1	0.5	FP0/1	SSE4.1
MASKMOVQ	mm,mm	32	432	17	FP0, FP1	
MASKMOVDQU	x,x	64	43-2210	34	FP0, FP1	
PMOVMASKB	r32,mm/x	1	3	1	FP0	
PEXTRW	r32,mm/x,i	1	4	1	FP0	
PINSRW	mm,r32,i	2	8	1	FP0/1	
PINSRB/W/D/Q	x,r,i	2	7	1	FP0/1	
PINSRB/W/D/Q	x,m,i	1		1	FP0/1	
PEXTRB/W/D/Q	r,x,i	1	3	1	FP0	SSE4.1
PEXTRB/W/D/Q	m,x,i	1		1	FP1	SSE4.1
INSERTQ	x,x	3	2	2	FP0, FP1	SSE4A, AMD only
INSERTQ	x,x,i,i	3	2	2	FP0, FP1	SSE4A, AMD only
EXTRQ	x,x	1	1	0.5	FP0/1	SSE4A, AMD only
EXTRQ	x,x,i,i	1	1	0.5	FP0/1	SSE4A, AMD only
PMOVSXBW/BD/BQ/WD/WQ/DQ	x,x	1	2	0.5	FP0/1	SSE4.1

Jaguar

PMOVZXBW/BD/BQ/ WD/WQ/DQ	x,x	1	2	0.5	FP0/1	SSE4.1
Arithmetic instructions						
PADDB/W/D/Q						
PADDSB/W ADDUSB/ W PSUBB/W/D/Q						
PSUBSB/W						
PSUBUSB/W	mm/x,r/m	1	1	0.5	FP0/1	
PHADD/SUBW/SW/D	mm,r/m	1	1	0.5	FP0/1	Suppl. SSE3
PHADD/SUBW/SW/D	x,r/m	1	2	0.5	FP0/1	Suppl. SSE3
PCMPEQ/GT B/W/D	mm,r/m	1	1	0.5	FP0/1	
PCMPEQ/GT B/W/D	x,r/m	1	1	0.5	FP0/1	
PCMPEQQ	mm/x,r/m	1	1	0.5	FP0/1	SSE4.1
PCMPGTQ	mm/x,r/m	1	1	0.5	FP0/1	SSE4.2
PMULLW PMULHW						
PMULHUW						
PMULUDQ	mm/x,r/m	1	2	1	FP0	
PMULLD	x,r/m	3	4	2	FP0 FP1	SSE4.1
PMULDQ	x,r/m	1	2	1	FP0	SSE4.1
PMULHSW	mm/x,r/m	1	2	1	FP0	Suppl. SSE3
PMADDWD	mm/x,r/m	1	2	1	FP0	
PMADDUBSW	mm/x,r/m	1	2	1	FP0	Suppl. SSE3
PAVGB/W	mm/x,r/m	1	1	0.5	FP0/1	
PMIN/MAX SW/UB	mm/x,r/m	1	1	0.5	FP0/1	
PASB/W/D	mm/x,r/m	1	1	0.5	FP0/1	Suppl. SSE3
PSIGNB/W/D	mm/x,r/m	1	1	0.5	FP0/1	Suppl. SSE3
PSADBW	mm/x,r/m	1	2	0.5	FP0/1	
MPSADBW	x,x,i	3	4	1	FP0/1	SSE4.1
Logic						
PAND PANDN POR PXOR	mm/x,r/m	1	1	0.5	FP0/1	
PSLL/RL W/D/Q						
PSRAW/D	mm,i/mm/m	1	1	0.5	FP0/1	
PSLL/RL W/D/Q						
PSRAW/D	x,x	1	2	0.5	FP0/1	
PSLL/RL W/D/Q						
PSRAW/D	x,i	1	1	0.5	FP0/1	
PSLLDQ, PSRLDQ	x,i	1	2	0.5	FP0/1	
PTEST	x,x/m	1	3	1	FP0	SSE4.1
String instructions						
PCMPESTRI	x,x,i	9	5	5	FP0/1	SSE4.2
PCMPESTRI	x,m,i	10		5	FP0/1	SSE4.2
PCMPESTRM	x,x,i	9	9	9	FP0/1	SSE4.2
PCMPESTRM	x,m,i	10		9	FP0/1	SSE4.2
PCMPISTRI	x,x,i	3	2	2	FP0/1	SSE4.2
PCMPISTRI	x,m,i	4		2	FP0/1	SSE4.2
PCMPISTRM	x,x,i	3	8	8	FP0/1	SSE4.2
PCMPISTRM	x,m,i	4		2	FP0/1	SSE4.2
Encryption						
PCLMULQDQ	x,x/m,i	1	3	1	FP0	PCLMUL
AESDEC	x,x	2	5	1	FP0/1	AES

Jaguar

AESDECLAST	x,x	2	5	1	FP0/1	AES
AESENC	x,x	2	5	1	FP0/1	AES
AESENCLAST	x,x	2	5	1	FP0/1	AES
AESIMC	x,x	1	2	1	FP0/1	AES
AESKEYGENASSIST	x,x,i	1	2	1	FP0/1	AES
Other						
EMMS		1		0.5	FP0/1	

Floating point XMM instructions

Instruction	Operands	Ops	Latency	Reciprocal throughput	Execution pipe	Notes
Move instructions						
MOVAPS/D	x,x	1	1	0.5	FP0/1	
VMOVAPS/D	y,y	2	1	1	FP0/1	
MOVAPS/D	x,m	1	4	1	AGU	
VMOVAPS/D	y,m	2	4	2	AGU	
MOVAPS/D	m,x	1	3	1	FP1	
VMOVAPS/D	m,y	2	3	2	FP1	
MOVUPS/D	x,x	1	1	0.5	FP0/1	
VMOVUPS/D	y,y	2	1	1	FP0/1	
MOVUPS/D	x,m	1	4	1	AGU	
VMOVUPS/D	y,m	2	4	2	AGU	
MOVUPS/D	m,x	1	3	1	FP1	
VMOVUPS/D	m,y	2	3	2	FP1	
MOVSS/D	x,x	1	1	0.5	FP0/1	
MOVSS/D	x,m	1	4	1	AGU	
MOVSS/D	m,x	1	3	1	FP1	
MOVHLPS, MOVLHPS	x,x	1	2	2	FP0/1	
MOVHPS/D, MOVLPS/D	x,m	1	5	1	FP0/1	
MOVHPS/D, MOVLPS/D	m,x	1	4	1	FP1	
MOVNTPS/D	m,x	1	429	1	FP1	
MOVNTSS/D	m,x	1		1	FP1	SSE4A, AMD only
MOVDDUP	x,x	1	2	0.5	FP0/1	SSE3
MOVDDUP	x,m64	1		1	AGU	SSE3
VMOVDDUP	y,y	2	2	1	FP0/1	AVX
VMOVDDUP	y,m	2		2	AGU	AVX
MOVSH/LDUP	x,x	1	1	0.5	FP0/1	
MOVSH/LDUP	x,m	1		1	AGU	
VMOVSH/LDUP	y,y	2	1	1	FP0/1	AVX
VMOVSH/LDUP	y,m	2		2	AGU	AVX
MOVMSKPS/D	r32,x	1	3	1	FP0	
VMOVMSKPS/D	r32,y	1	3	1	FP0	AVX
SHUFPS/D	x,x/m,i	1	2	0.5	FP0/1	
VSHUFPS/D	y,y,y,i	2	2	1	FP0/1	AVX
UNPCK H/L PS/D	x,x/m	1	2	0.5	FP0/1	
VUNPCK H/L PS/D	y,y,y	2	2	1	FP0/1	AVX
EXTRACTPS	r32,x,i	1	3	1	FP0	
EXTRACTPS	m32,x,i	1	3	1	FP1	

Jaguar

VEXTRACTF128	x,y,i	1	1	0.5	FP0/1	AVX
VEXTRACTF128	m128,y,i	1	12	1	FP1	AVX
INSERTPS	x,x,i	1		1	FP0/1	
INSERTPS	x,m32,i	1	6	1	FP0/1	
VINSERTF128	y,y,x,i	2	1	1	FP0/1	AVX
VINSERTF128	y,y,m128,i	2	13	2	FP0/1	AVX
VMASKMOVPS/D	x,x,m128	1	15	1	FP0/1	>300 clk if mask=0
VMASKMOVPS/D	y,y,m256	2	15	2	FP0/1	>300 clk if mask=0
VMASKMOVPS/D	m128,x,x	19	21	16	FP1	AVX
VMASKMOVPS/D	m256,y,y	36	32	22	FP1	AVX
Conversion						
CVTPS2PD	x,x/m	1	3	1	FP1	
VCVTPS2PD	y,x/m	2	4	2	FP1	
CVTPD2PS	x,x/m	1	4	1	FP1	
VCVTPD2PS	x,y	3	6	2	FP0, FP1	
CVTSD2SS	x,x/m	2	5	8	FP1	
CVTSS2SD	x,x/m	2	4	7	FP1	
CVTDQ2PS/PD	x,x/m	1	4	1	FP1	
VCVTDQ2PS/PD	y,y	2	4	2	FP1	
CVT(T)PS2DQ	x,x/m	1	4	1	FP1	
VCVT(T)PS2DQ	y,y	2	4	2	FP1	
CVT(T)PD2DQ	x,x/m	1	4	1	FP1	
VCVT(T)PD2DQ	y,y	3	7	2	FP1	
CVTPI2PS	xmm,mm	1	4	1	FP1	
CVTPI2PD	xmm,mm	1	4	1	FP1	
CVT(T)PS2PI	mm,xmm	1	4	1	FP1	
CVT(T)PD2PI	mm,xmm	1	4	1	FP1	
CVTSI2SS	xmm,r32	2	9	1	FP1	
CVTSI2SD	xmm,r32	2	9	1	FP1	
CVT(T)SS2SI	r32,xmm	2	8	1	FP1	
CVT(T)SD2SI	r32,xmm	2	8	1	FP1	
VCVTPS2PH	x/m,x,i	1	4	1	FP1	F16C
VCVTPS2PH	x/m,y,i	3	6	2	FP0, FP1	F16C
VCVTPH2PS	x,x/m	1	4	1	FP1	F16C
VCVTPH2PS	y,x/m	2	5	2	FP1	F16C
Arithmetic						
ADDSS/D SUBSS/D	x,x/m	1	3	1	FP0	
ADDPS/D SUBPS/D	x,x/m	1	3	1	FP0	
VADDPS/D VSUBPS/D	y,y/m	2	3	2	FP0	
ADDSUBPS/D	x,x/m	1	3	1	FP0	SSE3
VADDSUBPS/D	y,y/m	2	3	2	FP0	
HADD/SUBPS/D	x,x/m	1	4	1	FP0	SSE3
VHADD/SUBPS/D	y,y/m	2	4	2	FP0	
MULSS/PS	x,x/m	1	2	1	FP1	
VMULPS	y,y/m	2	2	2	FP1	
MULSD/PD	x,x/m	1	4	2	FP1	
VMULPD	y,y/m	2	4	2	FP1	
DIVSS	x,x/m	1	14	14	FP1	
DIVPS	x,x/m	1	19	19	FP1	
VDIVPS	y,y/m	2	38	38	FP1	
DIVSD	x,x/m	1	19	19	FP1	

Jaguar

DIVPD	x,x/m	1	19	19	FP1	
VDIVPD	y,y/m	2	38	38	FP1	
RCPSS	x,x/m	1	2	1	FP1	
RCPPS	x,x/m	1	2	1	FP1	
VRCPSS	y,y/m	2	2	2	FP1	
MAXSS/D MINSS/D	x,x/m	1	2	1	FP0	
MAXPS/D MINPS/D	x,x/m	1	2	1	FP0	
VMAXPS/D VMINPS/D	y,y/m	2	2	2	FP0	
CMP _{cc} SS/D	x,x/m	1	2	1	FP0	
CMP _{cc} PS/D	x,x/m	1	2	1	FP0	
VCMP _{cc} PS/D	y,y/m	2	2	2	FP0	
(U)COMISS/D	x,x/m	1		1	FP0	
ROUNDSS/SD/PS/PD	x,x/m,i	1	4	1	FP1	
VROUNDSS/D/PS/D	y,y/m,i	2	4	2	FP1	
DPPS	x,x,i	5	11	4	FP0, FP1	SSE4.1
DPPS	x,m,i	6		4	FP0, FP1	SSE4.1
VDPPS	y,y,y,i	10	12	7	FP0, FP1	SSE4.1
VDPPS	y,m,i	12		7	FP0, FP1	SSE4.1
DPPD	x,x,i	3	9	3	FP0, FP1	SSE4.1
DPPD	x,m,i	4		3	FP0, FP1	SSE4.1
Logic						
ANDPS/D ANDNPS/D						
ORPS/D XORPS/D	x,x/m	1	1	0.5	FP0/1	
VANDPS/D, etc.	y,y/m	2	1	1	FP0/1	
Math						
SQRTSS	x,x/m	1	16	16	FP1	
SQRTPS	x,x/m	2	21	21	FP1	
VSQRTPS	y,y/m	2	42	42	FP1	
SQRTSD	x,x/m	1	27	27	FP1	
SQRTPD	x,x/m	2	27	27	FP1	
VSQRTPD	y,y/m	2	54	54	FP1	
RSQRTSS/PS	x,x/m	1	2	1	FP1	
VRSQRTPS	y,y/m	2	2	2	FP1	
Other						
LDMXCSR	m	12	9	8	FP0, FP1	
STMXCSR	m	3	13	12	FP0, FP1	
VZEROUPPER		21		30		32 bit mode
VZEROUPPER		37		46		64 bit mode
VZEROALL		41		58		32 bit mode
VZEROALL		73		90		64 bit mode
FXSAVE		66	66	66		32 bit mode
FXSAVE		58	58	58		64 bit mode
FXRSTOR		115	189	189		32 bit mode
FXRSTOR		123	198	197		64 bit mode
XSAVE		130	145	145		32 bit mode
XSAVE		114	129	129		64 bit mode
XRSTOR		219	342	342		32 bit mode
XRSTOR		251	375	375		64 bit mode

Intel Pentium and Pentium MMX

List of instruction timings

Explanation of column headings:

Operands	r = register, accum = al, ax or eax, m = memory, i = immediate data, sr = segment register, m32 = 32 bit memory operand, etc.
Clock cycles	The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably.
Pairability	u = pairable in u-pipe, v = pairable in v-pipe, uv = pairable in either pipe, np = not pairable.

Integer instructions (Pentium and Pentium MMX)

Instruction	Operands	Clock cycles	Pairability
NOP		1	uv
MOV	r/m, r/m/i	1	uv
MOV	r/m, sr	1	np
MOV	sr, r/m	>= 2 b)	np
MOV	m, accum	1	uv h)
XCHG	(E)AX, r	2	np
XCHG	r, r	3	np
XCHG	r, m	>15	np
XLAT		4	np
PUSH	r/i	1	uv
POP	r	1	uv
PUSH	m	2	np
POP	m	3	np
PUSH	sr	1 b)	np
POP	sr	>= 3 b)	np
PUSHF		3-5	np
POPF		4-6	np
PUSHA POPA		5-9 i)	np
PUSHAD POPAD		5	np
LAHF SAHF		2	np
MOVSX MOVZX	r, r/m	3 a)	np
LEA	r, m	1	uv
LDS LES LFS LGS LSS	m	4 c)	np
ADD SUB AND OR XOR	r, r/i	1	uv
ADD SUB AND OR XOR	r, m	2	uv
ADD SUB AND OR XOR	m, r/i	3	uv
ADC SBB	r, r/i	1	u
ADC SBB	r, m	2	u
ADC SBB	m, r/i	3	u
CMP	r, r/i	1	uv
CMP	m, r/i	2	uv
TEST	r, r	1	uv
TEST	m, r	2	uv
TEST	r, i	1	f)
TEST	m, i	2	np
INC DEC	r	1	uv
INC DEC	m	3	uv
NEG NOT	r/m	1/3	np
MUL IMUL	r8/r16/m8/m16	11	np

Intel Pentium

MUL IMUL	all other versions	9 d)	np
DIV	r8/m8	17	np
DIV	r16/m16	25	np
DIV	r32/m32	41	np
IDIV	r8/m8	22	np
IDIV	r16/m16	30	np
IDIV	r32/m32	46	np
CBW CWDE		3	np
CWD CDQ		2	np
SHR SHL SAR SAL	r, i	1	u
SHR SHL SAR SAL	m, i	3	u
SHR SHL SAR SAL	r/m, CL	4/5	np
ROR ROL RCR RCL	r/m, 1	1/3	u
ROR ROL	r/m, i(><1)	1/3	np
ROR ROL	r/m, CL	4/5	np
RCR RCL	r/m, i(><1)	8/10	np
RCR RCL	r/m, CL	7/9	np
SHLD SHRD	r, i/CL	4 a)	np
SHLD SHRD	m, i/CL	5 a)	np
BT	r, r/i	4 a)	np
BT	m, i	4 a)	np
BT	m, i	9 a)	np
BTR BTS BTC	r, r/i	7 a)	np
BTR BTS BTC	m, i	8 a)	np
BTR BTS BTC	m, r	14 a)	np
BSF BSR	r, r/m	7-73 a)	np
SETcc	r/m	1/2 a)	np
JMP CALL	short/near	1 e)	v
JMP CALL	far	>= 3 e)	np
conditional jump	short/near	1/4/5/6 e)	v
CALL JMP	r/m	2/5 e	np
RETN		2/5 e	np
RETN	i	3/6 e)	np
RETF		4/7 e)	np
RETF	i	5/8 e)	np
J(E)CXZ	short	4-11 e)	np
LOOP	short	5-10 e)	np
BOUND	r, m	8	np
CLC STC CMC CLD STD		2	np
CLI STI		6-9	np
LDS		2	np
REP LODS		7+3*n g)	np
STOS		3	np
REP STOS		10+n g)	np
MOVS		4	np
REP MOVS		12+n g)	np
SCAS		4	np
REP(N)E SCAS		9+4*n g)	np
CMPS		5	np
REP(N)E CMPS		8+4*n g)	np
BSWAP	r	1 a)	np
CPUID		13-16 a)	np
RDTSC		6-13 a) j)	np

Notes:

a	This instruction has a 0FH prefix which takes one clock cycle extra to decode on a P1 unless preceded by a multi-cycle instruction.
b	versions with FS and GS have a 0FH prefix. see note a.
c	versions with SS, FS, and GS have a 0FH prefix. see note a.
d	versions with two operands and no immediate have a 0FH prefix, see note a.
e	high values are for mispredicted jumps/branches.
f	only pairable if register is AL, AX or EAX.
g	add one clock cycle for decoding the repeat prefix unless preceded by a multi-cycle instruction (such as CLD).
h	pairs as if it were writing to the accumulator.
i	9 if SP divisible by 4 (imperfect pairing).
j	on P1: 6 in privileged or real mode; 11 in non-privileged; error in virtual mode. On PMMX: 8 and 13 clocks respectively.

Floating point instructions (Pentium and Pentium MMX)*Explanation of column headings*

Operands	r = register, m = memory, m32 = 32-bit memory operand, etc.
Clock cycles	The numbers are minimum values. Cache misses, misalignment, denormal operands, and exceptions may increase the clock counts considerably.
Pairability	+ = pairable with FXCH, np = not pairable with FXCH.
i-ov	Overlap with integer instructions. i-ov = 4 means that the last four clock cycles can overlap with subsequent integer instructions.
fp-ov	Overlap with floating point instructions. fp-ov = 2 means that the last two clock cycles can overlap with subsequent floating point instructions. (WAIT is considered a floating point instruction here)

Instruction	Operand	Clock cycles	Pairability	i-ov	fp-ov
FLD	r/m32/m64	1	0	0	0
FLD	m80	3	np	0	0
FBLD	m80	48-58	np	0	0
FST(P)	r	1	np	0	0
FST(P)	m32/m64	2 m)	np	0	0
FST(P)	m80	3 m)	np	0	0
FBSTP	m80	148-154	np	0	0
FILD	m	3	np	2	2
FIST(P)	m	6	np	0	0
FLDZ FLD1		2	np	0	0
FLDPI FLDL2E etc.		5 s)	np	2	2
FNSTSW	AX/m16	6 q)	np	0	0
FLDCW	m16	8	np	0	0
FNSTCW	m16	2	np	0	0
FADD(P)	r/m	3	0	2	2
FSUB(R)(P)	r/m	3	0	2	2
FMUL(P)	r/m	3	0	2	2 n)
FDIV(R)(P)	r/m	19/33/39 p)	0	38 o)	2
FCHS FABS		1	0	0	0
FCOM(P)(P) FUCOM	r/m	1	0	0	0
FIADD FISUB(R)	m	6	np	2	2
FIMUL	m	6	np	2	2

Intel Pentium

FIDIV(R)	m	22/36/42 p)	np	38 o)	2
FICOM	m	4	np	0	0
FTST		1	np	0	0
FXAM		17-21	np	4	0
FPREM		16-64	np	2	2
FPREM1		20-70	np	2	2
FRNDINT		9-20	np	0	0
FSCALE		20-32	np	5	0
FXTRACT		12-66	np	0	0
FSQRT		70	np	69 o)	2
FSIN FCOS		65-100 r)	np	2	2
FSINCOS		89-112 r)	np	2	2
F2XM1		53-59 r)	np	2	2
FYL2X		103 r)	np	2	2
FYL2XP1		105 r)	np	2	2
FPTAN		120-147 r)	np	36 o)	0
FPATAN		112-134 r)	np	2	2
FNOP		1	np	0	0
FXCH	r	1	np	0	0
FINCSTP FDECSTP		2	np	0	0
FFREE	r	2	np	0	0
FNCLEX		6-9	np	0	0
FNINIT		12-22	np	0	0
FNSAVE	m	124-300	np	0	0
FRSTOR	m	70-95	np	0	0
WAIT		1	np	0	0

Notes:

m	The value to store is needed one clock cycle in advance.
n	1 if the overlapping instruction is also an FMUL.
o	Cannot overlap integer multiplication instructions.
p	FDIV takes 19, 33, or 39 clock cycles for 24, 53, and 64 bit precision respectively. FIDIV takes 3 clocks more. The precision is defined by bit 8-9 of the floating point control word.
q	The first 4 clock cycles can overlap with preceding integer instructions.
r	Clock counts are typical. Trivial cases may be faster, extreme cases may be slower.
s	May be up to 3 clocks more when output needed for FST, FCHS, or FABS.

MMX instructions (Pentium MMX)

A list of MMX instruction timings is not needed because they all take one clock cycle, except the MMX multiply instructions which take 3. MMX multiply instructions can be pipelined to yield a throughput of one multiplication per clock cycle.

The EMMS instruction takes only one clock cycle, but the first floating point instruction after an EMMS takes approximately 58 clocks extra, and the first MMX instruction after a floating point instruction takes approximately 38 clocks extra. There is no penalty for an MMX instruction after EMMS on the PMMX.

There is no penalty for using a memory operand in an MMX instruction because the MMX arithmetic unit is one step later in the pipeline than the load unit. But the penalty comes when you store data from an MMX register to memory or to a 32-bit register: The data have to be ready one clock cycle in advance. This is analogous to the floating point store instructions.

All MMX instructions except EMMS are pairable in either pipe. Pairing rules for MMX instructions are described in manual 3: "The microarchitecture of Intel, AMD and VIA CPUs".

Intel Pentium II and Pentium III

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands: i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.

μ ops: The number of μ ops that the instruction generates for each execution port.

p0: Port 0: ALU, etc.

p1: Port 1: ALU, jumps

p01: Instructions that can go to either port 0 or 1, whichever is vacant first.

p2: Port 2: load data, etc.

p3: Port 3: address generation for store

p4: Port 4: store data

Latency: This is the delay that the instruction generates in a dependency chain. (This is not the same as the time spent in the execution unit. Values may be inaccurate in situations where they cannot be measured exactly, especially with memory operands). The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays by 50-150 clocks, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, subnormal or NAN results give a similar delay.

Reciprocal throughput: The average number of clock cycles per instruction for a series of independent instructions of the same kind.

Integer instructions (Pentium Pro, Pentium II and Pentium III)

Instruction	Operands	μ ops						Latency	Reciprocal throughput
		p0	p1	p01	p2	p3	p4		
MOV	r,r/i			1				5 8	
MOV	r,m				1				
MOV	m,r/i					1	1		
MOV	r,sr			1					
MOV	m,sr			1		1	1		
MOV	sr,r	8							
MOV	sr,m	7			1				
MOVSX MOVZX	r,r			1					
MOVSX MOVZX	r,m				1				
CMOVcc	r,r	1		1					
CMOVcc	r,m	1		1	1			high b)	
XCHG	r,r			3					
XCHG	r,m			4	1	1	1		
XLAT				1	1				
PUSH	r/i			1		1	1		
POP	r			1	1				
POP	(E)SP			2	1				
PUSH	m			1	1	1	1		
POP	m			5	1	1	1		
PUSH	sr			2		1	1		
POP	sr			8	1				
PUSHF(D)		3		11		1	1		
POPF(D)		10		6	1				
PUSHA(D)				2		8	8		
POPA(D)				2	8				

Pentium II and III

LAHF SAHF				1					
LEA	r,m	1						1 c)	
LDS LES LFS LGS									
LSS	m			8	3				
ADD SUB AND OR XOR	r,r/i			1					
ADD SUB AND OR XOR	r,m			1	1				
ADD SUB AND OR XOR	m,r/i			1	1	1	1		
ADC SBB	r,r/i			2					
ADC SBB	r,m			2	1				
ADC SBB	m,r/i			3	1	1	1		
CMP TEST	r,r/i			1					
CMP TEST	m,r/i			1	1				
INC DEC NEG NOT	r			1					
INC DEC NEG NOT	m			1	1	1	1		
AAA AAS DAA DAS			1						
AAD		1		2				4	
AAM		1	1	2				15	
IMUL	r,(r),(i)	1						4	1
IMUL	(r),m	1			1			4	1
DIV IDIV	r8	2		1				19	12
DIV IDIV	r16	3		1				23	21
DIV IDIV	r32	3		1				39	37
DIV IDIV	m8	2		1	1			19	12
DIV IDIV	m16	2		1	1			23	21
DIV IDIV	m32	2		1	1			39	37
CBW CWDE				1					
CWD CDQ		1							
SHR SHL SAR ROR									
ROL	r,i/CL	1							
SHR SHL SAR ROR									
ROL	m,i/CL	1			1	1	1		
RCR RCL	r,1	1		1					
RCR RCL	r8,i/CL	4		4					
RCR RCL	r16/32,i/CL	3		3					
RCR RCL	m,1	1		2	1	1	1		
RCR RCL	m8,i/CL	4		3	1	1	1		
RCR RCL	m16/32,i/CL	4		2	1	1	1		
SHLD SHRD	r,r,i/CL	2							
SHLD SHRD	m,r,i/CL	2		1	1	1	1		
BT	r,r/i			1					
BT	m,r/i	1		6	1				
BTR BTS BTC	r,r/i			1					
BTR BTS BTC	m,r/i	1		6	1	1	1		
BSF BSR	r,r		1	1					
BSF BSR	r,m		1	1	1				
SETcc	r			1					
SETcc	m			1		1	1		
JMP	short/near		1						2
JMP	far	21			1				
JMP	r		1						2
JMP	m(near)		1		1				2
JMP	m(far)	21			2				
conditional jump	short/near		1						2

Pentium II and III

CALL	near		1	1		1	1		2
CALL	far	28			1	2	2		
CALL	r		1	2		1	1		2
CALL	m(near)		1	4	1	1	1		2
CALL	m(far)	28			2	2	2		
RETN			1	2	1				2
RETN	i		1	3	1				2
RETF		23			3				
RETF	i	23			3				
J(E)CXZ	short		1	1					
LOOP	short	2	1	8					
LOOP(N)E	short	2	1	8					
ENTER	i,0			12		1	1		
ENTER	a,b	ca.	18	+4b		b-1	2b		
LEAVE				2	1				
BOUND	r,m	7		6	2				
CLC STC CMC				1					
CLD STD				4					
CLI		9							
STI		17							
INTO				5					
LODS					2				
REP LODS			10+6n						
STOS					1	1	1		
REP STOS			ca. 5n		a)				
MOVS				1	3	1	1		
REP MOVS			ca. 6n		a)				
SCAS				1	2				
REP(N)E SCAS			12+7n						
CMPS				4	2				
REP(N)E CMPS			12+9n						
BSWAP	r	1		1					
NOP (90)				1					0.5
Long NOP (0F 1F)				1					1
CPUID		23-48							
RDTSC		31							
IN		18						>300	
OUT		18						>300	
PREFETCHNTA d)	m				1				
PREFETCHT0/1/2 d)	m				1				
SFENCE d)						1	1		6

Notes

- a) Faster under certain conditions: see manual 3: "The microarchitecture of Intel, AMD and VIA CPUs".
- b) Has an implicit LOCK prefix.
- c) 3 if constant without base or index register
- d) P3 only.

Floating point x87 instructions (Pentium Pro, II and III)

Instruction	Operands	μops						Latency	Reciprocal throughput
		p0	p1	p01	p2	p3	p4		
FLD	r	1							

Pentium II and III

FLD	m32/64				1			1	
FLD	m80	2			2				
FBLD	m80	38			2				
FST(P)	r	1							
FST(P)	m32/m64					1	1	1	
FSTP	m80	2				2	2		
FBSTP	m80	165				2	2		
FXCH	r							0	1/3 f)
FILD	m	3			1			5	
FIST(P)	m	2				1	1	5	
FLDZ		1							
FLD1 FLDPI FLDL2E etc.		2							
FCMOVcc	r	2						2	
FNSTSW	AX	3						7	
FNSTSW	m16	1				1	1		
FLDCW	m16	1	1	1				10	
FNSTCW	m16	1				1	1		
FADD(P) FSUB(R)(P)	r	1						3	1
FADD(P) FSUB(R)(P)	m	1			1			3-4	1
FMUL(P)	r	1						5	2 g)
FMUL(P)	m	1			1			5-6	2 g)
FDIV(R)(P)	r	1						38 h)	37
FDIV(R)(P)	m	1			1			38 h)	37
FABS		1							
FCHS		3						2	
FCOM(P) FUCOM	r	1						1	
FCOM(P) FUCOM	m	1			1			1	
FCOMPP FUCOMPP		1	1					1	
FCOMI(P) FUCOMI(P)	r	1						1	
FCOMI(P) FUCOMI(P)	m	1			1			1	
FIADD FISUB(R)	m	6			1				
FIMUL	m	6			1				
FIDIV(R)	m	6			1				
FICOM(P)	m	6			1				
FTST		1						1	
FXAM		1						2	
FPREM		23							
FPREM1		33							
FRNDINT		30							
FSCALE		56							
FXTRACT		15							
FSQRT		1						69	e,i)
FSIN FCOS		17-97					27-103	e)	
FSINCOS		18-110					29-130	e)	
F2XM1		17-48					66	e)	
FYL2X		36-54					103	e)	
FYL2XP1		31-53					98-107	e)	
FPTAN		21-102					13-143	e)	
FPATAN		25-86					44-143	e)	
FNOP		1							
FINCSTP FDECSTP		1							
FFREE	r	1							
FFREEP	r	2							

Pentium II and III

FNCLEX			3				
FNINIT	13						
FNSAVE	141						
FRSTOR	72						
WAIT		2					

Notes:

- e) Not pipelined
- f) FXCH generates 1 μ op that is resolved by register renaming without going to any port.
- g) FMUL uses the same circuitry as integer multiplication. Therefore, the combined throughput of mixed floating point and integer multiplications is 1 FMUL + 1 IMUL per 3 clock cycles.
- h) FDIV latency depends on precision specified in control word: 64 bits precision gives latency 38, 53 bits precision gives latency 32, 24 bits precision gives latency 18. Division by a power of 2 takes 9 clocks. Reciprocal throughput is 1/(latency-1).
- i) Faster for lower precision.

Integer MMX instructions (Pentium II and Pentium III)

Instruction	Operands	μ ops						Latency	Reciprocal throughput
		p0	p1	p01	p2	p3	p4		
MOVD MOVQ	r,r			1				1	0.5
MOVD MOVQ	mm,m32/64				1				1
MOVD MOVQ	m32/64,mm					1	1		1
PADD PSUB PCMP	mm,mm			1				1	0.5
PADD PSUB PCMP	mm,m64			1	1				1
PMUL PMADD	mm,mm	1						3	1
PMUL PMADD	mm,m64	1			1			3	1
PAND(N) POR PXOR	mm,mm			1				1	0.5
PAND(N) POR PXOR	mm,m64			1	1				1
PSRA PSRL PSLL	mm,mm/i		1					1	1
PSRA PSRL PSLL	mm,m64		1		1				1
PACK PUNPCK	mm,mm		1					1	1
PACK PUNPCK	mm,m64		1		1				1
EMMS		11						6 k)	
MASKMOVQ d)	mm,mm			1		1	1	2-8	2 - 30
PMOVMASKB d)	r32,mm		1					1	1
MOVNTQ d)	m64,mm					1	1		1 - 30
PSHUFW d)	mm,mm,i		1					1	1
PSHUFW d)	mm,m64,i		1		1			2	1
PEXTRW d)	r32,mm,i		1	1				2	1
PINSRW d)	mm,r32,i		1					1	1
PINSRW d)	mm,m16,i		1		1			2	1
PAVGB PAVGW d)	mm,mm			1				1	0.5
PAVGB PAVGW d)	mm,m64			1	1			2	1
PMIN/MAXUB/SW d)	mm,mm			1				1	0.5
PMIN/MAXUB/SW d)	mm,m64			1	1			2	1
PMULHUW d)	mm,mm	1						3	1
PMULHUW d)	mm,m64	1			1			4	1
PSADBW d)	mm,mm	2		1				5	2
PSADBW d)	mm,m64	2		1	1			6	2

Notes:

- d) P3 only.

Pentium II and III

- k) The delay can be hidden by inserting other instructions between EMMS and any subsequent floating point instruction.

Floating point XMM instructions (Pentium III)

Instruction	Operands	μ ops						Latency	Reciprocal throughput
		p0	p1	p01	p2	p3	p4		
MOVAPS	xmm,xmm			2				1	1
MOVAPS	xmm,m128				2			2	2
MOVAPS	m128,xmm					2	2	3	2
MOVUPS	xmm,m128				4			2	4
MOVUPS	m128,xmm		1			4	4	3	4
MOVSS	xmm,xmm			1				1	1
MOVSS	xmm,m32			1	1			1	1
MOVSS	m32,xmm					1	1	1	1
MOVHPS MOVLPSS	xmm,m64			1				1	1
MOVHPS MOVLPSS	m64,xmm					1	1	1	1
MOVLHPS MOVHLPS	xmm,xmm			1				1	1
MOVMSKPS	r32,xmm	1						1	1
MOVNTPS	m128,xmm					2	2		2 - 15
CVTPI2PS	xmm,mm		2					3	1
CVTPI2PS	xmm,m64		2		1			4	2
CVT(T)PS2PI	mm,xmm		2					3	1
CVTPS2PI	mm,m128		1		2			4	1
CVTSI2SS	xmm,r32		2		1			4	2
CVTSI2SS	xmm,m32		2		2			5	2
CVT(T)SS2SI	r32,xmm		1		1			3	1
CVTSS2SI	r32,m128		1		2			4	2
ADDPS SUBPS	xmm,xmm		2					3	2
ADDPS SUBPS	xmm,m128		2		2			3	2
ADDSS SUBSS	xmm,xmm		1					3	1
ADDSS SUBSS	xmm,m32		1		1			3	1
MULPS	xmm,xmm	2						4	2
MULPS	xmm,m128	2			2			4	2
MULSS	xmm,xmm	1						4	1
MULSS	xmm,m32	1			1			4	1
DIVPS	xmm,xmm	2						48	34
DIVPS	xmm,m128	2			2			48	34
DIVSS	xmm,xmm	1						18	17
DIVSS	xmm,m32	1			1			18	17
AND(N)PS ORPS XORPS	xmm,xmm		2					2	2
AND(N)PS ORPS XORPS	xmm,m128		2		2			2	2
MAXPS MINPS	xmm,xmm		2					3	2
MAXPS MINPS	xmm,m128		2		2			3	2
MAXSS MINSS	xmm,xmm		1					3	1
MAXSS MINSS	xmm,m32		1		1			3	1
CMPccPS	xmm,xmm		2					3	2
CMPccPS	xmm,m128		2		2			3	2
CMPccSS	xmm,xmm		1					3	1
CMPccSS	xmm,m32		1		1			3	1
COMISS UCOMISS	xmm,xmm		1					1	1
COMISS UCOMISS	xmm,m32		1		1			1	1

Pentium II and III

SQRTPS	xmm,xmm	2					56	56
SQRTPS	xmm,m128	2			2		57	56
SQRTSS	xmm,xmm	2					30	28
SQRTSS	xmm,m32	2			1		31	28
RSQRTPS	xmm,xmm	2					2	2
RSQRTPS	xmm,m128	2			2		3	2
RSQRTSS	xmm,xmm	1					1	1
RSQRTSS	xmm,m32	1			1		2	1
RCPPS	xmm,xmm	2					2	2
RCPPS	xmm,m128	2			2		3	2
RCPSS	xmm,xmm	1					1	1
RCPSS	xmm,m32	1			1		2	1
SHUFPS	xmm,xmm,i		2	1			2	2
SHUFPS	xmm,m128,i		2		2		2	2
UNPCKHPS UNPCKLPS	xmm,xmm		2	2			3	2
UNPCKHPS UNPCKLPS	xmm,m128		2		2		3	2
LDMXCSR	m32	11					15	15
STMXCSR	m32	6					7	9
FXSAVE	m4096	116					62	
FXRSTOR	m4096	89					68	

Intel Pentium M, Core Solo and Core Duo

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands:	i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retirement stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The number of μ ops for each execution port. Fused μ ops count as two.
p0:	Port 0: ALU, etc.
p1:	Port 1: ALU, jumps
p01:	Instructions that can go to either port 0 or 1, whichever is vacant first.
p2:	Port 2: load data, etc.
p3:	Port 3: address generation for store
p4:	Port 4: store data
Latency:	This is the delay that the instruction generates in a dependency chain. (This is not the same as the time spent in the execution unit. Values may be inaccurate in situations where they cannot be measured exactly, especially with memory operands). The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays by 50-150 clocks, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, subnormal or NAN results give a similar delay.
Reciprocal throughput:	The average number of clock cycles per instruction for a series of independent instructions of the same kind.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain						Latency	Reciprocal throughput
			p0	p1	p01	p2	p3	p4		
Move instructions										
MOV	r,r/i	1			1					0.5
MOV	r,m	1				1				1
MOV	m,r	1					1	1		1
MOV	m,i	2					1	1		1
MOV	r,sr	1			1					
MOV	m,sr	2			1		1	1		
MOV	sr,r	8	8						5	
MOV	sr,m	8	7			1			8	
MOVNTI	m,r32	2					1	1		2
MOVSBX MOVZXB	r,r	1			1				1	0.5
MOVSBX MOVZXB	r,m	1				1				1
CMOVBcc	r,r	2	1		1				2	1.5
CMOVBcc	r,m	2	1		1	1				
XCHG	r,r	3			3				2	1.5
XCHG	r,m	7			4	1	1	1	high b)	
XLAT		2			1	1				1

Pentium M

PUSH	r	1					1	1	1	1
PUSH	i	2					1	1	1	1
PUSH	m	2				1	1	1	2	1
PUSH	sr	2			1		1	1		
PUSHF(D)		16	3		11		1	1		6
PUSHA(D)		18			2		8	8	8	8
POP	r	1				1				
POP	(E)SP	3			2	1				
POP	m	2				1	1	1	2	1
POP	sr	10			9	1				
POPF(D)		17	10		6	1				16
POPA(D)		10			2	8			7	7
LAHF SAHF		1			1				1	1
SALC		2	1	1						1
LEA	r,m	1	1						1	1
BSWAP	r	2	1		1					
LDS LES LFS LGS LSS	m	11			8	3				
PREFETCHNTA	m	1				1				1
PREFETCHT0/1/2	m	1				1				1
SFENCE/LFENCE/MFENCE		2					1	1		6
IN			18						>300	
OUT			18						>300	
Arithmetic instructions										
ADD SUB	r,r/i	1			1				1	0.5
ADD SUB	r,m	1			1	1			2	1
ADD SUB	m,r/i	3			1	1	1	1		1
ADC SBB	r,r/i	2		1	1				2	2
ADC SBB	r,m	2		1	1	1				
ADC SBB	m,r/i	7			4	1	1	1		
CMP	r,r/i	1			1				1	0.5
CMP	m,r	1			1	1			1	1
CMP	m,i	2			1	1				1
INC DEC NEG NOT	r	1			1				1	0.5
INC DEC NEG NOT	m	3			1	1	1	1		
AAA AAS DAA DAS		1		1						
AAD		3	1		2				2	
AAM		4	1	1	2				15	
MUL IMUL	r8	1	1						4	1
MUL IMUL	r16/r32	3	3						5	1
IMUL	r,r	1	1						4	1
IMUL	r,r,i	1	1						4	1
MUL IMUL	m8	1	1			1			4	1
MUL IMUL	m16/m32	3	3			1			5	1
IMUL	r,m	1	1			1			4	1
IMUL	r,m,i	2	1			1			4	1
DIV IDIV	r8	5	4		1				15-16 c)	12
DIV IDIV	r16	4	3		1				15-24 c)	12-20 c)
DIV IDIV	r32	4	3		1				15-39 c)	12-20 c)
DIV IDIV	m8	6	4		1	1			15-16 c)	12
DIV IDIV	m16	5	3		1	1			15-24 c)	12-20 c)
DIV IDIV	m32	5	3		1	1			15-39 c)	12-20 c)
CBW CWDE		1		1					1	1

Pentium M

CWD CDQ		1		1					1	1
Logic instructions										
AND OR XOR	r,r/i	1			1				1	0.5
AND OR XOR	r,m	1			1	1			2	1
AND OR XOR	m,r/i	3			1	1	1	1		1
TEST	r,r/i	1			1				1	0.5
TEST	m,r	1			1	1			1	1
TEST	m,i	2			1	1				1
SHR SHL SAR ROR ROL	r,i/CL	1	1						1	1
SHR SHL SAR ROR ROL	m,i/CL	3	1			1	1	1		
RCR RCL	r,1	2	1		1				2	2
RCR	r8,i/CL	9	5		4				11	
RCL	r8,i/CL	8	4		4				10	
RCR RCL	r16/32,i/CL	6	3		3				9	9
RCR RCL	m,1	7	2		2	1	1	1		
RCR	m8,i/CL	12	6		3	1	1	1		
RCL	m8,i/CL	11	5		3	1	1	1		
RCR RCL	m16/32,i/CL	10	5		2	1	1	1		
SHLD SHRD	r,r,i/CL	2	2						2	2
SHLD SHRD	m,r,i/CL	4	1		1	1	1	1		
BT	r,r/i	1		1					1	1
BT	m,r	8			7	1				
BT	m,i	2		1		1				
BTR BTS BTC	r,r/i	1		1						
BTR BTS BTC	m,r	10			7	1	1	1	6	
BTR BTS BTC	m,i	3		1		1	1	1		
BSF BSR	r,r	2		1	1					
BSF BSR	r,m	2		1	1	1				
SETcc	r	1		1						
SETcc	m	2		1			1	1		
CLC STC CMC		1		1						1
CLD STD		4			4					7
Control transfer instructions										
JMP	short/near	1		1						1
JMP	far	22	21			1				28
JMP	r	1		1						1
JMP	m(near)	2		1		1				2
JMP	m(far)	25	23			2				31
conditional jump	short/near	1		1						1
J(E)CXZ	short	2		1	1					1
LOOP	short	11	2	1	8					6
LOOP(N)E	short	11	2	1	8					6
CALL	near	4		1	1		1	1		2
CALL	far	32	27			1	2	2		27
CALL	r	4		1	2		1	1		9
CALL	m(near)	4		1		1	1	1		2
CALL	m(far)	35	29			2	2	2		30
RETN		2		1	2	1				2
RETN	i	3		1	1	1				2
RETF		27	24			3				30
RETF	i	27	24			3				30

Pentium M

BOUND	r,m	15	7		6	2				8
INTO		5			5					4
String instructions										
LODS		2				2				4
REP LODS		6n			10+6n					0.5
STOS		3				1	1	1		1
REP STOS		5n			ca. 5r	a)				0.7
MOVS		6			1	3	1	1		0.7
REP MOVS		6n			ca. 6r	a)				0.5
SCAS		3			1	2				1.3
REP(N)E SCAS		7n			12+7n					0.6
CMPS		6			4	2				0.7
REP(N)E CMPS		9n			12+9n					0.5
Other										
NOP (90)		1			1					0.5
Long NOP (0F 1F)		1			1					1
PAUSE		2			2					
CLI			9							
STI			17							
ENTER	i,0	12			10		1	1		
ENTER	a,b		ca.	18	+4b		b-1	2b		
LEAVE		3			2	1				
CPUID		38-59	38-59						ca. 130	
RDTSC		13	13							42

Notes:

- a) Faster under certain conditions: see manual 3: "The microarchitecture of Intel, AMD and VIA CPUs".
- b) Has an implicit LOCK prefix.
- c) High values are typical, low values are for round divisors. Core Solo/Duo is more efficient than Pentium M in cases with round values that allow an early-out algorithm.

Floating point x87 instructions

Instruction	Operands	µops fused domain	µops unfused domain						Latency	Reciprocal throughput
			p0	p1	p01	p2	p3	p4		
Move instructions										
FLD	r	1	1						1	
FLD	m32/64	1				1			1	
FLD	m80	4	2			2				
FBLD	m80	40	38			2				
FST(P)	r	1	1							
FST(P)	m32/m64	1					1	1	1	
FSTP	m80	6	2				2	2		3
FBSTP	m80	169	165				2	2		167
FXCH	r	1							0	0.33 f)
FILD	m	4	3			1			5	2
FIST(P)	m	4	2				1	1	5	2
FISTTP g)	m	4	2				1	1	5	2

Pentium M

FLDZ		1	1							
FLD1 FLDPI FLDL2E etc.		2	2							
FCMOVcc	r	2	2					2		
FNSTSW	AX	3	3					7	3	
FNSTSW	m16	2	1			1	1			
FLDCW	m16	3	1	1	1				19	
FNSTCW	m16	3	1			1	1		3	
FINCSTP FDECSTP		1	1					1		
FFREE	r	1	1						1	
FFREEP	r	2	2						2	
FNSAVE		142	142						131	
FRSTOR		72	72						91	
Arithmetic instructions										
FADD(P) FSUB(R)(P)	r	1		1				3	1	
FADD(P) FSUB(R)(P)	m	1		1	1			3	1	
FMUL(P)	r	1	1					5	2	
FMUL(P)	m	1	1		1			5	2	
FDIV(R)(P)	r	1	1					9-38 c)	8-37 c)	
FDIV(R)(P)	m	1	1		1			9-38 c)	8-37 c)	
FABS		1	1					1	1	
FCHS		1	1					1	1	
FCOM(P) FUCOM	r	1		1				1	1	
FCOM(P) FUCOM	m	1		1	1			1	1	
FCOMPP FUCOMPP		2		1	1			1	1	
FCOMI(P) FUCOMI(P)	r	1		1				1	1	
FIADD FISUB(R)	m	6	3	1	1	1		3	3	
FIMUL	m	6	5			1		5	3	
FIDIV(R)	m	6	5			1		9-38 c)	8-37 c)	
FICOM(P)	m	6	3	2		1			4	
FTST		1		1					1	
FXAM		1		1					1	
FPREM FPREM1		26	26					37		
FRNDINT		15	15					19		
Math										
FSCALE		28	28					43		
FXTRACT		15		15				9		
FSQRT		1	1					9 h)	8	
FSIN FCOS		80-100	80-100					80-110		
FSINCOS		90-110	90-110					100-130		
F2XM1		~ 20	~20					~45		
FYL2X		~ 40	~40					~60		
FYL2XP1		~ 55	~55					~65		
FPTAN		~ 100	~100					~140		
FPATAN		~ 85	~85					~140		
Other										
FNOP		1	1						1	
WAIT		2		1	1				1	
FNCLEX		3	3						13	
FNINIT		14	14						27	

Notes:

Pentium M

- c) High values are typical, low values are for low precision or round divisors.
f) FXCH generates 1 μ op that is resolved by register renaming without going to any port.
g) SSE3 instruction only available on Core Solo and Core Duo.

Integer MMX and XMM instructions

Instruction	Operands	μops fused domain	μops unfused domain						Latency	Reciprocal through- put
			p0	p1	p01	p2	p3	p4		
Move instructions										
MOVD	r32,mm	1			1				1	0.5
MOVD	mm,r32	1			1				1	0.5
MOVD	mm,m32	1				1				1
MOVD	m32,mm	1					1	1		1
MOVD	r32,xmm	1		1					1	1
MOVD	xmm,r32	2			2					1
MOVD	xmm,m32	2			1	1				1
MOVD	m32, xmm	1					1	1		1
MOVQ	mm,mm	1			1					0.5
MOVQ	mm,m64	1				1				1
MOVQ	m64,mm	1					1	1		1
MOVQ	xmm,xmm	2			2				1	1
MOVQ	xmm,m64	2			1	1				1
MOVQ	m64, xmm	1					1	1		1
MOVDQA	xmm, xmm	2			2				1	1
MOVDQA	xmm, m128	2				2				2
MOVDQA	m128, xmm	2					2	2		2
MOVDQU	xmm, m128	4			2	2				2-10
MOVDQU	m128, xmm	8			5-6		2-3	2-3		4-20
LDDQU g)	xmm, m128	4								2
MOVDQ2Q	mm, xmm	1		1					1	1
MOVQ2DQ	xmm,mm	2		1	1				1	1
MOVNTQ	m64,mm	1					1	1		2
MOVNTDQ	m128,xmm	4					2	2		3
PACKSSWB/DW										
PACKUSWB	mm,mm	1	1						1	1
PACKSSWB/DW										
PACKUSWB	mm,m64	1	1			1			1	1
PACKSSWB/DW										
PACKUSWB	xmm,xmm	3	2	1					2	2
PACKSSWB/DW										
PACKUSWB	xmm,m128	4	1	1		2			2	2
PUNPCKH/LBW/WD/DQ	mm,mm	1	1						1	1
PUNPCKH/LBW/WD/DQ	mm,m64	1	1			1				1
PUNPCKH/LBW/WD/DQ	xmm,xmm	2	2						2	2
PUNPCKH/LBW/WD/DQ	xmm,m128	3	1			2				2
PUNPCKHQDQ	xmm,xmm	2		1	1				1	1
PUNPCKHQDQ	xmm, m128	3		1		2				1
PUNPCKLQDQ	xmm,xmm	1		1					1	1
PUNPCKLQDQ	xmm, m128	1				1				1
PSHUFW	mm,mm,i	1	1						1	1

Pentium M

PSHUFW	mm,m64,i	2	1			1				1
PSHUFD	xmm,xmm,i	3	2	1					2	2
PSHUFD	xmm,m128,i	4	1	1		2				2
PSHUFL/HW	xmm,xmm,i	2	1	1						1
PSHUFL/HW	xmm, m128,i	3		1		2				1
MASKMOVQ	mm,mm	3			1		1	1		
MASKMOVDQU	xmm,xmm	8		1			2	2		
PMOVMSKB	r32,mm	1	1						1	1
PMOVMSKB	r32,xmm	1	1	j)					1	1
PEXTRW	r32,mm,i	2	1	1					2	1
PEXTRW	r32,xmm,i	4	2	2					3	2
PINSRW	mm,r32,i	1	1						1	1
PINSRW	xmm,r32,i	2	2						1	2
Arithmetic instructions										
PADD/SUB(U)(S)B/W/D	mm,mm	1				1			1	0.5
PADD/SUB(U)(S)B/W/D	mm,m64	1				1	1			1
PADD/SUB(U)(S)B/W/D	xmm,xmm	2				2			1	1
PADD/SUB(U)(S)B/W/D	xmm,m128	4				2	2			2
PADDQ PSUBQ	mm,mm	2				2			2	1
PADDQ PSUBQ	mm,m64	2				2	1			1
PADDQ PSUBQ	xmm,xmm	4				4			2	2
PADDQ PSUBQ	xmm,m128	6				4	2			2
PCMPEQ/GTB/W/D	mm,mm	1				1			1	0.5
PCMPEQ/GTB/W/D	mm,m64	1				1	1			1
PCMPEQ/GTB/W/D	xmm,xmm	2				2			1	1
PCMPEQ/GTB/W/D	xmm,m128	2				2	2			2
PMULL/HW PMULHUW	mm,mm	1				1			3	1
PMULL/HW PMULHUW	mm,m64	1				1	1		3	1
PMULL/HW PMULHUW	xmm,xmm	2				2			3	2
PMULL/HW PMULHUW	xmm,m128	4				2	2		3	2
PMULUDQ	mm,mm	1	1						4	1
PMULUDQ	mm,m64	1	1				1		4	1
PMULUDQ	xmm,xmm	2	2						4	2
PMULUDQ	xmm,m128	4	2				2		4	2
PMADDWD	mm,mm	1				1			3	1
PMADDWD	mm,m64	1				1	1		3	1
PMADDWD	xmm,xmm	2				2			3	2
PMADDWD	xmm,m128	4				2	2		3	2
PAVGB/W	mm,mm	1				1			1	0.5
PAVGB/W	mm,m64	1				1	1			1
PAVGB/W	xmm,xmm	2				2			1	1
PAVGB/W	xmm,m128	4				2	2			2
PMIN/MAXUB/SW	mm,mm	1				1			1	0.5
PMIN/MAXUB/SW	mm,m64	1				1	1			1
PMIN/MAXUB/SW	xmm,xmm	2				2			1	1
PMIN/MAXUB/SW	xmm,m128	4				2	2			2
PSADBW	mm,mm	2				2			4	1
PSADBW	mm,m64	2				2	1		4	1
PSADBW	xmm,xmm	4				4			4	2
PSADBW	xmm,m128	6				4	2		4	2
Logic instructions										

Pentium M

PAND(N) POR PXOR	mm,mm	1			1			1	0.5
PAND(N) POR PXOR	mm,m64	1			1	1			1
PAND(N) POR PXOR	xmm,xmm	2			2			1	1
PAND(N) POR PXOR	xmm,m128	4			2	2			2
PSLL/RL/RAW/D/Q	mm,mm/i	1	1					1	1
PSLL/RL/RAW/D/Q	mm,m64	1	1			1			1
PSLL/RL/RAW/D/Q	xmm,i	2	2					2	2
PSLL/RL/RAW/D/Q	xmm,xmm	3	2	1				2	2
PSLL/RL/RAW/D/Q	xmm,m128	3		1		2			2
PSLL/RLDQ	xmm,i	4	3	1				3	3
Other									
EMMS		11			11			6 k)	6

Notes:

- g) SSE3 instruction only available on Core Solo and Core Duo.
- j) Also uses some execution units under port 1.
- k) You may hide the delay by inserting other instructions between EMMS and any subsequent floating point instruction.

Floating point XMM instructions

Instruction	Operands	μops fused domain	μops unfused domain						Latency	Reciprocal throughput
			p0	p1	p01	p2	p3	p4		
Move instructions										
MOVAPS/D	xmm,xmm	2			2				1	1
MOVAPS/D	xmm,m128	2				2			2	2
MOVAPS/D	m128,xmm	2					2	2	3	2
MOVUPS/D	xmm,m128	4				4			2	2
MOVUPS/D	m128,xmm	8			4		2	2	3	4
MOVSS/D	xmm,xmm	1		1					1	1
MOVSS/D	xmm,m32/64	2		1		1			1	1
MOVSS/D	m32/64,xmm	1					1	1	1	1
MOVHPS/D MOVLPS/D	xmm,m64	1		1		1			1	1
MOVHPS/D MOVLPS/D	m64,xmm	1					1	1	1	1
MOVLHPS MOVHLPS	xmm,xmm	1		1					1	1
MOVMSKPS/D	r32,xmm	1	1	j)					2	1
MOVNTPS/D	m128,xmm	2					2	2		3
SHUFPS/D	xmm,xmm,i	3	2	1					2	2
SHUFPS/D	xmm,m128,i	4	1	1		2				2
MOVDDUP g)	xmm,xmm	2							1	1
MOVSH/LDUP g)	xmm,xmm	2							2	2
MOVSH/LDUP g)	xmm,m128	4								
UNPCKH/LPS	xmm,xmm	4	2	2					3-4	5
UNPCKH/LPS	xmm,m128	4		2		2				5
UNPCKH/LPD	xmm,xmm	2		1	1				1	1
UNPCKH/LPD	xmm,m128	3		1	1	1				1
Conversion										
CVTPS2PD	xmm,xmm	4	2	2					3	3
CVTPS2PD	xmm,m64	4	1	2		1				3
CVTPD2PS	xmm,xmm	4	3	1					4	3

Pentium M

CVTPD2PS	xmm,m128	6	3	1	2			3
CVTSD2SS	xmm,xmm	2			2		4	2
CVTSD2SS	xmm,m64	3			2	1		2
CVTSS2SD	xmm,xmm	2	2				2	2
CVTSS2SD	xmm,m64	3	2			1		2
CVTDQ2PS	xmm,xmm	2			2		3	2
CVTDQ2PS	xmm,m128	4			2	2		2
CVT(T) PS2DQ	xmm,xmm	2			2		3	2
CVT(T) PS2DQ	xmm,m128	4			2	2		2
CVTDQ2PD	xmm,xmm	4			4		4	2
CVTDQ2PD	xmm,m64	5			4	1		2
CVT(T)PD2DQ	xmm,xmm	4			4		4	3
CVT(T)PD2DQ	xmm,m128	6			4	2		3
CVTPI2PS	xmm,mm	1		1			3	1
CVTPI2PS	xmm,m64	2		1		1		1
CVT(T)PS2PI	mm,xmm	1		1			3	1
CVT(T)PS2PI	mm,m128	2		1		1		1
CVTPI2PD	xmm,mm	4	2	2			5	2
CVTPI2PD	xmm,m64	5	2	2		1		2
CVT(T) PD2PI	mm,xmm	3			3		4	2
CVT(T) PD2PI	mm,m128	5			3	2		2
CVTSI2SS	xmm,r32	2	1	1			4	1
CVT(T)SS2SI	r32,xmm	2		1	1		4	1
CVT(T)SS2SI	r32,m32	3		1	1	1		1
CVTSI2SD	xmm,r32	2	1	1			4	1
CVTSI2SD	xmm,m32	3	1	1		1		1
CVT(T)SD2SI	r32,xmm	2		1	1		4	1
CVT(T)SD2SI	r32,m64	3		1	1	1		1
Arithmetic								
ADDSS/D SUBSS/D	xmm,xmm	1			1		3	1
ADDSS/D SUBSS/D	xmm,m32/64	2			1	1	3	1
ADDPS/D SUBPS/D	xmm,xmm	2			2		3	2
ADDPS/D SUBPS/D	xmm,m128	4			2	2	3	2
ADDSUBPS/D g)	xmm,xmm	2			2		3	2
HADDPS HSUBPS g)	xmm,xmm	6?			?		7	4
HADDPD HSUBPD g)	xmm,xmm	3			3		4	2
MULSS	xmm,xmm	1	1				4	1
MULSD	xmm,xmm	1	1				5	2
MULSS	xmm,m32	2	1			1	4	1
MULSD	xmm,m64	2	1			1	5	2
MULPS	xmm,xmm	2	2				4	2
MULPD	xmm,xmm	2	2				5	4
MULPS	xmm,m128	4	2			2	4	2
MULPD	xmm,m128	4	2			2	5	4
DIVSS	xmm,xmm	1	1				9-18 c)	8-17 c)
DIVSD	xmm,xmm	1	1				9-32 c)	8-31 c)
DIVSS	xmm,m32	2	1			1	9-18 c)	8-17 c)
DIVSD	xmm,m64	2	1			1	9-32 c)	8-31 c)
DIVPS	xmm,xmm	2	2				16-34 c)	16-34 c)
DIVPD	xmm,xmm	2	2				16-62 c)	16-62 c)
DIVPS	xmm,m128	4	2			2	16-34 c)	16-34 c)
DIVPD	xmm,m128	4	2			2	16-62 c)	16-62 c)

Pentium M

CMPccSS/D	xmm,xmm	1			1				3	1
CMPccSS/D	xmm,m32/64	2			1	1				1
CMPccPS/D	xmm,xmm	2			2				3	2
CMPccPS/D	xmm,m128	4			2	2				2
COMISS/D UCOMISS/D	xmm,xmm	1		1						1
COMISS/D UCOMISS/D	xmm,m32/64	2		1		1				1
MAXSS/D MINSS/D	xmm,xmm	1			1				3	1
MAXSS/D MINSS/D	xmm,m32/64	2			1	1			3	1
MAXPS/D MINPS/D	xmm,xmm	2			2				3	2
MAXPS/D MINPS/D	xmm,m128	4			2	2			3	2
RCPSS	xmm,xmm	1		1					3	1
RCPSS	xmm,m32	2		1		1				1
RCPPS	xmm,xmm	2		2					3	2
RCPPS	xmm,m128	4		2		2				2
Math										
SQRTSS	xmm,xmm	2	2						6-30	4-28
SQRTSS	xmm,m32	3	2			1				4-28
SQRTSD	xmm,xmm	1	1						5-58	4-57
SQRTSD	xmm,m64	2	1			1				4-57
SQRTPS	xmm,xmm	2	2						8-56	16-55
SQRTPD	xmm,xmm	2	2						16-114	16-114
SQRTPS	xmm,m128	4	2			2				16-55
SQRTPD	xmm,m128	4	2			2				16-114
RSQRTSS	xmm,xmm	1		1					3	1
RSQRTSS	xmm,m32	2		1		1				1
RSQRTPS	xmm,xmm	2		3					3	2
RSQRTPS	xmm,m128	4		2		2				2
Logic										
AND/ANDN/OR/XORPS/D	xmm,xmm	2			2				1	1
AND/ANDN/OR/XORPS/D	xmm,m128	4			2	2				1
Other										
LDMXCSR	m32	9	9							20
STMXCSR	m32	6	6							12
FXSAVE	m4096	118	32				43	43		63
FXRSTOR	m4096	87	43			44				72

Notes:

- c) High values are typical, low values are for round divisors.
- g) SSE3 instruction only available on Core Solo and Core Duo.
- j) Also uses some execution units under port 1.

Intel Core 2 (Merom, 65nm)

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands:	i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, mm/x = mmx or xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retirement stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The number of μ ops for each execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if the sum of the numbers listed under p015 + p2 + p3 + p4 exceeds the number listed under μ ops fused domain. An x under p0, p1 or p5 means that at least one of the μ ops listed under p015 can optionally go to this port. For example, a 1 under p015 and an x under p0 and p5 means one μ op which can go to either port 0 or port 5, whichever is vacant first. A value listed under p015 but nothing under p0, p1 and p5 means that it is not known which of the three ports these μ ops go to.
p015:	The total number of μ ops going to port 0, 1 and 5.
p0:	The number of μ ops going to port 0 (execution units).
p1:	The number of μ ops going to port 1 (execution units).
p5:	The number of μ ops going to port 5 (execution units).
p2:	The number of μ ops going to port 2 (memory read).
p3:	The number of μ ops going to port 3 (memory write address).
p4:	The number of μ ops going to port 4 (memory write data).
Unit:	Tells which execution unit cluster is used. An additional delay of 1 clock cycle is generated if a register written by a μ op in the integer unit (int) is read by a μ op in the floating point unit (float) or vice versa. flt→int means that an instruction with multiple μ ops receive the input in the float unit and delivers the output in the int unit. Delays for moving data between different units are included under latency when they are unavoidable. For example, movd eax,xmm0 has an extra 1 clock delay for moving from the XMM-integer unit to the general purpose integer unit. This is included under latency because it occurs regardless of which instruction comes next. Nothing listed under unit means that additional delays are either unlikely to occur or unavoidable and therefore included in the latency figure.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers and underflow increase the delays very much for arithmetic instructions. Floating point overflow, underflow, denormal or NAN results give a similar delay. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain							Unit	Latency	Reciprocal throughput
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
MOV	r,r/i	1	1	x	x	x				int	1	0.33

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MOV a)	r,m	1					1			int	2	1
MOV a)	m,r	1						1	1	int	3	1
MOV	m,i	1						1	1	int	3	1
MOV	r,sr	1					1			int		1
MOV	m,sr	2					1	1	1	int		1
MOV	sr,r	8	4	x	x	x	4			int		16
MOV	sr,m	8	3	x		x	5			int		16
MOVNTI	m,r	2						1	1	int		2
MOVSX MOVZX												
MOVSXD	r,r	1	1	x	x	x				int	1	0.33
MOVSX MOVZX	r,m	1					1			int		1
CMOVcc	r,r	2	2	x	x	x				int	2	1
CMOVcc	r,m	2	2	x	x	x	1			int		
XCHG	r,r	3	3	x	x	x				int	2	2
XCHG	r,m	7	x				1	1	1	int	high b)	
XLAT		2	1				1			int	4	1
PUSH	r	1						1	1	int	3	1
PUSH	i	1						1	1	int		1
PUSH	m	2					1	1	1	int		1
PUSH	sr	2	1					1	1	int		1
PUSHF(D/Q)		17	15	x	x	x		1	1	int		7
PUSHA(D) i)		18	9					1	8	int		8
POP	r	1					1			int	2	1
POP	(E/R)SP	4	3				1			int		
POP	m	2					1	1	1	int		1.5
POP	sr	10	9				1			int		17
POPF(D/Q)		24	23	x	x	x	1			int	20	
POPA(D) i)		10	2				8			int		7
LAHF SAHF		1	1	x	x	x				int	1	0.33
SALC i)		2	2	x	x	x				int	4	1
LEA a)	r,m	1	1	1						int	1	1
BSWAP	r	2	2	1		1				int	4	1
LDS LES LFS LGS LSS	m	11	11				1			int		17
PREFETCHNTA	m	1					1			int		1
PREFETCHT0/1/2	m	1					1			int		1
LFENCE		2						1	1	int		8
MFENCE		2						1	1	int		9
SFENCE		2						1	1	int		9
CLFLUSH	m8	4	2	x	x	x		1	1	int	240	117
IN										int		
OUT										int		
Arithmetic instructions												
ADD SUB	r,r/i	1	1	x	x	x				int	1	0.33
ADD SUB	r,m	1	1	x	x	x	1			int		1
ADD SUB	m,r/i	2	1	x	x	x	1	1	1	int	6	1
ADC SBB	r,r/i	2	2	x	x	x				int	2	2
ADC SBB	r,m	2	2	x	x	x	1			int	2	2
ADC SBB	m,r/i	4	3	x	x	x	1	1	1	int	7	
CMP	r,r/i	1	1	x	x	x				int	1	0.33
CMP	m,r/i	1	1	x	x	x	1			int	1	1
INC DEC NEG NOT	r	1	1	x	x	x				int	1	0.33
INC DEC NEG NOT	m	3	1	x	x	x	1	1	1	int	6	1

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AAA AAS DAA DAS i)		1	1		1					int		1
AAD i)		3	3	x	x	x				int		1
AAM i)		4	4							int	17	
MUL IMUL	r8	1	1		1					int	3	1
MUL IMUL	r16	3	3	x	x	x				int	5	1.5
MUL IMUL	r32	3	3	x	x	x				int	5	1.5
MUL IMUL	r64	3	3	x	x	x				int	7	4
IMUL	r16,r16	1	1		1					int	3	1
IMUL	r32,r32	1	1		1					int	3	1
IMUL	r64,r64	1	1	1						int	5	2
IMUL	r16,r16,i	1	1		1					int	3	1
IMUL	r32,r32,i	1	1		1					int	3	1
IMUL	r64,r64,i	1	1	1						int	5	2
MUL IMUL	m8	1	1		1		1			int	3	1
MUL IMUL	m16	3	3	x	x	x	1			int	5	1.5
MUL IMUL	m32	3	3	x	x	x	1			int	5	1.5
MUL IMUL	m64	3	2	2			1			int	7	4
IMUL	r16,m16	1	1		1		1			int	3	1
IMUL	r32,m32	1	1		1		1			int	3	1
IMUL	r64,m64	1	1	1			1			int	5	2
IMUL	r16,m16,i	1	1		1		1			int		2
IMUL	r32,m32,i	1	1		1		1			int		1
IMUL	r64,m64,i	1	1	1			1			int		2
DIV IDIV	r8	3	3							int	18	12
DIV IDIV	r16	5	5							int	18-26	12-20 c)
DIV IDIV	r32	4	4							int	18-42	12-36 c)
DIV	r64	32	32							int	29-61	18-37 c)
IDIV	r64	56	56							int	39-72	28-40 c)
DIV IDIV	m8	4	3				1			int	18	12
DIV IDIV	m16	6	5				1			int	18-26	12-20 c)
DIV IDIV	m32	5	4				1			int	18-42	12-36 c)
DIV	m64	32	31				1			int	29-61	18-37 c)
IDIV	m64	56	55				1			int	39-72	28-40 c)
CBW CWDE CDQE		1	1	x	x	x				int	1	
CWD CDQ CQO		1	1	x		x				int	1	
Logic instructions												
AND OR XOR	r,r/i	1	1	x	x	x				int	1	0.33
AND OR XOR	r,m	1	1	x	x	x	1			int		1
AND OR XOR	m,r/i	2	1	x	x	x	1	1	1	int	6	1
TEST	r,r/i	1	1	x	x	x				int	1	0.33
TEST	m,r/i	1	1	x	x	x	1			int		1
SHR SHL SAR	r,i/cl	1	1	x		x				int	1	0.5
SHR SHL SAR	m,i/cl	3	2	x		x	1	1	1	int	6	1
ROR ROL	r,i/cl	1	1	x		x				int	1	1
ROR ROL	m,i/cl	3	2	x		x	1	1	1	int	6	1
RCR RCL	r,1	2	2	x	x	x				int	2	2
RCR	r8,i/cl	9	9	x	x	x				int	12	
RCL	r8,i/cl	8	8	x	x	x				int	11	
RCR RCL	r16/32/64,i/cl	6	6	x	x	x				int	11	
RCR RCL	m,1	4	3	x	x	x	1	1	1	int	7	
RCR	m8,i/cl	12	9	x	x	x	1	1	1	int	14	
RCL	m8,i/cl	11	8	x	x	x	1	1	1	int	13	

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RCR RCL	m16/32/64,i/cl	10	7	x	x	x	1	1	1	int	13	
SHLD SHRD	r,r,i/cl	2	2	x	x	x				int	2	1
SHLD SHRD	m,r,i/cl	3	2	x	x	x	1	1	1	int	7	
BT	r,r/i	1	1	x	x	x				int	1	1
BT	m,r	10	9	x	x	x	1			int		5
BT	m,i	2	1	x	x	x	1			int		1
BTR BTS BTC	r,r/i	1	1	x	x	x				int	1	
BTR BTS BTC	m,r	11	8	x	x	x	1	1	1	int	5	
BTR BTS BTC	m,i	3	1	x	x	x	1	1	1	int	6	
BSF BSR	r,r	2	2	x	1	x				int	2	1
BSF BSR	r,m	2	2	x	1	x	1			int		2
SETcc	r	1	1	x	x	x				int	1	1
SETcc	m	2	1	x	x	x		1	1	int		1
CLC STC CMC		1	1	x	x	x				int	1	0.33
CLD		7	7	x	x	x				int		4
STD		6	6	x	x	x				int		14
Control transfer instructions												
JMP	short/near	1	1				1			int	0	1-2
JMP i)	far	30	30							int		76
JMP	r	1	1				1			int	0	1-2
JMP	m(near)	1	1				1	1		int	0	1-2
JMP	m(far)	31	29					2		int		68
Conditional jump	short/near	1	1				1			int	0	1
Fused compare/test and branch e,i)		1	1				1			int	0	1
J(E/R)CXZ	short	2	2	x	x	1				int		1-2
LOOP	short	11	11	x	x	x				int		5
LOOP(N)E	short	11	11	x	x	x				int		5
CALL	near	3	2	x	x	x		1	1	int		2
CALL i)	far	43	43							int		75
CALL	r	3	2					1	1	int		2
CALL	m(near)	4	3					1	1	int		2
CALL	m(far)	44	42					2		int		75
RETN		1	1				1	1		int		2
RETN	i	3	x				1	1		int		2
RETF		32	30					2		int		78
RETF	i	32	30					2		int		78
BOUND i)	r,m	15	13					2		int		8
INTO i)		5	5							int		3
String instructions												
LODS		3	2				1			int		1
REP LODS		4+7n - 14+6n								int	1+5n - 21+3n	
STOS		4	2					1	1	int		1
REP STOS		8+5n - 20+1.2n								int	7+2n - 0.55n	
MOVS		8	5							int		
		1	1	1		5				int		
REP MOVS		7+7n - 13+n								int	1+3n - 0.63n	
SCAS		4	3				1			int		1
REP(N)E SCAS		7+8n - 17+7n								int	3+8n - 23+6n	
CMPS		7	5				2			int		3
REP(N)E CMPS		7+10n - 7+9n								int	2+7n - 22+5n	

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Other												
NOP (90)		1	1	x	x	x					int	0.33
Long NOP (0F 1F)		1	1	x	x	x					int	1
PAUSE		3	3	x	x	x					int	8
ENTER	i,0	12	10					1	1		int	8
ENTER	a,b										int	
LEAVE		3	2				1				int	
CPUID		46-100									int	180-215
RDTSC		29									int	64
RDPNC		23									int	54

Notes:

- a) Applies to all addressing modes
- b) Has an implicit LOCK prefix.
- c) Low values are for small results, high values for high results.
- e) See manual 3: "The microarchitecture of Intel, AMD and VIA CPUs" for restrictions on macro-op fusion.
- i) Not available in 64 bit mode.

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain								Unit	Latency	Reciprocal throughput
			p015	p0	p1	p5	p2	p3	p4				
Move instructions													
FLD	r	1	1	1							float	1	1
FLD	m32/64	1	1					1			float	3	1
FLD	m80	4	2	2				2			float	4	3
FBLD	m80	40	38					2			float	45	20
FST(P)	r	1	1	1							float	1	1
FST(P)	m32/m64	1							1	1	float	3	1
FSTP	m80	7	3	x	x	x		2	2		float	4	5
FBSTP	m80	170	166	x	x	x		2	2		float	164	166
FXCH	r	1	0 f)								float	0	1
FILD	m	1	1	1				1			float	6	1
FIST	m	2	1		1				1	1	float	6	1
FISTP	m	3	1		1				1	1	float	6	1
FISTTP g)	m	3	1		1				1	1	float	6	1
FLDZ		1	1	1							float		1
FLD1		2	2	1	1						float		2
FLDPI FLDL2E etc.		2	2		2						float		2
FCMOVcc	r	2	2	2							float	2	2
FNSTSW	AX	1	1	1							float		1
FNSTSW	m16	2	1	1					1	1	float		2
FLDCW	m16	2	1					1			float		10
FNSTCW	m16	3	1						1	1	float		8
FINCSTP FDECSTP		1	1	1							float	1	1
FFREE(P)	r	2	2	2							float		2
FNSAVE	m	142									float	184	192
FRSTOR	m	78									float	169	177
Arithmetic instructions													
FADD(P) FSUB(R)(P)	r	1	1		1						float	3	1

Merom

FADD(P) FSUB(R)(P)	m	1	1	1	1	1	1	float		1
FMUL(P)	r	1	1	1				float	5	2
FMUL(P)	m	1	1	1		1		float		2
FDIV(R)(P)	r	1	1	1				float	6-38 d)	5-37 d)
FDIV(R)(P)	m	1	1	1		1		float		5-37 d)
FABS		1	1	1				float	1	1
FCHS		1	1	1				float	1	1
FCOM(P) FUCOM	r	1	1		1			float		1
FCOM(P) FUCOM	m	1	1		1	1		float		1
FCOMPP FUCOMPP		2	2	1	1			float		
FCOMI(P) FUCOMI(P)	r	1	1		1			float		1
FIADD FISUB(R)	m	2	2	1	1	1		float		2
FIMUL	m	2	2	2		1		float		2
FIDIV(R)	m	2	2	2		1		float		5-37 d)
FICOM(P)	m	2	2	1	1	1		float		2
FTST		1	1		1			float		1
FXAM		1	1		1			float		1
FPREM FPREM1		21-27	21-27					float	16-56	
FRNDINT		7-15	7-15					float	22-29	
Math										
FSCALE		27	27					float	41	
FXTRACT		82	82					float	170	
FSQRT		1	1					float	6-69	
FSIN FCOS		~96	~96					float	~96	
FSINCOS		~100	~100					float	~115	
F2XM1		~19	~19					float	~45	
FYL2X FYL2XP1		~53	~53					float	~96	
FPTAN		~98	~98					float	~136	
FPATAN		~70	~70					float	~119	
Other										
FNOP		1	1	1				float		1
WAIT		2	2					float		1
FNCLEX		4	4					float		15
FNINIT		15	15					float		63

Notes:

- d) Round divisors or low precision give low values.
f) Resolved by register renaming. Generates no μ ops in the unfused domain.
g) SSE3 instruction set.

Integer MMX and XMM instructions

Instruction	Operands	μops fused domain	μops unfused domain								Unit	Latency	Reciprocal throughput
			p015	p0	p1	p5	p2	p3	p4				
Move instructions													
MOVD k)	r32/64,mm/x	1	1	x	x	x				int	2	0.33	
MOVD k)	m32/64,mm/x	1						1	1		3	1	
MOVD k)	mm/x,r32/64	1	1	x		x				int	2	0.5	
MOVD k)	mm/x,m32/64	1					1			int	2	1	
MOVQ	mm/x, mm/x	1	1	x	x	x				int	1	0.33	
MOVQ	mm/x,m64	1					1			int	2	1	

Merom

MOVQ	m64, mm/x	1						1	1		3	1
MOVDQA	xmm, xmm	1	1	x	x	x				int	1	0.33
MOVDQA	xmm, m128	1					1			int	2	1
MOVDQA	m128, xmm	1						1	1		3	1
MOVDQU	m128, xmm	9	4	x	x	x	1	2	2		3-8	4
MOVDQU	xmm, m128	4	2	x		x	2			int	2-8	2
LDDQU g)	xmm, m128	4	2	x		x	2			int	2-8	2
MOVDQ2Q	mm, xmm	1	1	x	x	x				int	1	0.33
MOVQ2DQ	xmm, mm	1	1	x	x	x				int	1	0.33
MOVNTQ	m64, mm	1						1	1			2
MOVNTDQ	m128, xmm	1						1	1			2
PACKSSWB/DW	mm, mm	1	1	1						int	1	1
PACKUSWB	mm, m64	1	1	1			1			int		1
PACKSSWB/DW	xmm, xmm	3	3							flt→int	3	2
PACKUSWB	xmm, m128	4	3				1			int		2
PUNPCKH/LBW/WD/DQ	mm, mm	1	1	1						int	1	1
PUNPCKH/LBW/WD/DQ	mm, m64	1	1	1			1			int		1
PUNPCKH/LBW/WD/DQ	xmm, xmm	3	3							flt→int	3	2
PUNPCKH/LBW/WD/DQ	xmm, m128	4	3				1			int		2
PUNPCKH/LQDQ	xmm, xmm	1	1							int	1	1
PUNPCKH/LQDQ	xmm, m128	2	1				1			int		1
PSHUFB h)	mm, mm	1	1			1				int	1	1
PSHUFB h)	mm, m64	2	1			1	1			int		1
PSHUFB h)	xmm, xmm	4	4							int	3	2
PSHUFB h)	xmm, m128	5	4				1			int		2
PSHUFW	mm, mm, i	1	1			1				int	1	1
PSHUFW	mm, m64, i	2	1			1	1			int		1
PSHUFD	xmm, xmm, i	2	2	x	x	1				flt→int	3	1
PSHUFD	xmm, m128, i	3	2	x	x	1	1			int		1
PSHUFL/HW	xmm, xmm, i	1	1			1				int	1	1
PSHUFL/HW	xmm, m128, i	2	1			1	1			int		1
PALIGNR h)	mm, mm, i	2	2	x	x	x				int	2	1
PALIGNR h)	mm, m64, i	2	2	x	x	x	1			int		1
PALIGNR h)	xmm, xmm, i	2	2	x	x	x				int	2	1
PALIGNR h)	xmm, m128, i	2	2	x	x	x	1			int		1
MASKMOVQ	mm, mm	4								int		2-5
MASKMOVDQU	xmm, xmm	10								int		6-10
PMOVBMSKB	r32, mm/x	1	1	1						int	2	1
PEXTRW	r32, mm, i	2	2							int	3	1
PEXTRW	r32, xmm, i	3	3							int	5	1
PINSRW	mm, r32, i	1	1			1				int	2	1
PINSRW	mm, m16, i	2	1			1	1			int		1
PINSRW	xmm, r32, i	3	3	x	x	x				int	6	1.5
PINSRW	xmm, m16, i	4	3	x	x	x	1			int		1.5
Arithmetic instructions												
PADD/SUB(U)(S)B/W/D	mm/x, mm/x	1	1	x		x				int	1	0.5
PADD/SUB(U)(S)B/W/D	mm/x, m	1	1	x		x	1			int		1
PADDQ PSUBQ	mm/x, mm/x	2	2	x		x				int	2	1
PADDQ PSUBQ	mm/x, m	2	2	x		x	1			int		1
PHADD(S)W												
PHSUB(S)W h)	mm, mm	5	5							int	5	4

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PHADD(S)W PHSUB(S)W h)	mm,m64	6	5				1			int		4
PHADD(S)W PHSUB(S)W h)	xmm,xmm	7	7							int	6	4
PHADD(S)W PHSUB(S)W h)	xmm,m128	8	7				1			int		4
PHADDD PHSUBD h)	mm,mm	3	3							int	3	2
PHADDD PHSUBD h)	mm,m64	4	3				1			int		2
PHADDD PHSUBD h)	xmm,xmm	5	5							int	5	3
PHADDD PHSUBD h)	xmm,m128	6	5				1			int		3
PCMPEQ/GTB/W/D	mm/x,mm/x	1	1	x		x				int	1	0.5
PCMPEQ/GTB/W/D	mm/x,m	1	1	x		x	1			int		1
PMULL/HW PMULHUW	mm/x,mm/x	1	1		1					int	3	1
PMULL/HW PMULHUW	mm/x,m	1	1		1		1			int		1
PMULHSW h)	mm/x,mm/x	1	1		1					int	3	1
PMULHSW h)	mm/x,m	1	1		1		1			int		1
PMULUDQ	mm/x,mm/x	1	1		1					int	3	1
PMULUDQ	mm/x,m	1	1		1		1			int		1
PMADDWD	mm/x,mm/x	1	1		1					int	3	1
PMADDWD	mm/x,m	1	1		1		1			int		1
PMADDUBSW h)	mm/x,mm/x	1	1		1					int	3	1
PMADDUBSW h)	mm/x,m	1	1		1		1			int		1
PAVGB/W	mm/x,mm/x	1	1	x		x				int	1	0.5
PAVGB/W	mm/x,m	1	1	x		x	1			int		1
PMIN/MAXUB/SW	mm/x,mm/x	1	1	x		x				int	1	0.5
PMIN/MAXUB/SW	mm/x,m	1	1	x		x	1			int		1
PABSB PABSW PABSD h)	mm/x,mm/x	1	1	x		x				int	1	0.5
PABSB PABSW PABSD h)	mm/x,m	1	1	x		x	1			int		1
PSIGNB PSIGNW	mm/x,mm/x	1	1	x		x				int	1	0.5
PSIGND h)	mm/x,m	1	1	x		x	1			int		1
PSADBW	mm/x,mm/x	1	1		1					int	3	1
PSADBW	mm/x,m	1	1		1		1			int		1
Logic instructions												
PAND(N) POR PXOR	mm/x,mm/x	1	1	x	x	x				int	1	0.33
PAND(N) POR PXOR	mm/x,m	1	1	x	x	x	1			int		1
PSLL/RL/RAW/D/Q	mm,mm/i	1	1	1						int	1	1
PSLL/RL/RAW/D/Q	mm,m64	1	1	1			1			int		1
PSLL/RL/RAW/D/Q	xmm,i	1	1	1						int	1	1
PSLL/RL/RAW/D/Q	xmm,xmm	2	2	x	x					int	2	1
PSLL/RL/RAW/D/Q	xmm,m128	3	2	x	x		1			int		1
PSLL/RLDQ	xmm,i	2	2	x	x					int	2	1
Other												
EMMS		11	11	x	x	x				float		6

Notes:

g) SSE3 instruction set.

h) Supplementary SSE3 instruction set.

k) MASM uses the name MOVD rather than MOVQ for this instruction even when moving 64 bits.

Floating point XMM instructions

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Instruction	Operands	μops fused do- main	μops unfused domain								Unit	Laten- cy	Reci- procal through- put
			p015	p0	p1	p5	p2	p3	p4				
Move instructions													
MOVAPS/D	xmm,xmm	1	1	x	x	x				int	1	0.33	
MOVAPS/D	xmm,m128	1					1			int	2	1	
MOVAPS/D	m128,xmm	1						1	1		3	1	
MOVUPS/D	xmm,m128	4	2	1		1	2			int	2-4	2	
MOVUPS/D	m128,xmm	9	4	x	x	x	1	2	2		3-4	4	
MOVSS/D	xmm,xmm	1	1	x	x	x				int	1	0.33	
MOVSS/D	xmm,m32/64	1					1			int	2	1	
MOVSS/D	m32/64,xmm	1						1	1		3	1	
MOVHPS/D MOVLPS/D	xmm,m64	2	1			1	1			int	3	1	
MOVHPS/D	m64,xmm	2	1	1				1	1		5	1	
MOVLPS/D	m64,xmm	1						1	1		3	1	
MOVLHPS MOVHLPS	xmm,xmm	1	1	1						float	1	1	
MOVMSKPS/D	r32,xmm	1	1	1						float	1	1	
MOVNTPS/D	m128,xmm	1						1	1			2-3	
SHUFPS	xmm,xmm,i	3	3		3					flt→int	3	2	
SHUFPS	xmm,m128,i	4	3		3		1			flt→int		2	
SHUFPD	xmm,xmm,i	1	1	1						float	1	1	
SHUFPD	xmm,m128,i	2	1	1			1			float		1	
MOVDDUP g)	xmm,xmm	1	1	1						int	1	1	
MOVDDUP g)	xmm,m64	2	1	1			1			int		1	
MOVSH/LDUP g)	xmm,xmm	1	1			1				int	1	1	
MOVSH/LDUP g)	xmm,m128	2	1			1	1			int		1	
UNPCKH/LPS	xmm,xmm	3	3		3					flt→int	3	2	
UNPCKH/LPS	xmm,m128	4	3		3		1			int		2	
UNPCKH/LPD	xmm,xmm	1	1	1						float	1	1	
UNPCKH/LPD	xmm,m128	2	1	1			1			float		1	
Conversion													
CVTPD2PS	xmm,xmm	2	2							float	4	1	
CVTPD2PS	xmm,m128	2	2				1			float		1	
CVTSD2SS	xmm,xmm	2	2							float	4	1	
CVTSD2SS	xmm,m64	2	2				1			float		1	
CVTPS2PD	xmm,xmm	2	2	2						float	2	2	
CVTPS2PD	xmm,m64	2	2	2			1			float		2	
CVTSS2SD	xmm,xmm	2	2							float	2	2	
CVTSS2SD	xmm,m32	2	2	2			1			float		2	
CVTDQ2PS	xmm,xmm	1	1		1					float	3	1	
CVTDQ2PS	xmm,m128	1	1		1		1			float		1	
CVT(T) PS2DQ	xmm,xmm	1	1		1					float	3	1	
CVT(T) PS2DQ	xmm,m128	1	1		1		1			float		1	
CVTDQ2PD	xmm,xmm	2	2	1	1					float	4	1	
CVTDQ2PD	xmm,m64	3	2				1			float		1	
CVT(T)PD2DQ	xmm,xmm	2	2							float	4	1	
CVT(T)PD2DQ	xmm,m128	2	2				1			float		1	
CVTPI2PS	xmm,mm	1	1		1					float	3	3	
CVTPI2PS	xmm,m64	1	1		1		1			float		3	
CVT(T)PS2PI	mm,xmm	1	1		1					float	3	1	
CVT(T)PS2PI	mm,m128	1	1		1		1			float		1	

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CVTPI2PD	xmm,mm	2	2	1	1				float	4	1
CVTPI2PD	xmm,m64	2	2	1	1	1			float		1
CVT(T) PD2PI	mm,xmm	2	2	1	1				float	4	1
CVT(T) PD2PI	mm,m128	2	2	1	1	1			float		1
CVTSI2SS	xmm,r32	1	1		1				float	4	3
CVTSI2SS	xmm,m32	1	1		1	1			float		3
CVT(T)SS2SI	r32,xmm	1	1		1				float	3	1
CVT(T)SS2SI	r32,m32	1	1		1	1			float		1
CVTSI2SD	xmm,r32	2	2	1	1				float	4	3
CVTSI2SD	xmm,m32	2	1		1	1			float		3
CVT(T)SD2SI	r32,xmm	1	1		1				float	3	1
CVT(T)SD2SI	r32,m64	1	1		1	1			float		1
Arithmetic											
ADDSS/D SUBSS/D	xmm,xmm	1	1		1				float	3	1
ADDSS/D SUBSS/D	xmm,m32/64	1	1		1	1			float		1
ADDPS/D SUBPS/D	xmm,xmm	1	1		1				float	3	1
ADDPS/D SUBPS/D	xmm,m128	1	1		1	1			float		1
ADDSUBPS/D g)	xmm,xmm	1	1		1				float	3	1
ADDSUBPS/D g)	xmm,m128	1	1		1	1			float		1
HADDPS HSUBPS g)	xmm,xmm	6	6						float	9	3
HADDPS HSUBPS g)	xmm,m128	7	6			1			float		3
HADDPD HSUBPD g)	xmm,xmm	3	3						float	5	2
HADDPD HSUBPD g)	xmm,m128	4	3			1			float		2
MULSS	xmm,xmm	1	1	1					float	4	1
MULSS	xmm,m32	1	1	1		1			float		1
MULSD	xmm,xmm	1	1	1					float	5	1
MULSD	xmm,m64	1	1	1		1			float		1
MULPS	xmm,xmm	1	1	1					float	4	1
MULPS	xmm,m128	1	1	1		1			float		1
MULPD	xmm,xmm	1	1	1					float	5	1
MULPD	xmm,m128	1	1	1		1			float		1
DIVSS	xmm,xmm	1	1	1					float	6-18 d)	5-17 d)
DIVSS	xmm,m32	1	1	1		1			float		5-17 d)
DIVSD	xmm,xmm	1	1	1					float	6-32 d)	5-31 d)
DIVSD	xmm,m64	1	1	1		1			float		5-31 d)
DIVPS	xmm,xmm	1	1	1					float	6-18 d)	5-17 d)
DIVPS	xmm,m128	1	1	1		1			float		5-17 d)
DIVPD	xmm,xmm	1	1	1					float	6-32 d)	5-31 d)
DIVPD	xmm,m128	1	1	1		1			float		5-31 d)
RCPSS/PS	xmm,xmm	1	1		1				float	3	2
RCPSS/PS	xmm,m	1	1		1	1			float		2
CMPccSS/D	xmm,xmm	1	1		1				float	3	1
CMPccSS/D	xmm,m32/64	1	1		1	1			float		1
CMPccPS/D	xmm,xmm	1	1		1				float	3	1
CMPccPS/D	xmm,m128	1	1		1	1			float		1
COMISS/D UCOMISS/D	xmm,xmm	1	1		1				float	3	1
COMISS/D UCOMISS/D	xmm,m32/64	1	1		1	1			float		1
MAXSS/D MINSS/D	xmm,xmm	1	1		1				float	3	1
MAXSS/D MINSS/D	xmm,m32/64	1	1		1	1			float		1
MAXPS/D MINPS/D	xmm,xmm	1	1		1				float	3	1
MAXPS/D MINPS/D	xmm,m128	1	1		1	1			float		1

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Math													
SQRTSS/PS	xmm,xmm	1	1	1							float	6-29	6-29
SQRTSS/PS	xmm,m	2	1	1			1				float		6-29
SQRTSD/PD	xmm,xmm	1	1	1							float	6-58	6-58
SQRTSD/PD	xmm,m	2	1	1			1				float		6-58
RSQRTSS/PS	xmm,xmm	1	1		1						float	3	2
RSQRTSS/PS	xmm,m	1	1		1		1				float		2
Logic													
AND/ANDN/OR/XORPS/D	xmm,xmm	1	1	x	x	x					int	1	0.33
AND/ANDN/OR/XORPS/D	xmm,m128	1	1	x	x	x	1				int		1
Other													
LDMXCSR	m32	14	13				1						42
STMXCSR	m32	6	4					1	1				19
FXSAVE	m4096	141										145	145
FXRSTOR	m4096	119										164	164

Notes:

- d) Round divisors give low values.
g) SSE3 instruction set.

Intel Core 2 (Wolfdale, 45nm)

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands:	i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, mm/x = mmx or xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retirement stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The number of μ ops for each execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if the sum of the numbers listed under p015 + p2 + p3 + p4 exceeds the number listed under μ ops fused domain. An x under p0, p1 or p5 means that at least one of the μ ops listed under p015 can optionally go to this port. For example, a 1 under p015 and an x under p0 and p5 means one μ op which can go to either port 0 or port 5, whichever is vacant first. A value listed under p015 but nothing under p0, p1 and p5 means that it is not known which of the three ports these μ ops go to.
p015:	The total number of μ ops going to port 0, 1 and 5.
p0:	The number of μ ops going to port 0 (execution units).
p1:	The number of μ ops going to port 1 (execution units).
p5:	The number of μ ops going to port 5 (execution units).
p2:	The number of μ ops going to port 2 (memory read).
p3:	The number of μ ops going to port 3 (memory write address).
p4:	The number of μ ops going to port 4 (memory write data).
Unit:	Tells which execution unit cluster is used. An additional delay of 1 clock cycle is generated if a register written by a μ op in the integer unit (int) is read by a μ op in the floating point unit (float) or vice versa. flt→int means that an instruction with multiple μ ops receive the input in the float unit and delivers the output in the int unit. Delays for moving data between different units are included under latency when they are unavoidable. For example, movd eax,xmm0 has an extra 1 clock delay for moving from the XMM-integer unit to the general purpose integer unit. This is included under latency because it occurs regardless of which instruction comes next. Nothing listed under unit means that additional delays are either unlikely to occur or unavoidable and therefore included in the latency figure.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers and underflow increase the delays very much for arithmetic instructions. Floating point overflow, underflow, denormal or NAN results give a similar delay. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain							Unit	Latency	Reciprocal throughput
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
MOV	r,r/i	1	1	x	x	x					1	0.33
MOV a)	r,m	1					1				2	1

Wolfdale

MOV a)	m,r	1					1	1		3	1
MOV	m,i	1					1	1		3	1
MOV	r,sr	1					1				1
MOV	m,sr	2					1	1	1		1
MOV	sr,r	8	4	x	x	x	4				16
MOV	sr,m	8	3	x		x	5				16
MOVNTI	m,r	2						1	1		2
MOVSX MOVZX											
MOVSXD	r,r	1	1	x	x	x				1	0.33
MOVSX MOVZX	r16/32,m	1					1				1
MOVSX MOVSXD	r64,m	2	1	x	x	x	1				1
CMOVcc	r,r	2	2	x	x	x				2	1
CMOVcc	r,m	2	2	x	x	x	1				
XCHG	r,r	3	3	x	x	x				2	2
XCHG	r,m	7	x				1	1	1	high b)	
XLAT		2	1				1			4	1
PUSH	r	1						1	1	3	1
PUSH	i	1						1	1		1
PUSH	m	2					1	1	1		1
PUSH	sr	2	1					1	1		1
PUSHF(D/Q)		17	15	x	x	x		1	1		7
PUSHA(D) i)		18	9					1	8		8
POP	r	1					1			2	1
POP	(E/R)SP	4	3				1				
POP	m	2					1	1	1		1.5
POP	sr	10	9				1				17
POPF(D/Q)		24	23	x	x	x	1			20	
POPA(D) i)		10	2				8				7
LAHF SAHF		1	1	x	x	x				1	0.33
SALC i)		2	2	x	x	x				4	1
LEA a)	r,m	1	1	1						1	1
BSWAP	r	2	2	1		1				4	1
LDS LES LFS LGS LSS	m	11	11				1				17
PREFETCHNTA	m	1					1				1
PREFETCHT0/1/2	m	1					1				1
LFENCE		2						1	1		8
MFENCE		2						1	1		6
SFENCE		2						1	1		9
CLFLUSH	m8	4	2	1		1		1	1	120	90
IN											
OUT											
Arithmetic instructions											
ADD SUB	r,r/i	1	1	x	x	x				1	0.33
ADD SUB	r,m	1	1	x	x	x	1				1
ADD SUB	m,r/i	2	1	x	x	x	1	1	1	6	1
ADC SBB	r,r/i	2	2	x	x	x				2	2
ADC SBB	r,m	2	2	x	x	x	1			2	2
ADC SBB	m,r/i	4	3	x	x	x	1	1	1	7	
CMP	r,r/i	1	1	x	x	x				1	0.33
CMP	m,r/i	1	1	x	x	x	1			1	1
INC DEC NEG NOT	r	1	1	x	x	x				1	0.33
INC DEC NEG NOT	m	3	1	x	x	x	1	1	1	6	1

Wolfdale

AAA AAS DAA DAS i)		1	1	1									1
AAD i)		3	3	x	x	x							1
AAM i)		5	5	x	x	x						17	
MUL IMUL	r8	1	1		1							3	1
MUL IMUL	r16	3	3	x	x	x						5	1.5
MUL IMUL	r32	3	3	x	x	x						5	1.5
MUL IMUL	r64	3	3	x	x	x						7	4
IMUL	r16,r16	1	1		1							3	1
IMUL	r32,r32	1	1		1							3	1
IMUL	r64,r64	1	1	1								5	2
IMUL	r16,r16,i	1	1		1							3	1
IMUL	r32,r32,i	1	1		1							3	1
IMUL	r64,r64,i	1	1	1								5	2
MUL IMUL	m8	1	1		1		1					3	1
MUL IMUL	m16	3	3	x	x	x	1					5	1.5
MUL IMUL	m32	3	3	x	x	x	1					5	1.5
MUL IMUL	m64	3	2	2			1					7	4
IMUL	r16,m16	1	1		1		1					3	1
IMUL	r32,m32	1	1		1		1					3	1
IMUL	r64,m64	1	1	1			1					5	2
IMUL	r16,m16,i	1	1		1		1						2
IMUL	r32,m32,i	1	1		1		1						1
IMUL	r64,m64,i	1	1	1			1						2
DIV IDIV	r8	4	4	1	2	1						9-18 c)	
DIV IDIV	r16	7	7	x	x	x						14-22 c)	
DIV IDIV	r32	7	7	2	3	2						14-23 c)	
DIV	r64	32-38	32-38	9	10	13						18-57 c)	
IDIV	r64	56-62	56-62	x	x	x						34-88 c)	
DIV IDIV	m8	4	3	1	2		1					9-18	
DIV IDIV	m16	7	7	2	3	2	1					14-22 c)	
DIV IDIV	m32	7	6	x	x	x	1					14-23 c)	
DIV	m64	32	31	x	x	x	1					34-88 c)	
IDIV	m64	56	55	x	x	x	1					39-72 c)	
CBW CWDE CDQE		1	1	x	x	x						1	
CWD CDQ CQO		1	1	x		x						1	
Logic instructions													
AND OR XOR	r,r/i	1	1	x	x	x						1	0.33
AND OR XOR	r,m	1	1	x	x	x	1						1
AND OR XOR	m,r/i	2	1	x	x	x	1	1	1			6	1
TEST	r,r/i	1	1	x	x	x						1	0.33
TEST	m,r/i	1	1	x	x	x	1						1
SHR SHL SAR	r,i/cl	1	1	x		x						1	0.5
SHR SHL SAR	m,i/cl	3	2	x		x	1	1	1			6	1
ROR ROL	r,i/cl	1	1	x		x						1	1
ROR ROL	m,i/cl	3	2	x		x	1	1	1			6	1
RCR RCL	r,1	2	2	x	x	x						2	2
RCR	r8,i/cl	9	9	x	x	x						12	
RCL	r8,i/cl	8	8	x	x	x						11	
RCR RCL	r,i/cl	6	6	x	x	x						11	
RCR RCL	m,1	4	3	x	x	x	1	1	1			7	
RCR	m8,i/cl	12	9	x	x	x	1	1	1			14	
RCL	m8,i/cl	11	8	x	x	x	1	1	1			13	

Wolfdale

RCR RCL	m,i/cl	10	7	x	x	x	1	1	1	13	
SHLD SHRD	r,r,i/cl	2	2	x	x	x				2	1
SHLD SHRD	m,r,i/cl	3	2	x	x	x	1	1	1	7	
BT	r,r/i	1	1	x	x	x				1	1
BT	m,r	9	8	x	x	x	1				4
BT	m,i	3	2	x	x	x	1				1
BTR BTS BTC	r,r/i	1	1	x	x	x				1	
BTR BTS BTC	m,r	10	7	x	x	x	1	1	1	5	
BTR BTS BTC	m,i	3	1	x	x	x	1	1	1	6	
BSF BSR	r,r	2	2	x	1	x				2	1
BSF BSR	r,m	2	2	x	1	x	1				1
SETcc	r	1	1	x	x	x				1	1
SETcc	m	2	1	x	x	x		1	1		1
CLC STC CMC		1	1	x	x	x				1	0.33
CLD		6	6	x	x	x					3
STD		6	6	x	x	x					14
Control transfer instructions											
JMP	short/near	1	1				1			0	1-2
JMP i)	far	30	30								76
JMP	r	1	1				1			0	1-2
JMP	m(near)	1	1				1	1		0	1-2
JMP	m(far)	31	29					2			68
Conditional jump	short/near	1	1				1			0	1
Fused compare/test and branch e,i)		1	1				1			0	1
J(E/R)CXZ	short	2	2	x	x	1					1-2
LOOP	short	11	11	x	x	x					5
LOOP(N)E	short	11	11	x	x	x					5
CALL	near	3	2	x	x	x			1	1	2
CALL i)	far	43	43								75
CALL	r	3	2						1	1	2
CALL	m(near)	4	3					1	1	1	2
CALL	m(far)	44	42					2			75
RETN		1	1				1	1			2
RETN	i	3	1				1	1			2
RETF		32	30					2			78
RETF	i	32	30					2			78
BOUND i)	r,m	15	13					2			8
INTO i)		5	5								3
String instructions											
LODS		3	2				1				1
REP LODS		4+7n-14+6n								1+5n-21+3n	
STOS		4	2						1	1	1
REP STOS		8+5n-20+1.2n								7+2n-0.55n	
MOVS		8	5								
		1	1	1		5					
REP MOVS		7+7n-13+n								1+3n-0.63n	
SCAS		4	3					1			1
REP(N)E SCAS		7+8n-17+7n								3+8n-23+6n	
CMPS		7	5					2			3
REP(N)E CMPS		7+10n-7+9n								2+7n-22+5n	

Wolfdale

Other												
NOP (90)		1	1	x	x	x						0.33
Long NOP (0F 1F)		1	1	x	x	x						1
PAUSE		3	3	x	x	x						8
ENTER	i,0	12	10					1	1			8
ENTER	a,b											
LEAVE		3	2				1					
CPUID		53-117										53-211
RDTSC		13										32
RDPMSR		23										54

Notes:

- a) Applies to all addressing modes
- b) Has an implicit LOCK prefix.
- c) Low values are for small results, high values for high results. The reciprocal throughput is only slightly less than the latency.
- e) See manual 3: "The microarchitecture of Intel, AMD and VIA CPUs" for restrictions on macro-op fusion.
- i) Not available in 64 bit mode.

Floating point x87 instructions

Instruction	Operands	μops fused do-main	μops unfused domain								Unit	Laten-cy	Reci-procal through-put
			p015	p0	p1	p5	p2	p3	p4				
Move instructions													
FLD	r	1	1	1							float	1	1
FLD	m32/64	1	1				1				float	3	1
FLD	m80	4	2	2			2				float	4	3
FBLD	m80	40	38	x	x	x	2				float	45	20
FST(P)	r	1	1	1							float	1	1
FST(P)	m32/m64	1						1	1		float	3	1
FSTP	m80	7	3	x	x	x		2	2		float	4	5
FBSTP	m80	171	167	x	x	x		2	2		float	164	166
FXCH	r	1	0 f)								float	0	1
FILD	m	1	1		1		1				float	6	1
FIST	m	2	1		1			1	1		float	6	1
FISTP	m	3	1		1			1	1		float	6	1
FISTTP g)	m	3	1		1			1	1		float	6	1
FLDZ		1	1	1							float		1
FLD1		2	2	1	1						float		2
FLDPI FLDL2E etc.		2	2		2						float		2
FCMOVcc	r	2	2	2							float	2	2
FNSTSW	AX	1	1	1							float		1
FNSTSW	m16	2	1	1				1	1		float		2
FLDCW	m16	2	1				1				float		10
FNSTCW	m16	3	1			1		1	1		float		8
FINCSTP FDECSTP		1	1	1							float	1	1
FFREE(P)	r	2	2	x	x	x					float		2
FNSAVE	m	141	95	x	x	x	7	23	23		float		142
FRSTOR	m	78	51	x	x	x	27				float		177
Arithmetic instructions													

Wolfdale

FADD(P) FSUB(R)(P)	r	1	1	1					float	3	1
FADD(P) FSUB(R)(P)	m	1	1	1		1			float		1
FMUL(P)	r	1	1	1					float	5	2
FMUL(P)	m	1	1	1		1			float		2
FDIV(R)(P)	r	1	1	1					float	6-21 d)	5-20 d)
FDIV(R)(P)	m	1	1	1		1			float	6-21 d)	5-20 d)
FABS		1	1	1					float	1	1
FCHS		1	1	1					float	1	1
FCOM(P) FUCOM	r	1	1		1				float		1
FCOM(P) FUCOM	m	1	1		1	1			float		1
FCOMPP FUCOMPP		2	2	1	1				float		
FCOMI(P) FUCOMI(P)	r	1	1		1				float		1
FIADD FISUB(R)	m	2	2		2	1			float	3	2
FIMUL	m	2	2	1	1	1			float	5	2
FIDIV(R)	m	2	2	1	1	1			float	6-21	5-20 d)
FICOM(P)	m	2	2		2	1			float		2
FTST		1	1		1				float		1
FXAM		1	1		1				float		1
FPREM		26-29		x	x	x			float	13-40	
FPREM1		28-35		x	x	x			float	18-41	
FRNDINT		17-19		x	x	x			float	10-22	
Math											
FSCALE		28	28	x	x	x			float	43	
FXTRACT		53-84		x	x	x			float	~170	
FSQRT		1	1	1					float	6-20	
FSIN		18-85		x	x	x			float	32-85	
FCOS		76-100		x	x	x			float	70-100	
FSINCOS		18-105		x	x	x			float	38-107	
F2XM1		19	19	x	x	x			float	45	
FYL2X FYL2XP1		57-65		x	x	x			float	50-100	
FPTAN		19-100		x	x	x			float	40-130	
FPATAN		23-87		x	x	x			float	55-130	
Other											
FNOP		1	1	1					float		1
WAIT		2	2	x	x	x			float		1
FNCLEX		4	4		x	x			float		15
FNINIT		15	15	x	x	x			float		63

Notes:

- d) Round divisors or low precision give low values.
- f) Resolved by register renaming. Generates no μ ops in the unfused domain.
- g) SSE3 instruction set.

Integer MMX and XMM instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain							Unit	Latency	Reciprocal throughput
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
MOVD k)	r,mm/x	1	1	x	x	x				int	2	0.33

Wolfdale

MOVD k)	m,mm/x	1					1	1		3	1
MOVD k)	mm/x,r	1	1	x		x			int	2	0.5
MOVD k)	mm/x,m	1					1		int	2	1
MOVQ	v,v	1	1	x	x	x			int	1	0.33
MOVQ	mm/x,m64	1					1		int	2	1
MOVQ	m64, mm/x	1						1 1		3	1
MOVDQA	xmm, xmm	1	1	x	x	x			int	1	0.33
MOVDQA	xmm, m128	1					1		int	2	1
MOVDQA	m128, xmm	1						1 1		3	1
MOVDQU	m128, xmm	9	4	x	x	x	1	2 2		3-8	4
MOVDQU	xmm, m128	4	2	x		x	2		int	2-8	2
LDDQU g)	xmm, m128	4	2	x		x	2		int	2-8	2
MOVDQ2Q	mm, xmm	1	1	x	x	x			int	1	0.33
MOVQ2DQ	xmm,mm	1	1	x	x	x			int	1	0.33
MOVNTQ	m64,mm	1						1 1			2
MOVNTDQ	m128,xmm	1						1 1			2
MOVNTDQA j)	xmm, m128	1					1			2	1
PACKSSWB/DW											
PACKUSWB	mm,mm	1	1	1					int	1	1
PACKSSWB/DW											
PACKUSWB	mm,m64	1	1	1			1		int		1
PACKSSWB/DW											
PACKUSWB	xmm,xmm	1	1			1			int	1	1
PACKSSWB/DW											
PACKUSWB	xmm,m128	1	1			1 1			int		1
PACKUSDW j)	xmm,xmm	1	1			1			int	1	1
PACKUSDW j)	xmm,m	1	1			1 1			int		1
PUNPCKH/LBW/WD/DQ	mm,mm	1	1	1					int	1	1
PUNPCKH/LBW/WD/DQ	mm,m64	1	1	1			1		int		1
PUNPCKH/LBW/WD/DQ	xmm,xmm	1	1			1			int	1	1
PUNPCKH/LBW/WD/DQ	xmm,m128	1	1			1 1			int		1
PUNPCKH/LQDQ	xmm,xmm	1	1			1			int	1	1
PUNPCKH/LQDQ	xmm, m128	2	1			1 1			int		1
PMOVSX/ZXBW j)	xmm,xmm	1	1			1			int	1	1
PMOVSX/ZXBW j)	xmm,m64	1	1			1 1			int		1
PMOVSX/ZXBD j)	xmm,xmm	1	1			1			int	1	1
PMOVSX/ZXBD j)	xmm,m32	1	1			1 1			int		1
PMOVSX/ZXBQ j)	xmm,xmm	1	1			1			int	1	1
PMOVSX/ZXBQ j)	xmm,m16	1	1			1 1			int		1
PMOVSX/ZXWD j)	xmm,xmm	1	1			1			int	1	1
PMOVSX/ZXWD j)	xmm,m64	1	1			1 1			int		1
PMOVSX/ZXWQ j)	xmm,xmm	1	1			1			int	1	1
PMOVSX/ZXWQ j)	xmm,m32	1	1			1 1			int		1
PMOVSX/ZXDQ j)	xmm,xmm	1	1			1			int	1	1
PMOVSX/ZXDQ j)	xmm,m64	1	1			1 1			int		1
PSHUFB h)	mm,mm	1	1			1			int	1	1
PSHUFB h)	mm,m64	2	1			1 1			int		1
PSHUFB h)	xmm,xmm	1	1			1			int	1	1
PSHUFB h)	xmm,m128	1	1			1 1			int		1
PSHUFW	mm,mm,i	1	1			1			int	1	1
PSHUFW	mm,m64,i	2	1			1 1			int		1
PSHUFD	xmm,xmm,i	1	1			1			int	1	1
PSHUFD	xmm,m128,i	2	1			1 1			int		1
PSHUFL/HW	xmm,xmm,i	1	1			1			int	1	1

Wolfdale

PSHUFL/HW	x, m128,i	2	1			1	1			int		1
PALIGNR h)	mm,mm,i	2	2			2				int	2	1
PALIGNR h)	mm,m64,i	3	3			3	1			int		1
PALIGNR h)	xmm,xmm,i	1	1			1				int	1	1
PALIGNR h)	xmm,m128,i	1	1			1	1			int		1
PBLENDVB j)	x,x,xmm0	2	2			2				int	2	2
PBLENDVB j)	x,m,xmm0	2	2			2	1			int		2
PBLENDW j)	xmm,xmm,i	1	1			1				int	1	1
PBLENDW j)	xmm,m,i	1	1			1	1			int		1
MASKMOVQ	mm,mm	4	1	1			1	1	1	int		2-5
MASKMOVDQU	xmm,xmm	10	4	1		3	2	2	3	int		6-10
PMOVMSKB	r32,mm/x	1	1	1						int	2	1
PEXTRB j)	r32,xmm,i	2	2	x	x	x				int	3	1
PEXTRB j)	m8,xmm,i	2	2	x	x	x				int	3	1
PEXTRW	r32,mm/x,i	2	2	x	x	x	1			int	3	1
PEXTRW j)	m16,mm/x,i	2	2	?	?	1		1	1	int		1
PEXTRD j)	r32,xmm,i	2	2	x	x	x				int	3	1
PEXTRD j)	m32,xmm,i	2	1			1		1	1	int		1
PEXTRQ j,m)	r64,xmm,i	2	2	x	x	x				int	3	1
PEXTRQ j,m)	m64,xmm,i	2	1			1		1	1	int		1
PINSRB j)	xmm,r32,i	1	1			1				int	1	1
PINSRB j)	xmm,m8,i	2	1			1	1			int		1
PINSRW	mm/x,r32,i	1	1			1				int	2	1
PINSRW	mm/x,m16,i	2	1			1	1			int		1
PINSRD j)	xmm,r32,i	1	1			1				int	1	1
PINSRD j)	xmm,m32,i	2	1			1	1			int		1
PINSRQ j,m)	xmm,r64,i	1	1			1				int	1	1
PINSRQ j,m)	xmm,m64,i	2	1			1	1			int		1
Arithmetic instructions												
PADD/SUB(U)(S)B/W/D	v,v	1	1	x		x				int	1	0.5
PADD/SUB(U)(S)B/W/D	mm/x,m	1	1	x		x	1			int		1
PADDQ PSUBQ	v,v	2	2	x		x				int	2	1
PADDQ PSUBQ	mm/x,m	2	2	x		x	1			int		1
PHADD(S)W												
PHSUB(S)W h)	v,v	3	3	1		2				int	3	2
PHADD(S)W												
PHSUB(S)W h)	mm/x,m64	4	3	1		2	1			int		2
PHADDD PHSUBD h)	v,v	3	3	1		2				int	3	2
PHADDD PHSUBD h)	mm/x,m64	4	3	1		2	1			int		2
PCMPEQ/GTB/W/D	v,v	1	1	x		x				int	1	0.5
PCMPEQ/GTB/W/D	mm/x,m	1	1	x		x	1			int		1
PCMPEQQ j)	xmm,xmm	1	1			1				int	1	1
PCMPEQQ j)	xmm,m128	1	1			1	1			int		1
PMULL/HW PMULHUW	v,v	1	1		1					int	3	1
PMULL/HW PMULHUW	mm/x,m	1	1		1		1			int		1
PMULHRW h)	v,v	1	1		1					int	3	1
PMULHRW h)	mm/x,m	1	1		1		1			int		1
PMULLD j)	xmm,xmm	4	4		2	2				int	5	2
PMULLD j)	xmm,m128	6	5	1	2	2	1			int	5	4
PMULDQ j)	xmm,xmm	1	1		1					int	3	1
PMULDQ j)	xmm,m128	1	1		1		1			int		1
PMULUDQ	v,v	1	1		1					int	3	1

Wolfdale

PMULUDQ	mm/x,m	1	1		1		1			int		1
PMADDWD	v,v	1	1		1					int	3	1
PMADDWD	mm/x,m	1	1		1		1			int		1
PMADDUBSW h)	v,v	1	1		1					int	3	1
PMADDUBSW h)	mm/x,m	1	1		1		1			int		1
PAVGB/W	v,v	1	1	x		x				int	1	0.5
PAVGB/W	mm/x,m	1	1	x		x	1			int		1
PMIN/MAXSB j)	xmm,xmm	1	1	1						int	1	1
PMIN/MAXSB j)	xmm,m128	1	1	1			1			int		1
PMIN/MAXUB	v,v	1	1	x		x				int	1	0.5
PMIN/MAXUB	mm/x,m	1	1	x		x	1			int		1
PMIN/MAXSW	v,v	1	1	x		x				int	1	0.5
PMIN/MAXSW	mm/x,m	1	1	x		x	1			int		1
PMIN/MAXUW j)	xmm,xmm	1	1	1						int	1	1
PMIN/MAXUW j)	xmm,m	1	1				1			int		1
PMIN/MAXSD j)	xmm,xmm	1	1	1						int	1	1
PMIN/MAXSD j)	xmm,m128	1	1	1			1			int		1
PMIN/MAXUD j)	xmm,xmm	1	1	1						int	1	1
PMIN/MAXUD j)	xmm,m128	1	1	1			1			int		1
PHMINPOSUW j)	xmm,xmm	4	4			4				int	4	4
PHMINPOSUW j)	xmm,m128	4	4			4	1			int		4
PABSB PABSW PABSD h)	v,v	1	1	x		x				int	1	0.5
PABSB PABSW PABSD h)	mm/x,m	1	1	x		x	1			int		1
PSIGNB PSIGNW PSIGND h)	v,v	1	1	x		x				int	1	0.5
PSIGNB PSIGNW PSIGND h)	mm/x,m	1	1	x		x	1			int		1
PSADBW	v,v	1	1		1					int	3	1
PSADBW	mm/x,m	1	1		1		1			int		1
MPSADBW j)	xmm,xmm,i	3	3		1	2				int	5	2
MPSADBW j)	xmm,m,i	4	3		1	2	1			int		2
Logic instructions												
PAND(N) POR PXOR	v,v	1	1	x	x	x				int	1	0.33
PAND(N) POR PXOR	mm/x,m	1	1	x	x	x	1			int		1
PTEST j)	xmm,xmm	2	2	1	x	x				int	1	1
PTEST j)	xmm,m128	2	2	1	x	x	1			int		1
PSLL/RL/RAW/D/Q	mm,mm/i	1	1	1						int	1	1
PSLL/RL/RAW/D/Q	mm,m64	1	1	1			1			int		1
PSLL/RL/RAW/D/Q	xmm,i	1	1	1						int	1	1
PSLL/RL/RAW/D/Q	xmm,xmm	2	2	x		x				int	2	1
PSLL/RL/RAW/D/Q	xmm,m128	3	2	x		x	1			int		1
PSLL/RDQ	xmm,i	1	1	x		x				int	1	1
Other												
EMMS		11	11	x	x	x				float		6

Notes:

- g) SSE3 instruction set.
- h) Supplementary SSE3 instruction set.
- j) SSE4.1 instruction set
- k) MASM uses the name MOVD rather than MOVQ for this instruction even when moving 64 bits
- m) Only available in 64 bit mode

Floating point XMM instructions

Instruction	Operands	μops fused do-main	μops unfused domain							Unit	Laten-cy	Reci-procal through-put
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
MOVAPS/D	xmm,xmm	1	1	x	x	x				int	1	0.33
MOVAPS/D	xmm,m128	1					1			int	2	1
MOVAPS/D	m128,xmm	1						1	1		3	1
MOVUPS/D	xmm,m128	4	2	1		1	2			int	2-4	2
MOVUPS/D	m128,xmm	9	4	x	x	x	1	2	2		3-4	4
MOVSS/D	xmm,xmm	1	1	x	x	x				int	1	0.33
MOVSS/D	x,m32/64	1					1			int	2	1
MOVSS/D	m32/64,x	1						1	1		3	1
MOVHPS/D MOVLPS/D	xmm,m64	2	1			1	1			int	3	1
MOVHPS/D	m64,xmm	2	1	1				1	1		5	1
MOVLPS/D	m64,xmm	1						1	1		3	1
MOVLHPS MOVHLPS	xmm,xmm	1	1	1						float	1	1
MOVMSKPS/D	r32,xmm	1	1	1						float	1	1
MOVNTPS/D	m128,xmm	1						1	1			2-3
SHUFPS	xmm,xmm,i	1	1			1				int	1	1
SHUFPS	xmm,m128,i	2	1			1	1			int		1
SHUFPD	xmm,xmm,i	1	1	1						float	1	1
SHUFPD	xmm,m128,i	2	1	1			1			float		1
BLENDPS/PD j)	xmm,xmm,i	1	1			1				int	1	1
BLENDPS/PD j)	xmm,m128,i	1	1			1	1			int		1
BLENDVPS/PD j)	x,x,xmm0	2	2			2				int	2	2
BLENDVPS/PD j)	x,m,xmm0	2	2			2	1			int		2
MOVDDUP g)	xmm,xmm	1	1	1						int	1	1
MOVDDUP g)	xmm,m64	2	1	1			1			int		1
MOVSH/LDUP g)	xmm,xmm	1	1			1				int	1	1
MOVSH/LDUP g)	xmm,m128	2	1			1	1			int		1
UNPCKH/LPS	xmm,xmm	1	1			1				int	1	1
UNPCKH/LPS	xmm,m128	1	1			1	1			int		1
UNPCKH/LPD	xmm,xmm	1	1	1						float	1	1
UNPCKH/LPD	xmm,m128	2	1	1			1			float		1
EXTRACTPS j)	r32,xmm,i	2	2	x	x	x				int	4	1
EXTRACTPS j)	m32,xmm,i	2	1			1		1	1	int		1
INSERTPS j)	xmm,xmm,i	1	1			1				int	1	1
INSERTPS j)	xmm,m32,i	2	1			1	1			int		1
Conversion												
CVTPD2PS	xmm,xmm	2	2	1	1					float	4	1
CVTPD2PS	xmm,m128	2	2	1	1		1			float		1
CVTSD2SS	xmm,xmm	2	2	1	1					float	4	1
CVTSD2SS	xmm,m64	2	2	1	1		1			float		1
CVTPS2PD	xmm,xmm	2	2	2						float	2	2
CVTPS2PD	xmm,m64	2	2	2			1			float		2
CVTSS2SD	xmm,xmm	2	2	2						float	2	2
CVTSS2SD	xmm,m32	2	2	2			1			float		2
CVTDQ2PS	xmm,xmm	1	1		1					float	3	1

Wolfdale

CVTDQ2PS	xmm,m128	1	1		1			float		1
CVT(T) PS2DQ	xmm,xmm	1	1		1			float	3	1
CVT(T) PS2DQ	xmm,m128	1	1		1		1	float		1
CVTDQ2PD	xmm,xmm	2	2	1	1			float	4	1
CVTDQ2PD	xmm,m64	2	2	1	1		1	float		1
CVT(T)PD2DQ	xmm,xmm	2	2	1	1			float	4	1
CVT(T)PD2DQ	xmm,m128	2	2	1	1		1	float		1
CVTPI2PS	xmm,mm	1	1		1			float	3	3
CVTPI2PS	xmm,m64	1	1		1		1	float		3
CVT(T)PS2PI	mm,xmm	1	1		1			float	3	1
CVT(T)PS2PI	mm,m128	1	1		1		1	float		1
CVTPI2PD	xmm,mm	2	2	1	1			float	4	1
CVTPI2PD	xmm,m64	2	2	1	1		1	float		1
CVT(T) PD2PI	mm,xmm	2	2	1	1			float	4	1
CVT(T) PD2PI	mm,m128	2	2	1	1		1	float		1
CVTSI2SS	xmm,r32	1	1		1			float	4	3
CVTSI2SS	xmm,m32	1	1		1		1	float		3
CVT(T)SS2SI	r32,xmm	1	1		1			float	3	1
CVT(T)SS2SI	r32,m32	1	1		1		1	float		1
CVTSI2SD	xmm,r32	2	2	1	1			float	4	3
CVTSI2SD	xmm,m32	2	1		1		1	float		3
CVT(T)SD2SI	r32,xmm	1	1		1			float	3	1
CVT(T)SD2SI	r32,m64	1	1		1		1	float		1
Arithmetic										
ADDSS/D SUBSS/D	xmm,xmm	1	1		1			float	3	1
ADDSS/D SUBSS/D	x,m32/64	1	1		1		1	float		1
ADDPSS/D SUBPS/D	xmm,xmm	1	1		1			float	3	1
ADDPSS/D SUBPS/D	xmm,m128	1	1		1		1	float		1
ADDSUBPS/D g)	xmm,xmm	1	1		1			float	3	1
ADDSUBPS/D g)	xmm,m128	1	1		1		1	float		1
HADDPS HSUBPS g)	xmm,xmm	3	3		1	2		float	7	3
HADDPS HSUBPS g)	xmm,m128	4	3		1	2	1	float		3
HADDPD HSUBPD g)	xmm,xmm	3	3	x	x	x		float	6	1.5
HADDPD HSUBPD g)	xmm,m128	4	3	x	x	x	1	float		1.5
MULSS	xmm,xmm	1	1	1				float	4	1
MULSS	xmm,m32	1	1	1			1	float		1
MULSD	xmm,xmm	1	1	1				float	5	1
MULSD	xmm,m64	1	1	1			1	float		1
MULPS	xmm,xmm	1	1	1				float	4	1
MULPS	xmm,m128	1	1	1			1	float		1
MULPD	xmm,xmm	1	1	1				float	5	1
MULPD	xmm,m128	1	1	1			1	float		1
DIVSS	xmm,xmm	1	1	1				float	6-13 d)	5-12 d)
DIVSS	xmm,m32	1	1	1			1	float		5-12 d)
DIVSD	xmm,xmm	1	1	1				float	6-21 d)	5-20 d)
DIVSD	xmm,m64	1	1	1			1	float		5-20 d)
DIVPS	xmm,xmm	1	1	1				float	6-13 d)	5-12 d)
DIVPS	xmm,m128	1	1	1			1	float		5-12 d)
DIVPD	xmm,xmm	1	1	1				float	6-21 d)	5-20 d)
DIVPD	xmm,m128	1	1	1			1	float		5-20 d)
RCPSS/PS	xmm,xmm	1	1		1			float	3	2
RCPSS/PS	xmm,m	1	1		1		1	float		2

Wolfdale

CMPccSS/D	xmm,xmm	1	1		1					float	3	1
CMPccSS/D	x,m32/64	1	1		1		1			float		1
CMPccPS/D	xmm,xmm	1	1		1					float	3	1
CMPccPS/D	xmm,m128	1	1		1		1			float		1
COMISS/D UCOMISS/D	xmm,xmm	1	1		1					float	3	1
COMISS/D UCOMISS/D	x,m32/64	1	1		1		1			float		1
MAXSS/D MINSS/D	xmm,xmm	1	1		1					float	3	1
MAXSS/D MINSS/D	x,m32/64	1	1		1		1			float		1
MAXPS/D MINPS/D	xmm,xmm	1	1		1					float	3	1
MAXPS/D MINPS/D	xmm,m128	1	1		1		1			float		1
ROUNDSS/D j)	xmm,xmm,i	1	1		1					float	3	1
ROUNDSS/D j)	xmm,m128,i	1	1		1		1			float		1
ROUNDPS/D j)	xmm,xmm,i	1	1		1					float	3	1
ROUNDPS/D j)	xmm,m128,i	1	1		1		1			float		1
DPPS j)	xmm,xmm,i	4	4	2	2					float	11	3
DPPS j)	xmm,m128,i	4	4	2	2		1			float		3
DPPD j)	xmm,xmm,i	4	4	x	x	x				float	9	3
DPPD j)	xmm,m128,i	4	4	x	x	x	1			float		3
Math												
SQRTSS/PS	xmm,xmm	1	1	1						float	6-13	5-12
SQRTSS/PS	xmm,m	2	1	1			1			float		5-12
SQRTSD/PD	xmm,xmm	1	1	1						float	6-20	5-19
SQRTSD/PD	xmm,m	2	1	1			1			float		5-19
RSQRTSS/PS	xmm,xmm	1	1		1					float	3	2
RSQRTSS/PS	xmm,m	1	1		1		1			float		2
Logic												
AND/ANDN/OR/XORPS/D	xmm,xmm	1	1	x	x	x				int	1	0.33
AND/ANDN/OR/XORPS/D	xmm,m128	1	1	x	x	x	1			int		1
Other												
LDMXCSR	m32	13	12	x	x	x	1					38
STMXCSR	m32	10	8	x	x	x		1	1			20
FXSAVE	m4096	151	67	x	x	x	8	38	38			145
FXRSTOR	m4096	121	74	x	x	x	47					150

Notes:

- d) Round divisors give low values.
g) SSE3 instruction set.

Intel Nehalem

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands:	i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, mm/x = mmx or xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retirement stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The number of μ ops for each execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if the sum of the numbers listed under p015 + p2 + p3 + p4 exceeds the number listed under μ ops fused domain. An x under p0, p1 or p5 means that at least one of the μ ops listed under p015 can optionally go to this port. For example, a 1 under p015 and an x under p0 and p5 means one μ op which can go to either port 0 or port 5, whichever is vacant first. A value listed under p015 but nothing under p0, p1 and p5 means that it is not known which of the three ports these μ ops go to.
p015:	The total number of μ ops going to port 0, 1 and 5.
p0:	The number of μ ops going to port 0 (execution units).
p1:	The number of μ ops going to port 1 (execution units).
p5:	The number of μ ops going to port 5 (execution units).
p2:	The number of μ ops going to port 2 (memory read).
p3:	The number of μ ops going to port 3 (memory write address).
p4:	The number of μ ops going to port 4 (memory write data).
Domain:	Tells which execution unit domain is used: "int" = integer unit (general purpose registers), "ivec" = integer vector unit (SIMD), "fp" = floating point unit (XMM and x87 floating point). An additional "bypass delay" is generated if a register written by a μ op in one domain is read by a μ op in another domain. The bypass delay is 1 clock cycle between the "int" and "ivec" units, and 2 clock cycles between the "int" and "fp", and between the "ivec" and "fp" units.

The bypass delay is indicated under latency only where it is unavoidable because either the source operand or the destination operand is in an unnatural domain such as a general purpose register (e.g. eax) in the "ivec" domain. For example, the PEXTRW instruction executes in the "int" domain. The source operand is an xmm register and the destination operand is a general purpose register. The latency for this instruction is indicated as 2+1, where 2 is the latency of the instruction itself and 1 is the bypass delay, assuming that the xmm operand is most likely to come from the "ivec" domain. If the xmm operand comes from the "fp" domain then the bypass delay will be 2 rather than one. The flags register can also have a bypass delay. For example, the COMISS instruction (floating point compare) executes in the "fp" domain and returns the result in the integer flags. Almost all instructions that read these flags execute in the "int" domain. Here the latency is indicated as 1+2, where 1 is the latency of the instruction itself and 2 is the bypass delay from the "fp" domain to the "int" domain.

The bypass delay from the memory read unit to any other unit and from any unit to the memory write unit are included in the latency figures in the table. Where the domain is not listed, the bypass delays are either unlikely to occur or unavoidable and therefore included in the latency figure.

Latency: This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, denormal or NAN results give a similar delay. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.

Reciprocal throughput: The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μops fused do-main	μops unfused domain							Do-main	Laten-cy	Reci-procal through-put
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
MOV	r,r/i	1	1	x	x	x				int	1	0.33
MOV a)	r,m	1					1			int	2	1
MOV a)	m,r	1						1	1	int	3	1
MOV	m,i	1						1	1	int	3	1
MOV	r,sr	1					1			int		1
MOV	m,sr	2					1	1	1	int		1
MOV	sr,r	6	3	x	x	x	3			int		13
MOV	sr,m	6	2	x		x	4			int		14
MOVNTI	m,r	2						1	1	int	~270	1
MOVSX MOVZX												
MOVSXD	r,r	1	1	x	x	x				int	1	0.33
MOVSX MOVZX												
MOVSXD	r,m	1					1			int		1
CMOVcc	r,r	2	2	x	x	x				int	2	1
CMOVcc	r,m	2	2	x	x	x	1			int		
XCHG	r,r	3	3	x	x	x				int	2	2
XCHG	r,m	7	x				1	1	1	int	20 b)	
XLAT		2	1				1			int	5	1
PUSH	r	1						1	1	int	3	1
PUSH	i	1						1	1	int		1
PUSH	m	2					1	1	1	int		1
PUSH	sr	2	1					1	1	int		1
PUSHF(D/Q)		3	2	x	x	x		1	1	int		1
PUSHA(D) i)		18	2	x	1	x		8	8	int		8
POP	r	1					1			int	2	1
POP	(E/R)SP	3	2	x	1	x	1			int		5
POP	m	2					1	1	1	int		1
POP	sr	7	2				5			int		15
POPF(D/Q)		8	7	x	x	x	1			int		14
POPA(D) i)		10	2				8			int		8
LAHF SAHF		1	1	x	x	x				int	1	0.33
SALC i)		2	2	x	x	x				int	4	1
LEA a)	r,m	1	1		1					int	1	1
BSWAP	r32	1	1		1					int	1	1
BSWAP	r64	1	1		1					int	3	1
LDS LES LFS LGS LSS	m	9	3	x	x	x	6			int		15
PREFETCHNTA	m	1					1			int		1

Nehalem

PREFETCH0/1/2	m	1					1				int		1
LFENCE		2						1	1		int		9
MFENCE		3	1	x	x	x		1	1		int		23
SFENCE		2						1	1		int		5
Arithmetic instructions													
ADD SUB	r,r/i	1	1	x	x	x					int	1	0.33
ADD SUB	r,m	1	1	x	x	x	1				int		1
ADD SUB	m,r/i	2	1	x	x	x	1	1	1		int	6	1
ADC SBB	r,r/i	2	2	x	x	x					int	2	2
ADC SBB	r,m	2	2	x	x	x	1				int	2	2
ADC SBB	m,r/i	4	3	x	x	x	1	1	1		int	7	
CMP	r,r/i	1	1	x	x	x					int	1	0.33
CMP	m,r/i	1	1	x	x	x	1				int	1	1
INC DEC NEG NOT	r	1	1	x	x	x					int	1	0.33
INC DEC NEG NOT	m	3	1	x	x	x	1	1	1		int	6	1
AAA AAS DAA DAS i)		1	1		1						int	3	1
AAD i)		3	3	x	x	x					int	15	2
AAM i)		5	5	x	x	x					int	20	7
MUL IMUL	r8	1	1		1						int	3	1
MUL IMUL	r16	3	3	x	x	x					int	5	2
MUL IMUL	r32	3	3	x	x	x					int	5	2
MUL IMUL	r64	3	3	x	x	x					int	3	2
IMUL	r16,r16	1	1		1						int	3	1
IMUL	r32,r32	1	1		1						int	3	1
IMUL	r64,r64	1	1	1							int	3	1
IMUL	r16,r16,i	1	1		1						int	3	1
IMUL	r32,r32,i	1	1		1						int	3	1
IMUL	r64,r64,i	1	1	1							int	3	2
MUL IMUL	m8	1	1		1		1				int	3	1
MUL IMUL	m16	3	3	x	x	x	1				int	5	2
MUL IMUL	m32	3	3	x	x	x	1				int	5	2
MUL IMUL	m64	3	2	2			1				int	3	2
IMUL	r16,m16	1	1		1		1				int	3	1
IMUL	r32,m32	1	1		1		1				int	3	1
IMUL	r64,m64	1	1	1			1				int	3	1
IMUL	r16,m16,i	1	1		1		1				int		1
IMUL	r32,m32,i	1	1		1		1				int		1
IMUL	r64,m64,i	1	1	1			1				int		1
DIV c)	r8	4	4	1	2	1					int	11-21	7-11
DIV c)	r16	6	6	x	4	x					int	17-22	7-12
DIV c)	r32	6	6	x	3	x					int	17-28	7-17
DIV c)	r64	~40	x	x	x	x					int	28-90	19-69
IDIV c)	r8	4	4	1	2	1					int	10-22	7-11
IDIV c)	r16	8	8	x	5	x					int	18-23	7-12
IDIV c)	r32	7	7	x	3	x					int	17-28	7-17
IDIV c)	r64	~60	x	x	x	x					int	37-100	26-86
CBW CWDE CDQE		1	1	x	x	x					int	1	1
CWD CDQ CQO		1	1	x		x					int	1	1
POPCNT ℓ)	r,r	1	1		1						int	3	1
POPCNT ℓ)	r,m	1	1		1		1				int		1
CRC32 ℓ)	r,r	1	1		1						int	3	1
CRC32 ℓ)	r,m	1	1		1		1				int		1

Nehalem

Logic instructions													
AND OR XOR	r,r/i	1	1	x	x	x					int	1	0.33
AND OR XOR	r,m	1	1	x	x	x	1				int		1
AND OR XOR	m,r/i	2	1	x	x	x	1	1	1		int	6	1
TEST	r,r/i	1	1	x	x	x					int	1	0.33
TEST	m,r/i	1	1	x	x	x	1				int		1
SHR SHL SAR	r,i/cl	1	1	x		x					int	1	0.5
SHR SHL SAR	m,i/cl	3	2	x		x	1	1	1		int	6	1
ROR ROL	r,i/cl	1	1	x		x					int	1	1
ROR ROL	m,i/cl	3	2	x		x	1	1	1		int	6	1
RCR RCL	r,1	2	2	x	x	x					int	2	2
RCR	r8,i/cl	9	9	x	x	x					int	13	
RCL	r8,i/cl	8	8	x	x	x					int	11	
RCR RCL	r16/32/64,i/cl	6	6	x	x	x					int	12-13	12-13
RCR RCL	m,1	4	3	x	x	x	1	1	1		int	7	
RCR	m8,i/cl	12	9	x	x	x	1	1	1		int	16	
RCL	m8,i/cl	11	8	x	x	x	1	1	1		int	14	
RCR RCL	m16/32/64,i/cl	10	7	x	x	x	1	1	1		int	15	
SHLD	r,r,i/cl	2	2	x	x	x					int	3	1
SHLD	m,r,i/cl	3	2	x	x	x	1	1	1		int	8	
SHRD	r,r,i/cl	2	2	x	x	x					int	4	1
SHRD	m,r,i/cl	3	2	x	x	x	1	1	1		int	9	
BT	r,r/i	1	1	x		x					int	1	1
BT	m,r	9	8	x		x	1				int		5
BT	m,i	2	2	x		x	1				int		1
BTR BTS BTC	r,r/i	1	1	x		x					int	1	1
BTR BTS BTC	m,r	10	7	x	x	x	1	1	1		int	6	
BTR BTS BTC	m,i	3	3	x		x	1	1	1		int	6	
BSF BSR	r,r	1	1		1						int	3	1
BSF BSR	r,m	2	1		1		1				int	3	1
SETcc	r	1	1	x		x					int	1	1
SETcc	m	2	1	x	x	x		1	1		int		1
CLC STC CMC		1	1	x	x	x					int	1	0.33
CLD		2	2	x	x	x					int		4
STD		2	2	x	x	x					int		5
Control transfer instructions													
JMP	short/near	1	1			1					int	0	2
JMP i)	far	31	31								int		67
JMP	r	1	1			1					int	0	2
JMP	m(near)	1	1			1	1				int	0	2
JMP	m(far)	31	31				11				int		73
Conditional jump	short/near	1	1			1					int	0	2
Fused compare/test and branch e)		1	1			1					int	0	2
J(E/R)CXZ	short	2	2	x	x	1					int		2
LOOP	short	6	6	x	x	x					int		4
LOOP(N)E	short	11	11	x	x	x					int		7
CALL	near	2	2	?	?	1		1	1		int		2
CALL i)	far	46	46				9				int		74
CALL	r	3	2	?	?	1		1	1		int		2
CALL	m(near)	4	3	?	?	1	1	1	1		int		2
CALL	m(far)	47	47				1				int		79

Nehalem

RETN		1	1			1	1			int	2
RETN	i	3	2			1	1			int	2
RETF		39	39							int	120
RETF	i	40	40							int	124
BOUND i)		15	13				2			int	7
INTO i)	r,m	4	4							int	5
String instructions											
LODS		2	1	x	x	x	1			int	1
REP LODS		11+4n								int	40+12n
STOS		3	1	x	x	x		1	1	int	1
REP STOS	small n	60+n								int	12+n
REP STOS	large n	2.5/16 bytes								int	1 clk / 16 bytes
MOVS		5	2	x	x	x	1	1	1	int	4
REP MOVS	small n	13+6n								int	12+n
REP MOVS	large n	2/16 bytes								int	1 clk / 16 bytes
SCAS		3	2	x	x	x	1			int	1
REP SCAS		37+6n								int	40+2n
CMPS		5	3	x	x	x	2			int	4
REP CMPS		65+8n								int	42+2n
Other											
NOP (90)		1	1	x	x	x				int	0.33
Long NOP (0F 1F)		1	1	x	x	x				int	1
PAUSE		5	5	x	x	x				int	9
ENTER	a,0	11	9	x	x	x	1	1	1	int	8
ENTER	a,b	34+7b								int	79+5b
LEAVE		3	3				1			int	5
CPUID		25-100								int	~200
RDTSC		22								int	24
RDPMSR		28								int	40-60

Notes:

- a) Applies to all addressing modes
- b) Has an implicit LOCK prefix.
- c) Low values are for small results, high values for high results.
- e) See manual 3: "The microarchitecture of Intel, AMD and VIA CPUs" for restrictions on macro-op fusion.
- i) Not available in 64 bit mode.
- ℓ) SSE4.2 instruction set.

Floating point x87 instructions

Instruction	Operands	μops fused do- main	μops unfused domain							Do- main	Laten- cy	Reci- procal through- put
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
FLD	r	1	1	1						float	1	1
FLD	m32/64	1	1				1			float	3	1
FLD	m80	4	2	1	1		2			float	4	2
FBLD	m80	41	38	x	x	x	3			float	45	20
FST(P)	r	1	1	1						float	1	1
FST(P)	m32/m64	1						1	1	float	4	1

Nehalem

FSTP	m80	7	3	x	x	x		2	2	float	5	5
FBSTP	m80	208	204	x	x	x		2	2	float	242	245
FXCH	r	1	0 f)							float	0	1
FILD	m	1	1		1		1			float	6	1
FIST(P)	m	3	1		1			1	1	float	7	1
FISTTP g)	m	3	1		1			1	1	float	7	1
FLDZ		1	1	1						float		1
FLD1		2	2	1	1					float		2
FLDPI FLDL2E etc.		2	2		2					float		2
FCMOVcc	r	2	2	2						float	2+2	2
FNSTSW	AX	2	2							float		1
FNSTSW	m16	3	2					1	1	float		2
FLDCW	m16	2	1				1			float	7	31
FNSTCW	m16	2	1	1				1	1	float	5	1
FINCSTP FDECSTP		1	1	1						float	1	1
FFREE(P)	r	2	2	x	x	x				float		4
FNSAVE	m	143	89	x	x	x	8	23	23	float	178	178
FRSTOR	m	79	52	x	x	x	27			float	156	156
Arithmetic instructions												
FADD(P) FSUB(R)(P)	r	1	1		1					float	3	1
FADD(P) FSUB(R)(P)	m	1	1		1		1			float		1
FMUL(P)	r	1	1	1						float	5	1
FMUL(P)	m	1	1	1			1			float		1
FDIV(R)(P)	r	1	1	1						float	7-27 d)	7-27 d)
FDIV(R)(P)	m	1	1	1			1			float	7-27 d)	7-27 d)
FABS		1	1	1						float	1	1
FCHS		1	1	1						float	1	1
FCOM(P) FUCOM	r	1	1		1					float		1
FCOM(P) FUCOM	m	1	1		1		1			float		1
FCOMPP FUCOMPP		2	2	1	1					float		1
FCOMI(P) FUCOMI(P)	r	1	1		1					float		1
FIADD FISUB(R)	m	2	2		2		1			float	3	2
FIMUL	m	2	2	1	1		1			float	5	2
FIDIV(R)	m	2	2	1	1		1			float	7-27 d)	7-27 d)
FICOM(P)	m	2	2		2		1			float		1
FTST		1	1		1					float		1
FXAM		1	1		1					float		1
FPREM		25	25	x	x	x				float	14	
FPREM1		35	35	x	x	x				float	19	
FRNDINT		17	17	x	x	x				float	22	
Math												
FSCALE		24	24	x	x	x				float	12	
FXTRACT		17	17	x	x	x				float	13	
FSQRT		1	1	1						float	~27	
FSIN		~100	~100	x	x	x				float	40-100	
FCOS		~100	~100	x	x	x				float	40-100	
FSINCOS		~100	~100	x	x	x				float	~110	
F2XM1		19	19	x	x	x				float	58	
FYL2X FYL2XP1		~55	~55	x	x	x				float	~80	
FPTAN		~100	~100	x	x	x				float	~115	
FPATAN		~82	~82	x	x	x				float	~120	

Nehalem

Other												
FNOP		1	1	1							float	1
WAIT		2	2	x	x	x					float	1
FNCLEX		3	3		x	x					float	17
FNINIT		~190	~190	x	x	x					float	77

Notes:

- d) Round divisors or low precision give low values.
f) Resolved by register renaming. Generates no μ ops in the unfused domain.
g) SSE3 instruction set.

Integer MMX and XMM instructions

Instruction	Operands	μops fused do-main	μops unfused domain							Do-main	Laten-cy	Reci-procal through-put
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
MOVD k)	r32/64,mm/x	1	1	x	x	x				int	1+1	0.33
MOVD k)	m32/64,mm/x	1						1	1		3	1
MOVD k)	mm/x,r32/64	1	1	x	x	x				ivec	1+1	0.33
MOVD k)	mm/x,m32/64	1					1				2	1
MOVQ	mm/x, mm/x	1	1	x	x	x				ivec	1	0.33
MOVQ	mm/x,m64	1					1				2	1
MOVQ	m64, mm/x	1						1	1		3	1
MOVDQA	xmm, xmm	1	1	x	x	x				ivec	1	0.33
MOVDQA	xmm, m128	1					1				2	1
MOVDQA	m128, xmm	1						1	1		3	1
MOVDQU	xmm, m128	1	1				1				2	1
MOVDQU	m128, xmm	1	1					1	1		3	1
LDDQU g)	xmm, m128	1	1				1				2	1
MOVDQ2Q	mm, xmm	1	1	x	x	x				ivec	1	0.33
MOVQ2DQ	xmm,mm	1	1	x	x	x				ivec	1	0.33
MOVNTQ	m64,mm	1						1	1		~270	2
MOVNTDQ	m128,xmm	1						1	1		~270	2
MOVNTDQA j)	xmm, m128	1					1				2	1
PACKSSWB/DW												
PACKUSWB	mm,mm	1	1		1					ivec	1	1
PACKSSWB/DW												
PACKUSWB	mm,m64	1	1		1		1					2
PACKSSWB/DW												
PACKUSWB	xmm,xmm	1	1	x		x				ivec	1	0.5
PACKSSWB/DW												
PACKUSWB	xmm,m128	1	1	x		x	1					2
PACKUSDW j)	xmm,xmm	1	1	x		x				ivec	1	2
PACKUSDW j)	xmm,m	1	1	x		x	1					2
PUNPCKH/LBW/WD/DQ	mm/x, mm/x	1	1	x		x				ivec	1	0.5
PUNPCKH/LBW/WD/DQ	mm/x,m	1	1	x		x	1					2
PUNPCKH/LQDQ	xmm,xmm	1	1	x		x				ivec	1	0.5
PUNPCKH/LQDQ	xmm, m128	2	1	x		x	1					1
PMOVSX/ZXBW j)	xmm,xmm	1	1	x		x				ivec	1	1
PMOVSX/ZXBW j)	xmm,m64	1	1	x		x	1					2
PMOVSX/ZXBD j)	xmm,xmm	1	1	x		x				ivec	1	1
PMOVSX/ZXBD j)	xmm,m32	1	1	x		x	1					2

Nehalem

PMOVSX/ZXBQ j)	xmm,xmm	1	1	x	x					ivec	1	1
PMOVSX/ZXBQ j)	xmm,m16	1	1	x	x	1						2
PMOVSX/ZXWD j)	xmm,xmm	1	1	x	x					ivec	1	1
PMOVSX/ZXWD j)	xmm,m64	1	1	x	x	1						2
PMOVSX/ZXWQ j)	xmm,xmm	1	1	x	x					ivec	1	1
PMOVSX/ZXWQ j)	xmm,m32	1	1	x	x	1						2
PMOVSX/ZXDQ j)	xmm,xmm	1	1	x	x					ivec	1	1
PMOVSX/ZXDQ j)	xmm,m64	1	1	x	x	1						2
PSHUFb h)	mm/x, mm/x	1	1	x	x					ivec	1	0.5
PSHUFb h)	mm/x,m	2	1	x	x	1						1
PSHUFw	mm,mm,i	1	1	x	x					ivec	1	0.5
PSHUFw	mm,m64,i	2	1	x	x	1						1
PSHUFD	xmm,xmm,i	1	1	x	x					ivec	1	0.5
PSHUFD	xmm,m128,i	2	1	x	x	1						1
PSHUFL/HW	xmm,xmm,i	1	1	x	x					ivec	1	0.5
PSHUFL/HW	xmm, m128,i	2	1	x	x	1						1
PALIGNR h)	mm/x,mm/x,i	1	1	x	x					ivec	1	1
PALIGNR h)	mm/x,m,i	2	1	x	x	1						1
PBLENDVB j)	x,x,xmm0	2	2	1	1					ivec	2	1
PBLENDVB j)	xmm,m,xmm0	3	2	1	1	1						1
PBLENDW j)	xmm,xmm,i	1	1	x	x					ivec	1	0.5
PBLENDW j)	xmm,m,i	2	1	x	x	1						1
MASKMOVQ	mm,mm	4	1	1		1	1	1		ivec		2
MASKMOVDQU	xmm,xmm	10	4	x	x	2	2	x		ivec		7
PMOVMskB	r32,mm/x	1	1	1						float	2+2	1
PEXTRB j)	r32,xmm,i	2	2	x	x	x				ivec	2+1	1
PEXTRB j)	m8,xmm,i	2	2	x	x							1
PEXTRw	r32,mm/x,i	2	2	x	x	x				ivec	2+1	1
PEXTRw j)	m16,mm/x,i	2	2	x	x		1	1				1
PEXTRD j)	r32,xmm,i	2	2	x	x	x				ivec	2+1	1
PEXTRD j)	m32,xmm,i	2	1	x	x		1	1				1
PEXTRQ j,m)	r64,xmm,i	2	2	x	x	x				ivec	2+1	1
PEXTRQ j,m)	m64,xmm,i	2	1	x	x		1	1				1
PINSRB j)	xmm,r32,i	1	1	x	x					ivec	1+1	1
PINSRB j)	xmm,m8,i	2	1	x	x	1						1
PINSRW	mm/x,r32,i	1	1	x	x					ivec	1+1	1
PINSRW	mm/x,m16,i	2	1	x	x	1						1
PINSRD j)	xmm,r32,i	1	1	x	x					ivec	1+1	1
PINSRD j)	xmm,m32,i	2	1	x	x	1						1
PINSRQ j,m)	xmm,r64,i	1	1	x	x					ivec	1+1	1
PINSRQ j,m)	xmm,m64,i	2	1	x	x	1						1
Arithmetic instructions												
PADD/SUB(U)(S)B/W/D/Q	mm/x, mm/x	1	1	x	x					ivec	1	0.5
PADD/SUB(U)(S)B/W/D/Q	mm/x,m	1	1	x	x	1						2
PHADD/SUB(S)W/D h)	mm/x, mm/x	3	3	x	x					ivec	3	1.5
PHADD/SUB(S)W/D h)	mm/x,m64	4	3	x	x	1						3
PCMPEQ/GTB/W/D	mm/x,mm/x	1	1	x	x					ivec	1	0.5
PCMPEQ/GTB/W/D	mm/x,m	1	1	x	x	1						2
PCMPEQQ j)	xmm,xmm	1	1	x	x					ivec	1	0.5
PCMPEQQ j)	xmm,m128	1	1	x	x	1						2

Nehalem

PCMPGTQ ℓ)	xmm,xmm	1	1		1				ivec	3	1
PCMPGTQ ℓ)	xmm,m128	1	1		1		1				1
PMULL/HW PMULHUW	mm/x,mm/x	1	1		1				ivec	3	1
PMULL/HW PMULHUW	mm/x,m	1	1		1		1				1
PMULHRSW h)	mm/x,mm/x	1	1		1				ivec	3	1
PMULHRSW h)	mm/x,m	1	1		1		1				1
PMULLD j)	xmm,xmm	2	2		2				ivec	6	2
PMULLD j)	xmm,m128	3	2		2		1				
PMULDQ j)	xmm,xmm	1	1		1				ivec	3	1
PMULDQ j)	xmm,m128	1	1		1		1				1
PMULUDQ	mm/x,mm/x	1	1		1				ivec	3	1
PMULUDQ	mm/x,m	1	1		1		1				1
PMADDWD	mm/x,mm/x	1	1		1				ivec	3	1
PMADDWD	mm/x,m	1	1		1		1				1
PMADDUBSW h)	mm/x,mm/x	1	1		1				ivec	3	1
PMADDUBSW h)	mm/x,m	1	1		1		1				1
PAVGB/W	mm/x,mm/x	1	1	x		x			ivec	1	0.5
PAVGB/W	mm/x,m	1	1	x		x	1				1
PMIN/MAXSB j)	xmm,xmm	1	1	x		x			ivec	1	1
PMIN/MAXSB j)	xmm,m128	1	1	x		x	1				2
PMIN/MAXUB	mm/x,mm/x	1	1	x		x			ivec	1	0.5
PMIN/MAXUB	mm/x,m	1	1	x		x	1				2
PMIN/MAXSW	mm/x,mm/x	1	1	x		x			ivec	1	0.5
PMIN/MAXSW	mm/x,m	1	1	x		x	1				2
PMIN/MAXUW j)	xmm,xmm	1	1	x		x			ivec	1	1
PMIN/MAXUW j)	xmm,m	1	1	x		x	1				2
PMIN/MAXU/SD j)	xmm,xmm	1	1	x		x			ivec	1	1
PMIN/MAXU/SD j)	xmm,m128	1	1	x		x	1				2
PHMINPOSUW j)	xmm,xmm	1	1		1				ivec	3	1
PHMINPOSUW j)	xmm,m128	1	1		1		1				3
PABSB PABSW PABSD h)	mm/x,mm/x	1	1	x		x			ivec	1	0.5
PABSB PABSW PABSD h)	mm/x,m	1	1	x		x	1				1
PSIGNB PSIGNW											
PSIGND h)	mm/x,mm/x	1	1	x		x			ivec	1	0.5
PSIGNB PSIGNW											
PSIGND h)	mm/x,m	1	1	x		x	1				2
PSADBW	mm/x,mm/x	1	1		1				ivec	3	1
PSADBW	mm/x,m	1	1		1		1				3
MPSADBW j)	xmm,xmm,i	3	3	x	x	x			ivec	5	1
MPSADBW j)	xmm,m,i	4	3	x	x	x	1				2
PCLMULQDQ n)	xmm,xmm,i									12	8
AESDEC, AESDECLAST, AESENC, AESENCLAST n)											
	xmm,xmm									~5	~2
AESIMC n)	xmm,xmm									~5	~2
AESKEYGENASSIST n)	xmm,xmm,i									~5	~2
Logic instructions											
PAND(N) POR PXOR	mm/x,mm/x	1	1	x	x	x			ivec	1	0.33
PAND(N) POR PXOR	mm/x,m	1	1	x	x	x	1				1
PTEST j)	xmm,xmm	2	2	x	x	x			ivec	3	1

Nehalem

PTEST j)	xmm,m128	2	2	x	x	x	1						1
PSLL/RL/RAW/D/Q	mm,mm/i	1	1		1					ivec	1		1
PSLL/RL/RAW/D/Q	mm,m64	1	1		1		1						2
PSLL/RL/RAW/D/Q	xmm,i	1	1		1					ivec	1		1
PSLL/RL/RAW/D/Q	xmm,xmm	2	2	x	1	x				ivec	2		2
PSLL/RL/RAW/D/Q	xmm,m128	3	2	x	1	x	1						1
PSLL/RLDQ	xmm,i	1	1	x		x				ivec	1		1
String instructions													
PCMPESTRI ℓ)	xmm,xmm,i	8	8	x	x	x				ivec	14		5
PCMPESTRI ℓ)	xmm,m128,i	9	8	x	x	x	1			ivec	14		6
PCMPESTRM ℓ)	xmm,xmm,i	9	9	x	x	x				ivec	7		6
PCMPESTRM ℓ)	xmm,m128,i	10	10	x	x	x	1			ivec	7		6
PCMPISTRI ℓ)	xmm,xmm,i	3	3	x	x	x				ivec	8		2
PCMPISTRI ℓ)	xmm,m128,i	4	4	x	x	x	1			ivec	8		2
PCMPISTRM ℓ)	xmm,xmm,i	4	4	x	x	x				ivec	7		2
PCMPISTRM ℓ)	xmm,m128,i	6	5	x	x	x	1			ivec	7		5
Other													
EMMS		11	11	x	x	x				float			6

Notes:

- g) SSE3 instruction set.
- h) Supplementary SSE3 instruction set.
- j) SSE4.1 instruction set
- k) MASM uses the name MOVD rather than MOVQ for this instruction even when moving 64 bits
- ℓ) SSE4.2 instruction set
- m) Only available in 64 bit mode
- n) Only available on newer models

Floating point XMM instructions

Instruction	Operands	μops fused do-main	μops unfused domain							Do-main	Laten-cy	Reci-procal through-put
			p015	p0	p1	p5	p2	p3	p4			
Move instructions												
MOVAPS/D	xmm,xmm	1	1			1				float	1	1
MOVAPS/D	xmm,m128	1					1				2	1
MOVAPS/D	m128,xmm	1						1	1		3	1
MOVUPS/D	xmm,m128	1					1				2	1-4
MOVUPS/D	m128,xmm	1						1	1		3	1-3
MOVSS/D	xmm,xmm	1	1			1					1	1
MOVSS/D	xmm,m32/64	1					1				2	1
MOVSS/D	m32/64,xmm	1						1	1		3	1
MOVHPS/D MOVLPS/D	xmm,m64	2	1			1	1				3	2
MOVH/LPS/D	m64,xmm	2	1			1		1	1		5	1
MOVLHPS MOVHLPS	xmm,xmm	1	1			1				float	1	1
MOVMSKPS/D	r32,xmm	1	1	1						float	1+2	1
MOVNTPS/D	m128,xmm	1						1	1		~270	2
SHUFPS/D	xmm,xmm,i	1	1			1				float	1	1
SHUFPS/D	xmm,m128,i	2	1			1	1			float		1
BLENDPS/PD j)	xmm,xmm,i	1	1			1				float	1	1

Nehalem

BLENDPS/PD j)	xmm,m128,i	2	1			1	1			float		1
BLENDVPS/PD j)	x,x,xmm0	2	2			2				float	2	2
BLENDVPS/PD j)	xmm,m,xmm0	3	2			2	1			float		2
MOVDDUP g)	xmm,xmm	1	1			1				float	1	1
MOVDDUP g)	xmm,m64	1					1				2	1
MOVSH/LDUP g)	xmm,xmm	1	1			1				float	1	1
MOVSH/LDUP g)	xmm,m128	1					1					1
UNPCKH/LPS/D	xmm,xmm	1	1			1				float	1	1
UNPCKH/LPS/D	xmm,m128	1	1			1	1			float		1
EXTRACTPS j)	r32,xmm,i	1	1			1				float	1+2	1
EXTRACTPS j)	m32,xmm,i	2	1			1		1	1			1
INSERTPS j)	xmm,xmm,i	1	1			1				float	1	1
INSERTPS j)	xmm,m32,i	3	2			2	1			float		2
Conversion												
CVTPD2PS	xmm,xmm	2	2			1	1			float	4	1
CVTPD2PS	xmm,m128	2	2			1		1		float		1
CVTSD2SS	xmm,xmm	2	2			1	1			float	4	1
CVTSD2SS	xmm,m64	2	2	?	?	?	1			float		1
CVTPS2PD	xmm,xmm	2	2	1		1				float	2	1
CVTPS2PD	xmm,m64	2	2	1		1	1			float		1
CVTSS2SD	xmm,xmm	1	1	1						float	1	1
CVTSS2SD	xmm,m32	1	1	1			1			float		2
CVTDQ2PS	xmm,xmm	1	1			1				float	3+2	1
CVTDQ2PS	xmm,m128	1	1			1		1		float		1
CVT(T) PS2DQ	xmm,xmm	1	1			1				float	3+2	1
CVT(T) PS2DQ	xmm,m128	1	1			1		1		float		1
CVTDQ2PD	xmm,xmm	2	2			1	1			float	4+2	1
CVTDQ2PD	xmm,m64	2	2			1	1	1		float		1
CVT(T)PD2DQ	xmm,xmm	2	2			1	1			float	4+2	1
CVT(T)PD2DQ	xmm,m128	2	2			1	1	1		float		1
CVTPI2PS	xmm,mm	1	1			1				float	3+2	3
CVTPI2PS	xmm,m64	1	1			1		1		float		3
CVT(T)PS2PI	mm,xmm	1	1			1				float	3+2	1
CVT(T)PS2PI	mm,m128	1	1			1		1		float		1
CVTPI2PD	xmm,mm	2	2			1	1			ivec/float	6	1
CVTPI2PD	xmm,m64	2	2			1	1	1				1
CVT(T) PD2PI	mm,xmm	2	2	x		1	x			float/ivec	6	1
CVT(T) PD2PI	mm,m128	2	2	x		1	x	1				1
CVTSI2SS	xmm,r32	1	1			1				float	3+2	3
CVTSI2SS	xmm,m32	1	1			1		1		float		3
CVT(T)SS2SI	r32,xmm	1	1			1				float	3+2	1
CVT(T)SS2SI	r32,m32	1	1			1		1		float		1
CVTSI2SD	xmm,r32	2	2	1		1				float	4+2	3
CVTSI2SD	xmm,m32	2	1			1		1		float		3
CVT(T)SD2SI	r32,xmm	1	1			1				float	3+2	1
CVT(T)SD2SI	r32,m64	1	1			1		1		float		1
Arithmetic												
ADDSS/D SUBSS/D	xmm,xmm	1	1			1				float	3	1
ADDSS/D SUBSS/D	xmm,m32/64	1	1			1		1		float		1
ADDPS/D SUBPS/D	xmm,xmm	1	1			1				float	3	1
ADDPS/D SUBPS/D	xmm,m128	1	1			1		1		float		1

Nehalem

ADDSUBPS/D g)	xmm,xmm	1	1		1					float	3	1
ADDSUBPS/D g)	xmm,m128	1	1		1		1			float		1
HADDPS HSUBPS g)	xmm,xmm	3	3		1	2				float	5	2
HADDPS HSUBPS g)	xmm,m128	4	3		1	2	1			float		2
HADDPD HSUBPD g)	xmm,xmm	3	3		1	2				float	3	2
HADDPD HSUBPD g)	xmm,m128	4	3		1	2	1			float		2
MULSS MULPS	xmm,xmm	1	1	1						float	4	1
MULSS MULPS	xmm,m	1	1	1			1			float		1
MULSD MULPD	xmm,xmm	1	1	1						float	5	1
MULSD MULPD	xmm,m	1	1	1			1			float		1
DIVSS DIVPS	xmm,xmm	1	1	1						float	7-14	7-14
DIVSS DIVPS	xmm,m	1	1	1			1			float		7-14
DIVSD DIVPD	xmm,xmm	1	1	1						float	7-22	7-22
DIVSD DIVPD	xmm,m	1	1	1			1			float		7-22
RCPSS/PS	xmm,xmm	1	1		1					float	3	2
RCPSS/PS	xmm,m	1	1		1		1			float		2
CMPccSS/D CMPccPS/D	xmm,xmm	1	1		1					float	3	1
CMPccSS/D CMPccPS/D	xmm,m	2	1		1		1			float		1
COMISS/D UCOMISS/D	xmm,xmm	1	1		1					float	1+2	1
COMISS/D UCOMISS/D	xmm,m32/64	1	1		1		1			float		1
MAXSS/D MINSS/D	xmm,xmm	1	1		1					float	3	1
MAXSS/D MINSS/D	xmm,m32/64	1	1		1		1			float		1
MAXPS/D MINPS/D	xmm,xmm	1	1		1					float	3	1
MAXPS/D MINPS/D	xmm,m128	1	1		1		1			float		1
ROUNDSS/D ROUNDPS/D j)	xmm,xmm,i	1	1		1					float	3	1
ROUNDSS/D ROUNDPS/D j)	xmm,m128,i	2	1		1		1			float		1
DPPS j)	xmm,xmm,i	4	4	1	2	1				float	11	2
DPPS j)	xmm,m128,i	6	5	x	x	x	1			float		
DPPD j)	xmm,xmm,i	3	3	x	x	x				float	9	1
DPPD j)	xmm,m128,i	4	3	x	x	x	1			float		3
Math												
SQRTSS/PS	xmm,xmm	1	1	1						float	7-18	7-18
SQRTSS/PS	xmm,m	2	1	1			1			float		7-18
SQRTSD/PD	xmm,xmm	1	1	1						float	7-32	7-32
SQRTSD/PD	xmm,m	2	1	1			1			float		7-32
RSQRTSS/PS	xmm,xmm	1	1		1					float	3	2
RSQRTSS/PS	xmm,m	1	1		1		1			float		2
Logic												
AND/ANDN/OR/XORPS/D	xmm,xmm	1	1			1				float	1	1
AND/ANDN/OR/XORPS/D	xmm,m128	1	1			1	1			float		1
Other												
LDMXCSR	m32	6	6	x	x	x	1					5
STMXCSR	m32	2	1			1		1	1			1
FXSAVE	m4096	141	141	x	x	x	5	38	38		90	90
FXRSTOR	m4096	112	90	x	x	x	42					100

Notes:

g) SSE3 instruction set.

Intel Sandy Bridge

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands: i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, same = same register for both operands. m = memory operand, m32 = 32-bit memory operand, etc.

μ ops fused domain: The number of μ ops at the decode, rename, allocate and retirement stages in the pipeline. Fused μ ops count as one.

μ ops unfused domain: The number of μ ops for each execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if the sum of the numbers listed under p015 + p23 + p4 exceeds the number listed under μ ops fused domain. A number indicated as 1+ under a read or write port means a 256-bit read or write operation using two clock cycles for handling 128 bits each cycle. The port cannot receive another read or write μ op in the second clock cycle, but a read port can receive an address-calculation μ op in the second clock cycle. An x under p0, p1 or p5 means that at least one of the μ ops listed under p015 can optionally go to this port. For example, a 1 under p015 and an x under p0 and p5 means one μ op which can go to either port 0 or port 5, whichever is vacant first. A value listed under p015 but nothing under p0, p1 and p5 means that it is not known which of the three ports these μ ops go to.

p015: The total number of μ ops going to port 0, 1 and 5.

p0: The number of μ ops going to port 0 (execution units).

p1: The number of μ ops going to port 1 (execution units).

p5: The number of μ ops going to port 5 (execution units).

p23: The number of μ ops going to port 2 or 3 (memory read or address calculation).

p4: The number of μ ops going to port 4 (memory write data).

Latency: This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.

Reciprocal throughput: The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

The latencies and throughputs listed below for addition and multiplication using full size YMM registers are obtained only after a warm-up period of a thousand instructions or more. The latencies may be one or two clock cycles longer and the reciprocal throughputs double the values for shorter sequences of code. There is no warm-up effect when vectors are 128 bits wide or less.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain						Latency	Reciprocal throughput	Comments
			p015	p0	p1	p5	p23	p4			
Move instructions											
MOV	r,r/i	1	1	x	x	x			1		
MOV	r,m	1					1		2	0.5	all addressing modes

Sandy Bridge

MOV	m,r	1					1	1	3	1	
MOV	m,i	1					1	1		1	
MOVNTI	m,r	2					1	1	~350	1	
MOVSX MOVZX	r,r	1	1	x	x	x			1		
MOVSXD											
MOVSX MOVZX	r,m	1					1			0.5	
MOVSXD											
CMOVcc	r,r	2	2	x	x	x			2	1	
CMOVcc	r,m	2	2	x	x	x	1			1	
XCHG	r,r	3	3	x	x	x			2	1	
XCHG	r,m	8	x				2	1	25		implicit lock
XLAT		3	2				1		7	1	
PUSH	r	1					1	1	3	1	
PUSH	i	1					1	1		1	
PUSH	m	2					2	1		1	
PUSHF(D/Q)		3	2	x	x	x	1	1		1	
PUSHA(D)		16	0				8	8		8	not 64 bit
POP	r	1					1		2	0.5	
POP	(E/R)SP	1	0				1			0.5	
POP	m	2					2	1		1	
POPF(D/Q)		9	8	x	x	x	1			18	
POPA(D)		18	10				8			9	not 64 bit
LAHF SAHF		1	1						1	1	
SALC		3	3						1	1	not 64 bit
LEA	r,m	1	1	x	x				1	0.5	simple
LEA	r,m	1	1		1				3	1	complex or rip relative
BSWAP	r32	1	1		1				1	1	
BSWAP	r64	2	2		2				2	1	
PREFETCHNTA	m	1					1			0.5	
PREFETCHT0/1/2	m	1					1			0.5	
LFENCE		2					1	1		4	
MFENCE		3	1				1	1		33	
SFENCE		2					1	1		6	
Arithmetic instructions											
ADD SUB	r,r/i	1	1	x	x	x			1		
ADD SUB	r,m	1	1	x	x	x	1			0.5	
ADD SUB	m,r/i	2	1	x	x	x	2	1	6	1	
SUB	r,same	1	0						0	0.25	
ADC SBB	r,r/i	2	2	x	x	x			2	1	
ADC SBB	r,m	2	2	x	x	x	1		2	1	
ADC SBB	m,r/i	4	3	x	x	x	2	1	7	1.5	
CMP	r,r/i	1	1	x	x	x			1		
CMP	m,r/i	1	1	x	x	x	1		1	0.5	
INC DEC NEG NOT	r	1	1	x	x	x			1		
INC DEC NEG NOT	m	3	1	x	x	x	2	1	6	2	
AAA AAS		2	2						4		not 64 bit
DAA DAS		3	3						4		not 64 bit
AAD		3	3						2		not 64 bit
AAM		8	8						20	11	not 64 bit
MUL IMUL	r8	1	1		1				3	1	

Sandy Bridge

MUL IMUL	r16	4	4						4	2	
MUL IMUL	r32	3	3						4	2	
MUL IMUL	r64	2	2						3	1	
IMUL	r,r	1	1		1				3	1	
IMUL	r16,r16,i	2	2						4	1	
IMUL	r32,r32,i	1	1		1				3	1	
IMUL	r64,r64,i	1	1		1				3	1	
MUL IMUL	m8	1	1		1		1		3	1	
MUL IMUL	m16	4	3				1			2	
MUL IMUL	m32	3	2				1			2	
MUL IMUL	m64	2	1				1			2	
IMUL	r,m	1	1		1		1			1	
IMUL	r16,m16,i	2	2				1			1	
IMUL	r32,m32,i	1	1		1		1			1	
IMUL	r64,m64,i	1	1		1		1			1	
DIV	r8	10	10						20-24	11-14	
DIV	r16	11	11						21-25	11-14	
DIV	r32	10	10						20-28	11-18	
DIV	r64	34-56	x						30-94	22-76	
IDIV	r8	10	10						21-24	11-14	
IDIV	r16	10	10						21-25	11-14	
IDIV	r32	9	9						20-27	11-18	
IDIV	r64	59-138	x						40-103	25-84	
CBW		1	1						1	0.5	
CWDE		1	1			1			1	1	
CDQE		1	1						1	0.5	
CWD		2	2						1	1	
CDQ		1	1						1	1	
CQO		1	1						1	0.5	
POPCNT	r,r	1	1		1				3	1	SSE4.2
POPCNT	r,m	1	1		1		1			1	SSE4.2
CRC32	r,r	1	1		1				3	1	SSE4.2
CRC32	r,m	1	1		1		1			1	SSE4.2
Logic instructions											
AND OR XOR	r,r/i	1	1	x	x	x			1		
AND OR XOR	r,m	1	1	x	x	x	1			0.5	
AND OR XOR	m,r/i	2	1	x	x	x	2	1	6	1	
XOR	r,same	1	0						0	0.25	
TEST	r,r/i	1	1	x	x	x			1		
TEST	m,r/i	1	1	x	x	x	1			0.5	
SHR SHL SAR	r,i	1	1	x		x			1	0.5	
SHR SHL SAR	m,i	3	1				2	1		2	
SHR SHL SAR	r,cl	3	3						2	2	
SHR SHL SAR	m,cl	5	3				2	1		4	
ROR ROL	r,i	1	1						1	1	
ROR ROL	m,i	4	3				2	1		2	
ROR ROL	r,cl	3	3						2	2	
ROR ROL	m,cl	5	3				2	1		4	
RCR	r8,1	high							high	high	
RCR	r16/32/64,1	3	3						2	2	
RCR	r,i	8	8						5	5	

Sandy Bridge

RCR	m,i	11	7				x	x		6	
RCR	r,cl	8	8						5	5	
RCR	m,cl	11	7				x	x		6	
RCL	r,1	3	3						2	2	
RCL	r,i	8	8						6	6	
RCL	m,i	11	7				x	x		6	
RCL	r,cl	8	8						6	6	
RCL	m,cl	11	7				x	x		6	
SHRD SHLD	r,r,i	1	1							0.5	
SHRD SHLD	m,r,i	3					2	1		2	
SHRD SHLD	r,r,cl	4	4						2	2	
SHRD SHLD	m,r,cl	5	3				2	1		4	
BT	r,r/i	1	1						1	0.5	
BT	m,r	10	8				x			5	
BT	m,i	2	1				1			0.5	
BTR BTS BTC	r,r/i	1	1						1	0.5	
BTR BTS BTC	m,r	11	7				x	x		5	
BTR BTS BTC	m,i	3	1				2	1		2	
BSF BSR	r,r	1	1						3	1	
BSF BSR	r,m	1	1		1		1			1	
SETcc	r	1	1	x		x			1	0.5	
SETcc	m	2	1	x		x	1	1		1	
CLC		1	0							0.25	
STC CMC		1	1	x	x	x			1		
CLD STD		3	3							4	
Control transfer instructions											
JMP	short/near	1	1			1			0	2	
JMP	r	1	1			1			0	2	
JMP	m	1	1			1	1		0	2	
Conditional jump	short/near	1	1			1			0	1-2	fast if not jumping
Fused arithmetic and branch		1	1			1			0	1-2	
J(E/R)CXZ	short	2	2	x	x	1				2-4	
LOOP	short	7	7							5	
LOOP(N)E	short	11	11							5	
CALL	near	3	2			1	1	1		2	
CALL	r	2	1			1	1	1		2	
CALL	m	3	2			1	2	1		2	
RET		2	2			1	1			2	
RET	i	3	2			1	1			2	
BOUND	r,m	15	13							7	not 64 bit
INTO		4	4							6	not 64 bit
String instructions											
LODS		3	2			1				1	
REP LODS		5n+12							~2n		
STOS		3	1			1	1			1	
REP STOS		2n							n		worst case
REP STOS		1.5/16B							1/16B		best case

Sandy Bridge

MOVS		5							1.5 n	4	worst case best case
REP MOVS		2n									
REP MOVS		3/16B							1/16B		
SCAS		3								1	
REP SCAS		6n+47							2n+45		
CMPS		5								4	
REP CMPS		8n+80							2n+80		
Other											
NOP (90)		1	0							0.25	decode only 1 per clk
Long NOP (0F 1F)		1	0							0.25	
PAUSE		7	7							11	
ENTER	a,0	12	10				2	1		8	
ENTER	a,b	49+6b							84+3b		
LEAVE		3	3				1			7	
CPUID		31-75							100-250		
RDTSC		21								28	
RDTSCP		23								36	
RDPMC		35								42	

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain						Latency	Reciprocal throughput	Comments
			p015	p0	p1	p5	p23	p4			
Move instructions											
FLD	r	1	1	1					1	1	SSE3
FLD	m32/64	1	1				1		3	1	
FLD	m80	4	2	1	1		2		4	2	
FBLD	m80	43	40				3		45	21	
FST(P)	r	1	1	1					1	1	
FST(P)	m32/m64	1					1	1	4	1	
FSTP	m80	7	3				2	2	5	5	
FBSTP	m80	246								252	
FXCH	r	1	0						0	0.5	
FILD	m	1	1		1		1		6	1	
FIST(P)	m	3	1		1		1	1	7	2	
FISTTP	m	3	1		1		1	1	7	2	
FLDZ		1	1	1						2	
FLD1		2	2	1	1					2	
FLDPI FLDL2E etc.		2	2		2					2	
FCMOVcc	r	3	3						3	2	
FNSTSW	AX	2	2						2	1	
FNSTSW	m16	2	1				1	1		1	
FLDCW	m16	3	2				1		8		
FNSTCW	m16	2	1	1			1	1	5	1	
FINCSTP FDECSTP		1	1	1					1	1	
FFREE(P)	r	1	1							1	
FNSAVE	m	143								166	

Sandy Bridge

FRSTOR	m	90								165	
Arithmetic instructions											
FADD(P) FSUB(R)(P)	r	1	1		1				3	1	
FADD(P) FSUB(R)(P)	m	2	2		1		1			1	
FMUL(P)	r	1	1	1					5	1	
FMUL(P)	m	1	1	1			1			1	
FDIV(R)(P)	r	1	1	1					10-24	10-24	
FDIV(R)(P)	m	1	1	1			1			10-24	
FABS		1	1	1					1	1	
FCHS		1	1	1					1	1	
FCOM(P) FUCOM	r	1	1		1				3	1	
FCOM(P) FUCOM	m	1	1		1		1			1	
FCOMPP FUCOMPP		2	2	1	1					1	
FCOMI(P) FUCOMI(P)	r	3	3	1	1	1			4	1	
FIADD FISUB(R)	m	2	2				1			1	
FIMUL	m	2	2	1	1		1			1	
FIDIV(R)	m	2	2	1	1		1				
FICOM(P)	m	2	2		2		1			2	
FTST		1	1		1					1	
FXAM		2	2		1					2	
FPREM		28	28						21	21	
FPREM1		41-87							26-50	26-50	
FRNDINT		17	17						22		
Math											
FSCALE		27	27						12		
FXTRACT		17	17						10		
FSQRT		1	1	1					10-24		
FSIN		64-100	x						47-100		
FCOS		20-110	x						47-115		
FSINCOS		20-110	x						43-123		
F2XM1		53-118	x						61-69		
FYL2X											
FYL2XP1											
FPTAN		102	102						130		
FPATAN		28-91	x						93-146		
Other											
FNOP		1	1	1						1	
WAIT		2	2							1	
FNCLEX		5	5							22	
FNINIT		26	26							81	

Integer MMX and XMM instructions

Instruction	Operands	μops fused domain	μops unfused domain						Latency	Reciprocal throughput	Comments
			p015	p0	p1	p5	p23	p4			
Move instructions											
MOVD	r32/64,mm/x	1	1	x	x	x			1		
MOVD	m32/64,mm/x	1					1	1	3	1	

Sandy Bridge

MOVD	mm/x,r32/64	1	1	x	x	x			1		
MOVD	mm/x,m32/64	1					1		3	0.5	
MOVQ	mm/x,mm/x	1	1	x	x	x			1		
MOVQ	mm/x,m64	1					1		3	0.5	
MOVQ	m64, mm/x	1					1	1	3	1	
MOVDQA	x,x	1	1	x	x	x			1		
MOVDQA	x, m128	1					1		3	0.5	
MOVDQA	m128, x	1					1	1	3	1	
MOVDQU	x, m128	1	1				1		3	0.5	
MOVDQU	m128, x	1	1				1	1	3	1	
LDDQU	x, m128	1	1				1		3	0.5	SSE3
MOVDQ2Q	mm, x	2	2						1	1	
MOVQ2DQ	x,mm	1	1						1		
MOVNTQ	m64,mm	1					1	1	~300	1	
MOVNTDQ	m128,x	1					1	1	~300		
MOVNTDQA	x, m128	1					1			0.5	SSE4.1
PACKSSWB/DW											
PACKUSWB	mm,mm	1	1	1					1	1	
PACKSSWB/DW											
PACKUSWB	mm,m64	1	1	1			1				
PACKSSWB/DW											
PACKUSWB	x,x	1	1		x	x			1	0.5	
PACKSSWB/DW											
PACKUSWB	x,m128	1	1		x	x	1			0.5	
PACKUSDW	x,x	1	1		x	x			1	0.5	SSE4.1
PACKUSDW	x,m	1	1		x	x	1			0.5	SSE4.1
PUNPCKH/LBW/WD/DQ	mm/x,mm/x	1	1		x	x			1	0.5	
PUNPCKH/LBW/WD/DQ	mm/x,m	1	1		x	x	1			0.5	
PUNPCKH/LQDQ	x,x	1	1		x	x			1	0.5	
PUNPCKH/LQDQ	x, m128	2	1		x	x	1			0.5	
PMOVSX/ZXBW	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXBW	x,m64	1	1		x	x	1			0.5	SSE4.1
PMOVSX/ZXBD	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXBD	x,m32	1	1		x	x	1			0.5	SSE4.1
PMOVSX/ZXBQ	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXBQ	x,m16	1	1		x	x	1			0.5	SSE4.1
PMOVSX/ZXWD	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXWD	x,m64	1	1		x	x	1			0.5	SSE4.1
PMOVSX/ZXWQ	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXWQ	x,m32	1	1		x	x	1			0.5	SSE4.1
PMOVSX/ZXDQ	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXDQ	x,m64	1	1		x	x	1			0.5	SSE4.1
PSHUFB	mm/x,mm/x	1	1		x	x			1	0.5	SSSE3
PSHUFB	mm/x,m	2	1		x	x	1			0.5	SSSE3
PSHUFW	mm,mm,i	1	1		x	x			1	0.5	
PSHUFW	mm,m64,i	2	1		x	x	1			0.5	
PSHUFD	x,x,i	1	1		x	x			1	0.5	
PSHUFD	x,m128,i	2	1		x	x	1			0.5	
PSHUFL/HW	x,x,i	1	1		x	x			1	0.5	
PSHUFL/HW	x, m128,i	2	1		x	x	1			0.5	
PALIGNR	mm/x,mm/x,i	1	1		x	x			1	0.5	SSSE3
PALIGNR	mm/x,m,i	2	1		x	x	1			0.5	SSSE3
PBLENDVB	x,x,xmm0	2	2		1	1			2	1	SSE4.1
PBLENDVB	x,m,xmm0	3	2		1	1	1			1	SSE4.1

Sandy Bridge

PBLENDW	x,x,i	1	1		x	x			1	0.5	SSE4.1
PBLENDW	x,m,i	2	1		x	x	1			0.5	SSE4.1
MASKMOVQ	mm,mm	4	1	1			2	1		1	
MASKMOVDQU	x,x	10	4				4	x		6	
PMOVMASKB	r32,mm/x	1	1	1					2	1	
PEXTRB	r32,x,i	2	2	1	x	x			2	1	SSE4.1
PEXTRB	m8,x,i	2	1		x	x	1	1		1	SSE4.1
PEXTRW	r32,mm/x,i	2	2	1	x	x			2	1	
PEXTRW	m16,mm/x,i	2	1		x	x	1	1		2	SSE4.1
PEXTRD	r32,x,i	2	2	1	x	x			2	1	SSE4.1
PEXTRD	m32,x,i	3	2	1	x	x	1	1		1	SSE4.1
PEXTRQ	r64,x,i	2	2	1	x	x			2	1	SSE4.1,
PEXTRQ	m64,x,i	3	2	1	x	x	1	1		1	64b
PINSRB	x,r32,i	2	2		x	x			2	1	SSE4.1
PINSRB	x,m8,i	2	1		x	x	1			0.5	SSE4.1
PINSRW	mm/x,r32,i	2	2		x	x			2	1	
PINSRW	mm/x,m16,i	2	1		x	x	1			0.5	
PINSRD	x,r32,i	2	2		x	x			2	1	SSE4.1
PINSRD	x,m32,i	2	1		x	x	1			0.5	SSE4.1
PINSRQ	x,r64,i	2	2		x	x			2	1	SSE4.1,
PINSRQ	x,m64,i	2	1		x	x	1			0.5	64 b
Arithmetic instructions											
PADD/SUB(U,S)B/W/D/Q	mm/x, mm/x	1	1		x	x			1	0.5	
PADD/SUB(U,S)B/W/D/Q	mm/x,m	1	1		x	x	1			0.5	
PHADD/SUB(S)W/D	mm/x, mm/x	3	3		x	x			2	1.5	SSSE3
PHADD/SUB(S)W/D	mm/x,m64	4	3		x	x	1			1.5	SSSE3
PCMPEQ/GTB/W/D	mm/x,mm/x	1	1		x	x			1	0.5	
PCMPEQ/GTB/W/D	mm/x,m	1	1		x	x	1			0.5	
PCMPEQQ	x,x	1	1		x	x			1	0.5	SSE4.1
PCMPEQQ	x,m128	1	1		x	x	1			0.5	SSE4.1
PCMPGTQ	x,x	1	1	1					5	1	SSE4.2
PCMPGTQ	x,m128	1	1	1			1			1	SSE4.2
PSUBxx, PCMPGTx	x,same	1	0						0	0.25	
PCMPEQx	x,same	1	1						0	0.5	
PMULL/HW PMULHUW	mm/x,mm/x	1	1	1					5	1	
PMULL/HW PMULHUW	mm/x,m	1	1	1			1			1	
PMULHSW	mm/x,mm/x	1	1	1					5	1	SSSE3
PMULHSW	mm/x,m	1	1	1			1			1	SSSE3
PMULLD	x,x	1	1	1					5	1	SSE4.1
PMULLD	x,m128	2	1	1			1			1	SSE4.1
PMULDQ	x,x	1	1	1					5	1	SSE4.1
PMULDQ	x,m128	1	1	1			1			1	SSE4.1
PMULUDQ	mm/x,mm/x	1	1	1					5	1	
PMULUDQ	mm/x,m	1	1	1			1			1	
PMADDWD	mm/x,mm/x	1	1	1					5	1	
PMADDWD	mm/x,m	1	1	1			1			1	
PMADDUBSW	mm/x,mm/x	1	1	1					5	1	SSSE3
PMADDUBSW	mm/x,m	1	1	1			1			1	SSSE3
PAVGB/W	mm/x,mm/x	1	1		x	x			1	0.5	
PAVGB/W	mm/x,m	1	1		x	x	1			0.5	
PMIN/MAXSB	x,x	1	1		x	x			1	0.5	SSE4.1
PMIN/MAXSB	x,m128	1	1		x	x	1			0.5	SSE4.1

Sandy Bridge

PMIN/MAXUB	mm/x,mm/x	1	1		x	x			1	0.5	
PMIN/MAXUB	mm/x,m	1	1		x	x	1			0.5	
PMIN/MAXSW	mm/x,mm/x	1	1		x	x			1	0.5	
PMIN/MAXSW	mm/x,m	1	1		x	x	1			0.5	
PMIN/MAXUW	x,x	1	1		x	x			1	0.5	SSE4.1
PMIN/MAXUW	x,m	1	1		x	x	1			0.5	SSE4.1
PMIN/MAXU/SD	x,x	1	1		x	x			1	0.5	SSE4.1
PMIN/MAXU/SD	x,m128	1	1		x	x	1			0.5	SSE4.1
PHMINPOSUW	x,x	1	1	1					5	1	SSE4.1
PHMINPOSUW	x,m128	1	1	1			1			1	SSE4.1
PABSB/W/D	mm/x,mm/x	1	1		x	x			1	0.5	SSSE3
PABSB/W/D	mm/x,m	1	1		x	x	1			0.5	SSSE3
PSIGNB/W/D	mm/x,mm/x	1	1		x	x			1	0.5	SSSE3
PSIGNB/W/D	mm/x,m	1	1		x	x	1			0.5	SSSE3
PSADBW	mm/x,mm/x	1	1	1					5	1	
PSADBW	mm/x,m	1	1	1			1			1	
MPSADBW	x,x,i	3	3	1	1	1			6	1	SSE4.1
MPSADBW	x,m,i	4	3	1	1	1	1			1	SSE4.1
Logic instructions											
PAND(N) POR PXOR	mm/x,mm/x	1	1	x	x	x			1		
PAND(N) POR PXOR	mm/x,m	1	1	x	x	x	1			0.5	
PXOR	x,same	1	0						0	0.25	
PTEST	x,x	1	2	1	x	x			1	1	SSE4.1
PTEST	x,m128	1	2	1	x	x	1			1	SSE4.1
PSLL/RL/RAW/D/Q	mm,mm/i	1	1	1					1	1	
PSLL/RL/RAW/D/Q	mm,m64	1	1	1			1			2	
PSLL/RL/RAW/D/Q	x,i	1	1	1					1	1	
PSLL/RL/RAW/D/Q	x,x	2	2	1	x	x			2	1	
PSLL/RL/RAW/D/Q	x,m128	3	2	1	x	x	1			1	
PSLL/RLDQ	x,i	1	1		x	x			1	1	
String instructions											
PCMPESTRI	x,x,i	8	8						4	4	SSE4.2
PCMPESTRI	x,m128,i	8	7				1			4	SSE4.2
PCMPESTRM	x,x,i	8	8						11-12	4	SSE4.2
PCMPESTRM	x,m128,i	8	7				1			4	SSE4.2
PCMPISTRI	x,x,i	3	3						3	3	SSE4.2
PCMPISTRI	x,m128,i	4	3				1			3	SSE4.2
PCMPISTRM	x,x,i	3	3						11	3	SSE4.2
PCMPISTRM	x,m128,i	4	3				1			3	SSE4.2
Encryption instructions											
PCLMULQDQ	x,x,i	18	18						14	8	CLMUL
AESDEC, AESDECLAST, AESENC, AESENCLAST											
	x,x	2	2						8	4	AES
AESIMC	x,x	2	2							2	AES
AESKEYGENASSIST	x,x,i	11	11						8	8	AES
Other											
EMMS		31	31							18	

Floating point XMM and YMM instructions

Instruction	Operands	μops fused domain	μops unfused domain						Latency	Reciprocal throughput	Comments
			p015	p0	p1	p5	p23	p4			
Move instructions											
MOVAPS/D	x,x	1	1			1			1	1	AVX
VMOVAPS/D	y,y	1	1			1			1	1	
MOVAPS/D MOVUPS/D	x,m128	1					1		3	0.5	
VMOVAPS/D VMOVUPS/D	y,m256	1					1+		4	1	AVX
MOVAPS/D MOVUPS/D	m128,x	1					1	1	3	1	
VMOVAPS/D VMOVUPS/D	m256,y	1					1	1+	3	1	AVX
MOVSS/D	x,x	1	1			1			1	1	
MOVSS/D	x,m32/64	1					1		3	0.5	
MOVSS/D	m32/64,x	1					1	1	3	1	AVX
MOVHPS/D MOVLPS/D	x,m64	1	1			1	1		3	1	
MOVH/LPS/D	m64,x	1					1	1	3	1	
MOVLHPS MOVHLPS	x,x	1	1			1			1	1	AVX
MOVMSKPS/D	r32,x	1	1	1					2	1	
VMOVMSKPS/D	r32,y	1	1	1					2	1	
MOVNTPS/D	m128,x	1					1	1	~300	1	AVX
VMOVNTPS/D	m256,y	1					1	4	~300	25	
SHUFPS/D	x,x,i	1	1			1			1	1	
SHUFPS/D	x,m128,i	2	1			1	1			1	AVX
VSHUFPS/D	y,y,y,i	1	1			1			1	1	
VSHUFPS/D	y, y,m256,i	2	1			1	1+			1	
VPERMILPS/PD	x,x,x/i	1	1			1			1	1	AVX
VPERMILPS/PD	y,y,y/i	1	1			1			1	1	
VPERMILPS/PD	x,x,m	2	1			1	1			1	
VPERMILPS/PD	y,y,m	2				1	1+			1	AVX
VPERMILPS/PD	x,m,i	2	1			1	1			1	
VPERMILPS/PD	y,m,i	2	1			1	1+			1	
VPERM2F128	y,y,y,i	1	1			1			2	1	AVX
VPERM2F128	y,y,m,i	2	1			1	1+			1	
BLENDPS/PD	x,x,i	1	1	x		x			1	0.5	SSE4.1
BLENDPS/PD	x,m128,i	2	1	x		x	1			0.5	
VBLENDPS/PD	y,y,i	1	1	x		x			1	1	
VBLENDPS/PD	y,m256,i	2	1	x		x	1+			1	AVX
BLENDVPS/PD	x,x,xmm0	2	2	x		x			2	1	
BLENDVPS/PD	x,m,xmm0	3	2	x		x	1			1	
VBLENDVPS/PD	y,y,y,y	2	2	x		x			2	1	AVX
VBLENDVPS/PD	y,y,m,y	3	2	x		x	1+			1	
MOVDDUP	x,x	1	1			1			1	1	SSE3
MOVDDUP	x,m64	1					1		3	0.5	
VMOVDDUP	y,y	1	1			1			1	1	
VMOVDDUP	y,m256	1					1+		3	1	AVX
VBROADCASTSS	x,m32	1					1			1	
VBROADCASTSS	y,m32	2	1			1	1			1	
VBROADCASTSD	y,m64	2	1			1	1			1	AVX

Sandy Bridge

VBROADCASTF128	y,m128	2	1			1	1			1	AVX
MOVSH/LDUP	x,x	1	1			1			1	1	SSE3
MOVSH/LDUP	x,m128	1					1		3	0.5	SSE3
VMOVSH/LDUP	y,y	1	1			1			1	1	AVX
VMOVSH/LDUP	y,m256	1					1+		4	1	AVX
UNPCKH/LPS/D	x,x	1	1			1			1	1	SSE3
UNPCKH/LPS/D	x,m128	1	1			1	1			1	SSE3
VUNPCKH/LPS/D	y,y,y	1	1			1			1	1	AVX
VUNPCKH/LPS/D	y,y,m256	1	1			1	1+			1	AVX
EXTRACTPS	r32,x,i	2	2	1		1			2	1	SSE4.1
EXTRACTPS	m32,x,i	3	2			1	1	1		1	SSE4.1
VEXTRACTF128	x,y,i	1	1			1			2	1	AVX
VEXTRACTF128	m128,y,i	2	1				1	1		1	AVX
INSERTPS	x,x,i	1	1			1			1	1	SSE4.1
INSERTPS	x,m32,i	2	1			1	1			1	SSE4.1
VINSERTF128	y,y,x,i	1	1			1			2	1	AVX
VINSERTF128	y,y,m128,i	2	1			1	1			1	AVX
VMASKMOVPS/D	x,x,m128	3	2				1			1	AVX
VMASKMOVPS/D	y,y,m256	3	2				1+			1	AVX
VMASKMOVPS/D	m128,x,x	4	2				1	1		1	AVX
VMASKMOVPS/D	m256,y,y	4	2				1	1+		2	AVX
Conversion											
CVTPD2PS	x,x	2	2			1	1		4	1	
CVTPD2PS	x,m128	2	2			1	1	1		1	
VCVTPD2PS	x,y	2	2			1	1		4	1	AVX
VCVTPD2PS	x,m256	2	2			1	1	1+		1	AVX
CVTSD2SS	x,x	2	2			1	1		3	1	
CVTSD2SS	x,m64	2	2			1	1	1		1	
CVTPS2PD	x,x	2	2	1			1		3	1	
CVTPS2PD	x,m64	2	1	1				1		1	
VCVTPS2PD	y,x	2	2	1			1		4	1	AVX
VCVTPS2PD	y,m128	3	2	1			1	1		1	AVX
CVTSS2SD	x,x	2	2	1			1		3	1	
CVTSS2SD	x,m32	2	1	1				1		1	
CVTDQ2PS	x,x	1	1			1			3	1	
CVTDQ2PS	x,m128	1	1			1		1		1	
VCVTDQ2PS	y,y	1	1			1			3	1	AVX
VCVTDQ2PS	y,m256	1	1			1		1+		1	AVX
CVT(T) PS2DQ	x,x	1	1			1			3	1	
CVT(T) PS2DQ	x,m128	1	1			1		1		1	
VCVT(T) PS2DQ	y,y	1	1			1			3	1	AVX
VCVT(T) PS2DQ	y,m256	1	1			1		1+		1	AVX
CVTDQ2PD	x,x	2	2			1	1		4	1	
CVTDQ2PD	x,m64	2	2			1	1	1		1	
VCVTDQ2PD	y,x	2	2			1	1		5	1	AVX
VCVTDQ2PD	y,m128	3	2			1	1	1		1	AVX
CVT(T)PD2DQ	x,x	2	2			1	1		4	1	
CVT(T)PD2DQ	x,m128	2	2			1	1	1		1	
VCVT(T)PD2DQ	x,y	2	2			1	1		5	1	AVX
VCVT(T)PD2DQ	x,m256	2	2			1	1	1+		1	AVX
CVTPI2PS	x,mm	1	1			1			4	2	
CVTPI2PS	x,m64	1	1			1		1		2	

Sandy Bridge

CVT(T)PS2PI	mm,x	2	2		1	1		4	1	
CVT(T)PS2PI	mm,m128	2	1		1		1		1	
CVTPI2PD	x,mm	2	2		1	1		4	1	
CVTPI2PD	x,m64	2	2		1	1	1		1	
CVT(T) PD2PI	mm,x	2	2					4	1	
CVT(T) PD2PI	mm,m128	2	2				1		1	
CVTSI2SS	x,r32	2	2		1	1		4	1.5	
CVTSI2SS	x,m32	1	1		1		1		1.5	
CVT(T)SS2SI	r32,x	2	2	1	1			4	1	
CVT(T)SS2SI	r32,m32	2	2		1		1		1	
CVTSI2SD	x,r32	2	2	1	1			4	1.5	
CVTSI2SD	x,m32	1	1		1		1		1.5	
CVT(T)SD2SI	r32,x	2	2	1	1			4	1	
CVT(T)SD2SI	r32,m64	2	2	1	1		1		1	
Arithmetic										
ADDSS/D SUBSS/D	x,x	1	1		1			3	1	
ADDSS/D SUBSS/D	x,m32/64	1	1		1		1		1	
ADDPS/D SUBPS/D	x,x	1	1		1			3	1	
ADDPS/D SUBPS/D	x,m128	1	1		1		1		1	
VADDPS/D VSUBPS/D	y,y,y	1	1		1			3	1	AVX
VADDPS/D VSUBPS/D	y,y,m256	1	1		1		1+		1	AVX
ADDSUBPS/D	x,x	1	1		1			3	1	SSE3
ADDSUBPS/D	x,m128	1	1		1		1		1	SSE3
VADDSUBPS/D	y,y,y	1	1		1			3	1	AVX
VADDSUBPS/D	y,y,m256	1	1		1		1+		1	AVX
HADDPS/D HSUBPS/D	x,x	3	3		1	2		5	2	SSE3
HADDPS/D HSUBPS/D	x,m128	4	3		1	2	1		2	SSE3
VHADDPS/D VHSUBPS/D	y,y,y	3	3		1	2		5	2	AVX
VHADDPS/D VHSUBPS/D	y,y,m256	4	3		1	2	1+		2	AVX
MULSS MULPS	x,x	1	1	1				5	1	
MULSS MULPS	x,m	1	1	1			1		1	
VMULPS	y,y,y	1	1	1				5	1	AVX
VMULPS	y,y,m256	1	1	1			1+		1	AVX
MULSD MULPD	x,x	1	1	1				5	1	
MULSD MULPD	x,m	1	1	1			1		1	
VMULPD	y,y,y	1	1	1				5	1	AVX
VMULPD	y,y,m256	1	1	1			1+		1	AVX
DIVSS DIVPS	x,x	1	1	1				10-14	10-14	
DIVSS DIVPS	x,m	1	1	1			1		10-14	
VDIVPS	y,y,y	3	3	2		1		21-29	20-28	AVX
VDIVPS	y,y,m256	4	3	2		1	1+		20-28	AVX
DIVSD DIVPD	x,x	1	1	1				10-22	10-22	
DIVSD DIVPD	x,m	1	1	1			1		10-22	
VDIVPD	y,y,y	3	3	2		1		21-45	20-44	AVX
VDIVPD	y,y,m256	4	3	2		1	1+		20-44	AVX
RCPSS/PS	x,x	1	1	1				5	1	
RCPSS/PS	x,m128	1	1	1			1		1	
VRCPPS	y,y	3	3	2		1		7	2	AVX
VRCPPS	y,m256	4	3				1+		2	AVX

Sandy Bridge

CMPccSS/D CMPccPS/D	x,x	1	1	1			3	1	
CMPccSS/D CMPccPS/D	x,m128	2	1	1	1			1	
VCMPccPS/D	y,y,y	1	1	1			3	1	AVX
VCMPccPS/D	y,y,m256	2	1	1	1+			1	AVX
COMISS/D UCOMISS/D	x,x	2	2	1	1		2	1	
COMISS/D UCOMISS/D	x,m32/64	2	2	1	1	1		1	
MAXSS/D MINSS/D	x,x	1	1	1			3	1	
MAXSS/D MINSS/D	x,m32/64	1	1	1	1			1	
MAXPS/D MINPS/D	x,x	1	1	1			3	1	
MAXPS/D MINPS/D	x,m128	1	1	1	1			1	
VMAXPS/D VMINPS/D	y,y,y	1	1	1			3	1	AVX
VMAXPS/D VMINPS/D	y,y,m256	1	1	1	1+			1	AVX
ROUNDSS/SD/PS/PD	x,x,i	1	1	1			3	1	SSE4.1
ROUNDSS/SD/PS/PD	x,m128,i	2	1	1	1			1	SSE4.1
VROUNDSS/SD/PS/PD	y,y,i	1	1	1			3	1	AVX
VROUNDSS/SD/PS/PD	y,m256,i	2	1	1	1+			1	AVX
DPPS	x,x,i	4	4	1	2	1	12	2	SSE4.1
DPPS	x,m128,i	6	5			1		4	SSE4.1
VDPPS	y,y,y,i	4	4	1	2	1	12	2	AVX
VDPPS	y,m256,i	6	5			1+		4	AVX
DPPD	x,x,i	3	3	1	1	1	9	2	SSE4.1
DPPD	x,m128,i	4	3			1		2	SSE4.1
Math									
SQRTSS/PS	x,x	1	1	1			10-14	10-14	
SQRTSS/PS	x,m128	1	1	1		1		10-14	
VSQRTPS	y,y	3	3					21-28	AVX
VSQRTPS	y,m256	4	3			1+		21-28	AVX
SQRTSD/PD	x,x	1	1	1			10-21	10-21	
SQRTSD/PD	x,m128	2	1	1		1		10-21	
VSQRTPD	y,y	3	3				21-43	21-43	AVX
VSQRTPD	y,m256	4	3			1+		21-43	AVX
RSQRTSS/PS	x,x	1	1	1			5	1	
RSQRTSS/PS	x,m128	1	1	1		1		1	
VRSQRTPS	y,y	3	3				7	2	AVX
VRSQRTPS	y,m256	4	3			1+		2	AVX
Logic									
AND/ANDN/OR/XORPS/PD	x,x	1	1		1		1	1	
AND/ANDN/OR/XORPS/PD	x,m128	1	1		1	1		1	
VAND/ANDN/OR/XORPS/PD	y,y,y	1	1		1		1	1	AVX
VAND/ANDN/OR/XORPS/PD	y,y,m256	1	1		1	1+		1	AVX
(V)XORPS/PD	x/y,x/y,same	1	0				0	0.25	
Other									
VZEROUPPER		4					2	1	AVX
VZEROALL		12						11	AVX, 32 bit
VZEROALL		20						9	AVX, 64 bit

Sandy Bridge

LDMXCSR	m32	3	3			1		3	
STMXCSR	m32	3	3	1	1	1	1	1	
VSTMXCSR	m32	3	3	1	1	1	1	1	AVX
FXSAVE	m4096	130						68	
FXRSTOR	m4096	116						72	
XSAVEOPT	m	100-161					60-500		

Intel Ivy Bridge

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, same = same register for both operands. m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retirement stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The number of μ ops for each execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if the sum of the numbers listed under p015 + p23 + p4 exceeds the number listed under μ ops fused domain. A number indicated as 1+ under a read or write port means a 256-bit read or write operation using two clock cycles for handling 128 bits each cycle. The port cannot receive another read or write μ op in the second clock cycle, but a read port can receive an address-calculation μ op in the second clock cycle. An x under p0, p1 or p5 means that at least one of the μ ops listed under p015 can optionally go to this port. For example, a 1 under p015 and an x under p0 and p5 means one μ op which can go to either port 0 or port 5, whichever is vacant first. A value listed under p015 but nothing under p0, p1 and p5 means that it is not known which of the three ports these μ ops go to.
p015:	The total number of μ ops going to port 0, 1 and 5.
p0:	The number of μ ops going to port 0 (execution units).
p1:	The number of μ ops going to port 1 (execution units).
p5:	The number of μ ops going to port 5 (execution units).
p23:	The number of μ ops going to port 2 or 3 (memory read or address calculation).
p4:	The number of μ ops going to port 4 (memory write data).
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

The latencies and throughputs listed below for addition and multiplication using full size YMM registers are obtained only after a warm-up period of a thousand instructions or more. The latencies may be one or two clock cycles longer and the reciprocal throughputs double the values for shorter sequences of code. There is no warm-up effect when vectors are 128 bits wide or less.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain						Latency	Reciprocal throughput	Comments
			p015	p0	p1	p5	p23	p4			
Move instructions											
MOV	r,i	1	1	x	x	x			1	0.33	
MOV	r8/16.r8/16	1	1	x	x	x			1	0.33	

Ivy Bridge

MOV	r32/64,r32/64	1	1	x	x	x			0-1	0.25	may be elimin.
MOV	r8/16,m8/16	1	1	x	x	x	1		2	0.5	
MOV	r32/64,m32/64	1					1		2	0.5	
MOV	r,m	1					1		2	1	64 b abs address
MOV	m,r	1					1	1	3	1	
MOV	m,i	1					1	1		1	
MOVNTI	m,r	2					1	1	~340	1	
MOVSX MOVSD	r,r	1	1	x	x	x			1	0.33	
MOVZX	r16,r8	1	1	x	x	x			1	0.33	
MOVZX	r32/64,r8	1	1	x	x	x			0-1	0.25	may be elimin.
MOVZX	r32/64,r16	1	1	x	x	x			1	0.33	
MOVSX MOVZX	r16,m8	2	1	x	x	x	1		3	0.5	
MOVSX MOVZX	r32/64,m	1					1		2	0.5	
MOVSD											
CMOVcc	r,r	2	2	x	x	x			2	0.67	
CMOVcc	r,m	2	2	x	x	x	1			~0.8	
XCHG	r,r	3	3	x	x	x			2	1	
XCHG	r,m	7	x				2	3	25		implicit lock
XLAT		3	2				1		7	1	
PUSH	r	1					1	1	3	1	
PUSH	i	1					1	1		1	
PUSH	m	2					2	1		1	
PUSH	(E/R)SP	2	1	x	x	x	1	1	3	1	
PUSHF(D/Q)		3	2	x	x	x	1	1		1	
PUSHA(D)		19	3	x	x	x	8	8		8	not 64 bit
POP	r	1					1		2	0.5	
POP	(E/R)SP	3	2	x	x	x	1			0.5	
POP	m	2					2	1		1	
POPF(D/Q)		9	8	x	x	x	1			18	
POPA(D)		18	10	x	x	x	8			9	not 64 bit
LAHF SAHF		1	1	x		x			1	1	
SALC		3	3	x	x	x			1	1	not 64 bit
LEA	r16,m	2	2	x	1	x			2-4	1	
LEA	r32/64,m	1	1	x	x				1	0.5	1-2 com- ponents
LEA	r32/64,m	1	1		1				3	1	3 com- ponents or RIP
BSWAP	r32	1	1		1				1	1	
BSWAP	r64	2	2	x	1	x			2	1	
PREFETCHNTA	m	1					1			43	
PREFETCHT0/1/2	m	1					1			43	
LFENCE		2								4	
MFENCE		3					1	1		36	
SFENCE		2					1	1		6	
Arithmetic instructions											
ADD SUB	r,r/i	1	1	x	x	x			1	0.33	
ADD SUB	r,m	1	1	x	x	x	1			0.5	
ADD SUB	m,r/i	2	1	x	x	x	2	1	6	1	

Ivy Bridge

ADC SBB	r,r/i	2	2	x	x	x			2	1	
ADC SBB	r,m	2	2	x	x	x	1		2	1	
ADC SBB	m,r/i	4	3	x	x	x	2	1	7-8	2	
CMP	r,r/i	1	1	x	x	x			1	0.33	
CMP	m,r/i	1	1	x	x	x	1		1	0.5	
INC DEC NEG NOT	r	1	1	x	x	x			1	0.33	
INC DEC NEG NOT	m	3	1	x	x	x	2	1	6	1	
AAA AAS		2	2	x	1	x			4		not 64 bit
DAA DAS		3	3						4		not 64 bit
AAD		3	3						2		not 64 bit
AAM		8	8						20	8	not 64 bit
MUL IMUL	r8	1	1		1				3	1	
MUL IMUL	r16	4	4						4	2	
MUL IMUL	r32	3	3						4	2	
MUL IMUL	r64	2	2						3	1	
IMUL	r,r	1	1		1				3	1	
IMUL	r16,r16,i	2	2						4	1	
IMUL	r32,r32,i	1	1		1				3	1	
IMUL	r64,r64,i	1	1		1				3	1	
MUL IMUL	m8	1	1		1		1		3	1	
MUL IMUL	m16	4	3				1			2	
MUL IMUL	m32	3	2				1			2	
MUL IMUL	m64	2	1				1			2	
IMUL	r,m	1	1		1		1			1	
IMUL	r16,m16,i	2	2				1			1	
IMUL	r32,m32,i	1	1		1		1			1	
IMUL	r64,m64,i	1	1		1		1			1	
DIV	r8	11	11						19-22	9	
DIV	r16	11	11						20-24	10	
DIV	r32	10	10						19-27	11	
DIV	r64	35-57	x						29-94	22-76	
IDIV	r8	11	11						20-23	8	
IDIV	r16	11	11						20-24	8	
IDIV	r32	9	9						19-26	8-11	
IDIV	r64	59-134	x						28-103	26-88	
CBW		1	1	x	x	x			1	0.33	
CWDE		1	1	x	x	x			1		
CDQE		1	1	x	x	x			1		
CWD		2	2	x	x	x			1		
CDQ		1	1	x		x			1		
CQO		1	1	x		x			1	0.5	
POPCNT	r,r	1	1		1				3	1	SSE4.2
POPCNT	r,m	1	1		1		1			1	SSE4.2
CRC32	r,r	1	1		1				3	1	SSE4.2
CRC32	r,m	1	1		1		1				SSE4.2
Logic instructions											
AND OR XOR	r,r/i	1	1	x	x	x			1	0.33	
AND OR XOR	r,m	1	1	x	x	x	1			0.5	
AND OR XOR	m,r/i	2	1	x	x	x	2	1	6	1	
TEST	r,r/i	1	1	x	x	x			1	0.33	
TEST	m,r/i	1	1	x	x	x	1			0.5	

Ivy Bridge

SHR SHL SAR	r,i	1	1	x		x			1	0.5	
SHR SHL SAR	m,i	3	1				2	1		2	
SHR SHL SAR	r,cl	2	2	1		1			1	1	
SHR SHL SAR	m,cl	5	3				2	1		4	
ROR ROL	r,1	2	2	x		x			1	1	short form
ROR ROL	r,i	1	1	x		x			1	0.5	
ROR ROL	m,i	4	3				2	1		2	
ROR ROL	r,cl	2	2	x		x			1	1	
ROR ROL	m,cl	5	3				2	1		4	
RCL RCR	r,1	3	3	x	x	x			2	2	
RCL RCR	r,i	8	8	x	x	x			5	5	
RCL RCR	m,i	11	8	x	x	x	2	1		6	
RCL RCR	r,cl	8	8	x	x	x			5	5	
RCL RCR	m,cl	11	8	x	x	x	2	1		6	
SHRD SHLD	r,r,i	1	1	x		x			1	0.5	
SHRD SHLD	m,r,i	3	3	x	x	x	2	1		2	
SHRD SHLD	r,r,cl	4	4	x	1	x			2	2	
SHRD SHLD	m,r,cl	5	4	x	1	x	2	1		4	
BT	r,r/i	1	1	x		x			1	0.5	
BT	m,r	10	9	x	x	x	1			5	
BT	m,i	2	1	x		x	1			0.5	
BTR BTS BTC	r,r/i	1	1	x		x			1	0.5	
BTR BTS BTC	m,r	11	8	x	x	x	2	1		5	
BTR BTS BTC	m,i	3	2	x		x	1	1		2	
BSF BSR	r,r	1	1		1				3	1	
BSF BSR	r,m	1	1		1		1			1	
SETcc	r	1	1	x		x			1	0.5	
SETcc	m	2	1	x		x	1	1		1	
CLC		1	0							0.25	
STC CMC		1	1	x	x	x			1	0.33	
CLD STD		3	3	x	x	x				4	
Control transfer instructions											
JMP	short/near	1	1			1			0	2	
JMP	r	1	1			1			0	2	
JMP	m	1	1			1	1		0	2	
Conditional jump	short/near	1	1			1			0	1-2	fast if no jump fast if no jump
Fused arithmetic and branch		1	1			1			0	1-2	
J(E/R)CXZ	short	2	2	x	x	1				1-2	
LOOP	short	7	7							4-5	
LOOP(N)E	short	11	11							6	
CALL	near	2	1			1	1	1		2	
CALL	r	2	1			1	1	1		2	
CALL	m	3	1			1	2	1		2	
RET		2	1			1	1			2	
RET	i	3	2	x	x	1	1			2	
BOUND	r,m	15	13				2			7	not 64 bit not 64 bit
INTO		4	4	x	x	x				6	
String instructions											
LODS		3	2	x	x	x	1			1	

Ivy Bridge

REP LODS		~5n	1	x	x	x	1	1	~2n	1	worst case best case
STOS		3							n		
REP STOS		many									
REP STOS		many							1/16B		worst case best case
MOVS		5	2	x	x	x	2	1	n	4	
REP MOVS		2n									
REP MOVS		4/16B							1/16B		worst case best case
SCAS		3	2	x	x	x	1		~2n	1	
REP SCAS		~6n									
CMPS		5	3	x	x	x	2		~2n	4	worst case best case
REP CMPS		~8n									
Synchronization instructions											
XADD	m,r	4	3	x	x	x	1	1	7		XGETBV
LOCK XADD	m,r	8	5	x	x	x	2	1	22		
LOCK ADD	m,r	7	5	x	x	x	1	1	22		
CMPXCHG	m,r	5	3	x	x	x	2	1	7		
LOCK CMPXCHG	m,r	9	6	x	x	x	2	1	22		
CMPXCHG8B	m,r	14	11	x	x	x	2	1	7		
LOCK CMPXCHG8B	m,r	18	15	x	x	x	2	1	22		
CMPXCHG16B	m,r	22	19	x	x	x	2	1	16		
LOCK CMPXCHG16B	m,r	24	21	x	x	x	2	1	27		
Other											
NOP / Long NOP		1	0							0.25	RDRAND
PAUSE		7	7							10	
ENTER	a,0	12	9	x	x	x	2	1		8	
ENTER	a,b	45+7b							84+3b		
LEAVE		3	2	x	x	x	1			6	
XGETBV		8								9	
CPUID		37-82							100-340		
RDTSC		21								27	
RDPNC		35								39	
RDRAND	r	13	12	x	x	x	1			104-117	

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain						Latency	Reciprocal throughput	Comments
			p015	p0	p1	p5	p23	p4			
Move instructions											
FLD	r	1	1			1			1	1	
FLD	m32/64	1					1		3	1	
FLD	m80	4	2		1	1	2		5	2	
FBLD	m80	43	40				3		45	21	
FST(P)	r	1	1			1			1	1	
FST(P)	m32/m64	1					1	1	4	1	

Ivy Bridge

FSTP	m80	7	3				2	2	5	5	
FBSTP	m80	243								252	
FXCH	r	1	0						0	0.5	
FILD	m	1	1		1		1		6	1	
FIST(P)	m	3	1		1		1	1	7	1	
FISTTP	m	3	1		1		1	1	7	2	SSE3
FLDZ		1	1			1					
FLD1		2	2		1	1					
FLDPI FLDL2E etc.		2	2	1	1					2	
FCMOVcc	r	3	3	1		2			2	2	
FNSTSW	AX	2	2	1	x	x			4	1	
FNSTSW	m16	2	1				1	1		1	
FLDCW	m16	3	2			2	1			3	
FNSTCW	m16	2	1			1	1	1		1	
FINCSTP FDECSTP		1	1			1			1	1	
FFREE(P)	r	1	1			1				1	
FNSAVE	m	143								167	
FRSTOR	m	90								162	
Arithmetic instructions											
FADD(P) FSUB(R)(P)	r	1	1		1				3	1	
FADD(P) FSUB(R)(P)	m	2	1		1		1			1	
FMUL(P)	r	1	1	1					5	1	
FMUL(P)	m	2	1	1			1			1	
FDIV(R)(P)	r	1	1	1					10-24	8-18	
FDIV(R)(P)	m	2	1	1			1			8-18	
FABS		1	1			1			1	1	
FCHS		1	1			1			1	1	
FCOM(P) FUCOM	r	1	1		1				3	1	
FCOM(P) FUCOM	m	1	1		1		1			1	
FCOMPP FUCOMPP		2	2		1	1			4	1	
FCOMI(P) FUCOMI(P)	r	3	3	1	1	1			5	1	
FIADD FISUB(R)	m	2	2		2		1			2	
FIMUL	m	2	2	1	1		1			2	
FIDIV(R)	m	2	2	1	1		1				
FICOM(P)	m	2	2		2		1			2	
FTST		1	1		1					1	
FXAM		2	2		2					2	
FPREM		28	28						21-26	12	
FPREM1		41							27-50	19	
FRNDINT		17	17						22	11	
Math											
FSCALE		25	25	x	x	x			49	49	
FXTRACT		17	17	x	x	x			10	10	
FSQRT		1	1	1					10-23	8-17	
FSIN		21-78		x	x	x			47-106	47-106	
FCOS		23-100		x	x	x			48-115	48-115	
FSINCOS		20-110		x	x	x			50-123	50-123	
F2XM1		16-23		x	x	x			~68	~68	
FYL2X		42	42	x	x	x			90-106		
FYL2XP1		56	56	x	x	x			82		
FPTAN		102	102	x	x	x			130		

Ivy Bridge

FPATAN		28-72		x	x	x			94-150		
Other											
FNOP		1	1			1				1	
WAIT		2	2	x	x	1				1	
FNCLEX		5	5	x	x	x				22	
FNINIT		26	26	x	x	x				80	

Integer MMX and XMM instructions

Instruction	Operands	μops fused do- main	μops unfused domain						Latency	Reci- procal through- put	Com- ments
			p015	p0	p1	p5	p23	p4			
Move instructions											
MOVD	r32/64,mm/x	1	1	1					1	1	eliminat.
MOVD	m32/64,mm/x	1				1	1	3	1		
MOVD	mm/x,r32/64	1	1		1			1	1		
MOVD	mm/x,m32/64	1				1		3	0.5		
MOVQ	mm/x,mm/x	1	1	x	x	x		1	0.33		
MOVQ	mm/x,m64	1				1		3	0.5		
MOVQ	m64, mm/x	1				1	1	3	1		
MOVDQA MOVDQU	x,x	1	1	x	x	x		0-1	0.25		
MOVDQA MOVDQU	x, m128	1				1		3	0.5		
MOVDQA MOVDQU	m128, x	1				1	1	3	1		
LDDQU	x, m128	1	1			1		3	0.5	SSE3	
MOVDQ2Q	mm, x	2	2	x	x	1		1	1		
MOVQ2DQ	x,mm	1	1					1	0.33		
MOVNTQ	m64,mm	1				1	1	~360	1		
MOVNTDQ	m128,x	1				1	1	~360	1	SSE4.1	
MOVNTDQA	x, m128	1				1		3	0.5		
PACKSSWB/DW											
PACKUSWB	mm,mm	1	1	1				1	1		
PACKSSWB/DW											
PACKUSWB	mm,m64	1	1	1		1			1	SSE4.1	
PACKSSWB/DW											
PACKUSWB	x,x	1	1		x	x		1	0.5		
PACKSSWB/DW											
PACKUSWB	x,m128	1	1		x	x	1	1	0.5		
PACKUSDW	x,x	1	1		x	x		1	0.5		
PACKUSDW	x,m	1	1		x	x	1		0.5		
PUNPCKH/LBW/WD/DQ	mm/x,mm/x	1	1		x	x		1	0.5		
PUNPCKH/LBW/WD/DQ	mm/x,m	1	1		x	x	1		0.5		
PUNPCKH/LQDQ	x,x	1	1		x	x		1	0.5		
PUNPCKH/LQDQ	x, m128	2	1		x	x	1		0.5		
PMOVSX/ZXBW	x,x	1	1		x	x		1	0.5	SSE4.1	
PMOVSX/ZXBW	x,m64	1	1		x	x	1		0.5	SSE4.1	
PMOVSX/ZXBD	x,x	1	1		x	x		1	0.5	SSE4.1	
PMOVSX/ZXBD	x,m32	1	1		x	x	1		0.5	SSE4.1	
PMOVSX/ZXBQ	x,x	1	1		x	x		1	0.5	SSE4.1	
PMOVSX/ZXBQ	x,m16	1	1		x	x	1		0.5	SSE4.1	
PMOVSX/ZXWD	x,x	1	1		x	x		1	0.5	SSE4.1	
PMOVSX/ZXWD	x,m64	1	1		x	x	1		0.5	SSE4.1	

Ivy Bridge

PMOVSX/ZXWQ	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXWQ	x,m32	1	1		x	x	1			0.5	SSE4.1
PMOVSX/ZXDQ	x,x	1	1		x	x			1	0.5	SSE4.1
PMOVSX/ZXDQ	x,m64	1	1		x	x	1			0.5	SSE4.1
PSHUFB	mm/x,mm/x	1	1		x	x			1	0.5	SSSE3
PSHUFB	mm/x,m	2	1		x	x	1			0.5	SSSE3
PSHUFW	mm,mm,i	1	1		x	x			1	0.5	
PSHUFW	mm,m64,i	2	1		x	x	1			0.5	
PSHUFD	xmm,x,i	1	1		x	x			1	0.5	
PSHUFD	x,m128,i	2	1		x	x	1			0.5	
PSHUFL/HW	x,x,i	1	1		x	x			1	0.5	
PSHUFL/HW	x, m128,i	2	1		x	x	1			0.5	
PALIGNR	mm/x,mm/x,i	1	1		x	x			1	0.5	SSSE3
PALIGNR	mm/x,m,i	2	1		x	x	1			0.5	SSSE3
PBLENDVB	x,x,xmm0	2	2		1	1			2	1	SSE4.1
PBLENDVB	x,m,xmm0	3	2		1	1	1			1	SSE4.1
PBLENDW	x,x,i	1	1		x	x			1	0.5	SSE4.1
PBLENDW	x,m,i	2	1		x	x	1			0.5	SSE4.1
MASKMOVQ	mm,mm	4	1	1			2	1		1	
MASKMOVDQU	x,x	10	4	x	1	x	4	2		6	
PMOVMASKB	r32,mm/x	1	1	1					2	1	
PEXTRB	r32,x,i	2	2	1	x	x			2	1	SSE4.1
PEXTRB	m8,x,i	2	1		x	x	1	1		1	SSE4.1
PEXTRW	r32,mm/x,i	2	1	1	x	x			2	1	
PEXTRW	m16,mm/x,i	2	1		x	x	1	1		1	SSE4.1
PEXTRD	r32,x,i	2	2	1	x	x			2	1	SSE4.1
PEXTRD	m32,x,i	2	1		x	x	1	1		1	SSE4.1
PEXTRQ	r64,x,i	2	2	1	x	x			2	1	SSE4.1
PEXTRQ	m64,x,i	2	1		x	x	1	1		1	
PINSRB	x,r32,i	2	2		x	x			2	1	SSE4.1
PINSRB	x,m8,i	2	1		x	x	1			0.5	SSE4.1
PINSRW	mm/x,r32,i	2	2		x	x			2	1	
PINSRW	mm/x,m16,i	2	1		x	x	1			0.5	
PINSRD	x,r32,i	2	1		x	x			2	1	SSE4.1
PINSRD	x,m32,i	2	1		x	x	1			0.5	SSE4.1
PINSRQ	x,r64,i	2	1		x	x			2	1	SSE4.1
PINSRQ	x,m64,i	2	1		x	x	1			0.5	SSE4.1
Arithmetic instructions											
PADD/SUB(U,S)B/W/D/Q	mm/x, mm/x	1	1		x	x			1	0.5	
PADD/SUB(U,S)B/W/D/Q	mm/x,m	1	1		x	x	1			0.5	
PHADD/SUB(S)W/D	mm/x, mm/x	3	3		x	x			3	1.5	SSSE3
PHADD/SUB(S)W/D	mm/x,m64	4	3		x	x	1			1.5	SSSE3
PCMPEQ/GTB/W/D	mm/x,mm/x	1	1		x	x			1	0.5	
PCMPEQ/GTB/W/D	mm/x,m	1	1		x	x	1			0.5	
PCMPEQQ	x,x	1	1		x	x			1	0.5	SSE4.1
PCMPEQQ	x,m128	1	1		x	x	1			0.5	SSE4.1
PCMPGTQ	x,x	1	1	1					5	1	SSE4.2
PCMPGTQ	x,m128	1	1	1			1			1	SSE4.2
PMULL/HW PMULHUW	mm/x,mm/x	1	1	1					5	1	
PMULL/HW PMULHUW	mm/x,m	1	1	1			1			1	
PMULHSW	mm/x,mm/x	1	1	1					5	1	SSSE3
PMULHSW	mm/x,m	1	1	1			1			1	SSSE3

Ivy Bridge

PMULLD	x,x	1	1	1				5	1	SSE4.1
PMULLD	x,m128	2	1	1			1		1	SSE4.1
PMULDQ	x,x	1	1	1				5	1	SSE4.1
PMULDQ	x,m128	1	1	1			1		1	SSE4.1
PMULUDQ	mm/x,mm/x	1	1	1				5	1	
PMULUDQ	mm/x,m	1	1	1			1		1	
PMADDWD	mm/x,mm/x	1	1	1				5	1	
PMADDWD	mm/x,m	1	1	1			1		1	
PMADDUBSW	mm/x,mm/x	1	1	1				5	1	SSSE3
PMADDUBSW	mm/x,m	1	1	1			1		1	SSSE3
PAVGB/W	mm/x,mm/x	1	1		x	x		1	0.5	
PAVGB/W	mm/x,m	1	1		x	x	1		0.5	
PMIN/MAXSB	x,x	1	1		x	x		1	0.5	SSE4.1
PMIN/MAXSB	x,m128	1	1		x	x	1		0.5	SSE4.1
PMIN/MAXUB	mm/x,mm/x	1	1		x	x		1	0.5	
PMIN/MAXUB	mm/x,m	1	1		x	x	1		0.5	
PMIN/MAXSW	mm/x,mm/x	1	1		x	x		1	0.5	
PMIN/MAXSW	mm/x,m	1	1		x	x	1		0.5	
PMIN/MAXUW	x,x	1	1		x	x		1	0.5	SSE4.1
PMIN/MAXUW	x,m	1	1		x	x	1		0.5	SSE4.1
PMIN/MAXU/SD	x,x	1	1		x	x		1	0.5	SSE4.1
PMIN/MAXU/SD	x,m128	1	1		x	x	1		0.5	SSE4.1
PHMINPOSUW	x,x	1	1	1				5	1	SSE4.1
PHMINPOSUW	x,m128	1	1	1			1		1	SSE4.1
PABSB/W/D	mm/x,mm/x	1	1		x	x		1	0.5	SSSE3
PABSB/W/D	mm/x,m	1	1		x	x	1		0.5	SSSE3
PSIGNB/W/D	mm/x,mm/x	1	1		x	x		1	0.5	SSSE3
PSIGNB/W/D	mm/x,m	1	1		x	x	1		0.5	SSSE3
PSADBW	mm/x,mm/x	1	1	1				5	1	
PSADBW	mm/x,m	1	1	1			1		1	
MPSADBW	x,x,i	3	3	1	1	1		6	1	SSE4.1
MPSADBW	x,m,i	4	3	1	1	1	1		1	SSE4.1
Logic instructions										
PAND(N) POR PXOR	mm/x,mm/x	1	1	x	x	x		1	0.33	
PAND(N) POR PXOR	mm/x,m	1	1	x	x	x	1		0.5	
PTEST	x,x	2	2	1	x	x		1	1	SSE4.1
PTEST	x,m128	3	2	1	x	x	1		1	SSE4.1
PSLL/RL/RAW/D/Q	mm,mm/i	1	1	1				1	1	
PSLL/RL/RAW/D/Q	mm,m64	1	1	1			1		1	
PSLL/RL/RAW/D/Q	xmm,i	1	1	1				1	1	
PSLL/RL/RAW/D/Q	x,x	2	2	1	x	x		2	1	
PSLL/RL/RAW/D/Q	x,m128	3	2	1	x	x	1		1	
PSLL/RDQ	x,i	1	1		x	x		1	0.5	
String instructions										
PCMPESTRI	x,x,i	8	8	3	1	4		4	4	SSE4.2
PCMPESTRI	x,m128,i	8	7	3	1	3	1		4	SSE4.2
PCMPESTRM	x,x,i	8	8	3	1	4		12	4	SSE4.2
PCMPESTRM	x,m128,i	8	7	3	1	3	1		4	SSE4.2
PCMPISTRI	x,x,i	3	3	3				3		SSE4.2
PCMPISTRI	x,m128,i	4	3	3			1		3	SSE4.2
PCMPISTRM	x,x,i	3	3	3				11		SSE4.2

Ivy Bridge

PCMPISTRM	x,m128,i	4	3	3			1			3	SSE4.2
Encryption instructions											
PCLMULQDQ	x,x,i	18	18	x	x	x			14	8	CLMUL
PCLMULQDQ	x,m,i	18	17	x	x	x	1			8	CLMUL
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,x	2	2	x	x	1			4	1	AES
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,m	3	2	x	x	1	1			1	AES
AESIMC	x,x	2	2			2			14	2	AES
AESIMC	x,m	3	2			2	1			2	AES
AESKEYGENASSIST	x,x,i	11	11	x	x	x			10	8	AES
AESKEYGENASSIST	x,m,i	11	10	x	x	x	1			7	AES
Other											
EMMS		31	31							18	

Floating point XMM and YMM instructions

Instruction	Operands	μops fused do- main	μops unfused domain						Latency	Reci- procal through- put	Com- ments
			p015	p0	p1	p5	p23	p4			
Move instructions											
MOVAPS/D	x,x	1	1			1			0-1	≤1	elimin.
VMOVAPS/D	y,y	1	1			1			0-1	≤1	elimin.
MOVAPS/D MOVUPS/D	x,m128	1					1		3	0.5	
VMOVAPS/D VMOVUPS/ D	y,m256	1					1+		4	1	AVX
MOVAPS/D MOVUPS/D	m128,x	1					1	1	3	1	
VMOVAPS/D VMOVUPS/ D	m256,y	1					1	1+	4	2	AVX
MOVSS/D	x,x	1	1			1			1	1	
MOVSS/D	x,m32/64	1					1		3	0.5	
MOVSS/D	m32/64,x	1					1	1	3	1	
MOVHPS/D MOVLPS/D	x,m64	2	1			1	1		4	1	
MOVH/LPS/D	m64,x	2					1	1	3	1	
MOVLHPS MOVHLPS	x,x	1	1			1			1	1	
MOVMSKPS/D	r32,x	1	1	1					2	1	
VMOVMSKPS/D	r32,y	1	1	1					2	1	
MOVNTPS/D	m128,x	1					1	1	~380	1	
VMOVNTPS/D	m256,y	1					1	1+	~380	2	AVX
SHUFPS/D	x,x,i	1	1			1			1	1	
SHUFPS/D	x,m128,i	2	1			1	1			1	
VSHUFPS/D	y,y,y,i	1	1			1			1	1	AVX
VSHUFPS/D	y, y,m256,i	2	1			1	1+			1	AVX
VPERMILPS/PD	x,x,x/i	1	1			1			1	1	AVX
VPERMILPS/PD	y,y,y/i	1	1			1			1	1	AVX
VPERMILPS/PD	x,x,m	2	1			1	1			1	AVX
VPERMILPS/PD	y,y,m	2	1			1	1+			1	AVX
VPERMILPS/PD	x,m,i	2	1			1	1			1	AVX

Ivy Bridge

VPERMILPS/PD	y,m,i	2	1			1	1+			1	AVX
VPERM2F128	y,y,y,i	1	1			1		2		1	AVX
VPERM2F128	y,y,m,i	2	1			1	1+			1	AVX
BLENDPS/PD	x,x,i	1	1	x	x			1	0.5		SSE4.1
BLENDPS/PD	x,m128,i	2	1	x	x	1			0.5		SSE4.1
VBLENDPS/PD	y,y,i	1	1	x	x			1	0.5		AVX
VBLENDPS/PD	y,m256,i	2	1	x	x	1+			1		AVX
BLENDVPS/PD	x,x,xmm0	2	2	x	x			2	1		SSE4.1
BLENDVPS/PD	x,m,xmm0	3	2	x	x	1			1		SSE4.1
VBLENDVPS/PD	y,y,y,y	2	2	x	x			2	1		AVX
VBLENDVPS/PD	y,y,m,y	3	2	x	x	1+			1		AVX
MOVDDUP	x,x	1	1			1		1	1		SSE3
MOVDDUP	x,m64	1					1	3	0.5		SSE3
VMOVDDUP	y,y	1	1			1		1	1		AVX
VMOVDDUP	y,m256	1					1+	3	1		AVX
VBROADCASTSS	x,m32	1					1	4	0.5		AVX
VBROADCASTSS	y,m32	2	1			1	1	5	1		AVX
VBROADCASTSD	y,m64	2	1			1	1	5	1		AVX
VBROADCASTF128	y,m128	2	1			1	1	5	1		AVX
MOVSH/LDUP	x,x	1	1			1		1	1		SSE3
MOVSH/LDUP	x,m128	1					1	3	0.5		SSE3
VMOVSH/LDUP	y,y	1	1			1		1	1		AVX
VMOVSH/LDUP	y,m256	1					1+		1		AVX
UNPCKH/LPS/D	x,x	1	1			1		1	1		SSE3
UNPCKH/LPS/D	x,m128	1	1			1	1		1		SSE3
VUNPCKH/LPS/D	y,y,y	1	1			1		1	1		AVX
VUNPCKH/LPS/D	y,y,m256	1	1			1	1+		1		AVX
EXTRACTPS	r32,x,i	2	2	x	x			2	1		SSE4.1
EXTRACTPS	m32,x,i	3	2	x	x	1	1		1		SSE4.1
VEXTRACTF128	x,y,i	1	1			1		2	1		AVX
VEXTRACTF128	m128,y,i	2	0				1	4	1		AVX
INSERTPS	x,x,i	1	1			1		1	1		SSE4.1
INSERTPS	x,m32,i	2	1			1	1		1		SSE4.1
VINSERTF128	y,y,x,i	1	1			1		2	1		AVX
VINSERTF128	y,y,m128,i	2	1	x	x	1		4	1		AVX
VMASKMOVPS/D	x,x,m128	3	2	x	x	1		4	1		AVX
VMASKMOVPS/D	y,y,m256	3	2				1+	5	1		AVX
VMASKMOVPS/D	m128,x,x	4	2	x	x	1	1		1		AVX
VMASKMOVPS/D	m256,y,y	4	2	x	x		1	1+	2		AVX
Conversion											
CVTPD2PS	x,x	2	2			1	1	4	1		
CVTPD2PS	x,m128	2	2			1	1	1	1		
VCVTPD2PS	x,y	2	2			1	1	4	1		AVX
VCVTPD2PS	x,m256	2	2			1	1	1+	1		AVX
CVTSD2SS	x,x	2	2			1	1	4	1		
CVTSD2SS	x,m64	2	2			1	1	1	1		
CVTPS2PD	x,x	2	2	1		1		1	1		
CVTPS2PD	x,m64	2	1	1			1		1		
VCVTPS2PD	y,x	2	2	1		1		4	1		AVX
VCVTPS2PD	y,m128	3	2	1		1	1		1		AVX
CVTSS2SD	x,x	2	2	1		1		2	1		
CVTSS2SD	x,m32	2	1	1			1		1		

Ivy Bridge

CVTDQ2PS	x,x	1	1	1				3	1	
CVTDQ2PS	x,m128	1	1	1		1			1	
VCVTDQ2PS	y,y	1	1	1				3	1	AVX
VCVTDQ2PS	y,m256	1	1	1		1+			1	AVX
CVT(T) PS2DQ	x,x	1	1	1				3	1	
CVT(T) PS2DQ	x,m128	1	1	1		1			1	
VCVT(T) PS2DQ	y,y	1	1	1				3	1	AVX
VCVT(T) PS2DQ	y,m256	1	1	1		1+			1	AVX
CVTDQ2PD	x,x	2	2	1	1			4	1	
CVTDQ2PD	x,m64	2	2	1	1	1			1	
VCVTDQ2PD	y,x	2	2	1	1			5	1	AVX
VCVTDQ2PD	y,m128	2	2	1	1	1			1	AVX
CVT(T)PD2DQ	x,x	2	2	1	1			4	1	
CVT(T)PD2DQ	x,m128	2	2	1	1	1			1	
VCVT(T)PD2DQ	x,y	2	2	1	1			5	1	AVX
VCVT(T)PD2DQ	x,m256	2	2	1	1	1+			1	AVX
CVTPI2PS	x,mm	1	1	1				4		
CVTPI2PS	x,m64	1	1	1		1			3	
CVT(T)PS2PI	mm,x	2	2	1	1			4	1	
CVT(T)PS2PI	mm,m128	2	1	1		1			1	
CVTPI2PD	x,mm	2	2	1	1			4	1	
CVTPI2PD	x,m64	2	2	1	1	1			1	
CVT(T) PD2PI	mm,x	2	2	1	1			4	1	
CVT(T) PD2PI	mm,m128	2	2	1	1	1			1	
CVTSI2SS	x,r32	2	2	1	1			4	3	
CVTSI2SS	x,m32	1	1	1		1			3	
CVT(T)SS2SI	r32,x	2	2	1	1			4	1	
CVT(T)SS2SI	r32,m32	2	2	1	1		1		1	
CVTSI2SD	x,r32	2	2	1	1			4	3	
CVTSI2SD	x,m32	2	1	1		1			3	
CVT(T)SD2SI	r32,x	2	2	1	1			4	1	
CVT(T)SD2SI	r32,m64	2	2	1	1		1		1	
VCVTPS2PH	x,v,i	3	3	1	1	1		10	1	F16C
VCVTPS2PH	m,v,i	3	2	1	1		1	1	1	F16C
VCVTPH2PS	v,x	2	2	1		1		6	1	F16C
VCVTPH2PS	v,m	2	1	1		1			1	F16C
Arithmetic										
ADDSS/D SUBSS/D	x,x	1	1	1				3	1	
ADDSS/D SUBSS/D	x,m32/64	1	1	1		1			1	
ADDPS/D SUBPS/D	x,x	1	1	1				3	1	
ADDPS/D SUBPS/D	x,m128	1	1	1		1			1	
VADDPS/D VSUBPS/D	y,y,y	1	1	1				3	1	AVX
VADDPS/D VSUBPS/D	y,y,m256	1	1	1		1+			1	AVX
ADDSUBPS/D	x,x	1	1	1				3	1	SSE3
ADDSUBPS/D	x,m128	1	1	1		1			1	SSE3
VADDSUBPS/D	y,y,y	1	1	1				3	1	AVX
VADDSUBPS/D	y,y,m256	1	1	1		1+			1	AVX
HADDPS/D HSUBPS/D	x,x	3	3	1	2			5	2	SSE3
HADDPS/D HSUBPS/D	x,m128	4	3	1	2	1			2	SSE3
VHADDPS/D VHSUBPS/D	y,y,y	3	3	1	2			5	2	AVX

Ivy Bridge

VHADDPS/D VHSUBPS/D	y,y,m256	4	3		1	2	1+		2	AVX
MULSS MULPS	x,x	1	1	1				5	1	
MULSS MULPS	x,m	1	1	1			1		1	
VMULPS	y,y,y	1	1	1				5	1	AVX
VMULPS	y,y,m256	1	1	1			1+		1	AVX
MULSD MULPD	x,x	1	1	1				5	1	
MULSD MULPD	x,m	1	1	1			1		1	
VMULPD	y,y,y	1	1	1				5	1	AVX
VMULPD	y,y,m256	1	1	1			1+		1	AVX
DIVSS DIVPS	x,x	1	1	1				10-13	7	
DIVSS DIVPS	x,m	1	1	1			1		7	
VDIVPS	y,y,y	3	3	2		1		19-21	14	AVX
VDIVPS	y,y,m256	4	3	2		1	1+		14	AVX
DIVSD DIVPD	x,x	1	1	1				10-20	8-14	
DIVSD DIVPD	x,m	1	1	1			1		8-14	
VDIVPD	y,y,y	3	3	2		1		20-35	16-28	AVX
VDIVPD	y,y,m256	4	3	2		1	1+		16-28	AVX
RCPSS/PS	x,x	1	1	1				5	1	
RCPSS/PS	x,m128	1	1	1			1		1	
VRCPPS	y,y	3	3	2		1		7	2	AVX
VRCPPS	y,m256	4	3	2		1	1+		2	AVX
CMPccSS/D CMPccPS/D	x,x	1	1		1			3	1	
CMPccSS/D CMPccPS/D	x,m128	2	1		1		1		1	
VCMPccPS/D	y,y,y	1	1		1			3	1	AVX
VCMPccPS/D	y,y,m256	2	1		1		1+		1	AVX
COMISS/D UCOMISS/D	x,x	2	2	1	1				1	
COMISS/D UCOMISS/D	x,m32/64	2	2	1	1		1		1	
MAXSS/D MINSS/D	x,x	1	1		1			3	1	
MAXSS/D MINSS/D	x,m32/64	1	1		1		1		1	
MAXPS/D MINPS/D	x,x	1	1		1			3	1	
MAXPS/D MINPS/D	x,m128	1	1		1		1		1	
VMAXPS/D VMINPS/D	y,y,y	1	1		1			3	1	AVX
VMAXPS/D VMINPS/D	y,y,m256	1	1		1		1+		1	AVX
ROUNDSS/SD/PS/PD	x,x,i	1	1		1			3	1	SSE4.1
ROUNDSS/SD/PS/PD	x,m128,i	2	1		1		1		1	SSE4.1
VROUNDSS/SD/PS/PD	y,y,i	1	1		1			3	1	AVX
VROUNDSS/SD/PS/PD	y,m256,i	2	1		1		1+		1	AVX
DPPS	x,x,i	4	4	1	2	1		12	2	SSE4.1
DPPS	x,m128,i	6	5	1	2	2	1		4	SSE4.1
VDPPS	y,y,y,i	4	4	1	2	1		12	2	AVX
VDPPS	y,m256,i	6	5	1	2	2	1+		4	AVX
DPPD	x,x,i	3	3	1	1	1		9	1	SSE4.1
DPPD	x,m128,i	4	3	1	1	1	1		1	SSE4.1
Math										
SQRTSS/PS	x,x	1	1	1				11	7	
SQRTSS/PS	x,m128	1	1	1			1		7	
VSQRTPS	y,y	3	3	2		1		19	14	AVX
VSQRTPS	y,m256	4	3	2		1	1+		14	AVX
SQRTSD/PD	x,x	1	1	1				16	8-14	

Ivy Bridge

SQRTSD/PD	x,m128	1	1	1		1			8-14	
VSQRTPD	y,y	3	3	2	1			28	16-28	AVX
VSQRTPD	y,m256	4	3	2	1	1+			16-28	AVX
RSQRTSS/PS	x,x	1	1	1				5	1	
RSQRTSS/PS	x,m128	1	1	1		1			1	
VRSQRTPS	y,y	3	3	2	1			7	2	AVX
VRSQRTPS	y,m256	4	3	2	1	1+			2	AVX
Logic										
AND/ANDN/OR/XORPS/PD	x,x	1	1		1			1	1	
AND/ANDN/OR/XORPS/PD	x,m128	1	1		1	1			1	
VAND/ANDN/OR/XORPS/PD	y,y,y	1	1		1			1	1	AVX
VAND/ANDN/OR/XORPS/PD	y,y,m256	1	1		1	1+			1	AVX
Other										
VZEROUPPER		4	0						1	AVX
VZEROALL		12	2						11	32 bit
VZEROALL		20	2						9	64 bit
LDMXCSR	m32	3	2	1	1	1		6	3	
STMXCSR	m32	3	2	1	1	1	1	7	1	
FXSAVE	m4096	130							66	
FXRSTOR	m4096	116							68	
XSAVEOPT	m	100-161						60-500		

Intel Haswell**List of instruction timings and μ op breakdown***Explanation of column headings:*

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, v = any vector register (mmx, xmm, ymm). same = same register for both operands. m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename and allocate stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The total number of μ ops for all execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if this number is higher than the number under fused domain. Some operations are not counted here if they do not go to any execution port or if the counters are inaccurate.
μops each port:	The number of μ ops for each execution port. p0 means a μ op to execution port 0. p01 means a μ op that can go to either port 0 or port 1. p0 p1 means two μ ops going to port 0 and 1, respectively. Port 0: Integer, f.p. and vector ALU, mul, div, branch Port 1: Integer, f.p. and vector ALU Port 2: Load Port 3: Load Port 4: Store Port 5: Integer and vector ALU Port 6: Integer ALU, branch Port 7: Store address
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOV	r,i	1	1	p0156		0.25	
MOV	r8/16,r8/16	1	1	p0156	1	0.25	
MOV	r32/64,r32/64	1	1	p0156	0-1	0.25	may be elim.
MOV	r8l,m	1	2	p23 p0156		0.5	
MOV	r8h,m	1	1	p23		0.5	
MOV	r16,m	1	2	p23 p0156		0.5	
MOV	r32/64,m	1	1	p23	2	0.5	all addressing modes
MOV	m,r	1	2	p237 p4	3	1	
MOV	m,i	1	2	p237 p4		1	
MOVNTI	m,r	2	2	p23 p4	~400	1	

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MOVSBX MOVZXB	r,r	1	1	p0156	1	0.25	
MOVSBXD							
MOVSBX MOVZXB	r16,m8	1	2	p23 p0156		0.5	
MOVSBX MOVZXB	r,m	1	1	p23		0.5	all other combinations
MOVSBXD							
CMOVBcc	r,r	2	2	2p0156	2	0.5	
CMOVBcc	r,m	3	3	2p0156 p23		1	
XCHG	r,r	3	3	3p0156	2	1	
XCHG	r,m	8	8		21		implicit lock
XLAT		3	3		7	2	
PUSH	r	1	2	p237 p4	3	1	
PUSH	i	1	2	p237 p4		1	
PUSH	m	2	3	p4 2p237		1	
PUSH	stack pointer	2	3	p0156 p237 p4		1	
PUSHF(D/Q)		3	4	p1 p4 p237 p06		1	
PUSHA(D)		11	19			8	not 64 bit
POP	r	1	1	p23	2	0.5	
POP	stack pointer	3	3	p23 2p0156		4	
POP	m	2	3	2p237 p4		1	
POPF(D/Q)		9	9			18	
POPA(D)		18	18			9	not 64 bit
LAHF SAHF		1	1	p06	1	1	
SALC		3	3	3p0156	1	1	not 64 bit
LEA	r16,m	2	2	p1 p0156	4	1	16 or 32 bit address size
LEA	r32/64,m	1	1	p15	1	0.5	1 or 2 components in address
LEA	r32/64,m	1	1	p1	3	1	3 components in address
LEA	r32/64,m	1	1	p1		1	rip relative address
BSWAP	r32	1	1	p15	1	0.5	
BSWAP	r64	2	2	p06 p15	2	1	
MOVBE	r16,m16	3	3	2p0156 p23		0.5	MOVBE
MOVBE	r32,m32	2	2	p15 p23		0.5	MOVBE
MOVBE	r64,m64	3	3	2p0156 p23		0.5	MOVBE
MOVBE	m16,r16	2	3	p06 p237 p4		1	MOVBE
MOVBE	m32,r32	2	3	p15 p237 p4		1	MOVBE
MOVBE	m64,r64	3	4	p06 p15 p237 p4		1	MOVBE
PREFETCHNTA/0/1/2	m	1	1	p23		0.5	
LFENCE		2		none counted		4	
MFENCE		3	2	p23 p4		33	
SFENCE		2	2	p23 p4		5	
Arithmetic instructions							
ADD SUB	r,r/i	1	1	p0156	1	0.25	
ADD SUB	r,m	1	2	p0156 p23		0.5	
ADD SUB	m,r/i	2	4	2p0156 2p237 p4	6	1	
ADC SBB	r,r/i	2	2	2p0156	2	1	
ADC SBB	r,m	2	3	2p0156 p23		1	

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ADC SBB	m,r/i	4	6	3p0156 2p237 p4	7	2	
CMP	r,r/i	1	1	p0156	1	0.25	
CMP	m,r/i	1	2	p0156 p23	1	0.5	
INC DEC NEG	r	1	1	p0156	1	0.25	
NOT							
INC DEC NOT	m	3	4	p0156 2p237 p4	6	1	
NEG	m	2	4	p0156 2p237 p4	6	1	
AAA		2	2	p1 p0156	4		not 64 bit
AAS		2	2	p1 p56	6		not 64 bit
DAA DAS		3	3	p1 2p0156	4		not 64 bit
AAD		3	3	p1 2p0156	4		not 64 bit
AAM		8	8	p0 p1 p5 p6	21	8	not 64 bit
MUL IMUL	r8	1	1	p1	3	1	
MUL IMUL	r16	4	4	p1 p0156	4	2	
MUL IMUL	r32	3	3	p1 p0156	4	2	
MUL IMUL	r64	2	2	p1 p6	3	1	
MUL IMUL	m8	1	2	p1 p23		1	
MUL IMUL	m16	4	5	p1 3p0156 p23		2	
MUL IMUL	m32	3	4	p1 2p0156 p23		2	
MUL IMUL	m64	2	3	p1 p6 p23		1	
IMUL	r,r	1	1	p1	3	1	
IMUL	r,m	1	2	p1 p23		1	
IMUL	r16,r16,i	2	2	p1 p0156	4	1	
IMUL	r32,r32,i	1	1	p1	3	1	
IMUL	r64,r64,i	1	1	p1	3	1	
IMUL	r16,m16,i	2	3	p1 p0156 p23		1	
IMUL	r32,m32,i	1	2	p1 p23		1	
IMUL	r64,m64,i	1	2	p1 p23		1	
MULX	r32,r32,r32	3	3	p1 2p056	4	1	BMI2
MULX	r32,r32,m32	3	4	p1 2p056 p23		1	BMI2
MULX	r64,r64,r64	2	2	p1 p6	4	1	BMI2
MULX	r64,r64,m64	2	3	p1 p6 p23		1	BMI2
DIV	r8	9	9	p0 p1 p5 p6	22-25	9	
DIV	r16	11	11	p0 p1 p5 p6	23-26	9	
DIV	r32	10	10	p0 p1 p5 p6	22-29	9-11	
DIV	r64	36	36	p0 p1 p5 p6	32-96	21-74	
IDIV	r8	9	9	p0 p1 p5 p6	23-26	8	
IDIV	r16	10	10	p0 p1 p5 p6	23-26	8	
IDIV	r32	9	9	p0 p1 p5 p6	22-29	8-11	
IDIV	r64	59	59	p0 p1 p5 p6	39-103	24-81	
CBW		1	1	p0156	1		
CWDE		1	1	p0156	1		
CDQE		1	1	p0156	1		
CWD		2	2	p0156	1		
CDQ		1	1	p06	1		
CQO		1	1	p06	1		
POPCNT	r,r	1	1	p1	3	1	SSE4.2
POPCNT	r,m	1	2	p1 p23		1	SSE4.2
CRC32	r,r	1	1	p1	3	1	SSE4.2
CRC32	r,m	1	2	p1 p23		1	SSE4.2
Logic instructions							

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AND OR XOR	r,r/i	1	1	p0156	1	0.25	
AND OR XOR	r,m	1	2	p0156 p23		0.5	
AND OR XOR	m,r/i	2	4	2p0156 2p237 p4	6	1	
TEST	r,r/i	1	1	p0156	1	0.25	
TEST	m,r/i	1	2	p0156 p23		0.5	
SHR SHL SAR	r,i	1	1	p06	1	0.5	
SHR SHL SAR	m,i	3	4	2p06 p237 p4		2	
SHR SHL SAR	r,cl	3	3	3p06	2	2	
SHR SHL SAR	m,cl	5	6	3p06 2p23 p4		4	
ROR ROL	r,1	2	2	2p06	1	1	short form
ROR ROL	r,i	1	1	p06	1	0.5	
ROR ROL	m,i	4	5	2p06 2p237 p4		2	
ROR ROL	r,cl	3	3	3p06	2	2	
ROR ROL	m,cl	5	6			4	
RCR RCL	r,1	3	3	2p06 p0156	2	2	
RCR RCL	m,1	4	6			3	
RCR RCL	r,i	8	8	p0156	6	6	
RCR RCL	m,i	11	11			6	
RCR RCL	r,cl	8	8	p0156	6	6	
RCR RCL	m,cl	11	11			6	
SHRD SHLD	r,r,i	1	1	p1	3	1	
SHRD SHLD	m,r,i	3	5			2	
SHLD	r,r,cl	4	4	p0156	3	2	
SHRD	r,r,cl	4	4	p0156	4	2	
SHRD SHLD	m,r,cl	5	7			4	
SHLX SHRX SARX	r,r,r	1	1	p06	1	0.5	BMI2
SHLX SHRX SARX	r,m,r	2	2	p06 p23		0.5	BMI2
RORX	r,r,i	1	1	p06	1	0.5	BMI2
RORX	r,m,i	2	2	p06 p23		0.5	BMI2
BT	r,r/i	1	1	p06	1	0.5	
BT	m,r	10	10			5	
BT	m,i	2	2	p06 p23		0.5	
BTR BTS BTC	r,r/i	1	1	p06	1	0.5	
BTR BTS BTC	m,r	10	11			5	
BTR BTS BTC	m,i	3	4	2p06 p23 p4		2	
BSF BSR	r,r	1	1	p1	3	1	
BSF BSR	r,m	1	2	p1 p23		1	
SETcc	r	1	1	p06	1	0.5	
SETcc	m	2	3	p06 p237 p4		1	
CLC		1	0	none		0.25	
STC		1	1	p0156		0.25	
CMC		1	1	p0156	1		
CLD STD		3	3	p15 p6		4	
LZCNT	r,r	1	1	p1	3	1	LZCNT
LZCNT	r,m	1	2	p1 p23		1	LZCNT
TZCNT	r,r	1	1	p1	3	1	BMI1
TZCNT	r,m	1	2	p1 p23		1	BMI1
ANDN	r,r,r	1	1	p15	1	0.5	BMI1
ANDN	r,r,m	1	2	p15 p23	1	0.5	BMI1
BLSI BLSMSK	r,r	1	1	p15	1	0.5	BMI1
BLSR							
BLSI BLSMSK	r,m	1	2	p15 p23		0.5	BMI1
BLSR							

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BEXTR	r,r,r	2	2	2p0156	2	0.5	BMI1
BEXTR	r,m,r	3	3	2p0156 p23		1	BMI1
BZHI	r,r,r	1	1	p15	1	0.5	BMI2
BZHI	r,m,r	1	2	p15 p23		0.5	BMI2
PDEP	r,r,r	1	1	p1	3	1	BMI2
PDEP	r,r,m	1	2	p1 p23		1	BMI2
PEXT	r,r,r	1	1	p1	3	1	BMI2
PEXT	r,r,m	1	2	p1 p23		1	BMI2
Control transfer instructions							
JMP	short/near	1	1	p6		1-2	
JMP	r	1	1	p6		2	
JMP	m	1	2	p23 p6		2	
Conditional jump	short/near	1	1	p6		1-2	predicted taken
Conditional jump	short/near	1	1	p06		0.5-1	predicted not taken
Fused arithmetic and branch		1	1	p6		1-2	predicted taken
Fused arithmetic and branch		1	1	p06		0.5-1	predicted not taken
J(E/R)CXZ	short	2	2	p0156 p6		0.5-2	
LOOP	short	7	7			5	
LOOP(N)E	short	11	11			6	
CALL	near	2	3	p237 p4 p6		2	
CALL	r	2	3	p237 p4 p6		2	
CALL	m	3	4	2p237 p4 p6		3	
RET		1	2	p237 p6		1	
RET	i	3	4	p23 2p6 p015		2	
BOUND	r,m	15	15			8	not 64 bit
INTO		4	4			5	not 64 bit
String instructions							
LODSB/W		3	3	2p0156 p23		1	
LODSD/Q		2	2	p0156 p23		1	
REP LODS		5n+12				~2n	
STOS		3	3	p23 p0156 p4		1	
REP STOS		<2n				~0.5n	worst case
REP STOS		2.6/32B				1/32B	best case aligned by 32
MOVS		5	5	2p23 p4 2p0156		4	
REP MOVS		~2n				~1.5 n	worst case
REP MOVS		4/32B				1/32B	best case aligned by 32
SCAS		3	3	p23 2p0156		1	
REP SCAS		≥6n				≥2n	
CMPS		5	5	2p23 3p0156		4	
REP CMPS		≥8n				≥2n	
Synchronization instructions							
XADD	m,r	4	5			7	
LOCK XADD	m,r	9	9			19	
LOCK ADD	m,r	8	8			19	

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CMPXCHG	m,r	5	6			8	
LOCK CMPXCHG	m,r	10	10			19	
CMPXCHG8B	m,r	15	15			9	
LOCK CMPXCHG8B	m,r	19	19			19	
CMPXCHG16B	m,r	22	22			15	
LOCK CMPXCHG16B	m,r	24	24			25	
Other							
NOP (90)		1	0	none		0.25	
Long NOP (0F 1F)		1	0	none		0.25	
PAUSE		5	5	p05 3p6		9	
ENTER	a,0	12	12			8	
ENTER	a,b	~14+7b	~45+7b		~87+2b		
LEAVE		3	3	2p0156 p23		6	
XGETBV		8	8			9	XGETBV
RDTSC		15	15			24	
RDPMSR		34	34			37	
RDRAND	r	17	17	p23 16p0156		~320	RDRAND

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
FLD	r	1	1	p01	1	0.5	
FLD	m32/64	1	1	p23	3	0.5	
FLD	m80	4	4	2p01 2p23	4	2	
FBLD	m80	43	43		47	22	
FST(P)	r	1	1	p01	1	0.5	
FST(P)	m32/m64	1	2	p4 p237	4	1	
FSTP	m80	7	7	3p0156 2p23 2p4	1	5	
FBSTP	m80	238	226			265	
FXCH	r	2	0	none	0	0.5	
FILD	m	1	2	p01 p23	6	1	
FIST(P)	m	3	3	p1 p23 p4	7	1	
FISTTP	m	3	3	p1 p23 p4	7	2	SSE3
FLDZ		1	1	p01		1	
FLD1		2	2	2p01		2	
FLDPI FLDL2E etc.		2	2	2p01		2	
FCMOVcc	r	3	3	2p0 p5	2	2	
FNSTSW	AX	2	2	p0 p0156		1	
FNSTSW	m16	2	3	p0 p4 p237	6	1	
FLDCW	m16	3	3	p01 p23 p6	7	2	
FNSTCW	m16	2	3	p237 p4 p6		1	
FINCSTP FDECSTP		1	1	p01	0	0.5	
FFREE(P)	r	1	1	p01		0.5	
FNSAVE	m	147	147			150	
FRSTOR	m	90	90			164	

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Arithmetic in-structions						
FADD(P)						
FSUB(R)(P)	r	1	1	p1	3	1
FADD(P)						
FSUB(R)(P)	m	1	2	p1 p23		1
FMUL(P)	r	1	1	p0	5	1
FMUL(P)	m	1	2	p0 p23		1
FDIV(R)(P)	r	1	1	p0	10-24	8-18
FDIV(R)(P)	m	1	2	p0 p23		8-18
FABS		1	1	p0	1	1
FCHS		1	1	p0	1	1
FCOM(P) FUCOM	r	1	1	p1		1
FCOM(P) FUCOM	m	1	2	p1 p23		1
FCOMPP FUCOMPP		2	2	2p01		1
FCOMI(P) FUCOM	r	3	3	3p01		1.5
FIADD FISUB(R)	m	2	3	2p1 p23		2
FIMUL	m	2	3	p0 p1 p23		2
FIDIV(R)	m	2	3	p0 p1 p23		
FICOM(P)	m	2	3	2p1 p23		2
FTST		1	1	p1		1
FXAM		2	2	2p1		2
FPREM		28	28		19	13
FPREM1		41	41		27	17
FRNDINT		17	17		11	23
Math						
FSCALE		25-75			49-125	
FXTRACT		17	17		15	11
FSQRT		1	1	p0	10-23	8-17
FSIN		71-100			47-106	
FCOS		110			112	
FSINCOS		70-120			52-123	
F2XM1		58-89			63-68	
FYL2X		55-417			58-680	
FYL2XP1		55-228			58-360	
FPTAN		110-121			130	
FPATAN		78-160			96-156	
Other						
FNOP		1	1	p01		0.5
WAIT		2	2	p01		1
FNCLEX		5	5	p0156		22
FNINIT		26	26			83

Integer vector instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal through put	Comments
Move instructions							
MOVD	r32/64,mm/x	1	1	p0	1	1	

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MOVD	m32/64,mm/x	1	2	p237 p4	3	1	
MOVD	mm/x,r32/64	1	1	p5	1	1	
MOVD	mm/x,m32/64	1	1	p23	3	0.5	
MOVQ	r64,mm/x	1	1	p0	1	1	
MOVQ	mm/x,r64	1	1	p5	1	1	
MOVQ	mm/x,mm/x	1		p015	1	0.33	
MOVQ	mm/x,m64	1	1	p23	3	0.5	
MOVQ	m64, mm/x	1	2	p237 p4	3	1	
MOVDQA/U	x,x	1	1	p015	0-1	0.33	may be elim.
MOVDQA/U	x, m128	1	1	p23	3	0.5	
MOVDQA/U	m128, x	1	2	p237 p4	3	1	
VMOVDQA/U	y,y	1	1	p015	0-1	0.33	AVX may be elim.
VMOVDQA/U	y,m256	1	1	p23	3	0.5	AVX
VMOVDQA/U	m256,y	1	2	p237 p4	4	1	AVX
LDDQU	x, m128	1	1	p23	3	0.5	SSE3
MOVDQ2Q	mm, x	2	2	p01 p5	1	1	
MOVQ2DQ	x,mm	1	1	p015	1	0.33	
MOVNTQ	m64,mm	1	2	p237 p4	~400	1	
MOVNTDQ	m128,x	1	2	p237 p4	~400	1	
VMOVNTDQ	m256,y	1	2	p237 p4	~400	1	AVX2
MOVNTDQA	x, m128	1	1	p23	3	0.5	SSE4.1
VMOVNTDQA	y,m256	1	1	p23	3	0.5	AVX2
PACKSSWB/DW							
PACKUSWB	mm,mm	3	3	p5	2	2	
PACKSSWB/DW							
PACKUSWB	mm,m64	3	3	p23 2p5		2	
PACKSSWB/DW							
PACKUSWB	x,x / y,y,y	1	1	p5	1	1	
PACKSSWB/DW							
PACKUSWB	x,m / y,y,m	1	2	p23 p5		1	
PACKUSDW	x,x / y,y,y	1	1	p5	1	1	SSE4.1
PACKUSDW	x,m / y,y,m	1	2	p23 p5		1	SSE4.1
PUNPCKH/L							
BW/WD/DQ	v,v / v,v,v	1	1	p5	1	1	
PUNPCKH/L							
BW/WD/DQ	v,m / v,v,m	1	2	p23 p5		1	
PUNPCKH/L							
QDQ	x,x / y,y,y	1	1	p5	1	1	
PUNPCKH/L							
QDQ	x,m / y,y,m	2	2	p23 p5		1	
PMOVSX/ZX BW							
BD BQ DW DQ	x,x	1	1	p5	1	1	SSE4.1
PMOVSX/ZX BW							
BD BQ DW DQ	x,m	1	2	p23 p5		1	SSE4.1
VPMOVSX/ZX BW							
BD BQ DW DQ	y,x	1	1	p5	3	1	AVX2
VPMOVSX/ZX BW							
BD BQ DW DQ	y,m	2	2	p5 p23		1	AVX2
PSHUFB	v,v / v,v,v	1	1	p5	1	1	SSSE3
PSHUFB	v,m / v,v,m	2	2	p23 p5		1	SSSE3
PSHUFW	mm,mm,i	1	1	p5	1	1	
PSHUFW	mm,m64,i	2	2	p23 p5		1	
PSHUFD	v,v,i	1	1	p5	1	1	
PSHUFD	v,m,i	2	2	p23 p5		1	

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PSHUFL/HW	v,v,i	1	1	p5	1	1	
PSHUFL/HW	v,m,i	2	2	p23 p5		1	
PALIGNR	v,v,i / v,v,v,i	1	1	p5	1	1	SSSE3
PALIGNR	v,m,i / v,v,m,i	2	2	p23 p5		1	SSSE3
PBLENDVB	x,x,xmm0	2	2	2p5	2	2	SSE4.1
PBLENDVB	x,m,xmm0	3	3	2p5 p23		2	SSE4.1
VPBLENDVB	v,v,v,v	2	2	2p5	2	2	AVX2
VPBLENDVB	v,v,m,v	3	3	2p5 p23		2	AVX2
PBLENDW	x,x,i / v,v,v,i	1	1	p5	1	1	SSE4.1
PBLENDW	x,m,i / v,v,m,i	2	2	p23 p5		1	SSE4.1
VPBLEND	v,v,v,i	1	1	p015	1	0.33	AVX2
VPBLEND	v,v,m,i	2	2	p015 p23		0.5	AVX2
VPERMD	y,y,y	1	1	p5	3	1	AVX2
VPERMD	y,y,m	1	2	p5 p23		1	AVX2
VPERMQ	y,y,i	1	1	p5	3	1	AVX2
VPERMQ	y,m,i	2	2	p5 p23		1	AVX2
VPERM2I128	y,y,y,i	1	1	p5	3	1	AVX2
VPERM2I128	y,y,m,i	2	2	p5 p23		1	AVX2
MASKMOVQ	mm,mm	4	4	p0 p4 2p23	13-413	1	
MASKMOVQ	x,x	10	10	4p04 2p56 4p23	14-438	6	
VPMASKMOVQ	v,v,m	3	3	p23 2p5	4	2	AVX2
VPMASKMOVQ	m,v,v	4	4	p0 p1 p4 p23	13-14	1	AVX2
PMOVMASKB	r,v	1	1	p0	3	1	
PEXTRB/W/D/Q	r32,x,i	2	2	p0 p5	2	1	SSE4.1
PEXTRB/W/D/Q	m8,x,i	2	3	p23 p4 p5		1	SSE4.1
VEXTRACTI128	x,y,i	1	1	p5	3	1	AVX2
VEXTRACTI128	m,y,i	2	2	p23 p4	4	1	AVX2
PINSRB	x,r32,i	2	2	p5	2	2	SSE4.1
PINSRB	x,m8,i	2	2	p23 p5		1	SSE4.1
PINSRW	mm/x,r32,i	2	2	p5	2	2	
PINSRW	mm/x,m16,i	2	2	p23 p5		1	
PINSRD/Q	x,r32,i	2	2	p5	2	2	SSE4.1
PINSRD/Q	x,m32,i	2	2	p23 p5		1	SSE4.1
VINSERTI128	y,y,x,i	1	1	p5	3	1	AVX2
VINSERTI128	y,y,m,i	2	2	p015 p23	4	0.5	AVX2
VPBROADCAST							
B/W/D/Q	x,x	1	1	p5	1	1	AVX2
VPBROADCAST							
B/W	x,m8/16	3	3	p01 p23 p5	5	1	AVX2
VPBROADCAST							
D/Q	x,m32/64	1	1	p23	4	0.5	AVX2
VPBROADCAST							
B/W/D/Q	y,x	1	1	p5	3	1	AVX2
VPBROADCAST							
B/W	y,m8/16	3	3	p01 p23 p5	7	1	AVX2
VPBROADCAST							
D/Q	y,m32/64	1	1	p23	5	0.5	AVX2
VBROADCASTI128	y,m128	1	1	p23	3	0.5	AVX2
VPGATHERDD	x,[r+s*x],x	20	20			9	AVX2
VPGATHERDD	y,[r+s*y],y	34	34			12	AVX2
VPGATHERQD	x,[r+s*x],x	15	15			8	AVX2
VPGATHERQD	x,[r+s*y],x	22	22			7	AVX2
VPGATHERDQ	x,[r+s*x],x	12	12			7	AVX2
VPGATHERDQ	y,[r+s*x],y	20	20			9	AVX2
VPGATHERQQ	x,[r+s*x],x	14	14			7	AVX2

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VPGATHERQQ	y,[r+s*y],y	22	22			9	AVX2
Arithmetic instructions							
PADD/SUB(S,US) B/W/D/Q	v,v / v,v,v	1	1	p15	1	0.5	
PADD/SUB(S,US) B/W/D/Q	v,m / v,v,m	1	2	p15 p23		0.5	
PHADD(S)W/D							
PHSUB(S)W/D	v,v / v,v,v	3	3	p1 2p5	3	2	SSSE3
PHADD(S)W/D							
PHSUB(S)W/D	v,m / v,v,m	4	4	p1 2p5 p23		2	SSSE3
PCMPEQB/W/D							
PCMPGTB/W/D	v,v / v,v,v	1	1	p15	1	0.5	
PCMPEQB/W/D							
PCMPGTB/W/D	v,m / v,v,m	1	2	p15 p23		0.5	
PCMPEQQ	v,v / v,v,v	1	1	p15	1	0.5	SSE4.1
PCMPEQQ	v,m / v,v,m	1	2	p15 p23		0.5	SSE4.1
PCMPGTQ	v,v / v,v,v	1	1	p0	5	1	SSE4.2
PCMPGTQ	v,m / v,v,m	1	2	p0 p23		1	SSE4.2
PMULL/HW							
PMULHUW	v,v / v,v,v	1	1	p0	5	1	
PMULL/HW							
PMULHUW	v,m / v,v,m	1	2	p0 p23		1	
PMULHRSW	v,v / v,v,v	1	1	p0	5	1	SSSE3
PMULHRSW	v,m / v,v,m	1	2	p0 p23		1	SSSE3
PMULLD	x,x / y,y,y	2	2	2p0	10	2	SSE4.1
PMULLD	x,m / y,y,m	3	3	2p0 p23		2	SSE4.1
PMULDQ	x,x / y,y,y	1	1	p0	5	1	SSE4.1
PMULDQ	x,m / y,y,m	1	2	p0 p23		1	SSE4.1
PMULUDQ	v,v / v,v,v	1	1	p0	5	1	
PMULUDQ	v,m / v,v,m	1	2	p0 p23		1	
PMADDWD	v,v / v,v,v	1	1	p0	5	1	
PMADDWD	v,m / v,v,m	1	2	p0 p23		1	
PMADDUBSW	v,v / v,v,v	1	1	p0	5	1	SSSE3
PMADDUBSW	v,m / v,v,m	1	2	p0 p23		1	SSSE3
PAVGB/W	v,v / v,v,v	1	1	p15	1	0.5	
PAVGB/W	v,m / v,v,m	1	2	p15 p23		0.5	
PMIN/PMAX SB/SW/SD							
UB/UW/UD	x,x / y,y,y	1	1	p15	1	0.5	SSE4.1
PMIN/PMAX SB/SW/SD							
UB/UW/UD	x,m / y,y,m	1	2	p15 p23		0.5	SSE4.1
PHMINPOSUW	x,x	1	1	p0	5	1	SSE4.1
PHMINPOSUW	x,m128	1	2	p0 p23		1	SSE4.1
PABSB/W/D	v,v	1	1	p15	1	0.5	SSSE3
PABSB/W/D	v,m	1	2	p15 p23		0.5	SSSE3
PSIGNB/W/D	v,v / v,v,v	1	1	p15	1	0.5	SSSE3
PSIGNB/W/D	v,m / v,v,m	1	2	p15 p23		0.5	SSSE3
PSADBW	v,v / v,v,v	1	1	p0	5	1	
PSADBW	v,m / v,v,m	1	2	p0 p23		1	
MPSADBW	x,x,i / v,v,v,i	3	3	p0 2p5	6	2	SSE4.1
MPSADBW	x,m,i / v,v,m,i	4	4	p0 2p5 p23		2	SSE4.1

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Logic instructions							
PAND PANDN	v,v / v,v,v	1	1	p015	1	0.33	
POR PXOR							
PAND PANDN	v,m / v,v,m	1	2	p015 p23		0.5	
POR PXOR							
PTEST	v,v	2	2	p0 p5	2	1	SSE4.1
PTEST	v,m	2	3	p0 p5 p23		1	SSE4.1
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	mm,mm	1	1	p0	1	1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	mm,m64	1	2	p0 p23		1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	x,x / v,v,x	2	2	p0 p5	2	1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	x,m / v,v,m	2	2	p0 p23		1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	v,i / v,v,i	1	1	p0	1	1	
VPSLLVD/Q							
VPSRAVD							
VPSRLVD/Q	v,v,v	3	3	2p0 p5	2	2	AVX2
VPSLLVD/Q							
VPSRAVD							
VPSRLVD/Q	v,v,m	4	4	2p0 p5 p23		2	AVX2
PSLLDQ							
PSRLDQ	x,i / v,v,i	1	1	p5	1	1	
String instructions							
PCMPESTRI	x,x,i	8	8	6p05 2p16	11	4	SSE4.2
PCMPESTRI	x,m128,i	8	8	3p0 2p16 2p5 p23		4	SSE4.2
PCMPESTRM	x,x,i	9	9	3p0 2p16 4p5	10	5	SSE4.2
PCMPESTRM	x,m128,i	9	9	6p05 2p16 p23		5	SSE4.2
PCMPISTRI	x,x,i	3	3	3p0	11	3	SSE4.2
PCMPISTRI	x,m128,i	4	4	3p0 p23		3	SSE4.2
PCMPISTRM	x,x,i	3	3	3p0	10	3	SSE4.2
PCMPISTRM	x,m128,i	4	4	3p0 p23		3	SSE4.2
Encryption instructions							
PCLMULQDQ	x,x,i	3	3	2p0 p5	7	2	CLMUL
PCLMULQDQ	x,m,i	4	4	2p0 p5 p23		2	CLMUL
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,x	1	1	p5	7	1	AES
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,m	2	2	p5 p23		1.5	AES
AESIMC	x,x	2	2	2p5	14	2	AES
AESIMC	x,m	3	3	2p5 p23		2	AES

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AESKEYGENAS SIST	x,x,i	10	10	2p0 8p5	10	9	AES
AESKEYGENAS SIST	x,m,i	10	10	2p0 p23 7p5		8	AES
Other							
EMMS		31	31			13	

Floating point XMM and YMM instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Recipro- cal through put	Comments
Move instruc- tions							
MOVAPS/D	x,x	1	1	p5	0-1	1	may be elim.
VMOVAPS/D	y,y	1	1	p5	0-1	1	may be elim.
MOVAPS/D							
MOVUPS/D	x,m128	1	1	p23	3	0.5	
VMOVAPS/D							
VMOVUPS/D	y,m256	1	1	p23	3	0.5	AVX
MOVAPS/D							
MOVUPS/D	m128,x	1	2	p237 p4	3	1	
VMOVAPS/D							
VMOVUPS/D	m256,y	1	2	p237 p4	4	1	AVX
MOVSS/D	x,x	1	1	p5	1	1	
MOVSS/D	x,m32/64	1	1	p23	3	0.5	
MOVSS/D	m32/64,x	1	2	p237 p4	3	1	
MOVHPS/D	x,m64	1	2	p23 p5	4	1	
MOVHPS/D	m64,x	1	2	p4 p237	3	1	
MOVLPS/D	x,m64	1	2	p23 p5	4	1	
MOVLPS/D	m64,x	1	2	p4 p237	3	1	
MOVHLPs	x,x	1	1	p5	1	1	
MOVLHPs	x,x	1	1	p5	1	1	
MOVMSKPS/D	r32,x	1	1	p0	3	1	
VMOVMSKPS/D	r32,y	1	1	p0	2	1	
MOVNTPS/D	m128,x	1	2	p4 p237	~400	1	
VMOVNTPS/D	m256,y	1	2	p4 p237	~400	1	AVX
SHUFPS/D	x,x,i / v,v,v,i	1	1	p5	1	1	
SHUFPS/D	x,m,i / v,v,m,i	2	2	p5 p23		1	
VPERMILPS/PD	v,v,i	1	1	p5	1	1	AVX
VPERMILPS/PD	v,m,i	2	2	p5 p23		1	AVX
VPERMILPS/PD	v,v,v	1	1	p5	1	1	AVX
VPERMILPS/PD	v,v,m	2	2	p5 p23		1	AVX
VPERM2F128	y,y,y,i	1	1	p5	3	1	AVX
VPERM2F128	y,y,m,i	2	2	p5 p23		1	AVX
VPERMPS	y,y,y	1	1	p5	3	1	AVX2
VPERMPS	y,y,m	1	2	p5 p23		1	AVX2
VPERMPD	y,y,i	1	1	p5	3	1	AVX2
VPERMPD	y,m,i	2	2	p5 p23		1	AVX2
BLENDPS/PD	x,x,i / v,v,v,i	1	1	p015	1	0.33	SSE4.1
BLENDPS/PD	x,m,i / v,v,m,i	2	2	p015 p23		0.5	SSE4.1
BLENDVPS/PD	x,x,xmm0	2	2	2p5	2	2	SSE4.1
BLENDVPS/PD	x,m,xmm0	3	3	2p5 p23		2	SSE4.1

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VBLENDVPS/PD	v,v,v,v	2	2	2p5	2	2	AVX
VBLENDVPS/PD	v,v,m,v	3	3	2p5 p23		2	AVX
MOVDDUP	v,v	1	1	p5	1	1	SSE3
MOVDDUP	v,m	1	1	p23	3	0.5	SSE3
VBROADCASTSS	x,m32	1	1	p23	4	0.5	AVX
VBROADCASTSS	y,m32	1	1	p23	5	0.5	AVX
VBROADCASTSS	x,x	1	1	p5	1	1	AVX2
VBROADCASTSS	y,x	1	1	p5	3	1	AVX2
VBROADCASTSD	y,m64	1	1	p23	5	0.5	AVX
VBROADCASTSD	y,x	1	1	p5	3	1	AVX2
VBROADCASTF128	y,m128	1	1	p23	3	0.5	AVX
MOVSH/LDUP	v,v	1	1	p5	1	1	SSE3
MOVSH/LDUP	v,m	1	1	p23	3	0.5	SSE3
UNPCKH/LPS/D	x,x / v,v,v	1	1	p5	1	1	SSE3
UNPCKH/LPS/D	x,m / v,v,m	1	2	p5 p23		1	SSE3
EXTRACTPS	r32,x,i	2	2	p0 p5		1	SSE4.1
EXTRACTPS	m32,x,i	3	3	p0 p5 p23	4	1	SSE4.1
VEXTRACTF128	x,y,i	1	1	p5	3	1	AVX
VEXTRACTF128	m128,y,i	2	2	p23 p4	4	1	AVX
INSERTPS	x,x,i	1	1	p5	1	1	SSE4.1
INSERTPS	x,m32,i	2	2	p23 p5	4	1	SSE4.1
VINSERTF128	y,y,x,i	1	1	p5	3	1	AVX
VINSERTF128	y,y,m128,i	2	2	p015 p23	4	2	AVX
VMASKMOVPS/D	v,v,m	3	3	2p5 p23	4	2	AVX
VMASKMOVPS/D	m128,x,x	4	4	p0 p1 p4 p23	13	1	AVX
VMASKMOVPS/D	m256,y,y	4	4	p0 p1 p4 p23	14	2	AVX
VGATHERDPS	x,[r+s*x],x	20	20			9	AVX2
VGATHERDPS	y,[r+s*y],y	34	34			12	AVX2
VGATHERQPS	x,[r+s*x],x	15	15			8	AVX2
VGATHERQPS	x,[r+s*y],x	22	22			7	AVX2
VGATHERDPD	x,[r+s*x],x	12	12			7	AVX2
VGATHERDPD	y,[r+s*x],y	20	20			9	AVX2
VGATHERQPD	x,[r+s*x],x	14	14			7	AVX2
VGATHERQPD	y,[r+s*y],y	22	22			9	AVX2
Conversion							
CVTPD2PS	x,x	2	2	p1 p5	4	1	
CVTPD2PS	x,m128	2	3	p1 p5 p23		1	
VCVTPD2PS	x,y	2	2	p1 p5	5	1	AVX
VCVTPD2PS	x,m256	2	3	p1 p5 p23		1	AVX
CVTSD2SS	x,x	2	2	p1 p5	4	1	
CVTSD2SS	x,m64	2	3	p1 p5 p23		1	
CVTPS2PD	x,x	2	2	p0 p5	2	1	
CVTPS2PD	x,m64	2	2	p0 p23		1	
VCVTPS2PD	y,x	2	2	p0 p5	5	1	AVX
VCVTPS2PD	y,m128	2	2	p0 p23		1	AVX
CVTSS2SD	x,x	2	2	p0 p5	2	1	
CVTSS2SD	x,m32	2	2	p0 p23		1	
CVTDQ2PS	x,x	1	1	p1	3	1	
CVTDQ2PS	x,m128	1	2	p1 p23		1	
VCVTDQ2PS	y,y	1	1	p1	3	1	AVX
VCVTDQ2PS	y,m256	1	2	p1 p23		1	AVX
CVT(T) PS2DQ	x,x	1	1	p1	3	1	

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CVT(T) PS2DQ	x,m128	1	2	p1 p23		1	
VCVT(T) PS2DQ	y,y	1	1	p1	3	1	AVX
VCVT(T) PS2DQ	y,m256	1	2	p1 p23		1	AVX
CVTDQ2PD	x,x	2	2	p1 p5	4	1	
CVTDQ2PD	x,m64	2	2	p1 p23		1	
VCVTDQ2PD	y,x	2	2	p1 p5	6	1	AVX
VCVTDQ2PD	y,m128	2	2	p1 p23		1	AVX
CVT(T)PD2DQ	x,x	2	2	p1 p5	4	1	
CVT(T)PD2DQ	x,m128	2	3	p1 p5 p23		1	
VCVT(T)PD2DQ	x,y	2	2	p1 p5	6	1	AVX
VCVT(T)PD2DQ	x,m256	2	3	p1 p5 p23		1	AVX
CVTPI2PS	x,mm	1	1	p1	4	4	
CVTPI2PS	x,m64	1	2	p1 p23		3	
CVT(T)PS2PI	mm,x	2	2	p1 p5	4	1	
CVT(T)PS2PI	mm,m128	2	2	p1 p23		1	
CVTPI2PD	x,mm	2	2	p1 p5	4	1	
CVTPI2PD	x,m64	2	2	p1 p23		1	
CVT(T) PD2PI	mm,x	2	2	p1 p5	4	1	
CVT(T) PD2PI	mm,m128	2	3	p1 p5 p23		1	
CVTSI2SS	x,r32	2	2	p1 p5	4	3	
CVTSI2SS	x,m32	1	2	p1 p23		3	
CVT(T)SS2SI	r32,x	2	2	p0 p1	4	1	
CVT(T)SS2SI	r32,m32	2	3	p0 p1 p23		1	
CVTSI2SD	x,r32/64	2	2	p1 p5	4	3	
CVTSI2SD	x,m32	2	2	p1 p23		3	
CVT(T)SD2SI	r32/64,x	2	2	p0 p1	4	1	
CVT(T)SD2SI	r32,m64	2	3	p0 p1 p23		1	
VCVTPS2PH	x,v,i	2	2	p1 p5	4	1	F16C
VCVTPS2PH	m,v,i	4	4	p1 p4 p5 p23		1	F16C
VCVTPH2PS	v,x	2	2	p1 p5	4	1	F16C
VCVTPH2PS	v,m	2	2	p1 p23		1	F16C
Arithmetic							
ADDSS/D PS/D							
SUBSS/D PS/D	x,x / v,v,v	1	1	p1	3	1	
ADDSS/D PS/D							
SUBSS/D PS/D	x,m / v,v,m	1	2	p1 p23		1	
ADDSS/D PS/D	x,x / v,v,v	1	1	p1	3	1	SSE3
ADDSS/D PS/D	x,m / v,v,m	1	2	p1 p23		1	SSE3
HADDPS/D							
HSUBPS/D	x,x / v,v,v	3	3	p1 2p5	5	2	SSE3
HADDPS/D							
HSUBPS/D	x,m / v,v,m	4	4	p1 2p5 p23		2	SSE3
MULSS/D PS/D	x,x / v,v,v	1	1	p01	5	0.5	
MULSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
DIVSS DIVPS	x,x	1	1	p0	10-13	7	
DIVSS DIVPS	x,m	1	2	p0 p23		7	
DIVSD DIVPD	x,x	1	1	p0	10-20	8-14	
DIVSD DIVPD	x,m	1	2	p0 p23		8-14	
VDIVPS	y,y,y	3	3	2p0 p15	18-21	14	AVX
VDIVPS	y,y,m256	4	4	2p0 p15 p23		14	AVX
VDIVPD	y,y,y	3	3	2p0 p15	19-35	16-28	AVX
VDIVPD	y,y,m256	4	4	2p0 p15 p23		16-28	AVX
RCPSS/PS	x,x	1	1	p0	5	1	

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RCPSS/PS	x,m128	1	2	p0 p23		1	
VRCPPS	y,y	3	3	2p0 p15	7	2	AVX
VRCPPS	y,m256	4	4	2p0 p15 p23		2	AVX
CMPccSS/D							
CMPccPS/D	x,x / v,v,v	1	1	p1	3	1	
CMPccSS/D							
CMPccPS/D	x,m / v,v,m	2	2	p1 p23		1	
(U)COMISS/D	x,x	1	1	p1		1	
(U)COMISS/D	x,m32/64	2	2	p1 p23		1	
MAXSS/D PS/D							
MINSS/D PS/D	x,x / v,v,v	1	1	p1	3	1	
MAXSS/D PS/D							
MINSS/D PS/D	x,m / v,v,m	1	2	p1 p23		1	
ROUNDSS/D PS/D	v,v,i	2	2	2p1	6	2	SSE4.1
ROUNDSS/D PS/D	v,m,i	3	3	2p1 p23		2	SSE4.1
DPPS	x,x,i / v,v,v,i	4	4	2p0 p1 p5	14	2	SSE4.1
DPPS	x,m,i / v,v,m,i	6	6	2p0 p1 p5 p23 p6		4	SSE4.1
DPPD	x,x,i	3	3	p0 p1 p5	9	1	SSE4.1
DPPD	x,m128,i	4	4	p0 p1 p5 p23		1	SSE4.1
VFMADD...							
(all FMA instr.)	v,v,v	1	1	p01	5	0.5	FMA
VFMADD...							
(all FMA instr.)	v,v,m	1	2	p01 p23		0.5	FMA
Math							
SQRTSS/PS	x,x	1	1	p0	11	7	
SQRTSS/PS	x,m128	1	2	p0 p23		7	
VSQRTPS	y,y	3	3	2p0 p15	19	14	AVX
VSQRTPS	y,m256	4	4	2p0 p15 p23		14	AVX
SQRTSD/PD	x,x	1	1	p0	16	8-14	
SQRTSD/PD	x,m128	1	2	p0 p23		8-14	
VSQRTPD	y,y	3	3	2p0 p15	28-29	16-28	AVX
VSQRTPD	y,m256	4	4	2p0 p15 p23		16-28	AVX
RSQRTSS/PS	x,x	1	1	p0	5	1	
RSQRTSS/PS	x,m128	1	2	p0 p23		1	
VRSQRTPS	y,y	3	3	2p0 p15	7	2	AVX
VRSQRTPS	y,m256	4	4	2p0 p15 p23		2	AVX
Logic							
AND/ANDN/OR/ XORPS/PD	x,x / v,v,v	1	1	p5	1	1	
AND/ANDN/OR/ XORPS/PD	x,m / v,v,m	1	2	p5 p23		1	
Other							
VZEROUPPER		4	4	none		1	AVX
VZEROALL		12	12	none		10	AVX, 32 bit
VZEROALL		20	20	none		8	AVX, 64 bit
LDMXCSR	m32	3	3	p0 p6 p23	6	3	
STMXCSR	m32	3	4	p0 p4 p6 p237	7	1	
VSTMXCSR	m32	3				1	AVX

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FXSAVE	m4096	130				68	
FXRSTOR	m4096	116				72	
XSAVE		224				84	
XRSTOR		173				111	
XSAVEOPT	m						

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List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, v = any vector register (mmx, xmm, ymm). same = same register for both operands. m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename and allocate stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The total number of μ ops for all execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if this number is higher than the number under fused domain. Some operations are not counted here if they do not go to any execution port or if the counters are inaccurate.
μops each port:	The number of μ ops for each execution port. p0 means a μ op to execution port 0. p01 means a μ op that can go to either port 0 or port 1. p0 p1 means two μ ops going to port 0 and 1, respectively. Port 0: Integer, f.p. and vector ALU, mul, div, branch Port 1: Integer, f.p. and vector ALU Port 2: Load Port 3: Load Port 4: Store Port 5: Integer and vector ALU Port 6: Integer ALU, branch Port 7: Store address
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOV	r,i	1	1	p0156		0.25	
MOV	r8/16,r8/16	1	1	p0156	1	0.25	
MOV	r32/64,r32/64	1	1	p0156	0-1	0.25	may be elim.
MOV	r8l,m	1	2	p23 p0156		0.5	
MOV	r8h,m	1	1	p23		0.5	
MOV	r16,m	1	2	p23 p0156		0.5	
MOV	r32/64,m	1	1	p23	2	0.5	all addressing modes
MOV	m,r	1	2	p237 p4	3	1	
MOV	m,i	1	2	p237 p4		1	
MOVNTI	m,r	2	2	p23 p4	~400	1	

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MOVSBX MOVZXB	r,r	1	1	p0156	1	0.25	
MOVSBXD							
MOVSBX MOVZXB	r16,m8	1	2	p23 p0156		0.5	
MOVSBX MOVZXB	r,m	1	1	p23		0.5	all other combinations
MOVSBXD							
CMOVBcc	r,r	1	1	p06	1	0.5	
CMOVBcc	r,m	2	2	p06 p23		0.5	
XCHG	r,r	3	3	3p0156	2	1	
XCHG	r,m	8	8		21		implicit lock
XLAT		3	3	p23 2p0156	7	2	
PUSH	r	1	2	p237 p4	3	1	
PUSH	i	1	2	p237 p4		1	
PUSH	m	2	3	p4 2p237		1	
PUSH	stack pointer	2	3	p0156 p237 p4		1	
PUSHF(D/Q)		3	4	p1 p4 p237 p06		1	
PUSHA(D)		11	19			8	not 64 bit
POP	r	1	1	p23	2	0.5	
POP	stack pointer	3	3	p23 2p0156		4	
POP	m	2	3	2p237 p4		1	
POPF(D/Q)		9	9			18	
POPA(D)		18	18			8	not 64 bit
LAHF SAHF		1	1	p06	1	1	
SALC		3	3	3p0156	1	1	not 64 bit
LEA	r16,m	2	2	p1 p05	2-4	1	16 or 32 bit address size
LEA	r32/64,m	1	1	p15	1	0.5	1 or 2 components in address
LEA	r32/64,m	1	1	p1	3	1	3 components in address
LEA	r32/64,m	1	1	p1		1	rip relative address
BSWAP	r32	1	1	p15	1	0.5	
BSWAP	r64	2	2	p06 p15	2	1	
MOVBE	r16,m16	3	3	2p0156 p23		0.5-1	MOVBE
MOVBE	r32,m32	2	2	p15 p23		0.5	MOVBE
MOVBE	r64,m64	3	3	2p0156 p23		0.5	MOVBE
MOVBE	m16,r16	2	3	p06 p237 p4		1	MOVBE
MOVBE	m32,r32	2	3	p15 p237 p4		1	MOVBE
MOVBE	m64,r64	3	4	p06 p15 p237 p4		1	MOVBE
PREFETCHNTA/0/1/2	m	1	1	p23		0.5	
PREFETCHW	m	1	1	p23		1	PREFETCHW
LFENCE		2		none counted		4	
MFENCE		3	3	p23 p4		33	
SFENCE		2	2	p23 p4		6	
Arithmetic instructions							
ADD SUB	r,r/i	1	1	p0156	1	0.25	
ADD SUB	r,m	1	2	p0156 p23		0.5	
ADD SUB	m,r/i	2	4	2p0156 2p237 p4	6	1	
ADC SBB	r,r/i	1	1	p06	1	1	

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ADC SBB	r,m	2	2	p06 p23		1	
ADC SBB	m,r/i	4	6	3p0156 2p237 p4	7	2	
CMP	r,r/i	1	1	p0156	1	0.25	
CMP	m,r/i	1	2	p0156 p23	1	0.5	
INC DEC NEG	r	1	1	p0156	1	0.25	
NOT							
INC DEC NOT	m	3	4	p0156 2p237 p4	6	1	
NEG	m	2	4	p0156 2p237 p4	6	1	
AAA		2	2	p1 p56	4		not 64 bit
AAS		2	2	p1 p056	6		not 64 bit
DAA DAS		3	3	p1 2p056	4		not 64 bit
AAD		3	3	p1 2p056	6		not 64 bit
AAM		8	8	p0 p1 p5 p6	21	7	not 64 bit
MUL IMUL	r8	1	1	p1	3	1	
MUL IMUL	r16	4	4	p1 p0156	4	2	
MUL IMUL	r32	3	3	p1 p0156	4	2	
MUL IMUL	r64	2	2	p1 p6	3	1	
MUL IMUL	m8	1	2	p1 p23		1	
MUL IMUL	m16	4	5	p1 3p0156 p23		2	
MUL IMUL	m32	3	4	p1 2p0156 p23		2	
MUL IMUL	m64	2	3	p1 p6 p23		1	
IMUL	r,r	1	1	p1	3	1	
IMUL	r,m	1	2	p1 p23		1	
IMUL	r16,r16,i	2	2	p1 p0156	4	1	
IMUL	r32,r32,i	1	1	p1	3	1	
IMUL	r64,r64,i	1	1	p1	3	1	
IMUL	r16,m16,i	2	3	p1 p0156 p23		1	
IMUL	r32,m32,i	1	2	p1 p23		1	
IMUL	r64,m64,i	1	2	p1 p23		1	
MULX	r32,r32,r32	3	3	p1 2p056	4	1	BMI2
MULX	r32,r32,m32	3	4	p1 2p056 p23		1	BMI2
MULX	r64,r64,r64	2	2	p1 p5	4	1	BMI2
MULX	r64,r64,m64	2	3	p1 p5 p23		1	BMI2
DIV	r8	9	9	p0 p1 p5 p6	22-25	9	
DIV	r16	11	11	p0 p1 p5 p6	23-26	9	
DIV	r32	10	10	p0 p1 p5 p6	22-29	9	
DIV	r64	36	36	p0 p1 p5 p6	32-95	21-73	
IDIV	r8	9	9	p0 p1 p5 p6	23-26	6	
IDIV	r16	10	10	p0 p1 p5 p6	23-26	6	
IDIV	r32	9	9	p0 p1 p5 p6	22-29	6	
IDIV	r64	59	59	p0 p1 p5 p6	39-103	24-81	
CBW		1	1	p0156	1		
CWDE		1	1	p0156	1		
CDQE		1	1	p0156	1		
CWD		2	2	p0156	1		
CDQ		1	1	p06	1		
CQO		1	1	p06	1		
POPCNT	r,r	1	1	p1	3	1	SSE4.2
POPCNT	r,m	1	2	p1 p23		1	SSE4.2
CRC32	r,r	1	1	p1	3	1	SSE4.2
CRC32	r,m	1	2	p1 p23		1	SSE4.2

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Logic instructions							
AND OR XOR	r,r/i	1	1	p0156	1	0.25	
AND OR XOR	r,m	1	2	p0156 p23		0.5	
AND OR XOR	m,r/i	2	4	2p0156 2p237 p4	6	1	
TEST	r,r/i	1	1	p0156	1	0.25	
TEST	m,r/i	1	2	p0156 p23	1	0.5	
SHR SHL SAR	r,i	1	1	p06	1	0.5	
SHR SHL SAR	m,i	3	4	2p06 p237 p4		2	
SHR SHL SAR	r,cl	3	3	3p06	2	2	
SHR SHL SAR	m,cl	5	6	3p06 2p23 p4		4	
ROR ROL	r,1	2	2	2p06	1	1	short form
ROR ROL	r,i	1	1	p06	1	0.5	
ROR ROL	m,i	4	5	2p06 2p237 p4		2	
ROR ROL	r,cl	3	3	3p06	2	2	
ROR ROL	m,cl	5	6	3p06 p23 p4		4	
RCR RCL	r,1	3	3	2p06 p0156	2	2	
RCR RCL	m,1	4	6			3	
RCR RCL	r,i	8	8	p0156	6	6	
RCR RCL	m,i	11	11			6	
RCR RCL	r,cl	8	8	p0156	6	6	
RCR RCL	m,cl	11	11			6	
SHRD SHLD	r,r,i	1	1	p1	3	1	
SHRD SHLD	m,r,i	3	5			2	
SHLD	r,r,cl	4	4	p0156	3	2	
SHRD	r,r,cl	4	4	p0156	4	2	
SHRD SHLD	m,r,cl	5	7			4	
SHLX SHRX SARX	r,r,r	1	1	p06	1	0.5	BMI2
SHLX SHRX SARX	r,m,r	2	2	p06 p23		0.5	BMI2
RORX	r,r,i	1	1	p06	1	0.5	BMI2
RORX	r,m,i	2	2	p06 p23		0.5	BMI2
BT	r,r/i	1	1	p06	1	0.5	
BT	m,r	10	10			5	
BT	m,i	2	2	p06 p23		0.5	
BTR BTS BTC	r,r/i	1	1	p06	1	0.5	
BTR BTS BTC	m,r	10	10			5	
BTR BTS BTC	m,i	2	2	p06 p23		0.5	
BSF BSR	r,r	1	1	p1	3	1	
BSF BSR	r,m	1	2	p1 p23		1	
SETcc	r	1	1	p06	1	0.5	
SETcc	m	2	3	p06 p237 p4		1	
CLC		1	0	none		0.25	
STC		1	1	p0156		0.25	
CMC		1	1	p0156	1	1	
CLD STD		3	3	p15 p6		4	
LZCNT	r,r	1	1	p1	3	1	LZCNT
LZCNT	r,m	1	2	p1 p23		1	LZCNT
TZCNT	r,r	1	1	p1	3	1	BMI1
TZCNT	r,m	1	2	p1 p23		1	BMI1
ANDN	r,r,r	1	1	p15	1	0.5	BMI1
ANDN	r,r,m	1	2	p15 p23	1	0.5	BMI1
BLSI BLSMSK	r,r	1	1	p15	1	0.5	BMI1
BLSR							

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BLSI BLSMSK	r,m	1	2	p15 p23		0.5	BMI1
BLSR							
BEXTR	r,r,r	2	2	2p0156	2	0.5	BMI1
BEXTR	r,m,r	3	3	2p0156 p23		1	BMI1
BZHI	r,r,r	1	1	p15	1	0.5	BMI2
BZHI	r,m,r	1	2	p15 p23		0.5	BMI2
PDEP	r,r,r	1	1	p1	3	1	BMI2
PDEP	r,r,m	1	2	p1 p23		1	BMI2
PEXT	r,r,r	1	1	p1	3	1	BMI2
PEXT	r,r,m	1	2	p1 p23		1	BMI2
Control transfer instructions							
JMP	short/near	1	1	p6		1-2	
JMP	r	1	1	p6		2	
JMP	m	1	2	p23 p6		2	
Conditional jump	short/near	1	1	p6		1-2	predicted taken
Conditional jump	short/near	1	1	p06		0.5-1	predicted not taken
Fused arithmetic and branch		1	1	p6		1-2	predicted taken
Fused arithmetic and branch		1	1	p06		0.5-1	predicted not taken
J(E/R)CXZ	short	2	2	p0156 p6		0.5-2	
LOOP	short	7	7			5	
LOOP(N)E	short	11	11			6	
CALL	near	2	3	p237 p4 p6		2	
CALL	r	2	3	p237 p4 p6		2	
CALL	m	3	4	2p237 p4 p6		3	
RET		1	2	p237 p6		1	
RET	i	3	4	p23 2p6 p015		2	
BOUND	r,m	15	15			8	not 64 bit
INTO		4	4			5	not 64 bit
String instructions							
LODSB/W		3	3	2p0156 p23		1	
LODSD/Q		2	2	p0156 p23		1	
REP LODS		5n+12				~2n	
STOS		3	3	p23 p0156 p4		1	
REP STOS		<2n				~0.5n	worst case
REP STOS		2.6/32B				1/32B	best case aligned by 32
MOVS		5	5	2p23 p4 2p0156		4	
REP MOVS		~2n				< 1n	worst case
REP MOVS		4/32B				1/32B	best case aligned by 32
SCAS		3	3	p23 2p0156		1	
REP SCAS		≥6n				≥2n	
CMPS		5	5	2p23 3p0156		4	
REP CMPS		≥8n				≥2n	
Synchronization instructions							
XADD	m,r	4	5			6	

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LOCK XADD	m,r	9	9			21	
LOCK ADD	m,r	8	8			21	
CMPXCHG	m,r	5	6			7	
LOCK CMPXCHG	m,r	10	10			21	
CMPXCHG8B	m,r	15	15			8	
LOCK CMPXCHG8B	m,r	19	19			21	
CMPXCHG16B	m,r	22	22			15	
LOCK CMPXCHG16B	m,r	24	24			27	
Other							
NOP (90)		1	0	none		0.25	
Long NOP (0F 1F)		1	0	none		0.25	
PAUSE		5	5	p05 3p6		9	
ENTER	a,0	12	12			8	
ENTER	a,b	~14+7b	~45+7b		~87+2b		
LEAVE		3	3	2p0156 p23		5	
XGETBV		8	8			5	XGETBV
RDTSC		15	15			24	
RDTSCP		21	21			30	RDTSCP
RDPMSR		34	34			37	
RDRAND	r	16	16	p23 15p0156		~230	RDRAND
RDSEED	r	16	16	p23 15p0156		~230	RDSEED

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
FLD	r	1	1	p01	1	0.5	
FLD	m32/64	1	1	p23	3	0.5	
FLD	m80	4	4	2p01 2p23	4	2	
FBLD	m80	43	43		47	22	
FST(P)	r	1	1	p01	1	0.5	
FST(P)	m32/m64	1	2	p4 p237	4	1	
FSTP	m80	7	7	3p0156 2p23 2p4	5	5	
FBSTP	m80	238	226		269	267	
FXCH	r	2	0	none	0	0.5	
FILD	m	1	2	p01 p23	6	1	
FIST(P)	m	3	3	p1 p23 p4	7	1	
FISTTP	m	3	3	p1 p23 p4	7	2	SSE3
FLDZ		1	1	p01		1	
FLD1		2	2	2p01		2	
FLDPI FLDL2E etc.		2	2	2p01		2	
FCMOVcc	r	3	3	2p0 p5	2	2	
FNSTSW	AX	2	2	p0 p0156	6	1	
FNSTSW	m16	2	3	p0 p4 p237	6	1	
FLDCW	m16	3	3	p01 p23 p6	7	2	
FNSTCW	m16	2	3	p237 p4 p6	6	1	
FINCSTP FDECSTP		1	1	p01	0	0.5	
FFREE(P)	r	1	1	p01		0.5	

Broadwell

FNSAVE	m	152	152		173	173
FRSTOR	m	95	95		175	175
Arithmetic instructions						
FADD(P)						
FSUB(R)(P)	r	1	1	p1	3	1
FADD(P)						
FSUB(R)(P)	m	1	2	p1 p23		1
FMUL(P)	r	1	1	p0	5	1
FMUL(P)	m	1	2	p0 p23		1
FDIV(R)(P)	r	1	1	p0	10-15	4-5
FDIV(R)(P)	m	1	2	p0 p23		4-5
FABS		1	1	p0	1	1
FCHS		1	1	p0	1	1
FCOM(P) FUCOM	r	1	1	p1	3	1
FCOM(P) FUCOM	m	1	2	p1 p23		1
FCOMPP FUCOMPP		2	2	2p01		1
FCOMI(P)						
FUCOMI(P)	r	3	3	3p01	7	1.5
FIADD FISUB(R)	m	2	3	2p1 p23		2
FIMUL	m	2	3	p0 p1 p23		2
FIDIV(R)	m	2	3	p0 p1 p23		
FICOM(P)	m	2	3	2p1 p23		2
FTST		1	1	p1	3	1
FXAM		2	2	2p1	6	2
FPREM		28	28		20-24	13
FPREM1		28	28		23-48	13
FRNDINT		17	17		11	23
Math						
FSCALE		27	27		125	130
FEXTRACT		17	17		12	11
FSQRT		1	1	p0	10-23	4-9
FSIN		75-100			48-106	
FCOS		70-100			49-112	
FSINCOS		70-110			52-124	
F2XM1		16-86			63-68	
FYL2X		55-96			92	
FYL2XP1		56			74	
FPTAN		71-102			132	
FPATAN		27-71			97-147	
Other						
FNOP		1	1	p01		0.5
WAIT		2	2	p01		1
FNCLEX		5	5	p0156		22
FNINIT		26	26			84

Integer vector instructions

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Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVD	r32/64,mm/x	1	1	p0	1	1	
MOVD	m32/64,mm/x	1	2	p237 p4	3	1	
MOVD	mm/x,r32/64	1	1	p5	1	1	
MOVD	mm/x,m32/64	1	1	p23	3	0.5	
MOVQ	r64,mm/x	1	1	p0	1	1	
MOVQ	mm/x,r64	1	1	p5	1	1	
MOVQ	mm/x,mm/x	1		p015	1	0.33	
MOVQ	mm/x,m64	1	1	p23	3	0.5	
MOVQ	m64, mm/x	1	2	p237 p4	3	1	
MOVDQA/U	x,x	1	1	p015	0-1	0.25	may be elim.
MOVDQA/U	x, m128	1	1	p23	3	0.5	
MOVDQA/U	m128, x	1	2	p237 p4	3	1	
VMOVDQA/U	y,y	1	1	p015	0-1	0.25	AVX may be elim.
VMOVDQA/U	y,m256	1	1	p23	3	0.5	AVX
VMOVDQA/U	m256,y	1	2	p237 p4	4	1	AVX
LDDQU	x, m128	1	1	p23	3	0.5	SSE3
MOVDQ2Q	mm, x	2	2	p01 p5	1	1	
MOVQ2DQ	x,mm	1	1	p015	1	0.33	
MOVNTQ	m64,mm	1	2	p237 p4	~400	1	
MOVNTDQ	m128,x	1	2	p237 p4	~400	1	
VMOVNTDQ	m256,y	1	2	p237 p4	~400	1	AVX2
MOVNTDQA	x, m128	1	1	p23	3	0.5	SSE4.1
VMOVNTDQA	y,m256	1	1	p23	3	0.5	AVX2
PACKSSWB/DW							
PACKUSWB	mm,mm	3	3	p5	2	2	
PACKSSWB/DW							
PACKUSWB	mm,m64	3	3	p23 2p5		2	
PACKSSWB/DW							
PACKUSWB	x,x / y,y,y	1	1	p5	1	1	
PACKSSWB/DW							
PACKUSWB	x,m / y,y,m	1	2	p23 p5		1	
PACKUSDW	x,x / y,y,y	1	1	p5	1	1	SSE4.1
PACKUSDW	x,m / y,y,m	1	2	p23 p5		1	SSE4.1
PUNPCKH/L							
BW/WD/DQ	v,v / v,v,v	1	1	p5	1	1	
PUNPCKH/L							
BW/WD/DQ	v,m / v,v,m	1	2	p23 p5		1	
PUNPCKH/L							
QDQ	x,x / y,y,y	1	1	p5	1	1	
PUNPCKH/L							
QDQ	x,m / y,y,m	2	2	p23 p5		1	
PMOVSX/ZX BW							
BD BQ DW DQ	x,x	1	1	p5	1	1	SSE4.1
PMOVSX/ZX BW							
BD BQ DW DQ	x,m	1	2	p23 p5		1	SSE4.1
VPMOVSX/ZX BW							
BD BQ DW DQ	y,x	1	1	p5	3	1	AVX2
VPMOVSX/ZX BW							
BD BQ DW DQ	y,m	2	2	p5 p23		1	AVX2

Broadwell

PSHUFB	v,v / v,v,v	1	1	p5	1	1	SSSE3
PSHUFB	v,m / v,v,m	2	2	p23 p5		1	SSSE3
PSHUFW	mm,mm,i	1	1	p5	1	1	
PSHUFW	mm,m64,i	2	2	p23 p5		1	
PSHUFD	v,v,i	1	1	p5	1	1	
PSHUFD	v,m,i	2	2	p23 p5		1	
PSHUFL/HW	v,v,i	1	1	p5	1	1	
PSHUFL/HW	v,m,i	2	2	p23 p5		1	
PALIGNR	v,v,i / v,v,v,i	1	1	p5	1	1	SSSE3
PALIGNR	v,m,i / v,v,m,i	2	2	p23 p5		1	SSSE3
PBLENDB	x,x,xmm0	2	2	2p5	2	2	SSE4.1
PBLENDB	x,m,xmm0	3	3	2p5 p23		2	SSE4.1
VPBLENDB	v,v,v,v	2	2	2p5	2	2	AVX2
VPBLENDB	v,v,m,v	3	3	2p5 p23		2	AVX2
PBLENDD	x,x,i / v,v,v,i	1	1	p5	1	1	SSE4.1
PBLENDD	x,m,i / v,v,m,i	2	2	p23 p5		1	SSE4.1
VPBLENDD	v,v,v,i	1	1	p015	1	0.33	AVX2
VPBLENDD	v,v,m,i	2	2	p015 p23		0.5	AVX2
VPERMD	y,y,y	1	1	p5	3	1	AVX2
VPERMD	y,y,m	1	2	p5 p23		1	AVX2
VPERMQ	y,y,i	1	1	p5	3	1	AVX2
VPERMQ	y,m,i	2	2	p5 p23		1	AVX2
VPERM2I128	y,y,y,i	1	1	p5	3	1	AVX2
VPERM2I128	y,y,m,i	2	2	p5 p23		1	AVX2
MASKMOVQ	mm,mm	4	4	p0 p4 2p23	18-500	1	
MASKMOVQ	x,x	10	10	4p04 2p56 4p23	18-500	6	
VPMASKMOVQ	v,v,m	3	3	p23 2p5	4	2	AVX2
VPMASKMOVQ	m,v,v	4	4	p0 p1 p4 p23	15	1	AVX2
PMOVB	r,v	1	1	p0	3	1	
PEXTRB/W/D/Q	r32,x,i	2	2	p0 p5	2	1	SSE4.1
PEXTRB/W/D/Q	m8,x,i	2	3	p23 p4 p5		1	SSE4.1
VEXTRACTI128	x,y,i	1	1	p5	3	1	AVX2
VEXTRACTI128	m,y,i	2	2	p23 p4	4	1	AVX2
PINSRB	x,r32,i	2	2	p5	2	2	SSE4.1
PINSRB	x,m8,i	2	2	p23 p5		1	SSE4.1
PINSRW	mm/x,r32,i	2	2	p5	2	2	
PINSRW	mm/x,m16,i	2	2	p23 p5		1	
PINSRD/Q	x,r32,i	2	2	p5	2	2	SSE4.1
PINSRD/Q	x,m32,i	2	2	p23 p5		1	SSE4.1
VINSERTI128	y,y,x,i	1	1	p5	3	1	AVX2
VINSERTI128	y,y,m,i	2	2	p015 p23	4	0.5	AVX2
VPBROADCAST							
B/W/D/Q	x,x	1	1	p5	1	1	AVX2
VPBROADCAST							
B/W	x,m8/16	3	3	p01 p23 p5	5	1	AVX2
VPBROADCAST							
D/Q	x,m32/64	1	1	p23	4	0.5	AVX2
VPBROADCAST							
B/W/D/Q	y,x	1	1	p5	3	1	AVX2
VPBROADCAST							
B/W	y,m8/16	3	3	p01 p23 p5	7	1	AVX2
VPBROADCAST							
D/Q	y,m32/64	1	1	p23	5	0.5	AVX2
VBROADCASTI128	y,m128	1	1	p23	3	0.5	AVX2
VPGATHERDD	x,[r+s*x],x	10	10			6	AVX2

Broadwell

VPGATHERDD	y,[r+s*y],y	14	14			7	AVX2
VPGATHERQD	x,[r+s*x],x	9	9			6	AVX2
VPGATHERQD	x,[r+s*y],x	10	10			6	AVX2
VPGATHERDQ	x,[r+s*x],x	7	7			5	AVX2
VPGATHERDQ	y,[r+s*x],y	9	9			6	AVX2
VPGATHERQQ	x,[r+s*x],x	7	7			5	AVX2
VPGATHERQQ	y,[r+s*y],y	9	9			6	AVX2
Arithmetic instructions							
PADD/SUB(S,US) B/W/D/Q	v,v / v,v,v	1	1	p15	1	0.5	
PADD/SUB(S,US) B/W/D/Q	v,m / v,v,m	1	2	p15 p23		0.5	
PHADD(S)W/D							
PHSUB(S)W/D	v,v / v,v,v	3	3	p1 2p5	3	2	SSSE3
PHADD(S)W/D							
PHSUB(S)W/D	v,m / v,v,m	4	4	p1 2p5 p23		2	SSSE3
PCMPEQB/W/D							
PCMPGTB/W/D	v,v / v,v,v	1	1	p15	1	0.5	
PCMPEQB/W/D							
PCMPGTB/W/D	v,m / v,v,m	1	2	p15 p23		0.5	
PCMPEQQ	v,v / v,v,v	1	1	p15	1	0.5	SSE4.1
PCMPEQQ	v,m / v,v,m	1	2	p15 p23		0.5	SSE4.1
PCMPGTQ	v,v / v,v,v	1	1	p0	5	1	SSE4.2
PCMPGTQ	v,m / v,v,m	1	2	p0 p23		1	SSE4.2
PMULL/HW							
PMULHUW	v,v / v,v,v	1	1	p0	5	1	
PMULL/HW							
PMULHUW	v,m / v,v,m	1	2	p0 p23		1	
PMULHSW	v,v / v,v,v	1	1	p0	5	1	SSSE3
PMULHSW	v,m / v,v,m	1	2	p0 p23		1	SSSE3
PMULLD	x,x / y,y,y	2	2	2p0	10	2	SSE4.1
PMULLD	x,m / y,y,m	3	3	2p0 p23		2	SSE4.1
PMULDQ	x,x / y,y,y	1	1	p0	5	1	SSE4.1
PMULDQ	x,m / y,y,m	1	2	p0 p23		1	SSE4.1
PMULUDQ	v,v / v,v,v	1	1	p0	5	1	
PMULUDQ	v,m / v,v,m	1	2	p0 p23		1	
PMADDWD	v,v / v,v,v	1	1	p0	5	1	
PMADDWD	v,m / v,v,m	1	2	p0 p23		1	
PMADDUBSW	v,v / v,v,v	1	1	p0	5	1	SSSE3
PMADDUBSW	v,m / v,v,m	1	2	p0 p23		1	SSSE3
PAVGB/W	v,v / v,v,v	1	1	p15	1	0.5	
PAVGB/W	v,m / v,v,m	1	2	p15 p23		0.5	
PMIN/PMAX SB/SW/SD							
UB/UW/UD	x,x / y,y,y	1	1	p15	1	0.5	SSE4.1
PMIN/PMAX SB/SW/SD							
UB/UW/UD	x,m / y,y,m	1	2	p15 p23		0.5	SSE4.1
PHMINPOSUW	x,x	1	1	p0	5	1	SSE4.1
PHMINPOSUW	x,m128	1	2	p0 p23		1	SSE4.1
PABSB/W/D	v,v	1	1	p15	1	0.5	SSSE3
PABSB/W/D	v,m	1	2	p15 p23		0.5	SSSE3
PSIGNB/W/D	v,v / v,v,v	1	1	p15	1	0.5	SSSE3

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PSIGNB/W/D	v,m / v,v,m	1	2	p15 p23		0.5	SSSE3
PSADBW	v,v / v,v,v	1	1	p0	5	1	
PSADBW	v,m / v,v,m	1	2	p0 p23		1	
MPSADBW	x,x,i / v,v,v,i	3	3	p0 2p5	6	2	SSE4.1
MPSADBW	x,m,i / v,v,m,i	4	4	p0 2p5 p23		2	SSE4.1
Logic instructions							
PAND PANDN	v,v / v,v,v	1	1	p015	1	0.33	SSE4.1
POR PXOR							
PAND PANDN	v,m / v,v,m	1	2	p015 p23	2	0.5	
POR PXOR							
PTEST	v,v	2	2	p0 p5	1		
PTEST	v,m	2	3	p0 p5 p23	1		
PSLLW/D/Q	mm,mm	1	1	p0	1	1	
PSRLW/D/Q							
PSRAW/D/Q	mm,m64	1	2	p0 p23		1	
PSLLW/D/Q							
PSRLW/D/Q	x,x / v,v,x	2	2	p0 p5	2	1	
PSRAW/D/Q							
PSLLW/D/Q	x,m / v,v,m	2	2	p0 p23		1	
PSRLW/D/Q							
PSRAW/D/Q	v,i / v,v,i	1	1	p0	1	1	
PSLLW/D/Q							
PSRLW/D/Q	v,v,v	3	3	2p0 p5	2	2	
VPSLLVD/Q							
VPSRAVD	v,v,m	4	4	2p0 p5 p23		2	
VPSRLVD/Q							
VPSLLVD/Q	x,i / v,v,i	1	1	p5	1	1	
VPSRAVD							
VPSRLVD/Q	x,x,i	8	8	6p05 2p16	4	4	
PCMPESTRM							
PCMPESTRM	x,m128,i	8	8	3p0 2p16 2p5 p23		4	
PCMPESTRM	x,x,i	9	9	3p0 2p16 4p5	11	11	
PCMPESTRM	x,m128,i	9	9	6p05 2p16 p23		5	
PCMPISTRM	x,x,i	3	3	3p0	3	3	
PCMPISTRM	x,m128,i	4	4	3p0 p23		3	
PCMPISTRM	x,x,i	3	3	3p0	11	11	
PCMPISTRM	x,m128,i	4	4	3p0 p23		3	
Encryption instructions							
PCLMULQDQ	x,x,i	1	1	p0	5	1	CLMUL
PCLMULQDQ	x,m,i	2	2	p0 p23		1	CLMUL
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,x	1	1	p5	7	1	AES

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AESDEC, AESDECLAST, AESENC, AESENCCLAST	x,m	2	2	p5 p23		1.5	AES
AESIMC	x,x	2	2	2p5	14	2	AES
AESIMC	x,m	3	3	2p5 p23		2	AES
AESKEYGENAS SIST	x,x,i	10	10	2p0 8p5	10	9	AES
AESKEYGENAS SIST	x,m,i	10	10	2p0 p23 7p5		8	AES
Other							
EMMS		31	31			12	

Floating point XMM and YMM instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Recipro- cal through put	Comments
Move instruc- tions							
MOVAPS/D	x,x	1	1	p5	0-1	1	may be elim.
VMOVAPS/D	y,y	1	1	p5	0-1	1	may be elim.
MOVAPS/D	x,m128	1	1	p23	3	0.5	
VMOVAPS/D	y,m256	1	1	p23	3	0.5	AVX
MOVUPS/D	m128,x	1	2	p237 p4	3	1	
VMOVUPS/D	m256,y	1	2	p237 p4	4	1	AVX
MOVSS/D	x,x	1	1	p5	1	1	
MOVSS/D	x,m32/64	1	1	p23	3	0.5	
MOVSS/D	m32/64,x	1	2	p237 p4	3	1	
MOVHPS/D	x,m64	1	2	p23 p5	4	1	
MOVHPS/D	m64,x	1	2	p4 p237	3	1	
MOVLPS/D	x,m64	1	2	p23 p5	4	1	
MOVLPS/D	m64,x	1	2	p4 p237	3	1	
MOVHLPS	x,x	1	1	p5	1	1	
MOVLHPS	x,x	1	1	p5	1	1	
MOVMSKPS/D	r32,x	1	1	p0	3	1	
VMOVMSKPS/D	r32,y	1	1	p0	3	1	
MOVNTPS/D	m128,x	1	2	p4 p237	~400	1	
VMOVNTPS/D	m256,y	1	2	p4 p237	~400	1	AVX
SHUFPS/D	x,x,i / v,v,v,i	1	1	p5	1	1	
SHUFPS/D	x,m,i / v,v,m,i	2	2	p5 p23		1	
VPERMILPS/PD	v,v,i	1	1	p5	1	1	AVX
VPERMILPS/PD	v,m,i	2	2	p5 p23		1	AVX
VPERMILPS/PD	v,v,v	1	1	p5	1	1	AVX
VPERMILPS/PD	v,v,m	2	2	p5 p23		1	AVX
VPERM2F128	y,y,y,i	1	1	p5	3	1	AVX
VPERM2F128	y,y,m,i	2	2	p5 p23		1	AVX
VPERMPS	y,y,y	1	1	p5	3	1	AVX2
VPERMPS	y,y,m	1	2	p5 p23		1	AVX2

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VPERMPD	y,y,i	1	1	p5	3	1	AVX2
VPERMPD	y,m,i	2	2	p5 p23		1	AVX2
BLENDPS/PD	x,x,i / v,v,v,i	1	1	p015	1	0.33	SSE4.1
BLENDPS/PD	x,m,i / v,v,m,i	2	2	p015 p23		0.5	SSE4.1
BLENDVPS/PD	x,x,xmm0	2	2	2p5	2	2	SSE4.1
BLENDVPS/PD	x,m,xmm0	3	3	2p5 p23		2	SSE4.1
VBLENDVPS/PD	v,v,v,v	2	2	2p5	2	2	AVX
VBLENDVPS/PD	v,v,m,v	3	3	2p5 p23		2	AVX
MOVDDUP	v,v	1	1	p5	1	1	SSE3
MOVDDUP	v,m	1	1	p23	3	0.5	SSE3
VBROADCASTSS	x,m32	1	1	p23	4	0.5	AVX
VBROADCASTSS	y,m32	1	1	p23	5	0.5	AVX
VBROADCASTSS	x,x	1	1	p5	1	1	AVX2
VBROADCASTSS	y,x	1	1	p5	3	1	AVX2
VBROADCASTSD	y,m64	1	1	p23	5	0.5	AVX
VBROADCASTSD	y,x	1	1	p5	3	1	AVX2
VBROADCASTF128	y,m128	1	1	p23	4	0.5	AVX
MOVSH/LDUP	v,v	1	1	p5	1	1	SSE3
MOVSH/LDUP	v,m	1	1	p23	3	0.5	SSE3
UNPCKH/LPS/D	x,x / v,v,v	1	1	p5	1	1	SSE3
UNPCKH/LPS/D	x,m / v,v,m	1	2	p5 p23		1	SSE3
EXTRACTPS	r32,x,i	2	2	p0 p5		1	SSE4.1
EXTRACTPS	m32,x,i	2	3	p0 p5 p23	4	1	SSE4.1
VEEXTRACTF128	x,y,i	1	1	p5	3	1	AVX
VEEXTRACTF128	m128,y,i	2	2	p23 p4	4	1	AVX
INSERTPS	x,x,i	1	1	p5	1	1	SSE4.1
INSERTPS	x,m32,i	2	2	p23 p5	4	1	SSE4.1
VINSERTF128	y,y,x,i	1	1	p5	3	1	AVX
VINSERTF128	y,y,m128,i	2	2	p015 p23	4	2	AVX
VMASKMOVPS/D	v,v,m	3	3	2p5 p23	4	2	AVX
VMASKMOVPS/D	m128,x,x	4	4	p0 p1 p4 p23	15	1	AVX
VMASKMOVPS/D	m256,y,y	4	4	p0 p1 p4 p23	16	1	AVX
VGATHERDPS	x,[r+s*x],x	10	10			6	AVX2
VGATHERDPS	y,[r+s*y],y	14	14			7	AVX2
VGATHERQPS	x,[r+s*x],x	9	9			6	AVX2
VGATHERQPS	x,[r+s*y],x	10	10			6	AVX2
VGATHERDPD	x,[r+s*x],x	7	7			5	AVX2
VGATHERDPD	y,[r+s*x],y	9	9			6	AVX2
VGATHERQPD	x,[r+s*x],x	7	7			5	AVX2
VGATHERQPD	y,[r+s*y],y	9	9			6	AVX2
Conversion							
CVTPD2PS	x,x	2	2	p1 p5	4	1	
CVTPD2PS	x,m128	2	3	p1 p5 p23		1	
VCVTPD2PS	x,y	2	2	p1 p5	5	1	AVX
VCVTPD2PS	x,m256	2	3	p1 p5 p23		1	AVX
CVTSD2SS	x,x	2	2	p1 p5	4	1	
CVTSD2SS	x,m64	2	3	p1 p5 p23		1	
CVTPS2PD	x,x	2	2	p0 p5	2	1	
CVTPS2PD	x,m64	2	2	p0 p23		1	
VCVTPS2PD	y,x	2	2	p0 p5	5	1	AVX
VCVTPS2PD	y,m128	2	2	p0 p23		1	AVX

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CVTSS2SD	x,x	2	2	p0 p5	2	1	
CVTSS2SD	x,m32	2	2	p0 p23		1	
CVTDQ2PS	x,x	1	1	p1	3	1	
CVTDQ2PS	x,m128	1	2	p1 p23		1	
VCVTDQ2PS	y,y	1	1	p1	3	1	AVX
VCVTDQ2PS	y,m256	1	2	p1 p23		1	AVX
CVT(T) PS2DQ	x,x	1	1	p1	3	1	
CVT(T) PS2DQ	x,m128	1	2	p1 p23		1	
VCVT(T) PS2DQ	y,y	1	1	p1	3	1	AVX
VCVT(T) PS2DQ	y,m256	1	2	p1 p23		1	AVX
CVTDQ2PD	x,x	2	2	p1 p5	4	1	
CVTDQ2PD	x,m64	2	2	p1 p23		1	
VCVTDQ2PD	y,x	2	2	p1 p5	6	1	AVX
VCVTDQ2PD	y,m128	2	2	p1 p23		1	AVX
CVT(T)PD2DQ	x,x	2	2	p1 p5	4	1	
CVT(T)PD2DQ	x,m128	2	3	p1 p5 p23		1	
VCVT(T)PD2DQ	x,y	2	2	p1 p5	6	1	AVX
VCVT(T)PD2DQ	x,m256	2	3	p1 p5 p23		1	AVX
CVTPI2PS	x,mm	1	1	p1	4	4	
CVTPI2PS	x,m64	1	2	p1 p23		3	
CVT(T)PS2PI	mm,x	2	2	p1 p5	4	1	
CVT(T)PS2PI	mm,m128	2	2	p1 p23		1	
CVTPI2PD	x,mm	2	2	p1 p5	4	1	
CVTPI2PD	x,m64	2	2	p1 p23		1	
CVT(T) PD2PI	mm,x	2	2	p1 p5	4	1	
CVT(T) PD2PI	mm,m128	2	3	p1 p5 p23		1	
CVTSI2SS	x,r32	2	2	p1 p5	4	3	
CVTSI2SS	x,r64	3	3	p1 2p5	5	4	
CVTSI2SS	x,m32	1	2	p1 p23		3	
CVT(T)SS2SI	r32,x	2	2	p0 p1	4	1	
CVT(T)SS2SI	r32,m32	2	3	p0 p1 p23		1	
CVTSI2SD	x,r32/64	2	2	p1 p5	4	3	
CVTSI2SD	x,m32	2	2	p1 p23		3	
CVT(T)SD2SI	r32/64,x	2	2	p0 p1	4	1	
CVT(T)SD2SI	r32,m64	2	3	p0 p1 p23		1	
VCVTPS2PH	x,v,i	2	2	p1 p5	4-6	1	F16C
VCVTPS2PH	m,v,i	3	3	p1 p4 p23		1	F16C
VCVTPH2PS	v,x	2	2	p1 p5	4-6	1	F16C
VCVTPH2PS	v,m	2	2	p1 p23		1	F16C
Arithmetic							
ADDSS/D PS/D							
SUBSS/D PS/D	x,x / v,v,v	1	1	p1	3	1	
ADDSS/D PS/D							
SUBSS/D PS/D	x,m / v,v,m	1	2	p1 p23		1	
ADDSUBPS/D	x,x / v,v,v	1	1	p1	3	1	SSE3
ADDSUBPS/D	x,m / v,v,m	1	2	p1 p23		1	SSE3
HADDPS/D							
HSUBPS/D	x,x / v,v,v	3	3	p1 2p5	5	2	SSE3
HADDPS/D							
HSUBPS/D	x,m / v,v,m	4	4	p1 2p5 p23		2	SSE3
MULSS/D PS/D	x,x / v,v,v	1	1	p01	3	0.5	
MULSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
DIVSS	x,x	1	1	p0	11	2.5	

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DIVPS	x,x	1	1	p0	11	5	
DIVSS DIVPS	x,m	1	2	p0 p23		3-5	
DIVSD	x,x	1	1	p0	10-14	4-5	
DIVPD	x,x	1	1	p0	10-14	8	
DIVSD DIVPD	x,m	1	2	p0 p23		4-5	
VDIVPS	y,y,y	3	3	2p0 p15	17	10	AVX
VDIVPS	y,y,m256	4	4	2p0 p15 p23		10	AVX
VDIVPD	y,y,y	3	3	2p0 p15	19-23	16	AVX
VDIVPD	y,y,m256	4	4	2p0 p15 p23		16	AVX
RCPSS/PS	x,x	1	1	p0	5	1	
RCPSS/PS	x,m128	1	2	p0 p23		1	
VRCPSS	y,y	3	3	2p0 p15	7	2	AVX
VRCPSS	y,m256	4	4	2p0 p15 p23		2	AVX
CMPccSS/D							
CMPccPS/D	x,x / v,v,v	1	1	p1	3	1	
CMPccSS/D							
CMPccPS/D	x,m / v,v,m	2	2	p1 p23		1	
(U)COMISS/D	x,x	1	1	p1		1	
(U)COMISS/D	x,m32/64	2	2	p1 p23		1	
MAXSS/D PS/D							
MINSS/D PS/D	x,x / v,v,v	1	1	p1	3	1	
MAXSS/D PS/D							
MINSS/D PS/D	x,m / v,v,m	1	2	p1 p23		1	
ROUNDSS/D PS/D	v,v,i	2	2	2p1	6	2	SSE4.1
ROUNDSS/D PS/D	v,m,i	3	3	2p1 p23		2	SSE4.1
DPPS	x,x,i / v,v,v,i	4	4	2p0 p1 p5	12	2	SSE4.1
DPPS	x,m,i / v,v,m,i	6	6	2p0 p1 p5 p23 p6		4	SSE4.1
DPPD	x,x,i	3	3	p0 p1 p5	7	1	SSE4.1
DPPD	x,m128,i	4	4	p0 p1 p5 p23		1	SSE4.1
VFMADD...							
(all FMA instr.)	v,v,v	1	1	p01	5	0.5	FMA
VFMADD...							
(all FMA instr.)	v,v,m	1	2	p01 p23		0.5	FMA
Math							
SQRTSS	x,x	1	1	p0	11	4	
SQRTPS	x,x	1	1	p0	11	7	
SQRTSS/PS	x,m128	1	2	p0 p23		4-7	
VSQRTPS	y,y	3	3	2p0 p15	19	14	AVX
VSQRTPS	y,m256	4	4	2p0 p15 p23		14	AVX
SQRTSD	x,x	1	1	p0	15-16	4-8	
SQRTPD	x,x	1	1	p0	15-16	8-14	
SQRTSD/PD	x,m128	1	2	p0 p23		4-14	
VSQRTPD	y,y	3	3	2p0 p15	27-29	16-28	AVX
VSQRTPD	y,m256	4	4	2p0 p15 p23		16-28	AVX
RSQRTSS/PS	x,x	1	1	p0	5	1	
RSQRTSS/PS	x,m128	1	2	p0 p23		1	
VRSQRTPS	y,y	3	3	2p0 p15	7	2	AVX
VRSQRTPS	y,m256	4	4	2p0 p15 p23		2	AVX
Logic							
AND/ANDN/OR/ XORPS/PD	x,x / v,v,v	1	1	p5	1	1	

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AND/ANDN/OR/ XORPS/PD	x,m / v,v,m	1	2	p5 p23		1	
Other							
VZEROUPPER		4	4	none		1	AVX
VZEROALL		12	12	none		10	AVX, 32 bit
VZEROALL		20	20	none		8	AVX, 64 bit
LDMXCSR	m32	3	3	p0 p6 p23	6	3	
STMXCSR	m32	3	4	p0 p4 p6 p237	7	1	
FXSAVE	m4096	111			66	66	32 bit mode
FXSAVE	m4096	141			66	66	64 bit mode
FXRSTOR	m4096	107			80	80	32 bit mode
FXRSTOR	m4096	115			80	80	64 bit mode
XSAVE		174			70	70	32 bit mode
XSAVE		224			84	84	64 bit mode
XRSTOR		172			111	111	32 bit mode
XRSTOR		173			112	112	64 bit mode
XSAVEOPT	m	114			51	51	

Intel Skylake

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, v = any vector register (mmx, xmm, ymm). m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename and allocate stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The total number of μ ops for all execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if this number is higher than the number under fused domain. Some operations are not counted here if they do not go to any execution port or if the counters are inaccurate.
μops each port:	The number of μ ops for each execution port. p0 means a μ op to execution port 0. p01 means a μ op that can go to either port 0 or port 1. p0 p1 means two μ ops going to port 0 and 1, respectively. Port 0: Integer, f.p. and vector ALU, mul, div, branch Port 1: Integer, f.p. and vector ALU Port 2: Load Port 3: Load Port 4: Store Port 5: Integer and vector ALU Port 6: Integer ALU, branch Port 7: Store address
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOV	r,i	1	1	p0156		0.25	
MOV	r8/16,r8/16	1	1	p0156	1	0.25	
MOV	r32/64,r32/64	1	1	p0156	0-1	0.25	may be elim.
MOV	r8l,m	1	2	p23 p0156		0.5	
MOV	r8h,m	1	1	p23		0.5	
MOV	r16,m	1	2	p23 p0156		0.5	
MOV	r32/64,m	1	1	p23	2	0.5	all addressing modes
MOV	m,r	1	2	p237 p4	2	1	
MOV	m,i	1	2	p237 p4		1	
MOVNTI	m,r	2	2	p23 p4	~400	1	

Skylake

MOVXX MOVZX	r,r	1	1	p0156	1	0.25	
MOVXX							
MOVXX MOVZX	r16,m8	1	2	p23 p0156		0.5	
MOVXX MOVZX	r,m	1	1	p23		0.5	all other combinations
MOVXX							
CMOVcc	r,r	1	1	p06	1	0.5	
CMOVcc	r,m	2	2	p06 p23		0.5	
XCHG	r,r	3	3	3p0156	2	1	
XCHG	r,m	8	8		23		implicit lock
XLAT		3	3	p23 2p0156	7	2	
PUSH	r	1	2	p237 p4	3	1	
PUSH	i	1	2	p237 p4		1	
PUSH	m	2	3	p4 2p237		1	
PUSH	stack pointer	2	3	p0156 p237 p4		1	
PUSHF(D/Q)		3	4	p1 p4 p237 p06		1	
PUSHA(D)		11	19			8	not 64 bit
POP	r	1	1	p23	2	0.5	
POP	stack pointer	3	3	p23 2p0156		3	
POP	m	2	3	2p237 p4		1	
POPF(D/Q)		9	9			20	
POPA(D)		18	18			8	not 64 bit
LAHF SAHF		1	1	p06	1	1	
SALC		3	3	3p0156	1	1	not 64 bit
LEA	r16,m	2	2	p1 p05	2-4	1	16 or 32 bit address size
LEA	r32/64,m	1	1	p15	1	0.5	1 or 2 components in address
LEA	r32/64,m	1	1	p1	3	1	3 components in address
LEA	r32/64,m	1	1	p1		1	rip relative address
BSWAP	r32	1	1	p15	1	0.5	
BSWAP	r64	2	2	p06 p15	2	1	
MOVBE	r16,m16	3	3	2p0156 p23		0.5-1	MOVBE
MOVBE	r32,m32	2	2	p15 p23		0.5	MOVBE
MOVBE	r64,m64	3	3	2p0156 p23		0.75	MOVBE
MOVBE	m16,r16	2	3	p06 p237 p4		1	MOVBE
MOVBE	m32,r32	2	3	p15 p237 p4		1	MOVBE
MOVBE	m64,r64	3	4	p06 p15 p237 p4		1	MOVBE
PREFETCHNTA/0/1/2	m	1	1	p23		0.5	
PREFETCHW	m	1	1	p23		1	PREFETCHW
LFENCE		2		none counted		4	
MFENCE		4	4	p23 p4		33	
SFENCE		2	2	p23 p4		6	
Arithmetic instructions							
ADD SUB	r,r/i	1	1	p0156	1	0.25	
ADD SUB	r,m	1	2	p0156 p23		0.5	
ADD SUB	m,r/i	2	4	2p0156 2p237 p4	5	1	
ADC SBB	r,r/i	1	1	p06	1	1	

Skylake

ADC SBB	r,m	2	2	p06 p23		1	
ADC SBB	m,r/i	4	6	3p0156 2p237 p4	5	2	
CMP	r,r/i	1	1	p0156	1	0.25	
CMP	m,r/i	1	2	p0156 p23	1	0.5	
INC DEC NEG	r	1	1	p0156	1	0.25	
NOT							
INC DEC NOT	m	3	4	p0156 2p237 p4	5-6	1	
NEG	m	2	4	p0156 2p237 p4	5-6	1	
AAA		2	2	p1 p56	4		not 64 bit
AAS		2	2	p1 p056	4		not 64 bit
DAA DAS		3	3	p1 2p056	4		not 64 bit
AAD		3	3	p1 2p056	4		not 64 bit
AAM		11	11	p0 p1 p5 p6	23	7	not 64 bit
MUL IMUL	r8	1	1	p1	3	1	
MUL IMUL	r16	4	4	p1 p0156	4	2	
MUL IMUL	r32	3	3	p1 p0156	4	1	
MUL IMUL	r64	2	2	p1 p6	3	1	
MUL IMUL	m8	1	2	p1 p23		1	
MUL IMUL	m16	4	5	p1 3p0156 p23		2	
MUL IMUL	m32	3	4	p1 2p0156 p23		2	
MUL IMUL	m64	2	3	p1 p6 p23		1	
IMUL	r,r	1	1	p1	3	1	
IMUL	r,m	1	2	p1 p23		1	
IMUL	r16,r16,i	2	2	p1 p0156	4	1	
IMUL	r32,r32,i	1	1	p1	3	1	
IMUL	r64,r64,i	1	1	p1	3	1	
IMUL	r16,m16,i	2	3	p1 p0156 p23		1	
IMUL	r32,m32,i	1	2	p1 p23		1	
IMUL	r64,m64,i	1	2	p1 p23		1	
MULX	r32,r32,r32	3	3	p1 2p056	4	1	BMI2
MULX	r32,r32,m32	3	4	p1 2p056 p23		1	BMI2
MULX	r64,r64,r64	2	2	p1 p5	4	1	BMI2
MULX	r64,r64,m64	2	3	p1 p5 p23		1	BMI2
DIV	r8	10	10	p0 p1 p5 p6	23	6	
DIV	r16	10	10	p0 p1 p5 p6	23	6	
DIV	r32	10	10	p0 p1 p5 p6	26	6	
DIV	r64	36	36	p0 p1 p5 p6	35-88	21-83	
IDIV	r8	11	11	p0 p1 p5 p6	24	6	
IDIV	r16	10	10	p0 p1 p5 p6	23	6	
IDIV	r32	10	10	p0 p1 p5 p6	26	6	
IDIV	r64	57	57	p0 p1 p5 p6	42-95	24-90	
CBW		1	1	p0156	1		
CWDE		1	1	p0156	1		
CDQE		1	1	p0156	1		
CWD		2	2	p0156	1		
CDQ		1	1	p06	1		
CQO		1	1	p06	1		
POPCNT	r,r	1	1	p1	3	1	SSE4.2
POPCNT	r,m	1	2	p1 p23		1	SSE4.2
CRC32	r,r	1	1	p1	3	1	SSE4.2
CRC32	r,m	1	2	p1 p23		1	SSE4.2

Skylake

Logic instructions							
AND OR XOR	r,r/i	1	1	p0156	1	0.25	
AND OR XOR	r,m	1	2	p0156 p23		0.5	
AND OR XOR	m,r/i	2	4	2p0156 2p237 p4	5	1	
TEST	r,r/i	1	1	p0156	1	0.25	
TEST	m,r/i	1	2	p0156 p23	1	0.5	
SHR SHL SAR	r,i	1	1	p06	1	0.5	
SHR SHL SAR	m,i	3	4	2p06 p237 p4		2	
SHR SHL SAR	r,cl	3	3	3p06	2	2	
SHR SHL SAR	m,cl	5	6	3p06 2p23 p4		4	
ROR ROL	r,1	2	2	2p06	1	1	short form
ROR ROL	r,i	1	1	p06	1	0.5	
ROR ROL	m,i	4	5	2p06 2p237 p4		2	
ROR ROL	r,cl	3	3	3p06	2	2	
ROR ROL	m,cl	5	6	3p06 p23 p4		4	
RCR RCL	r,1	3	3	2p06 p0156	2	2	
RCR RCL	m,1	4	6			3	
RCR RCL	r,i	8	8	p0156	6	6	
RCR RCL	m,i	11	11			6	
RCR RCL	r,cl	8	8	p0156	6	6	
RCR RCL	m,cl	11	11			6	
SHRD SHLD	r,r,i	1	1	p1	3	1	
SHRD SHLD	m,r,i	3	5			2	
SHLD	r,r,cl	4	4	p0156	3	2	
SHRD	r,r,cl	4	4	p0156	4	2	
SHRD SHLD	m,r,cl	5	7			4	
SHLX SHRX SARX	r,r,r	1	1	p06	1	0.5	BMI2
SHLX SHRX SARX	r,m,r	2	2	p06 p23		0.5	BMI2
RORX	r,r,i	1	1	p06	1	0.5	BMI2
RORX	r,m,i	2	2	p06 p23		0.5	BMI2
BT	r,r/i	1	1	p06	1	0.5	
BT	m,r	10	10			5	
BT	m,i	2	2	p06 p23		0.5	
BTR BTS BTC	r,r/i	1	1	p06	1	0.5	
BTR BTS BTC	m,r	10	11			5	
BTR BTS BTC	m,i	3	4	p06 p4 p23		1	
BSF BSR	r,r	1	1	p1	3	1	
BSF BSR	r,m	1	2	p1 p23		1	
SETcc	r	1	1	p06	1	0.5	
SETcc	m	2	3	p06 p237 p4		1	
CLC		1	0	none		0.25	
STC		1	1	p0156		0.25	
CMC		1	1	p0156	1	1	
CLD STD		3	3	p15 p6		4	
LZCNT	r,r	1	1	p1	3	1	LZCNT
LZCNT	r,m	1	2	p1 p23		1	LZCNT
TZCNT	r,r	1	1	p1	3	1	BMI1
TZCNT	r,m	1	2	p1 p23		1	BMI1
ANDN	r,r,r	1	1	p15	1	0.5	BMI1
ANDN	r,r,m	1	2	p15 p23	1	0.5	BMI1
BLSI BLSMSK	r,r	1	1	p15	1	0.5	BMI1
BLSR							

Skylake

BLSI BLSMSK	r,m	1	2	p15 p23		0.5	BMI1
BLSR							
BEXTR	r,r,r	2	2	2p0156	2	0.5	BMI1
BEXTR	r,m,r	3	3	2p0156 p23		1	BMI1
BZHI	r,r,r	1	1	p15	1	0.5	BMI2
BZHI	r,m,r	1	2	p15 p23		0.5	BMI2
PDEP	r,r,r	1	1	p1	3	1	BMI2
PDEP	r,r,m	1	2	p1 p23		1	BMI2
PEXT	r,r,r	1	1	p1	3	1	BMI2
PEXT	r,r,m	1	2	p1 p23		1	BMI2
Control transfer instructions							
JMP	short/near	1	1	p6		1-2	
JMP	r	1	1	p6		2	
JMP	m	1	2	p23 p6		2	
Conditional jump	short/near	1	1	p6		1-2	predicted taken
Conditional jump	short/near	1	1	p06		0.5-1	predicted not taken
Fused arithmetic and branch		1	1	p6		1-2	predicted taken
Fused arithmetic and branch		1	1	p06		0.5-1	predicted not taken
J(E/R)CXZ	short	2	2	p0156 p6		0.5-2	
LOOP	short	7	7			5	
LOOP(N)E	short	11	11			6	
CALL	near	2	3	p237 p4 p6		3	
CALL	r	2	3	p237 p4 p6		2	
CALL	m	3	4	2p237 p4 p6		3	
RET		1	2	p237 p6		1	
RET	i		2			2	
BOUND	r,m	15	15			8	not 64 bit
INTO		5	5			6	not 64 bit
String instructions							
LODSB/W		3	3	2p0156 p23		1	
LODSD/Q		2	2	p0156 p23		1	
REP LODS		5n+12				~2n	
STOS		3	3	p23 p0156 p4		1	
REP STOS		<2n				~0.5n	worst case
REP STOS		2.6/32B				1/32B	best case aligned by 32
MOVS		5	5	2p23 p4 2p0156		4	
REP MOVS		~2n				< 1n	worst case
REP MOVS		4/32B				1/32B	best case aligned by 32
SCAS		3	3	p23 2p0156		1	
REP SCAS		≥6n				≥2n	
CMPS		5	5	2p23 3p0156		4	
REP CMPS		≥8n				≥2n	
Synchronization instructions							
XADD	m,r	4	5			5	

Skylake

LOCK XADD	m,r	9	9			18	
LOCK ADD	m,r	8	8			18	
CMPXCHG	m,r	5	6			6	
LOCK CMPXCHG	m,r	10	10			18	
CMPXCHG8B	m,r	16	16			11	
LOCK CMPXCHG8B	m,r	20	20			19	
CMPXCHG16B	m,r	23	23			16	
LOCK CMPXCHG16B	m,r	25	25			26	
Other							
NOP (90)		1	0	none		0.25	
Long NOP (0F 1F)		1	0	none		0.25	
PAUSE		4	4	p6			
ENTER	a,0	12	12			8	
ENTER	a,b	~14+7b	~45+7b		~87+2b		
LEAVE		3	3	2p0156 p23		5	
XGETBV		15	15			9	XGETBV
CPUID		27-118				100-250	
RDTSC		20	20			25	
RDTSCP		22	22			32	RDTSCP
RDPMC		35	35			40	
RDRAND	r	16	16	p23 15p0156		~460	RDRAND
RDSEED	r	16	16	p23 15p0156		~460	RDSEED

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
FLD	r	1	1	p05	1	0.5	
FLD	m32/64	1	1	p23	3	0.5	
FLD	m80	4	4	2p01 2p23	4	2	
FBLD	m80	43	43		46	22	
FST(P)	r	1	1	p05	1	0.5	
FST(P)	m32/m64	1	2	p4 p237	3	1	
FSTP	m80	7	7	3p0156 2p23 2p4	4	5	
FBSTP	m80	244	226		264	266	
FXCH	r	2	0	none	0	0.5	
FILD	m	1	2	p05 p23	5	1	
FIST(P)	m	3	3	p5 p23 p4	7	1	
FISTTP	m	3	3	p1 p23 p4	7	2	SSE3
FLDZ		1	1	p05		1	
FLD1		2	2	2p05		2	
FLDPI FLDL2E etc.		2	2	2p05		2	
FCMOVcc	r	4	4	p0 p1 p56	3	2	
FNSTSW	AX	2	2	p0 p0156	6	2	
FNSTSW	m16	2	3	p0 p4 p237	6	1	
FLDCW	m16	3	3	p01 p23 p6	7	2	
FNSTCW	m16	2	3	p237 p4 p6	6	1	
FINCSTP FDECSTP		1	1	p05	0	0.5	

Skylake

FFREE(P)	r	1	1	p05		0.5
FNSAVE	m	133	133		176	176
FRSTOR	m	89	89		175	175
Arithmetic instructions						
FADD(P)						
FSUB(R)(P)	r	1	1	p5	3	1
FADD(P)						
FSUB(R)(P)	m	2	3	p5 p23		1
FMUL(P)	r	1	1	p0	5	1
FMUL(P)	m	2	3	p0 p23		1
FDIV(R)(P)	r	1	1	p0	14-16	4-5
FDIV(R)(P)	m	1	2	p0 p23		4-5
FABS		1	1	p0	1	1
FCHS		1	1	p0	1	1
FCOM(P) FUCOM	r	1	1	p5	3	1
FCOM(P) FUCOM	m	1	2	p5 p23		1
FCOMPP FUCOMPP		2	2	p0 p5		1
FCOMI(P)						
FUCOMI(P)	r	3	3	p5		1
FIADD FISUB(R)	m	3	4	2p5 p23		2
FIMUL	m	2	3	p0 p5 p23		1
FIDIV(R)	m	2	3	p0 p5 p23		
FICOM(P)	m	2	3	2p5 p23		2
FTST		1	1	p5	3	1
FXAM		2	2	2p5	6	2
FPREM		31	31		26-30	17
FPREM1		31	31		30-57	17
FRNDINT		17	17		21	11
Math						
FSCALE		27	27		130	130
FEXTRACT		17	17		11	11
FSQRT		1	1	p0	14-21	4-7
FSIN		53-105			50-120	
FCOS		53-105			50-130	
FSINCOS		55-120			55-150	
F2XM1		16-90			65-80	
FYL2X		40-100			103	
FYL2XP1		56			77	
FPTAN		40-112			140-160	
FPATAN		30-160			100-160	
Other						
FNOP		1	1	p05		0.5
WAIT		2	2	p05		2
FNCLEX		5	5	p156		22
FNINIT		18	18			78

Integer vector instructions

Skylake

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVD	r32/64,mm/x	1	1	p0	2	1	
MOVD	m32/64,mm/x	1	2	p237 p4	3	1	
MOVD	mm/x,r32/64	1	1	p5	2	1	
MOVD	mm/x,m32/64	1	1	p23	2	0.5	
MOVQ	r64,mm/x	1	1	p0	2	1	
MOVQ	mm/x,r64	1	1	p5	2	1	
MOVQ	mm,mm	1		p05	1	0.5	
MOVQ	x,x	1		p015	1	0.33	
MOVQ	mm/x,m64	1	1	p23	2	0.5	
MOVQ	m64, mm/x	1	2	p237 p4	3	1	
MOVDQA/U	x,x	1	1	p015	0-1	0.25	may eliminate
MOVDQA/U	x, m128	1	1	p23	2	0.5	
MOVDQA/U	m128, x	1	2	p237 p4	3	1	
VMOVDQA/U	y,y	1	1	p015	0-1	0.25	may eliminate
VMOVDQA/U	y,m256	1	1	p23	3	0.5	AVX
VMOVDQA/U	m256,y	1	2	p237 p4	3	1	AVX
LDDQU	x, m128	1	1	p23	3	0.5	SSE3
MOVDQ2Q	mm, x	2	2	p0 p5	2	1	
MOVQ2DQ	x,mm	2	2	p0 p15	2	1	
MOVNTQ	m64,mm	1	2	p237 p4	~418	1	
MOVNTDQ	m128,x	1	2	p237 p4	~450	1	
VMOVNTDQ	m256,y	1	2	p237 p4	~400	1	AVX2
MOVNTDQA	x, m128	2	2	p23 p015	3	0.5	SSE4.1
VMOVNTDQA	y,m256	2	2	p23 p015	3	0.5	AVX2
PACKSSWB/DW							
PACKUSWB	mm,mm	3	3	p5	2	2	
PACKSSWB/DW							
PACKUSWB	mm,m64	3	3	p23 2p5		2	
PACKSSWB/DW							
PACKUSWB	x,x / y,y,y	1	1	p5	1	1	
PACKSSWB/DW							
PACKUSWB	x,m / y,y,m	1	2	p23 p5		1	
PACKUSDW	x,x / y,y,y	1	1	p5	1	1	SSE4.1
PACKUSDW	x,m / y,y,m	1	2	p23 p5		1	SSE4.1
PUNPCKH/L							
BW/WD/DQ	v,v / v,v,v	1	1	p5	1	1	
PUNPCKH/L							
BW/WD/DQ	v,m / v,v,m	1	2	p23 p5		1	
PUNPCKH/L							
QDQ	x,x / y,y,y	1	1	p5	1	1	
PUNPCKH/L							
QDQ	x,m / y,y,m	1	2	p23 p5		1	
PMOVSX/ZX BW							
BD BQ DW DQ	x,x	1	1	p5	1	1	SSE4.1
PMOVSX/ZX BW							
BD BQ DW DQ	x,m	1	2	p23 p5		1	SSE4.1
VPMOVSX/ZX BW							
BD BQ DW DQ	y,x	1	1	p5	3	1	AVX2
VPMOVSX/ZX BW							
BD BQ DW DQ	y,m	2	2	p5 p23		1	AVX2

Skylake

PSHUFB	v,v / v,v,v	1	1	p5	1	1	SSSE3
PSHUFB	v,m / v,v,m	2	2	p23 p5		1	SSSE3
PSHUFW	mm,mm,i	1	1	p5	1	1	
PSHUFW	mm,m64,i	2	2	p23 p5		1	
PSHUFD	v,v,i	1	1	p5	1	1	
PSHUFD	v,m,i	1-2	2	p23 p5		1	
PSHUFL/HW	v,v,i	1	1	p5	1	1	
PSHUFL/HW	v,m,i	2	2	p23 p5		1	
PALIGNR	v,v,i / v,v,v,i	1	1	p5	1	1	SSSE3
PALIGNR	v,m,i / v,v,m,i	2	2	p23 p5		1	SSSE3
PBLENDB	x,x,xmm0	1	1	p015	1	1	SSE4.1
PBLENDB	x,m,xmm0	2	2	p015 p23		2	SSE4.1
VPBLENDB	v,v,v,v	2	2	2p015	2	1	AVX2
VPBLENDB	v,v,m,v	3	3	2p015 p23		2	AVX2
PBLENDD	x,x,i / v,v,v,i	1	1	p5	1	1	SSE4.1
PBLENDD	x,m,i / v,v,m,i	2	2	p23 p5		1	SSE4.1
VPBLENDD	v,v,v,i	1	1	p015	1	0.33	AVX2
VPBLENDD	v,v,m,i	2	2	p015 p23		0.5	AVX2
VPERMD	y,y,y	1	1	p5	3	1	AVX2
VPERMD	y,y,m	1	2	p5 p23		1	AVX2
VPERMQ	y,y,i	1	1	p5	3	1	AVX2
VPERMQ	y,m,i	2	2	p5 p23		1	AVX2
VPERM2I128	y,y,y,i	1	1	p5	3	1	AVX2
VPERM2I128	y,y,m,i	2	2	p5 p23		1	AVX2
MASKMOVQ	mm,mm	4	4	p0 p4 2p23	~450	2	
MASKMOVQ	x,x	10	10	4p04 2p56 4p23	18-500	6	
VPMASKMOVQ	v,v,m	2	2	p23 p015	4	0.5	AVX2
VPMASKMOVQ	m,v,v	3	3	p0 p4 p23	14	1	AVX2
PMOVB	r,v	1	1	p0	2-3	1	
PEXTRB/W/D/Q	r,x,i	2	2	p0 p5	3	1	SSE4.1
PEXTRB/W/D/Q	m,x,i	2	3	p23 p4 p5		1	SSE4.1
VEXTRACTI128	x,y,i	1	1	p5	3	1	AVX2
VEXTRACTI128	m,y,i	2	2	p23 p4	4	1	AVX2
PINSRB	x,r32,i	2	2	2p5	3	2	SSE4.1
PINSRB	x,m8,i	2	2	p23 p5		1	SSE4.1
PINSRW	mm/x,r32,i	2	2	p5	3	2	
PINSRW	mm/x,m16,i	2	2	p23 p5		1	
PINSRD/Q	x,r32,i	2	2	2p5	3	2	SSE4.1
PINSRD/Q	x,m32,i	2	2	p23 p5		1	SSE4.1
VINSERTI128	y,y,x,i	1	1	p5	3	1	AVX2
VINSERTI128	y,y,m,i	2	2	p015 p23	3	0.5	AVX2
VPBROADCAST							
B/W/D/Q	x,x	1	1	p5	1	1	AVX2
VPBROADCAST							
B/W	x,m8/16	2	2	p23 p5	7	1	AVX2
VPBROADCAST							
D/Q	x,m32/64	1	1	p23	4	0.5	AVX2
VPBROADCAST							
B/W/D/Q	y,x	1	1	p5	3	1	AVX2
VPBROADCAST							
B/W	y,m8/16	2	2	p23 p5	7	1	AVX2
VPBROADCAST							
D/Q	y,m32/64	1	1	p23	3	0.5	AVX2
VBROADCASTI128	y,m128	1	1	p23	3	0.5	AVX2
VPGATHERDD	x,[r+s*x],x	4	4	p0 p1 p23 p5		4	AVX2

Skylake

VPGATHERDD	y,[r+s*y],y	4	4	p0 p1 p23 p5		5	AVX2
VPGATHERQD	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VPGATHERQD	x,[r+s*y],x	4	4	p0 p1 p23 p5		4	AVX2
VPGATHERDQ	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VPGATHERDQ	y,[r+s*x],y	4	4	p0 p1 p23 p5		4	AVX2
VPGATHERQQ	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VPGATHERQQ	y,[r+s*y],y	4	4	p0 p1 p23 p5		4	AVX2
Arithmetic instructions							
PADD/SUB(S,US) B/W/D/Q	v,v / v,v,v	1	1	p015	1	0.33	
PADD/SUB(S,US) B/W/D/Q	v,m / v,v,m	1	2	p015 p23		0.5	
PHADD(S)W/D							
PHSUB(S)W/D	v,v / v,v,v	3	3	p01 2p5	3	2	SSSE3
PHADD(S)W/D							
PHSUB(S)W/D	v,m / v,v,m	4	4	p01 2p5 p23		2	SSSE3
PCMPEQB/W/D							
PCMPGTB/W/D	mm,mm	1	1	p0	1	1	
PCMPEQB/W/D							
PCMPGTB/W/D	x,x / y,y,y	1	1	p01	1	0.5	
PCMPEQB/W/D							
PCMPGTB/W/D	x,m / y,y,m	1	2	p01 p23		0.5	
PCMPEQQ	v,v / v,v,v	1	1	p01	1	0.5	SSE4.1
PCMPEQQ	v,m / v,v,m	1	2	p01 p23		0.5	SSE4.1
PCMPGTQ	v,v / v,v,v	1	1	p5	3	1	SSE4.2
PCMPGTQ	v,m / v,v,m	1	2	p5 p23		1	SSE4.2
PMULL/HW							
PMULHUW	mm,mm	1	1	p0	5	1	
PMULL/HW							
PMULHUW	x,x / y,y,y	1	1	p01	5	0.5	
PMULL/HW							
PMULHUW	x,m / y,y,m	1	2	p01 p23		0.5	
PMULHSW	mm,mm	1	1	p0	5	1	SSSE3
PMULHSW	x,x / y,y,y	1	1	p01	5	0.5	SSSE3
PMULHSW	x,m / y,y,m	1	2	p01 p23		0.5	SSSE3
PMULLD	x,x / y,y,y	2	2	2p01	10	1	SSE4.1
PMULLD	x,m / y,y,m	3	3	2p01 p23		1	SSE4.1
PMULDQ	x,x / y,y,y	1	1	p01	5	0.5	SSE4.1
PMULDQ	x,m / y,y,m	1	2	p01 p23		0.5	SSE4.1
PMULUDQ	mm,mm	1	1	p0	5	1	
PMULUDQ	x,x / y,y,y	1	1	p01	5	0.5	
PMULUDQ	x,m / y,y,m	1	2	p01 p23		0.5	
PMADDWD	mm,mm	1	1	p0	5	1	
PMADDWD	x,x / y,y,y	1	1	p01	5	0.5	
PMADDWD	x,m / y,y,m	1	2	p01 p23		0.5	
PMADDUBSW	mm,mm	1	1	p0	5	1	SSSE3
PMADDUBSW	x,x / y,y,y	1	1	p01	5	0.5	SSSE3
PMADDUBSW	x,m / y,y,m	1	2	p01 p23		0.5	SSSE3
PAVGB/W	mm,mm	1	1	p0	1	1	
PAVGB/W	x,x / y,y,y	1	1	p01	1	0.5	
PAVGB/W	x,m / y,y,m	1	2	p01 p23		0.5	

Skylake

PMIN/PMAX SB/SW/SD UB/UW/UD	mm,mm	1	1	p0	1	1	SSE4.1
PMIN/PMAX SB/SW/SD UB/UW/UD	x,x / y,y,y	1	1	p01	1	0.5	SSE4.1
PMIN/PMAX SB/SW/SD UB/UW/UD	x,m / y,y,m	1	2	p01 p23		0.5	SSE4.1
PHMINPOSUW	x,x	1	1	p0	4	1	SSE4.1
PHMINPOSUW	x,m128	1	2	p0 p23		1	SSE4.1
PABSB/W/D	mm,mm	1	1	p0	1	1	SSSE3
PABSB/W/D	x,x / y,y	1	1	p01	1	0.5	SSSE3
PABSB/W/D	x,m / y,m	1	2	p01 p23		0.5	SSSE3
PSIGNB/W/D	mm,mm	1	1	p0	1	1	SSSE3
PSIGNB/W/D	x,x / y,y,y	1	1	p01	1	0.5	SSSE3
PSIGNB/W/D	x,m / y,y,m	1	2	p01 p23		0.5	SSSE3
PSADBW	v,v / v,v,v	1	1	p5	3	1	
PSADBW	v,m / v,v,m	1	2	p5 p23		1	
MPSADBW	x,x,i / v,v,v,i	2	2	2p5	4	2	SSE4.1
MPSADBW	x,m,i / v,v,m,i	3	3	2p5 p23		2	SSE4.1
Logic instructions							
PAND PANDN POR PXOR	mm,mm	1	1	p05	1	0.5	
PAND PANDN POR PXOR	x,x / y,y,y	1	1	p015	1	0.33	
PAND PANDN POR PXOR	v,m / v,v,m	1	2	p015 p23		0.5	
PTEST	v,v	2	2	p0 p5	3	1	SSE4.1
PTEST	v,m	2	3	p0 p5 p23		1	SSE4.1
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	mm,mm	1	1	p0	1	1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	mm,m64	2	2	p0 p23		1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	x,x / v,v,x	2	2	p01 p5	1	1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	x,m / v,v,m	2	2	p01 p23		0.5	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	mm,i	1	1	p0	1	1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	x,i / y,y,i	1	1	p01	1	0.5	
VPSLLVD/Q VPSRAVD							
VPSRLVD/Q	v,v,v	1	1	p01	1	0.5	AVX2
VPSLLVD/Q VPSRAVD							
VPSRLVD/Q	v,v,m	1	2	p01 p23		0.5	AVX2

Skylake

PSLLDQ	x,i / v,v,i	1	1	p5	1	1		
PSRLDQ								
String instructions								
PCMPESTRI		x,x,i	8	8	6p05 2p16	12	4	SSE4.2
PCMPESTRI		x,m128,i	8	8	3p0 2p16 2p5 p23		4	SSE4.2
PCMPESTRM		x,x,i	9	9	3p0 2p16 4p5	9	5	SSE4.2
PCMPESTRM		x,m128,i	9	9	6p05 2p16 p23		5	SSE4.2
PCMPISTRI		x,x,i	3	3	3p0	10	3	SSE4.2
PCMPISTRI		x,m128,i	4	4	3p0 p23		3	SSE4.2
PCMPISTRM		x,x,i	3	3	3p0	9	3	SSE4.2
PCMPISTRM	x,m128,i	4	4	3p0 p23		3	SSE4.2	
Encryption instructions								
PCLMULQDQ	x,x,i	1	1	p5	7	1	CLMUL	
PCLMULQDQ	x,m,i	2	2	p5 p23		1	CLMUL	
AESDEC, AESDECLAST, AESENC, AESENCCLAST	x,x	1	1	p0	4	1	AES	
AESDEC, AESDECLAST, AESENC, AESENCCLAST	x,m	2	2	p0 p23		1.5	AES	
AESIMC	x,x	2	2	2p0	8	2	AES	
AESIMC	x,m	3	3	2p0 p23		2	AES	
AESKEYGENAS SIST	x,x,i	13	13	p0 p5	12	12	AES	
AESKEYGENAS SIST	x,m,i	13	13			12	AES	
Other								
EMMS		10	10	p05		6		

Floating point XMM and YMM instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVAPS/D	x,x	1	1	p015	0-1	0.25	may eliminate may eliminate
VMOVAPS/D	y,y	1	1	p015	0-1	0.25	
MOVAPS/D MOVUPS/D	x,m128	1	1	p23	2	0.5	AVX
VMOVAPS/D VMOVUPS/D	y,m256	1	1	p23	3	0.5	
MOVAPS/D MOVUPS/D	m128,x	1	2	p237 p4	3	1	AVX
VMOVAPS/D VMOVUPS/D	m256,y	1	2	p237 p4	3	1	
MOVSS/D	x,x	1	1	p5	1	1	
MOVSS/D	x,m32/64	1	1	p23	3	0.5	
MOVSS/D	m32/64,x	1	2	p237 p4	3	1	

Skylake

MOVHPS/D	x,m64	1	2	p23 p5	4	1	
MOVHPS/D	m64,x	1	2	p4 p237	3	1	
MOVLPS/D	x,m64	1	2	p23 p5	4	1	
MOVLPS/D	m64,x	1	2	p4 p237	3	1	
MOVHLPS	x,x	1	1	p5	1	1	
MOVLHPS	x,x	1	1	p5	1	1	
MOVMSKPS/D	r32,x	1	1	p0	2	1	
VMOVMSKPS/D	r32,y	1	1	p0	3	1	
MOVNTPS/D	m128,x	1	2	p4 p237	~400	1	
VMOVNTPS/D	m256,y	1	2	p4 p237	~400	1	AVX
SHUFPS/D	x,x,i / v,v,v,i	1	1	p5	1	1	
SHUFPS/D	x,m,i / v,v,m,i	2	2	p5 p23		1	
VPERMILPS/PD	v,v,i	1	1	p5	1	1	AVX
VPERMILPS/PD	v,m,i	2	2	p5 p23		1	AVX
VPERMILPS/PD	v,v,v	1	1	p5	1	1	AVX
VPERMILPS/PD	v,v,m	2	2	p5 p23		1	AVX
VPERM2F128	y,y,y,i	1	1	p5	3	1	AVX
VPERM2F128	y,y,m,i	2	2	p5 p23		1	AVX
VPERMPS	y,y,y	1	1	p5	3	1	AVX2
VPERMPS	y,y,m	1	2	p5 p23		1	AVX2
VPERMPD	y,y,i	1	1	p5	3	1	AVX2
VPERMPD	y,m,i	2	2	p5 p23		1	AVX2
BLENDPS/PD	x,x,i / v,v,v,i	1	1	p015	1	0.33	SSE4.1
BLENDPS/PD	x,m,i / v,v,m,i	2	2	p015 p23		0.5	SSE4.1
BLENDVPS/PD	x,x,xmm0	1	1	p015	1	1	SSE4.1
BLENDVPS/PD	x,m,xmm0	2	2	p015 p23		1	SSE4.1
VBLENDVPS/PD	v,v,v,v	2	2	2p015	2	1	AVX
VBLENDVPS/PD	v,v,m,v	3	3	2p015 p23		1	AVX
MOVDDUP	v,v	1	1	p5	1	1	SSE3
MOVDDUP	v,m	1	1	p23	3	0.5	SSE3
VBROADCASTSS	x,m32	1	1	p23	2	0.5	AVX
VBROADCASTSS	y,m32	1	1	p23	3	0.5	AVX
VBROADCASTSS	x,x	1	1	p5	1	1	AVX2
VBROADCASTSS	y,x	1	1	p5	3	1	AVX2
VBROADCASTSD	y,m64	1	1	p23	3	0.5	AVX
VBROADCASTSD	y,x	1	1	p5	3	1	AVX2
VBROADCASTF128	y,m128	1	1	p23	3	0.5	AVX
MOVSH/LDUP	v,v	1	1	p5	1	1	SSE3
MOVSH/LDUP	v,m	1	1	p23	3	0.5	SSE3
UNPCKH/LPS/D	x,x / v,v,v	1	1	p5	1	1	SSE3
UNPCKH/LPS/D	x,m / v,v,m	1	2	p5 p23		1	SSE3
EXTRACTPS	r32,x,i	2	2	p0 p5		1	SSE4.1
EXTRACTPS	m32,x,i	2	3	p4 p5 p23	5	1	SSE4.1
VEEXTRACTF128	x,y,i	1	1	p5	3	1	AVX
VEEXTRACTF128	m128,y,i	2	2	p23 p4	6	1	AVX
INSERTPS	x,x,i	1	1	p5	1	1	SSE4.1
INSERTPS	x,m32,i	2	2	p23 p5	4	1	SSE4.1
VINSERTF128	y,y,x,i	1	1	p5	3	1	AVX
VINSERTF128	y,y,m128,i	2	2	p015 p23	5	0.5	AVX
VMASKMOVPS/D	v,v,m	2	2	p015 p23	3	0.5	AVX
VMASKMOVPS/D	m128,x,x	4	4	p0 p4 p23	13	1	AVX
VMASKMOVPS/D	m256,y,y	4	4	p0 p4 p23	13	1	AVX
VGATHERDPS	x,[r+s*x],x	4	4	p0 p1 p23 p5	12	4	AVX2

Skylake

VGATHERDPS	y,[r+s*y],y	4	4	p0 p1 p23 p5	13	5	AVX2
VGATHERQPS	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VGATHERQPS	x,[r+s*y],x	4	4	p0 p1 p23 p5		4	AVX2
VGATHERDPD	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VGATHERDPD	y,[r+s*x],y	4	4	p0 p1 p23 p5		4	AVX2
VGATHERQPD	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VGATHERQPD	y,[r+s*y],y	4	4	p0 p1 p23 p5		4	AVX2
Conversion							
CVTPD2PS	x,x	2	2	p01 p5	5	1	
CVTPD2PS	x,m128	2	3	p01 p5 p23		1	
VCVTPD2PS	x,y	2	2	p01 p5	7	1	AVX
VCVTPD2PS	x,m256	2	3	p01 p5 p23		1	AVX
CVTSD2SS	x,x	2	2	p01 p5	5	1	
CVTSD2SS	x,m64	2	3	p01 p5 p23		1	
CVTPS2PD	x,x	2	2	p01 p5	5	1	
CVTPS2PD	x,m64	1	2	p01 p5 p23		0.5	
VCVTPS2PD	y,x	2	2	p01 p5	7	1	AVX
VCVTPS2PD	y,m128	1	2	p01 p5 p23		0.5	AVX
CVTSS2SD	x,x	2	2	p01 p5	5	2	
CVTSS2SD	x,m32	1	2	p01 p5 p23		2	
CVTDQ2PS	x,x	1	1	p01	4	0.5	
CVTDQ2PS	x,m128	1	2	p01 p23		0.5	
VCVTDQ2PS	y,y	1	1	p01	4	0.5	AVX
VCVTDQ2PS	y,m256	1	2	p01 p23		0.5	AVX
CVT(T) PS2DQ	x,x	1	1	p01	4	0.5	
CVT(T) PS2DQ	x,m128	1	2	p01 p23		0.5	
VCVT(T) PS2DQ	y,y	1	1	p01	4	0.5	AVX
VCVT(T) PS2DQ	y,m256	1	2	p01 p23		0.5	AVX
CVTDQ2PD	x,x	2	2	p01 p5	5	1	
CVTDQ2PD	x,m64	2	2	p01 p23		0.5	
VCVTDQ2PD	y,x	2	2	p01 p5	7	1	AVX
VCVTDQ2PD	y,m128	1	2	p01 p23		0.5	AVX
CVT(T)PD2DQ	x,x	2	2	p01 p5	5	1	
CVT(T)PD2DQ	x,m128	3	3	p01 p23 p5		1	
VCVT(T)PD2DQ	x,y	2	2	p01 p5	7	1	AVX
VCVT(T)PD2DQ	x,m256	2	3	p01 p23 p5		1	AVX
CVTPI2PS	x,mm	2	2	p0 p1	6	2	
CVTPI2PS	x,m64	1	2	p01 p23		3	
CVT(T)PS2PI	mm,x	2	2	p0 p5	7	1	
CVT(T)PS2PI	mm,m128	2	2	p0 p23		1	
CVTPI2PD	x,mm	2	2	p01 p5	5	1	
CVTPI2PD	x,m64	1	2	p01 p23		0.5	
CVT(T) PD2PI	mm,x	2	2	p01 p5	5	1	
CVT(T) PD2PI	mm,m128	2	3	p01 p23 p5		1	
CVTSI2SS	x,r32	2	2	p01 p5	6	2	
CVTSI2SS	x,r64	3	3	p01 2p5	7	2	
CVTSI2SS	x,m32	1	2	p1 p23		3	
CVT(T)SS2SI	r32,x	2	2	2p01	6	1	
CVT(T)SS2SI	r64,x	3	3	2p01 p5	7	1	
CVT(T)SS2SI	r32,m32	3	3	2p01 p23		1	
CVTSI2SD	x,r32/64	2	2	p01 p5	6	2	
CVTSI2SD	x,m32	1	2	p01 p23		2	

Skylake

CVT(T)SD2SI	r32/64,x	2	2	p0 p1	6	1	
CVT(T)SD2SI	r32,m64	3	3	2p01 p23		1	
VCVTPS2PH	x,v,i	2	2	p01 p5	5-7	1	F16C
VCVTPS2PH	m,v,i	3	3	p01 p4 p23		1	F16C
VCVTPH2PS	v,x	2	2	p01 p5	5-7	1	F16C
VCVTPH2PS	v,m	1	2	p01 p23		1	F16C
Arithmetic							
ADDSS/D PS/D							
SUBSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5	
ADDSS/D PS/D							
SUBSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
ADDSUBPS/D	x,x / v,v,v	1	1	p01	4	0.5	SSE3
ADDSUBPS/D	x,m / v,v,m	1	2	p01 p23		0.5	SSE3
HADDPS/D							
HSUBPS/D	x,x / v,v,v	3	3	p01 2p5	6	2	SSE3
HADDPS/D							
HSUBPS/D	x,m / v,v,m	4	4	p1 2p5 p23		2	SSE3
MULSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5	
MULSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
DIVSS	x,x	1	1	p0	11	3	
DIVPS	x,x	1	1	p0	11	3	
DIVSS DIVPS	x,m	1	2	p0 p23		3-5	
DIVSD	x,x	1	1	p0	13-14	4	
DIVPD	x,x	1	1	p0	13-14	4	
DIVSD DIVPD	x,m	1	2	p0 p23		4	
VDIVPS	y,y,y	1	1	p0	11	5	AVX
VDIVPS	y,y,m256	1	2	p0 p23		5	AVX
VDIVPD	y,y,y	1	1	p0	13-14	8	AVX
VDIVPD	y,y,m256	4	4	p0 p23		8	AVX
RCPSS/PS	v,v	1	1	p0	4	1	
RCPSS/PS	v,m	1	2	p0 p23		1	
CMPccSS/D							
CMPccPS/D	x,x / v,v,v	1	1	p01	4	0.5	
CMPccSS/D							
CMPccPS/D	x,m / v,v,m	2	2	p01 p23		0.5	
(U)COMISS/D	x,x	1	1	p0		1	
(U)COMISS/D	x,m32/64	2	2	p0 p23		1	
MAXSS/D PS/D							
MINSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5	
MAXSS/D PS/D							
MINSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
ROUNDSS/D PS/D	v,v,i	2	2	2p01	8	1	SSE4.1
ROUNDSS/D PS/D	v,m,i	3	3	2p01 p23		1	SSE4.1
DPPS	x,x,i / v,v,v,i	4	4	3p01 p5	13	1.5	SSE4.1
DPPS	x,m,i / v,v,m,i	6	6	3p01 p23 p5 p6		1.5	SSE4.1
DPPD	x,x,i	3	3	2p01 p5	9	1	SSE4.1
DPPD	x,m128,i	4	4	2p01 p23 p5		1	SSE4.1
VFMADD...							
(all FMA instr.)	v,v,v	1	1	p01	4	0.5	FMA
VFMADD...							
(all FMA instr.)	v,v,m	1	2	p01 p23		0.5	FMA

Skylake

Math							
SQRTSS/PS	x,x	1	1	p0	12	3	
SQRTSS/PS	x,m128	1	2	p0 p23		3	
VSQRTPS	y,y	1	1	p0	12	6	AVX
VSQRTPS	y,m256	4	4	p0 p23		6	AVX
SQRTSD	x,x	1	1	p0	15-16	4-6	
SQRTPD	x,x	1	1	p0	15-16	4-6	
SQRTSD/PD	x,m128	1	2	p0 p23		4-6	
VSQRTPD	y,y	1	1	p0	15-16	9-12	AVX
VSQRTPD	y,m256	4	4	p0 p23		9-12	AVX
RSQRTSS/PS	v,v	1	1	p0	4	1	
RSQRTSS/PS	v,m	1	2	p0 p23		1	
Logic							
AND/ANDN/OR/ XORPS/PD	x,x / v,v,v	1	1	p015	1	0.33	
AND/ANDN/OR/ XORPS/PD	x,m / v,v,m	1	2	p015 p23		0.5	
Other							
VZEROUPPER		4	4	none		1	AVX
VZEROALL		25	25	p0 p1 p5 p6		12	AVX, 32 bit
VZEROALL		34	34	p0 p1 p5 p6		12	AVX, 64 bit
LDMXCSR	m32	4	4	p0 p5 p6 p23	5	3	
STMXCSR	m32	3	4	p0 p4 p6 p237	5	2	
FXSAVE	m4096	106			78	78	32 bit mode
FXSAVE	m4096	136			64	64	64 bit mode
FXRSTOR	m4096	105			76	76	32 bit mode
FXRSTOR	m4096	121			77	77	64 bit mode
XSAVE		247			107	107	32 bit mode
XSAVE		304			107	107	64 bit mode
XRSTOR		257			122	122	32 bit mode
XRSTOR		257			122	122	64 bit mode
XSAVEOPT	m	168			74	74	

Intel Skylake-X

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, z = 512 bit zmm register, xy = xmm or ymm register, v = any vector register (mmx, xmm, ymm, zmm). m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retire stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The total number of μ ops for all execution ports. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if this number is higher than the number under fused domain. Some operations are not counted here if they do not go to any execution port or if the counters are inaccurate.
μops each port:	The number of μ ops for each execution port. p0 means a μ op to execution port 0. p01 means a μ op that can go to either port 0 or port 1. p0 p1 means two μ ops going to port 0 and 1, respectively. Port 0: Integer, f.p. and 256 bit vector ALU, mul, div, branch Port 1: Integer, f.p. and 256 bit vector ALU (re-routed to port 0 for 512-bit vectors) Port 2: Load Port 3: Load Port 4: Store Port 5: Integer and 512 bit vector ALU Port 6: Integer ALU, branch Port 7: Store address
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOV	r,i	1	1	p0156		0.25	may eliminate
MOV	r8/16,r8/16	1	1	p0156	1	0.25	
MOV	r32/64,r32/64	1	1	p0156	0-1	0.25	
MOV	r8l,m	1	2	p23 p0156		0.5	all addressing modes
MOV	r8h,m	1	1	p23		0.5	
MOV	r16,m	1	2	p23 p0156		0.5	
MOV	r32/64,m	1	1	p23	2	0.5	
MOV	m,r	1	2	p237 p4	2	1	
MOV	m,i	1	2	p237 p4		1	
MOVNTI	m,r	2	2	p23 p4	400-500	1	

SkyLakeX

MOVSX MOVZX MOVSXD	r,r	1	1	p0156	1	0.25	all other combinations	
MOVSX MOVZX	r16,m8	1	2	p23 p0156	2	0.5		
MOVSX MOVZX MOVSXD	r,m	1	1	p23	2	0.5		
CMOVcc	r,r	1	1	p06	1	0.5		
CMOVcc	r,m	1	2	p06 p23		0.5	implicit lock	
XCHG	r,r	3	3	3p0156	2	1		
XCHG	r,m	8	8		23			
XLAT		3	4	p23 2p0156	7	1		
PUSH	r	1	2	p237 p4	3	1	not 64 bit	
PUSH	i	1	2	p237 p4		1		
PUSH	m	2	3	p4 2p237		1		
PUSH	stack pointer	2	3	p0156 p237 p4		1		
PUSHF(D/Q)		3	4	p1 p4 p237 p06		1		
PUSHA(D)		11	19			8		
POP	r	1	1	p23	2	0.5		
POP	stack pointer	3	3	p23 2p0156		3		
POP	m	2	3	2p237 p4		1		
POPF(D/Q)		9	9			20		
POPA(D)		18	18			8	not 64 bit	
LAHF SAHF		1	1	p06	1	1	not 64 bit	
SALC		3	3	3p0156	1	1		
LEA	r16,m	2	2	p1 p05	2-4	1		
LEA	r32/64,m	1	1	p15	1	0.5	1 or 2 components in address	
LEA	r32/64,m	1	1	p1	3	1	3 components in address	
LEA	r32/64,m	1	1	p1		1	rip relative address	
BSWAP	r32	1	1	p15	1	0.5		
BSWAP	r64	2	2	p06 p15	2	1		
MOVBE	r16,m16	3	3	2p0156 p23		0.5-1		
MOVBE	r32,m32	2	2	p15 p23		0.5		
MOVBE	r64,m64	3	3	2p0156 p23		0.75		
MOVBE	m16,r16	2	3	p06 p237 p4		1		
MOVBE	m32,r32	2	3	p15 p237 p4		1		
MOVBE	m64,r64	3	4	p06 p15 p237 p4		1		
PREFETCHNTA/0/1/2	m	1	1	p23		0.5		
PREFETCHW	m	1	1	p23		1		
LFENCE		2		none counted		4		
MFENCE		4	4	p23 p4		33		
SFENCE		2	2	p23 p4		6		
Arithmetic instructions								
ADD SUB	r,r/i	1	1	p0156	1	0.25		
ADD SUB	r,m	1	2	p0156 p23		0.5		
ADD SUB	m,r/i	2	4	2p0156 2p237 p4	5	1		
ADC SBB	r,r/i	1	1	p06	1	1		

SkylakeX

ADC SBB	r,m	1	2	p06 p23		1	
ADC SBB	m,r/i	4	6	3p0156 2p237 p4	5	2	
ADCX ADOX	r,r	1	1	p06	1	1	
CMP	r,r/i	1	1	p0156	1	0.25	
CMP	m,r/i	1	2	p0156 p23	1	0.5	
INC DEC NEG NOT	r	1	1	p0156	1	0.25	
INC DEC NOT	m	3	4	p0156 2p237 p4	5	1	
NEG	m	2	4	p0156 2p237 p4	5	1	
AAA		2	2	p1 p56	4		not 64 bit
AAS		2	2	p1 p056	4		not 64 bit
DAA DAS		3	3	p1 2p056	4		not 64 bit
AAD		3	3	p1 2p056	4		not 64 bit
AAM		11	11	p0 p1 p5 p6	23	7	not 64 bit
MUL IMUL	r8	1	1	p1	3	1	
MUL IMUL	r16	4	4	p1 p0156	4	2	
MUL IMUL	r32	3	3	p1 p0156	4	1	
MUL IMUL	r64	2	2	p1 p6	3	1	
MUL IMUL	m8	1	2	p1 p23		1	
MUL IMUL	m16	4	5	p1 3p0156 p23		2	
MUL IMUL	m32	3	4	p1 2p0156 p23		2	
MUL IMUL	m64	2	3	p1 p6 p23		1	
IMUL	r,r	1	1	p1	3	1	
IMUL	r,m	1	2	p1 p23		1	
IMUL	r16,r16,i	2	2	p1 p0156	4	1	
IMUL	r32,r32,i	1	1	p1	3	1	
IMUL	r64,r64,i	1	1	p1	3	1	
IMUL	r16,m16,i	2	3	p1 p0156 p23		1	
IMUL	r32,m32,i	1	2	p1 p23		1	
IMUL	r64,m64,i	1	2	p1 p23		1	
MULX	r32,r32,r32	3	3	p1 2p056	4	1	
MULX	r32,r32,m32	3	4	p1 2p056 p23		1	
MULX	r64,r64,r64	2	2	p1 p5	4	1	
MULX	r64,r64,m64	2	3	p1 p5 p23		1	
DIV	r8	10	10	p0 p1 p5 p6	23	6	
DIV	r16	10	10	p0 p1 p5 p6	23	6	
DIV	r32	10	10	p0 p1 p5 p6	26	6	
DIV	r64	36	36	p0 p1 p5 p6	35-88	21-83	
IDIV	r8	11	11	p0 p1 p5 p6	24	6	
IDIV	r16	10	10	p0 p1 p5 p6	23	6	
IDIV	r32	10	10	p0 p1 p5 p6	26	6	
IDIV	r64	57	57	p0 p1 p5 p6	42-95	24-90	
CBW		1	1	p0156	1	0.5	
CWDE		1	1	p0156	1	1	
CDQE		1	1	p0156	1	0.5	
CWD		2	2	p0156	1	1	
CDQ		1	1	p06	1	1	
CQO		1	1	p06	1	0.5	
POPCNT	r,r	1	1	p1	3	1	
POPCNT	r,m	1	2	p1 p23		1	
CRC32	r,r	1	1	p1	3	1	
CRC32	r,m	1	2	p1 p23		1	
Logic instructions							

SkylakeX

AND OR XOR	r,r/i	1	1	p0156	1	0.25	short form
AND OR XOR	r,m	1	2	p0156 p23		0.5	
AND OR XOR	m,r/i	2	4	2p0156 2p237 p4	5	1	
TEST	r,r/i	1	1	p0156	1	0.25	
TEST	m,r/i	1	2	p0156 p23	1	0.5	
SHR SHL SAR	r,i	1	1	p06	1	0.5	
SHR SHL SAR	m,i	3	4	2p06 p237 p4		2	
SHR SHL SAR	r,cl	3	3	3p06	2	2	
SHR SHL SAR	m,cl	5	6	3p06 2p23 p4		4	
ROR ROL	r,1	2	2	2p06	1	1	
ROR ROL	r,i	1	1	p06	1	0.5	
ROR ROL	m,i	4	5	2p06 2p237 p4		2	
ROR ROL	r,cl	3	3	3p06	2	2	
ROR ROL	m,cl	5	6	3p06 p23 p4		4	
RCR RCL	r,1	3	3	2p06 p0156	2	2	
RCR RCL	m,1	4	6			3	
RCR RCL	r,i	8	8	p0156	6	6	
RCR RCL	m,i	11	11			6	
RCR RCL	r,cl	8	8	p0156	6	6	
RCR RCL	m,cl	11	11			6	
SHRD SHLD	r,r,i	1	1	p1	3	1	
SHRD SHLD	m,r,i	3	5			2	
SHLD	r,r,cl	4	4	p0156	3	2	
SHRD	r,r,cl	4	4	p0156	4	2	
SHRD SHLD	m,r,cl	5	7			4	
SHLX SHR X SARX	r,r,r	1	1	p06	1	0.5	
SHLX SHR X SARX	r,m,r	2	2	p06 p23		0.5	
RORX	r,r,i	1	1	p06	1	0.5	
RORX	r,m,i	2	2	p06 p23		0.5	
BT	r,r/i	1	1	p06	1	0.5	
BT	m,r	10	10			5	
BT	m,i	2	2	p06 p23		0.5	
BTR BTS BTC	r,r/i	1	1	p06	1	0.5	
BTR BTS BTC	m,r	10	11			5	
BTR BTS BTC	m,i	3	4	p06 p4 p23		1	
BSF BSR	r,r	1	1	p1	3	1	
BSF BSR	r,m	1	2	p1 p23		1	
SETcc	r	1	1	p06	1	0.5	
SETcc	m	2	3	p06 p237 p4		1	
CLC		1	0	none		0.25	
STC		1	1	p0156		0.25	
CMC		1	1	p0156	1		
CLD STD		3	3	p15 p6		4	
LZCNT	r,r	1	1	p1	3	1	
LZCNT	r,m	1	2	p1 p23		1	
TZCNT	r,r	1	1	p1	3	1	
TZCNT	r,m	1	2	p1 p23		1	
ANDN	r,r,r	1	1	p15	1	0.5	
ANDN	r,r,m	1	2	p15 p23	1	0.5	
BLSI BLSMSK	r,r	1	1	p15	1	0.5	
BLSR							
BLSI BLSMSK	r,m	1	2	p15 p23		0.5	
BLSR							

SkylakeX

BEXTR	r,r,r	2	2	2p0156	2	0.5	
BEXTR	r,m,r	3	3	2p0156 p23		1	
BZHI	r,r,r	1	1	p15	1	0.5	
BZHI	r,m,r	1	2	p15 p23		0.5	
PDEP	r,r,r	1	1	p1	3	1	
PDEP	r,r,m	1	2	p1 p23		1	
PEXT	r,r,r	1	1	p1	3	1	
PEXT	r,r,m	1	2	p1 p23		1	
Control transfer instructions							
JMP	short/near	1	1	p6		1-2	
JMP	r	1	1	p6		2	
JMP	m	1	2	p23 p6		2	
Conditional jump	short/near	1	1	p6		1-2	predicted taken
Conditional jump	short/near	1	1	p06		0.5-1	predicted not taken
Fused arithmetic and branch		1	1	p6		1-2	predicted taken
Fused arithmetic and branch		1	1	p06		0.5-1	predicted not taken
J(E/R)CXZ	short	2	2	p0156 p6		0.5-2	
LOOP	short	7	7			4	
LOOP(N)E	short	10	10			6	
CALL	near	2	3	p237 p4 p6		3	
CALL	r	2	3	p237 p4 p6		3	
CALL	m	3	4	2p237 p4 p6		4	
RET		1	2	p237 p6		1	
RET	i		2			1	
BOUND	r,m	15	15			8	not 64 bit
INTO		5	5			6	not 64 bit
String instructions							
LODSB/W		3	3	2p0156 p23		1	
LODSD/Q		2	2	p0156 p23		1	
REP LODS		5n+12				~2n	
STOS		3	3	p23 p0156 p4		1	
REP STOS		<2n				~0.5n	worst case
REP STOS		2.6/32B				1/32B	best case aligned by 32
MOVS		5	5	2p23 p4 2p0156		4	
REP MOVS		~2n				< 1n	worst case
REP MOVS		4/32B				1/32B	best case aligned by 32
SCAS		3	3	p23 2p0156		1	
REP SCAS		≥8n				≥n	
CMPS		5	5	2p23 3p0156		4	
REP CMPS		≥8n				≥2n	
Synchronization instructions							
XADD	m,r	4	5			5	
LOCK XADD	m,r	9	9			18	
LOCK ADD	m,r	8	8			18	
CMPXCHG	m,r	5	6			5	
LOCK CMPXCHG	m,r	10	10			18	

SkyLakeX

CMPXCHG8B	m,r	16	16			11	
LOCK CMPXCHG8B	m,r	20	20			19	
CMPXCHG16B	m,r	23	23			16	
LOCK CMPXCHG16B	m,r	25	25			26	
Other							
NOP		1	0	none		0.25	
Long NOP		1	0	none		0.25	
PAUSE		4-6	4-6	p6			implementa- tions vary
ENTER	a,0	12	12			8	
ENTER	a,b	~14+7b	~45+7b		~87+2b		
LEAVE		3	3	2p0156 p23		4	
XGETBV		15	15			7	
CPUID		27-118				100-250	
RDTSC		20	20			25	
RDTSCP		22	22			32	
RDPMC		32-33	32-33			13-16	
RDRAND	r	16	16	p23 15p0156		~200	
RDSEED	r	16	16	p23 15p0156		~200	

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
FLD	r	1	1	p05	1	0.5	
FLD	m32/64	1	1	p23	3	0.5	
FLD	m80	4	4	2p01 2p23	4	2	
FBLD	m80	43	43		46	22	
FST(P)	r	1	1	p05	1	0.5	
FST(P)	m32/m64	1	2	p4 p237	3	1	
FSTP	m80	7	7	3p0156 2p23 2p4	4	5	
FBSTP	m80	244	226		264	266	
FXCH	r	2	0	none	0	0.5	
FILD	m	1	2	p05 p23	5	1	
FIST(P)	m	3	3	p5 p23 p4	7	1	
FISTTP	m	3	3	p1 p23 p4	7	2	
FLDZ		1	1	p05		1	
FLD1		2	2	2p05		2	
FLDPI FLDL2E etc.		2	2	2p05		2	
FCMOVcc	r	4	4	p0 p1 p56	3	2	
FNSTSW	AX	2	2	p0 p0156	6	1	
FNSTSW	m16	2	3	p0 p4 p237	6	1	
FLDCW	m16	3	3	p01 p23 p6	7	2	
FNSTCW	m16	2	3	p237 p4 p6	6	1	
FINCSTP FDECSTP		1	1	p05	0	0.5	
FFREE(P)	r	1	1	p05		0.5	
FNSAVE	m	133	133		176	176	
FRSTOR	m	89	89		175	175	
Arithmetic instructions							

SkylakeX

FADD(P)							
FSUB(R)(P)	r	1	1	p5	3	1	
FADD(P)							
FSUB(R)(P)	m	2	3	p5 p23		1	
FMUL(P)	r	1	1	p0	5	1	
FMUL(P)	m	2	3	p0 p23		1	
FDIV(R)(P)	r	1	1	p0	14-16	4-5	
FDIV(R)(P)	m	1	2	p0 p23		4-5	
FABS		1	1	p0	1	1	
FCHS		1	1	p0	1	1	
FCOM(P) FUCOM	r	1	1	p5	3	1	
FCOM(P) FUCOM	m	1	2	p5 p23		1	
FCOMPP FUCOMPP		2	2	p0 p5		1	
FCOMI(P)							
FUCOMI(P)	r	3	3	p5	4	1	
FIADD FISUB(R)	m	3	4	2p5 p23		2	
FIMUL	m	3	4	p0 p5 p23		1	
FIDIV(R)	m	2	3	p0 p5 p23			
FICOM(P)	m	2	3	2p5 p23		2	
FTST		1	1	p5	3	1	
FXAM		2	2	2p5	6	2	
FPREM		31	31		26-30	17	
FPREM1		31	31		30-57	17	
FRNDINT		17	17		21	11	
Math							
FSCALE		27	27		11	11	
FEXTRACT		17	17		11	11	
FSQRT		1	1	p0	14-21	4-7	
FSIN		53-105			50-120		
FCOS		53-105			50-130		
FSINCOS		55-120			55-150		
F2XM1		16-90			65-80		
FYL2X		40-100			103		
FYL2XP1		56			77		
FPTAN		40-112			140-160		
FPATAN		30-160			100-160		
Other							
FNOP		1	1	p05		0.5	
WAIT		2	2	p05		1	
FNCLEX		5	5	p156		22	
FNINIT		18	18			78	

Integer vector instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVD	r32/64,mm/x	1	1	p0	2	1	
MOVD	m32/64,mm/x	1	2	p237 p4	3	1	
MOVD	mm/x,r32/64	1	1	p5	2	1	

SkylakeX

MOVD	mm/x,m32/64	1	1	p23	2	0.5	
MOVQ	r64,mm/x	1	1	p0	2	1	
MOVQ	mm/x,r64	1	1	p5	2	1	
MOVQ	mm,mm	1		p05	1	0.5	
MOVQ	x,x	1		p015	1	0.33	
MOVQ	mm/x,m64	1	1	p23	2	0.5	
MOVQ	m64, mm/x	1	2	p237 p4	3	1	
MOVDQA/U	x,x	1	1	p015	0-1	0.25	may eliminate
MOVDQA/U	x, m128	1	1	p23	2	0.5	
MOVDQA/U	m128, x	1	2	p237 p4	3	1	
VMOVDQA/U	y,y	1	2	p015	0-1	0.25	may eliminate
VMOVDQA/U	z,z	1	1	p05	0-1	0.33	may eliminate
VMOVDQA32/64	xy{k},xy	1	1	p015	1	0.33	
VMOVDQA32/64	z{k},z	1	1	p05	1	0.5	
VMOVDQA/U/32/64	yz,m	1	1	p23	3	0.5	
VMOVDQA/U	/8/16/32/64	1	2	p05 p23	4	0.5	
VMOVDQA/U/32/64	m,v	1	2	p237 p4	3	1	
VMOVDQA/U	/8/16/32/64	1	2		14	1	
LDDQU	x, m128	1	1	p23	3	0.5	
MOVDQ2Q	mm, x	2	2	p0 p5	2	1	
MOVQ2DQ	x,mm	2	2	p0 p15	2	1	
MOVNTQ	m64,mm	1	2	p237 p4	~600	1	
MOVNTDQ	m128,x	1	2	p237 p4	~700	1	
VMOVNTDQ	m256,y	1	2	p237 p4	~700	1	
MOVNTDQA	v,m	2	2	p23 p015	3	0.5	
PACKSSWB/DW							
PACKUSWB	mm,mm	3	3	p5	2	2	
PACKSSWB/DW							
PACKUSWB	mm,m64	3	3	p23 2p5		2	
PACKSSWB/DW							
PACKUSWB	x,x / v,v,v	1	1	p5	1	1	
PACKSSWB/DW							
PACKUSWB	x,m / y,y,m	1	2	p23 p5		1	
PACKUSDW	x,x / v,v,v	1	1	p5	1	1	
PACKUSDW	x,m / v,v,m	1	2	p23 p5		1	
PUNPCKH/L							
BW/WD/DQ	v,v / v,v,v	1	1	p5	1	1	
PUNPCKH/L							
BW/WD/DQ	v,m / v,v,m	1	2	p23 p5		1	
PUNPCKH/L							
QDQ	x,x / y,y,y	1	1	p5	1	1	
PUNPCKH/L							
QDQ	x,m / y,y,m	1	2	p23 p5		1	
PMOVSX/ZX BW BD							
BQ DW DQ	x,x	1	1	p5	1	1	
PMOVSX/ZX BW BD							
BQ DW DQ	x,m	1	2	p23 p5		1	
VPMOVSX/ZX BW BD							
BQ DW DQ	y,x	1	1	p5	3	1	
VPMOVSX/ZX BW BD							
BQ DW DQ	z,xy	1	1	p5	3	1	

SkylakeX

VPMOVSWB/DB/QB/ DW/QW/QD	y,m	2	2	p5 p23		1
WPMOVSWB/DB/QB/ DW/QW/QD						
WPMOVUSWB/DB/QB/ /DW/QW/QD	v,v	2	2	2p5	4	2
PSHUFB	mm,mm	3	3	p0 p5	3	1
PSHUFB	x,x / v,v,v	1	1	p5	1	1
PSHUFB	v,m / v,v,m	2	2	p23 p5		1
PSHUFW	mm,mm,i	1	1	p5	1	1
PSHUFW	mm,m64,i	2	2	p23 p5		1
PSHUFD	v,v,i	1	1	p5	1	1
PSHUFD	v,m,i	1-2	2	p23 p5		1
PSHUFL/HW	v,v,i	1	1	p5	1	1
PSHUFL/HW	v,m,i	2	2	p23 p5		1
VSHUFI32X4	v,v,v,i	1	1	p5	3	1
VSHUFI64X2	v,v,v,i	1	1	p5	3	1
PALIGNR	v,v,i / v,v,v,i	1	1	p5	1	1
PALIGNR	v,m,i / v,v,m,i	2	2	p23 p5		1
VALIGND/Q	v,v,v,i	1	1	p5	3	1
VALIGND/Q	v,v,m,i	2	2	p23 p5		1
PBLENDVB	x,x,xmm0	1	1	p015	1	0.5
PBLENDVB	x,m,xmm0	2	2	p015 p23		1
VPBLENDVB	v,v,v,v	2	2	2p015	2	1
VPBLENDVB	v,v,m,v	3	3	2p015 p23		2
PBLENDW	x,x,i / v,v,v,i	1	1	p5	1	1
PBLENDW	x,m,i / v,v,m,i	2	2	p23 p5		1
VPBLEND	v,v,v,i	1	1	p015	1	0.33
VPBLEND/Q	v,v,m,i	2	2	p015 p23		0.5
VPBLENDMB/W	v{k},v,v	1	1	p05	3	0.5
VPBLENDMD/Q	v{k},v,v	1	1	p05	1-2	0.5
VPERMW	v,v,v	2	2	p5	4	2
VPERMW	v,v,m	3	3			2
VPERMD	y,y,y	1	1	p5	3	1
VPERMD	y,y,m	1	2	p5 p23		1
VPERMQ	v,v,i	1	1	p5	3	1
VPERMQ	v,m,i	2	2	p5 p23		1
VPERMQ	v,v,v	1	1	p5	3	1
VPERMQ	v,v,m	1	2	p5 p23		1
VPERM2128	y,y,y,i	1	1	p5	3	1
VPERM2128	y,y,m,i	2	2	p5 p23		1
VPERM2W	v,v,v	3	3	p01 2p5	7	2
VPERM2D	v,v,v	1	1	p5	3	1
VPERM2Q	v,v,v	1	1	p5	3	1
VPERMT2W	v,v,v	3	3	p01 2p5	6	2
VPERMT2D	v,v,v	1	1	p5	3	1
VPERMT2Q	v,v,v	1	1	p5	3	1
MASKMOVQ	mm,mm	4	4	p0 p4 2p23	~300	2
MASKMOVDQU	x,x	10	10	4p04 2p56 4p23	300-800	6
VPMASKMOVD/Q	v,v,m	2	2	p23 p015	4	0.5
VPMASKMOVD/Q	m,v,v	3	3	p0 p4 p23	4	1
PMOVMSKB	r,v	1	1	p0	2-3	1

SkylakeX

PEXTRB/W/D/Q	r,x,i	2	2	p0 p5	3	1
PEXTRB/W/D/Q	m,x,i	2	3	p23 p4 p5		1
VEXTRACTI128	x,y,i	1	1	p5	3	1
VEXTRACTI128	m,y,i	2	2	p23 p4	4	1
PINSRB	x,r32,i	2	2	2p5	3	2
PINSRB	x,m8,i	2	2	p23 p5		1
PINSRW	mm/x,r32,i	2	2	p5	3	2
PINSRW	mm/x,m16,i	2	2	p23 p5		1
PINSRD/Q	x,r,i	2	2	2p5	3	2
PINSRD/Q	x,m,i	2	2	p23 p5		1
VINSERTI128	y,y,x,i	1	1	p5	3	1
VINSERTI128	y,y,m,i	2	2	p015 p23	4-5	0.5
VINSERTI32x4	z,z,x,i	1	1	p5	3	1
VINSERTI32x4	z,z,m,i	1	2	p05 p23	4-5	0.5
VINSERTI64x4	z,z,y,i	1	1	p5	3	1
VINSERTI64x4	z,z,m,i	1	2	p05 p23	4-5	0.5
VPBROADCAST B/W/D/Q	x,x	1	1	p5	1	1
VPBROADCAST B/W	v,m	2	2	p23 p5		1
VPBROADCAST D/Q	v,m	1	1	p23		0.5
VPBROADCAST B/W/D/Q	v,x	1	1	p5	3	1
VBROADCASTI128	y,m128	1	1	p23	3	0.5
VBROADCASTI32X2	z,x,i	1	1	p5	3	1
VBROADCASTI32X4/I64x2	z,m128,i	1	1	p23	4	0.5
VBROADCASTI32X8/I64x4	z,m256,i	1	1	p23	4	0.5
VPCOMPRESSD/Q	v{k},v	2	2	p5	3	2
VPEXPANDD/Q	v{k},v	2	2	p5	3	2
VPGATHERDD	x,[r+s*x],x	4	4	p0 p1 p23 p5		4
VPGATHERDD	y,[r+s*y],y	4	4	p0 p1 p23 p5		5
VPGATHERDQ	x,[r+s*x],x	4	5	p0 p1 p23 p5		2
VPGATHERDQ	y,[r+s*x],y	4	4	p0 p1 p23 p5		4
VPGATHERQD	x,[r+s*x],x	4	5	p0 p1 p23 p5		2
VPGATHERQD	x,[r+s*y],x	4	4	p0 p1 p23 p5		4
VPGATHERQQ	x,[r+s*x],x	4	5	p0 p1 p23 p5		2
VPGATHERQQ	y,[r+s*y],y	4	4	p0 p1 p23 p5		4
VPGATHERDD	x{k},[r+s*x]	4	4	p0 p1 p23 p5		4
VPGATHERDD	y{k},[r+s*y]	4	4	p0 p1 p23 p5		5
VPGATHERDD	z{k},[r+s*z]	4	4	p0 p1 p23 p5		9
VPGATHERDQ	x{k},[r+s*x]	4	5	p0 p1 p23 p5		3
VPGATHERDQ	y{k},[r+s*x]	4	4	p0 p1 p23 p5		4
VPGATHERDQ	z{k},[r+s*y]	4	4	p0 p1 p23 p5		5
VPGATHERQD	x{k},[r+s*x]	4	5	p0 p1 p23 p5		3
VPGATHERQD	x{k},[r+s*y]	4	4	p0 p1 p23 p5		4
VPGATHERQD	y{k},[r+s*z]	4	4	p0 p1 p23 p5		5
VPGATHERQQ	x{k},[r+s*x]	4	5	p0 p1 p23 p5		3
VPGATHERQQ	y{k},[r+s*y]	4	4	p0 p1 p23 p5		4
VPGATHERQQ	z{k},[r+s*z]	4	4	p0 p1 p23 p5		5
VPSCATTERDD	[r+s*x]{k},x	19	19			10
VPSCATTERDD	[r+s*y]{k},y	27	27			12
VPSCATTERDD	[r+s*z]{k},z	43	43			17
VPSCATTERDQ	[r+s*x]{k},x	15	15			9

SkylakeX

VPSCATTERDQ	[r+s*x]{k},y	19	19			10
VPSCATTERDQ	[r+s*y]{k},z	27	27			12
VPSCATTERQD	[r+s*x]{k},x	15	15			9
VPSCATTERQD	[r+s*y]{k},x	19	19			10
VPSCATTERQD	[r+s*z]{k},y	27	27			12
VPSCATTERQQ	[r+s*x]{k},x	15	15			9
VPSCATTERQQ	[r+s*y]{k},y	19	9			10
VPSCATTERQQ	[r+s*z]{k},z	27	27			12
Arithmetic instructions						
PADD/SUB(S,US) B/ W/D/Q	mm,mm	1	1	p05	1	0.5
PADD/SUB(S,US) B/ W/D/Q	x,x / xy,xy,xy	1	1	p015	1	0.33
PADD/SUB(S,US) B/ W/D/Q	z,z,z	1	1	p05	1	0.5
PADD/SUB(S,US) B/ W/D/Q	v,m / v,v,m	1	2	p015 p23		0.5
PHADD(S)W/D	v,v / v,v,v	3	3	p01 2p5	3	2
PHSUB(S)W/D	v,m / v,v,m	4	4	p01 2p5 p23		2
PCMPEQB/W/D	mm,mm	1	1	p0	1	1
PCMPGTB/W/D	x,x / y,y,y	1	1	p01	1	0.5
PCMPEQB/W/D	x,m / y,y,m	1	2	p01 p23		0.5
PCMPGTB/W/D	v,v / v,v,v	1	1	p01	1	0.5
PCMPEQQ	v,m / v,v,m	1	2	p01 p23		0.5
PCMPGTQ	v,v / v,v,v	1	1	p5	3	1
PCMPGTQ	v,m / v,v,m	1	2	p5 p23		1
VPCMP..B/W/D/Q	k{k},v,v	1	1	p5	3	1
PMULL/HW	mm,mm	1	1	p0	5	1
PMULHUW	x,x / y,y,y	1	1	p01	5	0.5
VPMULL/HW	z,z,z	1	1	p0	5	1
PMULL/HW	x,m / xy,xy,m	1	2	p01 p23		0.5
PMULLQ	v,v,v	3	3	p01	15	1.5-3
PMULHRSW	mm,mm	1	1	p0	5	1
PMULHRSW	x,x / y,y,y	1	1	p01	5	0.5
PMULHRSW	x,m / y,y,m	1	2	p01 p23		0.5
PMULLD	x,x / y,y,y	2	2	2p01	10	1
PMULLD	z,z,z	2	2	2p0	10	2
PMULLD	x,m / y,y,m	3	3	2p01 p23		1
PMULDQ	x,x / y,y,y	1	1	p01	5	0.5
PMULDQ	z,z,z	2	2	2p0	10	2
PMULDQ	x,m / y,y,m	1	2	p01 p23		0.5
PMULUDQ	mm,mm	1	1	p0	5	1
PMULUDQ	x,x / y,y,y	1	1	p01	5	0.5
PMULUDQ	z,z,z	1	1	p0	5	1

SkylakeX

PMULUDQ	x,m / y,y,m	1	2	p01 p23		0.5
PMADDWD	mm,mm	1	1	p0	5	1
PMADDWD	x,x / y,y,y	1	1	p01	5	0.5
PMADDWD	z,z,z	1	1	p0	5	1
PMADDWD	x,m / y,y,m	1	2	p01 p23		0.5
PMADDUBSW	mm,mm	1	1	p0	5	1
PMADDUBSW	x,x / y,y,y	1	1	p01	5	0.5
PMADDUBSW	z,z,z	1	1	p0	5	1
PMADDUBSW	x,m / y,y,m	1	2	p01 p23		0.5
PAVGB/W	mm,mm	1	1	p0	1	1
PAVGB/W	x,x / y,y,y	1	1	p01	1	0.5
PAVGB/W	z,z,z	1	1	p0	1	1
PAVGB/W	x,m / y,y,m	1	2	p01 p23		0.5
PMIN/PMAX SB/SW/SD UB/UW/UD	mm,mm	1	1	p0	1	1
PMIN/PMAX SB/SW/SD UB/UW/UD	x,x / y,y,y	1	1	p01	1	0.5
PMIN/PMAX SB/SW/SD UB/UW/UD	z,z,z	1	1	p0	1	1
PMIN/PMAX SB/SW/SD UB/UW/UD	x,m / y,y,m	1	2	p01 p23		0.5
PHMINPOSUW	x,x	1	1	p0	4	1
PHMINPOSUW	x,m128	1	2	p0 p23		1
PABSB/W/D	mm,mm	1	1	p0	1	1
PABSB/W/D	x,x / y,y	1	1	p01	1	0.5
PABSB/W/D	z,z,z	1	1	p0	1	1
PABSB/W/D	x,m / y,m	1	2	p01 p23		0.5
PSIGNB/W/D	mm,mm	1	1	p0	1	1
PSIGNB/W/D	x,x / y,y,y	1	1	p01	1	0.5
PSIGNB/W/D	x,m / y,y,m	1	2	p01 p23		0.5
PSADBW	v,v / v,v,v	1	1	p5	3	1
PSADBW	v,m / v,v,m	1	2	p5 p23		1
MPSADBW	x,x,i / v,v,v,i	2	2	2p5	4	2
MPSADBW	x,m,i / v,v,m,i	3	3	2p5 p23		2
Logic instructions						
PAND PANDN POR PXOR	mm,mm	1	1	p05	1	0.5
PAND PANDN POR PXOR	x,x / y,y,y	1	1	p015	1	0.33
PAND PANDN POR PXOR	z,z,z	1	1	p05	1	0.5
PAND PANDN POR PXOR	v,m / v,v,m	1	2	p015 p23		0.5
PTEST	v,v	2	2	p0 p5	3	1
PTEST	v,m	2	3	p0 p5 p23		1
VPTESTMB/W/D/Q VPTESTNMB/W/D/Q	k,v,v	1	1		3	1
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	mm,mm	1	1	p0	1	1

SkylakeX

PSLLW/D/Q						
PSRLW/D/Q						
PSRAW/D/Q	x,x / v,v,x	2	2	p01 p5	1	1
PSLLW/D/Q						
PSRLW/D/Q						
PSRAW/D/Q	x,m / v,v,m	2	2	p01 p23		0.5
PSLLW/D/Q						
PSRLW/D/Q						
PSRAW/D/Q	mm,i	1	1	p0	1	1
PSLLW/D/Q						
PSRLW/D/Q						
PSRAW/D/Q	x,i / y,y,i	1	1	p01	1	0.5
VPSLLW/D/Q						
VPSRLW/D/Q						
VPSRAW/D/Q	z,z,i	1	1	p0	1	
VPSLLW/D/Q						
VPSRLW/D/Q						
VPSRAW/D/Q	v,v,x	2	2	p01/05	2	1
VPSLLVD/Q						
VPSRAVD						
VPSRLVD/Q	xy,xy,xy	1	1	p01	1	0.5
VPSLLVW/D/Q						
VPSRAVW/D/Q						
VPSRLVW/D/Q	z,z,z	1	1	p0	1	1
PSLLDQ						
PSRLDQ	x,i / v,v,i	1	1	p5	1	1
VPROL/RD/Q	xy,xy,i	1	1	p01	1	0.5
VPROL/RD/Q	z,z,i	1	1	p0	1	1
VPROL/RVD/Q	xy,xy,xy	1	1	p01	1	0.5
VPROL/RVD/Q	z,z,z	1	1	p0	1	1
VPLZCNTD/Q	xy,xy	1	1	p01	4	0.5
VPLZCNTD/Q	v,v	1	1	p0	4	1
VPTERNLOGD/Q	v,v,v	1	1	p05	1	0.5
VPCONFLICTD	x,x	15	15	p01 p5	12	7
VPCONFLICTD	y,y	22	22	p01 p5	17	10
VPCONFLICTD	z,z	37	37	p0 p5	26	20
VPCONFLICTQ	x,x	3	3	p01 p5	4	2
VPCONFLICTQ	y,y	15	15	p01 p5	13	7
VPCONFLICTQ	z,z	22	22	p0 p5	17	12
String instructions						
PCMPESTRI	x,x,i	8	8	6p05 2p16	12	4
PCMPESTRI	x,m128,i	8	8			4
PCMPESTRM	x,x,i	9	9	3p0 2p16 4p5	9	5
PCMPESTRM	x,m128,i	9	9			5
PCMPISTRI	x,x,i	3	3	3p0	10	3
PCMPISTRI	x,m128,i	4	4			3
PCMPISTRM	x,x,i	3	3	3p0	9	3
PCMPISTRM	x,m128,i	4	4			3
Encryption instructions						
PCLMULQDQ	x,x,i	1	1	p5	7	1
PCLMULQDQ	x,m,i	2	2	p5 p23		1

SkylakeX

AESDEC, AESDECLAST, AESENC, AESENCLAST	x,x	1	1	p0	4	1	
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,m	2	2	p0 p23		1	
AESIMC	x,x	2	2	2p0	8	2	
AESIMC	x,m	3	3	2p0 p23		2	
AESKEYGENASSIST	x,x,i	13	13	p0 p5	12	12	
AESKEYGENASSIST	x,m,i	13	13			12	
Other							
EMMS		10	10	p05		6	

Floating point vector instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal through put	Comments
Move instructions							
MOVAPS/D	x,x	1	1	p015	0-1	0.25	may eliminate may eliminate may eliminate
VMOVAPS/D	y,y	1	1	p015	0-1	0.25	
VMOVAPS/D	z,z	1	1	p05	0-1	0.33	
MOVAPS/D							
MOVUPS/D	x,m128	1	1	p23	2	0.5	
VMOVAPS/D							
VMOVUPS/D	v,m	1	1	p23	3	0.5	
MOVAPS/D							
MOVUPS/D	m128,x	1	2	p237 p4	3	1	
VMOVAPS/D							
VMOVUPS/D	m256,y	1	2	p237 p4	3	1	
MOVSS/D	x,x	1	1	p5	1	1	
MOVSS/D	x,m32/64	1	1	p23	2	0.5	
MOVSS/D	m32/64,x	1	2	p237 p4	3	1	
MOVHPS/D	x,m64	1	2	p23 p5	4	1	
MOVHPS/D	m64,x	1	2	p4 p237	3	1	
MOVLPS/D	x,m64	1	2	p23 p5	4	1	
MOVLPS/D	m64,x	1	2	p4 p237	3	1	
MOVHLPs	x,x	1	1	p5	1	1	
MOVLHPs	x,x	1	1	p5	1	1	
MOVMSKPS/D	r32,x	1	1	p0	2	1	
VMOVMSKPS/D	r32,y	1	1	p0	3	1	
MOVNTPS/D	m128,x	1	2	p4 p237	~400	1	
VMOVNTPS/D	m256,y	1	2	p4 p237	~400	1	
SHUFFPS/D	x,x,i / v,v,v,i	1	1	p5	1	1	
SHUFFPS/D	x,m,i / v,v,m,i	2	2	p5 p23		1	
VSHUFF32X4	v,v,v,i	1	1	p5	3	1	
VSHUFF64X2	v,v,v,i	1	1	p5	3	1	
VPERMILPS/PD	v,v,i	1	1	p5	1	1	
VPERMILPS/PD	v,m,i	2	2	p5 p23		1	

SkylakeX

VPERMILPS/PD	v,v,v	1	1	p5	1	1
VPERMILPS/PD	v,v,m	2	2	p5 p23		1
VPERM2F128	y,y,y,i	1	1	p5	3	1
VPERM2F128	y,y,m,i	2	2	p5 p23		1
VPERMPS	v,v,v	1	1	p5	3	1
VPERMPS	y,y,m	1	2	p5 p23		1
VPERMPD	y,y,i	1	1	p5	3	1
VPERMPD	y,m,i	2	2	p5 p23		1
VPERMI2PS/PD	v,v,v	1	1	p5	3	1
VPERMT2PS/PD	v,v,v	1	1	p5	3	1
BLENDPS/PD	x,x,i / v,v,v,i	1	1	p015	1	0.33-0.5
BLENDPS/PD	x,m,i / v,v,m,i	2	2	p015 p23		0.5
BLENDVPS/PD	x,x,xmm0	1	1	p015	1	1
BLENDVPS/PD	x,m,xmm0	2	2	p015 p23		1
VBLENDVPS/PD	v,v,v,v	2	2	2p015	2	1
VBLENDVPS/PD	v,v,m,v	3	3	2p015 p23		1
VBLENDMPS/PD	v{k},v,v	1	1	p05	1	0.5
MOVDDUP	v,v	1	1	p5	1	1
MOVDDUP	v,m	1	1	p23	3	0.5
VBROADCASTSS	x,m32	1	1	p23	2	0.5
VBROADCASTSS	y,m32	1	1	p23	3	0.5
VBROADCASTSS	z,m32	1	1	p23	4	0.5
VBROADCASTSS	x,x	1	1	p5	1	1
VBROADCASTSS	v,x	1	1	p5	3	1
VBROADCASTSD	y,m64	1	1	p23	3	0.5
VBROADCASTSD	z,m64	1	1	p23	4	0.5
VBROADCASTSD	v,x	1	1	p5	3	1
VBROADCASTF128	y,m128	1	1	p23	3	0.5
MOVSH/LDUP	v,v	1	1	p5	1	1
MOVSH/LDUP	v,m	1	1	p23	3-4	0.5
UNPCKH/LPS/D	x,x / v,v,v	1	1	p5	1	1
UNPCKH/LPS/D	x,m / v,v,m	1	2	p5 p23		1
EXTRACTPS	r32,x,i	2	2	p0 p5	3	1
EXTRACTPS	m32,x,i	2	3	p4 p5 p23	5	1
VEEXTRACTF128	x,y,i	1	1	p5	3	1
VEEXTRACTF128	m128,y,i	2	2	p23 p4	5	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	x,z,i	1	1	p5	3	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	m128,z,i	2	2	p23 p4	3	1
INSERTPS	x,x,i	1	1	p5	1	1
INSERTPS	x,m32,i	2	2	p23 p5	4	1
VINSERTF128	y,y,x,i	1	1	p5	3	1
VINSERTF128	y,y,m128,i	2	2	p015 p23	5	0.5
VEEXTRACTF32X4						
VEEXTRACTF64X2	z,z,x,i	1	1	p5	3	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	z,z,m128,i	2	2	p05 p23	5	0.5
VMASKMOVPS/D	v,v,m	2	2	p015 p23	3	0.5
VMASKMOVPS/D	m,xy,xy	3	3	p0 p4 p23	13	1
VCOMPRESPS/PD	v{k},v	2	2	p5	3	2
VEXPANDPS/PD	v{k},v	2	2	p5	3	2
VGATHERDPS	x,[r+s*x],x	4	4	p0 p1 p23 p5	12	4
VGATHERDPS	y,[r+s*y],y	4	4	p0 p1 p23 p5	13	5

SkylakeX

VGATHERQPS	x,[r+s*x],x	4	5	p0 p1 p23 p5		2
VGATHERQPS	x,[r+s*y],x	4	4	p0 p1 p23 p5		4
VGATHERDPD	x,[r+s*x],x	4	5	p0 p1 p23 p5		2
VGATHERDPD	y,[r+s*x],y	4	4	p0 p1 p23 p5		4
VGATHERQPD	x,[r+s*x],x	4	4	p0 p1 p23 p5		2
VGATHERQPD	y,[r+s*y],y	4	4	p0 p1 p23 p5		4
VGATHERDPS	x{k},[r+s*x]	4	4	p0 p1 p23 p5		4
VGATHERDPS	y{k},[r+s*y]	4	4	p0 p1 p23 p5		5
VGATHERDPS	z{k},[r+s*z]	4	4	p0 p1 p23 p5		9
VGATHERDPD	x{k},[r+s*x]	4	5	p0 p1 p23 p5		3
VGATHERDPD	y{k},[r+s*x]	4	4	p0 p1 p23 p5		4
VGATHERDPD	z{k},[r+s*y]	4	4	p0 p1 p23 p5		5
VGATHERQPS	x{k},[r+s*x]	4	5	p0 p1 p23 p5		3
VGATHERQPS	x{k},[r+s*y]	4	4	p0 p1 p23 p5		4
VGATHERQPS	y{k},[r+s*z]	4	4	p0 p1 p23 p5		5
VGATHERQPD	x{k},[r+s*x]	4	5	p0 p1 p23 p5		3
VGATHERQPD	y{k},[r+s*y]	4	4	p0 p1 p23 p5		4
VGATHERQPD	z{k},[r+s*z]	4	4	p0 p1 p23 p5		5
VSCATTERDPS	[r+s*x]{k},x	19	19		17-20	10
VSCATTERDPS	[r+s*y]{k},y	27	27			12
VSCATTERDPS	[r+s*z]{k},z	43	43			17
VSCATTERDPD	[r+s*x]{k},x	15	15			9
VSCATTERDPD	[r+s*x]{k},y	19	19			10
VSCATTERDPD	[r+s*y]{k},z	27	27			12
VSCATTERQPS	[r+s*x]{k},x	15	15			9
VSCATTERQPS	[r+s*y]{k},y	19	19			10
VSCATTERQPS	[r+s*z]{k},z	27	27			12
VSCATTERQPD	[r+s*x]{k},x	15	15			9
VSCATTERQPD	[r+s*y]{k},y	19	9			10
VSCATTERQPD	[r+s*z]{k},z	27	27			12
Conversion						
CVTPD2PS	x,x	2	2	p01 p5	5	1
VCVTPD2PS	x,y / y,z	2	2	p01 p5	7	1
CVTPS2PD	x,x	2	2	p01 p5	5	1
VCVTPS2PD	y,x / z,y	2	2	p01 p5	7	1
CVTSS2SD	x,x	2	2	p01 p5	5	2
CVTSD2SS	x,x	2	2	p01 p5	5	1
CVT(T) PS2DQ	x,x	1	1	p01	4	0.5
VCVT(T) PS2DQ	y,y	1	1	p01	4	0.5
VCVT(T) PS2DQ	z,z	1	1	p05	4	0.5
CVTDQ2PS	x,x	1	1	p01	4	0.5
VCVTDQ2PS	y,y	1	1	p01	4	0.5
VCVTDQ2PS	z,z	1	1	p05	4	0.5
VCVT(T)PS2QQ	v,v	2	2	p01 p5	7	1
VCVTQQ2PS	v,v	2	2	p01 p5	7	1
VCVT(T)PS2UDQ	v,v	1	1	p01	4	0.5-1
VCVTUDQ2PS	v,v	1	1	p01	4	0.5-1
VCVT(T)PS2UQQ	v,v	2	2	p01 p5	7	1
VCVTUQQ2PS	v,v	2	2	p01 p5	7	1
CVT(T)PS2PI	mm,x	2	2	p0 p5	7	1
CVTPI2PS	x,mm	2	2	p0 p1	6	2
CVT(T)SS2SI	r32,x	2	2	2p01	6	1

SkylakeX

CVT(T)SS2SI	r64,x	3	3	2p01 p5	7	1
CVT(T)SS2SI	r32,m32	3	3	2p01 p23		1
CVTSI2SS	x,r32	2	2	p01 p5	6	2
CVTSI2SS	x,r64	3	3	p01 2p5	7	2
CVTSI2SS	x,m32	1	2	p1 p23		3
CVT(T)SS2USI	r32,x	2	2	2p01	6	1
VCVTPS2PH	x,v,i	2	2	p01 p5	5-7	1
VCVTPS2PH	y,z,i	2	2	p0 p5	5-7	1
VCVTPH2PS	v,x	2	2	p01 p5	5-7	1
VCVTPH2PS	z,y	2	2	p0 p5	5-7	1
CVT(T)PD2DQ	x,x	2	2	p01 p5	5	1
VCVT(T)PD2DQ	x,y	2	2	p01 p5	7	1
VCVT(T)PD2DQ	y,z	2	2	p0 p5	7	1
CVTDQ2PD	x,x	2	2	p01 p5	5	1
VCVTDQ2PD	y,x	2	2	p01 p5	7	1
VCVTDQ2PD	z,y	2	2	p0 p5	7	1
VCVT(T)PD2QQ	v,v	1	1	p01	4	0.5-1
VCVTQQ2PD	v,v	1	1	p01	4	0.5-1
VCVT(T)PD2UDQ	x,x	2	2	p01 p5	5	1
VCVT(T)PD2UDQ	x,y	2	2	p01 p5	7	1
VCVT(T)PD2UDQ	y,z	2	2	p0 p5	7	1
VCVTUDQ2PD	x,x	2	2	p01 p5	5	1
VCVTUDQ2PD	y,x	2	2	p01 p5	7	1
VCVTUDQ2PD	z,y	2	2	p0 p5	7	1
VCVT(T)PD2UQQ	v,v	1	1	p01	4	0.5-1
VCVTUQQ2PD	v,v	1	1	p01	4	0.5-1
CVT(T) PD2PI	mm,x	2	2	p01 p5	5	1
CVTPI2PD	x,mm	2	2	p01 p5	5	1
CVT(T)SD2SI	r32/64,x	2	2	p0 p1	6	1
CVTSI2SD	x,r32/64	2	2	p01 p5	6	2
CVT(T)SD2USI	r32/64,x	2	2	p0 p1	6	1
CVTUSI2SD	x,r32/64	2	2	p01 p5	6	1
Arithmetic						
ADDSS/D PS/D						
SUBSS/D PS/D	x,x / y,y,y	1	1	p01	4	0.5
VADDPS/D						
VSUBPS/D	z,z,z	1	1	p05	4	0.5-1
ADDSS/D PS/D						
SUBSS/D PS/D	x,m / v,v,m	1	2	p01/05 p23		0.5-1
ADDPS/D	x,x / v,v,v	1	1	p01/05	4	0.5-1
ADDPS/D	x,m / v,v,m	1	2	p01/05 p23		0.5-1
HADDPS/D						
HSUBPS/D	x,x / v,v,v	3	3	p01 2p5	6	2
HADDPS/D						
HSUBPS/D	x,m / v,v,m	4	4	p1 2p5 p23		2
MULSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5-1
VMULPS/D	z,z,z	1	1	p05	4	0.5-1
MULSS/D PS/D	x,m / v,v,m	1	2	p01/05 p23		0.5-1
DIVSS	x,x	1	1	p0	11	3
DIVPS	x,x	1	1	p0	11	3
DIVSS DIVPS	x,m	1	2	p0 p23		3-5
DIVSD	x,x	1	1	p0	13-14	4
DIVPD	x,x	1	1	p0	13-14	4

SkylakeX

DIVSD DIVPD	x,m	1	2	p0 p23		4
VDIVPS	y,y,y	1	1	p0	11	5
VDIVPS	z,z,z	3	3	2p0 p5	18	10
VDIVPS	y,y,m256	1	2	p0 p23		5
VDIVPD	y,y,y	1	1	p0	13-14	8
VDIVPD	z,z,z	3	3	2p0 p5	24	16
VDIVPD	y,y,m256	4	4	p0 p23		8
RCPSS/PS	v,v	1	1	p0	4	1
RCPSS/PS	v,m	1	2	p0 p23		1
VRCP14SS/PS	xy,xy	1	1	p0	4	1
VRCP14SS/PS	z,z	3	3	2p0 p5	7	2
CMPccSS/D						
CMPccPS/D	x,x / v,v,v	1	1	p01	4	0.5
CMPccSS/D						
CMPccPS/D	x,m / v,v,m	2	2	p01 p23		0.5
VCMPPS/PD	k,v,v	1	1		3	1
(U)COMISS/D	x,x	1	1	p0	2	1
(U)COMISS/D	x,m32/64	2	2	p0 p23		1
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x / v,v,v	1	1	p01/05	4	0.5-1
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,m / v,v,m	1	2	p01/05 p23		0.5-1
VRANGESS/SD/PS/PD	v,v,v	1	1	p01	4	0.5-1
ROUNDSS/SD/PS/PD	v,v,i	2	2	2p01	8	1
ROUNDSS/SD/PS/PD	v,m,i	3	3	2p01 p23		1
VRNDSCALE						
SS/PS/SD/PD	v,v,v,i	2	2	2p01/05	8	1
VREDUCE						
SS/PS/SD/PD	v,v,v,i	1	1	p01	4	0.5-1
DPPS	x,x,i / v,v,v,i	4	4	3p01 p5	13	2
DPPS	x,m,i / v,v,m,i	6	6	3p01 p23 p5 p6		4
DPPD	x,x,i	3	3	2p01 p5	9	1
DPPD	x,m128,i	4	4	2p01 p23 p5		1
VDBPSADBW	v,v,v,i	1	1	p5	3	1
VFIXUPIMMSS/SD	x,x,x,i	1	1	p01	4	2
VFIXUPIMMPS/PD	v,v,v,i	1	1	p01/05	4	2
VFPCLASSSS/SD	k,x,i	1	1	p5	3	1
VFPCLASSPS/PD	k,v,i	1	1	p5	3	1
VFMADD...						
(all FMA instr.)	xy,xy,xy	1	1	p01	4	0.5
VFMADD...						
(all FMA instr.)	z,z,z	1	1	p05	4	0.5-1
VFMADD...						
(all FMA instr.)	v,v,m	1	2	p01/05 p23		0.5-1
Math						
SQRTSS/PS	x,x	1	1	p0	12	3
VSQRTPS	y,y	1	1	p0	12	6
VSQRTPS	z,z	3	3	p0	20	12
SQRTSS/PS	x,m128	1	2	p0 p23		3
VSQRTPS	y,m256	4	4	p0 p23		6
SQRTSD	x,x	1	1	p0	15-16	4-6
SQRTPD	x,x	1	1	p0	15-16	4-6
VSQRTPD	y,y	1	1	p0	15-16	9-12

SkylakeX

VSQRTPD	z,z	3	3	2p0 p5	28-29	18-24	
SQRTSD/PD	x,m128	1	2	p0 p23		4-6	
VSQRTPD	y,m256	4	4	p0 p23		9-12	
RSQRTSS/PS	x,x	1	1	p0	4	1	
RSQRTPS	y,y	1	1	p0	2	1	
VRSQRT14SS/PS	x,x	1	1	p0	4	1	
VRSQRT14PS	y,y	1	1	p0	2	1	
VRSQRT14PS	z,z	3	3	2p0 p5	6	2	
VGETEXPSS/SD	x,x,x	1	1	p01	4	0.5-1	
VGETEXPPS/PD	v,v,v	1	1	p01/05	4	0.5-1	
VGETMANTSS/SD	x,x,x	1	1	p01	4	0.5-1	
VGETMANTPS/PD	v,v,v	1	1	p01/05	4	0.5-1	
VSCALESS/SD/PS/PD	v,v,v	1	1	p01	4	0.5-1	
Logic							
AND/ANDN/OR/ XORPS/PD	x,x / y,y,y	1	1	p015	1	0.33	
AND/ANDN/OR/ XORPS/PD	z,z,z	1	1	p05	1	0.5	
AND/ANDN/OR/ XORPS/PD	x,m / y,y,m	1	2	p015 p23		0.5	
AND/ANDN/OR/ XORPS/PD	z,z,m	1	2	p05 p23		0.5	
VTESTPS/PD	v,v	1	1	p0		1	
Other							
VZEROUPPER		4	4	none		1	
VZEROALL		25	25	p0 p1 p5 p6		12	32 bit mode
VZEROALL		34	34	p0 p1 p5 p6		12	64 bit mode
LDMXCSR	m32	4	4	p0 p5 p6 p23	5	3	
STMXCSR	m32	3	4	p0 p4 p6 p237	4	1	
FXSAVE	m	106	136		76	76	32 bit mode
FXSAVE	m	114	136		65	65	64 bit mode
FXRSTOR	m	105			76	76	32 bit mode
FXRSTOR	m	121			72	72	64 bit mode
XSAVE	m	286			112	112	32 bit mode
XSAVE	m	350			136	136	64 bit mode
XRSTOR	m	199			83	83	32 bit mode
XRSTOR	m	266			116	116	64 bit mode
XSAVEC	m	226			83	83	64 bit mode
XSAVEOPT	m	214			84	84	32/64 bit mode

Mask register instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal through put	Comments
Move instructions							
KMOVB/W/D/Q	k,k	1	1	p0	1	1	
KMOVB/W/D/Q	k,m	3			3		
KMOVB/W/D/Q	m,k	2	1	p237 p4	4	1	
KMOVB/W/D/Q	k,r	1	1	p5	2	1	

SkyLakeX

KMOVB/W/D/Q	r,k	1	1	p0	2	1
VPBROADCASTMB2Q	v,k	2	2	p0 p5	6	1
VPBROADCASTMW2D	v,k	2	2	p0 p5	6	1
KUNPCKBW	k,k,k	1	1	p5	4	1
KUNPCKWD	k,k,k	1	1	p5	4	1
KUNPCKDQ	k,k,k	1	1	p5	4	1
VPMOVM2B/W	v,k	1	1	p05	3	0.5
VPMOVM2D/Q	v,k	1	1	p05	2	0.5
VPMOVB/W2M	k,v	1	1	p0	3	1
VPMOVD/Q2M	k,v	1	1	p0	2	1
Arithmetic instructions						
KADDB/W/D/Q	k,k,k	1	1	p5	4	1
KSHIFTLB/W/D/Q	k,k,i	1	1	p5	4	1
KSHIFTRB/W/D/Q	k,k,i	1	1	p5	4	1
Logic instructions						
KANDB/W/D/Q	k,k,k	1	1	p0	1	1
KANDNB/W/D/Q	k,k,k	1	1	p0	1	1
KORB/W/D/Q	k,k,k	1	1	p0	1	1
KXORB/W/D/Q	k,k,k	1	1	p0	1	1
KXNORB/W/D/Q	k,k,k	1	1	p0	1	1
KNOTB/W/D/Q	k,k	1	1	p0	1	1
KTESTB/W/D/Q	k,k	1	1	p0	2	1
KORTESTB/W/D/Q	k,k	1	1	p0	2	1

Intel Coffee Lake

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with and without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, v = any vector register (mmx, xmm, ymm). m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename and allocate stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The total number of μ ops for all execution port. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if this number is higher than the number under fused domain. Some operations are not counted here if they do not go to any execution port or if the counters are inaccurate.
μops each port:	The number of μ ops for each execution port. p0 means a μ op to execution port 0. p01 means a μ op that can go to either port 0 or port 1. p0 p1 means two μ ops going to port 0 and 1, respectively. Port 0: Integer, f.p. and vector ALU, mul, div, branch Port 1: Integer, f.p. and vector ALU Port 2: Load Port 3: Load Port 4: Store Port 5: Integer and vector ALU Port 6: Integer ALU, branch Port 7: Store address
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOV	r,i	1	1	p0156		0.25	
MOV	r8/16,r8/16	1	1	p0156	1	0.25	
MOV	r32/64,r32/64	1	1	p0156	0-1	0.25	may be elim.
MOV	r8l,m	1	2	p23 p0156		0.5	
MOV	r8h,m	1	1	p23		0.5	
MOV	r16,m	1	2	p23 p0156		0.5	
MOV	r32/64,m	1	1	p23	2	0.5	all addressing modes
MOV	m,r	1	2	p237 p4	2	1	
MOV	m,i	1	2	p237 p4		1	
MOVNTI	m,r	2	2	p23 p4	~470	2	

Coffee Lake

MOVSBX MOVZXB	r,r	1	1	p0156	1	0.25	
MOVSBXD							
MOVSBX MOVZXB	r16,m8	1	2	p23 p0156		0.5	
MOVSBX MOVZXB	r,m	1	1	p23		0.5	all other combinations
MOVSBXD							
CMOVBcc	r,r	1	1	p06	1	0.5	
CMOVBcc	r,m	2	2	p06 p23		0.5	
XCHGB	r,r	3	3	3p0156	2	1	
XCHGB	r,m	8	8		23		implicit lock
XLATB		3	3	p23 2p0156	7	2	
PUSHB	r	1	2	p237 p4	3	1	
PUSHB	i	1	2	p237 p4		1	
PUSHB	m	2	3	p4 2p237		1	
PUSHB	stack pointer	2	3	p0156 p237 p4		1	
PUSHF(D/Q)		3	4	p1 p4 p237 p06		1	
PUSHA(D)		11	19			8	not 64 bit
POPB	r	1	1	p23	2	0.5	
POPB	stack pointer	3	3	p23 2p0156		3	
POPB	m	2	3	2p237 p4		1	
POPF(D/Q)		9	9			20	
POPA(D)		18	18			8	not 64 bit
LAHFB SAHFB		1	1	p06	1	1	
SALCB		3	3	3p0156	1	1	not 64 bit
LEAB	r16,m	2	2	p1 p05	2-4	1	16 or 32 bit address size
LEAB	r32/64,m	1	1	p15	1	0.5	1 or 2 components in address
LEAB	r32/64,m	1	1	p1	3	1	3 components in address
LEAB	r32/64,m	1	1	p1		1	rip relative address
BSWAPB	r32	1	1	p15	1	0.5	
BSWAPB	r64	2	2	p06 p15	2	1	
MOVBEB	r16,m16	3	3	2p0156 p23		0.5-1	MOVBEB
MOVBEB	r32,m32	2	2	p15 p23		0.5	MOVBEB
MOVBEB	r64,m64	3	3	2p0156 p23		0.75	MOVBEB
MOVBEB	m16,r16	2	3	p06 p237 p4		1	MOVBEB
MOVBEB	m32,r32	2	3	p15 p237 p4		1	MOVBEB
MOVBEB	m64,r64	3	4	p06 p15 p237 p4		1	MOVBEB
PREFETCHNTA/0/1/2	m	1	1	p23		0.5	
PREFETCHWB	m	1	1	p23		1	PREFETCHWB
LFENCE		2		none counted		4	
MFENCE		4	4	p23 p4		33	
SFENCE		2	2	p23 p4		6	
Arithmetic instructions							
ADD SUB	r,r/i	1	1	p0156	1	0.25	
ADD SUB	r,m	1	2	p0156 p23		0.5	
ADD SUB	m,r/i	2	4	2p0156 2p237 p4	5	1	
ADC SBB	r,r/i	1	1	p06	1	1	

Coffee Lake

ADC SBB	r,m	2	2	p06 p23		1	
ADC SBB	m,r/i	4	6	3p0156 2p237 p4	5	2	
CMP	r,r/i	1	1	p0156	1	0.25	
CMP	m,r/i	1	2	p0156 p23	1	0.5	
INC DEC NEG	r	1	1	p0156	1	0.25	
NOT							
INC DEC NOT	m	3	4	p0156 2p237 p4	5-6	1	
NEG	m	2	4	p0156 2p237 p4	5-6	1	
AAA		2	2	p1 p56	4		not 64 bit
AAS		2	2	p1 p056	4		not 64 bit
DAA DAS		3	3	p1 2p056	4		not 64 bit
AAD		3	3	p1 2p056	4		not 64 bit
AAM		11	11	p0 p1 p5 p6	23	7	not 64 bit
MUL IMUL	r8	1	1	p1	3	1	
MUL IMUL	r16	4	4	p1 p0156	4	2	
MUL IMUL	r32	3	3	p1 p0156	4	1	
MUL IMUL	r64	2	2	p1 p6	3	1	
MUL IMUL	m8	1	2	p1 p23		1	
MUL IMUL	m16	4	5	p1 3p0156 p23		2	
MUL IMUL	m32	3	4	p1 2p0156 p23		1	
MUL IMUL	m64	2	3	p1 p6 p23		1	
IMUL	r,r	1	1	p1	3	1	
IMUL	r,m	1	2	p1 p23		1	
IMUL	r16,r16,i	2	2	p1 p0156	4	1	
IMUL	r32,r32,i	1	1	p1	3	1	
IMUL	r64,r64,i	1	1	p1	3	1	
IMUL	r16,m16,i	2	3	p1 p0156 p23		1	
IMUL	r32,m32,i	1	2	p1 p23		1	
IMUL	r64,m64,i	1	2	p1 p23		1	
MULX	r32,r32,r32	3	3	p1 2p056	4	1	BMI2
MULX	r32,r32,m32	3	4	p1 2p056 p23		1	BMI2
MULX	r64,r64,r64	2	2	p1 p5	4	1	BMI2
MULX	r64,r64,m64	2	3	p1 p5 p23		1	BMI2
DIV	r8	10	10	p0 p1 p5 p6	23	6	
DIV	r16	10	10	p0 p1 p5 p6	23	6	
DIV	r32	10	10	p0 p1 p5 p6	26	6	
DIV	r64	36	36	p0 p1 p5 p6	35-88	21-83	
IDIV	r8	11	11	p0 p1 p5 p6	24	6	
IDIV	r16	10	10	p0 p1 p5 p6	23	6	
IDIV	r32	10	10	p0 p1 p5 p6	26	6	
IDIV	r64	57	57	p0 p1 p5 p6	42-95	24-90	
CBW		1	1	p0156	1	0.5	
CWDE		1	1	p0156	1	1	
CDQE		1	1	p0156	1	0.5	
CWD		2	2	p0156	1	1	
CDQ		1	1	p06	1	1	
CQO		1	1	p06	1	0.5	
POPCNT	r,r	1	1	p1	3	1	SSE4.2
POPCNT	r,m	1	2	p1 p23		1	SSE4.2
CRC32	r,r	1	1	p1	3	1	SSE4.2
CRC32	r,m	1	2	p1 p23		1	SSE4.2

Coffee Lake

Logic instructions							
AND OR XOR	r,r/i	1	1	p0156	1	0.25	
AND OR XOR	r,m	1	2	p0156 p23		0.5	
AND OR XOR	m,r/i	2	4	2p0156 2p237 p4	5	1	
TEST	r,r/i	1	1	p0156	1	0.25	
TEST	m,r/i	1	2	p0156 p23	1	0.5	
SHR SHL SAR	r,i	1	1	p06	1	0.5	
SHR SHL SAR	m,i	3	4	2p06 p237 p4		2	
SHR SHL SAR	r,cl	3	3	3p06	2	2	
SHR SHL SAR	m,cl	5	6	3p06 2p23 p4		4	
ROR ROL	r,1	2	2	2p06	1	1	short form
ROR ROL	r,i	1	1	p06	1	0.5	
ROR ROL	m,i	4	5	2p06 2p237 p4		2	
ROR ROL	r,cl	3	3	3p06	2	2	
ROR ROL	m,cl	5	6	3p06 p23 p4		4	
RCR RCL	r,1	3	3	2p06 p0156	2	2	
RCR RCL	m,1	4	6			3	
RCR RCL	r,i	8	8	p0156	6	6	
RCR RCL	m,i	11	11			6	
RCR RCL	r,cl	8	8	p0156	6	6	
RCR RCL	m,cl	11	11			6	
SHRD SHLD	r,r,i	1	1	p1	3	1	
SHRD SHLD	m,r,i	3	5			2	
SHLD	r,r,cl	4	4	p0156	3	2	
SHRD	r,r,cl	4	4	p0156	4	2	
SHRD SHLD	m,r,cl	5	7			4	
SHLX SHRX SARX	r,r,r	1	1	p06	1	0.5	BMI2
SHLX SHRX SARX	r,m,r	2	2	p06 p23		0.5	BMI2
RORX	r,r,i	1	1	p06	1	0.5	BMI2
RORX	r,m,i	2	2	p06 p23		0.5	BMI2
BT	r,r/i	1	1	p06	1	0.5	
BT	m,r	10	10			5	
BT	m,i	2	2	p06 p23		0.5	
BTR BTS BTC	r,r/i	1	1	p06	1	0.5	
BTR BTS BTC	m,r	10	11			5	
BTR BTS BTC	m,i	3	4	p06 p4 p23		1	
BSF BSR	r,r	1	1	p1	3	1	
BSF BSR	r,m	1	2	p1 p23		1	
SETcc	r	1	1	p06	1	0.5	
SETcc	m	2	3	p06 p237 p4		1	
CLC		1	0	none		0.25	
STC		1	1	p0156		0.25	
CMC		1	1	p0156	1	1	
CLD STD		3	3	p15 p6		4	
LZCNT	r,r	1	1	p1	3	1	LZCNT
LZCNT	r,m	1	2	p1 p23		1	LZCNT
TZCNT	r,r	1	1	p1	3	1	BMI1
TZCNT	r,m	1	2	p1 p23		1	BMI1
ANDN	r,r,r	1	1	p15	1	0.5	BMI1
ANDN	r,r,m	1	2	p15 p23	1	0.5	BMI1
BLSI BLSMSK	r,r	1	1	p15	1	0.5	BMI1
BLSR							

Coffee Lake

BLSI BLSMSK	r,m	1	2	p15 p23		0.5	BMI1
BLSR							
BEXTR	r,r,r	2	2	2p0156	2	0.5	BMI1
BEXTR	r,m,r	3	3	2p0156 p23		1	BMI1
BZHI	r,r,r	1	1	p15	1	0.5	BMI2
BZHI	r,m,r	1	2	p15 p23		0.5	BMI2
PDEP	r,r,r	1	1	p1	3	1	BMI2
PDEP	r,r,m	1	2	p1 p23		1	BMI2
PEXT	r,r,r	1	1	p1	3	1	BMI2
PEXT	r,r,m	1	2	p1 p23		1	BMI2
Control transfer instructions							
JMP	short/near	1	1	p6		1-2	
JMP	r	1	1	p6		2	
JMP	m	1	2	p23 p6		2	
Conditional jump	short/near	1	1	p6		1-2	predicted taken
Conditional jump	short/near	1	1	p06		0.5-1	predicted not taken
Fused arithmetic and branch		1	1	p6		1-2	predicted taken
Fused arithmetic and branch		1	1	p06		0.5-1	predicted not taken
J(E/R)CXZ	short	2	2	p0156 p6		0.5-2	
LOOP	short	7	7			5	
LOOP(N)E	short	11	11			6	
CALL	near	2	3	p237 p4 p6		3	
CALL	r	2	3	p237 p4 p6		2	
CALL	m	3	4	2p237 p4 p6		3	
RET		1	2	p237 p6		2	
RET	i		2			2	
BOUND	r,m	15	15			8	not 64 bit
INTO		5	5			6	not 64 bit
String instructions							
LODSB/W		3	3	2p0156 p23		1	
LODSD/Q		2	2	p0156 p23		1	
REP LODS							
STOS		3	3	p23 p0156 p4		1	
REP STOS		<2n				~0.5n	worst case
REP STOS		2.6/32B				1/32B	best case aligned by 32
MOVS		5	5	2p23 p4 2p0156		4	
REP MOVS		~2n				< 1n	worst case
REP MOVS		4/32B				1/32B	best case aligned by 32
SCAS		3	3	p23 2p0156		1	
REP SCAS		≥6n				≥2n	
CMPS		5	5	2p23 3p0156		4	
REP CMPS		≥8n				≥2n	
Synchronization instructions							
XADD	m,r	4	5			5	

Coffee Lake

LOCK XADD	m,r	9	9			18	
LOCK ADD	m,r	8	8			18	
CMPXCHG	m,r	5	6			6	
LOCK CMPXCHG	m,r	10	10			18	
CMPXCHG8B	m,r	16	16			11	
LOCK CMPXCHG8B	m,r	20	20			19	
CMPXCHG16B	m,r	23	23			16	
LOCK CMPXCHG16B	m,r	25	25			26	
Other							
NOP (90)		1	0	none		0.25	
Long NOP (0F 1F)		1	0	none		0.25	
PAUSE		4	4	p6			
ENTER	a,0	12	12			8	
ENTER	a,b	~14+7b	~54+7b		~91+2b		
LEAVE		3	3	2p0156 p23		4	
XGETBV		15	15			7	XGETBV
CPUID		38-120				100-250	
RDTSC		20	20			25	
RDTSCP		22	22			32	RDTSCP
RDPMC		35	35			40	
RDRAND	r	16	16	p23 15p0156		~420	RDRAND
RDSEED	r	16	16	p23 15p0156		~420	RDSEED

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
FLD	r	1	1	p05	1	0.5	
FLD	m32/64	1	1	p23	3	0.5	
FLD	m80	4	4	2p01 2p23	4	2	
FBLD	m80	43	43		46	22	
FST(P)	r	1	1	p05	1	0.5	
FST(P)	m32/m64	1	2	p4 p237	3	1	
FSTP	m80	7	7	3p0156 2p23 2p4	4	5	
FBSTP	m80	244	226		264	266	
FXCH	r	2	2	none	0	0.5	
FILD	m	1	2	p05 p23	5	1	
FIST(P)	m	3	3	p5 p23 p4	7	1	
FISTTP	m	3	3	p1 p23 p4	7	2	SSE3
FLDZ		1	1	p05		1	
FLD1		2	2	2p05		2	
FLDPI FLDL2E etc.		2	2	2p05		2	
FCMOVcc	r	4	4	p0 p1 p56	3	2	
FNSTSW	AX	2	2	p0 p0156	6	1	
FNSTSW	m16	2	3	p0 p4 p237	6	1	
FLDCW	m16	3	3	p01 p23 p6	7	2	
FNSTCW	m16	2	3	p237 p4 p6	6	1	

Coffee Lake

FINCSTP		1	1	p05	0	0.5
FDECSTP		1	1	p05		0.5
FFREE(P)	r	133	133		195	195
FNSAVE	m	89	89		175	175
FRSTOR	m					
Arithmetic instructions						
FADD(P)						
FSUB(R)(P)	r	1	1	p5	3	1
FADD(P)						
FSUB(R)(P)	m	2	3	p5 p23		1
FMUL(P)	r	1	1	p0	5	1
FMUL(P)	m	2	3	p0 p23		1
FDIV(R)(P)	r	1	1	p0	14-16	4-5
FDIV(R)(P)	m	1	2	p0 p23		4-5
FABS		1	1	p0	1	1
FCHS		1	1	p0	1	1
FCOM(P) FUCOM	r	1	1	p5	3	1
FCOM(P) FUCOM	m	1	2	p5 p23		1
FCOMPP FU- COMPP		2	2	p0 p5		1
FCOMI(P)						
FUCOMI(P)	r	3	3	p5		1
FIADD FISUB(R)	m	3	4	2p5 p23		2
FIMUL	m	2	3	p0 p5 p23		1
FIDIV(R)	m	2	3	p0 p5 p23		
FICOM(P)	m	2	3	2p5 p23		2
FTST		1	1	p5	3	1
FXAM		2	2	2p5	6	2
FPREM		31	31		26-30	15
FPREM1		31	31		30-57	17
FRNDINT		17	17		21	11
Math						
FSCALE		27	27		11	
FXTRACT		17	17		11	9
FSQRT		1	1	p0	14-21	4-7
FSIN		53-105			50-120	
FCOS		53-105			50-130	
FSINCOS		55-120			55-150	
F2XM1		40-90			65-80	
FYL2X		40-100			50-100	
FYL2XP1		56			55-80	
FPTAN		50-110			60-150	
FPATAN		30-160			100-160	
Other						
FNOP		1	1	p05		0.5
WAIT		2	2	p05		2
FNCLEX		5	5	p156		22
FNINIT		18	18			78

Integer vector instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVD	r32,mm/x	1	1	p0	2	1	
MOVD	m32,mm/x	1	2	p237 p4	3	1	
MOVD	mm/x,r32	1	1	p5	2	1	
MOVD	mm/x,m32	1	1	p23	2	0.5	
MOVQ	r64,mm/x	1	1	p0	2	1	
MOVQ	mm/x,r64	1	1	p5	2	1	
MOVQ	mm,mm	1		p05	1	0.5	
MOVQ	x,x	1		p015	1	0.33	
MOVQ	mm/x,m64	1	1	p23	2	0.5	
MOVQ	m64, mm/x	1	2	p237 p4	3	1	
MOVDQA/U	x,x	1	1	p015	0-1	0.25	may eliminate
MOVDQA/U	x, m128	1	1	p23	2	0.5	
MOVDQA/U	m128, x	1	2	p237 p4	3	1	
VMOVDQA/U	y,y	1	1	p015	0-1	0.25	may eliminate
VMOVDQA/U	y,m256	1	1	p23	3	0.5	AVX
VMOVDQA/U	m256,y	1	2	p237 p4	3	1	AVX
LDDQU	x, m128	1	1	p23	3	0.5	SSE3
MOVDQ2Q	mm, x	2	2	p0 p5	2	1	
MOVQ2DQ	x,mm	2	2	p0 p15	2	1	
MOVNTQ	m64,mm	1	2	p237 p4	~420	1	
MOVNTDQ	m128,x	1	2	p237 p4	~400	1	
VMOVNTDQ	m256,y	1	2	p237 p4	~470	1	AVX2
MOVNTDQA	x, m128	2	2	p23 p015	2	0.5	SSE4.1
VMOVNTDQA	y,m256	2	2	p23 p015	3	0.5	AVX2
PACKSSWB/DW							
PACKUSWB	mm,mm	3	3	p5	2	2	
PACKSSWB/DW							
PACKUSWB	mm,m64	3	3	p23 2p5		2	
PACKSSWB/DW							
PACKUSWB	x,x / y,y,y	1	1	p5	1	1	
PACKSSWB/DW							
PACKUSWB	x,m / y,y,m	1	2	p23 p5		1	
PACKUSDW	x,x / y,y,y	1	1	p5	1	1	SSE4.1
PACKUSDW	x,m / y,y,m	1	2	p23 p5		1	SSE4.1
PUNPCKH/L							
BW/WD/DQ	v,v / v,v,v	1	1	p5	1	1	
PUNPCKH/L							
BW/WD/DQ	v,m / v,v,m	1	2	p23 p5		1	
PUNPCKH/L							
QDQ	x,x / y,y,y	1	1	p5	1	1	
PUNPCKH/L							
QDQ	x,m / y,y,m	1	2	p23 p5		1	
PMOVSX/ZX BW							
BD BQ DW DQ	x,x	1	1	p5	1	1	SSE4.1
PMOVSX/ZX BW							
BD BQ DW DQ	x,m	1	2	p23 p5		1	SSE4.1
VPMOVSX/ZX BW							
BD BQ DW DQ	y,x	1	1	p5	3	1	AVX2

Coffee Lake

VPMOVSX/ZX BW							
BD BQ DW DQ	y,m		2	p5 p23		1	AVX2
PSHUFB	v,v / v,v,v	1	1	p5	1	1	SSSE3
PSHUFB	v,m / v,v,m	2	2	p23 p5		1	SSSE3
PSHUFW	mm,mm,i	1	1	p5	1	1	
PSHUFW	mm,m64,i	2	2	p23 p5		1	
PSHUFD	v,v,i	1	1	p5	1	1	
PSHUFD	v,m,i	2	2	p23 p5		1	
PSHUFL/HW	v,v,i	1	1	p5	1	1	
PSHUFL/HW	v,m,i	2	2	p23 p5		1	
PALIGNR	v,v,i / v,v,v,i	1	1	p5	1	1	SSSE3
PALIGNR	v,m,i / v,v,m,i	2	2	p23 p5		1	SSSE3
PBLENDB	x,x,xmm0	1	1	p015	1	1	SSE4.1
PBLENDB	x,m,xmm0	2	2	p015 p23		1	SSE4.1
VPBLENDB	v,v,v,v	2	2	2p015	2	1	AVX2
VPBLENDB	v,v,m,v	3	3	2p015 p23		2	AVX2
PBLENDD	x,x,i / v,v,v,i	1	1	p5	1	1	SSE4.1
PBLENDD	x,m,i / v,v,m,i	2	2	p23 p5		1	SSE4.1
VPBLENDD	v,v,v,i	1	1	p015	1	0.33	AVX2
VPBLENDD	v,v,m,i	2	2	p015 p23		0.5	AVX2
VPERMD	y,y,y	1	1	p5	3	1	AVX2
VPERMD	y,y,m	1	2	p5 p23		1	AVX2
VPERMQ	y,y,i	1	1	p5	3	1	AVX2
VPERMQ	y,m,i	2	2	p5 p23		1	AVX2
VPERM2128	y,y,y,i	1	1	p5	3	1	AVX2
VPERM2128	y,y,m,i	2	2	p5 p23		1	AVX2
MASKMOVQ	mm,mm	4	4	p0 p4 p23	~400	2	
MASKMOVQ	x,x	10	10	4p04 2p56 4p23	~400	6	
VPMASKMOVQ	v,v,m	2	2	p23 p015	4	0.5	AVX2
VPMASKMOVQ	m,v,v	3	3	p0 p4 p23	~8	1	AVX2
PMOVMASKB	r,v	1	1	p0	2	1	
PEXTRB/W/D/Q	r,x,i	2	2	p0 p5	3	1	SSE4.1
PEXTRB/W/D/Q	m,x,i	2	3	p23 p4 p5		1	SSE4.1
VEEXTRACT128	x,y,i	1	1	p5	3	1	AVX2
VEEXTRACT128	m,y,i	2	2	p23 p4	4	1	AVX2
PINSRB	x,r32,i	2	2	2p5	3	2	SSE4.1
PINSRB	x,m8,i	2	2	p23 p5		1	SSE4.1
PINSRW	mm/x,r32,i	2	2	p5	3	2	
PINSRW	mm/x,m16,i	2	2	p23 p5		1	
PINSRD/Q	x,r32,i	2	2	2p5	3	2	SSE4.1
PINSRD/Q	x,m32,i	2	2	p23 p5		1	SSE4.1
VINSERT128	y,y,x,i	1	1	p5	3	1	AVX2
VINSERT128	y,y,m,i	2	2	p015 p23	3	0.5	AVX2
VPBROADCAST							
B/W/D/Q	x,x	1	1	p5	1	1	AVX2
VPBROADCAST							
B/W	x,m8/16	2	2	p23 p5	7	1	AVX2
VPBROADCAST							
D/Q	x,m32/64	1	1	p23	4	0.5	AVX2
VPBROADCAST							
B/W/D/Q	y,x	1	1	p5	3	1	AVX2
VPBROADCAST							
B/W	y,m8/16	2	2	p23 p5	7	1	AVX2
VPBROADCAST							
D/Q	y,m32/64	1	1	p23	3	0.5	AVX2

Coffee Lake

VBROADCAST128	y,m128	1	1	p23	3	0.5	AVX2
VPGATHERDD	x,[r+s*x],x	4	4	p0 p1 p23 p5		4	AVX2
VPGATHERDD	y,[r+s*y],y	4	4	p0 p1 p23 p5		5	AVX2
VPGATHERQD	x,[r+s*x],x	4	5	p0 p1 p23 p5		2	AVX2
VPGATHERQD	x,[r+s*y],x	4	4	p0 p1 p23 p5		4	AVX2
VPGATHERDQ	x,[r+s*x],x	4	5	p0 p1 p23 p5		2	AVX2
VPGATHERDQ	y,[r+s*x],y	4	4	p0 p1 p23 p5		4	AVX2
VPGATHERQQ	x,[r+s*x],x	4	5	p0 p1 p23 p5		2	AVX2
VPGATHERQQ	y,[r+s*y],y	4	4	p0 p1 p23 p5		4	AVX2
Arithmetic instructions							
PADD/SUB(S,US) B/W/D/Q	mm,mm	1	1	p05	1	0.5	
PADD/SUB B/W/D/ Q	v,v / v,v,v	1	1	p015	1	0.33	
PADD/SUB(S,US) B/W/D/Q	v,m / v,v,m	1	2	p015 p23		0.5	
PADD/SUBS/US B/ W/D/Q	v,v / v,v,v	1	1	p01	1	0.5	
PHADD(S)W/D	v,v / v,v,v	3	3	p01 2p5	3	2	SSSE3
PHSUB(S)W/D	v,m / v,v,m	4	4	p01 2p5 p23		2	SSSE3
PCMPEQB/W/D	mm,mm	1	1	p0	1	1	
PCMPGTB/W/D	x,x / y,y,y	1	1	p01	1	0.5	
PCMPEQB/W/D	x,m / y,y,m	1	2	p01 p23		0.5	
PCMPGTB/W/D	v,v / v,v,v	1	1	p01	1	0.5	SSE4.1
PCMPEQQ	v,m / v,v,m	1	2	p01 p23		0.5	SSE4.1
PCMPGTQ	v,v / v,v,v	1	1	p5	3	1	SSE4.2
PCMPGTQ	v,m / v,v,m	1	2	p5 p23		1	SSE4.2
PMULL/HW	mm,mm	1	1	p0	5	1	
PMULHUW	x,x / y,y,y	1	1	p01	5	0.5	
PMULHUW	x,m / y,y,m	1	2	p01 p23		0.5	
PMULHRWS	mm,mm	1	1	p0	5	1	SSSE3
PMULHRWS	x,x / y,y,y	1	1	p01	5	0.5	SSSE3
PMULHRWS	x,m / y,y,m	1	2	p01 p23		0.5	SSSE3
PMULLD	x,x / y,y,y	2	2	2p01	10	1	SSE4.1
PMULLD	x,m / y,y,m	3	3	2p01 p23		1	SSE4.1
PMULDQ	x,x / y,y,y	1	1	p01	5	0.5	SSE4.1
PMULDQ	x,m / y,y,m	1	2	p01 p23		0.5	SSE4.1
PMULUDQ	mm,mm	1	1	p0	5	1	
PMULUDQ	x,x / y,y,y	1	1	p01	5	0.5	
PMULUDQ	x,m / y,y,m	1	2	p01 p23		0.5	
PMADDWD	mm,mm	1	1	p0	5	1	
PMADDWD	x,x / y,y,y	1	1	p01	5	0.5	
PMADDWD	x,m / y,y,m	1	2	p01 p23		0.5	
PMADDUBSW	mm,mm	1	1	p0	5	1	SSSE3
PMADDUBSW	x,x / y,y,y	1	1	p01	5	0.5	SSSE3

Coffee Lake

PMADDUBSW	x,m / y,y,m	1	2	p01 p23		0.5	SSSE3
PAVGB/W	mm,mm	1	1	p0	1	1	
PAVGB/W	x,x / y,y,y	1	1	p01	1	0.5	
PAVGB/W	x,m / y,y,m	1	2	p01 p23		0.5	
PMIN/PMAX SB/SW/SD UB/UW/UD	mm,mm	1	1	p0	1	1	SSE4.1
PMIN/PMAX SB/SW/SD UB/UW/UD	x,x / y,y,y	1	1	p01	1	0.5	SSE4.1
PMIN/PMAX SB/SW/SD UB/UW/UD	x,m / y,y,m	1	2	p01 p23		0.5	SSE4.1
PHMINPOSUW	x,x	1	1	p0	4	1	SSE4.1
PHMINPOSUW	x,m128	1	2	p0 p23		1	SSE4.1
PASB/W/D	mm,mm	1	1	p0	1	1	SSSE3
PASB/W/D	x,x / y,y	1	1	p01	1	0.5	SSSE3
PASB/W/D	x,m / y,m	1	2	p01 p23		0.5	SSSE3
PSIGNB/W/D	mm,mm	1	1	p0	1	1	SSSE3
PSIGNB/W/D	x,x / y,y,y	1	1	p01	1	0.5	SSSE3
PSIGNB/W/D	x,m / y,y,m	1	2	p01 p23		0.5	SSSE3
PSADBW	v,v / v,v,v	1	1	p5	3	1	
PSADBW	v,m / v,v,m	1	2	p5 p23		1	
MPSADBW	x,x,i / v,v,v,i	2	2	2p5	4	2	SSE4.1
MPSADBW	x,m,i / v,v,m,i	3	3	2p5 p23		2	SSE4.1
Logic instructions							
PAND PANDN POR PXOR	mm,mm	1	1	p05	1	0.5	
PAND PANDN POR PXOR	x,x / y,y,y	1	1	p015	1	0.33	
PAND PANDN POR PXOR	v,m / v,v,m	1	2	p015 p23		0.5	
PTEST	v,v	2	2	p0 p5	3	1	SSE4.1
PTEST	v,m	2	3	p0 p5 p23		1	SSE4.1
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	mm,mm	1	1	p0	1	1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	mm,m64	2	2	p0 p23		1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	x,x / v,v,x	2	2	p01 p5	1	1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	x,m / v,v,m	2	2	p01 p23		0.5	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	mm,i	1	1	p0	1	1	
PSLLW/D/Q PSRLW/D/Q PSRAW/D/Q	x,i / y,y,i	1	1	p01	1	0.5	

Coffee Lake

VPSLLVD/Q VPSRAVD VPSRLVD/Q VPSLLVD/Q VPSRAVD VPSRLVD/Q PSLLDQ PSRLDQ	v,v,v v,v,m x,i / v,v,i	2 2 1	2 2 1	p01 p5 p01 p23 p5	2 1	1 0.5 1	AVX2 AVX2
String instructions							
PCMPESTRI	x,x,i	8	8	6p05 2p16	4	4	SSE4.2
PCMPESTRI	x,m128,i	8	8	3p0 2p16 2p5 p23		4	SSE4.2
PCMPESTRM	x,x,i	9	9	3p0 2p16 4p5	9	9	SSE4.2
PCMPESTRM	x,m128,i	9	9	6p05 2p16 p23		5	SSE4.2
PCMPISTRI	x,x,i	3	3	3p0	3	3	SSE4.2
PCMPISTRI	x,m128,i	4	4	3p0 p23		3	SSE4.2
PCMPISTRM	x,x,i	3	3	3p0	9	9	SSE4.2
PCMPISTRM	x,m128,i	4	4	3p0 p23		3	SSE4.2
Encryption instructions							
PCLMULQDQ	x,x,i	1	1	p5	7	1	CLMUL
PCLMULQDQ	x,m,i	2	2	p5 p23		1	CLMUL
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,x	1	1	p0	4	1	AES
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,m	2	2	p0 p23		1.5	AES
AESIMC	x,x	2	2	2p0	8	2	AES
AESIMC	x,m	3	3	2p0 p23		2	AES
AESKEYGENAS SIST	x,x,i	13	13	p0 p5	12	12	AES
AESKEYGENAS SIST	x,m,i	13	13			12	AES
Other							
EMMS		10	10	p05		6	

Floating point XMM and YMM instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVAPS/D	x,x	1	1	p015	0-1	0.25	may eliminate may eliminate
VMOVAPS/D	y,y	1	1	p015	0-1	0.25	
MOVAPS/D MOVUPS/D	x,m128	1	1	p23	2	0.5	AVX
VMOVAPS/D VMOVUPS/D	y,m256	1	1	p23	3	0.5	
MOVAPS/D MOVUPS/D	m128,x	1	2	p237 p4	3	1	

Coffee Lake

VMOVAPS/D							
VMOVUPS/D	m256,y	1	2	p237 p4	3	1	AVX
MOVSS/D	x,x	1	1	p5	1	1	
MOVSS/D	x,m32/64	1	1	p23	2	0.5	
MOVSS/D	m32/64,x	1	2	p237 p4	3	1	
MOVHPS/D	x,m64	1	2	p23 p5	4	1	
MOVHPS/D	m64,x	1	2	p4 p237	3	1	
MOVLPS/D	x,m64	1	2	p23 p5	4	1	
MOVLPS/D	m64,x	1	2	p4 p237	3	1	
MOVHLPS	x,x	1	1	p5	1	1	
MOVLHPS	x,x	1	1	p5	1	1	
MOVMSKPS/D	r32,x	1	1	p0	2	1	
VMOVMSKPS/D	r32,y	1	1	p0	4	1	
MOVNTPS/D	m128,x	1	2	p4 p237	~400	1	
VMOVNTPS/D	m256,y	1	2	p4 p237	~400	1	AVX
SHUFPS/D	x,x,i / v,v,v,i	1	1	p5	1	1	
SHUFPS/D	x,m,i / v,v,m,i	2	2	p5 p23		1	
VPERMILPS/PD	v,v,i	1	1	p5	1	1	AVX
VPERMILPS/PD	v,m,i	2	2	p5 p23		1	AVX
VPERMILPS/PD	v,v,v	1	1	p5	1	1	AVX
VPERMILPS/PD	v,v,m	2	2	p5 p23		1	AVX
VPERM2F128	y,y,y,i	1	1	p5	3	1	AVX
VPERM2F128	y,y,m,i	2	2	p5 p23		1	AVX
VPERMPS	y,y,y	1	1	p5	3	1	AVX2
VPERMPS	y,y,m	1	2	p5 p23		1	AVX2
VPERMPD	y,y,i	1	1	p5	3	1	AVX2
VPERMPD	y,m,i	2	2	p5 p23		1	AVX2
BLENDPS/PD	x,x,i / v,v,v,i	1	1	p015	1	0.33	SSE4.1
BLENDPS/PD	x,m,i / v,v,m,i	2	2	p015 p23		0.5	SSE4.1
BLENDVPS/PD	x,x,xmm0	1	1	p015	1	1	SSE4.1
BLENDVPS/PD	x,m,xmm0	2	2	p015 p23		1	SSE4.1
VBLENDVPS/PD	v,v,v,v	2	2	2p015	2	1	AVX
VBLENDVPS/PD	v,v,m,v	3	3	2p015 p23		1	AVX
MOVDDUP	v,v	1	1	p5	1	1	SSE3
MOVDDUP	v,m	1	1	p23	3	0.5	SSE3
VBROADCASTSS	x,m32	1	1	p23	2	0.5	AVX
VBROADCASTSS	y,m32	1	1	p23	3	0.5	AVX
VBROADCASTSS	x,x	1	1	p5	1	1	AVX2
VBROADCASTSS	y,x	1	1	p5	3	1	AVX2
VBROADCASTSD	y,m64	1	1	p23	3	0.5	AVX
VBROADCASTSD	y,x	1	1	p5	3	1	AVX2
VBROADCASTF128	y,m128	1	1	p23	3	0.5	AVX
MOVSH/LDUP	v,v	1	1	p5	1	1	SSE3
MOVSH/LDUP	v,m	1	1	p23	3	0.5	SSE3
UNPCKH/LPS/D	x,x / v,v,v	1	1	p5	1	1	SSE3
UNPCKH/LPS/D	x,m / v,v,m	1	2	p5 p23		1	SSE3
EXTRACTPS	r32,x,i	2	2	p0 p5	3	1	SSE4.1
EXTRACTPS	m32,x,i	2	3	p4 p5 p23	4-5	1	SSE4.1
VEXTRACTF128	x,y,i	1	1	p5	3	1	AVX
VEXTRACTF128	m128,y,i	2	2	p23 p4	5	1	AVX
INSERTPS	x,x,i	1	1	p5	1	1	SSE4.1
INSERTPS	x,m32,i	2	2	p23 p5	3-4	1	SSE4.1
VINSERTF128	y,y,x,i	1	1	p5	3	1	AVX

Coffee Lake

VINSERTF128	y,y,m128,i	2	2	p015 p23	4-5	0.5	AVX
VMASKMOVPS/D	v,v,m	2	2	p015 p23	3	0.5	AVX
VMASKMOVPS/D	m128,x,x	4	4	p0 p4 p23	13	1	AVX
VMASKMOVPS/D	m256,y,y	4	4	p0 p4 p23	14	1	AVX
VGATHERDPS	x,[r+s*x],x	4	4	p0 p1 p23 p5	12	4	AVX2
VGATHERDPS	y,[r+s*y],y	4	4	p0 p1 p23 p5	13	5	AVX2
VGATHERQPS	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VGATHERQPS	x,[r+s*y],x	4	4	p0 p1 p23 p5		4	AVX2
VGATHERDPD	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VGATHERDPD	y,[r+s*x],y	4	4	p0 p1 p23 p5		4	AVX2
VGATHERQPD	x,[r+s*x],x	5	5	p0 p1 p23 p5		2	AVX2
VGATHERQPD	y,[r+s*y],y	4	4	p0 p1 p23 p5		4	AVX2
Conversion							
CVTPD2PS	x,x	2	2	p01 p5	5	1	
CVTPD2PS	x,m128	2	3	p01 p5 p23		1	
VCVTPD2PS	x,y	2	2	p01 p5	7	1	AVX
VCVTPD2PS	x,m256	2	3	p01 p5 p23		1	AVX
CVTSD2SS	x,x	2	2	p01 p5	5	1	
CVTSD2SS	x,m64	2	3	p01 p5 p23		1	
CVTPS2PD	x,x	2	2	p01 p5	5	1	
CVTPS2PD	x,m64	1	2	p01 p23		0.5	
VCVTPS2PD	y,x	2	2	p01 p5	7	1	AVX
VCVTPS2PD	y,m128	1	2	p01 p23		0.5	AVX
CVTSS2SD	x,x	2	2	p01 p5	5	2	
CVTSS2SD	x,m32	1	2	p01 p5 p23		2	
CVTDQ2PS	x,x	1	1	p01	4	0.5	
CVTDQ2PS	x,m128	1	2	p01 p23		0.5	
VCVTDQ2PS	y,y	1	1	p01	4	0.5	AVX
VCVTDQ2PS	y,m256	1	2	p01 p23		0.5	AVX
CVT(T) PS2DQ	x,x	1	1	p01	4	0.5	
CVT(T) PS2DQ	x,m128	1	2	p01 p23		0.5	
VCVT(T) PS2DQ	y,y	1	1	p01	4	0.5	AVX
VCVT(T) PS2DQ	y,m256	1	2	p01 p23		0.5	AVX
CVTDQ2PD	x,x	2	2	p01 p5	5	1	
CVTDQ2PD	x,m64	1	2	p01 p23		0.5	
VCVTDQ2PD	y,x	2	2	p01 p5	7	1	AVX
VCVTDQ2PD	y,m128	1	2	p01 p23		0.5	AVX
CVT(T)PD2DQ	x,x	2	2	p01 p5	5	1	
CVT(T)PD2DQ	x,m128	3	3	p01 p23 p5		1	
VCVT(T)PD2DQ	x,y	2	2	p01 p5	7	1	AVX
VCVT(T)PD2DQ	x,m256	2	3	p01 p23 p5		1	AVX
CVTPI2PS	x,mm	2	2	p01 p1	6	2	
CVTPI2PS	x,m64	1	2	p01 p23		2	
CVT(T)PS2PI	mm,x	2	2	p0 p5	7	1	
CVT(T)PS2PI	mm,m128	2	2	p0 p23		1	
CVTPI2PD	x,mm	2	2	p01 p5	5	1	
CVTPI2PD	x,m64	1	2	p01 p23		0.5	
CVT(T) PD2PI	mm,x	2	2	p01 p5	5	1	
CVT(T) PD2PI	mm,m128	2	3	p01 p23 p5		1	
CVTSI2SS	x,r32	2	2	p01 p5	6	2	
CVTSI2SS	x,r64	3	3	p01 2p5	7	2	
CVTSI2SS	x,m32	1	2	p01 p23		2	

Coffee Lake

CVT(T)SS2SI	r32,x	2	2	2p01	6	1	
CVT(T)SS2SI	r64,x	3	3	2p01 p5	7	1	
CVT(T)SS2SI	r32,m32	3	3	2p01 p23		1	
CVTSI2SD	x,r32/64	2	2	p01 p5	6	2	
CVTSI2SD	x,m32	1	2	p01 p23		2	
CVT(T)SD2SI	r32/64,x	2	2	p0 p1	6	1	
CVT(T)SD2SI	r32,m64	3	3	2p01 p23		1	
VCVTPS2PH	x,v,i	2	2	p01 p5	5-7	1	F16C
VCVTPS2PH	m,v,i	3	3	p01 p4 p23		1	F16C
VCVTPH2PS	v,x	2	2	p01 p5	5-7	1	F16C
VCVTPH2PS	v,m	1	2	p01 p23		0.5	F16C
Arithmetic							
ADDSS/D PS/D							
SUBSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5	
ADDSS/D PS/D							
SUBSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
ADDSUBPS/D	x,x / v,v,v	1	1	p01	4	0.5	SSE3
ADDSUBPS/D	x,m / v,v,m	1	2	p01 p23		0.5	SSE3
HADDPS/D							
HSUBPS/D	x,x / v,v,v	3	3	p01 2p5	6	2	SSE3
HADDPS/D							
HSUBPS/D	x,m / v,v,m	4	4	p1 2p5 p23		2	SSE3
MULSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5	
MULSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
DIVSS	x,x	1	1	p0	11	3	
DIVPS	x,x	1	1	p0	11	3	
DIVSS DIVPS	x,m	1	2	p0 p23		3	
DIVSD	x,x	1	1	p0	13-14	4	
DIVPD	x,x	1	1	p0	13-14	4	
DIVSD DIVPD	x,m	1	2	p0 p23		4	
VDIVPS	y,y,y	1	1	p0	11	5	AVX
VDIVPS	y,y,m256	1	2	p0 p23		5	AVX
VDIVPD	y,y,y	1	1	p0	13-14	8	AVX
VDIVPD	y,y,m256	1	2	p0 p23		8	AVX
RCPSS/PS	v,v	1	1	p0	4	1	
RCPSS/PS	v,m	1	2	p0 p23		1	
CMPccSS/D							
CMPccPS/D	x,x / v,v,v	1	1	p01	4	0.5	
CMPccSS/D							
CMPccPS/D	x,m / v,v,m	2	2	p01 p23		0.5	
(U)COMISS/D	x,x	1	1	p0		1	
(U)COMISS/D	x,m32/64	2	2	p0 p23		1	
MAXSS/D PS/D							
MINSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5	
MAXSS/D PS/D							
MINSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5	
ROUNDSS/D PS/D	v,v,i	2	2	2p01	8	1	SSE4.1
ROUNDSS/D PS/D	v,m,i	3	3	2p01 p23		1	SSE4.1
DPPS	x,x,i / v,v,v,i	4	4	3p01 p5	13	1.5	SSE4.1
DPPS	x,m,i / v,v,m,i	6	6	3p01 p23 p5 p6		4	SSE4.1
DPPD	x,x,i	3	3	2p01 p5	9	1	SSE4.1
DPPD	x,m128,i	4	4	2p01 p23 p5		1	SSE4.1

Coffee Lake

VFMADD... (all FMA instr.)	v,v,v	1	1	p01	4	0.5	FMA
VFMADD... (all FMA instr.)	v,v,m	1	2	p01 p23		0.5	FMA
Math							
SQRTSS/PS	x,x	1	1	p0	12	3	
SQRTSS/PS	x,m128	1	2	p0 p23		3	
VSQRTPS	y,y	1	1	p0	12	6	AVX
VSQRTPS	y,m256	4	4	p0 p23		6	AVX
SQRTSD	x,x	1	1	p0	15-16	4-6	
SQRTPD	x,x	1	1	p0	15-16	4-6	
SQRTSD/PD	x,m128	1	2	p0 p23		4-6	
VSQRTPD	y,y	1	1	p0	15-16	9-12	AVX
VSQRTPD	y,m256	4	4	p0 p23		9-12	AVX
RSQRTSS/PS	v,v	1	1	p0	4	1	
RSQRTSS/PS	v,m	1	2	p0 p23		1	
Logic							
AND/ANDN/OR/ XORPS/PD	x,x / v,v,v	1	1	p015	1	0.33	
AND/ANDN/OR/ XORPS/PD	x,m / v,v,m	1	2	p015 p23		0.5	
Other							
VZERoupper		4	4			1	AVX
VZEROALL		25	25	p0 p1 p5 p6		12	AVX, 32 bit
VZEROALL		34	34	p0 p1 p5 p6		12	AVX, 64 bit
LDMXCSR	m32	4	4	p0 p5 p6 p23	5	3	
STMXCSR	m32	3	4	p0 p4 p6 p237	4	1	
FXSAVE	m4096	106	120		60	60	32 bit mode
FXSAVE	m4096	114	136		65	65	64 bit mode
FXRSTOR	m4096	105	105		76	76	32 bit mode
FXRSTOR	m4096	121	121		77	77	64 bit mode
XSAVE		247	272		107	107	32 bit mode
XSAVE		271	304		107	107	64 bit mode
XRSTOR		190	190		79	79	
XSAVEOPT	m	214	221		84	84	

Intel Cannon Lake

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, z = 512 bit zmm register, xy = xmm or ymm register, v = any vector register (mmx, xmm, ymm, zmm). m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retire stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The total number of μ ops for all execution ports. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if this number is higher than the number under fused domain. Some operations are not counted here if they do not go to any execution port or if the counters are inaccurate.
μops each port:	The number of μ ops for each execution port. p0 means a μ op to execution port 0. p01 means a μ op that can go to either port 0 or port 1. p0 p1 means two μ ops going to port 0 and 1, respectively. Port 0: Integer, f.p. and vector ALU, mul, div, branch Port 1: Integer, f.p. and vector ALU Port 2: Load Port 3: Load Port 4: Store Port 5: Integer and vector ALU Port 6: Integer ALU, branch Port 7: Store address
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOV	r,i	1	1	p0156		0.25	may elim. all addressing modes
MOV	r8/16,r8/16	1	1	p0156	1	0.25	
MOV	r32/64,r32/64	1	1	p0156	0-1	0.25	
MOV	r8l,m	1	2	p23 p0156		0.5	
MOV	r8h,m	1	1	p23		0.5	
MOV	r32/64,m	1	1	p23	3	0.5	
MOV	m,r	1	2	p49 p78	2	1	
MOV	m,i	1	2	p49 p78		1	
MOVNTI	m,r	2	2	p23 p4	~400	1	
MOVSX MOVZX	r,r	1	1	p0156	1	0.25	
MOVSXD							

Cannon Lake

MOVSX MOVZX	r16,m8	1	2	p23 p0156	3	0.5	all other combinations
MOVSX MOVZX	r,m	1	1	p23	3	0.5	
MOVSLD							
CMOVCc	r,r	1	1	p06	1	0.5	implicit lock
CMOVCc	r,m	1	2	p06 p23		0.5	
XCHG	r,r	3	3	3p0156	1-2	1	
XCHG	r,m	8	8		21		
XLAT		3	3	p23 2p0156	7	1	not 64 bit
PUSH	r	1	2	p49 p78	3	1	
PUSH	i	1	2	p49 p78		1	
PUSH	m	3	3	p23 p49 p78		1	
PUSH	stack pointer	3	3	p0156 p49 p78		1	
PUSHF(D/Q)		4	4	p06 p1 p49 p78		1	
PUSHA(D)		11	19			8	
POP	r	1	1	p23	3	0.5	not 64 bit
POP	stack pointer	3	3			3	
POP	m	2	3	2p237 p4		1	
POPF(D/Q)		9	9			20	
POPA(D)		18	18			8	not 64 bit
LAHF SAHF		1	1	p06	1	1	
SALC		3	3	3p0156	1	1	not 64 bit
LEA	r16,m	2	2	p1 p05	2-4	1	
LEA	r32/64,m	1	1	p15	1	0.5	1 or 2 components in address
LEA	r32/64,m	1	1	p1	3	1	3 components in address
LEA	r32/64,m	1	1	p1		1	rip relative address
BSWAP	r32	1	1	p15	1	0.5	MOVBE
BSWAP	r64	2	2	p0156	2	1	
MOVBE	r16,m16	3	3	2p0156 p23		0.5-1	
MOVBE	r32,m32	2	2	p15 p23		0.5	
MOVBE	r64,m64	3	3	2p0156 p23		0.75	
MOVBE	m16,r16	2	3	p06 p237 p4		1	
MOVBE	m32,r32	2	3	p15 p237 p4		1	
MOVBE	m64,r64	3	4	p06 p15 p237 p4		1	
PREFETCHNTA/0/1/2	m	1	1	p23		0.5	
PREFETCHW	m	1	1	p23		1	
LFENCE		2		none counted		5	Arithmetic instructions
MFENCE		3	3	p23 p4		34	
SFENCE		2	2	p23 p4		6	
ADD SUB	r,r/i	1	1	p0156	1	0.25	
ADD SUB	r,m	1	2	p0156 p23		0.5	
ADD SUB	m,r/i	2	4	2p0156 2p237 p4	5	1	
ADC SBB	r,r/i	1	1	p06	1	1	
ADC SBB	r,m	2	2	p06 p23		1	
ADC SBB	m,r/i	4	6	3p0156 2p237 p4	5	2	
ADCX ADOX	r,r	1	1	p06	1	1	

Cannon Lake

CMP	r,r/i	1	1	p0156	1	0.25	
CMP	m,r/i	1	2	p0156 p23	1	0.5	
INC DEC NEG NOT	r	1	1	p0156	1	0.25	
INC DEC NOT	m	3	4		5	1	
NEG	m	2	4		5	1	
AAA AAS		2	2	p1 p0156	5		not 64 bit
DAA DAS		3	4		4		not 64 bit
AAD		3	3	p1 2p0156	5		not 64 bit
AAM		7	7		15	7	not 64 bit
MUL IMUL	r8	1	1	p1	3	1	
MUL IMUL	r16	4	4	p1 p0156	4	2	
MUL IMUL	r32	3	3	p1 p0156	4	1	
MUL IMUL	r64	2	2	p1 p6	3	1	
IMUL	r,r	1	1	p1	3	1	
IMUL	r16,r16,i	2	2	p1 p0156	4	1	
IMUL	r32,r32,i	1	1	p1	3	1	
IMUL	r64,r64,i	1	1	p1	3	1	
MULX	r32,r32,r32	3	3	p1 2p056	4	1	BMI2
MULX	r64,r64,r64	2	2	p1 p5	4	1	BMI2
DIV IDIV	r8	4	4	p0156	12	6	
DIV IDIV	r16	6	6	p0156	17	6	
DIV IDIV	r32	4	4	p0156	12	6	
DIV IDIV	r64	4	4	p0156	15	10	
CBW		1	1	p0156	1	0.5	
CWDE		1	1	p0156	1	1	
CDQE		1	1	p0156	1	0.5	
CWD		2	2	p0156	1	1	
CDQ		1	1	p06	1	1	
CQO		1	1	p06	1	0.5	
POPCNT	r,r	1	1	p1	3	1	SSE4.2
CRC32	r,r	1	1	p1	3	1	SSE4.2
Logic instructions							
AND OR XOR	r,r/i	1	1	p0156	1	0.25	
AND OR XOR	r,m	1	2	p0156 p23		0.5	
AND OR XOR	m,r/i	2	4	2p0156 2p237 p4	5	1	
TEST	r,r/i	1	1	p0156	1	0.25	
TEST	m,r/i	1	2	p0156 p23	1	0.5	
SHR SHL SAR	r,i	1	1	p06	1	0.5	
SHR SHL SAR	m,i	3	4	2p06 p237 p4		2	
SHR SHL SAR	r,cl	3	3	3p06	2	2	
SHR SHL SAR	m,cl	5	6	3p06 2p23 p4		4	
ROR ROL	r,1	2	2	2p06	1	1	short form
ROR ROL	r,i	1	1	p06	1	0.5	
ROR ROL	r,cl	3	3	3p06	2	2	
RCR RCL	r,1	3	3	2p06 p0156	2	2	
RCR	r,i	8	8		6	6	
RCL	r,i	8	8		7	7	
RCR	r,cl	8	8		6	6	
RCL	r,cl	8	8		7	7	
SHRD SHLD	r,r,i	1	1	p1	3	1	
SHLD	r,r,cl	4	4		3	2	
SHRD	r,r,cl	4	4		4	2	

Cannon Lake

SHLX SHRX SARX	r,r,r	1	1	p06	1	0.5	
RORX	r,r,i	1	1	p06	1	0.5	
BT	r,r/i	1	1	p06	1	0.5	
BT	m,r	10	10			5	
BT	m,i	2	2	p06 p23		0.5	
BTR BTS BTC	r,r/i	1	1	p06	1	0.5	
BTR BTS BTC	m,r	10	11			5	
BTR BTS BTC	m,i	3	4	p06 p4 p23		1	
BSF BSR	r,r	1	1	p1	3	1	
BSF BSR	r,m	1	2	p1 p23		1	
SETcc	r	1	1	p06	1	0.5	
SETcc	m	2	3	p06 p237 p4		1	
CLC		1	0	none		0.25	
STC		1	1	p0156		0.25	
CMC		1	1	p0156	1	1	
CLD STD		3	3	p15 p6		4	
LZCNT	r,r	1	1	p1	3	1	LZCNT
TZCNT	r,r	1	1	p1	3	1	BMI1
ANDN	r,r,r	1	1	p15	1	0.5	BMI1
BLSI BLSMSK	r,r	1	1	p15	1	0.5	BMI1
BLSR							
BEXTR	r,r,r	2	2	2p0156	2	0.5	BMI1
BEXTR	r,m,r	3	3	2p0156 p23		1	BMI1
BZHI	r,r,r	1	1	p15	1	0.5	BMI2
PDEP	r,r,r	1	1	p1	3	1	BMI2
PEXT	r,r,r	1	1	p1	3	1	BMI2
Control transfer instructions							
JMP	short/near	1	1	p6		1-2	
JMP	r	1	1	p6		2	
JMP	m	1	2	p23 p6		2	
Conditional jump	short/near	1	1	p6		1-2	predicted taken
Conditional jump	short/near	1	1	p06		0.5-1	predicted not taken
Fused arithmetic and branch		1	1	p6		1-2	predicted taken
Fused arithmetic and branch		1	1	p06		0.5-1	predicted not taken
J(E/R)CXZ	short	2	2	p0156 p6		0.5-2	
LOOP	short	7	7			5	
LOOP(N)E	short	11	11			6	
CALL	near	2	3	p237 p4 p6		3	
CALL	r	2	3	p237 p4 p6		2	
CALL	m	3	4	2p237 p4 p6		3	
RET		1	2	p237 p6		2	
RET	i		2			2	
BOUND	r,m	15	15			8	not 64 bit
INTO		5	5			6	not 64 bit
String instructions							
LODSB/W		3	3	2p0156 p23		1	
LODSD/Q		2	2	p0156 p23		1	
REP LODS							

Cannon Lake

STOS		3	3	p23 p0156 p4		1	
REP STOS		<2n				~0.5n	worst case
REP STOS		2.6/32B				1/32B	best case
							aligned by 32
MOVS		5	5	2p23 p4 2p0156		4	
REP MOVS		~2n				< 1n	worst case
REP MOVS		4/32B				1/32B	best case
							aligned by 32
SCAS		3	3	p23 2p0156		1	
REP SCAS		≥6n				≥2n	
CMPS		5	5	2p23 3p0156		4	
REP CMPS		≥8n				≥2n	
Synchronization instructions							
XADD	m,r	4	5			5	
LOCK XADD	m,r	9	9			18	
LOCK ADD	m,r	8	8			18	
CMPXCHG	m,r	5	6			6	
LOCK CMPXCHG	m,r	10	10			18	
CMPXCHG8B	m,r	16	16			11	
LOCK CMPXCHG8B	m,r	20	20			19	
CMPXCHG16B	m,r	23	23			16	
LOCK CMPXCHG16B	m,r	25	25			26	
Other							
NOP (90)		1	0	none		0.25	
Long NOP (0F 1F)		1	0	none		0.25	
PAUSE		8	8		~160		
ENTER	a,0	12	12			8	
ENTER	a,b	~14+7b	~54+7b		~91+2b		
LEAVE		3	3	2p0156 p23		4	
XGETBV		15	15			8	XGETBV
CPUID		38-120				100-250	
RDTSC		18	18			25	
RDTSCP		20	20			32	RDTSCP
RDPMC		33	33			14	
RDRAND	r	14	14	p23 p0156		~800	RDRAND
RDSEED	r	14	14			~800	RDSEED

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal through put	Comments
Move instructions							
FLD	r	1	1	p05	1	0.5	
FLD	m32/64	1	1	p23	3	0.5	
FLD	m80	4	4	2p01 2p23	4	2	
FBLD	m80	45	45		46	23	
FST(P)	r	1	1	p05	1	0.5	
FST(P)	m32/m64	1	2	p4 p237	3	1	

Cannon Lake

FSTP	m80	7	7	3p0156 2p23 2p4	4	5	SSE3
FBSTP	m80	260	226		264	266	
FXCH	r	2	2	none	0	0.5	
FILD	m	1	2	p05 p23	5	1	
FIST(P)	m	3	3	p5 p23 p4	7	1	
FISTTP	m	3	3	p1 p23 p4	7	2	
FLDZ		1	1	p05		1	
FLD1		2	2	2p05		2	
FLDPI FLDL2E etc.		2	2	2p05		2	
FCMOVcc	r	4	4	p0 p1 p56	3	2	
FNSTSW	AX	2	2	p0 p0156	6	1	
FNSTSW	m16	2	3	p0 p4 p237	6	1	
FLDCW	m16	3	3	p01 p23 p6	7	2	
FNSTCW	m16	2	3	p237 p4 p6	6	1	
FINCSTP FDECSTP		1	1	p05	0	0.5	
FFREE(P)	r	1	1	p05		0.5	
FNSAVE	m	133	133		195	195	
FRSTOR	m	89	89		175	175	
Arithmetic instructions							
FADD(P)							
FSUB(R)(P)	r	1	1	p5	3	1	
FADD(P)							
FSUB(R)(P)	m	2	3	p5 p23		1	
FMUL(P)	r	1	1	p0	5	1	
FMUL(P)	m	2	3	p0 p23		1	
FDIV(R)(P)	r	1	1	p0	14-16	4-5	
FDIV(R)(P)	m	1	2	p0 p23		4-5	
FABS		1	1	p0	1	1	
FCHS		1	1	p0	1	1	
FCOM(P) FUCOM	r	1	1	p5	3	1	
FCOM(P) FUCOM	m	1	2	p5 p23		1	
FCOMPP FU-COMPP		2	2	p0 p5		1	
FCOMI(P)							
FUCOMI(P)	r	3	3	p5		1	
FIADD FISUB(R)	m	3	4	2p5 p23		2	
FIMUL	m	2	3	p0 p5 p23		1	
FIDIV(R)	m	2	3	p0 p5 p23			
FICOM(P)	m	2	3	2p5 p23		2	
FTST		1	1	p5	3	1	
FXAM		2	2	2p5	6	2	
FPREM		31	31		26-30	15	
FPREM1		31	31		30-57	17	
FRNDINT		17	17		21	11	
Math							
FSCALE		27	27		11		
FEXTRACT		17	17		11	9	
FSQRT		1	1	p0	14-21	4-7	
FSIN		53-105			50-120		
FCOS		53-105			50-130		

Cannon Lake

FSINCOS		55-120			55-150		
F2XM1		40-90			65-80		
FYL2X		40-100			50-100		
FYL2XP1		56			55-80		
FPTAN		50-110			60-150		
FPATAN		30-160			100-160		
Other							
FNOP		1	1	p05		0.5	
WAIT		2	2	p05		2	
FNCLEX		5	5	p156		22	
FNINIT		18	18			78	

Integer vector instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal through put	Comments
Move instructions							
MOVD	r32,mm/x	1	1	p0	2	1	may eliminate may eliminate
MOVD	m32,mm/x	1	2	p237 p4	3	1	
MOVD	mm/x,r32	1	1	p5	2	1	
MOVD	mm/x,m32	1	1	p23	2	0.5	
MOVQ	r64,mm/x	1	1	p0	2	1	
MOVQ	mm/x,r64	1	1	p5	2	1	
MOVQ	mm,mm	1		p05	1	0.5	
MOVQ	x,x	1		p015	1	0.5	
MOVQ	mm/x,m64	1	1	p23	2	0.5	
MOVQ	m64, mm/x	1	2	p237 p4	3	1	
MOVDQA/U	x,x	1	1	p015	0-1	0.25	
MOVDQA/U	x, m128	1	1	p23	2	0.5	
MOVDQA/U	m128, x	1	2	p237 p4	3	1	
VMOVDQA/U	y,y	1	1		0-1	0.25	
VMOVDQA32/64	z,z	1	1		0-1	0.33	
VMOVDQA32/64	v{k},v	1	1	p015	1	1	may eliminate may eliminate
VMOVDQA/U/32/64	v,m	1	1	p23	3	0.5	
VMOVDQA/U32	v{k},m	1	2	p05 p23	4	0.5	
VMOVDQA/U32	v{k}{z},m	1	2	p05 p23	4	0.5	
VMOVDQA/U/32/64	m,v	1	2	p49 p78	3	1	
VMOVDQA/U32	m{k},v	1	2		13	1	
LDDQU	x,m	1	1	p23	3	0.5	
MOVDQ2Q	mm, x	2	2	2p015	2	0.5	
MOVQ2DQ	x,mm	2	2	p0 p015	2	1	
MOVNTQ	m64,mm	1	2	p23 p4	~400	1	
MOVNTDQ	m128,x	1	2	p23 p4	~400	1	
VMOVNTDQ	m256,y	1	2	p23 p4	~400	1	
MOVNTDQA	v,m	2	2	p23 p015	4	0.5	
PACKSSWB/DW							
PACKUSWB	mm,mm	3	3	p5	2	2	
PACKSSWB/DW							
PACKUSWB/DW	x,x / v,v,v	1	1	p5	1	1	

Cannon Lake

PUNPCKH/LBW	mm,mm	1	1	p5	1	1
PUNPCKH/L...	v,v / v,v,v	1	1	p5	1	1
PMOVSX/ZX BW BD						
BQ DW DQ	x,x	1	1	p5	1	1
VPMOVSX/ZX BW BD						
BQ DW DQ	y,x	1	1	p5	3	1
VPMOVSX/ZX BW BD						
BQ DW DQ	z,xy	1	1	p5	3	1
VPMOVWB/DB/QB/ DW/QW/QD						
WPMOVSWB/DB/QB/ DW/QW/QD						
WPMOVUSWB/DB/QB/ /DW/QW/QD	v,v	2	2	2p5	4	2
PSHUF8	mm,mm	3	3	p0 p5	3	1
PSHUF8	x,x / y,y,y	1	1	p5	1	1
VPSHUF8	z,z,z	1	1	p5	1	1
PSHUF8	mm,mm,i	1	1	p5	1	1
PSHUFL/HW	v,v,i	1	1	p5	1	1
PSHUFD	v,v,i	1	1	p5	1	1
VSHUFI32X4	v,v,v,i	1	1	p5	3	1
VSHUFI64X2	v,v,v,i	1	1	p5	3	1
PALIGNR	v,v,i / v,v,v,i	1	1	p5	1	1
VALIGND/Q	v,v,v,i	1	1	p5	3	1
PBLENDVB	x,x,xmm0	1	1	p015	1	0.5
VPBLENDVB	v,v,v,v	2	2	2p015	2	1
PBLENDW	x,x,i / v,v,v,i	1	1	p5	1	1
VPBLEND	v,v,v,i	1	1	p015	1	0.33
VPBLENDMB/W	v{k},v,v	1	1	p05	3	0.5
VPBLENDMD/Q	v{k},v,v	1	1	p05	1	0.5
VPERMW	v,v,v	2	2	p0 p5	3	1
VPERMD	v,v,v	1	1	p5	3	1
VPERMQ	v,v,i	1	1	p5	3	1
VPERMQ	v,v,v	1	1	p5	3	1
VPERM2128	y,y,y,i	1	1	p5	3	1
VPERM2W	v,v,v	3	3	p01 2p5	7	2
VPERM2D	v,v,v	1	1	p5	3	1
VPERM2Q	v,v,v	1	1	p5	3	1
VPERMT2W	v,v,v	3	3	p01 2p5	6	2
VPERMT2D	v,v,v	1	1	p5	3	1
VPERMT2Q	v,v,v	1	1	p5	3	1
MASKMOVQ	mm,mm	4	4	p0 p4 2p23	~400	2
MASKMOVDQU	x,x	10	10		~400	10
VPMASKMOVD/Q	v,v,m	2	2	p23 p015	3	0.5
VPMASKMOVD/Q	m,v,v	3	3	p0 p4 p23	3	1
PMOVMSKB	r,v	1	1	p0	2	1
PEXTRB/W/D/Q	r,x,i	2	2	p0 p15	3	1
PEXTRB/W/D/Q	m,x,i	2	3		3	1
VEXTRACTI128	x,y,i	1	1	p5	3	1
VEXTRACTI128	m,y,i	2	2	p23 p4	3	1
PINSRB/W/D/Q	x,r32,i	2	2	2p5	3	2
VINSERTI128	y,y,x,i	1	1	p5	3	1
VINSERTI128	y,y,m,i	2	2	p015 p23	4-5	1
VINSERTI32x4	z,z,x,i	1	1	p5	3	1
VINSERTI32x4	z,z,m,i	2	2	p05 p23	4-5	0.5

Cannon Lake

VINSERTI64x4	z,z,y,i	1	1	p5	3	1
VINSERTI64x4	z,z,m,i	1	2	p05 p23	4-5	0.5
VPBROADCAST B/W/D/Q	x,x	1	1	p5	1	1
VPBROADCAST B/W	v,m	2	2	p23 p5		1
VPBROADCAST D/Q	v,m	1	1	p23		0.5
VPBROADCAST B/W/D/Q	v,x	1	1	p5	3	1
VBROADCASTI128	y,m128	1	1	p23	4	0.5
VBROADCASTI32X2	z,x,i	1	1	p5	3	1
VBROADCASTI32X4/ I64x2	z,m128,i	1	1	p23	3	0.5
VBROADCASTI32X8	z,y,i	1	1	p5	3	1
VBROADCASTI32X8/ i64x4	z,m256,i	1	1	p23	4	0.5
VPCOMPRESSD/Q	v{k},v	2	2	p5	3	
VPEXPANDD/Q	v{k},v	2	2	p5	3	
VPGATHERDD	x,[r+s*x],x	4	4	p015 p23		3
VPGATHERDD	y,[r+s*y],y	4	4	p015 p23		5
VPGATHERDQ	x,[r+s*x],x	4	5	p015 p23		2
VPGATHERDQ	y,[r+s*x],y	4	4	p015 p23		3
VPGATHERQD	x,[r+s*x],x	4	5	p015 p23		2
VPGATHERQD	x,[r+s*y],x	4	4	p015 p23		3
VPGATHERQQ	x,[r+s*x],x	4	5	p015 p23		2
VPGATHERQQ	y,[r+s*y],y	4	4	p015 p23		3
VPGATHERDD	x{k},[r+s*x]	4	4	p015 p23		3
VPGATHERDD	y{k},[r+s*y]	4	4	p015 p23		5
VPGATHERDD	z{k},[r+s*z]	4	4	p05 p23		9
VPGATHERDQ	x{k},[r+s*x]	4	5	p015 p23		2
VPGATHERDQ	y{k},[r+s*x]	4	4	p015 p23		3
VPGATHERDQ	z{k},[r+s*y]	4	4	p05 p23		5
VPGATHERQD	x{k},[r+s*x]	4	5	p015 p23		2
VPGATHERQD	x{k},[r+s*y]	4	4	p015 p23		3
VPGATHERQD	y{k},[r+s*z]	4	4	p05 p23		5
VPGATHERQQ	x{k},[r+s*x]	4	5	p015 p23		2
VPGATHERQQ	y{k},[r+s*y]	4	4	p015 p23		3
VPGATHERQQ	z{k},[r+s*z]	4	4	p05 p23		5
VPSCATTERDD	[r+s*x]{k},x	12	12			6
VPSCATTERDD	[r+s*y]{k},y	20	20			9
VPSCATTERDD	[r+s*z]{k},z	36	36			17
VPSCATTERDQ	[r+s*x]{k},x	8	8			5
VPSCATTERDQ	[r+s*x]{k},y	12	12			6
VPSCATTERDQ	[r+s*y]{k},z	20	20			9
VPSCATTERQD	[r+s*x]{k},x	8	8			5
VPSCATTERQD	[r+s*y]{k},x	12	12			6
VPSCATTERQD	[r+s*z]{k},y	20	20			9
VPSCATTERQQ	[r+s*x]{k},x	8	8			5
VPSCATTERQQ	[r+s*y]{k},y	12	12			6
VPSCATTERQQ	[r+s*z]{k},z	20	20			9
Arithmetic instructions						

Cannon Lake

PADD/SUB(S,US) B/ W/D/Q	mm,mm	1	1	p0	1	1
PADD/SUB(S,US) B/ W/D/Q	x,x / xy,xy,xy	1	1	p015	1	0.33
PADD/SUB(S,US) B/ W/D/Q	z,z,z	1	1	p05	1	0.5
PADD/SUB(S,US) B/ W/D/Q	v,m / v,v,m	1	2	p015 p23		0.5
PHADD(S)W/D						
PHSUB(S)W/D	v,v / v,v,v	3	3	p015	3	2
PCMPEQB/W/D						
PCMPGTB/W/D	mm,mm	1	1	p0	1	1
PCMPEQB/W/D						
PCMPGTB/W/D	x,x / y,y,y	1	1	p01	1	0.5
PCMPEQQ	v,v / v,v,v	1	1	p01	1	0.5
PCMPGTQ	v,v / v,v,v	1	1	p5	3	1
VPCMP..B/W/D/Q	k{k},v,v	1	1	p5	3	1
PMULL/HW						
PMULHUW	mm,mm	1	1	p0	5	1
PMULL/HW						
PMULHUW	x,x / y,y,y	1	1	p01	5	0.5
VPMULL/HW						
VPMULHUW	z,z,z	1	1	p0	5	1
VPMULLQ	xy,xy,xy	3	3	p01	15	1.5
VPMULLQ	v,v,v	3	3	p0	15	3
PMULHRSW	mm,mm	1	1	p0	5	1
PMULHRSW	x,x / y,y,y	1	1	p01	5	0.5
PMULHRSW	z,z,z	1	1	p0	5	1
PMULLD	x,x / y,y,y	2	2	2p01	10	1
PMULLD	z,z,z	2	2	2p0	10	2
PMULDQ	x,x / y,y,y	1	1	p01	5	0.5
PMULDQ	z,z,z	1	1	p0	5	1
PMULUDQ	mm,mm	1	1	p0	5	1
PMULUDQ	x,x / y,y,y	1	1	p01	5	0.5
PMULUDQ	z,z,z	1	1	p0	5	1
PMADDWD	mm,mm	1	1	p0	5	1
PMADDWD	x,x / y,y,y	1	1	p01	5	0.5
PMADDWD	z,z,z	1	1	p0	5	1
PMADDUBSW	mm,mm	1	1	p0	5	1
PMADDUBSW	x,x / y,y,y	1	1	p01	5	0.5
PMADDUBSW	z,z,z	1	1	p0	5	1
PAVGB/W	mm,mm	1	1	p0	1	1
PAVGB/W	x,x / y,y,y	1	1	p01	1	0.5
PAVGB/W	z,z,z	1	1	p0	1	1
PMIN/PMAX						
SB/SW/SD						
UB/UW/UD	mm,mm	1	1	p0	1	1
PMIN/PMAX						
SB/SW/SD						
UB/UW/UD	x,x / y,y,y	1	1	p01	1	0.5
PMIN/PMAX						
SB/SW/SD						
UB/UW/UD	z,z,z	1	1	p0	1	1
PHMINPOSUW	x,x	1	1	p0	4	1
PABSB/W/D	mm,mm	1	1	p0	1	1
PABSB/W/D	x,x / y,y	1	1	p01	1	0.5

Cannon Lake

PABSB/W/D	z,z,z	1	1	p0	1	1	
PSIGNB/W/D	mm,mm	1	1	p0	1	1	
PSIGNB/W/D	x,x / y,y,y	1	1	p01	1	0.5	
PSADBW	v,v / v,v,v	1	1	p5	3	1	
MPSADBW	x,x,i / v,v,v,i	2	2	2p5	4	2	
Logic instructions							
PAND PANDN							
POR PXOR	mm,mm	1	1	p05	1	0.5	
PAND PANDN							
POR PXOR	x,x / y,y,y	1	1	p015	1	0.33	
VPAND/ANDN/OR/ XOR D/Q	z,z,z	1	1	p05	1	0.5	
PAND PANDN							
POR PXOR	v,m / v,v,m	1	2	p015 p23		0.5	
PTEST	x,x	2	2	p0 p5	3	1	
VPTEST	y,y	2	2	p0 p5	5	1	
VPTESTMB/W/D/Q							
VPTESTNMB/W/D/Q	k,z,z	1	1	p5	3	1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	mm,mm	1	1	p0	1	1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	x,x / v,v,x	2	2	p01 p5	1	1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	mm,i	1	1	p0	1	1	
PSLLW/D/Q							
PSRLW/D/Q							
PSRAW/D/Q	x,i / y,y,i	1	1	p01	1	0.5	
VPSLLW/D/Q							
VPSRLW/D/Q							
VPSRAW/D/Q	z,z,i	1	1	p0	1		
VPSLLW/D/Q							
VPSRLW/D/Q							
VPSRAW/D/Q	v,v,x	2	2	p01 p5	2	1	
VPSLLVD/Q							
VPSRAVD							
VPSRLVD/Q	xy,xy,xy	1	1	p01	1	0.5	
VPSLLVW/D/Q							
VPSRAVW/D/Q							
VPSRLVW/D/Q	z,z,z	1	1	p0	1	1	
PSLLDQ							
PSRLDQ	x,i / v,v,i	1	1	p5	1	1	
VPMULTISHIFTQB	v,v,v	1	1	p5	3	1	avx512vbmi
VPROL/RD/Q	xy,xy,i	1	1	p01	1	0.5	
VPROL/RD/Q	z,z,i	1	1	p0	1	1	
VPROL/RVD/Q	xy,xy,xy	1	1	p01	1	0.5	
VPROL/RVD/Q	z,z,z	1	1	p0	1	1	
VPLZCNTD/Q	xy,xy	1	1	p01	4	0.5	
VPLZCNTD/Q	z,z	1	1	p0	4	1	
VPTERNLOGD/Q	v,v,v	1	1	p015	1	0.5	
String instructions							
PCMPESTRI	x,x,i	8	8		4	4	

Cannon Lake

PCMPESTRI	x,m128,i	8	8			4	
PCMPESTRM	x,x,i	9	9		11	11	
PCMPESTRM	x,m128,i	9	9			5	
PCMPISTRI	x,x,i	3	3	3p0	3	3	
PCMPISTRI	x,m128,i	4	4			3	
PCMPISTRM	x,x,i	3	3	3p0	9	9	
PCMPISTRM	x,m128,i	4	4			3	
Encryption instructions							
PCLMULQDQ	x,x,i	1	1	p5	7	1	pclmulqdq
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,x	1	1	p01	5	0.5	aes
AESIMC	x,x	2	2	2p01	9	1	aes
AESKEYGENASSIST	x,x,i	13	13		12	12	aes
SHA1RND4S	x,x,i	1	1	p5	7	3	sha
SHA1NEXTE	x,x	3	3	p0 p1 p5	2	1	sha
SHA1MSG1	x,x	2	2	p01 p5	2	1	sha
SHA1MSG2	x,x	6	6	4p01 2p5	6	5	sha
SHA256RND4S2	x,x,xmm0	2	2	p5	8	4	sha
SHA256MSG1	x,x	6	6	4p01 2p5	5	5	sha
SHA256MSG2	x,x	13	13	8p01 4p5	10	8	sha
Other							
EMMS		10	10	p05 p6		6	
VPCONFLICTD	x,x	15	15	p015	12	8	avx512cd
VPCONFLICTD	y,y	22	22	p015	17	9	avx512cd
VPCONFLICTD	z,z	37	37	p05	27	19	avx512cd
VPCONFLICTQ	x,x	3	3	p015	4	2	avx512cd
VPCONFLICTQ	y,y	15	15	p015	13	8	avx512cd
VPCONFLICTQ	z,z	22	22	p05	17	11	avx512cd

Floating point vector instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVAPS/D	xy,xy	1	1		0-1	0.25	may eliminate may eliminate
MOVAPS/D	z,z	1	1		0-1	0.33	
VMOVAPS/D	xy{k},xy	1	1	p015	1	0.33	
VMOVAPS/D	z{k},z	1	1	p05	1	0.5	
VMOVAPS/D	v,m	1	1	p23	3	0.5	
VMOVUPS/D	xy{k},m	1	2	p23	4-5	0.5	
VMOVUPS/D	z{k},m	1	2	p23	4-5	1	
VMOVUPS/D	z{k}{z},m	1	2	p23	4-5	1	

Cannon Lake

MOVAPS/D						
MOVUPS/D	m,xy	1	2	p49 p78	2	1
VMOVAPS/D						
VMOVUPS/D	m,z	1	2	p49 p78	3	1
VMOVAPS/D						
VMOVUPS/D	m{k},z	1	2	p49 p78	13	1
MOVSS/D	x,x	1	1	p015	1	0.33
MOVSS/D	x,m	1	1	p23	4	0.5
MOVSS/D	m,x	1	2	p237 p4	3	1
MOVHPS/D	x,m64	1	2	p23 p5	4	1
MOVHPS/D	m64,x	1	2	p237 p4	4	1
MOVLPS/D	x,m64	1	2	p23 p5	4	1
MOVLPS/D	m64,x	1	2	p237 p4	4	1
MOVHLPS	x,x	1	1	p5	1	1
MOVLHPS	x,x	1	1	p5	1	1
MOVMSKPS/D	r32,x	1	1	p0	2	1
VMOVMSKPS/D	r32,y	1	1	p0	4	1
MOVNTPS/D	m128,x	1	2	p237 p4	~300	1
VMOVNTPS/D	m256,y	1	2	p237 p4	~400	1
SHUFPS/D	x,x,i / v,v,v,i	1	1	p5	1	1
VSHUFF32X4	v,v,v,i	1	1	p5	3	1
VSHUFF64X2	v,v,v,i	1	1	p5	3	1
VPERMILPS/PD	v,v,i	1	1	p5	1	1
VPERMILPS/PD	v,v,v	1	1	p5	1	1
VPERM2F128	y,y,y,i	1	1	p5	3	1
VPERMPS/D	v,v,v	1	1	p5	3	1
VPERMPD	y,y,i	1	1	p5	3	1
VPERMI2PS/PD	v,v,v	1	1	p5	3	1
VPERMT2PS/PD	v,v,v	1	1	p5	3	1
BLENDPS/PD	x,x,i / y,y,y,i	1	1	p015	1	0.33
BLENDVPS/PD	x,x,xmm0	1	1	p015	1	0.5
VBLENDVPS/PD	v,v,v,v	2	2	2p015	2	1
VBLENDMPS/PD	v{k},v,v	1	1	p05	1	0.5
MOVDDUP	v,v	1	1	p5	1	1
MOVDDUP	v,m	1	1	p23	3	0.5
VBROADCASTSS/D	v,m	1	1	p23	3-4	0.5
VBROADCASTSS/D	x,x	1	1	p5	1	1
VBROADCASTSS/D	yz,x	1	1	p5	3	1
VBROADCASTF128	y,m128	1	1	p23	5	0.5
MOVSH/LDUP	v,v	1	1	p5	1	1
UNPCKH/LPS/D	x,x / v,v,v	1	1	p5	1	1
EXTRACTPS	r32,x,i	2	2	p0 p5	3	1
EXTRACTPS	m32,x,i	2	3	p237 p4 p5	5	1
VEEXTRACTF128	x,y,i	1	1	p5	3	1
VEEXTRACTF128	m128,y,i	2	2	p23 p4	5	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	x,z,i	1	1	p5	3	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	m128,z,i	2	2	p23 p4	4	1
INSERTPS	x,x,i	1	1	p5	1	1
INSERTPS	x,m32,i	2	2	p23 p5	4	1
VINSERTF128	y,y,x,i	1	1	p5	3	1
VINSERTF128	y,y,m128,i	2	2	p015 p23	5	0.5

Cannon Lake

VEEXTRACTF32X4						
VEEXTRACTF64X2	z,z,x,i	1	1	p5	3	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	z,z,m128,i	2	2	p23 p4	4	1
VMASKMOVPS/D	v,v,m	2	2	p015 p23	3	0.5
VMASKMOVPS/D	m,xy,xy	3	3	p0 p4 p23	13	1
VCOMPRESSPS/PD	v{k},v	2	2	p5	3	
VEXPANDPS/PD	v{k},v	2	2	p5	3	
VGATHERDPS	x,[r+s*x],x	4	4	p015 p23		3
VGATHERDPS	y,[r+s*y],y	4	4	p015 p23		5
VGATHERDPD	x,[r+s*x],x	4	5	p015 p23		2
VGATHERDPD	y,[r+s*x],y	4	4	p015 p23		3
VGATHERQPS	x,[r+s*x],x	4	5	p015 p23		2
VGATHERQPS	x,[r+s*y],x	4	4	p015 p23		3
VGATHERQPD	x,[r+s*x],x	4	5	p015 p23		2
VGATHERQPD	y,[r+s*y],y	4	4	p015 p23		3
VGATHERDPS	x{k},[r+s*x]	4	4	p015 p23		3
VGATHERDPS	y{k},[r+s*y]	4	4	p015 p23		5
VGATHERDPS	z{k},[r+s*z]	4	4	p05 p23		9
VGATHERDPD	x{k},[r+s*x]	4	5	p015 p23		2
VGATHERDPD	y{k},[r+s*x]	4	4	p015 p23		3
VGATHERDPD	z{k},[r+s*y]	4	4	p05 p23		5
VGATHERQPS	x{k},[r+s*x]	4	5	p015 p23		2
VGATHERQPS	x{k},[r+s*y]	4	4	p015 p23		3
VGATHERQPS	y{k},[r+s*z]	4	4	p05 p23		5
VGATHERQPD	x{k},[r+s*x]	4	5	p015 p23		2
VGATHERQPD	y{k},[r+s*y]	4	4	p015 p23		3
VGATHERQPD	z{k},[r+s*z]	4	4	p05 p23		5
VSCATTERDPS	[r+s*x]{k},x	12	12			6
VSCATTERDPS	[r+s*y]{k},y	20	20			9
VSCATTERDPS	[r+s*z]{k},z	36	36			17
VSCATTERDPD	[r+s*x]{k},x	8	8			5
VSCATTERDPD	[r+s*x]{k},y	12	12			6
VSCATTERDPD	[r+s*y]{k},z	20	20			9
VSCATTERQPS	[r+s*x]{k},x	8	8			5
VSCATTERQPS	[r+s*y]{k},y	12	12			6
VSCATTERQPS	[r+s*z]{k},z	20	20			9
VSCATTERQPD	[r+s*x]{k},x	8	8			5
VSCATTERQPD	[r+s*y]{k},y	12	12			6
VSCATTERQPD	[r+s*z]{k},z	20	20			9
Conversion						
CVTPD2PS	x,x	2	2	p01 p5	5	1
VCVTPD2PS	x,y / y,z	2	2	p01 p5	7	1
CVTPS2PD	x,x	2	2	p01 p5	5	1
VCVTPS2PD	y,x / z,y	2	2	p01 p5	7	1
CVTSS2SD	x,x	2	2	p01 p5	5	2
CVTSD2SS	x,x	2	2	p01 p5	5	1
CVT(T) PS2DQ	x,x	1	1	p01	4	0.5
VCVT(T) PS2DQ	y,y	1	1	p01	4	0.5
VCVT(T) PS2DQ	z,z	1	1	p0	4	1
CVTDQ2PS	x,x	1	1	p01	4	0.5
VCVTDQ2PS	y,y	1	1	p01	4	0.5

Cannon Lake

VCVTDQ2PS	z,z	1	1	p0	4	1
VCVT(T)PS2QQ	v,v	2	2	p01 p5	5	1
VCVTQQ2PS	v,v	2	2	p01 p5	5	1
VCVTPS2QQ	v,v	2	2	p01 p5	5	1
VCVT(T)PS2UDQ	v,v	1	1	p01	4	1
VCVTUDQ2PS	v,v	1	1	p01	4	1
VCVT(T)PS2UQQ	v,v	2	2	p01 p5	5	1
VCVTUQQ2PS	v,v	2	2	p01 p5	5	1
CVT(T)PS2PI	mm,x	2	2	p0 p15	6	1
CVTPI2PS	x,mm	2	2	p0 p01	7	2
CVT(T)SS2SI	r32,x	2	2	2p01	6	1
CVT(T)SS2SI	r64,x	3	3	2p01 p5	7	1
CVTSI2SS	x,r32	2	2	p01 p5	6	2
CVTSI2SS	x,r64	3	3	p01 2p5	7	2
CVT(T)SS2USI	r32,x	2	2	2p01	6	1
CVT(T)SS2USI	r64,x	3	3	3p015	7	1
CVTUSI2SS	x,r32	2	2	p01 p5	6	1
CVTUSI2SS	x,r64	3	3	p01 2p5	7	2
VCVTPS2PH	x,x,i	2	2	p01 p5	5	1
VCVTPS2PH	x,y,i	2	2	p01 p5	7	1
VCVTPS2PH	y,z,i	2	2	p0 p5	7	1
VCVTPH2PS	x,x	2	2	p01 p5	5	1
VCVTPH2PS	y,x	2	2	p01 p5	7	1
VCVTPH2PS	z,y	2	2	p0 p5	7	1
CVT(T)PD2DQ	x,x	2	2	p01 p5	5	1
VCVT(T)PD2DQ	x,y	2	2	p01 p5	7	1
VCVT(T)PD2DQ	y,z	2	2	p0 p5	7	1
CVTDQ2PD	x,x	2	2	p01 p5	5	1
VCVTDQ2PD	y,x	2	2	p01 p5	7	1
VCVTDQ2PD	z,y	2	2	p0 p5	7	1
VCVT(T)PD2QQ	v,v	1	1	p01	4	0.5
VCVTQQ2PD	v,v	1	1	p01	4	0.5
VCVT(T)PD2UDQ	x,x	2	2	p01 p5	5	1
VCVT(T)PD2UDQ	x,y	2	2	p01 p5	7	1
VCVT(T)PD2UDQ	y,z	2	2	p0 p5	7	1
VCVTUDQ2PD	x,x	2	2	p01 p5	5	1
VCVTUDQ2PD	y,x	2	2	p01 p5	7	1
VCVTUDQ2PD	z,y	2	2	p0 p5	7	1
VCVT(T)PD2UQQ	v,v	1	1	p01	4	0.5
VCVTUQQ2PD	v,v	1	1	p01	4	0.5
CVT(T)PD2PI	mm,x	2	2	p01 p5	5	1
CVTPI2PD	x,mm	2	2	p01 p5	5	1
CVT(T)SD2SI	r32/64,x	2	2	p0 p1	6	1
CVTSI2SD	x,r32/64	2	2	p01 p5	6	2
CVT(T)SD2USI	r32/64,x	2	2	p0 p1	6	1
CVTUSI2SD	x,r32/64	2	2	p01 p5	6	1
Arithmetic						
ADDSS/D PS/D	x,x / y,y,y	1	1	p01	4	0.5
SUBSS/D PS/D						
VADDPS/D	z,z,z	1	1	p0	4	1
VSUBPS/D						

Cannon Lake

ADDSS/D PS/D						
SUBSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5-1
ADDSUBPS/D	x,x / v,v,v	1	1	p01	4	0.5-1
HADDPS/D						
HSUBPS/D	x,x / v,v,v	3	3	p01 2p5	6	2
MULSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5
VMULPS/D	z,z,z	1	1	p0	4	1
MULSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5-1
DIVSS	x,x	1	1	p0	11	3
DIVPS	x,x	1	1	p0	11	3
DIVPS	y,y	1	1	p0	11	5
VDIVPS	z,z,z	3	3	2p0 p5	17	10
DIVSD	x,x	1	1	p0	13-14	4
DIVPD	x,x	1	1	p0	13-14	4
VDIVPD	y,y,y	1	1	p0	13-14	8
VDIVPD	z,z,z	3	3	2p0 p5	22-23	16
RCPSS/PS	v,v	1	1	p0	4	1
VRCP14SS/PS	xy,xy	1	1	p0	4	1
VRCP14PS	z,z	3	3	2p0 p5	6	2
CMPccSS/D						
CMPccPS/D	x,x / v,v,v	1	1	p01	4	0.5
VCMPPS/PD	k,v,v,i	1	1	p5	3	1
(U)COMISS/D	x,x	1	1	p0	2	1
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x / v,v,v	1	1	p01	4	0.5-1
VRANGESS/SD/PS/PD	v,v,v	1	1	p01	4	0.5-1
ROUNDSS/SD/PS/PD	v,v,i	2	2	2p01	8	1
VRNDSCALE						
SS/PS/SD/PD	v,v,v,i	2	2	2p01	8	1
VREDUCE						
SS/PS/SD/PD	v,v,v,i	1	1	p01	4	0.5-1
DPPS	x,x,i / y,y,y,i	4	4	3p01 p5	13	2
DPPD	x,x,i	3	3	2p01 p5	9	1
VDBPSADBW	v,v,v,i	1	1	p5	3	1
VFIXUPIMMSS/SD	v,v,v,i	1	1	p0	4	2
VFPCLASSSS/SD	k,v,i	1	1	p5	3	1
VFMADD...						
(all FMA instruct.)	xy,xy,xy	1	1	p01	4	0.5
VFMADD...						
(all FMA instruct.)	z,z,z	1	1	p0	4	1
Math						
SQRTSS/PS	x,x	1	1	p0	12	3
VSQRTPS	y,y	1	1	p0	12	6
VSQRTPS	z,z	3	3	2p0 p5	19	12
SQRTSD/PD	x,x	1	1	p0	16	4-6
VSQRTPD	y,y	1	1	p0	16	9-12
VSQRTPD	z,z	3	3	2p0 p5	27-28	18-24
RSQRTSS/PS	x,x	1	1	p0	4	1
VRSQRTPS	y,y	1	1	p0	2	1
VRSQRT14SS/PS	x,x	1	1	p0	4	1
VRSQRT14PS	y,y	1	1	p0	2	1
VRSQRT14PS	z,z	3	3	2p0 p5	5	2
VGETEXPSS/SD	v,v,v	1	1	p01	4	0.5-1

Cannon Lake

VGETMANTPS/PD	v,v,v	1	1	p01	4	0.5-1	
VSCALEFSS/D/PS/D	v,v,v	1	1	p01	4	0.5-1	
Logic							
AND/ANDN/OR/ XORPS/PD	x,x / y,y,y	1	1	p015	1	0.33	
AND/ANDN/OR/ XORPS/PD	z,z,z	1	1	p05	1	0.5	
AND/ANDN/OR/ XORPS/PD	z,z,m	1	2	p015 p23		0.5	
VTESTPS/PD	v,v	1	1	p0		1	
Other							
VZEROUPPER		4	4	none		1	
VZEROALL		19	19			12	32 bit mode
VZEROALL		27	27			11	64 bit mode
LDMXCSR	m32	4	4		5	3	
STMXCSR	m32	3	4		4	1	
FXSAVE	m	105	119		60	60	32 bit mode
FXSAVE	m	115	135		65	65	64 bit mode
FXRSTOR	m	102	102		77	77	32 bit mode
FXRSTOR	m	118	118		77	77	64 bit mode
XSAVE	m	299	341		110	110	32 bit mode
XSAVE	m	363	437		138	138	64 bit mode
XRSTOR	m	194	194		82	82	32 bit mode
XRSTOR	m	194	194		82	82	64 bit mode
XSAVEC	m	219	226		78	78	64 bit mode
XSAVEOPT	m	224	232		82	82	

Mask register instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Recipro- cal through put	Comments
Move instructions							
KMOVB/W/D/Q	k,k	1	1	p0	1	1	
KMOVB/W/D/Q	k,m	3	3	p23 p5	4	1	
KMOVB/W/D/Q	m,k	1	2	p23 p4	4	1	
KMOVB/W/D/Q	k,r	1	1	p5	2	1	
KMOVB/W/D/Q	r,k	1	1	p0	2	1	
VPBROADCASTMB2Q	v,k	2	2	p0 p5	7	1	
VPBROADCASTMW2D	v,k	2	2	p0 p5	7	1	
KUNPCKBW	k,k,k	1	1	p5	4	1	
KUNPCKWD	k,k,k	1	1	p5	4	1	
KUNPCKDQ	k,k,k	1	1	p5	4	1	
VPMOVM2B/W	v,k	1	1	p05	3	0.5	
VPMOVM2D/Q	v,k	1	1	p05	2	0.5	
VPMOVB/W2M	k,v	1	1	p0	3	1	
VPMOVD/Q2M	k,v	1	1	p0	2	1	
Arithmetic instructions							

Cannon Lake

KADDB/W/D/Q	k,k,k	1	1	p5	4	1	
KSHIFTLB/W/D/Q	k,k,i	1	1	p5	4	1	
KSHIFTRB/W/D/Q	k,k,i	1	1	p5	4	1	
Logic instructions							
KANDB/W/D/Q	k,k,k	1	1	p0	1	1	
KANDNB/W/D/Q	k,k,k	1	1	p0	1	1	
KORB/W/D/Q	k,k,k	1	1	p0	1	1	
KXORB/W/D/Q	k,k,k	1	1	p0	1	1	
KXNORB/W/D/Q	k,k,k	1	1	p0	1	1	
KNOTB/W/D/Q	k,k	1	1	p0	1	1	
KTESTB/W/D/Q	k,k	1	1	p0	2	1	
KORTESTB/W/D/Q	k,k	1	1	p0	2	1	

Intel Ice Lake and Tiger Lake

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, y = 256 bit ymm register, z = 512 bit zmm register, xy = xmm or ymm register, v = any vector register (mmx, xmm, ymm, zmm). m = memory operand, m32 = 32-bit memory operand, etc.
μops fused domain:	The number of μ ops at the decode, rename, allocate and retire stages in the pipeline. Fused μ ops count as one.
μops unfused domain:	The total number of μ ops for all execution ports. Fused μ ops count as two. Fused macro-ops count as one. The instruction has μ op fusion if this number is higher than the number under fused domain. Some operations are not counted here if they do not go to any execution port or if the counters are inaccurate.
μops each port:	The number of μ ops for each execution port. p0 means a μ op to execution port 0. p01 means a μ op that can go to either port 0 or port 1. p0 p1 means two μ ops going to port 0 and 1, respectively. Port 0: Integer, f.p. and 256 bit vector ALU, mul, div, branch Port 1: Integer, f.p. and 256 bit vector ALU (re-routed to port 0 for 512-bit vectors) Port 23: Load Port 49: Store Port 78: Store address Port 5: Integer and 512 bit vector ALU Port 6: Integer ALU, branch
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Where hyperthreading is enabled, the use of the same execution units in the other thread leads to inferior performance. Subnormal numbers may increase the latency. The time unit used is core clock cycles, not the reference clock cycles given by the time stamp counter.
Reciprocal throughput:	The average number of core clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOV	r,i	1	1	p0156		0.25	all addressing modes
MOV	r,r	1	1	p0156	1	0.25	
MOV	r8,r8h r8h,r8	1	1	p0156	2	0.25	
MOV	r8/16,m	1	2	p23 p0156		0.5	
MOV	r32/64,m	1	1	p23	3	0.5	
MOV	m,r	1	2	p49 p78	2	1	
MOV	m,i	1	2	p49 p78		1	
MOVNTI	m,r	2	2	p23 p4	~400	~30	
MOVSX MOVZX	r,r	1	1	p0156	1	0.25	
MOVSXD							
MOVSX MOVZX	r16,m8	1	2	p23 p0156	3	0.5	

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MOVSX MOVZX MOVSD	r,m	1	1	p23	3	0.5	all other combinations
CMOVcc	r,r	1	1	p06	1	0.5	
CMOVcc	r,m	1	2	p06 p23		0.5	
XCHG	r,r	3	3	3p0156	1-2	1	
XCHG	r,m	8	8		19		implicit lock
XLAT		3	3	p23 2p0156	7	1	
PUSH	r	1	2	p49 p78	3	0.5	
PUSH	i	1	2	p49 p78		0.5	
PUSH	m	3	3	p23 p49 p78		1	
PUSH	stack pointer	3	3	p0156 p49 p78		1	
PUSHF(D/Q)		4	4	p06 p1 p49 p78		1	
PUSHA(D)		19	19			6	not 64 bit
POP	r	1	1	p23	3	0.5	
POP	stack pointer	3	3				
POP	m	3	3	p23 p49 p78		1	
POPF(D/Q)		9	9			21	
POPA(D)		18	18			8	not 64 bit
LAHF		1	1	p06	4	3	
SAHF		1	1	p06	1	1	
SALC		3	3		1	1	not 64 bit
LEA	r16,m	2	2		2	1	
LEA	r32/64,m	1	1	p0156	1	0.5	without index
LEA	r32/64,m	1	1	p15	1	0.5	with index
LEA	r32/64,m	1	1	p1		1	rip relative address
BSWAP	r32	1	1	p15	1	0.5	
BSWAP	r64	2	2	p0156	2	1	
MOVB	r16,m16	3	3			0.5	
MOVB	r32,m32	2	2			0.5	
MOVB	r64,m64	3	3			0.5	
MOVB	m16,r16	3	3			0.5	
MOVB	m32,r32	3	3			0.5	
MOVB	m64,r64	4	4			0.5	
PREFETCHNTA/0/1/2	m	1	1	p23		0.5	
PREFETCHW	m	1	1	p23		1	
LFENCE		2		none counted		5	
MFENCE		3	3			36	
SFENCE		2	2			6	
Arithmetic instructions							
ADD SUB	r,r/i	1	1	p0156	1	0.25	
ADD SUB	r,m	1	2	p0156 p23		0.5	
ADD SUB	m,r/i	2	4	p0156 p23 p49 p78	7	1	
ADC SBB	r,r/i	1	1	p06	1	1	
ADC SBB	r,m	1	2	p06 p23		1	
ADC SBB	m,r/i	4	4	p0156 p23 p49 p78	7	1	
ADCX ADOX	r,r	1	1	p06	1	1	
CMP	r,r/i	1	1	p0156	1	0.25	
CMP	m,r/i	1	2	p0156 p23	1	0.5	

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INC DEC NEG NOT	r	1	1	p0156	1	0.25	not 64 bit not 64 bit not 64 bit not 64 bit
INC DEC NOT	m	3	4		7	1	
NEG	m	2	4		7	1	
AAA AAS		2	2	p1 p0156	4		
DAA DAS		3	4		4		
AAD		3	3	p1 2p0156	6		
AAM		6	6		16		
MUL IMUL	r8	1	1	p1	3	1	
MUL IMUL	r16	4	4	p1 p0156	4	1	
MUL IMUL	r32	3	3	p1 2p0156	4	1	
MUL IMUL	r64	2	2	p1 p5	3	1	
IMUL	r,r	1	1	p1	3	1	
IMUL	r16,r16,i	2	2	p1 p0156	4	1	
IMUL	r32,r32,i	1	1	p1	3	1	
IMUL	r64,r64,i	1	1	p1	3	1	
MULX	r32,r32,r32	3	3	p1 2p056	4	1	
MULX	r64,r64,r64	2	2	p1 p5	4	1	
DIV IDIV	r8	4	4	p0156	19	6	
DIV IDIV	r16	4	4	p0156	17	6	
DIV IDIV	r32	4	4	p0156	12	6	
DIV IDIV	r64	4	4	p0156	15	10	
CBW		1	1	p0156	1	0.5	
CWDE		1	1	p0156	1	1	
CDQE		1	1	p0156	1	0.5	
CWD		2	2	p0156	1	1	
CDQ		1	1	p06	1	1	
CQO		1	1	p06	1	0.5	
POPCNT	r,r	1	1		3	1	
CRC32	r,r	1	1	p1	3	1	
Logic instructions							
AND OR XOR	r,r/i	1	1	p0156	1	0.25	short form
AND OR XOR	r,m	1	2	p0156 p23		0.5	
AND OR XOR	m,r/i	2	4	p0156 p23 p49 p78	7	1	
TEST	r,r/i	1	1	p0156	1	0.25	
TEST	m,r/i	1	2	p0156 p23	1	0.5	
SHR SHL SAR	r,i	1	1	p06	1	0.5	
SHR SHL SAR	m,i	4	4	p06 p23 p49 p78		2	
SHR SHL SAR	r,cl	2	2	2p06	1	1	
SHR SHL SAR	m,cl	5	6			4	
ROR ROL	r,1	2	2	2p06	1	1	
ROR ROL	r,i	1	1	p06	1	0.5	
ROR ROL	r,cl	2	2	2p06	1	1	
RCR RCL	r,1	3	3	2p06 p0156	2	2	
RCR	r,i	2	7		6	6	
RCL	r,i	2	7		7	7	
RCR	r,cl	2	7		6	6	
RCL	r,cl	2	7		7	7	
SHRD SHLD	r,r,i	1	1	p1	3	1	
SHLD	r,r,cl	3	3		3	1	
SHRD	r,r,cl	3	3		4	1	
SHLX SHRX SARX	r,r,r	1	1	p06	1	0.5	
RORX	r,r,i	1	1	p06	1	0.5	

IceLake

BT	r,r/i	1	1	p06	1	0.5	
BT	m,r	10	10			5	
BT	m,i	2	2	p06 p23		0.5	
BTR BTS BTC	r,r/i	1	1	p06	1	0.5	
BTR BTS BTC	m,r	10	11			5	
BTR BTS BTC	m,i	3	4			2	
BSF BSR	r,r	1	1	p1	3	1	
BSF BSR	r,m	1	2	p1 p23		1	
SETcc	r	1	1	p06	1	0.5	
SETcc	m	2	4			1	
CLC		1	0	none		0.25	
STC		1	1	p0156		0.25	
CMC		1	1	p0156	1		
CLD STD		3	3	p15 p6		4	
LZCNT	r,r	1	1	p1	3	1	
TZCNT	r,r	1	1	p1	3	1	
ANDN	r,r,r	1	1	p15	1	0.5	
BLSI BLSMSK	r,r	1	1	p15	1	0.5	
BLSR							
BEXTR	r,r,r	2	2	2p0156	2	0.5	
BEXTR	r,m,r	3	3	2p0156 p23		1	
BZHI	r,r,r	1	1	p15	1	0.5	
PDEP	r,r,r	1	1	p1	3	1	
PEXT	r,r,r	1	1	p1	3	1	
Control transfer instructions							
JMP	short/near	1	1	p6		1-2	
JMP	r	1	1	p6		2	
JMP	m	2	3			2	
Conditional jump	short/near	1	1	p06		1-2	predicted taken
Conditional jump	short/near	1	1	p06		0.5	predicted not taken
Fused arithmetic and branch		1	1	p06		1-2	predicted taken
Fused arithmetic and branch		1	1	p06		0.5	predicted not taken
J(E/R)CXZ	short	2	2	p0156 p6		0.5-2	
LOOP	short	7	7			4	
LOOP(N)E	short	4-12	4-12			6	
CALL	near	2	3			2	
CALL	r	2	3			3	
CALL	m	3	4			4	
RET		1	2			2	
RET	i		4			2	
BOUND	r,m	15	15			8	not 64 bit
INTO		5	5			6	not 64 bit
String instructions							
LODSB/W		3	3	2p0156 p23		1	
LODSD/Q		2	2	p0156 p23		1	
REP LODS		5n+12				~2n	
STOS		3	3	p0156 p49 p78		1	
REP STOS						20/64B	worst case

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REP STOS						1/64B	best case
MOVS		5	5			4	
REP MOVS						10/64B	worst case
REP MOVS						2/64B	best case
SCAS		3	3			1	
REP SCAS		~6n				~2n	
CMPS		5	5			4	
REP CMPS		~6n				~2n	
Synchronization instructions							
XADD	m,r	4	5			7	
LOCK XADD	m,r	9	9			21	
LOCK ADD	m,r	8	8			21	
CMPXCHG	m,r	5	6			7	
LOCK CMPXCHG	m,r	10	10			22	
CMPXCHG8B	m,r	16	16			11	
LOCK CMPXCHG8B	m,r	19	19			23	
CMPXCHG16B	m,r	23	23			16	
LOCK CMPXCHG16B	m,r	24	24			32	
Other							
NOP		1	0	none		0.2	
Long NOP		1	0	none		0.2	
PAUSE		6	6	p6		138	
ENTER	a,0	12	12			8	
ENTER	a,b	~13+8b			~100+2b		
LEAVE		3	3			4	
XGETBV		15	15			8	
CPUID		27-70				100-250	
RDTSC		21	21			27	
RDTSCP		22	22			36	
RDPMC		20	20			9	
RDRAND	r	34	34			~2000	
RDSEED	r	35	35			~2000	

Floating point x87 instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal through put	Comments
Move instructions							
FLD	r	1	1	p05	1	0.5	
FLD	m32/64	1	1	p23	4	0.5	
FLD	m80	4	4		4	2	
FBLD	m80	47	47		43	25	
FST(P)	r	1	1	p05	1	0.5	
FST(P)	m32/m64	1	2	p49 p78	3	1	
FSTP	m80	9	9		3		
FBSTP	m80	226	226		264	254	
FXCH	r	2	0	none	0	0.5	
FILD	m	1	2	p5 p23	6	1	
FIST(P)	m	3	4		5	1	
FISTTP	m	3	5			2	

IceLake

FLDZ		1	1	p5		1	
FLD1		2	3			2	
FLDPI FLDL2E etc.		2	3			2	
FCMOVcc	r	4	4		3	2	
FNSTSW	AX	2	2		4	1	
FNSTSW	m16	2	3			1	
FLDCW	m16	3	3			3	
FNSTCW	m16	2	3			1	
FINCSTP FDECSTP		1	1	p05	0	0.5	
FFREE(P)	r	1	1	p05		0.5	
FNSAVE	m	117	117		164	164	
FRSTOR	m	80	80		181	181	
Arithmetic instructions							
FADD(P)							
FSUB(R)(P)	r	1	1	p5	3	1	
FADD(P)							
FSUB(R)(P)	m	2	3	p5 p23		1	
FMUL(P)	r	1	1	p0	4	1	
FMUL(P)	m	2	3	p0 p23		1	
FDIV(R)(P)	r	1	1	p0	14-16	4-5	
FDIV(R)(P)	m	1	3			4-5	
FABS		1	1	p0	1	1	
FCHS		1	1	p0	1	1	
FCOM(P) FUCOM	r	1	1	p5	3	1	
FCOM(P) FUCOM	m	1	2	p5 p23		1	
FCOMPP FUCOMPP		2	2	p0 p5		1	
FCOMI(P)							
FUCOMI(P)	r	3	3	p0	4	1	
FIADD FISUB(R)	m	3	3	2p5 p23		2	
FIMUL	m	3	4	p0 p5 p23		1	
FIDIV(R)	m	2	3	p0 p5 p23		5	
FICOM(P)	m	2	3	2p5 p23		2	
FTST		1	1	p5	3	1	
FXAM		2	2	2p5	6	2	
FPREM		37	37		27-30	26	
FPREM1		37	37		29-60	26	
FRNDINT		17	17		21	11	
Math							
FSCALE		29	29		11	11	
FXTRACT		17	17		11	10	
FSQRT		1	1	p0	14-21	4-7	
FSIN			60-100		60-120		
FCOS			60-100		60-130		
FSINCOS			60-120		60-140		
F2XM1		16-90			60-80		
FYL2X			60-100		50-105		
FYL2XP1		56			60-70		
FPTAN		110	110		60-140		
FPATAN			30-100		100-160		
Other							

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FNOP	1	1	p05	0.5
WAIT	2	2	p05	1
FNCLEX	6	6		28
FNINIT	15	15		73

Integer vector instructions

Instruction	Operands	μ ops fused domain	μ ops unfused domain	μ ops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVD	r,v	1	1	p0	2	1	
MOVD	m,v	1	2	p49 p78	2	0.5	
MOVD	v,r	1	1	p5	2	1	
MOVD	v,m	1	1	p23	2	0.5	
MOVQ	r,v	1	1	p0	2	1	
MOVQ	v,r	1	1	p5	2	1	
MOVQ	mm,mm	1		p05	1	0.5	
MOVQ	x,x	1		p0156	1	0.33	
MOVQ	v,m	1	1	p23	3	0.5	
MOVQ	m,v	1	2	p49 p78	2	0.5	
MOVDQA/U	x,x	1	1		0	0.2	may eliminate
MOVDQA/U	x, m128	1	1	p23	2	0.5	
MOVDQA/U	m128, x	1	2	p49 p78	2	0.5	
VMOVDQA/U	y,y	1	1		0	0.2	may eliminate may eliminate
VMOVDQA32/64	z,z	1	1		0	0.2	
VMOVDQA32/64	xy{k},xy	1	1	p015	1	0.33	
VMOVDQA32/64	z{k},z	1	1	p05	1	0.5	
VMOVDQA/U/32/64	y,m	1	1	p23	4	0.5	
VMOVDQA/U/32/64	z,m	1	1	p23	4	0.5	
VMOVDQA/U32	v{k},m	1	2	p05 p23	5	1	
VMOVDQA/U32	v{k}{z},m	1	2	p05 p23	5	0.5	
VMOVDQA/U/32/64	m,y	1	2	p49 p78	3	0.5	
VMOVDQA/U/32/64	m,z	1	2	p49 p78	3	1	
VMOVDQA/U32	m{k},v	1	2		16	1	
LDDQU	x,m	1	1	p23	3	0.5	
MOVDQ2Q	mm, x	2	2	2p015	2	1	
MOVQ2DQ	x,mm	2	2	p0 p015	2	1	
MOVNTQ	m64,mm	1	2	p49 p78	~450	4	
MOVNTDQ	m128,x	1	2	p49 p78	~450	4	
VMOVNTDQ	m256,y	1	2	p49 p78	~450	4	
MOVNTDQA	v,m	2	2	p23 p015	5	0.5	
PACKSSWB/DW							
PACKUSWB	mm,mm	3	3	p5	4	2	
PACKSSWB/DW							
PACKUSWB	x,x / v,v,v	1	1	p5	1	1	
PACKUSDW	x,x / v,v,v	1	1	p5	1	1	
PUNPCKH/LBW	mm,mm	1	1	p5	1	1	
PUNPCKH/L...	v,v / v,v,v	1	1	p15	1	0.5	
PMOVSX/ZX BW BD							
BQ DW DQ	x,x	1	1	p15	1	0.5	

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VPMOVXS/ZX BW BD BQ DW DQ	y,x	1	1	p5	3	1	avx512bitalg
VPMOVXS/ZX BW BD BQ DW DQ	z,xy	1	1	p5	3	1	
VPMOVWB/DB/QB/ DW/QW/QD WPMOVSWB/DB/QB/ DW/QW/QD WPMOVUSWB/DB/QB/ /DW/QW/QD	v,v	2	2	2p5	4	2	
PSHUFB	mm,mm	3	3	p0 p5	3	1	
PSHUFB	x,x / y,y,y	1	1	p15	1	0.5	
VPSHUFB	z,z,z	1	1	p5	1	1	
PSHUFW	mm,mm,i	1	1	p5	1	1	
PSHUFL/HW	x,x,i / y,y,i	1	1	p15	1	0.5	
PSHUFL/HW	z,z,i	1	1	p5	1	1	
PSHUFD	x,x,i / y,y,i	1	1	p15	1	0.5	
PSHUFD	z,z,i	1	1	p5	1	1	
VSHUFI32X4	v,v,v,i	1	1	p5	3	1	
VSHUFI64X2	v,v,v,i	1	1	p5	3	1	
VPSHUFBITQMB	k,v,v	2	2	p0 p1	8	1	
PALIGNR	v,v,i / v,v,v,i	1	1	p5	1	1	
VALIGND/Q	v,v,v,i	1	1	p5	3	1	
PBLENDVB	x,x,xmm0	1	1	p015	1	0.5	
VPBLENDVB	v,v,v,v	2	2	2p015	2	1	
PBLENDW	x,x,i / v,v,v,i	1	1	p15	1	0.5	
VPBLEND	v,v,v,i	1	1	p015	1	0.33	
VPBLENDMB/W	v{k},v,v	1	1	p05	3	0.5	
VPBLENDMD/Q	v{k},v,v	1	1	p05	1	0.5	
VPERMW	v,v,v	2	2	p0 p5	3	1	
VPERMD	v,v,v	1	1	p5	3	1	
VPERMQ	v,v,i	1	1	p5	3	1	
VPERMQ	v,v,v	1	1	p5	3	1	
VPERM2I128	y,y,y,i	1	1	p5	3	1	
VPERMI2W	v,v,v	3	3	p01 2p5	7	2	
VPERMI2D	v,v,v	1	1	p5	3	1	
VPERMI2Q	v,v,v	1	1	p5	3	1	
VPERMT2W	v,v,v	3	3	p01 2p5	6	2	
VPERMT2D	v,v,v	1	1	p5	3	1	
VPERMT2Q	v,v,v	1	1	p5	3	1	
MASKMOVQ	mm,mm	4	4	p0 p4 2p23	~400	4	
MASKMOVDDQU	x,x	10	10	4p04 2p56 4p23	~450	9	
VPMASKMOVDD/Q	v,v,m	2	2	p23 p015	4	0.5	
VPMASKMOVDD/Q	m,v,v	3	3	p0 p4 p23	4	1	
PMOVMSKB	r,v	1	1	p0	2	1	
PEXTRB/W/D/Q	r,x,i	2	2	p0 p15	3	1	
PEXTRB/W/D/Q	m,x,i	2	3	p15 p49 p78	3	0.5	
VEXTRACTI128	x,y,i	1	1	p5	3	1	
VEXTRACTI128	m,y,i	2	2	p49 p78	4	0.5	
PINSRB/W/D/Q	x,r32,i	2	2	2p15	3	1	
PINSRB/W/D/Q	x,m,i	2	2	p23 p15	3	1	
VINSERTI128	y,y,x,i	1	1	p5	3	1	
VINSERTI128	y,y,m,i	2	2	p015 p23	4-5	0.5	
VINSERTI32x4	z,z,x,i	1	1	p5	3	1	
VINSERTI32x4	z,z,m,i	1	2	p05 p23	4-5	0.5	

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VINSERTI64x4	z,z,y,i	1	1	p5	3	1	
VINSERTI64x4	z,z,m,i	1	2	p05 p23	4-5	0.5	
VPBROADCAST B/W/D/Q	x,x	1	1	p5	1	1	
VPBROADCAST B/W	v,m	2	2	p23 p5		1	
VPBROADCAST D/Q	v,m	1	1	p23		0.5	
VPBROADCAST B/W/D/Q	v,x	1	1	p5	3	1	
VBROADCASTI128	y,m128	1	1	p23	4	0.5	
VBROADCASTI32X2	z,x,i	1	1	p5	3	1	
VBROADCASTI32X4/ I64x2	z,m128,i	2	2	p05 p23	4	0.5	
VBROADCASTI32X8	z,y,i	1	1	p5	3	1	
VBROADCASTI32X8/ i64x4	z,m256,i	1	1	p23	4	0.5	
VPCOMPRESSB/W	v{k},v	2	2	p5	3		AVX512VBMI2
VPCOMPRESSD/Q	v{k},v	2	2	p5	3		
VPEXPANDB/W	v{k},v	2	2	p5	5		AVX512VBMI2
VPEXPANDD/Q	v{k},v	2	2	p5	3		
VPGATHERDD	x,[r+s*x],x	4	4	p015 p23		3	
VPGATHERDD	y,[r+s*y],y	4	4	p015 p23		5	
VPGATHERDQ	x,[r+s*x],x	4	5	p015 p23		1	
VPGATHERDQ	y,[r+s*x],y	4	4	p015 p23		3	
VPGATHERQD	x,[r+s*x],x	4	5	p015 p23		1	
VPGATHERQD	x,[r+s*y],x	4	4	p015 p23		3	
VPGATHERQQ	x,[r+s*x],x	4	5	p015 p23		1	
VPGATHERQQ	y,[r+s*y],y	4	4	p015 p23		3	
VPGATHERDD	x{k},[r+s*x]	4	4	p015 p23		3	
VPGATHERDD	y{k},[r+s*y]	4	4	p015 p23		5	
VPGATHERDD	z{k},[r+s*z]	4	4	p05 p23		9	
VPGATHERDQ	x{k},[r+s*x]	4	5	p015 p23		2	
VPGATHERDQ	y{k},[r+s*x]	4	4	p015 p23		3	
VPGATHERDQ	z{k},[r+s*y]	4	4	p05 p23		5	
VPGATHERQD	x{k},[r+s*x]	4	5	p015 p23		2	
VPGATHERQD	x{k},[r+s*y]	4	4	p015 p23		3	
VPGATHERQD	y{k},[r+s*z]	4	4	p05 p23		5	
VPGATHERQQ	x{k},[r+s*x]	4	5	p015 p23		2	
VPGATHERQQ	y{k},[r+s*y]	4	4	p015 p23		3	
VPGATHERQQ	z{k},[r+s*z]	4	4	p05 p23		5	
VPSCATTERDD	[r+s*x]{k},x	12	12			6	
VPSCATTERDD	[r+s*y]{k},y	20	20			8	
VPSCATTERDD	[r+s*z]{k},z	36	36			12	
VPSCATTERDQ	[r+s*x]{k},x	8	8			5	
VPSCATTERDQ	[r+s*x]{k},y	12	12			6	
VPSCATTERDQ	[r+s*y]{k},z	20	20			8	
VPSCATTERQD	[r+s*x]{k},x	8	8			5	
VPSCATTERQD	[r+s*y]{k},x	12	12			6	
VPSCATTERQD	[r+s*z]{k},y	20	20			8	
VPSCATTERQQ	[r+s*x]{k},x	8	8			5	
VPSCATTERQQ	[r+s*y]{k},y	12	12			6	
VPSCATTERQQ	[r+s*z]{k},z	20	20			8	

IceLake

Arithmetic instructions							
PADD/SUB(S,US) B/W/D/Q	mm,mm	1	1	p05	1	0.5	
PADD/SUB(S,US) B/W/D/Q	x,x / xy,xy,xy	1	1	p015	1	0.33	
PADD/SUB(S,US) B/W/D/Q	z,z,z	1	1	p05	1	0.5	
PADD/SUB(S,US) B/W/D/Q	v,m / v,v,m	1	2	p015 p23		0.5	
PHADD(S)W/D							
PHSUB(S)W/D	v,v / v,v,v	3	3	p015	2	1	
PCMPEQB/W/D							
PCMPGTB/W/D	mm,mm	1	1	p0	1	1	
PCMPEQB/W/D							
PCMPGTB/W/D	x,x / y,y,y	1	1	p01	1	0.5	
PCMPEQQ	v,v / v,v,v	1	1	p01	1	0.5	
PCMPGTQ	v,v / v,v,v	1	1	p5	3	1	
VPCMP..B/W/D/Q	k{k},v,v	1	1	p5	3	1	
PMULL/HW							
PMULHUW	mm,mm	1	1	p0	5	1	
PMULL/HW							
PMULHUW	x,x / y,y,y	1	1	p01	5	0.5	
VPMULL/HW							
VPMULHUW	z,z,z	1	1	p0	5	1	
VPMULLQ	xy,xy,xy	3	3	p01	15	1.5	
VPMULLQ	v,v,v	3	3	p0	15	3	
PMULHRSW	mm,mm	1	1	p0	5	1	
PMULHRSW	x,x / y,y,y	1	1	p01	5	0.5	
PMULHRSW	z,z,z	1	1	p0	5	1	
PMULLD	x,x / y,y,y	2	2	2p01	10	1	
PMULLD	z,z,z	2	2	2p0	10	2	
PMULDQ	x,x / y,y,y	1	1	p01	5	0.5	
PMULDQ	z,z,z	1	1	p0	5	1	
PMULUDQ	mm,mm	1	1	p0	5	1	
PMULUDQ	x,x / y,y,y	1	1	p01	5	0.5	
PMULUDQ	z,z,z	1	1	p0	5	1	
PMADDWD	mm,mm	1	1	p0	5	1	
PMADDWD	x,x / y,y,y	1	1	p01	5	0.5	
PMADDWD	z,z,z	1	1	p0	5	1	
PMADDUBSW	mm,mm	1	1	p0	5	1	
PMADDUBSW	x,x / y,y,y	1	1	p01	5	0.5	
PMADDUBSW	z,z,z	1	1	p0	5	1	
VPDPBUSD	v,v,v	1	1	p01	5	0.5-1	avx512vnni
VPDPBUSDS	v,v,v	1	1	p01	5	0.5-1	avx512vnni
VPDPWSSD	v,v,v	1	1	p01	5	0.5-1	avx512vnni
VPDPWSSDS	v,v,v	1	1	p01	5	0.5-1	avx512vnni
VPMADD52HUQ	v,v,v	1	1	p01	4	0.5-1	avx512ifma
VPMADD52LUQ	v,v,v	1	1	p01	4	0.5-1	avx512ifma
PAVGB/W	mm,mm	1	1	p0	1	1	
PAVGB/W	x,x / y,y,y	1	1	p01	1	0.5	
PAVGB/W	z,z,z	1	1	p0	1	1	
PMIN/PMAX							
SB/SW/SD							
UB/UW/UD	mm,mm	1	1	p0	1	1	

IceLake

PMIN/PMAX SB/SW/SD UB/UW/UD	x,x / y,y,y	1	1	p01	1	0.5	avx512bitalg
PMIN/PMAX SB/SW/SD UB/UW/UD	z,z,z	1	1	p0	1	1	
PHMINPOSUW	x,x	1	1	p0	4	1	
PABSB/W/D	mm,mm	1	1	p0	1	1	
PABSB/W/D	x,x / y,y	1	1	p01	1	0.5	
PABSB/W/D	z,z,z	1	1	p0	1	1	
PSIGNB/W/D	mm,mm	1	1	p0	1	1	
PSIGNB/W/D	x,x / y,y,y	1	1	p01	1	0.5	
PSADBW	v,v / v,v,v	1	1	p5	3	1	
MPSADBW	x,x,i / v,v,v,i	2	2	p1 p5	5	1	
VPOPCNTB/W/D/Q	v,v	1	1	p5	3	1	
Logic instructions							
PAND PANDN POR PXOR	mm,mm	1	1	p05	1	0.5	
PAND PANDN POR PXOR	x,x / y,y,y	1	1	p015	1	0.33	
VPAND/ANDN/OR/ XOR D/Q	z,z,z	1	1	p05	1	0.5	
PAND PANDN POR PXOR	v,m / v,v,m	1	2	p015 p23		0.5	
PTEST	x,x	2	2	p0 p5	3	1	
VPTEST	y,y	2	2	p0 p5	5	1	
VPTESTMB/W/D/Q VPTESTNMB/W/D/Q	k,z,z	1	1	p5	3	1	
PSLLW/D/Q PSRLW/D/Q							
PSRAW/D/Q	mm,mm	1	1	p0	1	1	
PSLLW/D/Q PSRLW/D/Q							
PSRAW/D/Q	x,x / v,v,x	2	2	p015	1	1	
PSLLW/D/Q PSRLW/D/Q							
PSRAW/D/Q	mm,i	1	1	p0	1	1	
PSLLW/D/Q PSRLW/D/Q							
PSRAW/D/Q	x,i / y,y,i	1	1	p01	1	0.5	
VPSLLW/D/Q VPSRLW/D/Q							
VPSRAW/D/Q	z,z,i	1	1	p0	1		
VPSLLW/D/Q VPSRLW/D/Q							
VPSRAW/D/Q	v,v,x	2	2	p015	2	1	
VPSLLVD/Q VPSRAVD							
VPSRLVD/Q	xy,xy,xy	1	1	p01	1	0.5	
VPSLLVW/D/Q VPSRAVW/D/Q							
VPSRLVW/D/Q	z,z,z	1	1	p0	1	1	
PSLLDQ PSRLDQ							
PSRLDQ	x,i / y,y,i	1	1	p15	1	0.5	
PSLLDQ PSRLDQ							
PSRLDQ	z,z,i	1	1	p5	1	1	

IceLake

VPSHLDW/D/Q	v,v,v,i	1	1	p01	1	0.5-1	avx512vbmi2
VPSHRDW/D/Q	v,v,v,i	1	1	p01	1	0.5-1	avx512vbmi2
VPSHLDVW/D/Q	v,v,v						not measured
VPSHRDVW/D/Q	v,v,v						not measured
VPMULTISHIFTQB	v,v,v	1	1	p5	3	1	avx512vbmi
VPROL/RD/Q	xy,xy,i	1	1	p01	1	0.5	
VPROL/RD/Q	z,z,i	1	1	p0	1	1	
VPROL/RVD/Q	xy,xy,xy	1	1	p01	1	0.5	
VPROL/RVD/Q	z,z,z	1	1	p0	1	1	
VPLZCNTD/Q	xy,xy	1	1	p01	4	0.5	
VPLZCNTD/Q	z,z	1	1	p0	4	1	
VPTERNLOGD/Q	v,v,v	1	1	p05	1	0.5	
String instructions							
PCMPESTRI	x,x,i	8	8		11	4	
PCMPESTRI	x,m128,i	8	8			4	
PCMPESTRM	x,x,i	9	9		11	5	
PCMPESTRM	x,m128,i	9	9			5	
PCMPISTRI	x,x,i	3	3	3p0	10	3	
PCMPISTRI	x,m128,i	4	4			3	
PCMPISTRM	x,x,i	3	3	3p0	9	3	
PCMPISTRM	x,m128,i	4	4			3	
Encryption instructions							
PCLMULQDQ	x,x,i	1	1	p5	6	1	pclmulqdq
VPCLMULQDQ	y,y,y,i	3	3	p01 2p5	8	2	vpclmulqdq
AESDEC, AESDECLAST, AESENC, AESENCLAST	x,x	1	1	p01	3	0.5	aes
AESIMC	x,x	2	2	2p01	6	1	aes
AESKEYGENASSIST	x,x,i	14	14		12	12	aes
VAESDEC, VAESDECLAST, VAEENC, VAESENCLAST	y,y,y	1	1	p01	3	0.5	vaes
SHA1RND\$4	x,x,i	1	1	p5	6	3	sha
SHA1NEXTE	x,x	3	3	p0 p1 p5	2	1	sha
SHA1MSG1	x,x	2	2	p01 p5	2	1	sha
SHA1MSG2	x,x	6	6	4p01 2p5	6	4	sha
SHA256RND\$2	x,x,xmm0	1	1	p5	6	3	sha
SHA256MSG1	x,x	6	6	4p01 2p5	5	4	sha
SHA256MSG2	x,x	12	12	8p01 4p5	11	5	sha
Other							
EMMS		10	10	p05 p6		7	
VGF2P8AFFINEINVB	v,v,v,i	1	1	p01	3	0.5-1	avx512gfni
VGF2P8AFFINEQB	v,v,v,i	1	1	p01	3	0.5-1	avx512gfni
VGF2P8MULB	v,v,v	1	1	p01	3	0.5-1	avx512gfni
VPCONFLICTD	x,x	15	15	p015	12	6	avx512cd
VPCONFLICTD	y,y	22	22	p015	17	9	avx512cd
VPCONFLICTD	z,z	37	37	p05	26	19	avx512cd
VPCONFLICTQ	x,x	3	3	p015	4	2	avx512cd

IceLake

VPCONFLICTQ	y,y	15	15	p015	13	6	avx512cd
VPCONFLICTQ	z,z	22	22	p05	17	11	avx512cd
VP2INTERSECTD/Q	k+1,v,v			not tested			AVX512VP2INTERSECT

Floating point vector instructions

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal throughput	Comments
Move instructions							
MOVAPS/D	v,v	1	1		0	0.2	may eliminate
VMOVAPS/D	xy{k},xy	1	1	p015	1	0.33	
VMOVAPS/D	z{k},z	1	1	p05	1	0.5	
VMOVAPS/D							
VMOVUPS/D	v,m	1	1	p23	3-4	0.5	
VMOVAPS/D							
VMOVUPS/D	xy{k},m	1	2	p23	4-5	0.5	
VMOVAPS/D							
VMOVUPS/D	z{k},m	1	2	p23	4-5	1	
VMOVAPS/D							
VMOVUPS/D	z{k}{z},m	1	2	p23	4-5	0.5	
MOVAPS/D							
MOVUPS/D	m,xy	1	2	p49 p78	3	0.5	
VMOVAPS/D							
VMOVUPS/D	m,z	1	2	p49 p78	3	1	
VMOVAPS/D							
VMOVUPS/D	m{k},z	1	2	p49 p78	16	1	
MOVSS/D	x,x	1	1	p015	1	0.33	
MOVSS/D	x,m	1	1	p23	4	0.5	
MOVSS/D	m,x	1	2	p49 p78	3	0.5	
MOVHPS/D	x,m64	1	2	p23 p5	4	1	
MOVHPS/D	m64,x	1	2	p49 p78	3	0.5	
MOVLPS/D	x,m64	1	2	p23 p15	4	0.5	
MOVLPS/D	m64,x	1	2	p49 p78	3	0.5	
MOVHLPS	x,x	1	1	p5	1	1	
MOVLHPS	x,x	1	1	p5	1	1	
MOVMSKPS/D	r32,x	1	1	p0	2	1	
VMOVMSKPS/D	r32,y	1	1	p0	4	1	
MOVNTPS/D	m128,x	1	2	p40 p78	~450	4	
VMOVNTPS/D	m256,y	1	2	p40 p78	~450	4	
SHUFPS/D	x,x,i / v,v,v,i	1	1	p15	1	0.5	
VSHUFF32X4	v,v,v,i	1	1	p5	3	1	
VSHUFF64X2	v,v,v,i	1	1	p5	3	1	
VPERMILPS/PD	v,v,i	1	1	p5	1	1	
VPERMILPS/PD	v,v,v	1	1	p5	1	1	
VPERM2F128	y,y,y,i	1	1	p5	3	1	
VPERMPS/D	v,v,v	1	1	p5	3	1	
VPERMPD	y,y,i	1	1	p5	3	1	
VPERMI2PS/PD	v,v,v	1	1	p5	3	1	
VPERMT2PS/PD	v,v,v	1	1	p5	3	1	
BLENDPS/PD	x,x,i / y,y,y,i	1	1	p015	1	0.33	
BLENDDPS/PD	x,x,xmm0	1	1	p015	1	0.5	

IceLake

VBLENDVPS/PD	v,v,v,v	2	2	2p015	2	1
VBLENDMPS/PD	v{k},v,v	1	1	p05	1	0.5
MOVDDUP	v,v	1	1	p5	1	1
MOVDDUP	v,m	1	1	p23	3	0.5
VROADCASTSS/D	v,m	1	1	p23	3-4	0.5
VROADCASTSS/D	x,x	1	1	p5	1	1
VROADCASTSS/D	yz,x	1	1	p5	3	1
VROADCASTF128	y,m128	1	1	p23	5	0.5
MOVSH/LDUP	xy,xy	1	1	p15	1	0.5
MOVSH/LDUP	z,z	1	1	p5	1	1
UNPCKH/LPS/D	x,x / v,v,v	1	1	p5	1	1
EXTRACTPS	r32,x,i	2	2	p0 p5	3	1
EXTRACTPS	m32,x,i	2	3	p5 p49 p78	5	1
VEEXTRACTF128	x,y,i	1	1	p5	3	1
VEEXTRACTF128	m128,y,i	2	2	p49 p78	5	0.5
VEEXTRACTF32X4						
VEEXTRACTF64X2	x,z,i	1	1	p5	3	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	m128,z,i	2	2	p49 p78	4	1
INSERTPS	x,x,i	1	1	p5	1	1
INSERTPS	x,m32,i	2	2	p23 p5	4	1
VINSERTF128	y,y,x,i	1	1	p5	3	1
VINSERTF128	y,y,m128,i	2	2	p015 p23	5	0.5
VEEXTRACTF32X4						
VEEXTRACTF64X2	z,z,x,i	1	1	p5	3	1
VEEXTRACTF32X4						
VEEXTRACTF64X2	z,z,m128,i	2	2	p05 p23	4	1
VMASKMOVPS/D	v,v,m	2	2	p015 p23	3	0.5
VMASKMOVPS/D	m,xy,xy	3	3		16	1
VCOMPRESSPS/PD	v{k},v	2	2	p5	3	
VEXPANDPS/PD	v{k},v	2	2	p5	3	
VGATHERDPS	x,[r+s*x],x	4	4	p015 p23		3
VGATHERDPS	y,[r+s*y],y	4	4	p015 p23		5
VGATHERDPD	x,[r+s*x],x	4	5	p015 p23		1
VGATHERDPD	y,[r+s*x],y	4	4	p015 p23		3
VGATHERQPS	x,[r+s*x],x	4	5	p015 p23		1
VGATHERQPS	x,[r+s*y],x	4	4	p015 p23		3
VGATHERQPD	x,[r+s*x],x	4	5	p015 p23		1
VGATHERQPD	y,[r+s*y],y	4	4	p015 p23		3
VGATHERDPS	x{k},[r+s*x]	4	4	p015 p23		3
VGATHERDPS	y{k},[r+s*y]	4	4	p015 p23		5
VGATHERDPS	z{k},[r+s*z]	4	4	p05 p23		9
VGATHERDPD	x{k},[r+s*x]	4	5	p015 p23		2
VGATHERDPD	y{k},[r+s*x]	4	4	p015 p23		3
VGATHERDPD	z{k},[r+s*y]	4	4	p05 p23		5
VGATHERQPS	x{k},[r+s*x]	4	5	p015 p23		2
VGATHERQPS	x{k},[r+s*y]	4	4	p015 p23		3
VGATHERQPS	y{k},[r+s*z]	4	4	p05 p23		5
VGATHERQPD	x{k},[r+s*x]	4	5	p015 p23		2
VGATHERQPD	y{k},[r+s*y]	4	4	p015 p23		3
VGATHERQPD	z{k},[r+s*z]	4	4	p05 p23		5
VSCATTERDPS	[r+s*x]{k},x	12	12			6
VSCATTERDPS	[r+s*y]{k},y	20	20			8
VSCATTERDPS	[r+s*z]{k},z	36	36			12

IceLake

VSCATTERDPD	[r+s*x]{k},x	8	8			5	
VSCATTERDPD	[r+s*x]{k},y	12	12			6	
VSCATTERDPD	[r+s*y]{k},z	20	20			8	
VSCATTERQPS	[r+s*x]{k},x	8	8			5	
VSCATTERQPS	[r+s*y]{k},y	12	12			6	
VSCATTERQPS	[r+s*z]{k},z	20	20			8	
VSCATTERQPD	[r+s*x]{k},x	8	8			5	
VSCATTERQPD	[r+s*y]{k},y	12	12			6	
VSCATTERQPD	[r+s*z]{k},z	20	20			8	
Conversion							
CVTPD2PS	x,x	2	2	p01 p5	5	1	
VCVTPD2PS	x,y / y,z	2	2	p01 p5	7	1	
CVTPS2PD	x,x	2	2	p01 p5	5	1	
VCVTPS2PD	y,x / z,y	2	2	p01 p5	7	1	
CVTSS2SD	x,x	2	2	p01 p5	5	2	
CVTSD2SS	x,x	2	2	p01 p5	5	1	
CVT(T) PS2DQ	x,x	1	1	p01	4	0.5	
VCVT(T) PS2DQ	y,y	1	1	p01	4	0.5	
VCVT(T) PS2DQ	z,z	1	1	p0	4	1	
CVTDQ2PS	x,x	1	1	p01	4	0.5	
VCVTDQ2PS	y,y	1	1	p01	4	0.5	
VCVTDQ2PS	z,z	1	1	p0	4	1	
VCVT(T)PS2QQ	v,v	2	2	p01 p5	5	1	
VCVTQQ2PS	v,v	2	2	p01 p5	5-7	1	
VCVTPS2QQ	v,v	2	2	p01 p5	5-7	1	
VCVT(T)PS2UDQ	v,v	1	1	p01	4	0.5-1	
VCVTUDQ2PS	v,v	1	1	p01	4	0.5-1	
VCVT(T)PS2UQQ	v,v	2	2	p01 p5	5-7	1	
VCVTUQQ2PS	v,v	2	2	p01 p5	5-7	1	
CVT(T)PS2PI	mm,x	2	2	p0 p15	6	1	
CVTP12PS	x,mm	2	2	p0 p01	7	2	
CVT(T)SS2SI	r32,x	2	2	2p01	6	1	
CVT(T)SS2SI	r64,x	3	3	2p01 p5	7	1	
CVTSI2SS	x,r32	2	2	p01 p5	6	2	
CVTSI2SS	x,r64	3	3	p01 2p5	7	2	
CVT(T)SS2USI	r32,x	2	2	2p01	6	1	
CVT(T)SS2USI	r64,x	3	3	3p015	7	1	
CVTUSI2SS	x,r32	2	2	p01 p5	6	1	
CVTUSI2SS	x,r64	3	3	p01 2p5	7	2	
VCVTPS2PH	x,x,i	2	2	p01 p5	5	1	
VCVTPS2PH	x,y,i	2	2	p01 p5	7	1	
VCVTPS2PH	y,z,i	2	2	p0 p5	7	1	
VCVTPH2PS	x,x	2	2	p01 p5	5	1	
VCVTPH2PS	y,x	2	2	p01 p5	7	1	
VCVTPH2PS	z,y	2	2	p0 p5	7	1	
CVT(T)PD2DQ	x,x	2	2	p01 p5	5	1	
VCVT(T)PD2DQ	x,y	2	2	p01 p5	7	1	
VCVT(T)PD2DQ	y,z	2	2	p0 p5	7	1	
CVTDQ2PD	x,x	2	2	p01 p5	5	1	
VCVTDQ2PD	y,x	2	2	p01 p5	7	1	
VCVTDQ2PD	z,y	2	2	p0 p5	7	1	
VCVT(T)PD2QQ	v,v	1	1	p01	4	0.5-1	

IceLake

VCVTQQ2PD	v,v	1	1	p01	4	0.5-1
VCVT(T)PD2UDQ	x,x	2	2	p01 p5	5	1
VCVT(T)PD2UDQ	x,y	2	2	p01 p5	7	1
VCVT(T)PD2UDQ	y,z	2	2	p0 p5	7	1
VCVTUDQ2PD	x,x	2	2	p01 p5	5	1
VCVTUDQ2PD	y,x	2	2	p01 p5	7	1
VCVTUDQ2PD	z,y	2	2	p0 p5	7	1
VCVT(T)PD2UQQ	v,v	1	1	p01	4	0.5-1
VCVTUQQ2PD	v,v	1	1	p01	4	0.5-1
CVT(T)PD2PI	mm,x	2	2	p01 p5	5	1
CVTPI2PD	x,mm	2	2	p01 p5	5	1
CVT(T)SD2SI	r32/64,x	2	2	p0 p1	6	1
CVTSI2SD	x,r32/64	2	2	p01 p5	6	2
CVT(T)SD2USI	r32/64,x	2	2	p0 p1	6	1
CVTUSI2SD	x,r32/64	2	2	p01 p5	6	1
Arithmetic						
ADDSS/D PS/D						
SUBSS/D PS/D	x,x / y,y,y	1	1	p01	4	0.5
VADDPS/D						
VSUBPS/D	z,z,z	1	1	p0	4	1
ADDSS/D PS/D						
SUBSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5-1
ADDPS/D	x,x / v,v,v	1	1	p01	4	0.5-1
HADDPS/D						
HSUBPS/D	x,x / v,v,v	3	3	p01 2p5	6	2
MULSS/D PS/D	x,x / v,v,v	1	1	p01	4	0.5
VMULPS/D	z,z,z	1	1	p0	4	1
MULSS/D PS/D	x,m / v,v,m	1	2	p01 p23		0.5-1
DIVSS	x,x	1	1	p0	11	3
DIVPS	xy,xy	1	1	p0	11	3
VDIVPS	z,z,z	3	3	2p0 p5	17	10
DIVSD	x,x	1	1	p0	13-14	4
DIVPD	x,x	1	1	p0	13-14	4
VDIVPD	y,y,y	1	1	p0	13-14	8
VDIVPD	z,z,z	3	3	2p0 p5	22-23	16
RCPSS/PS	v,v	1	1	p0	4	1
VRCP14SS/PS	xy,xy	1	1	p0	4	1
VRCP14PS	z,z	3	3	2p0 p5	6	2
CMPccSS/D						
CMPccPS/D	x,x / v,v,v	1	1	p01	4	0.5
VCMPPS/PD	k,v,v,i	1	1	p5	3	1
(U)COMISS/D	x,x	1	1	p0	2	1
MAXSS/SD/PS/PD						
MINSS/SD/PS/PD	x,x / v,v,v	1	1	p01	4	0.5-1
VRANGESS/SD/PS/PD	v,v,v	1	1	p01	4	0.5-1
ROUNDSS/SD/PS/PD	v,v,i	2	2	2p01	8	1
VRNDSCALE						
SS/PS/SD/PD	v,v,v,i	2	2	2p01	8	1
VREDUCE						
SS/PS/SD/PD	v,v,v,i	1	1	p01	4	0.5-1
DPPS	x,x,i / y,y,y,i	4	4	6p0156	14	4
DPPD	x,x,i	3	3	2p01 p5	9	1
VDBPSADBW	v,v,v,i	1	1	p5	3	1

IceLake

VFIXUPIMMSS/SD	v,v,v,i	1	1	p01	4	2	
VFPCLASSSS/SD	k,v,i	1	1	p5	3	1	
VFMADD... (all FMA instruct.)	xy,xy,xy	1	1	p01	4	0.5	
VFMADD... (all FMA instruct.)	z,z,z	1	1	p0	4	1	
Math							
SQRTSS/PS	x,x	1	1	p0	12	3	
VSQRTPS	y,y	1	1	p0	12	6	
VSQRTPS	z,z	3	3	2p0 p5	20	12	
SQRTSD	x,x	1	1	p0	15-16	4-6	
SQRTPD	x,x	1	1	p0	15-16	4-6	
VSQRTPD	y,y	1	1	p0	15-16	9-12	
VSQRTPD	z,z	3	3	2p0 p5	27-28	18-24	
RSQRTSS/PS	x,x	1	1	p0	4	1	
VRSQRTPS	y,y	1	1	p0	2	1	
VRSQRT14SS/PS	x,x	1	1	p0	4	1	
VRSQRT14PS	y,y	1	1	p0	2	1	
VRSQRT14PS	z,z	3	3	2p0 p5	4	2	
VGETEXPSS/SD	v,v,v	1	1	p01	4	0.5-1	
VGETMANTPS/PD	v,v,v	1	1	p01	4	0.5-1	
VSCALEFSS/D/PS/D	v,v,v	1	1	p01	4	0.5-1	
Logic							
AND/ANDN/OR/ XORPS/PD	x,x / y,y,y	1	1	p015	1	0.33	
AND/ANDN/OR/ XORPS/PD	z,z,z	1	1	p05	1	0.5	
AND/ANDN/OR/ XORPS/PD	z,z,m	1	2	p015 p23		0.5	
VTESTPS/PD	v,v	1	1	p0		1	
Other							
VZEROUPPER		4	4	none		1	
VZEROALL		21	21	p0 p1 p5 p6		12	32 bit mode
VZEROALL		29	29	p0 p1 p5 p6		11	64 bit mode
LDMXCSR	m32	4	4	p0 p5 p6 p23	6	3	
STMXCSR	m32	3	4		5	1	
FXSAVE	m	82	96		48	48	32 bit mode
FXSAVE	m	90	112		49	49	64 bit mode
FXRSTOR	m	97	97		74	74	32 bit mode
FXRSTOR	m	113	113		74	74	64 bit mode
XSAVE	m	271	303		131	131	32 bit mode
XSAVE	m	336	400		137	137	64 bit mode
XRSTOR	m	184	184		80	80	32 bit mode
XRSTOR	m	184	184		80	80	64 bit mode
XSAVEC	m	191	198		84	84	64 bit mode
XSAVEOPT	m	206	214		92	92	

Mask register instructions

IceLake

Instruction	Operands	μops fused domain	μops unfused domain	μops each port	Latency	Reciprocal through put	Comments
Move instructions							
KMOVB/W/D/Q	k,k	1	1	p0	1	1	
KMOVB/W/D/Q	k,m	3	3	p23 p5	4	1	
KMOVB/W/D/Q	m,k	1	2	p49 p78	4	0.5	
KMOVB/W/D/Q	k,r	1	1	p5	2	1	
KMOVB/W/D/Q	r,k	1	1	p0	2	1	
VPBROADCASTMB2Q	v,k	2	2	p0 p5	7	1	
VPBROADCASTMW2D	v,k	2	2	p0 p5	7	1	
KUNPCKBW	k,k,k	1	1	p5	4	1	
KUNPCKWD	k,k,k	1	1	p5	4	1	
KUNPCKDQ	k,k,k	1	1	p5	4	1	
VPMOVM2B/W	v,k	1	1	p05	3	0.5	
VPMOVM2D/Q	v,k	1	1	p05	2	0.5	
VPMOVB/W2M	k,v	1	1	p0	3	1	
VPMOVD/Q2M	k,v	1	1	p0	2	1	
Arithmetic instructions							
KADDB/W/D/Q	k,k,k	1	1	p5	4	1	
KSHIFTLB/W/D/Q	k,k,i	1	1	p5	4	1	
KSHIFTRB/W/D/Q	k,k,i	1	1	p5	4	1	
Logic instructions							
KANDB/W/D/Q	k,k,k	1	1	p0	1	1	
KANDNB/W/D/Q	k,k,k	1	1	p0	1	1	
KORB/W/D/Q	k,k,k	1	1	p0	1	1	
KXORB/W/D/Q	k,k,k	1	1	p0	1	1	
KXNORB/W/D/Q	k,k,k	1	1	p0	1	1	
KNOTB/W/D/Q	k,k	1	1	p0	1	1	
KTESTB/W/D/Q	k,k	1	1	p0	2	1	
KORTESTB/W/D/Q	k,k	1	1	p0	2	1	

Intel Pentium 4

List of instruction timings and μ op breakdown

This list is measured for a Pentium 4, model 2. Timings for model 3 may be more like the values for P4E, listed on the next sheet

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, xmm = 128 bit xmm register, sr = segment register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc.
μops:	Number of μ ops issued from instruction decoder and stored in trace cache.
Microcode:	Number of additional μ ops issued from microcode ROM.
Latency:	This is the delay that the instruction generates in a dependency chain if the next dependent instruction starts in the same execution unit. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity and exceptions increase the delays. The latency of moves to and from memory cannot be measured accurately because of the problem with memory intermediates explained above under "How the values were measured".
Additional latency:	This number is added to the latency if the next dependent instruction is in a different execution unit. There is no additional latency between ALU0 and ALU1.
Reciprocal throughput:	This is also called issue latency. This value indicates the number of clock cycles from the execution of an instruction begins to a subsequent independent instruction can begin to execute in the same execution subunit. A value of 0.25 indicates 4 instructions per clock cycle in one thread.
Port:	The port through which each μ op goes to an execution unit. Two independent μ ops can start to execute simultaneously only if they are going through different ports.
Execution unit:	Use this information to determine additional latency. When an instruction with more than one μ op uses more than one execution unit, only the first and the last execution unit is listed.
Execution subunit:	Throughput measures apply only to instructions executing in the same subunit.
Instruction set	Indicates the compatibility of an instruction with other 80x86 family microprocessors. The instruction can execute on microprocessors that support the instruction set indicated.

Integer instructions

Pentium 4

Instruction	Operands	µops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
MOV	r,r	1	0	0.5	0.5-1	0.25	0/1	alu0/1		86	c
MOV	r,i	1	0	0.5	0.5-1	0.25	0/1	alu0/1		86	
MOV	r32,m	1	0	2	0	1	2	load		86	
MOV	r8/16,m	2	0	3	0	1	2	load		86	
MOV	m,r	1	0	1		2	0	store		86	b, c
MOV	m,i	3	0			2	0,3	store		86	
MOV	r,sr	4	2			6				86	
MOV	sr,r/m	4	4	12	0	14				86	a, q
MOVNTI	m,r32	2	0			≈33				sse2	
MOVZX	r,r	1	0	0.5	0.5-1	0.25	0/1	alu0/1		386	c
MOVZX	r,m	1	0	2	0	1	2	load		386	
MOVSX	r,r	1	0	0.5	0.5-1	0.5	0	alu0		386	c
MOVSX	r,m	2	0	3	0.5-1	1	2,0			386	
CMOVcc	r,r/m	3	0	6	0	3				ppro	a, e
XCHG	r,r	3	0	1.5	0.5-1	1	0/1	alu0/1		86	
XCHG	r,m	4	8	>100						86	
XLAT		4	0	3						86	
PUSH	r	2	0	1		2				86	
PUSH	i	2	0	1		2				186	
PUSH	m	3	0			2				86	
PUSH	sr	4	4			7				86	
PUSHF(D)		4	4			10				86	
PUSHA(D)		4	10			19				186	
POP	r	2	0	1	0	1				86	
POP	m	4	8			14				86	
POP	sr	4	5			13				86	
POPF(D)		4	8			52				86	
POPA(D)		4	16			14				186	
LEA	r,[r+r/i]	1	0	0.5	0.5-1	0.25	0/1	alu0/1		86	
LEA	r,[r+r+i]	2	0	1	0.5-1	0.5	0/1	alu0/1		86	
LEA	r,[r*i]	3	0	4	0.5-1	1	1	int,alu		386	
LEA	r,[r+r*i]	2	0	4	0.5-1	1	1	int,alu		386	
LEA	r,[r+r*i+i]	3	0	4	0.5-1	1	1	int,alu		386	
LAHF		1	0	4	0	4	1	int		86	
SAHF		1	0	0.5	0.5-1	0.5	0/1	alu0/1		86	d
SALC		3	0	5	0	1	1	int		86	
LDS, LES, ...	r,m	4	7			15				86	
BSWAP	r	3	0	7	0	2		int,alu		486	
IN, OUT	r,r/i	8	64			>1000			86		
PREFETCHNTA	m	4	2			6				sse	
PREFETCHT0/1/2	m	4	2			6				sse	
SFENCE		4	2			40				sse	
LFENCE		4	2			38				sse2	
MFENCE		4	2			100				sse2	

Pentium 4

Arithmetic instructions										
ADD, SUB	r,r	1	0	0.5	0.5-1	0.25	0/1	alu0/1	86	c
ADD, SUB	r,m	2	0	1	0.5-1	1			86	c
ADD, SUB	m,r	3	0	≥ 8		≥ 4			86	c
ADC, SBB	r,r	4	4	6	0	6	1	int,alu	86	
ADC, SBB	r,i	3	0	6	0	6	1	int,alu	86	
ADC, SBB	r,m	4	6	8	0	8	1	int,alu	86	
ADC, SBB	m,r	4	7	≥ 9		8			86	
CMP	r,r	1	0	0.5	0.5-1	0.25	0/1	alu0/1	86	c
CMP	r,m	2	0	1	0.5-1	1			86	c
INC, DEC	r	2	0	0.5	0.5-1	0.5	0/1	alu0/1	86	
INC, DEC	m	4	0	4		≥ 4			86	
NEG	r	1	0	0.5	0.5-1	0.5	0	alu0	86	
NEG	m	3	0			≥ 3			86	
AAA, AAS		4	27	90					86	
DAA, DAS		4	57	100					86	
AAD		4	10	22			1	int	fpmul	86
AAM		4	22	56			1	int	fpdiv	86
MUL, IMUL	r8/32	4	6	16	0	8	1	int	fpmul	86
MUL, IMUL	r16	4	7	17	0	8	1	int	fpmul	86
MUL, IMUL	m8/32	4	7-8	16	0	8	1	int	fpmul	86
MUL, IMUL	m16	4	10	16	0	8	1	int	fpmul	86
IMUL	r32,r	4	0	14	0	4.5	1	int	fpmul	386
IMUL	r32,(r),i	4	0	14	0	4.5	1	int	fpmul	386
IMUL	r16,r	4	5	16	0	9	1	int	fpmul	386
IMUL	r16,r,i	4	5	15	0	8	1	int	fpmul	186
IMUL	r16,m16	4	7	15	0	10	1	int	fpmul	386
IMUL	r32,m32	4	0	14	0	8	1	int	fpmul	386
IMUL	r,m,i	4	7	14	0	10	1	int	fpmul	186
DIV	r8/m8	4	20	61	0	24	1	int	fpdiv	86
DIV	r16/m16	4	18	53	0	23	1	int	fpdiv	86
DIV	r32/m32	4	21	50	0	23	1	int	fpdiv	386
IDIV	r8/m8	4	24	61	0	24	1	int	fpdiv	86
IDIV	r16/m16	4	22	53	0	23	1	int	fpdiv	86
IDIV	r32/m32	4	20	50	0	23	1	int	fpdiv	386
CBW		2	0	1	0.5-1	1	0	alu0	86	
CWD, CDQ		2	0	1	0.5-1	0.5	0/1	alu0/1	86	
CWDE		1	0	0.5	0.5-1	0.5	0	alu0	386	
Logic instructions										
AND, OR, XOR	r,r	1	0	0.5	0.5-1	0.5	0	alu0	86	c
AND, OR, XOR	r,m	2	0	≥ 1	0.5-1	≥ 1			86	c
AND, OR, XOR	m,r	3	0	≥ 8		≥ 4			86	c
TEST	r,r	1	0	0.5	0.5-1	0.5	0	alu0	86	c
TEST	r,m	2	0	≥ 1	0.5-1	≥ 1			86	c
NOT	r	1	0	0.5	0.5-1	0.5	0	alu0	86	
NOT	m	4	0			≥ 4			86	
SHL, SHR, SAR	r,i	1	0	4	1	1	1	int	mmxsh	186
SHL, SHR, SAR	r,CL	2	0	6	0	1	1	int	mmxsh	86
ROL, ROR	r,i	1	0	4	1	1	1	int	mmxsh	186
ROL, ROR	r,CL	2	0	6	0	1	1	int	mmxsh	86
RCL, RCR	r,1	1	0	4	1	1	1	int	mmxsh	86

Pentium 4

RCL, RCR	r,i	4	15	16	0	15	1	int	mmxsh	186	d
RCL, RCR	r,CL	4	15	16	0	14	1	int	mmxsh	86	d
SHL,SHR,SAR,ROL, ROR	m,i/CL	4	7-8	10	0	10	1	int	mmxsh	86	d
RCL, RCR	m,1	4	7	10	0	10	1	int	mmxsh	86	d
RCL, RCR	m,i/CL	4	18	18-28		14	1	int	mmxsh	86	d
SHLD, SHRD	r,r,i/CL	4	14	14	0	14	1	int	mmxsh	386	
SHLD, SHRD	m,r,i/CL	4	18	14	0	14	1	int	mmxsh	386	
BT	r,i	3	0	4	0	2	1	int	mmxsh	386	d
BT	r,r	2	0	4	0	1	1	int	mmxsh	386	d
BT	m,i	4	0	4	0	2	1	int	mmxsh	386	d
BT	m,r	4	12	12	0	12	1	int	mmxsh	386	d
BTR, BTS, BTC	r,i	3	0	6	0	2	1	int	mmxsh	386	
BTR, BTS, BTC	r,r	2	0	6	0	4	1	int	mmxsh	386	
BTR, BTS, BTC	m,i	4	7	18	0	8	1	int	mmxsh	386	
BTR, BTS, BTC	m,r	4	15	14	0	14	1	int	mmxsh	386	
BSF, BSR	r,r	2	0	4	0	2	1	int	mmxsh	386	
BSF, BSR	r,m	3	0	4	0	3	1	int	mmxsh	386	
SETcc	r	3	0	5	0	1	1	int		386	
SETcc	m	4	0	5	0	3	1	int		386	
CLC, STC		3	0	10	0	2				86	d
CMC		3	0	10	0	2				86	
CLD		4	7	52	0	52				86	
STD		4	5	48	0	48				86	
CLI		4	5	35		35				86	
STI		4	12	43		43				86	
Control transfer instructions											
JMP	short/near	1	0	0	0	1	0	alu0	branch	86	
JMP	far	4	28	118		118	0			86	
JMP	r	3	0	4		4	0	alu0	branch	86	
JMP	m(near)	3	0	4		4	0	alu0	branch	86	
JMP	m(far)	4	31	11		11	0			86	
Jcc	short/near	1	0	0		2-4	0	alu0	branch	86	
J(E)CXZ	short	4	4	0		2-4	0	alu0	branch	86	
LOOP	short	4	4	0		2-4	0	alu0	branch	86	
CALL	near	3	0	2		2	0	alu0	branch	86	
CALL	far	4	34				0			86	
CALL	r	4	4	8			0	alu0	branch	86	
CALL	m(near)	4	4	9			0	alu0	branch	86	
CALL	m(far)	4	38				0			86	
RETN		4	0	2			0	alu0	branch	86	
RETN	i	4	0	2			0	alu0	branch	86	
RETF		4	33	11			0			86	
RETF	i	4	33	11			0			86	
IRET		4	48	24			0			86	
ENTER	i,0	4	12	26		26				186	
ENTER	i,n	4	45+24n			128+16n			186		
LEAVE		4	0	3		3				186	
BOUND	m	4	14	14		14				186	
INTO		4	5	18		18				86	
INT	i	4	84	644						86	

Pentium 4

String instructions										
LODS	4	3	6		6				86	
REP LODS	4	5n	$\approx 4n+36$				86			
STOS	4	2	6		6				86	
REP STOS	4	2n+3	$\approx 3n+10$				86			
MOVS	4	4	6		4				86	
REP MOVS	4	$\approx 163+1.1n$					86			
SCAS	4	3			6				86	
REP SCAS	4	$\approx 40+6n$	$\approx 4n$					86		
CMPS	4	5			8				86	
REP CMPS	4	$\approx 50+8n$	$\approx 4n$					86		
Other										
NOP (90)	1	0	0		0.25	0/1	alu0/1		86	
Long NOP (0F 1F)	1	0	0		0.25	0/1	alu0/1		ppro	
PAUSE	4	2							sse2	
CPUID	4	39-81		200-500			p5			
RDTSC	4	7			80				p5	

Notes:

- a) Add 1 μ op if source is a memory operand.
- b) Uses an extra μ op (port 3) if SIB byte used. A SIB byte is needed if the memory operand has more than one pointer register, or a scaled index, or ESP is used as base pointer.
- c) Add 1 μ op if source or destination, but not both, is a high 8-bit register (AH, BH, CH, DH).
- d) Has (false) dependence on the flags in most cases.
- e) Not available on PMMX
- q) Latency is 12 in 16-bit real or virtual mode, 24 in 32-bit protected mode.

Floating point x87 instructions

Instruction	Operands	μ ops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
FLD	r	1	0	6	0	1	0	mov		87	
FLD	m32/64	1	0	≈ 7	0	1	2	load		87	
FLD	m80	3	4			6	2	load		87	
FBLD	m80	3	75			90	2	load		87	
FST(P)	r	1	0	6	0	1	0	mov		87	
FST(P)	m32/64	2	0	≈ 7		2-3	0	store		87	
FSTP	m80	3	8			8	0	store		87	
FBSTP	m80	3	311			400	0	store		87	
FXCH	r	1	0	0	0	1	0	mov		87	
FILD	m16	3	3	≈ 10		6	2	load		87	
FILD	m32/64	2	0	≈ 10		1	2	load		87	
FIST	m16	3	0	≈ 10		2-4	0	store		87	
FIST	m32/64	2	0	≈ 10		2-3	0	store		87	

Pentium 4

FISTP	m	3	0	≈ 10		2-4	0	store		87	
FLDZ		1	0			2	0	mov		87	
FLD1		2	0			2	0	mov		87	
FCMOVcc	st0,r	4	0	2-4	1	4	1	fp	PPro	e	
FFREE	r	3	0			4	0	mov		87	
FINCSTP, FDECSTP		1	0	0	0	1	0	mov		87	
FNSTSW	AX	4	0	11	0	3	1			287	
FSTSW	AX	6	0	11	0	3	1			287	
FNSTSW	m16	4	4			6	0			87	
FNSTCW	m16	4	4			6	0			87	
FLDCW	m16	4	7	(3)		(8)	0,2			87	f
Arithmetic instructions											
FADD(P),FSUB(R)(P)	r	1	0	5	1	1	1	fp	add	87	
FADD,FSUB(R)	m	2	0	5	1	1	1	fp	add	87	
FIADD,FISUB(R)	m16	3	4	6	0	6	1	fp	add	87	
FIADD,FISUB(R)	m32	3	0	5	1	2	1	fp	add	87	
FMUL(P)	r	1	0	7	1	2	1	fp	mul	87	
FMUL	m	2	0	7	1	2	1	fp	mul	87	
FIMUL	m16	3	4	7	1	6	1	fp	mul	87	
FIMUL	m32	3	0	7	1	2	1	fp	mul	87	
FDIV(R)(P)	r	1	0	43	0	43	1	fp	div	87	g, h
FDIV(R)	m	2	0	43	0	43	1	fp	div	87	g, h
FIDIV(R)	m16	3	4	43	0	43	1	fp	div	87	g, h
FIDIV(R)	m32	3	0	43	0	43	1	fp	div	87	g, h
FABS		1	0	2	1	1	1	fp	misc	87	
FCHS		1	0	2	1	1	1	fp	misc	87	
FCOM(P), FUCOM(P)	r	1	0	2	0	1	1	fp	misc	87	
FCOM(P)	m	2	0	2	0	1	1	fp	misc	87	
FCOMPP, FUCOMPP		2	0	2	0	1	1	fp	misc	87	
FCOMI(P)	r	3	0	10	0	3	0,1	fp	misc	PPro	
FICOM(P)	m16	4	4			6	1	fp	misc	87	
FICOM(P)	m32	3	0	2	0	2	1,2	fp	misc	87	
FTST		1	0	2	0	1	1	fp	misc	87	
FXAM		1	0	2	0	1	1	fp	misc	87	
FRNDINT		3	15	23	0	15	0,1			87	
FPREM		6	84	212			1	fp		87	
FPREM1		6	84	212			1	fp		387	
Math											
FSQRT		1	0	43	0	43	1	fp	div	87	g, h
FLDPI, etc.		2	0			3	1	fp		87	
FSIN		6	≈150	≈180		≈170	1	fp		387	
FCOS		6	≈175	≈207		≈207	1	fp		387	
FSINCOS		7	≈178	≈216		≈211	1	fp		387	
FPTAN		6	≈160	≈230		≈200	1	fp		87	
FPATAN		3	92	≈187		≈153	1	fp		87	
FSCALE		3	24	57		66	1	fp		87	
FTRACT		3	15	20		20	1	fp		87	
F2XM1		3	45	≈165		63	1	fp		87	
FYL2X		3	60	≈200		90	1	fp		87	
FYL2XP1		11	134	≈242		≈220	1	fp		87	

Pentium 4

Other											
FNOP		1	0	1	0	1	0		mov	87	
(F)WAIT		2	0	0	0	1	0		mov	87	
FNCLEX		4	4			96	1			87	
FNINIT		6	29			172				87	
FNSAVE		4	174	456		420	0,1			87	
FRSTOR		4	96	528		532				87	
FXSAVE		4	69	132		96				sse	i
FXRSTOR		4	94	208		208				sse	i

Notes:

- e) Not available on PMMX
- f) The latency for FLDCW is 3 when the new value loaded is the same as the value of the control word before the preceding FLDCW, i.e. when alternating between the same two values. In all other cases, the latency and reciprocal throughput is 143.
- g) Latency and reciprocal throughput depend on the precision setting in the F.P. control word. Single precision: 23, double precision: 38, long double precision (default): 43.
- h) Throughput of FP-MUL unit is reduced during the use of the FP-DIV unit.
- i) Takes 6 μ ops more and 40-80 clocks more when XMM registers are disabled.

Integer MMX and XMM instructions

Instruction	Operands	μ ops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
MOVD	r32, mm	2	0	5	1	1	0	fp		mmx	
MOVD	mm, r32	2	0	2	0	2	1	mmx	alu	mmx	
MOVD	mm,m32	1	0	≈ 8	0	1	2	load		mmx	
MOVD	r32, xmm	2	0	10	1	2	0	fp		sse2	
MOVD	xmm, r32	2	0	6	1	2	1	mmx	shift	sse2	
MOVD	xmm,m32	1	0	≈ 8	0	1	2	load		sse2	
MOVD	m32, r	2	0	≈ 8		2	0,1			mmx	
MOVQ	mm,mm	1	0	6	0	1	0	mov		mmx	
MOVQ	xmm,xmm	1	0	2	1	2	1	mmx	shift	sse2	
MOVQ	r,m64	1	0	≈ 8		1	2	load		mmx	
MOVQ	m64,r	2	0	≈ 8		2	0	mov		mmx	
MOVDQA	xmm,xmm	1	0	6	0	1	0	mov		sse2	
MOVDQA	xmm,m	1	0	≈ 8		1	2	load		sse2	
MOVDQA	m,xmm	2	0	≈ 8		2	0	mov		sse2	
MOVDQU	xmm,m	4	0			2	2	load		sse2	k
MOVDQU	m,xmm	4	6			2	0	mov		sse2	k
MOVDQ2Q	mm,xmm	3	0	8	1	2	0,1	mov-mmx	sse2		
MOVQ2DQ	xmm,mm	2	0	8	1	2	0,1	mov-mmx	sse2		
MOVNTQ	m,mm	3	0			75	0	mov		sse	
MOVNTDQ	m,xmm	2	0			18	0	mov		sse2	

Pentium 4

PACKSSWB/DW	mm,r/m	1	0	2	1	1	1	mmx	shift	mmx	a
PACKUSWB											
PACKSSWB/DW	xmm,r/m	1	0	4	1	2	1	mmx	shift	mmx	a
PACKUSWB											
PUNPCKH/LBW/WD/DQ	mm,r/m	1	0	2	1	1	1	mmx	shift	mmx	a
PUNPCKHBW/WD/DQ/QDQ	xmm,r/m	1	0	4	1	2	1	mmx	shift	sse2	a
PUNPCKLBW/WD/DQ/QDQ	xmm,r/m	1	0	2	1	2	1	mmx	shift	sse2	a
PSHUFD	xmm,xmm,i	1	0	4	1	2	1	mmx	shift	sse2	
PSHUFL/HW	xmm,xmm,i	1	0	2	1	2	1	mmx	shift	sse2	
PSHUFW	mm,mm,i	1	0	2	1	1	1	mmx	shift	mmx	
MASKMOVQ	mm,mm	4	4			7	0	mov		sse	
MASKMOVDQU	xmm,xmm	4	6			10	0	mov		sse2	
PMOVBMSKB	r32,r	2	0	7	1	3	0,1	mmx-alu0	sse		
PEXTRW	r32,mm,i	3	0	8	1	2	1	mmx-int	sse		
PEXTRW	r32,xmm,i	3	0	9	1	2	1	mmx-int	sse2		
PINSRW	mm,r32,i	2	0	3	1	2	1	int-mmx	sse		
PINSRW	xmm,r32,i	2	0	4	1	2	1	int-mmx	sse2		
Arithmetic instructions											
PADDB/W/D											
PADD(U)SB/W	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PSUBB/W/D											
PSUB(U)SB/W	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PADDQ, PSUBQ	mm,r/m	1	0	2	1	1	1	mmx	alu	sse2	a
PADDQ, PSUBQ	xmm,r/m	1	0	4	1	2	1	fp	add	sse2	a
PCMPEQB/W/D											
PCMPGTB/W/D	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PMULLW PMULHW	r,r/m	1	0	6	1	1,2	1	fp	mul	mmx	a,j
PMULHUW	r,r/m	1	0	6	1	1,2	1	fp	mul	sse	a,j
PMADDWD	r,r/m	1	0	6	1	1,2	1	fp	mul	mmx	a,j
PMULUDQ	r,r/m	1	0	6	1	1,2	1	fp	mul	sse2	a,j
PAVGB/W	r,r/m	1	0	2	1	1,2	1	mmx	alu	sse	a,j
PMIN/MAXUB	r,r/m	1	0	2	1	1,2	1	mmx	alu	sse	a,j
PMIN/MAXSW	r,r/m	1	0	2	1	1,2	1	mmx	alu	sse	a,j
PSADBW	r,r/m	1	0	4	1	1,2	1	mmx	alu	sse	a,j
Logic											
PAND, PANDN	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
POR, PXOR	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PSLL/RLW/D/Q, PSRAW/D	r,i/r/m	1	0	2	1	1,2	1	mmx	shift	mmx	a,j
PSLLDQ, PSRLDQ	xmm,i	1	0	4	1	2	1	mmx	shift	sse2	a
Other											
EMMS		4	11	12		12	0			mmx	

Notes:

- a) Add 1 μ op if source is a memory operand.
- j) Reciprocal throughput is 1 for 64 bit operands, and 2 for 128 bit operands.
- k) It may be advantageous to replace this instruction by two 64-bit moves

Floating point XMM instructions

Instruction	Operands	µops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
MOVAPS/D	r,r	1	0	6	0	1	0	mov		sse	k k
MOVAPS/D	r,m	1	0	≈ 7	0	1	2			sse	
MOVAPS/D	m,r	2	0	≈ 7		2	0			sse	
MOVUPS/D	r,r	1	0	6	0	1	0	mov		sse	
MOVUPS/D	r,m	4	0			2	2			sse	
MOVUPS/D	m,r	4	6			8	0			sse	
MOVSS	r,r	1	0	2	0	2	1	mmx	shift	sse	
MOVSD	r,r	1	0	2	1	2	1	mmx	shift	sse	
MOVSS, MOVSD	r,m	1	0	≈ 7	0	1	2			sse	
MOVSS, MOVSD	m,r	2	0			2	0			sse	
MOVHLPS	r,r	1	0	4	0	2	1	mmx	shift	sse	
MOVLHPS	r,r	1	0	2	0	2	1	mmx	shift	sse	
MOVHPS/D, MOVLPS/D											
	r,m	3	0			4	2			sse	
MOVHPS/D, MOVLPS/D											
	m,r	2	0			2	0			sse	
MOVNTPS/D	m,r	2	0			4	0			sse/2	
MOVMSKPS/D	r32,r	2	0	6	1	3	1	fp		sse	
SHUFPS/D	r,r/m,i	1	0	4	1	2	1	mmx	shift	sse	
UNPCKHPS/D	r,r/m	1	0	4	1	2	1	mmx	shift	sse	
UNPCKLPS/D	r,r/m	1	0	2	1	2	1	mmx	shift	sse	
Conversion											
CVTTPS2PD	r,r/m	4	0	7	1	4	1	mmx	shift	sse2	a
CVTPD2PS	r,r/m	2	0	10	1	2	1	fp-mmx	sse2	a	
CVTSD2SS	r,r/m	4	0	14	1	6	1	mmx	shift	sse2	a
CVTSS2SD	r,r/m	4	0	10	1	6	1	mmx	shift	sse2	a
CVTDQ2PS	r,r/m	1	0	4	1	2	1	fp		sse2	a
CVTDQ2PD	r,r/m	3	0	9	1	4	1	mmx-fp	sse2	a	
CVT(T)PS2DQ	r,r/m	1	0	4	1	2	1	fp		sse2	a
CVT(T)PD2DQ	r,r/m	2	0	9	1	2	1	fp-mmx	sse2	a	
CVTPI2PS	xmm,mm	4	0	10	1	4	1	mmx		sse	a
CVTPI2PD	xmm,mm	4	0	11	1	5	1	fp-mmx	sse2	a	
CVT(T)PS2PI	mm,xmm	3	0	7	0	2	0,1	fp-mmx	sse	a	
CVT(T)PD2PI	mm,xmm	3	0	11	1	3	0,1	fp-mmx	sse2	a	
CVTSI2SS	xmm,r32	3	0	10	1	3	1	fp-mmx	sse	a	
CVTSI2SD	xmm,r32	4	0	15	1	6	1	fp-mmx	sse2	a	
CVT(T)SD2SI	r32,xmm	2	0	8	1	2.5	1	fp		sse2	a
CVT(T)SS2SI	r32,xmm	2	0	8	1	2.5	1	fp		sse	a
Arithmetic											
ADDPS/D ADDSS/D	r,r/m	1	0	4	1	2	1	fp	add	sse	a
SUBPS/D SUBSS/D	r,r/m	1	0	4	1	2	1	fp	add	sse	a

Pentium 4

MULPS/D MULSS/D	r,r/m	1	0	6	1	2	1	fp	mul	sse	a
DIVSS	r,r/m	1	0	23	0	23	1	fp	div	sse	a,h
DIVPS	r,r/m	1	0	39	0	39	1	fp	div	sse	a,h
DIVSD	r,r/m	1	0	38	0	38	1	fp	div	sse2	a,h
DIVPD	r,r/m	1	0	69	0	69	1	fp	div	sse2	a,h
RCPPS RCPSS	r,r/m	2	0	4	1	4	1	mmx		sse	a
MAXPS/D MAXSS/ DMINPS/D MINSS/D	r,r/m	1	0	4	1	2	1	fp	add	sse	a
CMPccPS/D	r,r/m	1	0	4	1	2	1	fp	add	sse	a
CMPccSS/D	r,r/m	2	0	6	1	3	1	fp	add	sse	a
COMISS/D UCOMISS/D	r,r/m	2	0	6	1	3	1	fp	add	sse	a
Logic											
ANDPS/D ANDNPS/D ORPS/D XORPS/D	r,r/m	1	0	2	1	2	1	mmx	alu	sse	a
Math											
SQRTSS	r,r/m	1	0	23	0	23	1	fp	div	sse	a,h
SQRTPS	r,r/m	1	0	39	0	39	1	fp	div	sse	a,h
SQRTSD	r,r/m	1	0	38	0	38	1	fp	div	sse2	a,h
SQRTPD	r,r/m	1	0	69	0	69	1	fp	div	sse2	a,h
RSQRTSS	r,r/m	2	0	4	1	3	1	mmx		sse	a
RSQRTPS	r,r/m	2	0	4	1	4	1	mmx		sse	a
Other											
LDMXCSR	m	4	8	98		100	1			sse	
STMXCSR	m	4	4			6	1			sse	

Notes:

- a) Add 1 μ op if source is a memory operand.
- h) Throughput of FP-MUL unit is reduced during the use of the FP-DIV unit.
- k) It may be advantageous to replace this instruction by two 64-bit moves.

Intel Pentium 4 w. EM64T (Prescott)

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate constant, r = any register, r32 = 32-bit register, etc., mm = 64 bit mmx register, xmm = 128 bit xmm register, sr = segment register, m = any memory operand including indirect operands, m64 means 64-bit memory operand, etc., mabs = memory operand with 64-bit absolute address.
μops:	Number of μ ops issued from instruction decoder and stored in trace cache.
Microcode:	Number of additional μ ops issued from microcode ROM.
Latency:	This is the delay that the instruction generates in a dependency chain if the next dependent instruction starts in the same execution unit. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's, infinity and exceptions increase the delays. The latency of moves to and from memory cannot be measured accurately because of the problem with memory intermediates explained above under "How the values were measured".
Additional latency:	This number is added to the latency if the next dependent instruction is in a different execution unit. There is no additional latency between ALU0 and ALU1.
Reciprocal throughput:	This is also called issue latency. This value indicates the number of clock cycles from the execution of an instruction begins to a subsequent independent instruction can begin to execute in the same execution subunit. A value of 0.25 indicates 4 instructions per clock cycle in one thread.
Port:	The port through which each μ op goes to an execution unit. Two independent μ ops can start to execute simultaneously only if they are going through different ports.
Execution unit:	Use this information to determine additional latency. When an instruction with more than one μ op uses more than one execution unit, only the first and the last execution unit is listed.
Execution subunit:	Throughput measures apply only to instructions executing in the same subunit.
Instruction set	Indicates the compatibility of an instruction with other 80x86 family microprocessors. The instruction can execute on microprocessors that support the instruction set indicated.

Integer instructions

Instruction	Operands	μ ops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
MOV	r,r	1	0	1	0	0.25	0/1	alu0/1		86	c
MOV	r8/16/32,i	1	0	1	0	0.25	0/1	alu0/1		86	
MOV	r64,i32	1	0		0	0.5	0/1	alu0/1		x64	
MOV	r64,i64	2	0		0	1	1	alu1		x64	

Prescott

MOV	r8/16,m	2	0	3	0	1	2	load		86	
MOV	r32/64,m	1	0	2	0	1	2	load		86	
MOV	m,r	1	0			2	0	store		86	b,c
MOV	m,i	2	0			2	0,3	store		86	
MOV	m64,i32	2	0			2	0,3	store		x64	
MOV	r,sr	1	2			8				86	
MOV	sr,r/m	1	8			27				86	a,q
MOV	r,mabs	3	0			1				x64	l
MOV	mabs,r	3	0			2				x64	l
MOVNTI	m,r32	2	0			2				sse2	
MOVZX	r,r	1	0	1	0	0.25	0/1	alu0/1		386	c
MOVZX	r16,r8	2	0	2	0	1	0/1	alu0/1		386	c
MOVZX	r,m	1	0	2	0	1	2	load		386	
MOVSX	r16,r8	2	0	2	0	1	0	alu0		386	a,c,o
MOVSX	r32/64,r8/16	1	0	1	0	0.5	0	alu0		386	a,c,o
MOVSX	r,m	2	0	3	0	1	2	load		386	
MOVSLD	r64,r32	1	0	1	0	0.5	0	alu0		x64	a
CMOVC	r,r/m	3	0	9.5	0	3				PPro	a,e
XCHG	r,r	3	0	2	0	1	0/1	alu0/1		86	
XCHG	r,m	2	6	≈100						86	
XLAT		4	0	6						86	
PUSH	r	2	0	2		2				86	
PUSH	i	2	0	2		2				186	
PUSH	m	3	0	2		2				86	
PUSH	sr	1	3			9				86	
PUSHF(D/Q)		1	3			9				86	
PUSHA(D)		1	9			16				186	m
POP	r	2	0	1	0	1				86	
POP	m	2	6			10				86	
POP	sr	1	8			30				86	
POPF(D/Q)		1	8			70				86	
POPA(D)		2	16			15				186	m
LEA	r,[m]	1	0			0.25	0/1	alu0/1		86	p
LEA	r,[r+r/i]	1	0	2.5	0	0.25	0/1	alu0/1		86	
LEA	r,[r+r+i]	2	0	3.5	0	0.5	0/1	alu0/1		86	
LEA	r,[r*i]	3	0	3.5	0	1	1	alu		386	
LEA	r,[r+r*i]	2	0	3.5	0	1	0,1	alu0,1		386	
LEA	r,[r+r*i+i]	3	0	3.5	0	1	1	alu		386	
LAHF		1	0	4	0		1	int		86	n
SAHF		1	0	5	0		0/1	alu0/1		86	d,n
SALC		2	0		0	1	1	int		86	m
LDS, LES, ...	r,m	2	10			28				86	m
LODS		1	3	8		8				86	
REP LODS		1	5n	≈ 4n+50					86		
STOS		1	2	8		8				86	
REP STOS		1	2.5n	≈ 3n					86		
MOVS		1	4	8		8				86	
REP MOVSB		9	≈.3n	≈.3n					86		
REP MOVSW		1	≈.5-1.1n	≈ .6-1.4n					86		
REP MOVSD		1	≈1.1n	≈ 1.4 n					86		
REP MOVSQ		1	≈1.1n	≈ 1.4 n					x64		
BSWAP	r	1	0	1	0	1		alu		486	
IN, OUT	r,r/i	1	52			>1000			86		

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PREFETCHNTA	m	1	0			1				sse	
PREFETCHT0/1/2	m	1	0			1				sse	
SFENCE		1	2			50				sse	
LFENCE		1	2			50				sse2	
MFENCE		1	4			124				sse2	
Arithmetic instructions											
ADD, SUB	r,r	1	0	1	0	0.25	0/1	alu0/1		86	c
ADD, SUB	r,m	2	0	1	0	1				86	c
ADD, SUB	m,r	3	0	5		2				86	c
ADC, SBB	r,r/i	3	0	10	0	10	1	int,alu		86	
ADC, SBB	r,m	2	5	10	0	10	1	int,alu		86	
ADC, SBB	m,r	2	6	20		10				86	
ADC, SBB	m,i	3	5	22		10				86	
CMP	r,r	1	0	1	0	0.25	0/1	alu0/1		86	c
CMP	r,m	2	0	1	0	1				86	c
INC, DEC	r	2	0	1	0	0.5	0/1	alu0/1		86	
INC, DEC	m	4	0	5		3				86	
NEG	r	1	0	1	0	0.5	0	alu0		86	
NEG	m	3	0	5		3				86	
AAA, AAS		1	10	26						86	m
DAA, DAS		1	16	29						86	m
AAD		2	5	13			1	int	mul	86	m
AAM		2	17	71			1	int	fpdiv	86	m
MUL, IMUL	r8	1	0	10	0		1	int	mul	86	
MUL, IMUL	r16	4	0	11	0		1	int	mul	86	
MUL, IMUL	r32	3	0	11	0		1	int	mul	86	
MUL, IMUL	r64	1	5	11	0		1	int	mul	x64	
MUL, IMUL	m8	2	0	10	0		1	int	mul	86	
MUL, IMUL	m16	2	5	11	0		1	int	mul	86	
MUL, IMUL	m32	3	0	11	0		1	int	mul	86	
MUL, IMUL	m64	2	6	11	0		1	int	mul	x64	
IMUL	r16,r16	1	0	10	0	2.5	1	int	mul	386	
IMUL	r16,r16,i	2	0	11	0	2.5	1	int	mul	186	
IMUL	r32,r32	1	0	10	0	2.5	1	int	mul	386	
IMUL	r32,(r32),i	1	0	10	0	2.5	1	int	mul	386	
IMUL	r64,r64	1	0	10	0	2.5	1	int	mul	x64	
IMUL	r64,(r64),i	1	0	10	0	2.5	1	int	mul	x64	
IMUL	r16,m16	2	0	10	0	2.5	1	int	mul	386	
IMUL	r32,m32	2	0	10	0	2.5	1	int	mul	386	
IMUL	r64,m64	2	0	10	0	2.5	1	int	mul	x64	
IMUL	r,m,i	3	0	10	0	1-2.5	1	int	mul	186	
DIV	r8/m8	1	20	74	0	34	1	int	fpdiv	86	a
DIV	r16/m16	1	19	73	0	34	1	int	fpdiv	86	a
DIV	r32/m32	1	21	76	0	34	1	int	fpdiv	386	a
DIV	r64/m64	1	31	63	0	52	1	int	fpdiv	x64	a
IDIV	r8/m8	1	21	76	0	34	1	int	fpdiv	86	a
IDIV	r16/m16	1	19	79	0	34	1	int	fpdiv	86	a
IDIV	r32/m32	1	19	79	0	34	1	int	fpdiv	386	a
IDIV	r64/m64	1	58	96	0	91	1	int	fpdiv	x64	a
CBW		2	0	2	0	1	0	alu0		86	
CWD		2	0	2	0	1	0/1	alu0/1		86	
CDQ		1	0	1	0	1	0/1	alu0/1		386	

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CQO		1	0	7	0	1	0/1	alu0/1		x64	
CWDE		2	0	2	0	1	0/1	alu0/1		386	
CDQE		1	0	1	0	1	0/1	alu0/1		x64	
SCAS		1	3		0	8				86	
REP SCAS		1	$\approx 54+6n$		$\approx 4n$				86		
CMPS		1	5			10				86	
REP CMPS		1	$\approx 81+8n$		$\approx 5n$				86		
Logic											
AND, OR, XOR	r,r	1	0	1	0	0.5	0	alu0		86	c
AND, OR, XOR	r,m	2	0	1	0	1				86	c
AND, OR, XOR	m,r	3	0	5		2				86	c
TEST	r,r	1	0	1	0	0.5	0	alu0		86	c
TEST	r,m	2	0	1	0	1				86	c
NOT	r	1	0	1	0	0.5	0	alu0		86	
NOT	m	3	0	5		2				86	
SHL	r,i	1	0	1	0	0.5	1	alu1		186	
SHR, SAR	r8/16/32,i	1	0	1	0	0.5	1	alu1		186	
SHR, SAR	r64,i	1	0	7	0	2	1	alu1		x64	
SHL	r,CL	2	0	2	0	2	1	alu1		86	
SHR, SAR	r8/16/32,CL	2	0	2	0	2	1	alu1		86	
SHR, SAR	r64,CL	2	0	8	0		1	alu1		x64	
ROL, ROR	r8/16/32,i	1	0	1	0	1	1	alu1		186	d
ROL, ROR	r64,i	1	0	7	0	7	1	alu1		x64	d
ROL, ROR	r8/16/32,CL	2	0	2	0	2	1	alu1		86	d
ROL, ROR	r64,CL	2	0	8	0	8	1	alu1		x64	d
RCL, RCR	r,1	1	0	7	0	7	1	alu1		86	d
RCL	r,i	2	11	31	0	31	1	alu1		186	d
RCR	r,i	2	11	25	0	25	1	alu1		186	d
RCL	r,CL	1	11	31	0	31	1	alu1		86	d
RCR	r,CL	1	11	25	0	25	1	alu1		86	d
SHL, SHR, SAR	m8/16/32,i	3	6	10	0		1	alu1		86	
ROL, ROR	m8/16/32,i	3	6	10	0		1	alu1		86	d
SHL, SHR, SAR	m8/16/32,cl	2	6	10	0		1	alu1		86	
ROL, ROR	m8/16/32,cl	2	6	10	0		1	alu1		86	d
RCL, RCR	m8/16/32,1	2	5	27	0	27	1	alu1		86	d
RCL, RCR	m8/16/32,i	3	13	38	0	38	1	alu1		86	d
RCL, RCR	m8/16/32,cl	2	13	37	0	37	1	alu1		86	d
SHLD, SHRD	r8/16/32,r,i	3	0	8	0	7	1	alu1		386	
SHLD	r64,r64,i	4	5	10	0		1	alu1		x64	
SHRD	r64,r64,i	3	7	10	0		1	alu1		x64	
SHLD, SHRD	r8/16/32,r,cl	4	0	9	0	8	1	alu1		386	
SHLD	r64,r64,cl	4	5	14	0		1	alu1		x64	
SHRD	r64,r64,cl	3	8	12	0		1	alu1		x64	
SHLD, SHRD	m,r,i	3	8	20	0	10	1	alu1		386	
SHLD, SHRD	m,r,CL	2	8	20	0	10	1	alu1		386	
BT	r,i	1	0	8	0	8	1	alu1		386	d
BT	r,r	2	0	9	0	9	1	alu1		386	d
BT	m,i	3	0	8	0	8	1	alu1		386	d
BT	m,r	2	7	10	0	10	1	alu1		386	d
BTR, BTS, BTC	r,i	1	0	8	0	8	1	alu1		386	
BTR, BTS, BTC	r,r	2	0	9	0	9	1	alu1		386	
BTR, BTS, BTC	m,i	3	6	28	0	10	1	alu1		386	

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BTR, BTS, BTC	m,r	2	10	14	0	14	1	alu1		386	
BSF, BSR	r,r/m	2	0	16	0	4	1	alu1		386	
SETcc	r	2	0	9	0	1	1	int		386	
SETcc	m	3	0	9	0	2	1	int		386	
CLC, STC		2	0		0	8				86	d
CMC		3	0	15	0					86	
CLD, STD		1	8		0	53				86	
Control transfer instructions											
JMP	short/near	1	0	0	0	1	0	alu0	branch	86	
JMP	far	2	25			154	0			86	m
JMP	r	3	0			15	0	alu0	branch	86	
JMP	m(near)	3	0			10	0	alu0	branch	86	
JMP	m(far)	2	28			157	0			86	
Jcc	short/near	1	0			2-4	0	alu0	branch	86	
J(E)CXZ	short	4	0			4	0	alu0	branch	86	
LOOP	short	4	0			4	0	alu0	branch	86	
CALL	near	3	0			7	0	alu0	branch	86	
CALL	far	3	29			160	0			86	m
CALL	r	4	0			7	0	alu0	branch	86	
CALL	m(near)	4	0			9	0	alu0	branch	86	
CALL	m(far)	2	32			160	0			86	
RETN		4	0			7	0	alu0	branch	86	
RETN	i	4	0			7	0	alu0	branch	86	
RETF		1	30			160	0			86	
RETF	i	2	30			160	0			86	
IRET		1	49			325	0			86	
BOUND	m	2	11			12				186	m
INT	i	2	67			470				86	
INTO		1	4			26				86	m
Other											
NOP (90)		1	0	0		0.25	0/1	alu0/1		86	
Long NOP (0F 1F)		1	0	0		0.25	0/1	alu0/1		ppro	
PAUSE		1	2			50				sse2	
LEAVE		4	0	5		5				186	
CLI		1	5			52				86	
STI		1	11			64				86	
CPUID		1	49-90			300-500		p5			
RDTSC		1	12			100				p5	
RDPMC (bit 31 = 1)	1	37				100			p5		
RDPMC (bit 31 = 0)	4	154				240			p5		
MONITOR										(sse3)	
MWAIT										(sse3)	

Notes:

- a) Add 1 μ op if source is a memory operand.
- b) Uses an extra μ op (port 3) if SIB byte used.
- c) Add 1 μ op if source or destination, but not both, is a high 8-bit register (AH, BH, CH, DH).
- d) Has (false) dependence on the flags in most cases.
- e) Not available on PMMX
- l) Move accumulator to/from memory with 64 bit absolute address (opcode A0 - A3).

- m) Not available in 64 bit mode.
- n) Not available in 64 bit mode on some processors.
- o) MOVSB uses an extra μop if the destination register is smaller than the biggest register size available. Use a 32 bit destination register in 16 bit and 32 bit mode, and a 64 bit destination register in 64 bit mode for optimal performance.
- p) LEA with a direct memory operand has 1 μop and a reciprocal throughput of 0.25. This also applies if there is a RIP-relative address in 64-bit mode. A sign-extended 32-bit direct memory operand in 64-bit mode without RIP-relative address takes 2 μops because of the SIB byte. The throughput is 1 in this case. You may use a MOV instead.
- q) These values are measured in 32-bit mode. In 16-bit real mode there is 1 microcode μop and a reciprocal throughput of 17.

Floating point x87 instructions

Instruction	Operands	μops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
FLD	r	1	0	7	0	1	0	mov		87	
FLD	m32/64	1	0		0	1	2	load		87	
FLD	m80	3	3			8	2	load		87	
FBLD	m80	3	74			90	2	load		87	
FST(P)	r	1	0	7	0	1	0	mov		87	
FST(P)	m32/64	2	0	7		2	0	store		87	
FSTP	m80	3	6			10	0	store		87	
FBSTP	m80	3	311			400	0	store		87	
FXCH	r	1	0	0	0	1	0	mov		87	
FILD	m16	3	2			8	2	load		87	
FILD	m32/64	2	0			2	2	load		87	
FIST(P)	m	3	0			2.5	0	store		87	
FISTTP	m	3	0			2.5	0	store		sse3	
FLDZ		1	0			2	0	mov		87	
FLD1		2	0			2	0	mov		87	
FCMOVcc	st0,r	4	0	5	1	4	1	fp		PPro	e
FFREE	r	3	0			3	0	mov		87	
FINCSTP, FDECSTP		1	0	0	0	1	0	mov		87	
FNSTSW	AX	4	0		0	3	1			287	
FSTSW	AX	6	0		0	3	1			287	
FNSTSW	m16	2	3			8	0			87	
FNSTCW	m16	4	0			3	0			87	
FLDCW	m16	3	6			10	0,2			87	f
Arithmetic instructions											
FADD(P),FSUB(R)(P)	r	1	0	6	1	1	1	fp	add	87	
FADD,FSUB(R)	m	2	0	6	1	1	1	fp	add	87	
FIADD,FISUB(R)	m16	3	3	7	1	6	1	fp	add	87	
FIADD,FISUB(R)	m32	3	0	6	1	2	1	fp	add	87	

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FMUL(P)	r	1	0	8	1	2	1	fp	mul	87	
FMUL	m	2	0	8	1	2	1	fp	mul	87	
FIMUL	m16	3	3	8	1	8	1	fp	mul	87	
FIMUL	m32	3	0	8	1	3	1	fp	mul	87	
FDIV(R)(P)	r	1	0	45	1	45	1	fp	div	87	g,h
FDIV(R)	m	2	0	45	1	45	1	fp	div	87	g,h
FIDIV(R)	m16	3	3	45	1	45	1	fp	div	87	g,h
FIDIV(R)	m32	3	3	45	1	45	1	fp	div	87	g,h
FABS		1	0	3	1	1	1	fp	misc	87	
FCHS		1	0	3	1	1	1	fp	misc	87	
FCOM(P), FUCOM(P)	r	1	0	3	0	1	1	fp	misc	87	
FCOM(P)	m	2	0	3	0	1	1	fp	misc	87	
FCOMPP, FUCOMPP		2	0	3	0	1	1	fp	misc	87	
FCOMI(P)	r	3	0			3	0,1	fp	misc	PPro	
FICOM(P)	m16	3	3			8	1	fp	misc	87	
FICOM(P)	m32	3	0			2	1,2	fp	misc	87	
FTST		1	0			1	1	fp	misc	87	
FXAM		1	0			1	1	fp	misc	87	
FRNDINT		3	14	28	1	16	0,1			87	
FPREM		8	86	220	1		1	fp		87	
FPREM1		9	92	220	1		1	fp		387	
Math											
FSQRT		1	0	45	1	45	1	fp	div	87	g,h
FLDPI, etc.		2	0			2	1	fp		87	
FSIN, FCOS		3	≈100	≈200		≈200	1	fp		387	
FSINCOS		5	≈150	≈200		≈200	1	fp		387	
FPTAN		8	≈170	≈270		≈270	1	fp		87	
FPATAN		4	97	≈250		≈250	1	fp		87	
FSCALE		3	25	96			1	fp		87	
FXTRACT		4	16	27			1	fp		87	
F2XM1		3	190	≈270			1	fp		87	
FYL2X		3	63	≈170			1	fp		87	
FYL2XP1		3	58	≈170			1	fp		87	
Other											
FNOP		1	0	1	0	1	0		mov	87	
(F)WAIT		2	0	0	0	1	0		mov	87	
FNCLEX		1	4			120	1			87	
FNINIT		1	30			200				87	
FNSAVE		2	181	500			0,1			87	
FRSTOR		2	96	570						87	
FXSAVE		2	121			160				sse	i
FXRSTOR		2	118			244				sse	i

Notes:

- e) Not available on PMMX
- f) The latency for FLDCW is 3 when the new value loaded is the same as the value of the control word before the preceding FLDCW, i.e. when alternating between the same two values. In all other cases, the latency and reciprocal throughput is > 100.
- g) Latency and reciprocal throughput depend on the precision setting in the F.P. control word. Single precision: 32, double precision: 40, long double precision (default): 45.
- h) Throughput of FP-MUL unit is reduced during the use of the FP-DIV unit.

- i) Takes fewer microcode pops when XMM registers are disabled, but the throughput is the same.

Integer MMX and XMM instructions

Instruction	Operands	μops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
MOVD	r32, mm	2	0	6	1	1	0	fp		mmx	
MOVD	mm, r32	1	0	3	1	1	1	mmx	alu	mmx	
MOVD	mm, m32	1	0			1	2	load		mmx	
MOVD	r32, xmm	1	0	7	1	1	0	fp		sse2	
MOVD	xmm, r32	2	0	4	1	2	1	mmx	shift	sse2	
MOVD	xmm, m32	1	0			1	2	load		sse2	
MOVD	m32, r	2	0			2	0,1			mmx	
MOVQ	mm, mm	1	0	7	0	1	0	mov		mmx	
MOVQ	xmm, xmm	1	0	2	1	2	1	mmx	shift	sse2	
MOVQ	r, m64	1	0			1	2	load		mmx	
MOVQ	m64, r	2	0			2	0	mov		mmx	
MOVDQA	xmm, xmm	1	0	7	0	1	0	mov		sse2	
MOVDQA	xmm, m	1	0			1	2	load		sse2	
MOVDQA	m, xmm	2	0			2	0	mov		sse2	
MOVDQU	xmm, m	4	0			23	2	load		sse2	k
MOVDQU	m, xmm	4	2			8	0	mov		sse2	k
LDDQU	xmm, m	4	0			2.5	2	load		sse3	
MOVDQ2Q	mm, xmm	3	0	10	1	2	0,1	mov-mmx	sse2		
MOVQ2DQ	xmm, mm	2	0	10	1	2	0,1	mov-mmx	sse2		
MOVNTQ	m, mm	3	0			4	0	mov		sse	
MOVNTDQ	m, xmm	2	0			4	0	mov		sse2	
MOVDDUP	xmm, xmm	1	0	2	1	2	1	mmx	shift	sse3	
MOVSHDUP											
MOVSLDUP	xmm, xmm	1	0	4	1	2	1	mmx	shift	sse3	
PACKSSWB/DW											
PACKUSWB	mm, r/m	1	0	2	1	2	1	mmx	shift	mmx	a
PACKSSWB/DW											
PACKUSWB	xmm, r/m	1	0	4	1	4	1	mmx	shift	mmx	a
PUNPCKH/LBW/WD/DQ	mm, r/m	1	0	2	1	2	1	mmx	shift	mmx	a
PUNPCKHBW/WD/DQ/QDQ	xmm, r/m	1	0	4	1	4	1	mmx	shift	sse2	a
PUNPCKLBW/WD/DQ/QDQ	xmm, r/m	1	0	2	1	2	1	mmx	shift	sse2	a
PSHUFD	xmm, xmm, i	1	0	4	1	2	1	mmx	shift	sse2	
PSHUFL/HW	xmm, xmm, i	1	0	2	1	2	1	mmx	shift	sse	
PSHUFW	mm, mm, i	1	0	2	1	1	1	mmx	shift	sse	
MASKMOVQ	mm, mm	1	4			10	0	mov		sse	
MASKMOVDQU	xmm, xmm	1	6			12	0	mov		sse2	
PMOVBMSKB	r32, r	2	0	7		3	0,1	mmx-alu0	sse		

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PEXTRW	r32,mm,i	2	0	7		2	1	mmx-int	sse		
PEXTRW	r32,xmm,i	2	0	7		3	1	mmx-int	sse2		
PINSRW	r,r32,i	2	0	4		2	1	int-mmx	sse		
Arithmetic instructions											
PADDB/W/D											
PADD(U)SB/W	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PSUBB/W/D											
PSUB(U)SB/W	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PADDQ, PSUBQ	mm,r/m	1	0	2	1	1	1	mmx	alu	sse2	a
PADDQ, PSUBQ	xmm,r/m	1	0	5	1	2	1	fp	add	sse2	a
PCMPEQB/W/D											
PCMPGTB/W/D	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PMULLW PMULHW	r,r/m	1	0	7	1	1,2	1	fp	mul	mmx	a,j
PMULHUW	r,r/m	1	0	7	1	1,2	1	fp	mul	sse	a,j
PMADDWD	r,r/m	1	0	7	1	1,2	1	fp	mul	mmx	a,j
PMULUDQ	r,r/m	1	0	7	1	1,2	1	fp	mul	sse2	a,j
PAVGB/W	r,r/m	1	0	2	1	1,2	1	mmx	alu	sse	a,j
PMIN/MAXUB	r,r/m	1	0	2	1	1,2	1	mmx	alu	sse	a,j
PMIN/MAXSW	r,r/m	1	0	2	1	1,2	1	mmx	alu	sse	a,j
PSADBW	r,r/m	1	0	4	1	1,2	1	mmx	alu	sse	a,j
Logic											
PAND, PANDN	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
POR, PXOR	r,r/m	1	0	2	1	1,2	1	mmx	alu	mmx	a,j
PSLL/RLW/D/Q,											
PSRAW/D	r,i/r/m	1	0	2	1	1,2	1	mmx	shift	mmx	a,j
PSLLDQ, PSRLDQ	xmm,i	1	0	4	1	2	1	mmx	shift	sse2	
Other											
EMMS		10	10			12	0			mmx	

Notes:

- a) Add 1 μ op if source is a memory operand.
- j) Reciprocal throughput is 1 for 64 bit operands, and 2 for 128 bit operands.
- k) It may be advantageous to replace this instruction by two 64-bit moves or LD-DQU.

Floating point XMM instructions

Instruction	Operands	μ ops	Microcode	Latency	Additional latency	Reciprocal throughput	Port	Execution unit	Subunit	Instruction set	Notes
Move instructions											
MOVAPS/D	r,r	1	0	7	0	1	0	mov		sse	
MOVAPS/D	r,m	1	0		0	1	2			sse	
MOVAPS/D	m,r	2	0			2	0			sse	
MOVUPS/D	r,r	1	0	7	0	1	0	mov		sse	
MOVUPS/D	r,m	4	0			2	2			sse	k
MOVUPS/D	m,r	4	2			8	0			sse	k

Prescott

MOVSS	r,r	1	0	2	1	2	1	mmx	shift	sse	
MOVSD	r,r	1	0	4	1	2	1	mmx	shift	sse	
MOVSS, MOVSD	r,m	1	0		0	1	2			sse	
MOVSS, MOVSD	m,r	2	0			2	0			sse	
MOVHPS	r,r	1	0	4	1	2	1	mmx	shift	sse	
MOVLHPS	r,r	1	0	2	1	2	1	mmx	shift	sse	
MOVHPS/D, MOVLPS/D	r,m	2	0			2	2			sse	
MOVHPS/D, MOVLPS/D	m,r	2	0			2	0			sse	
MOVSH/LDUP	r,r	1	0	4	1	2	1			sse3	
MOVDDUP	r,r	1	0	2	1	2	1			sse3	
MOVNTPS/D	m,r	2	0			4	0			sse	
MOVMSKPS/D	r32,r	2	0	5	1	3	1	fp		sse	
SHUFPS/D	r,r/m,i	1	0	4	1	2	1	mmx	shift	sse	
UNPCKHPS/D	r,r/m	2	0	4	1	2	1	mmx	shift	sse	
UNPCKLPS/D	r,r/m	1	0	2	1	2	1	mmx	shift	sse	
Conversion											
CVTPS2PD	r,r/m	1	0	4	1	4	1	mmx	shift	sse2	a
CVTPD2PS	r,r/m	2	0	10	1	2	1	fp-mmx	sse2	a	
CVTSD2SS	r,r/m	3	0	14	1	6	1	mmx	shift	sse2	a
CVTSS2SD	r,r/m	2	0	8	1	6	1	mmx	shift	sse2	a
CVTDQ2PS	r,r/m	1	0	5	1	2	1	fp		sse2	a
CVTDQ2PD	r,r/m	3	0	10	1	4	1	mmx-fp	sse2	a	
CVT(T)PS2DQ	r,r/m	1	0	5	1	2	1	fp		sse2	a
CVT(T)PD2DQ	r,r/m	2	0	11	1	2	1	fp-mmx	sse2	a	
CVTPI2PS	xmm,mm	4	0	12	1	6	1	mmx		sse	a
CVTPI2PD	xmm,mm	4	0	12	1	5	1	fp-mmx	sse2	a	
CVT(T)PS2PI	mm,xmm	3	0	8	0	2	0,1	fp-mmx	sse	a	
CVT(T)PD2PI	mm,xmm	4	0	12	1	3	0,1	fp-mmx	sse2	a	
CVTSI2SS	xmm,r32	3	0	20	1	4	1	fp-mmx	sse	a	
CVTSI2SD	xmm,r32	4	0	20	1	5	1	fp-mmx	sse2	a	
CVT(T)SD2SI	r32,xmm	2	0	12	1	4	1	fp		sse2	a
CVT(T)SS2SI	r32,xmm	2	0	17	1	4	1	fp		sse	a
Arithmetic											
ADDPS/D ADDSS/D	r,r/m	1	0	5	1	2	1	fp	add	sse	a
SUBPS/D SUBSS/D	r,r/m	1	0	5	1	2	1	fp	add	sse	a
ADDSUBPS/D	r,r/m	1	0	5	1	2	1	fp	add	sse3	a
HADDPS/D HSUBPS/D	r,r/m	3	0	13	1	5-6	1	fp	add	sse3	a
MULPS/D MULSS/D	r,r/m	1	0	7	1	2	1	fp	mul	sse	a
DIVSS	r,r/m	1	0	32	1	23	1	fp	div	sse	a,h
DIVPS	r,r/m	1	0	41	1	41	1	fp	div	sse	a,h
DIVSD	r,r/m	1	0	40	1	40	1	fp	div	sse2	a,h
DIVPD	r,r/m	1	0	71	1	71	1	fp	div	sse2	a,h
RCPPS RCPSS	r,r/m	2	0	6	1	4	1	mmx		sse	a
MAXPS/D MAXSS/ DMINPS/D MINSS/D	r,r/m	1	0	5	1	2	1	fp	add	sse	a
CMPccPS/D											
CMPccSS/D	r,r/m	1	0	5	1	2	1	fp	add	sse	a
COMISS/D UCOMISS/D	r,r/m	2	0	6	1	3	1	fp	add	sse	a
Logic											

Prescott

ANDPS/D ANDNPS/D ORPS/D XORPS/D	r,r/m	1	0	2	1	2	1	mmx	alu	sse	a
Math											
SQRTSS	r,r/m	1	0	32	1	32	1	fp	div	sse	a,h
SQRTPS	r,r/m	1	0	41	1	41	1	fp	div	sse	a,h
SQRTSD	r,r/m	1	0	40	1	40	1	fp	div	sse2	a,h
SQRTPD	r,r/m	1	0	71	1	71	1	fp	div	sse2	a,h
RSQRTSS	r,r/m	2	0	5	1	3	1	mmx		sse	a
RSQRTPS	r,r/m	2	0	6	1	4	1	mmx		sse	a
Other											
LDMXCSR	m	2	11			13	1			sse	
STMXCSR	m	3	0			3	1			sse	

Notes:

- a) Add 1 μ op if source is a memory operand.
- h) Throughput of FP-MUL unit is reduced during the use of the FP-DIV unit.
- k) It may be advantageous to replace this instruction by two 64-bit moves or LDDQU.

Intel Atom

List of instruction timings and μ ops breakdown

Explanation of column headings:

Instruction:	Instruction name. cc means any condition code. For example, Jcc can be JB, JNE, etc.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, mm/x = mmx or xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.
μops:	The number of μ ops from the decoder or ROM.
Unit:	Tells which execution unit is used. Instructions that use the same unit cannot execute simultaneously. ALU0 and ALU1 means integer unit 0 or 1, respectively. ALU0/1 means that either unit can be used. ALU0+1 means that both units are used. Mem means memory in/out unit. FP0 means floating point unit 0 (includes multiply, divide and other SIMD instructions). FP1 means floating point unit 1 (adder). MUL means multiplier, shared between FP and integer units. DIV means divider, shared between FP and integer units. np means not pairable: Cannot execute simultaneously with any other instruction.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, denormal or NAN results give a similar delay.
Reciprocal throughput:	The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

	Operands	μ ops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1	ALU0/1	1	1/2	
MOV	r,i	1	ALU0/1	1	1/2	
MOV	r,m	1	ALU0, Mem	1-3	1	All addr. modes
MOV	m,r	1	ALU0, Mem	1	1	All addr. modes
MOV	m,i	1	ALU0, Mem		1	
MOV	r,sr	1		1	1	
MOV	m,sr	2			5	
MOV	sr,r	7			21	
MOV	sr,m	8			26	
MOVNTI	m,r	1	ALU0, Mem		2.5	
MOVSB MOVZB MOVSD	r,r/m	1	ALU0	1	1	
CMOVBcc	r,r	1	ALU0+1	2	2	
CMOVBcc	r,m	1			3	
XCHG	r,r	3		6	6	
XCHG	r,m	4		6	6	Implicit lock
XLAT		3		6	6	
PUSH	r	1	np	1	1	

Atom

PUSH	i	1	np		1	
PUSH	m	2			5	
PUSH	sr	3			6	
PUSHF(D/Q)		14			12	
PUSHA(D)		9			11	Not in x64 mode
POP	r	1	np	1	1	
POP	(E/R)SP	1	np	1	1	
POP	m	3			6	
POP	sr	7			31	
POPF(D/Q)		19			28	
POPA(D)		16			12	Not in x64 mode
LAHF		1	ALU0+1	2	2	
SAHF		1	ALU0/1	1	1/2	
SALC		2		7	5	Not in x64 mode
LEA	r,m	1	AGU1	1-4	1	4 clock latency on input register
BSWAP	r	1	ALU0	1	1	
LDS LES LFS LGS LSS	m	10		30	30	
PREFETCHNTA	m	1	Mem		1	
PREFETCHT0/1/2	m	1	Mem		1	
LFENCE		1			1/2	
MFENCE		1			1	
SFENCE		1			1	
Arithmetic instructions						
ADD SUB	r,r/i	1	ALU0/1	1	1/2	
ADD SUB	r,m	1	ALU0/1, Mem		1	
ADD SUB	m,r/i	1		2	1	
ADC SBB	r,r/i	1		2	2	
ADC SBB	r,m	1		2	2	
ADC SBB	m,r/i	1		2	2	
CMP	r,r/i	1	ALU0/1	1	1/2	
CMP	m,r/i	1			1	
INC DEC NEG NOT	r	1	ALU0/1	1	1/2	
INC DEC NEG NOT	m	1		1		
AAA		13		16		Not in x64 mode
AAS		13		12		Not in x64 mode
DAA		20		20		Not in x64 mode
DAS		21		25		Not in x64 mode
AAD		4		7		Not in x64 mode
AAM		10		24		Not in x64 mode
MUL IMUL	r8	3	ALU0, Mul	7	7	
MUL IMUL	r16	4	ALU0, Mul	6	6	
MUL IMUL	r32	3	ALU0, Mul	6	6	
MUL IMUL	r64	8	ALU0, Mul	14	14	
IMUL	r16,r16	2	ALU0, Mul	6	5	
IMUL	r32,r32	1	ALU0, Mul	5	2	
IMUL	r64,r64	6	ALU0, Mul	13	11	
IMUL	r16,r16,i	2	ALU0, Mul	5	5	
IMUL	r32,r32,i	1	ALU0, Mul	5	2	
IMUL	r64,r64,i	7	ALU0, Mul	14	14	
MUL IMUL	m8	3	ALU0, Mul	6		
MUL IMUL	m16	5	ALU0, Mul	7		

Atom

MUL IMUL	m32	4	ALU0, Mul	7		
MUL IMUL	m64	8	ALU0, Mul	14		
DIV	r/m8	9	ALU0, Div	22	22	
DIV	r/m16	12	ALU0, Div	33	33	
DIV	r/m32	12	ALU0, Div	49	49	
DIV	r/m 64	38	ALU0, Div	183	183	
IDIV	r/m8	26	ALU0, Div	38	38	
IDIV	r/m16	29	ALU0, Div	45	45	
IDIV	r/m32	29	ALU0, Div	61	61	
IDIV	r/m64	60	ALU0, Div	207	207	
CBW		2	ALU0	5		
CWDE		1	ALU0	1		
CDQE		1	ALU0	1		
CWD		2	ALU0	5		
CDQ		1	ALU0	1		
CQO		1	ALU0	1		
Logic instructions						
AND OR XOR	r,r/i	1	ALU0/1	1	1/2	
AND OR XOR	r,m	1	ALU0/1, Mem		1	
AND OR XOR	m,r/i	1	ALU0/1, Me	1	1	
TEST	r,r/i	1	ALU0/1	1	1/2	
TEST	m,r/i	1	ALU0/1, Mem		1	
SHR SHL SAR	r,i/cl	1	ALU0	1	1	
SHR SHL SAR	m,i/cl	1	ALU0	1	1	
ROR ROL	r,i/cl	1	ALU0	1	1	
ROR ROL	m,i/cl	1	ALU0	1	1	
RCR	r,1	5	ALU0	7		
RCL	r,1	2	ALU0	1		
RCR	r/m,i/cl	12-17	ALU0	12-15		
RCL	r/m,i/cl	14-20	ALU0	14-18		
SHLD	r16,r16,i	10	ALU0	10		1-2 more if mem
SHLD	r32,r32,i	2	ALU0	5		1-2 more if mem
SHLD	r64,r64,i	10	ALU0	11		1-2 more if mem
SHLD	r16,r16,cl	9	ALU0	9		1-2 more if mem
SHLD	r32,r32,cl	2	ALU0	5		1-2 more if mem
SHLD	r64,r64,cl	9	ALU0	10		1-2 more if mem
SHRD	r16,r16,i	8	ALU0	8		1-2 more if mem
SHRD	r32,r32,i	2	ALU0	5		1-2 more if mem
SHRD	r64,r64,i	10	ALU0	9		1-2 more if mem
SHRD	r16,r16,cl	7	ALU0	8		1-2 more if mem
SHRD	r32,r32,cl	2	ALU0	5		1-2 more if mem
SHRD	r64,r64,cl	9	ALU0	9		1-2 more if mem
BT	r,r/i	1	ALU1	1	1	
BT	m,r	9		10		
BT	m,i	2		5		
BTR BTS BTC	r,r/i	1	ALU1	1	1	
BTR BTS BTC	m,r	10	ALU1	11		
BTR BTS BTC	m,i	3	ALU1	6		
BSF BSR	r,r/m	10		16		
SETcc	r	1	ALU0+1	2	2	
SETcc	m	2			5	
CLC STC		1	ALU0/1		1/2	

Atom

CMC		1		2	2	
CLD		5			7	
STD		6			25	
Control transfer instructions						
JMP	short/near	1	ALU1		2	
JMP	far	29			66	Not in x64 mode
JMP	r	1			4	
JMP	m(near)	2			7	
JMP	m(far)	30			78	
Conditional jump	short/near	1	ALU1		2	
J(E/R)CXZ	short	3			7	
LOOP	short	8			8	
LOOP(N)E	short	8			8	
CALL	near	1			3	
CALL	far	37			65	Not in x64 mode
CALL	r	1			18	
CALL	m(near)	2			20	
CALL	m(far)	38			64	
RETN		1	np		6	
RETN	i	1	np		6	
RETF		36			80	
RETF	i	36			80	
BOUND	r,m	11			10	Not in x64 mode
INTO		4			6	Not in x64 mode
String instructions						
LODS		3		6		
REP LODS		5n+11		3n+50		
STOS		2		5		
REP STOS		3n+10		2n+4		
MOVS		4		6		
REP MOVS		4n+11		2n - 4n		fastest for high n
SCAS		3		6		
REP SCAS		5n+16		3n+60		
CMPS		5		7		
REP CMPS		6n+16		4n+40		
Other						
NOP (90)		1	ALU0/1		1/2	
Long NOP (0F 1F)		1	ALU0/1		1/2	
PAUSE		5		24		
ENTER	a,0	14		23		
ENTER	a,b	20+6b				
LEAVE		4			6	
CPUID		40-80		100-170		
RDTSC		16		29		
RDPMSR		24		48		

Floating point x87 instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
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Atom

Move instructions							
FLD	r	1		1	1		
FLD	m32/m64	1		3	1		
FLD	m80	4		9	10		
FBLD	m80	52		92	92		
FST(P)	r	1		1	1		
FST(P)	m32/m64	3		7	9		
FSTP	m80	8		12	13		
FBSTP	m80	189		221	221		
FXCH	r	1		1	1		
FILD	m	1		7	6		
FIST(P)	m	3		11	9		
FISTTP	m	3		11	9		SSE3
FLDZ		1			1		
FLD1		2			8		
FLDPI FLDL2E etc.		2			10		
FCMOVcc	r	3		9	9		
FNSTSW	AX	4			10		
FNSTSW	m16	4			10		
FLDCW	m16	2			8		
FNSTCW	m16	3			9		
FINCSTP FDECSTP		1		1	1		
FFREE(P)		1			1		
FNSAVE	m	166		321	321		
FRSTOR	m	83		177	177		
Arithmetic instructions							
FADD(P) FSUB(R)(P)	r/m	1		5	1		
FMUL(P)	r/m	1	Mul	5	2		
FDIV(R)(P)	r/m	1	Div	71	71		
FABS		1		1	1		
FCHS		1		1	1		
FCOM(P) FUCOM	r/m	1		1	1		
FCOMPP FUCOMPP		1		1	1		
FCOMI(P) FUCOMI(P)	r	5			10		
FIADD FISUB(R)	m	3			9		
FIMUL	m	3	Mul		9		
FIDIV(R)	m	3	Div		73		
FICOM(P)	m	3			9		
FTST		1		1	1		
FXAM		1		1	1		
FPREM		26		~110			
FPREM1		37		~130			
FRNDINT		19		48			
Math							
FSCALE		30		56			
FTRACT		15		24			
FSQRT		1	Div	71			
FSIN FCOS		9		~260			
FSINCOS		112		~260			
F2XM1		25		~100			
FYL2X FYL2XP1		63		~220			

Atom

FPTAN	100	~300	
FPATAN	91	~300	
Other			
FNOP	1		1
WAIT	2	5	5
FNCLEX	4		26
FNINIT	23	74	

Integer MMX and XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD	r32/64,mm/x	1		4	2	
MOVD	m32/64,mm/x	1	Mem	5	1	
MOVD	mm/x,r32/64	1		3	1	
MOVD	mm/x,m32/64	1	Mem	4	1	
MOVQ	mm/x, mm/x	1	FP0/1	1	1/2	
MOVQ	mm/x,m64	1	Mem	4	1	
MOVQ	m64, mm/x	1	Mem	5	1	
MOVDQA	xmm, xmm	1	FP0/1	1	1/2	
MOVDQA	xmm, m128	1	Mem	4	1	
MOVDQA	m128, xmm	1	Mem	5	1	
MOVDQU	m128, xmm	3	Mem	6	6	
MOVDQU	xmm, m128	4	Mem	6	6	
LDDQU	xmm, m128	4	Mem	6	6	
MOVDQ2Q	mm, xmm	1		1	1	
MOVQ2DQ	xmm,mm	1		1	1	
MOVNTQ	m64,mm	1	Mem	~400	1	
MOVNTDQ	m128,xmm	1	Mem	~450	3	
PACKSSWB/DW						
PACKUSWB	mm/x, mm/x	1	FP0	1	1	
PUNPCKH/LBW/WD/DQ	mm/x, mm/x	1	FP0	1	1	
PUNPCKH/LQDQ	mm/x, mm/x	1	FP0	1	1	
PSHUFB	mm,mm	1	FP0	1	1	
PSHUFB	xmm,xmm	4		6	6	
PSHUFW	mm,mm,i	1	FP0	1	1	
PSHUFL/HW	xmm,xmm,i	1	FP0	1	1	
PSHUFD	xmm,xmm,i	1	FP0	1	1	
PALIGNR	xmm, xmm,i	1	FP0	1	1	
MASKMOVQ	mm,mm	1	Mem		2	
MASKMOVDQU	xmm,xmm	2	Mem		7	
PMOVMASKB	r32,mm/x	1		4	2	
PINSRW	mm/x,r32,i	1		3	1	
PEXTRW	r32,mm/x,i	2		5	5	
Arithmetic instructions						
PADD/SUB(U)(S)B/W/D	mm/x, mm/x	1	FP0/1	1	1/2	
PADDQ PSUBQ	mm/x, mm/x	2		5	5	
PHADD(S)W PHSUB(S)W	mm/x, mm/x	7		8	8	

Atom

PHADDD PHSUBD	mm/x, mm/x	3		6	
PCMPEQ/GTB/W/D	mm/x,mm/x	1	FP0/1	1	1/2
PMULL/HW PMULHUW	mm,mm	1	FP0, Mul	4	1
PMULL/HW PMULHUW	xmm,xmm	1	FP0, Mul	5	2
PMULHRSW	mm,mm	1	FP0, Mul	4	1
PMULHRSW	xmm,xmm	1	FP0, Mul	5	2
PMULUDQ	mm,mm	1	FP0, Mul	4	1
PMULUDQ	xmm,xmm	1	FP0, Mul	5	2
PMADDWD	mm,mm	1	FP0, Mul	4	1
PMADDWD	xmm,xmm	1	FP0, Mul	5	2
PMADDUBSW	mm,mm	1	FP0, Mul	4	1
PMADDUBSW	xmm,xmm	1	FP0, Mul	5	2
PSADBW	mm,mm	1	FP0, Mul	4	1
PSADBW	xmm,xmm	1	FP0, Mul	5	2
PAVGB/W	mm/x,mm/x	1	FP0/1	1	1/2
PMIN/MAXUB	mm/x,mm/x	1	FP0/1	1	1/2
PMIN/MAXSW	mm/x,mm/x	1	FP0/1	1	1/2
PABSB PABSW PABSD	mm/x,mm/x	1	FP0/1	1	1/2
PSIGNB PSIGNW PSIGND	mm/x,mm/x	1	FP0/1	1	1/2
Logic instructions					
PAND(N) POR PXOR	mm/x,mm/x	1	FP0/1	1	1/2
PSLL/RL/RAW/D/Q	mm/x,mm/x	2	FP0	5	5
PSLL/RL/RAW/D/Q	(x)xmm,i	1	FP0	1	1
PSLL/RLDQ	xmm,i	1	FP0	1	1
Other					
EMMS		9			9

Floating point XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVAPS/D	xmm,xmm	1	FP0/1	1	1/2	
MOVAPS/D	xmm,m128	1	Mem	4	1	
MOVAPS/D	m128,xmm	1	Mem	5	1	
MOVUPS/D	xmm,m128	4	Mem	6	6	
MOVUPS/D	m128,xmm	3	Mem	6	6	
MOVSS/D	xmm,xmm	1	FP0/1	1	1/2	
MOVSS/D	xmm,m32/64	1	Mem	4	1	
MOVSS/D	m32/64,xmm	1	Mem	5	1	
MOVHPS/D MOVLPD/D	xmm,m64	1	Mem	5	1	
MOVHPS/D	m64,xmm	1	Mem	4	1	
MOVLPS/D	m64,xmm	1	Mem	4	1	
MOVLHPS MOVHLPS	xmm,xmm	1	FP0	1	1	
MOVMSKPS/D	r32,xmm	1		4	2	
MOVNTPS/D	m128,xmm	1	Mem	~500	3	
SHUFPS	xmm,xmm,i	1	FP0	1	1	
SHUFPS	xmm,xmm,i	1	FP0	1	1	
MOVDDUP	xmm,xmm	1	FP0	1	1	
MOVSH/LDUP	xmm,xmm	1	FP0	1	1	

Atom

UNPCKH/LPS	xmm,xmm	1	FP0	1	1
UNPCKH/LPD	xmm,xmm	1	FP0	1	
Conversion					
CVTPD2PS	xmm,xmm	4		11	11
CVTSD2SS	xmm,xmm	3		10	10
CVTPS2PD	xmm,xmm	4		7	6
CVTSS2SD	xmm,xmm	3		6	6
CVTDQ2PS	xmm,xmm	3		6	6
CVT(T) PS2DQ	xmm,xmm	3		6	6
CVTDQ2PD	xmm,xmm	3		7	6
CVT(T)PD2DQ	xmm,xmm	3		6	6
CVTPI2PS	xmm,mm	1		6	5
CVT(T)PS2PI	mm,xmm	1		4	1
CVTPI2PD	xmm,mm	3		7	6
CVT(T) PD2PI	mm,xmm	4		7	7
CVTSI2SS	xmm,r32	3		7	6
CVT(T)SS2SI	r32,xmm	3		10	8
CVTSI2SD	xmm,r32	3		8	6
CVT(T)SD2SI	r32,xmm	3		10	8
Arithmetic					
ADDSS SUBSS	xmm,xmm	1	FP1	5	1
ADDSD SUBSD	xmm,xmm	1	FP1	5	1
ADDPs SUBPS	xmm,xmm	1	FP1	5	1
ADDPD SUBPD	xmm,xmm	3	FP1	6	6
ADDSUBPS	xmm,xmm	1	FP1	5	1
ADDSUBPD	xmm,xmm	3	FP1	6	6
HADDPs HSUBPS	xmm,xmm	5	FP0+1	8	7
HADDPD HSUBPD	xmm,xmm	5	FP0+1	8	7
MULSS	xmm,xmm	1	FP0, Mul	4	1
MULSD	xmm,xmm	1	FP0, Mul	5	2
MULPS	xmm,xmm	1	FP0, Mul	5	2
MULPD	xmm,xmm	6	FP0, Mul	9	9
DIVSS	xmm,xmm	3	FP0, Div	31	31
DIVSD	xmm,xmm	3	FP0, Div	60	60
DIVPS	xmm,xmm	6	FP0, Div	64	64
DIVPD	xmm,xmm	6	FP0, Div	122	122
RCPSS	xmm,xmm	1		4	1
RCPPS	xmm,xmm	5		9	8
CMPccSS/D	xmm,xmm	1	FP0	5	1
CMPccPS/D	xmm,xmm	3	FP0	6	6
COMISS/D UCOMISS/D	xmm,xmm	4	FP0	9	9
MAXSS/D MINSS/D	xmm,xmm	1	FP0	5	1
MAXPS/D MINPS/D	xmm,xmm	3	FP0	6	6
Math					
SQRTSS	xmm,xmm	3	FP0, Div	31	31
SQRTPS	xmm,xmm	5	FP0, Div	63	63
SQRTSD	xmm,xmm	3	FP0, Div	60	60
SQRTPD	xmm,xmm	5	FP0, Div	121	121
RSQRTSS	xmm,xmm	1	FP0	4	1
RSQRTPS	xmm,xmm	5	FP0	9	8

Atom

Logic						
ANDPS/D	xmm,xmm	1	FP0/1	1	1/2	
ANDNPS/D	xmm,xmm	1	FP0/1	1	1/2	
ORPS/D	xmm,xmm	1	FP0/1	1	1/2	
XORPS/D	xmm,xmm	1	FP0/1	1	1/2	
Other						
LDMXCSR	m32	4		5	6	
STMXCSR	m32	4		14	15	
FXSAVE	m4096	121		142	144	
FXRSTOR	m4096	116		149	150	

Intel Silvermont

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, m = memory, m32 = 32-bit memory operand, etc.
μops:	The number of μ ops from the decoder or ROM. A μ op that goes to multiple units is counted as one.
Unit:	Tells which execution unit is used. Instructions that use the same unit cannot execute simultaneously. IP0 and IP1 means integer port 0 or 1 and their associated pipelines IP0/1 means that either integer unit can be used. IP0+1 means that the μ op is split in two, using both units. Mem means memory execution cluster FP0 means floating point port 0 (includes multiply, divide, convert and shuffle). FP1 means floating point port 1 (adder).
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, subnormal or NAN results give a similar delay.
Reciprocal throughput:	The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread. Delays in the decoders are included in the latency and throughput timings. Values of 4 or more are often caused by bottlenecks in the decoders and microcode ROM rather than the execution units.

Integer instructions

	Operands	μ ops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1	IP0/1	1	0.5	All addr. modes
MOV	r,i	1	IP0/1	1	0.5	
MOV	r,m	1	Mem	4	1	
MOV	m,r	1	Mem	3	1	
MOV	m,i	1	Mem		1	
MOVNTI	m,r	1	Mem		2	
MOVSX MOVZX MOVSD	r16,r8	2	IP0		4	Implicit lock
MOVSX MOVZX MOVSD	r16,m8	3	IP0		10	
MOVSX MOVZX MOVSD	r32/64,r/m	1	IP0	1	1	
CMOVcc	r,r	1	IP0/1	2	1	
CMOVcc	r,m	1			1	
XCHG	r,r	3	IP0/1	8	8	
XCHG	r,m	3		24	24	
XLAT		4		8	8	
PUSH	r	1	IP0+1		1	
PUSH	i	1	IP0+1		1	

Silvermont

PUSH	m	3	IP0+1		5	
PUSHF(D/Q)		18	IP0+1		29	
PUSHA(D)		10			10	Not in x64 mode
POP	r	2			1	
POP	(E/R)SP	2			3	
POP	m	6			6	
POPF(D/Q)		21			47	
POPA(D)		17			14	Not in x64 mode
LAHF		1		1	1	
SAHF		1	IP0	2	1	
SALC		2		6	4	Not in x64 mode
LEA	r,[r+d]	1	IP0/1	1	1	
LEA	r,[r+r*s]	1	IP1	1	1	
LEA	r,[r+r*s+d]	1	IP0+1	2	2	
LEA	r,[rip+d]	1	IP0/1		0.5	
LEA	r16,[m]	2		4	4	
BSWAP	r	1	IP0	1	1	
MOVBE	r16,m16	1			2	
MOVBE	r32/64,m32/64	1			1	
MOVBE	m,r	1			1	
PREFETCHNTA	m	1			1	
PREFETCHT0/1/2	m	1			1	
PREFETCHNTW	m	1			1	
LFENCE		2			8	
MFENCE		2			14	
SFENCE		1			7	
Arithmetic instructions						
ADD SUB	r,r/i	1	IP0/1	1	0.5	
ADD SUB	r,m	1	IP0/1, Mem		1	
ADD SUB	m,r/i	1	IP0/1, Mem	6	1	
ADC SBB	r,r/i	1	IP0/1	2	2	
ADC SBB	r,m	1			2	
ADC SBB	m,r/i	1		6	2	
ADCX	r32,r32	1	IP0+1	2	2	
ADCX	r64,r64	1	IP0+1	6	6	
ADOX	r32,r32	1		2	2	
ADOX	r64,r64	1		6	6	
CMP	r,r/i	1	IP0/1	1	0.5	
CMP	m,r/i	1			1	
INC DEC	r	1	IP0/1	1	1	latency to flag=2
NEG NOT	r	1	IP0/1	1	0.5	
INC DEC NEG NOT	m	1		6	1	
AAA		13		12		Not in x64 mode
AAS		13		12		Not in x64 mode
DAA		20		16		Not in x64 mode
DAS		21		16		Not in x64 mode
AAD		4		5		Not in x64 mode
AAM		11		24	16	Not in x64 mode
MUL IMUL	r8	3	IP0	5	5	
MUL IMUL	r16	4	IP0	5	5	
MUL IMUL	r32	3	IP0	5	5	
MUL IMUL	r64	3	IP0	7	7	

Silvermont

IMUL	r16,r16	2	IP0	4	4	
IMUL	r32,r32	1	IP0	3	1	
IMUL	r64,r64	1	IP0	5	2	
IMUL	r16,r16,i	2	IP0	4	4	
IMUL	r32,r32,i	1	IP0	3	1	
IMUL	r64,r64,i	1	IP0	5	2	
MUL IMUL	m8	3	IP0			
MUL IMUL	m16	5	IP0			
MUL IMUL	m32	4	IP0			
MUL IMUL	m64	4	IP0	14		
MULX	r,r,r	3-4	IP0	8	8	
MULX	r,r,m	4	IP0		8-10	
DIV	r/m8	9	IP0, FP0	24	19	
DIV	r/m16	12	IP0, FP0	25-29	19-23	
DIV	r/m32	12	IP0, FP0	25-39	19-31	
DIV	r/m 64	23	IP0, FP0	34-94	25-94	
IDIV	r/m8	26	IP0, FP0	24-35	25	
IDIV	r/m16	29	IP0, FP0	37-41	30-32	
IDIV	r/m32	29	IP0, FP0	29-46	29-38	
IDIV	r/m64	44	IP0, FP0	47-107	47-107	
CBW		2	IP0	4		
CWDE		1	IP0	1		
CDQE		1	IP0	1		
CWD		2	IP0	4		
CDQ		1	IP0	1		
CQO		1	IP0	1		
POPCNT	r16,r16	2		4	4	
POPCNT	r32,r32	1		3	1	
POPCNT	r64,r64	1		3	1	
CRC32	r32,r8	2		4	4	
CRC32	r32,r16	1		6	6	
CRC32	r32,r32	1		3	1	
Logic instructions						
AND OR XOR	r,r/i	1	IP0/1	1	0.5	
AND OR XOR	r,m	1	IP0/1, Mem		1	
AND OR XOR	m,r/i	1	IP0/1, Mem	6	1	
TEST	r,r/i	1	IP0/1	1	0.5	
TEST	m,r/i	1	IP0/1, Mem		1	
SHR SHL SAR	r,i/cl	1	IP0	1	1	
SHR SHL SAR	m,i/cl	1	IP0		1	
ROR ROL	r,i/cl	1	IP0	1	1	
ROR ROL	m,i/cl	1	IP0		1	
RCR	r,1	7	IP0	9		
RCL	r,1	1	IP0	2	2	
RCR	r,i/cl	11	IP0	12		
RCR	m,i/cl	14	IP0	13		
RCL	r,i/cl	13	IP0	12		
RCL	m,i/cl	16	IP0	14		
SHLD	r16,r16,i	10	IP0	10		2 more if mem
SHLD	r32,r32,i	1	IP0	2		4 more if mem
SHLD	r64,r64,i	10	IP0	10		2 more if mem
SHLD	r16,r16,cl	9	IP0	10		2 more if mem

Silvermont

SHLD	r32,r32,cl	2	IP0	4		2 more if mem
SHLD	r64,r64,cl	9	IP0	10		2 more if mem
SHRD	r16,r16,i	8	IP0	10		3 more if mem
SHRD	r32,r32,i	2	IP0	4		4 more if mem
SHRD	r64,r64,i	8-10	IP0	10		3 more if mem
SHRD	r16,r16,cl	7	IP0	10		2 more if mem
SHRD	r32,r32,cl	2	IP0	4		2 more if mem
SHRD	r64,r64,cl	2	IP0	4		2 more if mem
BT	r,r/i	1	IP0+1	1	1	
BT	m,r	7		9		
BT	m,i	1		1		
BTR BTS BTC	r,r/i	1	IP0+1	1	1	
BTR BTS BTC	m,r	8			10	
BTR BTS BTC	m,i	1	IP0+1		1	
BSF BSR	r,r/m	10	IP0+1	10	10	
SETcc	r/m	1	IP0+1	2	1	
CLC STC		1	IP0/1		1	
CMC		1		1	1	
CLD		4	IP0+1		7	
STD		5	IP0+1		35	
Control transfer instructions						
JMP	short/near	1	IP1		2	
JMP	r	1			2	
JMP	m(near)	1			2	
Conditional jump	short/near	1	IP1		1-2	
J(E/R)CXZ	short	2			2-15	
LOOP	short	7			10-20	
LOOP(N)E	short	8				
CALL	near	1			2	
CALL	r	1			9	
CALL	m	3			14	
RET		1			3	
RET	i	1			3	
BOUND	r,m	10			10	Not in x64 mode
INTO		4			7	Not in x64 mode
String instructions						
LODS		3		5		
REP LODS		~4n		~2n		
STOS		2		4		
REP STOS		~0.12B		~0.1B		per byte, best case
MOVS		5		6		
REP MOVS		~ 0.2B		~0.15B		per byte, best case
SCAS		3		5		
REP SCAS		~5n		~3n		
CMPS		6		6		
REP CMPS		~6n		~3n		
Synchronization instructions						
XADD	m,r	6		6		

Silvermont

LOCK XADD	m,r	4		10	
LOCK ADD	m,r	1		10	
CMPXCHG	m,r	8		10	
LOCK CMPXCHG	m,r	6		11	
CMPXCHG8B	m,r	13		14	
LOCK CMPXCHG8B	m,r	11		14	
CMPXCHG16B	m,r	19		24	
LOCK CMPXCHG16B	m,r	17		27	
Other					
NOP (90)		1	IP0/1		0.5
Long NOP (0F 1F)		1	IP0/1		0.5
PAUSE		6		24	
ENTER	a,0	15		14	
ENTER	a,b	19+6b		59+5b	
LEAVE		4			5
CPUID		31-80		54-108	
RDTSC		13		29	
RDTSCP		15		25	
RDPMC		19		19	
RDRAND	r	15			~1472

Floating point x87 instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
FLD	r	1		1	0.5	
FLD	m32/m64	1		4	1	
FLD	m80	5		9	8	
FBLD	m80	59		68	68	
FST(P)	r	1		1	0.5	
FST(P)	m32/m64	1		3	2	
FSTP	m80	8		9	9	
FBSTP	m80	204		239	239	
FXCH	r	2	FP0+1	1	1	
FILD	m	1		6	2	
FIST(P)	m	6		9	9	
FISTTP	m	7		6	13	
FLDZ		1			1	
FLD1		1			7	
FLDPI FLDL2E etc.		2			7	
FCMOVcc	r	3		6	6	
FNSTSW	AX	2		~9	9	
FNSTSW	m16	4			11	
FLDCW	m16	2		~6	4	
FNSTCW	m16	4		~5	5	
FINCSTP FDECSTP		1		1	0.5	
FFREE(P)		1			0.5	
FNSAVE	m	166		240	240	
FRSTOR	m	82		174	174	
Arithmetic instructions						

Silvermont

FADD(P) FSUB(R)(P)	r/m	1	FP1	3	1
FMUL(P)	r/m	1	FP0	5	2
FDIV(R)(P)	r/m	1	FP0	39	37
FABS		1		1	1
FCHS		1		1	1
FCOM(P) FUCOM	r/m	1		5	1
FCOMPP FUCOMPP		1		5	1
FCOMI(P) FUCOMI(P)	r	1		5	1
FIADD FISUB(R)	m	3			5
FIMUL	m	3			6
FIDIV(R)	m	3			39
FICOM(P)	m	3			5
FTST		1		6	1
FXAM		1		7	1
FPREM		27		32-57	32-57
FPREM1		27		32-57	32-57
FRNDINT		18		26	26
Math					
FSCALE		27			66
FXTRACT		15		20	20
FSQRT		1		13-40	13-40
FSIN FCOS		18		40-170	40-170
FSINCOS		110		40-170	
F2XM1		9		39-90	
FYL2X		34		80-140	
FYL2XP1		61		154	
FPTAN		101		45-200	
FPATAN		63		85-190	
Other					
FNOP		1			0.5
WAIT		2			4
FNCLEX		4			24
FNINIT		19			65

Integer MMX and XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD MOVQ	r32/64,mm/x	1		4	1	
MOVD MOVQ	m,mm/x	1	Mem	3	1	
MOVD MOVQ	mm/x,r32/64	1		3	1	
MOVD MOVQ	mm/x,m	1	Mem	4	1	
MOVQ	mm/x, mm/x	1	FP0/1	1	0.5	
MOVDQA	x, x	1	FP0/1	1	0.5	
MOVDQA MOVDQU	x, m128	1	Mem	4	1	
MOVDQA MOVDQU	m128, x	1	Mem	3	1	
LDDQU	x, m128	1	Mem	4	1	
MOVDQ2Q	mm, x	1		1	1	

Silvermont

MOVQ2DQ	x,mm	1		1	1	
MOVNTQ	m64,mm	1	Mem	~370	1	
MOVNTDQ	m128,x	1	Mem	~370	1	
MOVNTDQA	x, m128	1		4	1	
PACKSSWB/DW						
PACKUSWB	mm/x, mm/x	1	FP0	1	1	
PACKUSDW	x,x	1	FP0	1	1	
PUNPCKH/LBW/WD/DQ	mm/x, mm/x	1	FP0	1	1	
PUNPCKH/LQDQ	mm/x, mm/x	1	FP0	1	1	
PMOVSX/ZX BW BD BQ DW						
DQ	x,x	1		1	1	
PMOVSX/ZX BW BD BQ DW						
DQ	x,m	1		1	1	
PSHUFB	mm,mm	1	FP0	1	1	
PSHUFB	x,x	4	FP0	5	5	
PSHUFW	mm,mm,i	1	FP0	1	1	
PSHUFL/HW	x,x,i	1	FP0	1	1	
PSHUFD	x,x,i	1	FP0	1	1	
PALIGNR	x,x,i	1	FP0	1	1	
PBLENDVB	x,x,xmm0	2	FP0	4	4	
PBLENDVB	x,m,xmm0	3	FP0		5	
PBLENDDW	x,x/m,i	1	FP0	1	1	
MASKMOVQ	mm,mm	1	Mem	~370	1	
MASKMOVDQU	x,x	3	Mem	~370	5	
PMOVMSKB	r32,mm/x	1		4	1	
PINSRW	mm/x,r32,i	1		3	1	
PINSRB/D/Q	x,r32,i	1		3	1	
PINSRB/D/Q	x,m8,i	1			1	
PEXTRW	r32,mm/x,i	2		5	4	
PEXTRB/W	r32,x,i	2		5	4	
PEXTRQ	r64,x,i	2		7	7	
PEXTRB/W	m8/16,x,i	5			6	
PEXTRD	m32,x,i	4			5	
PEXTRQ	m64,x,i	4			8	
Arithmetic instructions						
PADD/SUB(U)(S)B/W/D	mm/x, mm/x	1	FP0/1	1	0.5	
PADDQ PSUBQ	mm/x, mm/x	2		4	4	
PADDQ PSUBQ	mm/x, m	3			5	
PHADD(S)W PHSUB(S)W	mm, mm	5		6	6	
PHADD(S)W PHSUB(S)W	x, x/m	7-8		9	9	
PHADDD PHSUBD	mm/x, mm/x	3-4		5-6	5-6	
PCMPEQ/GTB/W/D	mm/x,mm/x	1	FP0/1	1	0.5	
PCMPEQQ	x, x	2		4	4	+1 if mem
PCMPGTQ	x, x	1	FP0	5	2	
PMULL/HW PMULHUW	mm,mm	1	FP0	4	1	
PMULL/HW PMULHUW	x, x	1	FP0	5	2	
PMULHSW	mm,mm	1	FP0	4	1	
PMULHSW	x, x	1	FP0	5	2	
PMULLD	x, x	7	FP0	11	11	+1 if mem
PMULDQ	x, x	1	FP0	5	2	
PMULUDQ	mm,mm	1	FP0	4	1	
PMULUDQ	x, x	1	FP0	5	2	
PMADDWD	mm,mm	1	FP0	4	1	

Silvermont

PMADDWD	x, x	1	FP0	5	2	
PMADDUBSW	mm,mm	1	FP0	4	1	
PMADDUBSW	x, x	1	FP0	5	2	
PSADBW	mm,mm	1	FP0	4	1	
PSADBW	x, x	1	FP0	5	2	
MPSADBW	x,x,i	3		7	6	
MPSADBW	x,m,i	4			6	
PAVGB/W	mm/x,mm/x	1	FP0/1	1	0.5	
PMIN/MAXUB	mm/x,mm/x	1	FP0/1	1	0.5	
PMIN/MAXSW	mm/x,mm/x	1	FP0/1	1	0.5	
PMIN/PMAX						
SB/SW/SD						
UB/UW/UD	x,x	1		1	1	
PHMINPOSUW	x,x	1	FP0	5	2	
PASB PASW PABSD	mm/x,mm/x	1	FP0/1	1	0.5-1	
PSIGNB PSIGNW PSIGND	mm/x,mm/x	1	FP0/1	1	0.5-1	
Logic instructions						
PAND(N) POR PXOR	mm/x,mm/x	1	FP0/1	1	0.5	
PTEST	x,x	1		1	1	
PSLL/RL/RAW/D/Q	mm/x,mm/x	2	FP0	2	2	
PSLL/RL/RAW/D/Q	mm/x,i	1	FP0	1	1	
PSLL/RDQ	x,i	1	FP0	1	1	
String instructions						
PCMPESTRI	x,x,i	9	FP0	21	21	+1 if mem
PCMPESTRM	x,x,i	8	FP0	17	17	+1 if mem
PCMPISTRI	x,x,i	6	FP0	17	17	+1 if mem
PCMPISTRM	x,x,i	5	FP0	13	13	+1 if mem
Encryption instructions						
PCLMULQDQ	x,x,i	8	FP0	10	10	+1 if mem
Other						
EMMS		9			10	

Floating point XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVAPS/D	x, x	1	FP0/1	1	0.5	
MOVAPS/D	x,m128	1	Mem	4	1	
MOVAPS/D	m128,x	1	Mem	3	1	
MOVUPS/D	x,m128	1	Mem	4	1	
MOVUPS/D	m128,x	1	Mem	3	1	
MOVSS/D	x, x	1	FP0/1	1	0.5	
MOVSS/D	x,m32/64	1	Mem	4	1	
MOVSS/D	m32/64,x	1	Mem	3	1	
MOVHPS/D MOVLPS/D	x,m64	1	Mem	4	1	
MOVHPS/D MOVLPS/D	m64,x	1	Mem	3	1	
MOVLHPS MOVHLPS	x,x	1	FP0	1	1	
BLENDPS/PD	x,x/m,i	1		1	1	

Silvermont

BLENDVPS/PD	x,x,xmm0	2	FP0+1	4	4	
BLENDVPS/PD	x,m,xmm0	3	FP0+1	5	5	
INSERTPS	x,x,i	1		1	1	
INSERTPS	x,m32,i	3		5	5	
EXTRACTPS	r32,x,i	2			4	
EXTRACTPS	m32,x,i	4		4	5	
MOVMSKPS/D	r32,x	1	FP0	4	1	
MOVNTPS/D	m128,x	1	Mem	~370	1	
SHUFPS	x,x,i	1	FP0	1	1	
SHUFPD	x,x,i	1	FP0	1	1	
MOVDDUP	x, x	1	FP0	1	1	
MOVSH/LDUP	x, x	1	FP0	1	1	
UNPCKH/LPS	x, x	1	FP0	1	1	
UNPCKH/LPD	x, x	1	FP0	1	1	
Conversion						
CVTPD2PS	x, x	1	FP0	5	2	
CVTSD2SS	x, x	1	FP0	4	2	
CVTPS2PD	x, x	1	FP0	5	2	
CVTSS2SD	x, x	1	FP0	4	2	
CVTDQ2PS	x, x	1	FP0	5	2	
CVT(T) PS2DQ	x, x	1	FP0	5	2	
CVTDQ2PD	x, x	1	FP0	5	2	
CVT(T)PD2DQ	x, x	1	FP0	5	2	
CVTPI2PS	x,mm	1	FP0	4	2	
CVT(T)PS2PI	mm,x	1	FP0	4	2	
CVTPI2PD	x,mm	1	FP0	5	2	
CVT(T) PD2PI	mm,x	1	FP0	5	2	
CVTSI2SS	x,r32	1	FP0	5	2	
CVT(T)SS2SI	r32,x	1	FP0	5	1	
CVTSI2SD	xm,r32	1	FP0	5	2	
CVT(T)SD2SI	r32,x	3	FP0	5	1	
Arithmetic						
ADDSS SUBSS	x, x	1	FP1	3	1	
ADDSD SUBSD	x, x	1	FP1	3	1	
ADDPs SUBPS	x, x	1	FP1	3	1	
ADDPD SUBPD	x, x	1	FP1	4	2	
ADDSubPS	x, x	1	FP1	3	1	
ADDSubPD	x, x	1	FP1	4	2	
HADDPs HSubPS	x, x	4		6	6	+1 if mem
HADDPD HSubPD	x, x	4		6	5	+1 if mem
MULSS	x, x	1	FP0	4	1	
MULSD	x, x	1	FP0	5	2	
MULPS	x, x	1	FP0	5	2	
MULPD	x, x	1	FP0	7	4	
DIVSS	x, x	1	FP0	19	17	
DIVSD	x, x	1	FP0	34	32	
DIVPS	x, x	6	FP0	39	39	
DIVPD	x, x	6	FP0	69	69	
RCPSS	x, x	1	FP0	4	1	
RCPPS	x, x	5	FP0	9	8	
CMPccSS/D PS/D	x, x	1	FP1	3	1	

Silvermont

COMISS/D UCOMISS/D	x, x	1	FP1		1	
MAXSS/D MINSS/D	x, x	1	FP1	3	1	
MAXPS MINPS	x, x	1	FP1	3	1	
MAXPD MINPD	x, x	1	FP1	4	2	
ROUNDSS/D	x,x,i	1	FP0	4	2	
ROUNDPS/D	x,x,i	1	FP0	5	2	
DPPS	x,x,i	9	FP0	15	12	+1 if mem
DPPD	x,x,i	5	FP0	12	8	+1 if mem
Math						
SQRTSS	x, x	1	FP0	20	18	
SQRTPS	x, x	5	FP0	40	40	
SQRTSD	x, x	1	FP0	35	33	
SQRTPD	x, x	5	FP0	70	70	
RSQRTSS	x, x	1	FP0	4	1	
RSQRTPS	x, x	5	FP0	9	8	
Logic						
ANDPS/D	x, x	1	FP0/1	1	0.5	
ANDNPS/D	x, x	1	FP0/1	1	0.5	
ORPS/D	x, x	1	FP0/1	1	0.5	
XORPS/D	x, x	1	FP0/1	1	0.5	
Other						
LDMXCSR	m32	5		10	8	
STMXCSR	m32	4		12	11	
FXSAVE	m4096	115		132	132	32 bit mode
FXSAVE	m4096	123		143	143	64 bit mode
FXRSTOR	m4096	114		118	118	32 bit mode
FXRSTOR	m4096	123		122	122	64 bit mode

Intel Goldmont

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, v = mmx or xmm vector register, m = memory, m32 = 32-bit memory operand, etc.
μops:	The number of μ ops from the decoder or ROM. A μ op that goes to multiple units is counted as one.
Unit:	Tells which execution unit is used. Instructions that use the same unit cannot execute simultaneously.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, subnormal or NAN results give a similar delay.
Reciprocal throughput:	The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread. Delays in the decoders are included in the latency and throughput timings. Values of 4 or more are often caused by bottlenecks in the decoders and microcode ROM rather than the execution units.

Integer instructions

	Operands	μ ops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1		1	0.33	
MOV	r,i	1		1	0.33	
MOV	r,m	1		3	1	All addr. modes
MOV	m,r	1		2	1	All addr. modes
MOV	m,i	1			1	
MOVNTI	m,r	2		2	2	
MOVSX MOVZX	r16,r8	2			4	
MOVSX MOVZX	r16,m8	3			4	
MOVSX MOVZX MOVSX	r32/64,r	1		1	1	
MOVSX MOVXSD	r32/64,m	1		3	1	
MOVZX	r32/64,m	1		2	1	
CMOVcc	r,r	1		2	1	
CMOVcc	r,m	1			1	
XCHG	r,r	3		4	4	
XCHG	r,m	3		13	13	Implicit lock
XLAT		4		5	5	
PUSH	r	1			1	
PUSH	i	1			1	
PUSH	m	2			1	
PUSH	sp	2			1	
PUSHF(D/Q)		16			26	
PUSHA(D)		10			8	Not in x64 mode
POP	r	1			1	
POP	m	6			5	

Goldmont

POP	sp	1			2.5	
POPF(D/Q)		22			42	
POPA(D)		17			10	Not in x64 mode
LAHF		1		2	2	
SAHF		1		1	1	
SALC		2		4	4	Not in x64 mode
LEA	r16,[m]	2		5	4	
LEA	r,[r+d]	1		1	1	
LEA	r,[r+r*1]	1		1	1	
LEA	r32,[r+r*s]	1		2	2	
LEA	r64,[r+r*s]	1		1	1	
LEA	r,[r+r*s+d]	1		2	2	
LEA	r,[rip+d]	1			0.5	
BSWAP	r	1		1	1	
MOVBE	r,m	1			1	
MOVBE	m,r	1			1	
PREFETCHNTA	m	1			1	
PREFETCHT0/1/2	m	1			1	
PREFETCHNTW	m	1			1	
LFENCE		3			8	
MFENCE		3			22	
SFENCE		1			2	
CLFLUSH	m	1			165	
CLFLUSHOPT	m	4			165	
Arithmetic instructions						
ADD SUB	r,r/i	1		1	0.33	
ADD SUB	r,m	1			1	
ADD SUB	m,r/i	1		5	1	
ADC SBB	r,r/i	1		2	2	
ADC SBB	r,m	1			2	
ADC SBB	m,r/i	1		6	2	
CMP	r,r/i	1		1	0.33	
CMP	m,r/i	1			1	
INC DEC	r	1		1	1	latency to flag=2
NEG NOT	r	1		1	0.33	
INC DEC NEG NOT	m	1		5	1	
AAA		14		10		Not in x64 mode
AAS		14		10		Not in x64 mode
DAA		21		13		Not in x64 mode
DAS		22		14		Not in x64 mode
AAD		4		5		Not in x64 mode
AAM		5		14	11	Not in x64 mode
MUL IMUL	r8	2		4	4	
MUL IMUL	r16	4		5	5	
MUL IMUL	r32	2		4	2	
MUL IMUL	r64	2		6	2	
IMUL	r16,r16	2		4	4	
IMUL	r32,r32	1		3	1	
IMUL	r64,r64	1		5	2	
IMUL	r16,r16,i	2		4	4	
IMUL	r32,r32,i	1		3	1	
IMUL	r64,r64,i	1		5	2	

Goldmont

MUL IMUL	m8	3				
MUL IMUL	m16	5				
MUL IMUL	m32	2			1	
MUL IMUL	m64	2			2	
DIV	r8	3		13-14	11-12	
DIV	r16	6		14-19	13-18	
DIV	r32	6		14-27	13-26	
DIV	r64	6		14-43	13-42	
IDIV	r8	3		13-14	11-12	
IDIV	r16	6		14-19	13-18	
IDIV	r32	6		14-27	13-26	
IDIV	r64	6		14-43	13-42	
CBW		2		4		
CWDE		1		1		
CDQE		1		1		
CWD		2		4		
CDQ		1		1		
CQO		1		1		
POPCNT	r16,r16	2		4	4	
POPCNT	r32,r32	1		3	1	
POPCNT	r64,r64	1		3	1	
CRC32	r32,r8	1		3	1	
CRC32	r32,r16	1		3	2	
CRC32	r32,r32	1		3	1	
Logic instructions						
AND OR XOR	r,r/i	1		1	0.33	
AND OR XOR	r,m	1			1	
AND OR XOR	m,r/i	1		5	1	
TEST	r,r/i	1		1	0.33	
TEST	m,r/i	1			1	
SHR SHL SAR	r,i/cl	1		1	1	
SHR SHL SAR	m,i/cl	1			1	
ROR ROL	r,i/cl	1		1	1	
ROR ROL	m,i/cl	1			1	
RCL	r,1	1		2	2	
RCL	r,i	16		14	14	2 more if mem
RCL	r,cl	16		16	16	2 more if mem
RCR	r,1	10		11	11	3 more if mem
RCR	r,i	14		12	12	2 more if mem
RCR	r,cl	14		14	14	2 more if mem
SHLD	r16,r16,i	10		15	15	4 more if mem
SHLD	r32,r32,i	2		2	2	6 more if mem
SHLD	r64,r64,i	13		12	12	2 more if mem
SHLD	r16,r16,cl	10		17	17	4 more if mem
SHLD	r32,r32,cl	2		4	4	6 more if mem
SHLD	r64,r64,cl	12		14	14	2 more if mem
SHRD	r16,r16,i	10		11	11	3 more if mem
SHRD	r32,r32,i	2		2	2	6 more if mem
SHRD	r64,r64,i	13		12	12	2 more if mem
SHRD	r16,r16,cl	10		13	13	2 more if mem
SHRD	r32,r32,cl	2		4	4	6 more if mem
SHRD	r64,r64,cl	12		14	14	2 more if mem

Goldmont

BT	r,r/i	1	1	1	
BT	m,r	10		12	
BT	m,i	1		1	
BTR BTS BTC	r,r/i	1	1	1	
BTR BTS BTC	m,r	10	12	10	
BTR BTS BTC	m,i	1		2	
BSF BSR	r,r/m	11	10	8	
SET _{cc}	r/m	1	2	1	
CLC STC		1		1	
CMC		1	1	1	
CLD		3		7	
STD		4		35	
Control transfer instructions					
JMP	short/near	1		2	
JMP	r	1		2	
JMP	m(near)	1		2	
Conditional jump	short/near	1		1-2	
J(E/R)CXZ	short	2		4-18	
LOOP	short	9		10-23	
LOOP(N)E	short	9		12-24	
CALL	near	1		2	
CALL	r	1		8	
CALL	m	3		11	
RET		1		2-3	
RET	i	2		2	
BOUND	r,m	9		9	Not in x64 mode
INTO		4		7	Not in x64 mode
String instructions					
LODS		3	4		
REP LODS		~5n	~2n		
STOS		2	4		
REP STOS		~0.13B	~0.07B		per byte, best case
MOVS		5	5		
REP MOVS		~ 0.2B	~0.07B		per byte, best case
SCAS		3	4		
REP SCAS		~6n	~2n		
CMPS		6	4		
REP CMPS		~8n	~3n		
Synchronization instructions					
XADD	m,r	6	5		
LOCK XADD	m,r	6	13		
LOCK ADD	m,r	1	13		
CMPXCHG	m,r	8	8		
LOCK CMPXCHG	m,r	8	14		
CMPXCHG8B	m,r	14	9		
LOCK CMPXCHG8B	m,r	14	16		
CMPXCHG16B	m,r	19	23		
LOCK CMPXCHG16B	m,r	19	30		

Goldmont

Other						
NOP (90)		1			0.33	
Long NOP (0F 1F)		1			1	
PAUSE		3		147		
ENTER	a,0	14		10		
ENTER	a,b	17+6b		~75+3b		
LEAVE		2			3	
CPUID		37-78		69-2800		
RDTSC		19			20	
RDTSCP		22			31	
RDPMC		13			9	
RDRAND	r	17			~3100	
RDSEED	r	17			~3100	

Floating point x87 instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
FLD	r	1		1	0.5	
FLD	m32/m64	1		3	1	
FLD	m80	1		3	1	
FBLD	m80	54		56	50	
FST(P)	r	1		1	0.5	
FST(P)	m32/m64	1		3	2	
FSTP	m80	1		3	2	
FBSTP	m80	195		190	190	
FXCH	r	2		1	1	
FILD	m	1		7	1	
FIST(P)	m	8		6	10	
FISTTP	m	8		6	13	
FLDZ		1			1	
FLD1		2			6	
FLDPI FLDL2E etc.		2			3	
FCMOVcc	r	4		5	5	
FNSTSW	AX	2			10	
FNSTSW	m16	3			11	
FLDCW	m16	4			15	
FNSTCW	m16	3			4	
FINCSTP FDECSTP		1		1	0.5	
FFREE(P)		1			0.5	
FNSAVE	m	151		173	173	
FRSTOR	m	85		155	155	
Arithmetic instructions						
FADD(P) FSUB(R)(P)	r	1		3	1	
FADD(P) FSUB(R)(P)	m	2			2	
FMUL(P)	r	1		5	2	
FMUL(P)	m	2			2	
FDIV(R)(P)	r	1		39	38	
FDIV(R)(P)	m	2			38	
FABS		1		1	1	

Goldmont

FCHS		1		1	1	
FCOM(P) FUCOM	r/m	1			1	
FCOMPP FUCOMPP		1			1	
FCOMI(P) FUCOMI(P)	r	1			1	
FIADD FISUB(R)	m	3			5	
FIMUL	m	3			5	
FIDIV(R)	m	4			38	
FICOM(P)	m	3			4	
FTST		1			1	
FXAM		1			1	
FPREM		29		37-42	37-42	
FPREM1		29		37-42	37-42	
FRNDINT		19		41	41	
Math						
FSCALE		30		32	32	
FXTRACT		16		22	22	
FSQRT		1		10-40	40-40	
FSIN FCOS		17-100		45-150	45-150	
FSINCOS		17-110		48-135	48-135	
F2XM1		9-27		40-90	40-90	
FYL2X		34-61		88-130	88-130	
FYL2XP1		61		140	140	
FPTAN		16-100		45-180	45-180	
FPATAN		33-65		85-190	85-190	
Other						
FNOP		1			0.5	
WAIT		2			6	
FNCLEX		4			24	
FNINIT		14			49	

Integer MMX and XMM instructions

	Operands	µops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD MOVQ	r32/64,v	1		4	1	
MOVD MOVQ	m,v	1		3	1	
MOVD MOVQ	v,r32/64	1		4	1	
MOVD MOVQ	v,m	1		3	1	
MOVQ	v,v	1		1	0.5	
MOVDQA	x, x	1		1	0.5	
MOVDQA MOVDQU	x, m128	1		3	1	
MOVDQA MOVDQU	m128, x	1		3	1	
LDDQU	x, m128	1		3	1	
MOVDQ2Q	mm, x	1		1	0.5	
MOVQ2DQ	x,mm	1		1	0.5	
MOVNTQ	m64,mm	1		3	1	
MOVNTDQ	m128,x	1		3	1	
MOVNTDQA	x, m128	1		3	1	

Goldmont

PACKSSWB/DW						
PACKUSWB	v,v	1		1	0.5	
PACKUSDW	x,x	1		1	0.5	
PUNPCKH/LBW/WD/DQ	v,v	1		1	0.5	
PUNPCKH/LQDQ	v,v	1		1	0.5	
PMOVSX/ZX BW BD BQ DW DQ	x,x	1		1	0.5	
PMOVSX/ZX BW BD BQ DW DQ	x,m	1		1	1	
PSHUFB	mm,mm	1		1	0.5	
PSHUFB	x,x	1		1	1	
PSHUFW	mm,mm,i	1		1	0.5	
PSHUFL/HW	x,x,i	1		1	0.5	
PSHUFD	x,x,i	1		1	0.5	
PALIGNR	x,x,i	1		1	0.5	
PBLENDVB	x,x,xmm0	2		4	4	
PBLENDVB	x,m,xmm0	3			4	
PBLENDW	x,x/m,i	1		1	0.5	
MASKMOVQ	mm,mm	1		~350	1	
MASKMOVDQU	x,x	3		~360	1	
PMOVMSKB	r32,v	1		4	1	
PINSRW	v,r32,i	1		4	1	
PINSRB/D/Q	x,r32,i	1		4	1	
PINSRB/D/Q	x,m8,i	1			1	
PEXTRB/W/D/Q	r,v,i	1		4	1	
PEXTRB/W/D/Q	m,v,i	4			4	
Arithmetic instructions						
PADD/SUB(U)(S)B/W/D	v,v	1		1	0.5	
PADDQ PSUBQ	v,v	1		2	1	
PHADD(S)W PHSUB(S)W	mm, mm	5		7	7	
PHADD(S)W PHSUB(S)W	x, x/m	7		6	6	+1 if mem
PHADDD PHSUBD	v,v	3		4	4	+1 if mem
PCMPEQ/GTB/W/D	v,v	1		1	0.5	
PCMPEQQ	x, x	1		2	1	
PCMPGTQ	x, x	1		2	1	
PMULL/HW PMULHUW	v,v	1		4	1	
PMULHRW	v,v	1		4	1	
PMULLD	x, x	1		5	2	
PMULDQ	x, x	1		4	1	
PMULUDQ	v,v	1		4	1	
PMADDWD	v,v	1		4	1	
PMADDUBSW	v,v	1		4	1	
PSADBW	v,v	1		4	1	
MPSADBW	x,x,i	3		5	4	+1 if mem
PAVGB/W	v,v	1		1	0.5	
PMIN/MAXUB	v,v	1		1	0.5	
PMIN/PMAX SB/SW/SD						
UB/UW/UD	x,x	1		1	0.5	
PHMINPOSUW	x,x	1		5	2	
PASB PABSW PABSD	v,v	1		1	0.5	
PSIGNB PSIGNW PSIGND	v,v	1		1	0.5	

Goldmont

Logic instructions						
PAND(N) POR PXOR	v,v	1		1	0.5	
PTEST	x,x	1		1	1	
PSLL/RL/RAW/D/Q	v,v	1		2	1	
PSLL/RL/RAW/D/Q	v,i	1		1	0.5	
PSLL/RLDQ	x,i	1		1	0.5	
String instructions						
PCMPESTRI	x,x,i	10		13	13	+1 if mem
PCMPESTRM	x,x,i	9		14	14	+1 if mem
PCMPISTRI	x,x,i	6		8	8	+1 if mem
PCMPISTRM	x,x,i	5		12	12	+1 if mem
Encryption instructions						
PCLMULQDQ	x,x,i	3		6	4	
AESDEC	x,x	1		6	2	+1 if mem
AESDECLAST	x,x	1		6	2	+1 if mem
AESENC	x,x	1		6	2	+1 if mem
AESENCLAST	x,x	1		6	2	+1 if mem
AESIMC	x,x	1		5	2	
AESKEYGENASSIST	x,x,i	1		5	2	
SHA1RND4S	x,x,i	1		5	2	
SHA1NEXTE	x,x	1		3	1	
SHA1MSG1	x,x	1		3	1	
SHA1MSG2	x,x	1		3	1	
SHA256RND4S	x,x	3		8	4	
SHA256MSG1	x,x	1		3	1	
SHA256MSG2	x,x	1		3	1	
Other						
EMMS		13			23	

Floating point XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVAPS/D	x, x	1		0-1	0.5	
MOVAPS/D	x,m128	1		3	1	
MOVAPS/D	m128,x	1		3	1	
MOVUPS/D	x,m128	1		3	1	
MOVUPS/D	m128,x	1		3	1	
MOVSS/D	x, x	1		1	0.5	
MOVSS/D	x,m32/64	1		3	1	
MOVSS/D	m32/64,x	1		3	1	
MOVHPS/D MOVLPS/D	x,m64	1		4	1	
MOVHPS/D MOVLPS/D	m64,x	1		3	1	
MOVLHPS MOVHLPS	x,x	1		1	0.5	
BLENDPS/PD	x,x/m,i	1		1	0.5	
BLENDVPS/PD	x,x,xmm0	2		4	4	+1 if mem
INSERTPS	x,x,i	1		1	0.5	
INSERTPS	x,m32,i	3		4	4	

Goldmont

EXTRACTPS	r32,x,i	1		4	1	
EXTRACTPS	m32,x,i	1		4	2	
MOVMSKPS/D	r32,x	1		4	1	
MOVNTPS/D	m128,x	1		3	1	
SHUFPS	x,x,i	1		1	0.5	
SHUFPD	x,x,i	1		1	0.5	
MOVDDUP	x, x	1		1	0.5	
MOVSH/LDUP	x, x	1		1	0.5	
UNPCKH/LPS/PD	x, x	1		1	0.5	
Conversion						
CVTPD2PS	x, x	1		4	1	
CVTPS2PD	x, x	1		4	1	
CVTSD2SS	x, x	1		4	2	
CVTSS2SD	x, x	1		4	2	
CVTDQ2PS	x, x	1		4	1	
CVT(T) PS2DQ	x, x	1		4	1	
CVTDQ2PD	x, x	1		4	1	
CVT(T)PD2DQ	x, x	1		4	1	
CVTPI2PS	x,mm	1		4	2	
CVT(T)PS2PI	mm,x	1		4	1	
CVTPI2PD	x,mm	1		4	1	
CVT(T) PD2PI	mm,x	1		4	1	
CVTSI2SS	x,r32	1		6	2	
CVT(T)SS2SI	r32,x	1		5	1	
CVTSI2SD	xm,r32	1		6	2	
CVT(T)SD2SI	r32,x	1		5	1	
Arithmetic						
ADDSS/SD/PS/PD	x, x	1		3	1	
SUBSS/SD/PS/PD	x, x	1		3	1	
ADDSUBPS/PD	x, x	1		3	1	
HADDPS HSUBPS	x, x	4		6	6	+1 if mem
HADDPD HSUBPD	x, x	4		5	5	+1 if mem
MULSS/SD/PS/PD	x, x	1		4	1	
DIVSS	x, x	1		19	18	
DIVSD	x, x	1		34	33	
DIVPS	x, x	1		36	35	
DIVPD	x, x	1		66	65	
RCPSS	x, x	1		4	1	
RCPPS	x, x	5		9	6	+1 if mem
CMPccSS/SD/PS/PD	x, x	1		3	1	
(U)COMISS/SD	x, x	1		4	1	
MAXSS/SD/PS/PD	x, x	1		3	1	
MINSS/SD/PS/PD	x, x	1		3	1	
ROUNDSS/SD/PS/PD	x,x,i	1		4	1	
DPPS	x,x,i	9		14	10	+1 if mem
DPPD	x,x,i	10		8	8	+1 if mem
Math						
SQRTSS	x, x	1		20	19	
SQRTPS	x, x	1		38	37	
SQRTSD	x, x	1		35	34	

Goldmont

SQRTPD	x, x	1	FP0/1	68	67	
RSQRTSS	x, x	1		4	1	
RSQRTPS	x, x	5		9	6	
Logic						
ANDPS/D	x, x	1		1	0.5	
ANDNPS/D	x, x	1	1	0.5		
ORPS/D	x, x	1	1	0.5		
XORPS/D	x, x	1	1	0.5		
Other						
LDMXCSR	m32	6		18	18	32 bit mode 64 bit mode 32 bit mode 64 bit mode
STMXCSR	m32	3		12	12	
FXSAVE	m4096	202		130	130	
FXSAVE	m4096	123		143	143	
FXRSTOR	m4096	160		218	218	
FXRSTOR	m4096	128		155	155	
XSAVEC	m	241		160	160	
XSAVEOPT	m	227		144	144	

Intel Goldmont Plus

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, v = mmx or xmm vector register, m = memory, m32 = 32-bit memory operand, etc.
μops:	The number of μ ops from the decoder or ROM. A μ op that goes to multiple units is counted as one.
Unit:	Tells which execution unit is used. Instructions that use the same unit cannot execute simultaneously.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, denormal or NAN results give a similar delay.
Reciprocal throughput:	The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread. Delays in the decoders are included in the latency and throughput timings. Values of 4 or more are often caused by bottlenecks in the decoders and microcode ROM rather than the execution units.

Integer instructions

	Operands	μ ops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1		1	0.33	
MOV	r,i	1		1	0.33	
MOV	r,m	1		3	1	All addr. modes
MOV	m,r	1		2	1	All addr. modes
MOV	m,i	1			1	
MOVNTI	m,r	2		2	2	
MOVSX MOVZX	r16,r8	2			4	
MOVSX MOVZX	r16,m8	3			4	
MOVSX MOVZX MOVSX	r32/64,r	1		1	1	
MOVSX MOVXSD	r32/64,m	1		3	1	
MOVZX	r32/64,m	1		2	1	
CMOVcc	r,r	1		2	1	
CMOVcc	r,m	1			1	
XCHG	r,r	3		4	4	
XCHG	r,m	3		13	13	Implicit lock
XLAT		4		5	5	
PUSH	r	1			1	
PUSH	i	1			1	
PUSH	m	2			1	
PUSH	sp	2			1	
PUSHF(D/Q)		11			16	
PUSHA(D)		10			8	Not in x64 mode
POP	r	1			1	
POP	m	7			6	

Goldmont Plus

POP	sp	1			2	
POPF(D/Q)		23			32	
POPA(D)		17			10	Not in x64 mode
LAHF		1		1	1	
SAHF		1		2	1	
SALC		2		4	4	Not in x64 mode
LEA	r16,[m]	2		5	4	
LEA	r,[r+d]	1		1	1	
LEA	r,[r+r*1]	1		1	1	
LEA	r32,[r+r*s]	1		2	2	
LEA	r64,[r+r*s]	1		1	1	
LEA	r,[r+r*s+d]	1		2	2	
LEA	r,[rip+d]	1			0.5	
BSWAP	r	1		1	1	
MOVBE	r,m	1			1	
MOVBE	m,r	1			1	
PREFETCHNTA	m	1			1	
PREFETCHT0/1/2	m	1			1	
PREFETCHNTW	m	1			1	
LFENCE		2			6	
MFENCE		2			18	
SFENCE		1			2	
CLFLUSH	m	1			165	
CLFLUSHOPT	m	4			165	
Arithmetic instructions						
ADD SUB	r,r/i	1		1	0.33	
ADD SUB	r,m	1			1	
ADD SUB	m,r/i	1		5	1	
ADC SBB	r,r/i	1		2	2	
ADC SBB	r,m	1			2	
ADC SBB	m,r/i	1		6	2	
CMP	r,r/i	1		1	0.33	
CMP	m,r/i	1			1	
INC DEC	r	1		1	1	latency to flag=2
NEG NOT	r	1		1	0.33	
INC DEC NEG NOT	m	1		5	1	
AAA		14		10		Not in x64 mode
AAS		14		10		Not in x64 mode
DAA		21		13		Not in x64 mode
DAS		22		14		Not in x64 mode
AAD		4		5		Not in x64 mode
AAM		5		14	11	Not in x64 mode
MUL IMUL	r8	2		4	4	
MUL IMUL	r16	4		5	5	
MUL IMUL	r32	2		4	2	
MUL IMUL	r64	2		6	2	
IMUL	r16,r16	2		4	4	
IMUL	r32,r32	1		3	1	
IMUL	r64,r64	1		5	2	
IMUL	r16,r16,i	2		4	4	
IMUL	r32,r32,i	1		3	1	
IMUL	r64,r64,i	1		5	2	

Goldmont Plus

MUL IMUL	m8	3			
MUL IMUL	m16	5			
MUL IMUL	m32	2		1	
MUL IMUL	m64	2		2	
DIV	r8	3	13-14	11-12	
DIV	r16	6	14-19	13-18	
DIV	r32	6	14-27	13-26	
DIV	r64	6	14-43	13-42	
IDIV	r8	3	13-14	11-12	
IDIV	r16	6	14-19	13-18	
IDIV	r32	6	14-27	13-26	
IDIV	r64	6	14-43	13-42	
CBW		2	4		
CWDE		1	1		
CDQE		1	1		
CWD		2	4		
CDQ		1	1		
CQO		1	1		
POPCNT	r16,r16	2	4	4	
POPCNT	r32,r32	1	3	1	
POPCNT	r64,r64	1	3	1	
CRC32	r32,r8	1	3	1	
CRC32	r32,r16	1	3	2	
CRC32	r32,r32	1	3	1	
Logic instructions					
AND OR XOR	r,r/i	1	1	0.33	
AND OR XOR	r,m	1		1	
AND OR XOR	m,r/i	1	5	1	
TEST	r,r/i	1	1	0.33	
TEST	m,r/i	1		1	
SHR SHL SAR	r,i/cl	1	1	1	
SHR SHL SAR	m,i/cl	1		1	
ROR ROL	r,i/cl	1	1	1	
ROR ROL	m,i/cl	1		1	
RCL	r,1	1	2	2	
RCL	r,i	16	14	14	2 more if mem
RCL	r,cl	16	16	16	2 more if mem
RCR	r,1	10	11	11	3 more if mem
RCR	r,i	14	12	12	2 more if mem
RCR	r,cl	14	14	14	2 more if mem
SHLD	r16,r16,i	10	15	15	4 more if mem
SHLD	r32,r32,i	2	2	2	6 more if mem
SHLD	r64,r64,i	12	11	11	3 more if mem
SHLD	r16,r16,cl	10	16	16	4 more if mem
SHLD	r32,r32,cl	2	4	4	6 more if mem
SHLD	r64,r64,cl	12	13	13	2 more if mem
SHRD	r16,r16,i	10	10	10	3 more if mem
SHRD	r32,r32,i	2	2	2	6 more if mem
SHRD	r64,r64,i	12	11	11	3 more if mem
SHRD	r16,r16,cl	10	12	12	2 more if mem
SHRD	r32,r32,cl	2	4	4	6 more if mem
SHRD	r64,r64,cl	12	13	13	2 more if mem

Goldmont Plus

BT	r,r/i	1		1	1	
BT	m,r	8			9	
BT	m,i	1			1	
BTR BTS BTC	r,r/i	1		1	1	
BTR BTS BTC	m,r	9		7	7	
BTR BTS BTC	m,i	1			2	
BSF BSR	r,r/m	11		9	8	
SET _{cc}	r/m	1		2	1	
CLC STC		1			1	
CMC		1		1	1	
CLD		3			7	
STD		4			35	
Control transfer instructions						
JMP	short/near	1			1-6	when predicted
JMP	r	1			1	
JMP	m(near)	1			1	
Conditional jump	short/near	1			1-6	when predicted
J(E/R)CXZ	short	2			4-18	
LOOP	short	9			10-23	
LOOP(N)E	short	9			12-24	
CALL	near	1			2	
CALL	r	1			8	
CALL	m	3			11	
RET		1			2-3	
RET	i	2			2	
BOUND	r,m	9			9	Not in x64 mode
INTO		4			7	Not in x64 mode
String instructions						
LODS		3		4		
REP LODS		~5n		~2n		
STOS		2		4		
REP STOS		~0.13B		~0.07B		per byte, best case
MOVS		5		5		
REP MOVS		~ 0.2B		~0.07B		per byte, best case
SCAS		3		4		
REP SCAS		~6n		~2n		
CMPS		6		4		
REP CMPS		~8n		~3n		
Synchronization instructions						
XADD	m,r	6		5		
LOCK XADD	m,r	6		13		
LOCK ADD	m,r	1		13		
CMPXCHG	m,r	8		6		
LOCK CMPXCHG	m,r	8		14		
CMPXCHG8B	m,r	14		9		
LOCK CMPXCHG8B	m,r	14		15		
CMPXCHG16B	m,r	19		24		
LOCK CMPXCHG16B	m,r	19		31		

Goldmont Plus

Other						
NOP (90)		1			0.33	
Long NOP (0F 1F)		1			0.33	
PAUSE		3		150		
ENTER	a,0	14		10		
ENTER	a,b	17+6b		~75+3b		
LEAVE		2			3	
CPUID		63-104		80-200	80-200	
RDTSC		21			21	
RDTSCP		24			33	
RDPMC		13			9	
RDRAND	r	16			~2300	
RDSEED	r	16			~2300	

Floating point x87 instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
FLD	r	1		1	0.5	
FLD	m32/m64	1		3	1	
FLD	m80	1		3	1	
FBLD	m80	54		56	50	
FST(P)	r	1		1	0.5	
FST(P)	m32/m64	1		3	2	
FSTP	m80	1		3	2	
FBSTP	m80	195		190	190	
FXCH	r	2		1	1	
FILD	m	1		7	1	
FIST(P)	m	8		6	10	
FISTTP	m	8		6	13	
FLDZ		1			1	
FLD1		2			6	
FLDPI FLDL2E etc.		2			3	
FCMOVcc	r	4		5	5	
FNSTSW	AX	2			10	
FNSTSW	m16	3			11	
FLDCW	m16	4			15	
FNSTCW	m16	3			4	
FINCSTP FDECSTP		1		1	0.5	
FFREE(P)		1			0.5	
FNSAVE	m	146		183	183	
FRSTOR	m	78		162	162	
Arithmetic instructions						
FADD(P) FSUB(R)(P)	r	1		3	1	
FADD(P) FSUB(R)(P)	m	2			2	
FMUL(P)	r	1		5	2	
FMUL(P)	m	2			2	
FDIV(R)(P)	r	1		15	11	
FDIV(R)(P)	m	2			11	
FABS		1		1	1	

Goldmont Plus

FCHS		1		1	1	
FCOM(P) FUCOM	r/m	1			1	
FCOMPP FUCOMPP		1			1	
FCOMI(P) FUCOMI(P)	r	1			1	
FIADD FISUB(R)	m	3			5	
FIMUL	m	3			5	
FIDIV(R)	m	4			11	
FICOM(P)	m	3			4	
FTST		1			1	
FXAM		1			1	
FPREM		29		35	35	
FPREM1		29		35	35	
FRNDINT		19		41	41	
Math						
FSCALE		30		32	32	
FXTRACT		16		22	22	
FSQRT		1		12-20	6-14	
FSIN FCOS		17-100		45-150	45-150	
FSINCOS		16-110		48-135	48-135	
F2XM1		9-27		40-90	40-90	
FYL2X		34-61		88-130	88-130	
FYL2XP1		61		140	140	
FPTAN		16-100		45-180	45-180	
FPATAN		33-65		85-190	85-190	
Other						
FNOP		1			0.5	
WAIT		2			6	
FNCLEX		4			21	
FNINIT		12			50	

Integer MMX and XMM instructions

	Operands	µops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD MOVQ	r32/64,v	1		4	1	
MOVD MOVQ	m,v	1		3	1	
MOVD MOVQ	v,r32/64	1		5	1	
MOVD MOVQ	v,m	1		3	1	
MOVQ	v,v	1		1	0.5	
MOVDQA	x, x	1		0-1	0.5	
MOVDQA MOVDQU	x, m128	1		3	1	
MOVDQA MOVDQU	m128, x	1		3	1	
LDDQU	x, m128	1		3	1	
MOVDQ2Q	mm, x	1		1	0.5	
MOVQ2DQ	x,mm	1		1	0.5	
MOVNTQ	m64,mm	1		3	1	
MOVNTDQ	m128,x	1		3	1	
MOVNTDQA	x, m128	1		3	1	

Goldmont Plus

PACKSSWB/DW						
PACKUSWB	v,v	1		1	0.5	
PACKUSDW	x,x	1		1	0.5	
PUNPCKH/LBW/WD/DQ	v,v	1		1	0.5	
PUNPCKH/LQDQ	v,v	1		1	0.5	
PMOVSX/ZX BW BD BQ DW DQ	x,x	1		1	0.5	
PMOVSX/ZX BW BD BQ DW DQ	x,m	1		1	1	
PSHUFB	mm,mm	1		1	0.5	
PSHUFB	x,x	1		1	1	
PSHUFW	mm,mm,i	1		1	0.5	
PSHUFL/HW	x,x,i	1		1	0.5	
PSHUFD	x,x,i	1		1	0.5	
PALIGNR	x,x,i	1		1	0.5	
PBLENDVB	x,x,xmm0	2		4	4	
PBLENDVB	x,m,xmm0	3			4	
PBLENDW	x,x/m,i	1		1	0.5	
MASKMOVQ	mm,mm	1		~300	1	
MASKMOVDQU	x,x	3		~330	4	
PMOVMSKB	r32,v	1		4	1	
PINSRW	v,r32,i	1		4	1	
PINSRB/D/Q	x,r32,i	1		4	1	
PINSRB/D/Q	x,m8,i	1			1	
PEXTRB/W/D/Q	r,v,i	1		4	1	
PEXTRB/W/D/Q	m,v,i	4			4	
Arithmetic instructions						
PADD/SUB(U)(S)B/W/D	v,v	1		1	0.5	
PADDQ PSUBQ	v,v	1		2	1	
PHADD(S)W PHSUB(S)W	mm, mm	5		7	7	
PHADD(S)W PHSUB(S)W	x, x/m	7		6	6	+1 if mem
PHADDD PHSUBD	v,v	3		4	4	+1 if mem
PCMPEQ/GTB/W/D	v,v	1		1	0.5	
PCMPEQQ	x, x	1		2	1	
PCMPGTQ	x, x	1		2	1	
PMULL/HW PMULHUW	v,v	1		4	1	
PMULHRW	v,v	1		4	1	
PMULLD	x, x	1		5	2	
PMULDQ	x, x	1		4	1	
PMULUDQ	v,v	1		4	1	
PMADDWD	v,v	1		4	1	
PMADDUBSW	v,v	1		4	1	
PSADBW	v,v	1		4	1	
MPSADBW	x,x,i	3		5	4	+1 if mem
PAVGB/W	v,v	1		1	0.5	
PMIN/MAXUB	v,v	1		1	0.5	
PMIN/PMAX SB/SW/SD						
UB/UW/UD	x,x	1		1	0.5	
PHMINPOSUW	x,x	1		5	2	
PABSB PABSW PABSD	v,v	1		1	0.5	
PSIGNB PSIGNW PSIGND	v,v	1		1	0.5	

Goldmont Plus

Logic instructions						
PAND(N) POR PXOR	v,v	1		1	0.5	
PTEST	x,x	1		1	1	
PSLL/RL/RAW/D/Q	v,v	1		2	1	
PSLL/RL/RAW/D/Q	v,i	1		1	0.5	
PSLL/RLDQ	x,i	1		1	0.5	
String instructions						
PCMPESTRI	x,x,i	11		26	10	+1 if mem
PCMPESTRM	x,x,i	10		17	12	+1 if mem
PCMPISTRI	x,x,i	6		17	8	+1 if mem
PCMPISTRM	x,x,i	5		12	7	+1 if mem
Encryption instructions						
PCLMULQDQ	x,x,i	3		6	4	
AESDEC	x,x	1		4	1	
AESDECLAST	x,x	1		4	1	
AESENC	x,x	1		4	1	
AESENCLAST	x,x	1		4	1	
AESIMC	x,x	1		4	1	
AESKEYGENASSIST	x,x,i	1		4	1	
SHA1RND4S	x,x,i	1		5	2	
SHA1NEXTE	x,x	1		3	1	
SHA1MSG1	x,x	1		3	1	
SHA1MSG2	x,x	1		3	1	
SHA256RND4S	x,x	3		8	4	
SHA256MSG1	x,x	1		3	1	
SHA256MSG2	x,x	1		3	1	
Other						
EMMS		19			38	

Floating point XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVAPS/D	x, x	1		0-1	0.5	
MOVAPS/D	x,m128	1		3	1	
MOVAPS/D	m128,x	1		3	1	
MOVUPS/D	x,m128	1		3	1	
MOVUPS/D	m128,x	1		3	1	
MOVSS/D	x, x	1		1	0.5	
MOVSS/D	x,m32/64	1		3	1	
MOVSS/D	m32/64,x	1		3	1	
MOVHPS/D MOVLPS/D	x,m64	1		4	1	
MOVHPS/D MOVLPS/D	m64,x	1		3	1	
MOVLHPS MOVHLPS	x,x	1		1	0.5	
BLENDPS/PD	x,x/m,i	1		1	0.5	
BLENDVPS/PD	x,x,xmm0	2		4	4	+1 if mem
INSERTPS	x,x,i	1		1	0.5	
INSERTPS	x,m32,i	3		4	4	

Goldmont Plus

EXTRACTPS	r32,x,i	1		4	1	
EXTRACTPS	m32,x,i	1		4	2	
MOVMSKPS/D	r32,x	1		4	1	
MOVNTPS/D	m128,x	1		3	1	
SHUFPS	x,x,i	1		1	0.5	
SHUFPD	x,x,i	1		1	0.5	
MOVDDUP	x, x	1		1	0.5	
MOVSH/LDUP	x, x	1		1	0.5	
UNPCKH/LPS/PD	x, x	1		1	0.5	
Conversion						
CVTPD2PS	x, x	1		4	1	
CVTPS2PD	x, x	1		4	1	
CVTSD2SS	x, x	1		4	2	
CVTSS2SD	x, x	1		4	2	
CVTDQ2PS	x, x	1		4	1	
CVT(T) PS2DQ	x, x	1		4	1	
CVTDQ2PD	x, x	1		4	1	
CVT(T)PD2DQ	x, x	1		4	1	
CVTPI2PS	x,mm	1		4	2	
CVT(T)PS2PI	mm,x	1		4	1	
CVTPI2PD	x,mm	1		4	1	
CVT(T) PD2PI	mm,x	1		4	1	
CVTSI2SS	x,r32	1		6	2	
CVT(T)SS2SI	r32,x	1		5	1	
CVTSI2SD	xm,r32	1		6	2	
CVT(T)SD2SI	r32,x	1		5	1	
Arithmetic						
ADDSS/SD/PS/PD	x, x	1		3	1	
SUBSS/SD/PS/PD	x, x	1		3	1	
ADDSUBPS/PD	x, x	1		3	1	
HADDPS HSUBPS	x, x	4		6	6	+1 if mem
HADDPD HSUBPD	x, x	4		5	5	+1 if mem
MULSS/SD/PS/PD	x, x	1		4	1	
DIVSS	x, x	1		11	7	
DIVSD	x, x	1		14	10	
DIVPS	x, x	1		16	12	
DIVPD	x, x	1		22	18	
RCPSS	x, x	1		4	1	
RCPPS	x, x	1		5	2	
CMPccSS/SD/PS/PD	x, x	1		3	1	
(U)COMISS/SD	x, x	1		4	1	
MAXSS/SD/PS/PD	x, x	1		3	1	
MINSS/SD/PS/PD	x, x	1		3	1	
ROUNDSS/SD/PS/PD	x,x,i	1		4	1	
DPPS	x,x,i	9		17	10	+1 if mem
DPPD	x,x,i	6		5	5	+1 if mem
Math						
SQRTSS	x, x	1		12	8	
SQRTPS	x, x	1		18	14	
SQRTSD	x, x	1		18	14	

Goldmont Plus

SQRTPD	x, x	1		30	26	
RSQRTSS	x, x	1		4	1	
RSQRTPS	x, x	1		5	2	
Logic						
ANDPS/D	x, x	1		1	0.5	
ANDNPS/D	x, x	1		1	0.5	
ORPS/D	x, x	1		1	0.5	
XORPS/D	x, x	1		1	0.5	
Other						
LDMXCSR	m32	6		18	18	
STMXCSR	m32	3		12	12	
FXSAVE	m4096	130			106	32 bit mode
FXSAVE	m4096	156			116	64 bit mode
FXRSTOR	m4096	110			136	32 bit mode
FXRSTOR	m4096	136			146	64 bit mode
XSAVE	m	193			119	32 bit mode
XSAVE	m	452			315	64 bit mode
XRSTOR	m	156			220	32 bit mode
XRSTOR	m	173			237	64 bit mode
XSAVEC	m	447			350	32 bit mode
XSAVEC	m	449			370	64 bit mode
XSAVEOPT	m	193			118	32 bit mode
XSAVEOPT	m	219			128	64 bit mode

Intel Tremont

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, v = mmx or xmm vector register, m = memory, m32 = 32-bit memory operand, etc.
μops:	The number of μ ops from the decoder or ROM. A μ op that goes to multiple units is counted as one.
Unit:	Tells which execution unit is used. Instructions that use the same unit cannot execute simultaneously.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, denormal or NAN results give a similar delay.
Reciprocal throughput:	The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread. Delays in the decoders are included in the latency and throughput timings. Values of 4 or more are often caused by bottlenecks in the decoders and microcode ROM rather than the execution units.

Integer instructions

	Operands	μ ops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1		1	0.33	
MOV	r,i	1		1	0.33	
MOV	r,m	1		3	0.5	All addr. modes
MOV	m,r	1		2	1	All addr. modes
MOV	m,i	1			1	
MOVNTI	m,r	2		2	1	
MOVSX MOVZX	r16,r8	1			1	
MOVSX MOVZX	r16,m8	1			1	
MOVSX MOVZX MOVSX	r32/64,r	1		1	1	
MOVSX MOVSLD	r32/64,m	1		3	1	
MOVZX	r32/64,m	1		3	1	
CMOVcc	r,r	1		2	1	
CMOVcc	r,m	1			1	
XCHG	r,r	3		4	4	
XCHG	r,m	5		16	16	Implicit lock
XLAT		4		5	4	
PUSH	r	1			1	
PUSH	i	1			1	
PUSH	m	2			1	
PUSH	sp	2			1	
PUSHF(D/Q)		10			15	
PUSHA(D)		38			48	Not in x64 mode
POP	r	1			0.5	
POP	m	6			5	

Tremont

POP	sp	1			2	
POPF(D/Q)		24			49	
POPA(D)		43			53	Not in x64 mode
LAHF		1		1	1	
SAHF		1		1	1	
SALC		2		4	4	Not in x64 mode
LEA	r16,[m]	3			4	
LEA	r,[r+d]	1		1	1	
LEA	r,[r+r*s]	1		1	1	
LEA	r,[r+r*s+d]	1		2	2	
LEA	r,[rip+d]	1			0.33	
BSWAP	r	1		1	1	
MOVBE	r,m	1			1	
MOVBE	m,r	1			1	
PREFETCHNTA	m	1			0.5	
PREFETCHT0/1/2	m	1			0.5	
PREFETCHNTW	m	1			0.5	
LFENCE		3			25	
MFENCE		3			37	
SFENCE		1			2	
CLFLUSH	m	1			80	
CLFLUSHOPT	m					
Arithmetic instructions						
ADD SUB	r,r/i	1		1	0.33	
ADD SUB	r,m	1			0.5	
ADD SUB	m,r/i	1		6	1	
ADC SBB	r,r/i	1		2	2	
ADC SBB	r,m	1			2	
ADC SBB	m,r/i	1		7	2	
CMP	r,r/i	1		1	0.33	
CMP	m,r/i	1			0.5	
INC DEC	r	1		1	1	latency to flag=2
NEG NOT	r	1		1	0.33	
INC DEC NEG NOT	m	1		6	1	
AAA		14		12		Not in x64 mode
AAS		14		10		Not in x64 mode
DAA		21		13		Not in x64 mode
DAS		22		13		Not in x64 mode
AAD		4		5		Not in x64 mode
AAM		6		12	9	Not in x64 mode
MUL IMUL	r8	1		3	1	
MUL IMUL	r16	4		5	5	
MUL IMUL	r32	2		4	1	
MUL IMUL	r64	2		6	2	
IMUL	r16,r16	2		4	4	
IMUL	r32,r32	1		3	1	
IMUL	r64,r64	1		5	2	
IMUL	r16,r16,i	2		4	4	
IMUL	r32,r32,i	1		3	1	
IMUL	r64,r64,i	1		5	2	
MUL IMUL	m8	1			1	
MUL IMUL	m16	5			5	

Tremont

MUL IMUL	m32	2		2
MUL IMUL	m64	2		2
DIV	r8	1	11-14	9-12
DIV	r16	5	12-19	11-18
DIV	r32	5	12-27	11-26
DIV	r64	5	12-43	11-42
IDIV	r8	1	11-14	9-12
IDIV	r16	5	12-19	11-18
IDIV	r32	5	12-27	11-26
IDIV	r64	5	12-43	11-42
CBW		1	1	1
CWDE		1	1	1
CDQE		1	1	1
CWD		2	4	4
CDQ		1	1	1
CQO		1	1	1
POPCNT	r16,r16	1	3	1
POPCNT	r32,r32	1	3	1
POPCNT	r64,r64	1	3	1
CRC32	r32,r8	1	3	1
CRC32	r32,r16	1	3	1
CRC32	r32,r32	1	3	1
Logic instructions				
AND OR XOR	r,r/i	1	1	0.33
AND OR XOR	r,m	1		0.5
AND OR XOR	m,r/i	1	6	1
TEST	r,r/i	1	1	0.33
TEST	m,r/i	1		0.5
SHR SHL SAR	r,i/cl	1	1	1
SHR SHL SAR	m,i/cl	1		1
ROR ROL	r,i/cl	1	1	1
ROR ROL	m,i/cl	1		1
RCL	r,1	1	2	2
RCL	r,i	17	13	
RCL	r,cl	17	13	
RCR	r,1	10	11	
RCR	r,i	15	11	
RCR	r,cl	15	11	
SHLD	r16,r16,i	12	12	12
SHLD	r32,r32,i	1	2	2
SHLD	r64,r64,i	13	11	11
SHLD	r16,r16,cl	12	12	12
SHLD	r32,r32,cl	2	4	4
SHLD	r64,r64,cl	13	11	11
SHRD	r16,r16,i	11	10	10
SHRD	r32,r32,i	1	2	2
SHRD	r64,r64,i	14	13	13
SHRD	r16,r16,cl	11	10	10
SHRD	r32,r32,cl	2	4	4
SHRD	r64,r64,cl	14	13	13
BT	r,r/i	1	1	1
BT	m,r	8		10

Tremont

BT	m,i	1			1	
BTR BTS BTC	r,r/i	1		1	1	
BTR BTS BTC	m,r	11			13	
BTR BTS BTC	m,i	1			1	
BSF BSR	r,r/m	1		3	1	
SETcc	r/m	1		2	1	
CLC STC		1			1	
CMC		1		1	1	
CLD		1			0.33	
STD		1			0.33	
Control transfer instructions						
JMP	short/near	1			1-7	when predicted
JMP	r	1			1	when predicted
JMP	m(near)	1			1	when predicted
Conditional jump	short/near	1			1-7	when predicted
J(E/R)CXZ	short	2			4-19	
LOOP	short	9			6-22	
LOOP(N)E	short	9			6-22	
CALL	near	1			2	
CALL	r	1			3	
CALL	m	3			5	
RET		1			4	
RET	i	2			4	
BOUND	r,m	9			3	Not in x64 mode
INTO		6			11	Not in x64 mode
String instructions						
LODS		3		4		
REP LODS		~5n		~2n		
STOS		3		4		
REP STOS		~0.13B		~0.13B		per byte, best case
MOVS		5		5		
REP MOVS		~ 0.2B		~0.07B		per byte, best case
SCAS		3		4		
REP SCAS		~6n		~2n		
CMPS		6		5		
REP CMPS		~8n		~3n		
Synchronization instructions						
XADD	m,r	5		5		
LOCK XADD	m,r	5		16		
LOCK ADD	m,r	1		13		
CMPXCHG	m,r	7		6		
LOCK CMPXCHG	m,r	7		16		
CMPXCHG8B	m,r	13		8		
LOCK CMPXCHG8B	m,r	13		18		
CMPXCHG16B	m,r	18		24		
LOCK CMPXCHG16B	m,r	18		34		
Other						

Tremont

NOP (90)		1			0.30	
Long NOP (0F 1F)		1			0.30	
PAUSE		6			~180	
ENTER	a,0	16		15		
ENTER	a,b	20+6b		100-120		
LEAVE		2			3	
CPUID		100-400			100-1800	
RDTSC		23			39	
RDTSCP		26			39	
RDPMC		18			16	
RDRAND	r	68			~3540	
RDSEED	r	69			~3540	

Floating point x87 instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
FLD	r	1		1	0.5	
FLD	m32/m64	1		4	0.5	
FLD	m80	1		4	0.5	
FBLD	m80	52		111	111	
FST(P)	r	1		1	0.5	
FST(P)	m32/m64	1		4	1	
FSTP	m80	1		4	1	
FBSTP	m80	172			246	
FXCH	r	2		1	1	
FILD	m	1		8	1	
FIST(P)	m	6		7	8	
FISTTP	m	6		7	8	
FLDZ		1			1	
FLD1		2			4	
FLDPI FLDL2E etc.		3			4	
FCMOVcc	r	5		5	5	
FNSTSW	AX	2			13	
FNSTSW	m16	3			13	
FLDCW	m16	4			10	
FNSTCW	m16	3			4	
FINCSTP FDECSTP		1		1	0.5	
FFREE(P)		1			0.5	
FNSAVE	m	152		170	170	
FRSTOR	m	87		194	194	
Arithmetic instructions						
FADD(P) FSUB(R)(P)	r	1		3	1	
FADD(P) FSUB(R)(P)	m	2			2	
FMUL(P)	r	1		5	2	
FMUL(P)	m	2			2	
FDIV(R)(P)	r	1		14	9	
FDIV(R)(P)	m	2			9	
FABS		1		1	1	
FCHS		1		1	1	
FCOM(P) FUCOM	r/m	1			1	

Tremont

FCOMPP FUCOMPP		1			1	
FCOMI(P) FUCOMI(P)	r	1		8	1	
FIADD FISUB(R)	m	4			4	
FIMUL	m	4			4	
FIDIV(R)	m	4			9	
FICOM(P)	m	4			4	
FTST		1			1	
FXAM		1			1	
FPREM		27		68	68	
FPREM1		27		68	68	
FRNDINT		20		64	64	
Math						
FSCALE		31		62	62	
FXTRACT		16		50	50	
FSQRT		1		19	14	
FSIN FCOS		16-110		30-170	30-170	
FSINCOS		20-125		70-170	70-170	
F2XM1		9-22		50-115	50-115	
FYL2X		61		110-130	110-130	
FYL2XP1		61		136	136	
FPTAN		20-116		70-200	70-200	
FPATAN		29-63		108-192	108-192	
Other						
FNOP		1			0.5	
WAIT		2			6	
FNCLEX		5			58	
FNINIT		14			52	

Integer MMX and XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD MOVQ	r32/64,v	1		5	1	
MOVD MOVQ	m,v	1		3	1	
MOVD MOVQ	v,r32/64	1		5	1	
MOVD MOVQ	v,m	1		3	0.5	
MOVQ	v,v	1		1	0.5	
MOVDQA	x, x	1		1	0.5	
MOVDQA MOVDQU	x, m128	1		3	0.5	
MOVDQA MOVDQU	m128, x	1		3	1	
LDDQU	x, m128	1		3	1	
MOVDQ2Q	mm, x	1		1	0.5	
MOVQ2DQ	x,mm	1		1	0.5	
MOVNTQ	m64,mm	1		3	1	
MOVNTDQ	m128,x	1		3	1	
MOVNTDQA	x, m128	1		3	1	
PACKSSWB/DW						
PACKUSWB	v,v	1		1	0.5	

Tremont

PACKUSDW	x,x	1	1	0.5
PUNPCKH/LBW/WD/DQ	v,v	1	1	0.5
PUNPCKH/LQDQ	v,v	1	1	0.5
PMOVSX/ZX BW BD BQ DW DQ	x,x	1	1	0.5
PSHUF8	mm,mm	1	1	0.5
PSHUF8	x,x	1	1	1
PSHUF8	mm,mm,i	1	1	0.5
PSHUFL/HW	x,x,i	1	1	0.5
PSHUFD	x,x,i	1	1	0.5
PALIGNR	x,x,i	1	1	0.5
PBLENDVB	x,x,xmm0	2	4	2
PBLENDW	x,x/m,i	1	1	0.5
MASKMOVQ	mm,mm	1	~450	~90
MASKMOVDQU	x,x	3	~520	~180
PMOVMSKB	r32,v	1	5	1
PINSRW	v,r32,i	1	5	1
PINSRB/D/Q	x,r32,i	1	5	1
PEXTRB/W/D/Q	r,v,i	1	5	1
Arithmetic instructions				
PADD/SUB(U)(S)B/W/D	v,v	1	1	0.5
PADDQ PSUBQ	v,v	1	2	1
PHADD(S)W PHSUB(S)W	mm, mm	5	6	6
PHADD(S)W PHSUB(S)W	x,x	7	6	6
PHADDD PHSUBD	v,v	3	4	4
PCMPEQ/GTB/W/D	v,v	1	1	0.5
PCMPEQQ	x, x	1	2	1
PCMPGTQ	x, x	1	4	1
PMULL/HW PMULHUW	v,v	1	4	1
PMULHRW	v,v	1	4	1
PMULLD	x, x	1	5	2
PMULDQ	x, x	1	4	1
PMULUDQ	v,v	1	4	1
PMADDWD	v,v	1	4	1
PMADDUBSW	v,v	1	4	1
PSADBW	v,v	1	4	1
MPSADBW	x,x,i	3	5	4
PAVGB/W	v,v	1	1	0.5
PMIN/PMAX SB/SW/SD				
UB/UW/UD	v,v	1	1	0.5
PHMINPOSUW	x,x	1	4	1
PABSB PABSW PABSD	v,v	1	1	0.5
PSIGNB PSIGNW PSIGND	v,v	1	1	0.5
Logic instructions				
PAND(N) POR PXOR	v,v	1	1	0.5
PTEST	x,x	1	6	1
PSLL/RL/RAW/D/Q	v,v	1	2	1
PSLL/RL/RAW/D/Q	v,i	1	1	0.5
PSLL/RLDQ	x,i	1	1	0.5

Tremont

String instructions						
PCMPESTRI	x,x,i	12		14	11	
PCMPESTRM	x,x,i	11		9	9	
PCMPISTRI	x,x,i	8		13	10	
PCMPISTRM	x,x,i	7		8	8	
Encryption instructions						
PCLMULQDQ	x,x,i	1		4	1	
AESDEC	x,x	1		4	0.5	
AESDECLAST	x,x	1		4	0.5	
AESENC	x,x	1		4	0.5	
AESENCLAST	x,x	1		4	0.5	
AESIMC	x,x	1		4	0.5	
AESKEYGENASSIST	x,x,i	1		4	0.5	
SHA1RND4S	x,x,i	1		4	1	
SHA1NEXTE	x,x	1		3	1	
SHA1MSG1	x,x	1		3	1	
SHA1MSG2	x,x	1		3	1	
SHA256RND4S	x,x	2		6	3	
SHA256MSG1	x,x	1		3	1	
SHA256MSG2	x,x	1		3	1	
Other						
EMMS		9			6	

Floating point XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVAPS/D	x, x	1		0-1	0.5	
MOVAPS/D	x,m128	1		3	1	
MOVAPS/D	m128,x	1		3	1	
MOVUPS/D	x,m128	1		3	1	
MOVUPS/D	m128,x	1		3	1	
MOVSS/D	x, x	1		1	0.5	
MOVSS/D	x,m32/64	1		3	0.5	
MOVSS/D	m32/64,x	1		3	1	
MOVHPS/D MOVLPD/D	x,m64	1		4	0.5	
MOVHPS/D MOVLPD/D	m64,x	1		3	1	
MOVLHPS MOVHLPS	x,x	1		1	0.5	
BLENDPS/PD	x,x/m,i	1		1	0.5	
BLENDVPS/PD	x,x,xmm0	2		4	2	
INSERTPS	x,x,i	1		1	0.5	
INSERTPS	x,m32,i	3		5	4	
EXTRACTPS	r32,x,i	1		5	1	
MOVMSKPS/D	r32,x	1		3	1	
MOVNTPS/D	m128,x	1		3	1	
SHUFPS	x,x,i	1		1	0.5	
SHUFPD	x,x,i	1		1	0.5	
MOVDDUP	x, x	1		1	0.5	
MOVSH/LDUP	x, x	1		1	0.5	
UNPCKH/LPS/PD	x, x	1		1	0.5	

Tremont

Conversion					
CVTPD2PS	x, x	1		4	1
CVTPS2PD	x, x	1		4	1
CVTSD2SS	x, x	1		4	2
CVTSS2SD	x, x	1		4	2
CVTDQ2PS	x, x	1		4	1
CVT(T) PS2DQ	x, x	1		4	1
CVTDQ2PD	x, x	1		4	1
CVT(T)PD2DQ	x, x	1		4	1
CVTPI2PS	x,mm	1		4	2
CVT(T)PS2PI	mm,x	1		4	1
CVTPI2PD	x,mm	1		4	1
CVT(T) PD2PI	mm,x	1		4	1
CVTSI2SS	x,r32	1		6	2
CVT(T)SS2SI	r32,x	1		6	1
CVTSI2SD	x,r32	1		6	2
CVT(T)SD2SI	r32,x	1		6	1
Arithmetic					
ADDSS/SD/PS/PD	x, x	1		3	1
SUBSS/SD/PS/PD	x, x	1		3	1
ADDSUBPS/PD	x, x	1		3	1
HADDPS HSUBPS	x, x	4		7	6
HADDPD HSUBPD	x, x	4		7	4
MULSS/SD/PS/PD	x, x	1		4	1
DIVSS	x, x	1		11	5
DIVSD	x, x	1		13	8
DIVPS	x, x	1		15	10
DIVPD	x, x	1		21	16
RCPSS	x, x	1		4	1
RCPPS	x, x	1		5	2
CMPccSS/SD/PS/PD	x, x	1		3	1
(U)COMISS/SD	x, x	1		5	1
MAXSS/SD/PS/PD	x, x	1		3	1
MINSS/SD/PS/PD	x, x	1		3	1
ROUNDSS/SD/PS/PD	x,x,i	1		4	1
DPPS	x,x,i	2		10	2
DPPD	x,x,i	2		8	1
Math					
SQRTSS	x, x	1		11	6
SQRTPS	x, x	1		17	12
SQRTSD	x, x	1		17	12
SQRTPD	x, x	1		29	24
RSQRTSS	x, x	1		4	1
RSQRTPS	x, x	1		5	2
Logic					
ANDPS/D	x, x	1		1	0.5
ANDNPS/D	x, x	1		1	0.5
ORPS/D	x, x	1		1	0.5
XORPS/D	x, x	1		1	0.5

Tremont

Other						
LDMXCSR	m32	6		12	11	
STMXCSR	m32	3		6	4	
FXSAVE	m4096	135			123	32 bit mode
FXSAVE	m4096	161			144	64 bit mode
FXRSTOR	m4096	111			145	32 bit mode
FXRSTOR	m4096	137			155	64 bit mode
XSAVE	m	184			126	32 bit mode
XSAVE	m	210			136	64 bit mode
XRSTOR	m	170			244	32 bit mode
XRSTOR	m	187			260	64 bit mode
XSAVEC	m	430			325	32 bit mode
XSAVEC	m	482			345	64 bit mode
XSAVEOPT	m	184			126	32 bit mode
XSAVEOPT	m	210			136	64 bit mode

Intel Knights Landing

List of instruction timings and μ op breakdown

Explanation of column headings:

Instruction:	Name of instruction. Multiple names mean that these instructions have the same data. Instructions with or without V name prefix behave the same unless otherwise noted.
Operands:	i = immediate data, r = register, mm = 64 bit mmx register, x = 128 bit xmm register, mm/x = mmx or xmm register, y = 256 bit ymm register, z = 512 bit zmm register, v = any vector register (mmx, xmm, ymm, zmm), k = mask register. same = same register for both operands. m = memory operand, m32 = 32-bit memory operand, etc.
μops:	The number of μ ops from the decoder or ROM. A μ op that goes to multiple units is counted as one.
Unit:	Tells which execution unit is used. Instructions that use the same unit cannot execute simultaneously. IP0 and IP1 means integer port 0 or 1 and their associated pipelines IP0/1 means that either integer unit can be used. IP0+1 means that the μ op is split in two, using both units. Mem means memory execution cluster FP0 means floating point port 0 (includes multiply, divide, convert and shuffle). FP1 means floating point port 1.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much, except in XMM move, shuffle and Boolean instructions. Floating point overflow, underflow, subnormal or NAN results give a similar delay. Some instructions have a range of latencies. For example VPSHUFD has a latency of 3-6. The short latency is measured in a chain of similar instructions. The long latency is measured when the input comes from an instruction of a different type and the output goes to an instruction of a different type, for example a move instruction. The long latency will apply in most cases. Division and some square root instructions have latencies that depend on the values of the operands.
Reciprocal throughput:	The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread. Delays in the decoders are included in the latency and throughput timings. Values of 4 or more are often caused by bottlenecks in the decoders and microcode ROM rather than the execution units.

Integer instructions

	Operands	μ ops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1	IP0/1	1	0.5	All addr. modes
MOV	r,i	1	IP0/1	1	0.5	
MOV	r,m	1	Mem	4	1	
MOV	m,r	1	Mem	3	1	
MOV	m,i	1	Mem		1	
MOVNTI	m,r	1	Mem		2	
MOVSB MOVZB MOVSD	r16,r8	2	IP0	7	7	
MOVSB MOVZB MOVSD	r16,m8	3	IP0	7	8	

Knights Landing

MOVSX MOVZX MOVSD	r32/64,r	1	IP0	1	1	
MOVSX MOVZX MOVSD	r32/64,m	1	IP0	4	1	
CMOVcc	r,r	1	IP0/1	2	1	
CMOVcc	r,m	1			1	
XCHG	r,r	3	IP0/1	8	8	
XCHG	r,m	3		24	24	Implicit lock
XLAT		4		8		
PUSH	r	1			1	
PUSH	i	1	IP0+1		1	
PUSH	m	3	IP0+1		8	
PUSHF(D/Q)		18	IP0+1		28	
PUSHA(D)		10			10	Not in x64 mode
POP	r	2			1	
POP	(E/R)SP	2			4	
POP	m	6			9	
POPF(D/Q)		21			48	
POPA(D)		17			15	Not in x64 mode
LAHF		1	IP0	1	1	
SAHF		1	IP0	2	1	
SALC		2		9	7	Not in x64 mode
LEA	r,[r+d]	1	IP0/1	1	0.5	
LEA	r,[r+r*s]	1	IP1	1	1	
LEA	r,[r+r*s+d]	1	IP0+1	2	1	
LEA	r,[rip+d]	1	IP0/1		0.5	
LEA	r16,[m]	2		7		
BSWAP	r	1	IP0	1	1	
MOVBE	r16,m16	1			1	
MOVBE	r/m32/64	1			1	
MOVBE	m,r	1			1	
PREFETCHNTA	m	1			0.5	
PREFETCHT0/1/2	m	1			0.5	
PREFETCHNTW	m	1			0.5	
LFENCE		2			8	
MFENCE		2			17	
SFENCE		1			10	
Arithmetic instructions						
ADD SUB	r,r/i	1	IP0/1	1	0.5	
ADD SUB	r,m	1	IP0/1, Mem		1	
ADD SUB	m,r/i	1	IP0/1, Mem	7	1	
ADC SBB	r,r/i	1	IP0+1	2	2	
ADC SBB	r,m	1			2	
ADC SBB	m,r/i	1		7	2	
ADCX ADOX	r32,r32	1	IP0+1	2	2	
ADCX ADOX	r64,r64	1	IP0+1	2	6	due to decoder
CMP	r,r/i	1	IP0/1	1	0.5	
CMP	m,r/i	1			1	
INC DEC	r	1	IP0/1	1-2	1	
NEG NOT	r	1	IP0/1	1	0.5	
INC DEC NEG NOT	m	1		7	1	
AAA AAS		13		13		Not in x64 mode
DAA		20		17		Not in x64 mode
DAS		21		17		Not in x64 mode

Knights Landing

AAD		4		8		Not in x64 mode
AAM		10		30	14	Not in x64 mode
MUL IMUL	r8	3	IP0	8		
MUL IMUL	r16	4	IP0	8		
MUL IMUL	r32	3	IP0	8		
MUL IMUL	r64	3	IP0	8		
IMUL	r16,r16	2	IP0	7	7	
IMUL	r32,r32	1	IP0	3	1	
IMUL	r64,r64	1	IP0	5	2	
IMUL	r16,r16,i	2	IP0	7	7	
IMUL	r32,r32,i	1	IP0	3	1	
IMUL	r64,r64,i	1	IP0	5	2	
MUL IMUL	m8	3	IP0			
MUL IMUL	m16	3	IP0			
MUL IMUL	m32	4	IP0			
MUL IMUL	m64	3	IP0			
DIV	r/m8	9	IP0, FP0	30	12	
DIV	r/m16	12	IP0, FP0	30-35	13-15	
DIV	r/m32	12	IP0, FP0	29-42	13-23	
DIV	r/m 64	23	IP0, FP0	39-95	22-95	
IDIV	r/m8	26	IP0, FP0	39	20	
IDIV	r/m16	29	IP0, FP0	38-42	22	
IDIV	r/m32	29	IP0, FP0	37-49	22-26	
IDIV	r/m64	44	IP0, FP0	53-108	36-107	
CBW		2	IP0	7		
CWDE		1	IP0	1		
CDQE		1	IP0	1		
CWD		2	IP0	7		
CDQ		1	IP0	1		
CQO		1	IP0	1		
POPCNT	r16,r16	2		7	7	
POPCNT	r32,r32	1		3	1	
POPCNT	r64,r64	1		3	1	
CRC32	r32,r8	2		7	2	
CRC32	r32,r16	1		6	6	
CRC32	r32,r32	1		3	1	
CRC32	r64,r64	1		6	1	
Logic instructions						
AND OR XOR	r,r/i	1	IP0/1	1	0.5	
AND OR XOR	r,m	1	IP0/1, Mem		1	
AND OR XOR	m,r/i	1	IP0/1, Mem	6	1	
TEST	r,r/i	1	IP0/1	1	0.5	
TEST	m,r/i	1	IP0/1, Mem		1	
SHR SHL SAR	r,i/cl	1	IP0	1	1	
SHR SHL SAR	m,i/cl	1	IP0		1	
ROR ROL	r,i/cl	1	IP0	1	1	
ROR ROL	m,i/cl	1	IP0		1	
RCR	r,1	7	IP0	10	10	
RCL	r,1	1	IP0	2	2	
RCR	r,i/cl	11	IP0	13	13	
RCR	m,i/cl	14	IP0	13		
RCL	r,i/cl	13	IP0	13	13	

Knights Landing

RCL	m,i/cl	16	IP0	16	16
SHLD	r16,r16,i	10	IP0	11	11
SHLD	r16,m16,i	13	IP0	13	13
SHLD	r32,r32,i	1	IP0	2	2
SHLD	r32,m32,i	6	IP0	9	9
SHLD	r64,r64,i	10	IP0	11	11
SHLD	r64,m64,i	13	IP0	13	13
SHLD	r16,r16,cl	9	IP0	11	11
SHLD	r16,m16,cl	12	IP0	13	13
SHLD	r32,r32,cl	2	IP0	7	7
SHLD	r32,m32,cl	6	IP0	9	9
SHLD	r64,r64,cl	9	IP0	11	11
SHLD	r64,m64,cl	12	IP0	13	13
SHRD	r16,r16,i	8	IP0	11	11
SHRD	r16,m16,i	11	IP0	12	12
SHRD	r32,r32,i	2	IP0	7	7
SHRD	r32,m32,i	6	IP0	9	9
SHRD	r64,r64,i	10	IP0	11	11
SHRD	r64,m64,i	13	IP0	15	15
SHRD	r16,r16,cl	7	IP0	11	11
SHRD	r16,m16,cl	10	IP0	12	12
SHRD	r32,r32,cl	2	IP0	7	7
SHRD	r32,r32,cl	6	IP0	9	9
SHRD	r64,r64,cl	9	IP0	11	11
SHRD	r64,m64,cl	12	IP0	14	14
SHLX SHRX SARX	r,r,r	1	IP0	2	1
RORX	r,r,i	1	IP0	1	1
BT	r,r/i	1	IP0+1	1	1
BT	m,r	7		10	10
BT	m,i	1		1	1
BTR BTS BTC	r,r/i	1	IP0+1	1	1
BTR BTS BTC	m,r	8		11	11
BTR BTS BTC	m,i	1	IP0+1	1	1
BSF BSR	r,r/m	10	IP0/1	11	11
SETcc	r/m	1	IP0+1	2	1
CLC STC		1	IP0		1
CMC		1	IP0	1	1
CLD		4	IP0/1		8
STD		5	IP0/1		36
LZCNT	r,r/m	1		3	1
TZCNT	r,r/m	1		3	1
ANDN	r,r,r	1		1	0.5
ANDN	r,r,m	1		1	1
BLSI BLSMSK BLSR	r,r/m	1		1	1
BEXTR	r,r,r	2		7	7
BEXTR	r,r,m	3			8
BZHI	r,r,r	1		3	1
PDEP	r,r,r	1		3	1
PEXT	r,r,r	1		3	1
Control transfer instructions					
JMP	short/near	1	IP1		2
JMP	r	1	IP1		2

Knights Landing

JMP	m(near)	1	IP1		2	
Conditional jump	short/near	1	IP1		1-2	
J(E/R)CXZ	short	2			7-18	
LOOP	short	7			14-23	
LOOP(N)E	short	8			14-23	
CALL	near	1			2	
CALL	r	1			2	
CALL	m	3			14	
RET		1			2	
RET	i	1			2	
BOUND	r,m	10			11	Not in x64 mode
INTO		4			8	Not in x64 mode
String instructions						
LODS		3			8	
REP LODS		~4n			~2n	
STOS		2			7	
REP STOS		~0.07B			~0.054B	per byte, best case
MOVS		5			9	
REP MOVS		~ 0.1B			~0.08B	per byte, best case
SCAS		3			8	
REP SCAS		~5n			~3n	
CMPS		6			9	
REP CMPS		~6n			~3n	
Synchronization instructions						
XADD	m,r	6		9		
LOCK XADD	m,r	4		24		
LOCK ADD	m,r	1		13		
CMPXCHG	m,r	8		11		
LOCK CMPXCHG	m,r	6		26		
CMPXCHG8B	m,r	13		15		
LOCK CMPXCHG8B	m,r	11		29		
CMPXCHG16B	m,r	19		31		
LOCK CMPXCHG16B	m,r	17		48		
Other						
NOP (90)		1	IP0/1		0.5	
Long NOP (0F 1F)		1	IP0/1		0.5	
PAUSE		6		25		
ENTER	a,0	15		14		
ENTER	a,b	19+6b		66+4b		
LEAVE		4		8	5	
XGETBV		7			14	
CPUID		40-83		63-270		
RDTSC		15		30		
RDTSCP		17		36		
RDPMC		19		20		
RDRAND	r	17			200	
RDSEED	r	17			200	

Floating point x87 instructions

Knights Landing

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
FLD	r	1	FP0+1	2	1	
FLD	m32/m64	1		8	1	
FLD	m80	5		9	12	
FBLD	m80	52			66	
FST(P)	r	1		2	1	
FST	m32/m64	5		14	13	
FSTP	m32/m64	6		14	13	
FSTP	m80	8		11	14	
FBSTP	m80	189			264	
FXCH	r	3		9	9	
FILD	m	1		5	2	
FIST(P)	m	6		18	12	
FISTTP	m	6			14	
FLDZ		1			1	
FLD1		2			10	
FLDPI FLDL2E etc.		2			10	
FCMOVcc	r	3		9		
FNSTSW	AX	3			12	
FNSTSW	m16	4			13	
FLDCW	m16	3			15	
FNSTCW	m16	5			15	
FINCSTP FDECSTP		1		1	1	
FFREE(P)		1			1	
Arithmetic instructions						
FADD(P) FSUB(R)(P)	r	1	FP0	6	1.5	
FADD(P) FSUB(R)(P)	m	1	FP0		12	
FMUL(P)	r	1	FP0	7	2	
FMUL(P)	m	1	FP0	7	12	
FDIV(R)(P)	r	1	FP0	41	37	
FDIV(R)(P)	m	1	FP0	41	44	
FABS		1		2		
FCHS		1		2		
FCOM(P) FUCOM	r	1			1	
FCOM(P) FUCOM	m	1			2	
FCOMPP FUCOMPP		1			1	
FCOMI(P) FUCOMI(P)	r	3			9	
FIADD FISUB(R)	m	3			17	
FIMUL	m	3			17	
FIDIV(R)	m	3			41	
FICOM(P)	m	3			8	
FTST		1			1	
FXAM		1			1	
FPREM		27		26-47	25-32	
FPREM1		27		33-72	25-32	
FRNDINT		18		36	36	
Math						
FSCALE		30		31		
FXTRACT		15		19	18	

Knights Landing

FSQRT	1	15-42	11-38
FSIN FCOS	16-100	40-250	40-250
FSINCOS	17-110	50-250	50-250
F2XM1	9-24	100-400	
FYL2X	34-61	126-190	98-190
FYL2XP1	61	190	190
FPTAN	17-100	50-280	50-280
FPATAN	33-63	125-265	125-265
Other			
FNOP	1		1
WAIT	2		7
FNCLEX	5		26
FNINIT	15		63

Integer MMX and XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD MOVQ	r32/64,mm/x	1		4	1	
MOVD MOVQ	mm/x,r32/64	1		5	1	
MOVD MOVQ	m32/64,mm/x	1	Mem	5	1	
MOVD MOVQ	mm/x,m32/64	1	Mem	5	0.5	
MOVQ	mm/x, mm/x	1	FP0/1	2	0.5	
(V)MOVDQA/U	v,v	1	FP0/1	2	0.5	
(V)MOVDQA/U	v,m	1	Mem	5	0.5	
VMOVDQA/U	v{k},m	1	Mem	7	0.5	
(V)MOVDQA/U	m,v	1	Mem	5	1	
VMOVDQA/U	m{k},v	1	Mem	9	1	
LDDQU	x, m128	1	Mem	5	0.5	
MOVDQ2Q	mm, x	1	FP0/1	2	0.5	
MOVQ2DQ	x,mm	1	FP0/1	2	0.5	
MOVNTQ	m64,mm	1	Mem	~650	1	
MOVNTDQ	m128,x	1	Mem	~550	1	
(V)MOVNTDQA	v, m	1	Mem	5	0.5	
MASKMOVQ	mm,mm	6	Mem	~550	12	
MASKMOVDQU	x,x	6	Mem	~550	12	
VPMASKMOVD/Q	v,v,m	5	Mem	7	9	
VPMASKMOVD/Q	m,v,v	4	Mem	6	8	
VPACKSSWB/DW						
VPACKUSWB/DW	mm/x, mm/x	1	FP0	2-6	1	
VPACKSSWB/DW						
VPACKUSWB/DW	y/z,y/z,y/z	5		11-14	9	
VPACKSSWB/DW						
VPACKUSWB/DW	y/z,y/z,m	6			9	
PUNPCKH/LBW/WD/DQ	mm/x, mm/x	1	FP0	2-6	1	
VPUNPCKH/LBW/WD	y/z,y/z,y/z	5		11-14	9	
VPUNPCKH/LBW/WD	y/z,y/z,m	6			9	
PUNPCKH/LQDQ	mm/x, mm/x	1	FP0	2-6	1	
VPUNPCKH/L(Q)DQ	y/z,y/z,y/z	1	FP0	4-7	2	
(V)PMOVSX BW BD BQ DW DQ	v,v	2		8	7-8	
(V)PMOVZX BW BD BQ DW DQ	v,v	1		3	2	

Knights Landing

VPMOV QB QW QD DB DW	v,v	1	FP0	3	1
VPMOV(U)S QB QW QD DB DW	v,v	2		8	7
PSHUFB	mm,mm	1	FP0	2-6	1
PSHUFB	x,x	5	FP0	11-13	10
PSHUFB	x,m	6	FP0		10
VPSHUFB	y,y,y	12	FP0	23-25	12
VPSHUFB	y,y,m	13	FP0		13
PSHUFW	mm,mm,i	1	FP0	2-6	1
PSHUFL/HW	x,x,i	1	FP0	2-6	1
VPSHUFL/HW	y,y,i	4	FP0	11-14	8
VPSHUFL/HW	y,m,i	5	FP0		9
(V)PSHUFD	v,v,i	1	FP0	3-6	1
PALIGNR	mm,mm,i	1	FP0	2-6	1
PALIGNR	x,x,i	1	FP0	2-6	2
VPALIGNR	y,y,y,i	5	FP0	11-14	9
VPALIGNR	y,y,m,i	6	FP0		9
VALIGND/Q	z,z,z,i	1	FP0	3-6	1
VPCOMPRESSD/Q	z{k},z	1		3-6	3
VPEXPANDD/Q	z{k},z	1		3-6	3
PBLENDVB	x,x,xmm0	5	FP0	9-10	9
PBLENDVB	x,m,xmm0	6	FP0		9
VPBLENDVB	v,v,v,v	4		8-10	8
PBLENDW	x,x/m,i	1		2	2
VPBLENDW	y,y,y/m,i	1		2	0.5
VPBLEND	v,v,v/m,i	1	FP0/1	2	0.5
VPBLENDMD/Q	z{k},z,z	1	FP0/1	2	0.5
VPERMD	v,v,v	1	FP0	3-6	1
VPERMQ	v,v,i	1	FP0	3-6	1
VPERM2I128	v,v,v,i	1	FP0	4-7	2
VPERM2D VPERMT2D	v,v,v	1	FP0	4-7	2
VPERM2Q VPERMT2Q	v,v,v	1	FP0	4-7	2
VSHUFI32X4	z,z,z,i	1	FP0	4-7	2
VSHUFI64X2	z,z,z,i	1	FP0	4-7	2
PMOVMASKB	r32,mm	4		14	8
PMOVMASKB	r32,x	5		19	8
PMOVMASKB	r32,y	12		26	12
PEXTRB/W/D	r32,x,i	2		8	7
PEXTRQ	r64,x,i	2		8	10
VEEXTRACTI128	x,y,i	1	FP0	3-6	1
VEEXTRACTI128	m128,y,i	4		7	8
PINSRB/W	x,r32,i	1	FP0	5	1
PINSRD	x,r32,i	1	FP0	4	1.5
PINSRQ	x,r64,i	1	FP0	4	6
VINSERTI128	y,y,x,i	1	FP0	3-6	1
VINSERTI32X4	z,z,x,i	1	FP0	3-6	1
VINSERTI64X4	z,z,y,i	1	FP0	3-6	1
VPBROADCASTB/W	v,x	2		8	7
VPBROADCASTD/Q	v,x	1	FP0	3	1
VBROADCASTI128	y,m128	1		5	0.5
VBROADCASTI32X4	z,m128	1		5	0.5
VBROADCASTI64X4	z,m256	1		5	0.5
Gather and scatter					

Knights Landing

VPGATHERDD	x,[r+s*x],x	6			12
VPGATHERDD	y,[r+s*y],y	6			12
VPGATHERDD	z,[r+s*z],z	1			11
VPGATHERQD	x,[r+s*x],x	6			12
VPGATHERQD	x,[r+s*y],x	6			12
VPGATHERQD	y,[r+s*z],y	1			7
VPGATHERDQ	x,[r+s*x],x	6			12
VPGATHERDQ	y,[r+s*x],y	6			12
VPGATHERDQ	z,[r+s*y],z	1			7
VPGATHERQQ	x,[r+s*x],x	6			12
VPGATHERQQ	y,[r+s*y],y	6			12
VPGATHERQQ	z,[r+s*z],z	1			7
VPSCATTERDD	z,[r+s*z],z	4			17
VPSCATTERQD	y,[r+s*z],y	4			11
VPSCATTERDQ	z,[r+s*y],z	4			11
VPSCATTERQQ	z,[r+s*z],z	4			11
Arithmetic instructions					
PADD/SUB(U,S)B/W/D/Q	mm/x, mm/x	1	FP0/1	2	0.5
VPADD/SUB(U,S)B/W/D/Q	v,v,v	1	FP0/1	2	0.5
PHADD(S)W PHSUB(S)W	mm, mm	5		18	9
PHADD(S)W PHSUB(S)W	x, x	6	FP0	28	28
PHADD(S)W PHSUB(S)W	x, m	7			28
PHADD(S)W PHSUB(S)W	y, y	7	FP0	23	9
PHADDD PHSUBD	mm, mm	4		14	8
PHADDD PHSUBD	x, x	3		11	9
VPHADDD VPHSUBD	y,y,y	3		11	8
PCMPEQ/GTB/W/D	mm/x,mm/x	1	FP0/1	2	0.5
VPCMPEQ/GTB/W/D	y,y,y	1	FP0/1	2	0.5
PCMPEQ/GTQ	x, x	1		2	2
VPCMPEQQ	y,y,y	1	FP0/1	2	0.5
VPCMP(U)D/Q	k,z,z,i	1	FP0/1	2	0.5
VPTSTMD/Q	k,z,z	1	FP0/1	2	0.5
PMULL/HW PMULHUW	mm,mm	1	FP0	6	1
PMULL/HW PMULHUW	x, x	1	FP0	7	2
VPMULL/HW VPMULHUW	y,y,y	5	FP0	16	9
PMULHSW	mm,mm	1	FP0		1
PMULHSW	x, x	1	FP0	7	2
PMULLD	x, x	1	FP0	7	2
VPMULLD	v,v,v	1	FP0	7	1
PMULDQ	x, x	1	FP0	6	2
VPMULDQ	v,v,v	1	FP0/1	6	0.5
PMULUDQ	mm/x,mm/x	1	FP0/1	6	0.5
VPMULUDQ	v,v,v	1	FP0/1	6	0.5
PMADDWD	mm,mm	1	FP0	6	1
PMADDWD	x, x	1	FP0	7	2
PMADDUBSW	mm,mm	1	FP0	6	1
PMADDUBSW	x, x	1	FP0	7	2
PMADDUBSW	y,y,y	5	FP0	16	9
PSADBW	mm,mm	1	FP0	6	1
PSADBW	x, x	1	FP0	7	2
PSADBW	y,y,y	5	FP0	16	9
MPSADBW	x,x,i	3		9	9

Knights Landing

VMPSADBW	y,y,y,i	9		19	13	
PAVGB/W	mm/x,mm/x	1	FP0/1	2	0.5	
PAVGB/W	y,y,y	1	FP0/1	2	0.5	
PMIN/MAXUB/SW	mm/x,mm/x	1	FP0/1	2	2	
VPMIN/MAXUB/SW/D/Q	y,y,y	1	FP0/1	2	0.5	
PHMINPOSUW	x,x	1	FP0	3	2	
PABSB/W/D	mm,mm	1	FP0/1	2	0.5	
PABSB/W/D	x,x	1	FP0/1	2	2	
VPABSB/W/D/Q	y,y	1	FP0/1	2	0.5	
PSIGNB/W/D	mm,mm	1	FP0/1	2	0.5	
PSIGNB/W/D	x,x	1	FP0/1	2	2	
VPSIGNB/W/D	y,y	1	FP0/1	2	0.5	
Logic instructions						
PAND(N)/OR/XOR	mm/x,mm/x	1	FP0/1	2	0.5	
VPAND(N)/OR/XOR	y,y,y	1	FP0/1	2	0.5	
VPAND(N)/OR/XORD/Q	z,z,z	1	FP0/1	2	0.5	
VPTERNLOGD/Q	z,z,z,i	1	FP0+1	2	1	
PTEST	x,x	4		9	9	
VPTEST(N)MD/Q	k,z,z	1	FP0/1	2	0.5	
VPTEST	y,y	4		9	8	
PSLL/RL/RAW/D/Q	mm,mm	1	FP0	2	1	
PSLL/RL/RAW/D/Q	x,x	2	FP0	13	13	
PSLL/RL/RAW/D/Q	mm/x,i	1	FP0	2	1	
VPSLL/RL/RAW/D/Q	y,y,i	4	FP0	11	8	
VPSLL/RA/RLVD/Q	z,z,z	1	FP0	2	1	
VPROL/RD/Q	z,z,i	1	FP0	2	1	
VPROL/RVD/Q	z,z,z	1	FP0	2	1	
VPLZCNTD/Q	z,z	1	FP0	2	1	
VPCONFLICTD/Q	z,z	1	FP0	3	1	
String instructions						
PCMPESTRI	x,x,i	9	FP0	21	21	+1 if mem
PCMPESTRM	x,x,i	8	FP0	17	17	+1 if mem
PCMPISTRI	x,x,i	6	FP0	17	17	+1 if mem
PCMPISTRM	x,x,i	5	FP0	13	13	+1 if mem
Encryption instructions						
PCLMULQDQ	x,x,i	1	FP0	3-6	2	+1 if mem
AESDEC, AESDECLAST, AESENC, AESENCLAST, AESIMC, AESKEYGENASSIST	x,x	1		3-6	2	
Other						
EMMS		10			13	

Floating point XMM instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
(V)MOVAPS/D	v,v	1	FP0/1	2	0.5	
(V)MOVAPS/D	v,m	1	Mem	5	0.5	

Knights Landing

(V)MOVAPS/D	m,v	1	Mem	5	1
(V)MOVUPS/D	v,m	1	Mem	5	0.5
(V)MOVUPS/D	m,v	1	Mem	5	1
VMOVAPS/D VMOVUPS/D	z{k},m	1	Mem	7	0.5
VMOVAPS/D VMOVUPS/D	m{k},z	1	Mem	9	1
MOVSS/D	x, x	1	FP0/1	2	0.5
MOVSS/D	x,m	1	Mem	5	0.5
MOVSS/D	m,x	1	Mem	5	1
MOVHPS/D	x,m64	1	Mem	6	1.5
MOVHPS/D	m64,x	4	Mem	9	1
MOVLPS/D	x,m64	1	Mem	6	1.5
MOVLPS/D	m64,x	1	Mem	6	1
(V)MOVNTPS/D	m,v	1	Mem	~500	
MOVMSKPS/D	r32,x	2	FP0	6	7
MOVLHPS MOVHLPS	x,x	1	FP0	3-6	1
MOVDDUP	x,x	1	FP0	3-6	1
MOVDDUP	x,m	1		14	
VMOVDDUP	v,v	1		3-6	1
(V)MOVSH/LDUP	v,v	1	FP0	3-6	1
VBROADCASTSS/D	v,x	1		3-6	1
VBROADCASTSS/D	v,m	1		5	0.5
VBROADCASTF128	y,m128	1		5	0.5
VBROADCASTF32X4	v,m128	1		5	0.5
VBROADCASTF64X4	z,m256	1		5	0.5
UNPCKH/LPS/D	x,x	1	FP0	2	2
VUNPCKH/LPS/D	v,v,v	1	FP0	4-7	2
INSERTPS	x,x,i	2		8	7
INSERTPS	x,m32,i	4		17	8
INSERTF128	y,x	1		3-6	1
INSERTF128	y,m128	1		7	1
VINSERTF32X4	z,z,x	1		3-6	1
VINSERTF32X4	z,z,m128	1		7	1
VINSERTF64X4	z,z,y	1		3-6	1
VINSERTF64X4	z,z,m256	1		7	1
EXTRACTPS	r32,x,i	2		8	7
EXTRACTPS	m32,x,i	4		7	8
VEXTRACTF128	x,y,i	1		3-6	1
VEXTRACTF128	m128,y	4		7	8
VEXTRACTF32X4	x,z	1		3-6	1
VEXTRACTF32X4	m128,z	4		7	8
VEXTRACTF64X4	y,z	1		3-6	1
VEXTRACTF64X4	m256,z	4		7	8
BLENDPS/PD	x,x/m,i	1	FP0/1	2	2
VBLENDPS/PD	v,v,v,i	1	FP0/1	2	0.5
(V)BLENDVPS/PD	v,v,v	2		7	7
BLENDVPS/PD	x,m,xmm0	3			8
VBLENDMPS/D	z{k},z,z	1	FP0/1	2	0.5
SHUFFPS/D	x,x,i	1	FP0	4	2
VSHUFFPS/D	v,v,v,i	1	FP0	4-7	2
VSHUFF32X4	z,z,z,i	1	FP0	4-7	2
VSHUFF64X2	z,z,z,i	1	FP0	4-7	2
VPERMILPS/PD	v,v/m,i	1	FP0	3-6	1
VPERMILPS/PD	v,v,v/m	1	FP0	3-6	1

Knights Landing

VPERM2F128	y,y,y/m,i	1	FP0	4-7	2
VPERMPS/PD	v,v,v/m	1	FP0	3-6	1
VPERMI2PS/PD	z,z,z/m	1	FP0	4-7	2
VCOMPRESSPS/D	z{k},z	1		3-6	3
VEXPANDPS/D	z{k},z	1		3-6	3
Gather and scatter					
VPGATHERDPS	x,[r+s*x],x	6			12
VPGATHERDPS	y,[r+s*y],y	6			12
VPGATHERDPS	z,[r+s*z],z	1			11
VPGATHERQPS	x,[r+s*x],x	6			12
VPGATHERQPS	x,[r+s*y],x	6			12
VPGATHERQPS	y,[r+s*z],y	1			7
VPGATHERDPD	x,[r+s*x],x	6			12
VPGATHERDPD	y,[r+s*x],y	6			12
VPGATHERDPD	z,[r+s*y],z	1			7
VPGATHERQPD	x,[r+s*x],x	6			12
VPGATHERQPD	y,[r+s*y],y	6			12
VPGATHERQPD	z,[r+s*z],z	1			7
VGATHERPF0DPS	z,[r+s*z],z	1			~200
VGATHERPF0QPS	y,[r+s*z],y	1			~100
VGATHERPF0DPD	z,[r+s*y],z	1			~100
VGATHERPF0QPD	z,[r+s*z],z	1			~100
VGATHERPF1DPS	z,[r+s*z],z	1			~200
VGATHERPF1QPS	y,[r+s*z],y	1			~100
VGATHERPF1DPD	z,[r+s*y],z	1			~100
VGATHERPF1QPD	z,[r+s*z],z	1			~100
VPSCATTERDPS	z,[r+s*z],z	4			17
VPSCATTERQPS	y,[r+s*z],y	4			11
VPSCATTERDPD	z,[r+s*y],z	4			11
VPSCATTERQPD	z,[r+s*z],z	4			11
VSCATTERPF0DPS	z,[r+s*z],z	1			~200
VSCATTERPF0QPS	y,[r+s*z],y	1			~100
VSCATTERPF0DPD	z,[r+s*y],z	1			~100
VSCATTERPF0QPD	z,[r+s*z],z	1			~100
VSCATTERPF1DPS	z,[r+s*z],z	1			~200
VSCATTERPF1QPS	y,[r+s*z],y	1			~100
VSCATTERPF1DPD	z,[r+s*y],z	1			~100
VSCATTERPF1QPD	z,[r+s*z],z	1			~100
Conversion					
(V)CVTSD2SS	x,x	1	FP0	2	1
(V)CVTSS2SD	x,x	1	FP0	2	1
(V)CVTPD2PS	v,v	2	FP0	7	7
(V)CVTPS2PD	v,v	2	FP0	7	7
VCVTPS2PH	v,v	2		7	7
VCVTPS2PH	m,v	5			9
VCVTPH2PS	v,v	2		7	7
VCVTPH2PS	v,m	3			8
(V)CVT(T)SS2(U)SI	r32/64,x	2	FP0	6	7
(V)CVT(U)SI2SS	x,r32/64	1	FP0	5	1
(V)CVT(T)SD2(U)SI	r32/64,x	2	FP0	6	7
(V)CVT(U)SI2SD	x,r32/64	1	FP0	5	1

Knights Landing

CVT(T)PS2PI	mm,x	1	FP0	3	1
CVTPI2PS	x,mm	2	FP0	7	7
CVT(T) PD2PI	mm,x	2	FP0	7	7
CVTPI2PD	x,mm	2	FP0	7	7
(V)CVT(T) PS2DQ	v,v	1	FP0	2	1
(V)CVTDQ2PS	v,v	1	FP0	2	1
(V)CVT(T)PD2DQ	v,v	2	FP0	7	7
(V)CVTDQ2PD	v,v	2	FP0	7	7
VCVT(T)PS2UDQ	z,z	1	FP0	2	1
VCVTUDQ2PS	z,z	1	FP0	2	1
VCVT(T)PD2UDQ	z,z	2	FP0	7	7
VCVTUDQ2PD	z,z	2	FP0	7	7
Arithmetic					
ADDSS SUBSS	x,x	1	FP0/1	6	0.5
ADDSD SUBSD	x,x	1	FP0/1	6	0.5
ADDPS SUBPS	x,x	1	FP0/1	6	0.5
VADDPS VSUBPS	v,v,v	1	FP0/1	6	0.5
ADDPD SUBPD	x,x	1	FP0/1	6	0.5
VADDPD VSUBPD	v,v,v	1	FP0/1	6	0.5
ADDSUBPS/D	x,x	1	FP0/1	6	0.5
VADDSUBPS/D	v,v,v	1	FP0/1	6	0.5
HADDPS/D HSUBPS/D	x,x	3		15	8
VHADDPS/D VHSUBPS/D	yy,y,	3		15	8
MULSS/D	x,x	1	FP0/1	6	0.5
MULPS/D	x,x	1	FP0/1	6	0.5
VMULPS/D	v,v,v	1	FP0/1	6	0.5
DIVSS	x,x	3	FP0	27	17
DIVSD	x,x	3	FP0	42	42
DIVPS	x,x	18	FP0	32	20
VDIVPS	v,v,v	18	FP0	32	32
DIVPD	x,x	18	FP0	32	20
VDIVPD	v,v,v	18	FP0	32	32
RCPSS	x,x	1	FP0	7	2
(V)RCPPS	v,v	1	FP0	8	3
VRCP14SS	x,x,x	1	FP0	7	2
VRCP14PS	v,v	1	FP0	8	3
VRCP28SS	x,x,x	1	FP0	7	2
VRCP28PS	v,v	1	FP0	8	3
VRCP28SD	x,x,x	1	FP0	7	2
VRCP28PD	v,v	1	FP0	7	2
CMPccSS/D PS/D	x,x	1	FP0/1	2	0.5
VCMPccPS/D	k,z,z	1	FP0/1	2	0.5
COMISS/D UCOMISS/D	x,x	2		7	7
COMISS/D UCOMISS/D	x,m	3			8
MAXSS/D MINSS/D	x,x	1	FP0/1	2	0.5
MAXPS/D MINPS/D	x,x	1	FP0/1	2	0.5
VMAXPS/D VMINPS/D	v,v,v	1	FP0/1	2	0.5
ROUNDSS/D	x,x,i	1		6	2
(V)ROUNDPS/D	v,v,i	1		6	0.5
VRNDSCALESS/D	x,x,x,i	1		6	0.5
VRNDSCALEPS/D	v,v,i	1		6	0.5
VSCALEFSS/D	x,x,x	1	FP0/1	6	0.5

Knights Landing

VSCALEFPS/D	z,z,z	1	FP0/1	6	0.5	
DPPS	x,x,i	14		36	14	
VDPPS	y,y,y,i	14		36	13	
DPPD	x,x,i	12		24	13	
VFMADD... (all FMA instr.)	v,v,v	1		6	0.5	
Math						
SQRTSS	x,x	3	FP0	28	18	
SQRTPS	x,x	18	FP0	38	16	
VSQRTPS	v,v	18	FP0	38	16	
SQRTSD	x,x	30	FP0	43	35	
SQRTPD	x,x	18	FP0	37	16	
VSQRTPD	v,v	18	FP0	37	16	
RSQRTSS	x,x	1	FP0	7	2	
RSQRTPS	x,x	1	FP0	8	3	
VRSQRTPS	v,v	1	FP0	7	3	
VRSQRT14SS	v,v,v	1	FP0	7	2	
VRSQRT14PS	v,v	1	FP0	7	3	
VRSQRT28SS	v,v,v	1	FP0	7	2	
VRSQRT28PS	v,v	1	FP0	7	3	
VRSQRT28SD	v,v,v	1	FP0	7	2	
VRSQRT28PD	v,v	1	FP0	6	2	
VEXP2PS	v,v	2		10	7	
VEXP2PD	v,v	2		9	7	
VFIXUPIMMSS/D/PS/D	v,v,v,i	1	FP0	2	1	
VGETEXPSS/D	v,v,v	1	FP0/1	6	0.5	
VGETEXPPS/D	v,v	1	FP0/1	6	0.5	
VGETMANTSS/D	v,v,v	1	FP0/1	6	0.5	
VGETMANTPS/D	v,v	1	FP0/1	6	0.5	
VFIXUPIMMSS/SD/PS/PD	v,v,v	1	FP0	2	1	
Logic						
ANDPS/D ANDNPS/D	x,x	1	FP0/1	2	0.5	
ORPS/D XORPS/D	x,x	1	FP0/1	2	0.5	
VANDPS/D VANDNPS/D	v,v,v	1	FP0/1	2	0.5	
VORPS/D VXORPS/D	v,v,v	1	FP0/1	2	0.5	
Other						
VZEROUPPER		11			30	32 bit mode
VZEROUPPER		19			36	64 bit mode
VZEROALL		11			30	32 bit mode
VZEROALL		19			36	64 bit mode
LDMXCSR	m32	6			21	
STMXCSR	m32	5			15	
FXSAVE	m	90			113	32 bit mode
FXSAVE	m	98			119	64 bit mode
FXRSTOR	m	98			122	32 bit mode
FXRSTOR	m	114			130	64 bit mode
FNSAVE	m	135		205	205	
FRSTOR	m	78		191	191	
XSAVE	m	251			396	32 bit mode
XSAVE	m	291			430	64 bit mode
XRSTOR	m	116			231	32 bit mode

Knights Landing

XRSTOR	m	157			273	64 bit mode
XSAVEOPT	m	251			396	32 bit mode
XSAVEOPT	m	291			428	64 bit mode

Mask register instructions

	Operands	μops	Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
KMOVW	k,k	1	FP0/1	2	0.5	
KMOVW	k,m	1		7	0.5	
KMOVW	m,k	1		7	1	
KMOVW	k,r	1	FP0	5	1	
KMOVW	r,k	1		4	1	
KUNPCKBW	k,k,k	1	FP0/1	2	0.5	
VPBROADCASTMB2Q	v,k	1	FP0	6	1	
VPBROADCASTMW2D	v,k	1	FP0	6	1	
Arithmetic						
KSHIFTLW	k,k,i	1	FP0/1	2	0.5	
KSHIFTRW	k,k,i	1	FP0/1	2	0.5	
Logic						
KANDW KANDNW	k,k,k	1	FP0/1	2	0.5	
KORW KXORW KXNORW	k,k,k	1	FP0/1	2	0.5	
KNOTW	k,k	1	FP0/1	2	0.5	
KORTESTW	k,k	1	FP1	5	1	

VIA Nano 2000 series

List of instruction timings and μ op breakdown

Explanation of column headings:

Operands:	i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, mm/x = mmx or xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.
μops:	The number of micro-operations from the decoder or ROM. Note that the VIA Nano 2000 processor has no reliable performance monitor counter for μ ops. Therefore the number of μ ops cannot be determined except in simple cases.
Port:	Tells which execution port or unit is used. Instructions that use the same port cannot execute simultaneously.
I1:	Integer add, Boolean, shift, etc.
I2:	Integer add, Boolean, move, jump.
I12:	Can use either I1 or I2, whichever is vacant first.
MA:	Multiply, divide and square root on all operand types.
MB:	Various Integer and floating point SIMD operations.
MBfadd:	Floating point addition subunit under MB.
SA:	Memory store address.
ST:	Memory store.
LD:	Memory load.
Latency:	This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much. Floating point overflow, underflow, subnormal or NAN results give a similar delay.

Note: There is an additional latency for moving data from one unit or subunit to another. A table of these latencies is given in manual 3: "The microarchitecture of Intel, AMD and VIA CPUs". These additional latencies are not included in the listings below where the source and destination operands are of the same type.

Reciprocal throughput: The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

	Operands	μ ops	Port	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1	I2	1	1	Latency 4 on pointer register
MOV	r,i	1	I2	1	1	
MOV	r,m	1	LD	2	1	
MOV	m,r	1	SA, ST	2	1.5	
MOV	m,i	1	SA, ST		1.5	
MOV	r,sr				1	
MOV	m,sr				2	
MOV	sr,r			20	20	
MOV	sr,m			20	20	
MOVNTI	m,r		SA, ST	2	1.5	

VIA Nano 2000

MOV SX MOV SX D						
MOV ZX	r,r	1	I2	1	1	
MOV SX MOV SX D	r,m	2	LD, I2	3	1	
MOV ZX	r,m	1	LD	2	1	
CMOVcc	r,r	2	I1, I2	2	1	
CMOVcc	r,m		LD, I1	5	2	
XCHG	r,r	3	I2	3	3	
XCHG	r,m			20	20	Implicit lock
XLAT	m			6		
PUSH	r		SA, ST		1-2	
PUSH	i		SA, ST		1-2	
PUSH	m		Ld, SA, ST		2	
PUSH	sr				17	
PUSHF(D/Q)				8	8	
PUSHA(D)					15	Not in x64 mode
POP	r		LD		1.25	
POP	(E/R)SP				4	
POP	m				5	
POP	sr				20	
POPF(D/Q)				9	9	
POPA(D)					12	Not in x64 mode
LAHF		1	I1	1	1	
SAHF		1	I1	1	1	
SALC				9	6	Not in x64 mode
LEA	r,m	1	SA	1	1	3 clock latency on input register
BSWAP	r	1	I2	1	1	
LDS LES LFS LGS LSS	m			30	30	
PREFETCHNTA	m		LD		1-2	
PREFETCHT0/1/2	m		LD		1-2	
LFENCE					14	
MFENCE					14	
SFENCE					14	
Arithmetic instructions						
ADD SUB	r,r/i	1	I12	1	1/2	
ADD SUB	r,m	2	LD I12		1	
ADD SUB	m,r/i	3	LD I12 SA ST	5	2	
ADC SBB	r,r/i	1	I1	1	1	
ADC SBB	r,m	2	LD I1		1	
ADC SBB	m,r/i	3	LD I1 SA ST	5	2	
CMP	r,r/i	1	I12	1	1/2	
CMP	m,r/i	2	LD I12		1	
INC DEC NEG NOT	r	1	I12	1	1/2	
INC DEC NEG NOT	m	3	LD I12 SA ST	5		
AAA					37	Not in x64 mode
AAS					37	Not in x64 mode
DAA					22	Not in x64 mode
DAS					24	Not in x64 mode
AAD					23	Not in x64 mode
AAM					30	Not in x64 mode
MUL IMUL	r8		MA	7-9		Extra latency to other ports

VIA Nano 2000

MUL IMUL	r16		MA	7-9		do.
MUL IMUL	r32		MA	7-9		do.
MUL IMUL	r64		MA	8-10		do.
IMUL	r16,r16		MA	4-6	1	do.
IMUL	r32,r32		MA	4-6	1	do.
IMUL	r64,r64		MA	5-7	2	do.
IMUL	r16,r16,i		MA	4-6	1	do.
IMUL	r32,r32,i		MA	4-6	1	do.
IMUL	r64,r64,i		MA	5-7	2	do.
DIV	r8		MA	26	26	do.
DIV	r16		MA	27-35	27-35	do.
DIV	r32		MA	25-41	25-41	do.
DIV	r64		MA	148-183	148-183	do.
IDIV	r8		MA	26	26	do.
IDIV	r16		MA	27-35	27-35	do.
IDIV	r32		MA	23-39	23-39	do.
IDIV	r64		MA	187-222	187-222	do.
CBW CWDE CDQE		1	I1	1	1	
CWD CDQ CQO		1	I1	1	1	
Logic instructions						
AND OR XOR	r,r/i	1	I12	1	1/2	
AND OR XOR	r,m	2	LD I12		1	
AND OR XOR	m,r/i	3	LD I12 SA ST	5	2	
TEST	r,r/i	1	I12	1	1/2	
TEST	m,r/i	2	LD I12		1	
SHR SHL SAR	r,i/cl	1	I1	1	1	
ROR ROL	r,i/cl	1	I1	1	1	
RCR RCL	r,1	1	I1	1	1	
RCR RCL	r,i/cl		I1	28+3n	28+3n	
SHLD SHRD	r16,r16,i		I1	11	11	
SHLD SHRD	r32,r32,i		I1	7	7	
SHLD	r64,r64,i		I1	33	33	
SHRD	r64,r64,i		I1	43	43	
SHLD SHRD	r16,r16,cl		I1	11	11	
SHLD SHRD	r32,r32,cl		I1	7	7	
SHLD	r64,r64,cl		I1	33	33	
SHRD	r64,r64,cl		I1	43	43	
BT	r,r/i	1	I1	1	1	
BT	m,r		I1		8	
BT	m,i	2	I1		1	
BTR BTS BTC	r,r/i	2	I1	2	2	
BTR BTS BTC	m,r		I1	10	10	
BTR BTS BTC	m,i		I1	8	8	
BSF BSR	r,r		I1	3	2	
SETcc	r		I1	2	1	
SETcc	m				1	
CLC STC CMC			I1	3	3	
CLD STD				3	3	
Control transfer instructions						
JMP	short/near	1	I2	3	3	8 if >2 jumps in 16 bytes block

VIA Nano 2000

JMP	far			58		Not in x64 mode
JMP	r		12	3	3	8 if >2 jumps in 16 bytes block
JMP	m(near)			3	3	do.
JMP	m(far)			55		
Conditional jump	short/near			1-3-8	1-3-8	1 if not jumping. 3 if jumping. 8 if >2 jumps in 16 bytes block
J(E/R)CXZ	short			1-3-8	1-3-8	do.
LOOP	short			1-3-8	1-3-8	do.
LOOP(N)E	short			25	25	
CALL	near			3	3	8 if >2 jumps in 16 bytes block
CALL	far			72	72	Not in x64 mode
CALL	r			3	3	8 if >2 jumps in 16 bytes block
CALL	m(near)			4	3	do.
CALL	m(far)			72	72	
RETN				3	3	8 if >2 jumps in 16 bytes block
RETN	i			3	3	do.
RETF				39	39	
RETF	i			39	39	
BOUND	r,m				13	Not in x64 mode
INTO					7	Not in x64 mode
String instructions						
LODSB/W/D/Q					1	
REP LODSB/W/D/Q					3n+22	
STOSB/W/D/Q					1-2	
REP STOSB/W/D/Q					Small: 2n+2, Big: 6 bytes per clock	
MOVSB/W/D/Q					2	
REP MOVSB/W/D/Q					Small: 2n+45, Big: 6 bytes per clock	
SCASB/W/D/Q					1	
REP SCASB					2.2n	
REP SCASW/D/Q					Small: 2n+50 Big: 5 bytes per clock	
CMPSB/W/D/Q					6	
REP CMPSB/W/D/Q					2.4n+24	
Other						
NOP (90)		1	All		1	Blocks all ports
Long NOP (0F 1F)		1	112		1/2	
PAUSE					25	
ENTER	a,0				23	
ENTER	a,b				52+5b	
LEAVE				4	4	
CPUID				53-173		

RDTSC					39	
RDPMC				40	40	

Floating point x87 instructions

	Operands	μ ops	Port and Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
FLD	r	1	MB	1	1	
FLD	m32/m64	2	LD MB	4	1	
FLD	m80	2	LD MB	4	1	
FBLD	m80			54	54	
FST(P)	r	1	MB	1	1	
FST(P)	m32/m64	3	MB SA ST	5	1-2	
FSTP	m80	3	MB SA ST	5	1-2	
FBSTP	m80			125	125	
FXCH	r	1	I2	0	1	
FILD	m16			7		
FILD	m32			5		
FILD	m64			5		
FIST(T)(P)	m16			6		
FIST(T)(P)	m32			5		
FIST(T)(P)	m64			5		
FLDZ FLD1		1	MB		1	
FLDPI FLDL2E etc.					10	
FCMOVcc	r			2	2	
FNSTSW	AX				5	
FNSTSW	m16				3	
FLDCW	m16			13	13	
FNSTCW	m16				2	
FINCSTP FDECSTP		1	I2	0	1	
FFREE(P)		1	MB		1	
FNSAVE	m			321	321	
FRSTOR	m			195	195	
Arithmetic instructions						
FADD(P) FSUB(R)(P)	r/m	1	MB	2	1	Lower precision: Lat: 4, Thr: 2
FMUL(P)	r/m	1	MA	4	2	
FDIV(R)(P)	r/m		MA	15-42	15-42	
FABS		1	MB	1	1	
FCHS		1	MB	1	1	
FCOM(P) FUCOM	r/m	1	MB		1	
FCOMPP FUCOMPP		1	MB		1	
FCOMI(P) FUCOMI(P)	r	1	MB		1	
FIADD FISUB(R)	m		MB		2	
FIMUL	m				4	
FIDIV(R)	m				42	
FICOM(P)	m	1			2	
FTST		1	MB		1	
FXAM					41	
FPREM				151-171		
FPREM1				106-155		

FRNDINT				29		
Math						
FSCALE				39		
FXTRACT				36-57		
FSQRT				73		
FSIN FCOS				51-159		
FSINCOS				270-360		
F2XM1				50-200		
FYL2X				~60		
FYL2XP1				~170		
FPTAN				300-370		
FPATAN				~170		
Other						
FNOP		1	MB		1	
WAIT		1	112	0	1/2	
FNCLEX					57	
FNINIT					85	

Integer MMX and XMM instructions

	Operands	μops	Port and Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD	r32/64,mm/x	1		3	1	
MOVD	m32/64,mm/x	1	SA ST	2-3	1-2	
MOVD	mm/x,r32/64			4	1	
MOVD	mm/x,m32/64	1	LD	2-3	1	
MOVQ	mm/x, mm/x	1	MB	1	1	
MOVQ	mm/x,m64	1	LD	2-3	1	
MOVQ	m64, mm/x	1	SA ST	2-3	1-2	
MOVDQA	xmm, xmm	1	MB	1	1	
MOVDQA	xmm, m128	1	LD	2-3	1	
MOVDQA	m128, xmm	1	SA ST	2-3	1-2	
MOVDQU	m128, xmm	1	SA ST	2-3	1-2	
MOVDQU	xmm, m128	1	LD	2-3	1	
LDDQU	xmm, m128	1	LD	2-3	1	
MOVDQ2Q	mm, xmm	1	MB	1	1	
MOVQ2DQ	xmm,mm	1	MB	1	1	
MOVNTQ	m64,mm	3		~300	2	
MOVNTDQ	m128,xmm	3		~300	2	
PACKSSWB/DW						
PACKUSWB	v,v	1	MB	1	1	
PUNPCKH/LBW/WD/DQ	v,v	1	MB	1	1	
PUNPCKH/LQDQ	v,v	1	MB	1	1	
PSHUFB	v,v	1	MB	1	1	
PSHUFW	mm,mm,i	1	MB	1	1	
PSHUFL/HW	x,x,i	1	MB	1	1	
PSHUFD	x,x,i	1	MB	1	1	
PALIGNR	x,x,i	1	MB	1	1	
MASKMOVQ	mm,mm				1-3	
MASKMOVDQU	xmm,xmm				1-3	

VIA Nano 2000

PMOVMSKB	r32,mm/x			3	1	
PEXTRW	r32 ,mm/x,i			3	1	
PINSRW	mm/x,r32,i			9	9	
Arithmetic instructions						
PADD/SUB(U)(S)B/W/D	v,v	1	MB	1	1	
PADDQ PSUBQ	v,v	1	MB	1	1	
PHADD(S)W						
PHSUB(S)W	v,v	3	MB	3	3	
PHADDD PHSUBD	v,v	3	MB	3	3	
PCMPEQ/GTB/W/D	v,v	1	MB	1	1	
PMULL/HW PMULHUW	v,v	1	MA	3	1	
PMULHSW	v,v	1	MA	3	1	
PMULUDQ	v,v	1	MA	3	1	
PMADDWD	v,v			4	2	
PMADDUBSW	v,v			10	8	
PSADBW	v,v		MB	2	1	
PAVGB/W	v,v	1	MB	1	1	
PMIN/MAXUB	v,v	1	MB	1	1	
PMIN/MAXSW	v,v	1	MB	1	1	
PABSB PABSW PABSD	v,v	1	MB	1	1	
PSIGNB PSIGNW						
PSIGND	v,v	1	MB	1	1	
Logic instructions						
PAND(N) POR PXOR	v,v	1	MB	1	1	
PSLL/RL/RAW/D/Q	v,v	1	MB	1	1	
PSLL/RL/RAW/D/Q	v,i	1	MB	1	1	
PSLL/RLDQ	x,i	1	MB	1	1	
Other						
EMMS		1	MB		1	

Floating point XMM instructions

	Operands	μops	Port and Unit	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVAPS/D	xmm,xmm	1	MB	1	1	
MOVAPS/D	xmm,m128	1	LD	2-3	1	
MOVAPS/D	m128,xmm	1	SA ST	2-3	1-2	
MOVUPS/D	xmm,m128	1	LD	2-3	1	
MOVUPS/D	m128,xmm	1	SA ST	2-3	1-2	
MOVSS/D	xmm,xmm	1	MB	1	1	
MOVSS/D	x,m32/64	1	LD	2-3	1	
MOVSS/D	m32/64,x	1	SA ST	2-3	1-2	
MOVHPS/D	xmm,m64			6	1	
MOVLPS/D	xmm,m64			6	1	
MOVHPS/D	m64,xmm			6	1-2	
MOVLPS/D	m64,xmm			2	1-2	
MOVLHPS MOVHLPS	xmm,xmm	1	MB	1	1	
MOVMSKPS/D	r32,xmm			3	1	
MOVNTPS/D	m128,xmm			~300	2.5	

VIA Nano 2000

SHUFPS	xmm,xmm,i	1	MB	1	1
SHUFPD	xmm,xmm,i	1	MB	1	1
MOVDDUP	xmm,xmm	1	MB	1	1
MOVSH/LDUP	xmm,xmm	1	MB	1	1
UNPCKH/LPS	xmm,xmm	1	MB	1	1
UNPCKH/LPD	xmm,xmm	1	MB	1	1
Conversion					
CVTPD2PS	xmm,xmm			3-4	
CVTSD2SS	xmm,xmm			15	
CVTPS2PD	xmm,xmm			3-4	
CVTSS2SD	xmm,xmm			15	
CVTDQ2PS	xmm,xmm			3	
CVT(T) PS2DQ	xmm,xmm			2	
CVTDQ2PD	xmm,xmm			4	
CVT(T)PD2DQ	xmm,xmm			3	
CVTPI2PS	xmm,mm			4	
CVT(T)PS2PI	mm,xmm			3	
CVTPI2PD	xmm,mm			4	
CVT(T) PD2PI	mm,xmm			3	
CVTSI2SS	xmm,r32			5	
CVT(T)SS2SI	r32,xmm			4	
CVTSI2SD	xmm,r32			5	
CVT(T)SD2SI	r32,xmm			4	
Arithmetic					
ADDSS SUBSS	xmm,xmm	1	MBfadd	2-3	1
ADDSD SUBSD	xmm,xmm	1	MBfadd	2-3	1
ADDPS SUBPS	xmm,xmm	1	MBfadd	2-3	1
ADDPD SUBPD	xmm,xmm	1	MBfadd	2-3	1
ADDSUBPS	xmm,xmm	1	MBfadd	2-3	1
ADDSUBPD	xmm,xmm	1	MBfadd	2-3	1
HADDPS HSUBPS	xmm,xmm		MBfadd	5	3
HADDPD HSUBPD	xmm,xmm		MBfadd	5	3
MULSS	xmm,xmm	1	MA	3	1
MULSD	xmm,xmm	1	MA	4	2
MULPS	xmm,xmm		MA	3	1
MULPD	xmm,xmm		MA	4	2
DIVSS	xmm,xmm		MA	15-22	15-22
DIVSD	xmm,xmm		MA	15-36	15-36
DIVPS	xmm,xmm		MA	42-82	42-82
DIVPD	xmm,xmm		MA	24-70	24-70
RCPSS	xmm,xmm			5	5
RCPPS	xmm,xmm			14	11
CMPccSS/D	xmm,xmm	1	MBfadd	2	1
CMPccPS/D	xmm,xmm	1	MBfadd	2	1
COMISS/D UCOMISS/D	xmm,xmm			3	1
MAXSS/D MINSS/D	xmm,xmm	1	MBfadd	2	1
MAXPS/D MINPS/D	xmm,xmm	1	MBfadd	2	1
Math					
SQRTSS	xmm,xmm		MA	33	33

VIA Nano 2000

SQRTPS	xmm,xmm		MA	126	126
SQRTSD	xmm,xmm		MA	62	62
SQRTPD	xmm,xmm		MA	122	122
RSQRTSS	xmm,xmm			5	5
RSQRTPS	xmm,xmm			14	11
Logic					
ANDPS/D	xmm,xmm	1	MB	1	1
ANDNPS/D	xmm,xmm	1	MB	1	1
ORPS/D	xmm,xmm	1	MB	1	1
XORPS/D	xmm,xmm	1	MB	1	1
Other					
LDMXCSR	m32			45	29
STMXCSR	m32			13	13
FXSAVE	m4096			208	208
FXRSTOR	m4096			232	232

VIA-specific instructions

Instruction	Conditions	Clock cycles, approximately
XSTORE	Data available	160-400 clock giving 8 bytes
XSTORE	No data available	50-80 clock giving 0 bytes
REP XSTORE	Quality factor = 0	4800 clock per 8 bytes
REP XSTORE	Quality factor > 0	19200 clock per 8 bytes
REP XCRYPTECB	128 bits key	44 clock per 16 bytes
REP XCRYPTECB	192 bits key	46 clock per 16 bytes
REP XCRYPTECB	256 bits key	48 clock per 16 bytes
REP XCRYPTCBC	128 bits key	54 clock per 16 bytes
REP XCRYPTCBC	192 bits key	59 clock per 16 bytes
REP XCRYPTCBC	256 bits key	63 clock per 16 bytes
REP XCRYPTCTR	128 bits key	43 clock per 16 bytes
REP XCRYPTCTR	192 bits key	46 clock per 16 bytes
REP XCRYPTCTR	256 bits key	48 clock per 16 bytes
REP XCRYPTCFB	128 bits key	54 clock per 16 bytes
REP XCRYPTCFB	192 bits key	59 clock per 16 bytes
REP XCRYPTCFB	256 bits key	63 clock per 16 bytes
REP XCRYPTOFB	128 bits key	54 clock per 16 bytes
REP XCRYPTOFB	192 bits key	59 clock per 16 bytes
REP XCRYPTOFB	256 bits key	63 clock per 16 bytes
REP XSHA1		3 clock per byte
REP XSHA256		4 clock per byte

VIA Nano 3000 series

List of instruction timings and μ ops breakdown

Explanation of column headings:

Operands: i = immediate data, r = register, mm = 64 bit mmx register, xmm = 128 bit xmm register, mm/x = mmx or xmm register, sr = segment register, m = memory, m32 = 32-bit memory operand, etc.

μ ops: The number of micro-operations from the decoder or ROM. Note that the VIA Nano 3000 processor has no reliable performance monitor counter for μ ops. Therefore the number of μ ops cannot be determined except in simple cases.

Port: Tells which execution port or unit is used. Instructions that use the same port cannot execute simultaneously.

I1: Integer add, Boolean, shift, etc.

I2: Integer add, Boolean, move, jump.

I12: Can use either I1 or I2, whichever is vacant first.

MA: Multiply, divide and square root on all operand types.

MB: Various Integer and floating point SIMD operations.

MBfadd: Floating point addition subunit under MB.

SA: Memory store address.

ST: Memory store.

LD: Memory load.

Latency: This is the delay that the instruction generates in a dependency chain. The numbers are minimum values. Cache misses, misalignment, and exceptions may increase the clock counts considerably. Floating point operands are presumed to be normal numbers. Subnormal numbers, NAN's and infinity increase the delays very much. Floating point overflow, underflow, subnormal or NAN results give a similar delay.

Note: There is an additional latency for moving data from one unit or subunit to another. A table of these latencies is given in manual 3: "The microarchitecture of Intel, AMD and VIA CPUs". These additional latencies are not included in the listings below where the source and destination operands are of the same type.

Reciprocal throughput: The average number of clock cycles per instruction for a series of independent instructions of the same kind in the same thread.

Integer instructions

	Operands	μ ops	Port	Latency	Reciprocal throughput	Remarks
Move instructions						
MOV	r,r	1	I2	1	1	Latency 4 on pointer register
MOV	r,i	1	I12	1	1/2	
MOV	r,m	1	LD	2	1	
MOV	m,r	1	SA, ST	2	1.5	
MOV	m,i	1	SA, ST		1.5	
MOV	r,sr		I12		1/2	
MOV	m,sr				1.5	
MOV	sr,r			20	20	
MOV	sr,m			20	20	
MOVNTI	m,r		SA, ST	2	1.5	
MOVZX MOVZX	r,r	1	I12	1	1/2	

Nano 3000

MOVSLD	r64,r32	1		1	1	
MOVSL MOVSLD	r,m	2	LD, I12	3	1	
MOVZX	r,m	1	LD	2	1	
CMOVcc	r,r	1	I12	1	1/2	
CMOVcc	r,m		LD, I12	5	1	
XCHG	r,r	3	I12	3	1.5	
XCHG	r,m			18	18	Implicit lock
XLAT	m	3	LD, I1	6	2	
PUSH	r	1	SA, ST		1-2	
PUSH	i	1	SA, ST		1-2	
PUSH	m		LD, SA, ST		2	
PUSH	sr				6	
PUSHF(D/Q)		3		2	2	
PUSHA(D)		9			15	Not in x64 mode
POP	r	2	LD		1.25	
POP	(E/R)SP				4	
POP	m	3			2	
POP	sr				11	
POPF(D/Q)		3			1	
POPA(D)		16			12	Not in x64 mode
LAHF		1	I1	1	1	
SAHF		1	I1	1	1	
SALC		2		10	6	Not in x64 mode
LEA	r,m	1	SA	1	1	Extra latency to other ports
BSWAP	r	1	I2	1	1	
LDS LES LFS LGS LSS	m	12		28	28	
PREFETCHNTA	m	1	LD		1	
PREFETCHT0/1/2	m	1	LD		1	
LFENCE MFENCE					15	
SFENCE						
Arithmetic instructions						
ADD SUB	r,r/i	1	I12	1	1/2	
ADD SUB	r,m	2	LD I12		1	
ADD SUB	m,r/i	3	LD I12 SA ST	5	2	
ADC SBB	r,r/i	1	I1	1	1	
ADC SBB	r,m	2	LD I1		1	
ADC SBB	m,r/i	3	LD I1 SA ST	5	2	
CMP	r,r/i	1	I12	1	1/2	
CMP	m,r/i	2	LD I12		1	
INC DEC NEG NOT	r	1	I12	1	1/2	
INC DEC NEG NOT	m	3	LD I12 SA ST	5		
AAA		12			37	Not in x64 mode
AAS		12			22	Not in x64 mode
DAA		14			22	Not in x64 mode
DAS		14			24	Not in x64 mode
AAD		7			24	Not in x64 mode
AAM		13			31	Not in x64 mode
MUL IMUL	r8	1	I2	2		
MUL IMUL	r16	3	I2	3		
MUL IMUL	r32	3	I2	3		

Nano 3000

MUL IMUL	r64	3	MA	8	8	Extra latency to other ports
IMUL	r16,r16	1	I2	2	1	
IMUL	r32,r32	1	I2	2	1	
IMUL	r64,r64	1	MA	5	2	Extra latency to other ports
IMUL	r16,r16,i	1	I2	2	1	
IMUL	r32,r32,i	1	I2	2	1	
IMUL	r64,r64,i	1	MA	5	2	Extra latency to other ports
DIV	r8		MA	22-24	22-24	
DIV	r16		MA	24-28	24-28	
DIV	r32		MA	22-30	22-30	
DIV	r64		MA	145-162	145-162	
IDIV	r8		MA	21-24	21-24	
IDIV	r16		MA	24-28	24-28	
IDIV	r32		MA	18-26	18-26	
IDIV	r64		MA	182-200	182-200	
CBW CWDE CDQE		1	I2	1	1	
CWD CDQ CQO		1	I2	1	1	
Logic instructions						
AND OR XOR	r,r/i	1	I12	1	1/2	
AND OR XOR	r,m	2	LD I12		1	
AND OR XOR	m,r/i	3	LD I12 SA ST	5	2	
TEST	r,r/i	1	I12	1	1/2	
TEST	m,r/i	2	LD I12		1	
SHR SHL SAR	r,i/cl	1	I12	1	1/2	
ROR ROL	r,i/cl	1	I1	1	1	
RCR RCL	r,1	1	I1	1	1	
RCR RCL	r,i/cl	5+2n	I1	28+3n	28+3n	
SHLD SHRD	r16,r16,i/cl	2	I1	2	2	
SHLD SHRD	r32,r32,i/cl	2	I1	2	2	
SHLD	r64,r64,i/cl	16	I1	32	32	
SHRD	r64,r64,i/cl	23	I1	42	42	
BT	r,r/i	1	I1	1	1	
BT	m,r	6	I1		8	
BT	m,i	2	I1		1	
BTR BTS BTC	r,r/i	2	I1	2	2	
BTR BTS BTC	m,r	8	I1	10	10	
BTR BTS BTC	m,i	5	I1	8	8	
BSF BSR	r,r	2	I1	2	2	
SETcc	r8	1	I1	1	1	
SETcc	m	2			2	
CLC STC CMC		3	I1	3	3	
CLD STD		3	I1	3	3	
Control transfer instructions						
JMP	short/near	1	I2	3	3	8 if >2 jumps in 16 bytes block
JMP	far	14			50	Not in x64 mode
JMP	r	2	I2	3	3	8 if >2 jumps in 16 bytes block
JMP	m(near)	2		3	3	do.

Nano 3000

JMP	m(far)	17			42	1 if not jumping. 3 if jumping. 8 if >2 jumps in 16 bytes block
Conditional jump	short/near	1	12	1-3-8	1-3-8	
J(E/R)CXZ	short	2		1-3-8	1-3-8	
LOOP	short	2		1-3-8	1-3-8	
LOOP(N)E	short	5		24	24	
CALL	near	2		3	3	8 if >2 jumps in 16 bytes block
CALL	far	17			58	Not in x64 mode
CALL	r	2		3	3	8 if >2 jumps in 16 bytes block
CALL	m(near)	3		4	3	do.
CALL	m(far)	19			54	
RETN		3		3	3	8 if >2 jumps in 16 bytes block
RETN	i	4		3	3	do.
RETF		20			49	
RETF	i	20			49	
BOUND	r,m	9			13	Not in x64 mode
INTO		3			7	Not in x64 mode
String instructions						
LODSB/W/D/Q		2			1	
REP LODSB/W/D/Q		3n			3n+27	
STOSB/W/D/Q		1			1-2	
REP STOSB/W/D/Q					Small: n+40, Big: 6-7 bytes/ clk	
MOVSB/W/D/Q		3			2	
REP MOVSB/W/D/Q					Small: 2n+20, Big: 6-7 bytes/clk	
SCASB/W/D/Q		3			1	
REP SCASB					2.4n	
REP SCASW/D/Q					Small: 2n+31, Big: 5 bytes/clk	
CMPSB/W/D/Q		5			6	
REP CMPSB/W/D/Q					2.2n+30	
Other						
NOP (90)		0-1	112	0	1/2	Sometimes fused
long NOP (0F 1F)		0-1	112	0	1/2	
PAUSE		2			6	
ENTER	a,0	10			21	
ENTER	a,b				52+5b	
LEAVE		3		2	2	
CPUID				55-146		
RDTSC					37	
RDPMSR					40	

Floating point x87 instructions

	Operands	μops	Port	Latency	Reciprocal through- put	Remarks
Move instructions						
FLD	r	1	MB	1	1	
FLD	m32/m64	2	LD MB	4	1	
FLD	m80	2	LD MB	4	1	
FBLD	m80	36		54	54	
FST(P)	r	1	MB	1	1	
FST(P)	m32/m64	3	MB SA ST	5	1-2	
FSTP	m80	3	MB SA ST	5	1-2	
FBSTP	m80	80		125	125	
FXCH	r	1	I2	0	1	
FILD	m16	3		7		
FILD	m32	2		5		
FILD	m64	2		5		
FIST(T)(P)	m16	3		6		
FIST(T)(P)	m32	3		5		
FIST(T)(P)	m64	3		5		
FLDZ FLD1		1	MB		1	
FLDPI FLDL2E etc.		3			10	
FCMOVcc	r	1	MB	2	2	
FNSTSW	AX	1			1	
FNSTSW	m16	3			2	
FLDCW	m16	5			8	
FNSTCW	m16	3			2	
FINCSTP FDECSTP		1	I2	0	1	
FFREE(P)		1	MB		1	
FNSAVE	m	122		319	319	
FRSTOR	m	115		196	196	
Arithmetic instructions						
FADD(P) FSUB(R)(P)	r/m	1	MB	2	1	
FMUL(P)	r/m	1	MA	4	2	
FDIV(R)(P)	r/m		MA	14-23	14-23	
FABS		1	MB	1	1	
FCHS		1	MB	1	1	
FCOM(P) FUCOM	r/m	1	MB		1	
FCOMPP FUCOMPP		1	MB		1	
FCOMI(P) FUCOMI(P)	r	1	MB	2	1	
FIADD FISUB(R)	m	3	MB		2	
FIMUL	m	3			4	
FIDIV(R)	m	3			16	
FICOM(P)	m	3			2	
FTST		1	MB	2	1	
FXAM		15		38	38	
FPREM				~130		
FPREM1				~130		
FRNDINT		11		27		

Nano 3000

Math						
FSCALE		22		37		
EXTRACT		13		57		
FSQRT				73		
FSIN FCOS				~150		
FSINCOS				270-360		
F2XM1				50-200		
FYL2X				~50		
FYL2XP1				~50		
FPTAN				300-370		
FPATAN				~180		
Other						
FNOP		1	MB		1	
WAIT		1	I12	0	1/2	
FNCLEX					59	
FNINIT					84	

Less at lower precision

Integer MMX and XMM instructions

	Operands	μops	Port	Latency	Reciprocal throughput	Remarks
Move instructions						
MOVD	r,mm/x	1	MB	3	1	
MOVD	m,mm/x	1	SA ST	2	1-2	
MOVD	mm/x,r	1	I2	4	1	
MOVD	mm/x,m	1	LD	2	1	
MOVQ	v,v	1	MB	1	1	
MOVQ	mm/x,m64	1	LD	2	1	
MOVQ	m64, mm/x	1	SA ST	2	1-2	
MOVDQA	x,x	1	MB	1	1	
MOVDQA	x, m128	1	LD	2	1	
MOVDQA	m128, x	1	SA ST	2	1-2	
MOVDQU	m128, x	1	SA ST	2	1-2	
MOVDQU	x, m128	1	LD	2	1	
LDDQU	x, m128	1	LD	2	1	
MOVDQ2Q	mm, x	1	MB	1	1	
MOVQ2DQ	x,mm	1	MB	1	1	
MOVNTQ	m64,mm	2		~360	2	
MOVNTDQ	m128,x	2		~360	2	
MOVNTDQA	x,m128	1		2	1	
PACKSSWB/DW						
PACKUSWB	v,v	1	MB	1	1	
PACKUSDW	x,x	1	MB	1	1	
PUNPCKH/LBW/WD/DQ	v,v	1	MB	1	1	
PUNPCKH/LQDQ	v,v	1	MB	1	1	
PSHUFB	v,v	1	MB	1	1	
PSHUFW	mm,mm,i	1	MB	1	1	
PSHUFL/HW	x,x,i	1	MB	1	1	
PSHUFD	x,x,i	1	MB	1	1	
PBLENDVB	x,x,xmm0	1	MB	2	2	

Nano 3000

PBLENDW	x,x,i	1	MB	1	1
PALIGNR	x,x,i	1	MB	1	1
MASKMOVQ	mm,mm				1-2
MASKMOVDQU	x,x				1-2
PMOVMSKB	r32,mm/x			3	1
PEXTRW	r32 ,mm/x,i	1	MB	3	1
PEXTRB/D/Q	r32/64,x,i	1	MB	3	1
PINSRW	mm/x,r32,i	2	MB	5	1
PINSRB/D/Q	x,r32/64,i	2	MB	5	1
PMOVSX/ZXBW/BD/ BQ/WD/WQ/DQ	x,x	1	MB	1	1
Arithmetic instructions					
PADD/SUB(U)(S)B/W/D	v,v	1	MB	1	1
PADDQ PSUBQ	v,v	1	MB	1	1
PHADD(S)W					
PHSUB(S)W	v,v	3	MB	3	3
PHADDD PHSUBD	v,v	3	MB	3	3
PCMPEQ/GTB/W/D	v,v	1	MB	1	1
PCMPEQQ	x,x	1	MB	1	1
PMULL/HW PMULHUW	v,v	1	MA	3	1
PMULHSW	v,v	1	MA	3	1
PMULLD	x,x	1	MA	3	1
PMULUDQ	v,v	1	MA	3	1
PMULDQ	x,x	1	MA	3	1
PMADDWD	v,v	1	MA	4	2
PMADDUBSW	v,v	7		10	8
PSADBW	v,v	1	MB	2	1
MPSADBW	x,x,i	1	MB	2	1
PAVGB/W	v,v	1	MB	1	1
PMIN/MAXSW	v,v	1	MB	1	1
PMIN/MAXUB	v,v	1	MB	1	1
PMIN/MAXSB/D	x,x	1	MB	1	1
PMIN/MAXUW/D	x,x	1	MB	1	1
PHMINPOSUW	x,x	1	MB	2	1
PABSB PABSW PABSD	v,v	1	MB	1	1
PSIGNB PSIGNW					
PSIGND	v,v	1	MB	1	1
Logic instructions					
PAND(N) POR PXOR	v,v	1	MB	1	1
PTEST	v,v	1	MB	3	1
PSLL/RL/RAW/D/Q	v,v	1	MB	1	1
PSLL/RL/RAW/D/Q	(x)xmm,i	1	MB	1	1
PSLL/RDQ	x,i	1	MB	1	1
Other					
EMMS		1	MB		1

Floating point XMM instructions

	Operands	μops	Port	Latency	Reciprocal through-put	Remarks
Move instructions						
MOVAPS/D	x,x	1	MB	1	1	
MOVAPS/D	x,m128	1	LD	2	1	
MOVAPS/D	m128,x	1	SA ST	2	1	
MOVUPS/D	x,m128	1	LD	2	1	
MOVUPS/D	m128,x	2	SA ST	2	1	
MOVSS/D	x,x	1	MB	1	1	
MOVSS/D	x,m32/64	1	LD	2-3	1	
MOVSS/D	m32/64,x	2	SA ST	2-3	1-2	
MOVHPS/D	x,m64	2		6	1	
MOVLPS/D	x,m64	2		6	1	
MOVHPS/D	m64,x	3		6	1-2	
MOVLPS/D	m64,x	1		2	1-2	
MOVLHPS MOVHLPS	x,x	1		1	1	
MOVMSKPS/D	r32,x			3	1	
MOVNTPS/D	m128,x	2		~360	1-2	
SHUFPS	x,x,i	1	MB	1	1	
SHUFPD	x,x,i	1	MB	1	1	
MOVDDUP	x,x	1	MB	1	1	
MOVSH/LDUP	x,x	1	MB	1	1	
UNPCKH/LPS	x,x	1	MB	1	1	
UNPCKH/LPD	x,x	1	MB	1	1	
Conversion						
CVTPD2PS	x,x	2		5	2	
CVTSD2SS	x,x	1		2		
CVTPS2PD	x,x	2		5	1	
CVTSS2SD	x,x	1		2		
CVTDQ2PS	x,x	1	MB	3	1	
CVT(T) PS2DQ	x,x	1		2	1	
CVTDQ2PD	x,x	2		5	1	
CVT(T)PD2DQ	x,x			4	2	
CVTPI2PS	x,mm	2		5	2	
CVT(T)PS2PI	mm,x	1		4	1	
CVTPI2PD	x,mm	2		4	1	
CVT(T) PD2PI	mm,x	2		4	2	
CVTSI2SS	x,r32	2		5		
CVT(T)SS2SI	r32,x	1		4	1	
CVTSI2SD	x,r32	2		5		
CVT(T)SD2SI	r32,x	1		4	1	
Arithmetic						
ADDSS SUBSS	x,x	1	MBfadd	2	1	
ADDSD SUBSD	x,x	1	MBfadd	2	1	
ADDPs SUBPS	x,x	1	MBfadd	2	1	
ADDPD SUBPD	x,x	1	MBfadd	2	1	
ADDSubPS	x,x	1	MBfadd	2	1	
ADDSubPD	x,x	1	MBfadd	2	1	
HADDPs HSubPS	x,x	3	MBfadd	5	3	
HADDPD HSubPD	x,x	3	MBfadd	5	3	

Nano 3000

MULSS	x,x	1	MA	3	1
MULSD	x,x	1	MA	4	2
MULPS	x,x	1	MA	3	1
MULPD	x,x	1	MA	4	2
DIVSS	x,x	1	MA	13	13
DIVSD	x,x	1	MA	13-20	13-20
DIVPS	x,x	1	MA	24	24
DIVPD	x,x	1	MA	21-38	21-38
RCPSS	x,x	1	MA	5	5
RCPPS	x,x	3	MA	14	11
CMPccSS/D	x,x	1	MBfadd	2	1
CMPccPS/D	x,x	1	MBfadd	2	1
COMISS/D UCOMISS/D	x,x	1	MBfadd	3	1
MAXSS/D MINSS/D	x,x	1	MBfadd	2	1
MAXPS/D MINPS/D	x,x	1	MBfadd	2	1
Math					
SQRTSS	x,x	1	MA	33	33
SQRTPS	x,x	1	MA	64	64
SQRTSD	x,x	1	MA	62	62
SQRTPD	x,x	1	MA	122	122
RSQRTSS	x,x	1		5	5
RSQRTPS	x,x	3		14	11
Logic					
ANDPS/D	x,x	1	MB	1	1
ANDNPS/D	x,x	1	MB	1	1
ORPS/D	x,x	1	MB	1	1
XORPS/D	x,x	1	MB	1	1
Other					
LDMXCSR	m32				31
STMXCSR	m32				13
FXSAVE	m4096				97
FXRSTOR	m4096				201

VIA-specific instructions

Instruction	Conditions	Clock cycles, approximately
XSTORE	Data available	160-400 clock giving 8 bytes
XSTORE	No data available	50-80 clock giving 0 bytes
REP XSTORE	Quality factor = 0	1300 clock per 8 bytes
REP XSTORE	Quality factor > 0	5455 clock per 8 bytes
REP XCRYPTECB	128 bits key	15 clock per 16 bytes
REP XCRYPTECB	192 bits key	17 clock per 16 bytes
REP XCRYPTECB	256 bits key	18 clock per 16 bytes
REP XCRYPTCBC	128 bits key	29 clock per 16 bytes
REP XCRYPTCBC	192 bits key	33 clock per 16 bytes
REP XCRYPTCBC	256 bits key	37 clock per 16 bytes
REP XCRYPTCTR	128 bits key	23 clock per 16 bytes
REP XCRYPTCTR	192 bits key	26 clock per 16 bytes
REP XCRYPTCTR	256 bits key	27 clock per 16 bytes
REP XCRYPTCFB	128 bits key	29 clock per 16 bytes

Nano 3000

REP XCRYPTCFB	192 bits key	33 clock per 16 bytes
REP XCRYPTCFB	256 bits key	37 clock per 16 bytes
REP XCRYPTOFB	128 bits key	29 clock per 16 bytes
REP XCRYPTOFB	192 bits key	33 clock per 16 bytes
REP XCRYPTOFB	256 bits key	37 clock per 16 bytes
REP XSHA1		5 clock per byte
REP XSHA256		5 clock per byte